

**Supplementary Materials for Elemental psychopathology: Distilling constituent
symptoms and patterns of repetition in the diagnostic criteria of the DSM-5**

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Table S1. List of all primary disorders not directly represented in analyses.

DSM-5 Disorder	Reason not included
Intellectual Disability	No new symptoms - relies on medical or specialised testing
Global Developmental Delay	Child specific symptoms
Unspecified Intellectual Disability	No new symptoms
Unspecified Communication Disorder	No new symptoms
Other Specified Attention-Deficit/ Hyperactivity Disorder	No new symptoms
Unspecified Attention-Deficit/ Hyperactivity Disorder	No new symptoms
Other Specified Tic Disorder	No new symptoms
Unspecified Tic Disorder	No new symptoms
Other Specified Neurodevelopmental Disorder	No new symptoms
Unspecified Neurodevelopmental Disorder	No new symptoms
Substance/Medication-Induced Psychotic Disorder	No new symptoms
Psychotic Disorder Due to Another Medical Condition	No new symptoms
Catatonic Disorder Due to Another Medical Condition	No new symptoms
Unspecified Catatonia	No new symptoms
Other Specified Schizophrenia Spectrum and Other Psychotic Disorder	No new symptoms
Unspecified Schizophrenia Spectrum and Other Psychotic Disorder	No new symptoms
Substance/Medication-Induced Bipolar and Related Disorder	No new symptoms
Bipolar and Related Disorder Due to Another Medical Condition	No new symptoms
Other Specified Bipolar and Related Disorder	No new symptoms
Unspecified Bipolar and Related Disorder	No new symptoms
Substance/Medication-Induced Depressive Disorder	No new symptoms
Depressive Disorder Due to Another Medical Condition	No new symptoms
Other Specified Depressive Disorder	No new symptoms
Unspecified Depressive Disorder	No new symptoms
Substance/Medication-Induced Anxiety Disorder	No new symptoms
Anxiety Disorder Due to Another Medical Condition	No new symptoms
Other Specified Anxiety Disorder	No new symptoms
Unspecified Anxiety Disorder	No new symptoms
Substance/Medication-Induced Obsessive-Compulsive and Related Disorder	No new symptoms
Obsessive-Compulsive and Related Disorder Due to Another Medical Condition	No new symptoms
Unspecified Obsessive-Compulsive and Related Disorder	No new symptoms
Reactive Attachment Disorder	Child specific symptoms
Disinhibited Social Engagement Disorder	Child specific symptoms
Other Specified Trauma- and Stressor-Related Disorder	No new symptoms
Unspecified Trauma- and Stressor-Related Disorder	No new symptoms
Unspecified Dissociative Disorder	No new symptoms
Psychological Factors Affecting Other Medical Conditions	No new symptoms
Unspecified Somatic Symptom and Related Disorder	No new symptoms
Unspecified Feeding or Eating Disorder	No new symptoms

DSM-5 Disorder	Reason not included
Other Specified Elimination Disorder	No new symptoms
Unspecified Elimination Disorder	No new symptoms
Central Sleep Apnea	No new symptoms - relies on medical or specialised testing
Sleep-Related Hypoventilation	No new symptoms - relies on medical or specialised testing
Substance/Medication-Induced Sleep Disorder	No new symptoms
Other Specified Insomnia Disorder	No new symptoms
Unspecified Insomnia Disorder	No new symptoms
Other Specified Hypersomnolence Disorder	No new symptoms
Unspecified Hypersomnolence Disorder	No new symptoms
Other Specified Sleep-Wake Disorder	No new symptoms
Unspecified Sleep-Wake Disorder	No new symptoms
Substance/Medication-Induced Sexual Dysfunction	No new symptoms
Other Specified Sexual Dysfunction	No new symptoms
Unspecified Sexual Dysfunction	No new symptoms
Other Specified Gender Dysphoria	No new symptoms
Unspecified Gender Dysphoria	No new symptoms
Other Specified Disruptive, Impulse-Control, and Conduct Disorder	No new symptoms
Unspecified Disruptive, Impulse-Control, and Conduct Disorder	No new symptoms
Unspecified Alcohol-Related Disorder	No new symptoms
Unspecified Caffeine-Related Disorder	No new symptoms
Unspecified Cannabis-Related Disorder	No new symptoms
Unspecified Phencyclidine-Related Disorder	No new symptoms
Unspecified Hallucinogen-Related Disorder	No new symptoms
Unspecified Inhalant-Related Disorder	No new symptoms
Unspecified Opioid-Related Disorder	No new symptoms
Unspecified Sedative-, Hypnotic-, or Anxiolytic-Related Disorder	No new symptoms
Unspecified Stimulant-Related Disorder	No new symptoms
Unspecified Tobacco-Related Disorder	No new symptoms
Other (or Unknown) Substance Withdrawal	No new symptoms
Unspecified Other (or Unknown) Substance-Related Disorder	No new symptoms
Other Specified Delirium	No new symptoms
Unspecified Delirium	No new symptoms
Major or Mild Neurocognitive Disorder Due to Alzheimer's Disease	No new symptoms
Major or Mild Vascular Neurocognitive Disorder	No new symptoms
Major or Mild Neurocognitive Disorder Due to Traumatic Brain Injury	No new symptoms
Substance/Medication-Induced Major or Mild Neurocognitive Disorder	No new symptoms
Major or Mild Neurocognitive Disorder Due to HIV Infection	No new symptoms
Major or Mild Neurocognitive Disorder Due to Parkinson's Disease	No new symptoms
Major or Mild Neurocognitive Disorder Due to Huntington's Disease	No new symptoms
Major or Mild Neurocognitive Disorder Due to Another Medical Condition	No new symptoms

DSM-5 Disorder	Reason not included
Major or Mild Neurocognitive Disorder Due to Multiple Etiologies	No new symptoms
Unspecified Neurocognitive Disorder	No new symptoms
Personality Change Due to Another Medical Condition	No new symptoms
Other Specified Personality Disorder	No new symptoms
Unspecified Personality Disorder	No new symptoms
Unspecified Paraphilic Disorder	No new symptoms

More detail on the NLP approach (including Table S2)

The goal here is to identify when two descriptive texts from the DSM have the same semantics; to this end, we build a computational model to do this prediction, using techniques from Natural Language Processing (NLP). Modern NLP uses deep learning, where words (and collections of words like sentences or documents) are represented as high-dimensional real-valued vectors, known as embeddings. A key property of these embeddings is that semantically similar texts have embeddings that are close together in this high-dimensional space [<https://dblp.org/rec/journals/corr/abs-1301-3781.html>], and that specific embeddings can be learned in order to maximise performance on a specific task. Related to the present work, we learn embeddings that perform well at distinguishing texts deemed semantically equivalent from those that are not, which is an established task in NLP (e.g. the QQP task in the GLUE benchmark [<https://aclanthology.org/W18-5446/>]).

For this, we use a Siamese architecture that pairs BERT embeddings representing texts [<https://aclanthology.org/D19-1410/>], with cosine similarity as the metric that assesses the similarity between the texts' embeddings. A model using this architecture will produce a score for a pair of texts that ranges from 0 (very dissimilar) to 1 (semantically identical), and learn a threshold within this range such that pairs above that threshold are labelled semantically the same, and below semantically different. To train a Siamese model in general, pairs of texts that are labelled as being semantically identical or not by a human are provided. To train the model for the DSM, which has a relatively small amount of data, we use pre-trained BERT embeddings (which are standardly used as a basis for many tasks) that have been fine-tuned on the QQP task (so that the embeddings are suited to a general semantic similarity task) and fine-tuned further on DSM pairs of descriptions. To fine-tune on the DSM pairs of descriptions, one co-author annotated 1067 pairs as being semantically identical. We then trained the Siamese architecture under a five-fold cross-validation framework, to allow us to assess how well it performed on this task.

Averaged across the five test folds, and using standard evaluation metrics in machine learning (see Table S2), the precision (positive predictive value) was 0.7723, the recall (sensitivity) was 0.7718, the F1 score (harmonic mean of precision and recall) was 0.7658, and the area under the curve (AUC; a single combined measure of performance across all possible classification thresholds) was .8585. This indicates that the model is quite good at identifying semantically identical DSM descriptions, and while not perfect, is a solid approach to scoring and ranking pairs of texts so that the highest-scoring ones (i.e. the ones most likely to be semantically the same) can be checked manually.

Table S2. Summary of five-fold cross-validation results

Fold	F1	Recall	Precision	AUC
1	60.5%	73.4%	51.5%	79.9%
2	87.9%	83.2%	93.1%	90.8%
3	83.3%	76.3%	91.7%	87.2%
4	62.0%	60.0%	64.1%	76.4%
5	89.2%	93.0%	85.8%	95.0%
Mean	76.58%	77.18%	77.23%	85.85%
Std. Deviation	14.17%	12.21%	18.50%	7.65%

After filtering out exact duplicate descriptions, we were left with 1065 candidate DSM descriptions. We then applied our Siamese model to all 566580 (=1065 * 1064/2) pairs. When manually checking the most semantically similar pairs, it became clear that the content coding had identified the very large majority of matching pairs. The top 1000 pairs were checked manually for potential matches, and using slightly less stringent criteria for

redundancy tailored to the aims of the present study (e.g., collapsing some descriptions of depressed mood, and varied descriptions of sleepiness), 26 matching symptoms pairs among 36 symptoms were identified. Stopping at 1000 pairs was supported by the rapidly decreasing rate of matches with declining semantic similarity scores (i.e., 6% of the top 100 pairs were new matches; 2.7% of the pairs ranked 101-800 were new matches (range of 2-3 pairs per block of 100); 1% of the pairs ranked 801-900; and 0% of the pairs ranked 901-1000).

Table S3. All symptoms that repeat across chapters

Symptom	Number of diagnoses	Number of chapters
Insomnia	22	8
Difficulty concentrating	17	7
Hypersomnia/sleepiness	17	6
Irritable mood	16	8
Psychomotor agitation	16	5
Depressed mood	15	6
Psychomotor retardation	14	5
Hallucinations	14	5
Fatigue	12	6
Increased appetite	12	5
Anxiety	12	4
Restlessness	10	7
Weight loss	10	5
Euphoria	10	4
Decreased appetite	10	4
Stereotypy	9	7
Stupor	9	7
Clumsiness or incoordination	9	3
Diminished pleasure in activities	8	4
Tremor	8	4
Delusions	8	4
Weight gain	8	3
Racing heart	8	2
Mutism	7	5
Aggression	7	4
Distractibility	7	4
Diminished interest in activities	7	4
Angry mood	7	4
Difficulty making decisions without excessive advice and reassurance	7	4
Nausea	7	3
Feelings of inappropriate or excessive guilt	7	3
Sweating	7	2
Echolalia	6	5
Depersonalization	6	5
Agitation	6	5
Reckless behavior	6	4
Mood lability	6	4
Suicidal behavior	6	4
Derealization while awake and alert	6	4
Diminished emotional expression	6	3
Impulsiveness	6	3
Slurred speech	6	2
Initiates physical fights	5	4
Muscle pain, tension, or stiffness	5	4
Expansive mood	5	3
Suicidal ideation without a specific plan	5	3
Feelings of worthlessness	5	3
Thoughts of death	5	3
Loses temper	5	3
Grandiosity	5	3
Inflated self-esteem	5	3
Specific plan for committing suicide	5	3
Dissatisfaction with sleep quantity or quality	5	3

Symptom	Number of diagnoses	Number of chapters
Periods of inexhaustibility	5	3
Odd speech	5	2
Apathy	5	2
Seizures	5	2
Waxy flexibility	4	4
Grimacing	4	4
Catalepsy/posturing	4	4
Fear of "losing one's mind"	4	4
Echopraxia	4	4
Negativism	4	4
Mannerism	4	4
Worry	4	4
Feeling keyed up or tense	4	3
Paranoid ideation	4	3
Fire setting with the intention of causing serious damage	4	3
More talkative than usual	4	2
Impairment in attention	4	2
Pressure to keep talking	4	2
Flight of ideas	4	2
Feeling that thoughts are racing	4	2
Alterations in sensory-motor functioning	4	2
Unsteady gait	4	2
Inability to remember an important aspect of traumatic event(s)	4	2
Decreased need for sleep	4	2
Increase in goal-directed activity	4	2
Hoarding	3	3
Stealing without confrontation of a victim	3	3
Increased introversion	3	3
Ritualized patterns of nonverbal behavior	3	3
Abdominal pain	3	3
Used a weapon that can cause serious physical harm	3	3
Physically cruel to animals	3	3
Stealing while confronting a victim	3	3
Breaking into a house, building, or car	3	3
Lies to obtain goods or favors	3	3
Forced someone into sexual activity	3	3
Deliberately destroyed others' property	3	3
Behavioral outbursts involving damage or destruction of property	3	3
Compulsive behavior	3	2
An inability to remain awake or asleep until the desired or conventionally acceptable sleep or wake times	3	2
Reduced interest in sexual activity	3	2
Inappropriate sexual behaviour	3	2
Difficulty with verbal communication of messages	3	2
Difficulty waiting his or her turn (eg, while waiting in line)	3	2
Interrupts others	3	2
Intrudes on others	3	2
Feelings of hopelessness	3	2
Fear of or preoccupation with criticism, disapproval, or rejection, being shamed or ridiculed	3	2
Chills	3	2
Generalized muscle weakness	3	2
Headache	3	2
Hypervigilance	3	2
Stereotypy of speech	3	2

Symptom	Number of diagnoses	Number of chapters
Social withdrawal	3	2
Reduced awareness of immediate surroundings	3	2
Perseverative behavior	2	2
Grandiose delusions	2	2
Delusion that spouse or lover is unfaithful	2	2
Separation anxiety	2	2
Wandering	2	2
A temporally disorganized sleep-wake pattern, variable throughout or not synchronized to the 24-hour period	2	2
Repeated episodes of arousal during sleep associated with vocalization	2	2
Upon awakening from episodes of arousal during sleep, the individual is completely awake and alert	2	2
Spiteful or vindictive	2	2
Sensation of slowed time	2	2
Ideas of reference	2	2
Anxiety about speaking	2	2
Increased extraversion	2	2
Rigidity	2	2
Fails to give close attention to details or makes careless mistakes	2	2
Confusion	2	2
Fear that something awful may happen	2	2
Mood reactivity	2	2
Leaden paralysis	2	2
Views self as inferior or inadequate	2	2
Tension	2	2
Feels uncomfortable or helpless when alone	2	2
Palpitations	2	2
Chest pain	2	2
Dizziness	2	2
Emotional detachment	2	2
Transient paralysis	2	2
A consistent daily drift of sleep onset and wake times	2	2
A pattern of advanced sleep onset and awakening times	2	2
Bullies, threatens, or intimidates others	2	2
Physically cruel to people	2	2
Lies to avoid obligations	2	2
Does not feel bad or guilty after doing something wrong	2	2
The individual is described as cold and uncaring	2	2
Only expresses emotions in ways that seem superficial	2	2
Unusual perceptual experiences	2	2
Myoclonus	2	2
Social anxiety	2	2
Disregards and is unconcerned about feelings of others	2	2
Avoids social situations	2	2
Dystonias	2	2
Interpersonal rejection sensitivity	2	2
Frustration	2	2
Episodes of arousal during sleep associated with complex motor behaviors	2	2
Persecutory delusion	2	2
A pattern of delayed sleep onset and awakening times	2	2
Relies on others for major areas of life	2	2

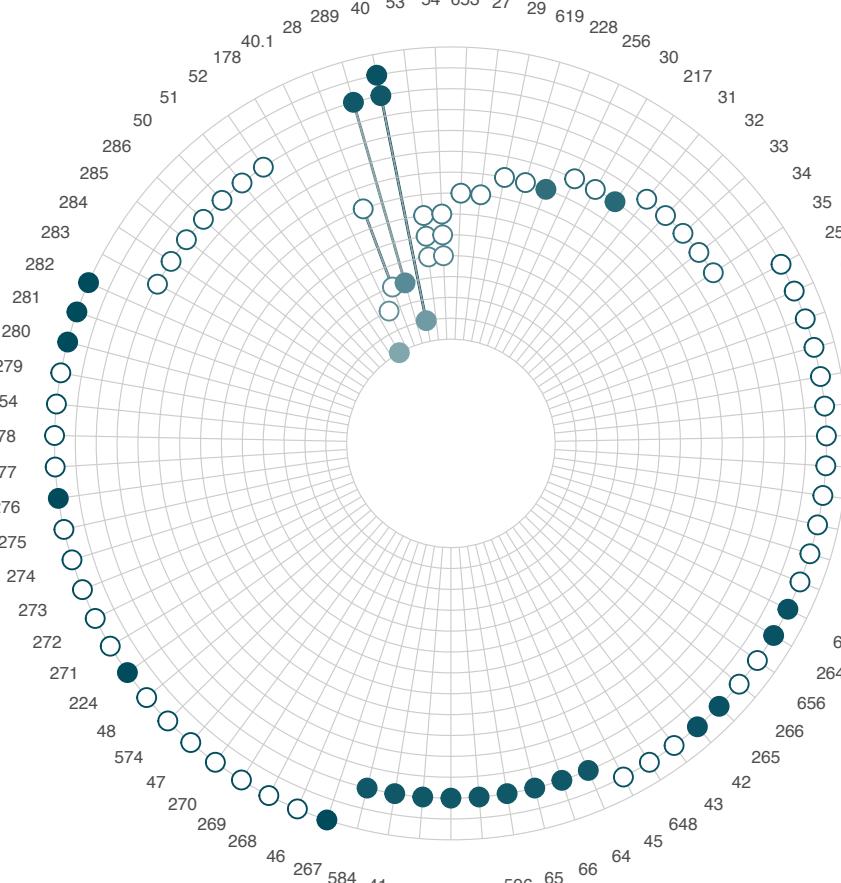
Neurodevelopmental Disorders

Diagnoses (from the inside ring out)

- Developmental Coordination Disorder
 - Stereotypic Movement Disorder
 - Stereotypic Movement Disorder – With self-injurious behavior
 - Autism Spectrum Disorder – With language impairment
 - Tourette's Disorder
 - Persistent (Chronic) Motor or Vocal Tic Disorder
 - Provisional Tic Disorder
 - Language Disorder
 - Speech Sound Disorder
 - Childhood-Onset Fluency Disorder (Stuttering)
 - Social (Pragmatic) Communication Disorder
 - Specific Learning Disorder
 - Autism Spectrum Disorder – With catatonia
 - Autism Spectrum Disorder
 - Attention-Deficit/Hyperactivity Disorder

- The symptom does not repeat across chapters

- The symptom repeats across chapters



Symptoms

27	Limited sentence structure	259	Failure to initiate or respond to social interactions
28	Impairment in discourse or phrase speech	260	Abnormalities in eye contact and body language
29	Difficulty with speech sound production	261	Difficulties in making friends
30	Circumlocutions	262	Absence of interest in peers
31	Deficits in social communication	263	Stereotyped or repetitive use of objects
32	Impairment matching communication to context	264	Rigidity
33	Difficulty following rules for conversation and storytelling	265	Ritualized patterns of nonverbal behavior
34	Difficulties understanding what is not explicitly stated	266	Ritualized patterns of verbal behavior
35	Difficulties understanding nonliteral meanings of language	267	Fails to give close attention to details or makes careless mistakes
36	Poorly integrated non-/verbal communication	268	Does not seem to listen when spoken to directly
37	Deficits in understanding/use of gestures	269	Does not follow through on instructions
38	A total lack of nonverbal communication	270	Fails to finish tasks
39	Difficulties adjusting behavior to suit social contexts	271	Forgetful in daily activities
40	Stereotypy	272	Fidgets with or taps hands or feet
40.1	Behavior that could result in an injury	273	Squirms in seat
41	Echolalia	274	Leaves seat in situations when remaining seated is expected
42	Perseverative behavior	275	Runs about or climbs in situations where it is inappropriate
43	Hyperreactivity to sensory input	276	Restlessness
45	Unusual interest in sensory aspects of the environment	277	Unable to engage in leisure activities quietly
46	Difficulty sustaining attention in tasks	278	"On the go," acting as if "driven by a motor"
47	Often has difficulty organizing tasks and activities	279	Blurs out an answer before a question has been completed
48	Often loses things necessary for tasks or activities	280	Difficulty waiting his or her turn (eg, while waiting in line)
50	Difficulties with written expression	281	Interrupts others
51	Difficulties mastering number sense, number facts, or calculation	282	Intrudes on others
52	Difficulties with mathematical reasoning	283	Inaccurate word reading
53	Motor tics	284	Slow and effortful word reading
54	Vocal tics	285	Difficulty understanding the meaning of what is read
64	Stupor	286	Difficulties with spelling
65	Waxy flexibility	289	Mutism
65.1	Grimacing	574	Reluctant to engage in tasks that require sustained mental effort
66	Catalepsy/posturing	584	Echopraxia
178	Clumsiness or incoordination	596	Negativism
217	Anxiety about speaking	597	Mannerism
224	Distractibility	612	Agitation
228	Difficulty with verbal communication of messages	619	Difficulty with speech intelligibility
256	Stuttering	641	Failure of normal back-and-forth conversation
257	Abnormal social approach	645	Stereotypy of speech
258	Reduced sharing of interests, emotions, or affect	648	Hyporeactivity to sensory input
		653	Reduced vocabulary
		654	Talks excessively
		656	Inflexible adherence to routines

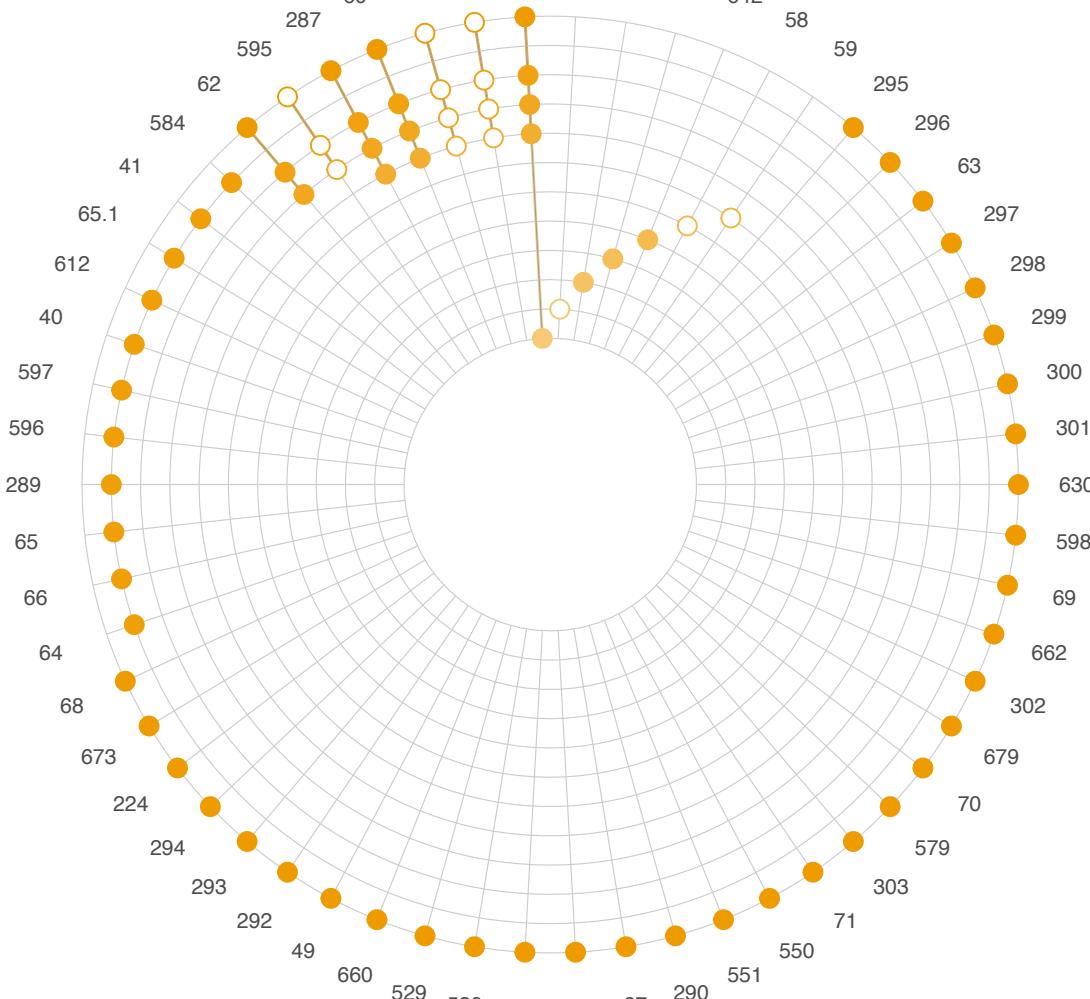
Schizophrenia Spectrum and Other Psychotic Disorders

Diagnoses (from the inside ring out)

- Delusional Disorder
 - Delusional Disorder – Erotomaniac type
 - Delusional Disorder – Grandiose type
 - Delusional Disorder – Jealous type
 - Delusional Disorder – Persecutory type
 - Delusional Disorder – Somatic type
 - Delusional Disorder – With bizarre content
 - Brief Psychotic Disorder
 - Schizophreniform Disorder
 - Schizophrenia
 - Catatonia Specifier
 - Schizoaffective Disorder

- The symptom does not repeat across chapters

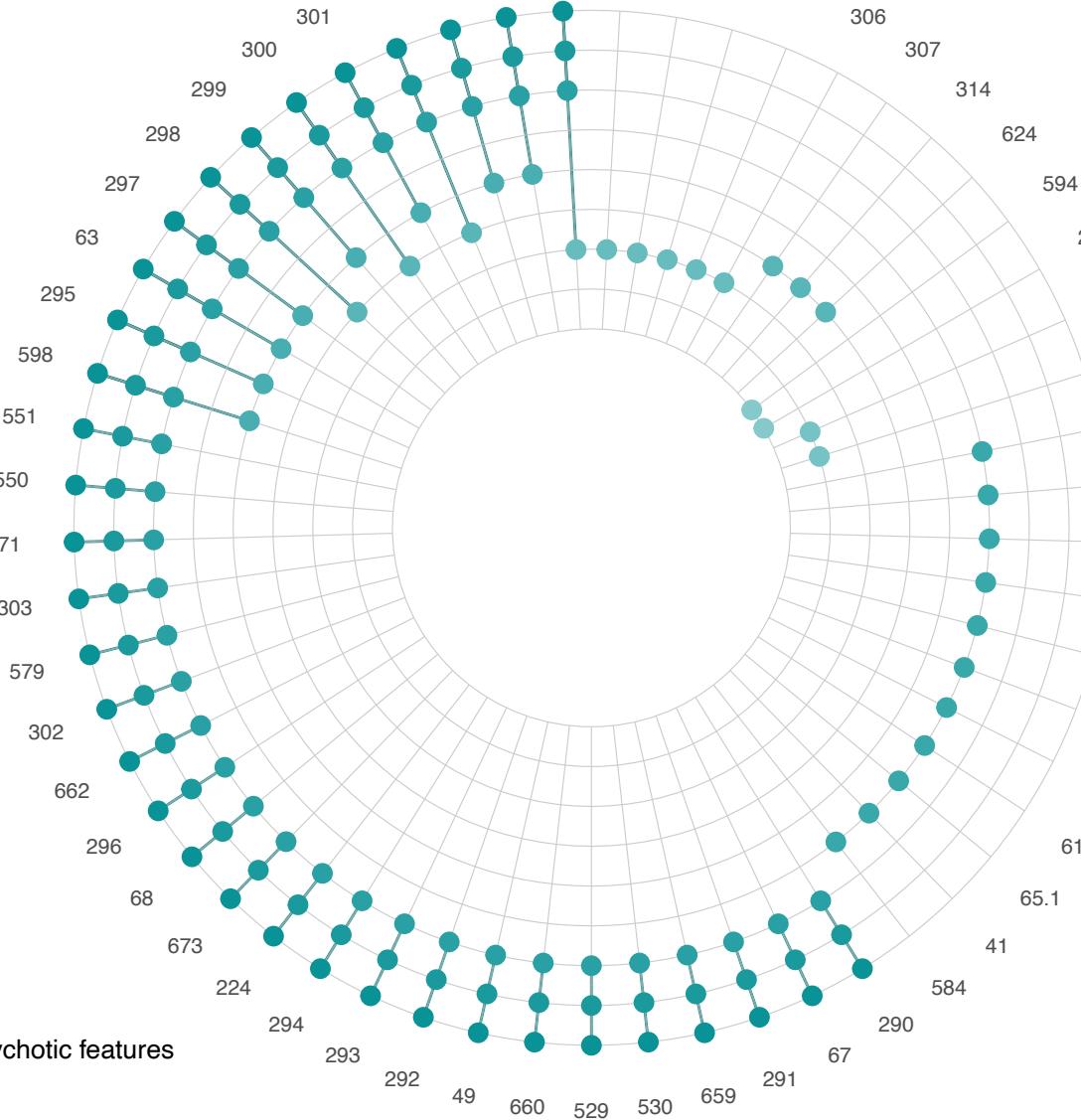
- The symptom repeats across chapters



Symptoms

- | | |
|------|---|
| 40 | Stereotypy |
| 41 | Echolalia |
| 49 | More talkative than usual |
| 55 | Delusion that another person is in love with the individual |
| 56 | Grandiose delusions |
| 57 | Delusion that spouse or lover is unfaithful |
| 58 | Delusion involving bodily functions or sensations |
| 59 | Delusions contain bizarre content |
| 60 | Odd speech |
| 61 | Grossly disorganized behavior |
| 62 | Diminished emotional expression |
| 63 | Diminished pleasure in activities |
| 64 | Stupor |
| 64.1 | Catatonic behaviour |
| 65 | Waxy flexibility |
| 65.1 | Grimacing |
| 66 | Catalepsy/posturing |
| 67 | Expansive mood |
| 68 | Reckless behavior |
| 69 | Psychomotor retardation |
| 70 | Difficulty concentrating |
| 71 | Suicidal ideation without a specific plan |
| 224 | Distractibility |
| 287 | Hallucinations |
| 289 | Mutism |
| 290 | Euphoria |
| 291 | Irritable mood |
| 292 | Pressure to keep talking |
| 293 | Flight of ideas |
| 294 | Feeling that thoughts are racing |
| 295 | Depressed mood |
| 296 | Diminished interest in activities |
| 297 | Weight loss |
| 298 | Weight gain |
| 299 | Decreased appetite |
| 300 | Increased appetite |
| 301 | Insomnia |
| 302 | Feelings of worthlessness |
| 303 | Thoughts of death |
| 529 | Grandiosity |
| 530 | Inflated self-esteem |
| 550 | Suicidal behavior |
| 551 | Specific plan for committing suicide |
| 579 | Difficulty making decisions without excessive reassurance |
| 584 | Echopraxia |
| 594 | Delusions |
| 595 | Avolition |
| 596 | Negativism |
| 597 | Mannerism |
| 598 | Psychomotor agitation |
| 612 | Agitation |
| 630 | Hypersomnia/sleepiness |
| 642 | Persecutory delusion |
| 659 | Periods of inexhaustibility |
| 660 | Decreased need for sleep |
| 662 | Fatigue |
| 673 | Increase in goal-directed activity |
| 679 | Feelings of inappropriate or excessive guilt |

Bipolar and Related Disorders



Diagnoses (from the inside ring out)

- Specifier – With psychotic features
 - Specifier – With psychotic features; mood-congruent psychotic features
 - Specifier – With anxious distress
 - Specifier – With atypical features
 - Specifier – With melancholic features
 - Specifier – With catatonia
 - Bipolar I Disorder
 - Bipolar II Disorder
 - Cyclothymic Disorder

The symptom does not occur daily for a month or more.

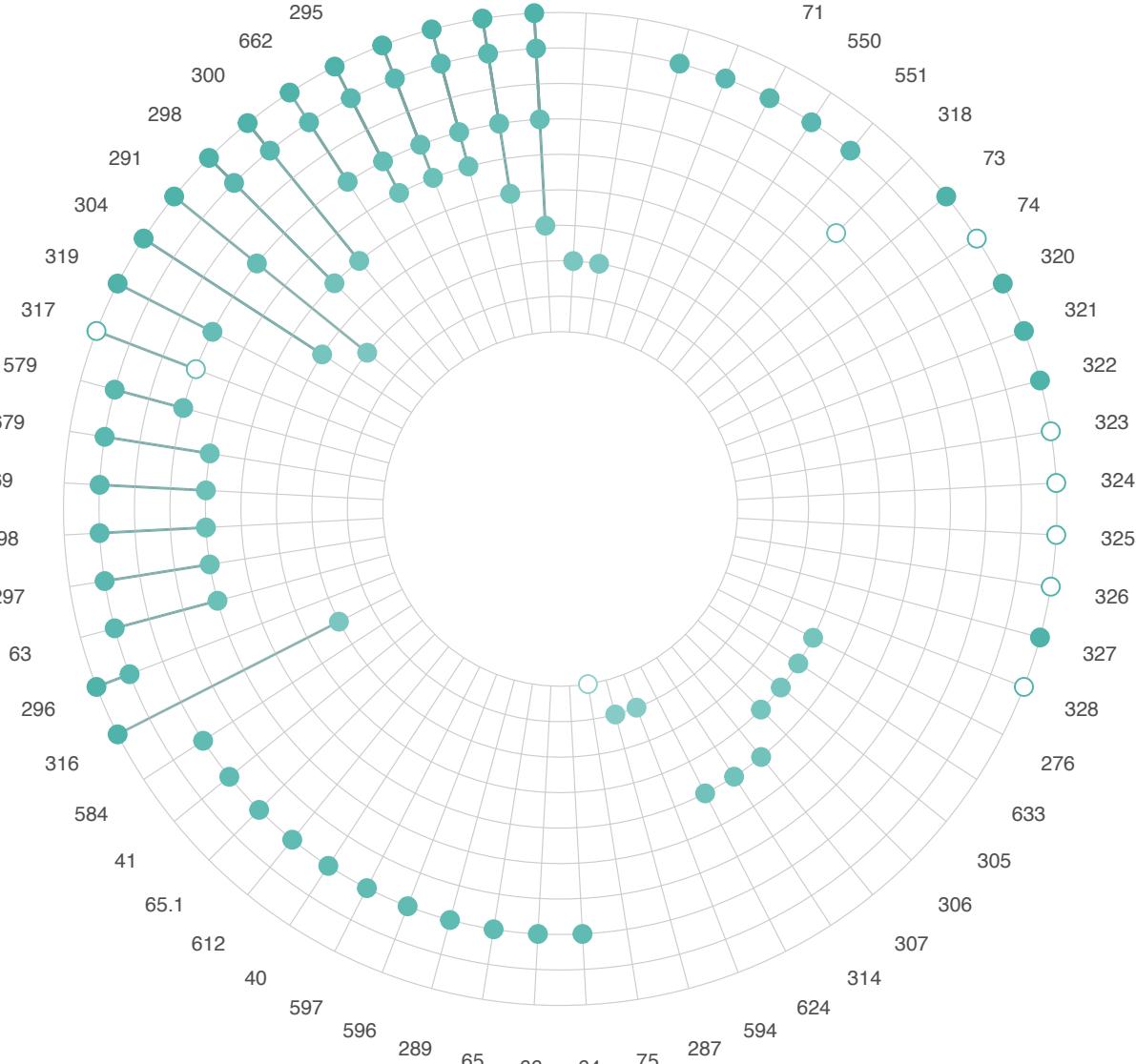
The symptom repeats over time.

- The symptom does not repeat across chapters
 - The symptom repeats across chapters

Symptoms

40	Stereotypy
41	Echolalia
49	More talkative than usual
56	Grandiose delusions
63	Diminished pleasure in activities
64	Stupor
65	Waxy flexibility
65.1	Grimacing
66	Catalepsy/posturing
67	Expansive mood
68	Reckless behavior
69	Psychomotor retardation
70	Difficulty concentrating
71	Suicidal ideation without a specific plan
224	Distractibility
276	Restlessness
287	Hallucinations
289	Mutism
290	Euphoria
291	Irritable mood
292	Pressure to keep talking
293	Flight of ideas
294	Feeling that thoughts are racing
295	Depressed mood
296	Diminished interest in activities
297	Weight loss
298	Weight gain
299	Decreased appetite
300	Increased appetite
301	Insomnia
302	Feelings of worthlessness
303	Thoughts of death
304	Feeling keyed up or tense
305	Fear that something awful may happen
306	Fear of "losing one's mind"
307	Mood reactivity
314	Leaden paralysis
529	Grandiosity
530	Inflated self-esteem
550	Suicidal behavior
551	Specific plan for committing suicide
579	Difficulty making decisions without excessive advice and reassurance
584	Echopraxia
594	Delusions
596	Negativism
597	Mannerism
598	Psychomotor agitation
612	Agitation
624	Interpersonal rejection sensitivity
630	Hypersomnia/sleepiness
633	Worry
642	Persecutory delusion
659	Periods of inexhaustibility
660	Decreased need for sleep
662	Fatigue
673	Increase in goal-directed activity
679	Feelings of inappropriate or excessive guilt

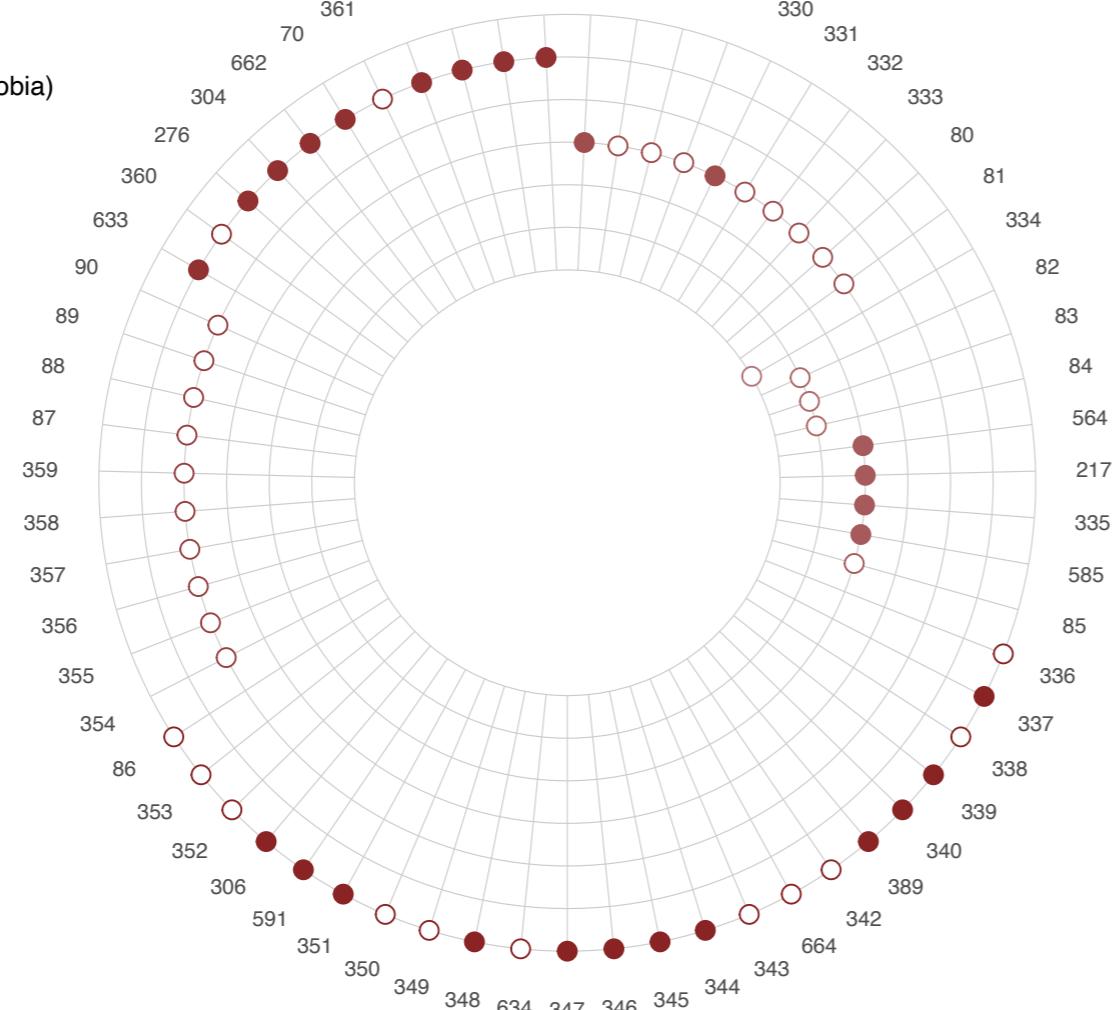
Depressive Disorders



Anxiety Disorders

Diagnoses (from the inside ring out)

- Selective Mutism
 - Specific Phobia
 - Social Anxiety Disorder (Social Phobia)
 - Separation Anxiety Disorder
 - Agoraphobia
 - Generalized Anxiety Disorder
 - Panic Disorder



- The symptom does not repeat across chapters

- The symptom repeats across chapters

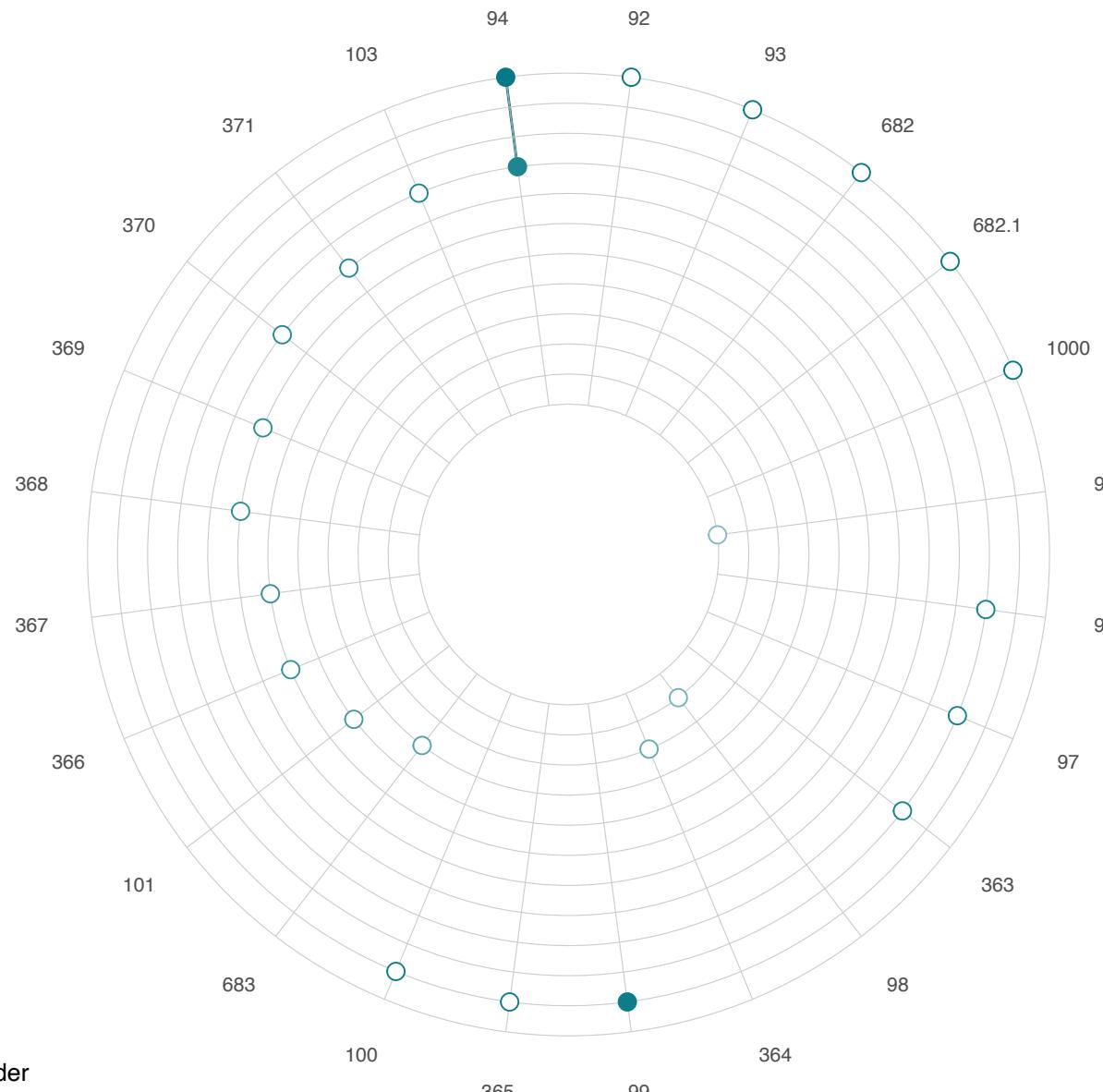
Symptoms

70	Difficulty concentrating	
77	Separation anxiety	335
78	Worry about losing major attachment figures or about possible harm to them	
79	Worry about experiencing an untoward event that causes separation from a major attachment figure	336
80	Nightmares involving the theme of separation	337
81	Physical symptoms when separation from major attachment figures occurs/is anticipated	338
82	Marked fear or anxiety about a specific object or situation	339
83	Phobic object or situation is actively avoided	340
84	Phobic object or situation is endured with intense fear or anxiety	342
85	Social situations are endured with intense fear or anxiety	343
86	Maladaptive change in behavior related to panic attacks	344
87	The individual has thoughts that escape might be difficult or help might not be available in the event of developing paniclike symptoms	345
88	Agoraphobic situations are feared or actively avoided	346
89	Agoraphobic situations require the presence of a companion	347
90	Agoraphobic situations are endured with intense fear or anxiety	348
217	Anxiety about speaking	349
276	Restlessness	350
291	Irritable mood	351
301	Insomnia	352
304	Feeling keyed up or tense	353
306	Fear of "losing one's mind"	354
327	Muscle pain, tension, or stiffness	355
329	Reluctance or refusal to go out because of fear of separation	356
330	Feels uncomfortable or helpless when alone	357
331	Fear of or reluctance about being without major attachment figures	358
332	Reluctance or refusal to sleep away from home	359
333	Reluctance or refusal to go to sleep without being near a major attachment figure	360
334	Selective mutism	361
		389
		564
		567
		585
		591
		633
		634
		662
		664

Obsessive–Compulsive and Related Disorders

Diagnoses (from the inside ring out)

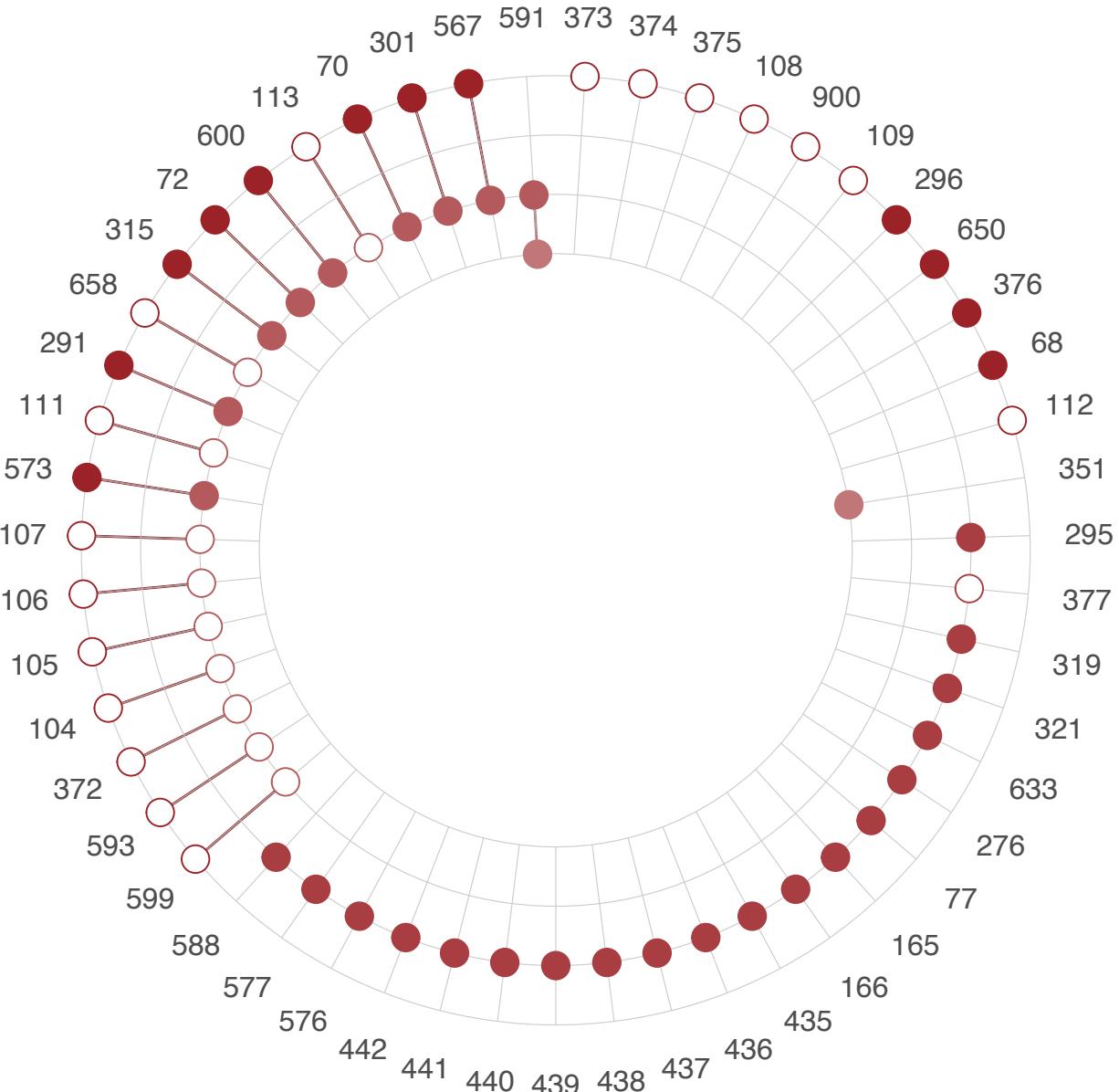
- Obsessive–Compulsive disorder – Insight specifier
 - Body Dysmorphic Disorder – With muscle dysmorphia
 - Body Dysmorphic Disorder – Insight specifier
 - Hoarding Disorder – With excessive acquisition
 - Hoarding Disorder – Insight specifier
 - Trichotillomania (Hair–Pulling Disorder)
 - Excoriation (Skin–Picking) Disorder
 - Other Specified – Body–focused repetitive behavior disorder
 - Other Specified – Obsessional jealousy
 - Body Dysmorphic Disorder
 - Hoarding Disorder ○ The symptom
 - Obsessive–Compulsive disorder ● The symptom



Symptoms

92	Recurrent and persistent intrusive thoughts, urges, or images
93	Attempts to ignore or suppress intrusive thoughts, urges, or images
94	Compulsive behavior
95	The individual is completely convinced that obsessive-compulsive disorder beliefs are true
96	Preoccupation with one or more perceived defects or flaws in physical appearance
97	Repetitive behaviors in response to appearance concerns
98	Preoccupation with the idea that their body build is too small or insufficiently muscular
99	Hoarding
100	Excessive accumulation of possessions
101	The individual is completely convinced that hoarding-related beliefs and behaviors are not problematic despite evidence to the contrary
103	Nondelusional preoccupation with a partner's perceived infidelity
363	Preoccupation or repetitive mental acts related to appearance concerns
364	The individual is completely convinced that body dysmorphic disorder beliefs are true
365	A need to save items or distress associated with discarding them
366	Pulling out of one's hair, resulting in hair loss
367	Attempts to decrease or stop hair pulling
368	Skin picking resulting in skin lesions
369	Attempts to decrease or stop skin picking
370	Body-focused repetitive behaviors
371	Attempts to decrease or stop the behaviors
682	Behavioral compulsions
682.1	Mental compulsions
683	Excessive acquisition of items
1000	Time-consuming obsessions or compulsions

Trauma- and Stressor-Related Disorders



Diagnoses (from the inside ring out)

- Posttraumatic Stress Disorder – With dissociative symptoms
 - Acute Stress Disorder
 - Adjustment Disorders
 - Posttraumatic Stress Disorder

(○ The symptom does not meet criteria for a disorder)

(● The symptom results in significant impairment)

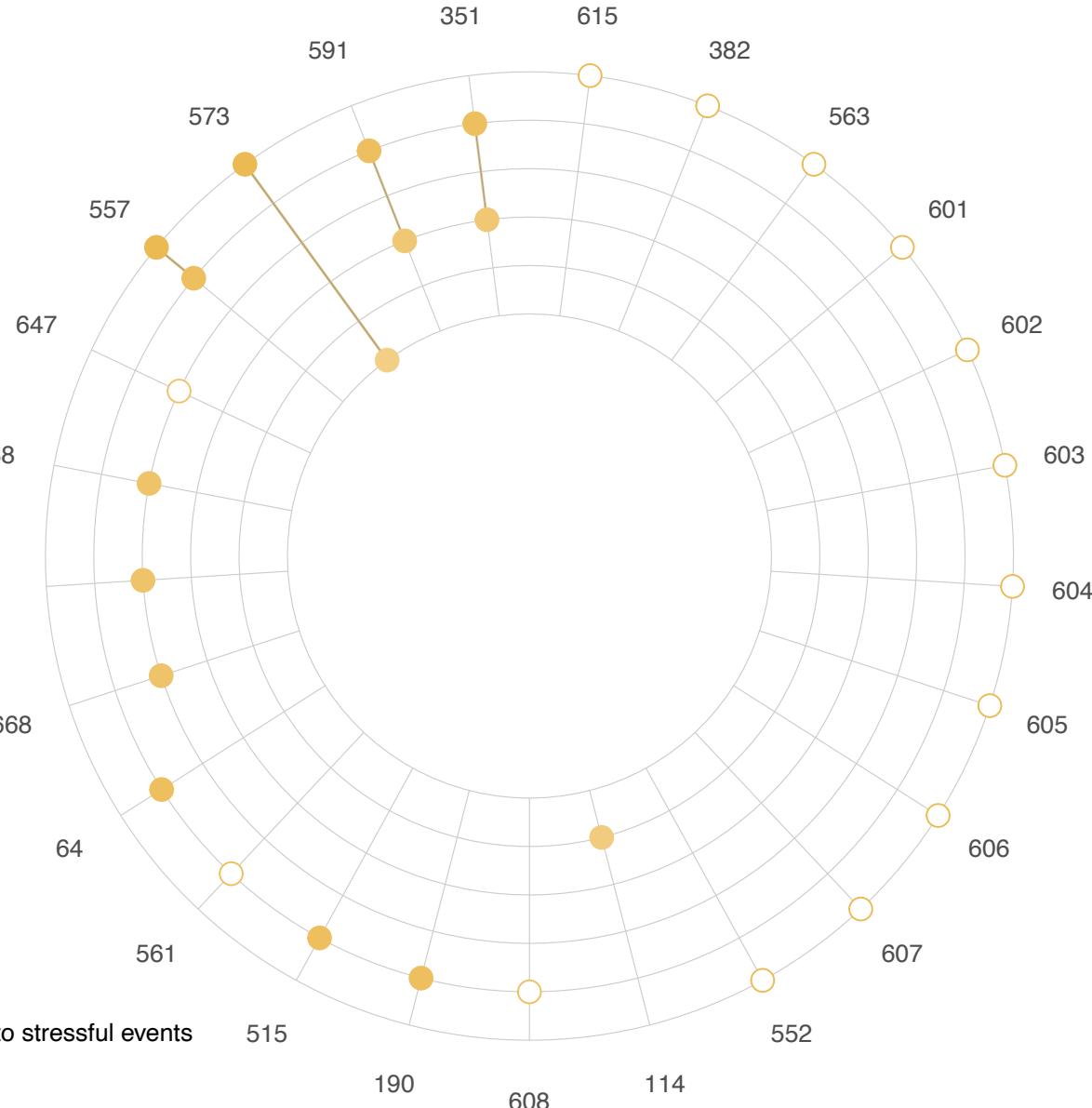
The symptom does not repeat across chapters

 The symptom repeats across chapters

Symptoms

68	Reckless behavior
70	Difficulty concentrating
72	Aggression
77	Separation anxiety
104	Distressed by exposure to cues related to traumatic event(s)
105	Physiological reactions to cues related to traumatic event(s)
106	Avoidance of internal cues associated with traumatic event(s)
107	Avoidance of external cues associated with traumatic event(s)
108	Distorted cognitions about the cause or consequences of traumatic event(s)
109	Persistent negative emotional state
111	Inability to experience positive emotions
112	Self-destructive behavior
113	Exaggerated startle response
165	Initiates physical fights
166	Stealing without confrontation of a victim
276	Restlessness
291	Irritable mood
295	Depressed mood
296	Diminished interest in activities
301	Insomnia
315	Loses temper
319	Feelings of hopelessness
321	Anxiety
351	Depersonalization
372	Dissociative reactions (eg, flashbacks) related to a traumatic event
373	Exaggerated negative beliefs about oneself
374	Exaggerated negative beliefs about others
375	Exaggerated negative beliefs about the world
376	Emotional detachment
377	Tearfulness
435	Bullies, threatens, or intimidates others
436	Used a weapon that can cause serious physical harm
437	Physically cruel to people
438	Physically cruel to animals
439	Stealing while confronting a victim
440	Breaking into a house, building, or car
441	Lies to avoid obligations
442	Lies to obtain goods or favors
567	Dissatisfaction with sleep quantity or quality
573	Inability to remember an important aspect of traumatic event(s)
576	Forced someone into sexual activity
577	Fire setting with the intention of causing serious damage
588	Deliberately destroyed others' property
591	Derealization while awake and alert
593	Distressing dreams related to traumatic event(s)
599	Intrusive distressing memories of traumatic event(s)
600	Hypervigilance
633	Worry
650	Social withdrawal
658	Angry outbursts without provocation
900	Blames self or others for the causes or consequences of traumatic event(s)

Dissociative Disorders



Symptoms

40	Stereotypy
64	Stupor
114	Wandering
190	Sensation of slowed time
351	Depersonalization
382	Discontinuity in sense of self
388	Transient paralysis
515	Unusual perceptual experiences
552	Gaps in the recall of personal information
557	Alterations in sensory motor functioning
561	Micro-amnesias
563	Discontinuity in sense of agency
573	Inability to remember an important aspect of traumatic event(s)
591	Derealization while awake and alert
601	Alterations in affect
602	Alterations in behavior
603	Alterations in consciousness
604	Alterations in memory
605	Alterations in perception
606	Alterations in cognition
607	Gaps in the recall of everyday events
608	Constriction of consciousness
615	Two or more distinct personality states
647	Loss of consciousness
668	Reduced awareness of immediate surroundings

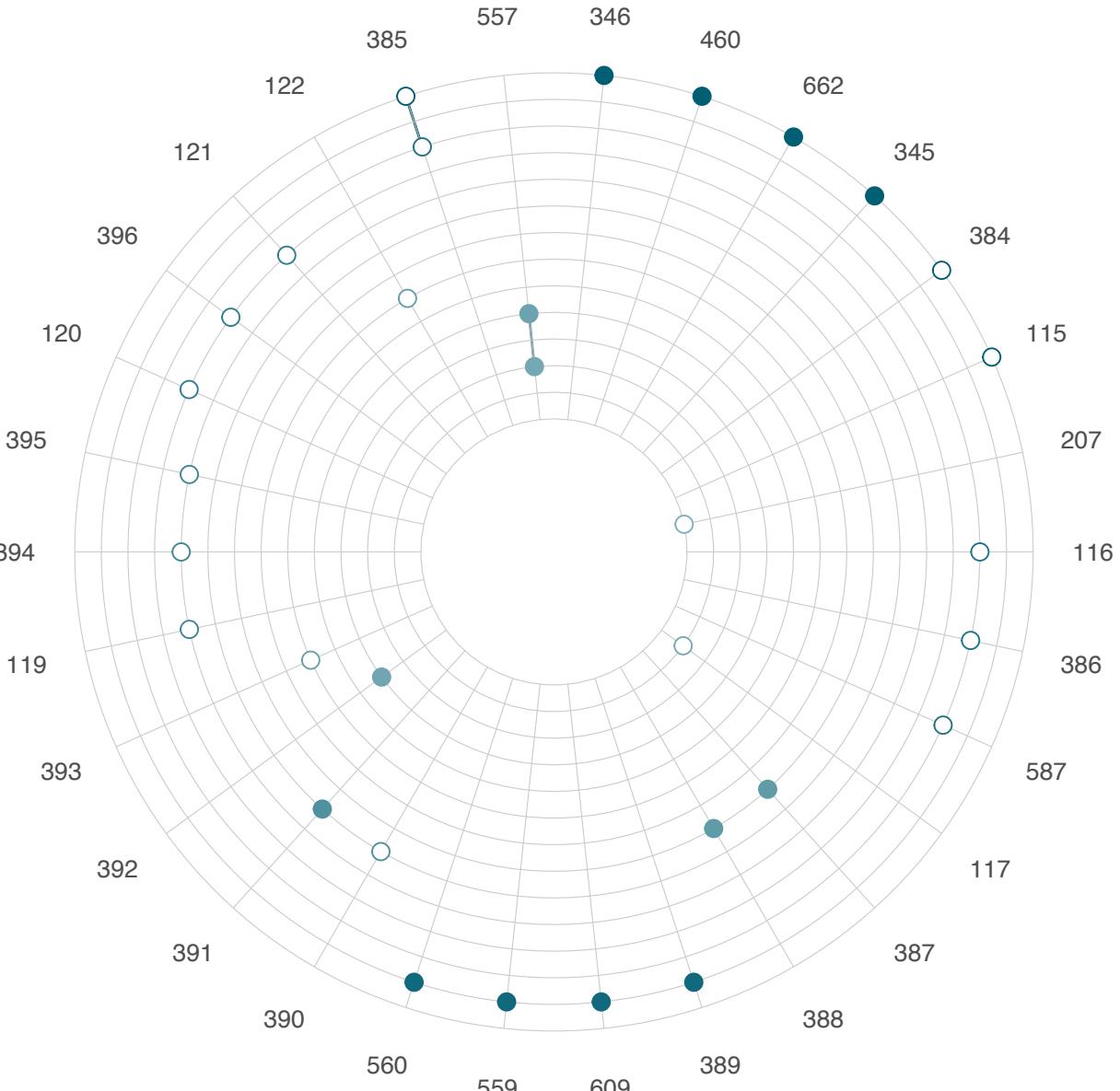
Diagnoses (from the inside ring out)

- Dissociative Amnesia
- Dissociative Amnesia – With dissociative fugue
- Depersonalization/Derealization Disorder
- Other Specified – Dissociative trance
- Other Specified – Acute dissociative reactions to stressful events
- Dissociative Identity Disorder

○ The symptom does not repeat across chapters

● The symptom repeats across chapters

Somatic Symptom and Related Disorders



Symptoms

- 115 Excessive time and energy devoted to physical symptoms or health concerns
 - 116 Preoccupation with having or acquiring a serious illness
 - 117 Medical care is frequently used
 - 119 Falsification of physical or psychological signs or symptoms
 - 120 Falsification of physical or psychological signs or symptoms in another
 - 121 The individual presents another individual to others as ill, impaired, or injured
 - 122 A false belief of being pregnant associated with objective signs and reported symptoms of pregnancy
 - 207 Predominant pain
 - 345 Nausea
 - 346 Abdominal pain
 - 384 Disproportionate and persistent thoughts about the seriousness of physical symptoms
 - 385 High level of anxiety about health or symptoms
 - 386 Excessive health-related behaviors performed by the individual
 - 387 Generalized muscle weakness
 - 388 Transient paralysis
 - 389 Tremor
 - 390 Dysphonia
 - 391 Slurred speech
 - 392 Seizures
 - 393 Visual, olfactory, or hearing disturbance
 - 394 Induction of injury or disease in self
 - 395 Presents self to others as ill, injured or impaired
 - 396 Induction of injury or disease in another
 - 460 Headache
 - 557 Alterations in sensory-motor functioning
 - 559 Myoclonus
 - 560 Unsteady gait
 - 587 Maladaptive avoidance of medical care
 - 609 Dystonias
 - 662 Fatigue

Diagnoses (from the inside ring out)

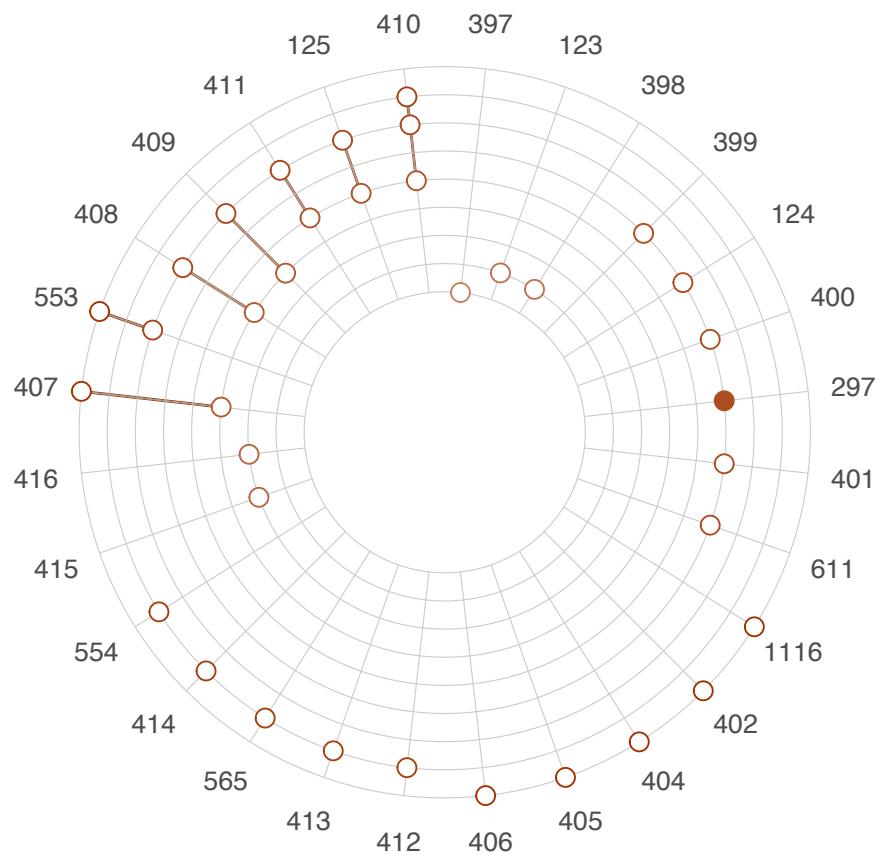
- Somatic Symptom Disorder – With predominant pain
 - Illness Anxiety Disorder – Care-seeking type
 - Conversion Disorder
 - Conversion Disorder – With attacks or seizures
 - Conversion Disorder – With anesthesia or sensory loss
 - Conversion Disorder – With special sensory symptom
 - Other Specified – Pseudocyesis

- Conversion Disorder – With weakness or paralysis
 - Conversion Disorder – With speech symptoms
 - Factitious Disorder – Imposed on Self
 - Factitious Disorder – Imposed on Another
 - Illness Anxiety Disorder
 - Conversion Disorder – With abnormal movement
 - Somatic Symptom Disorder

- The symptom does not repeat across chapters

- The symptom repeats across chapters

Feeding and Eating Disorders



Diagnoses (from the inside ring out)

- Pica
- Rumination Disorder
- Other Specified – Night eating syndrome
- Anorexia Nervosa – Restricting type
- Anorexia Nervosa – Binge-eating/purging type

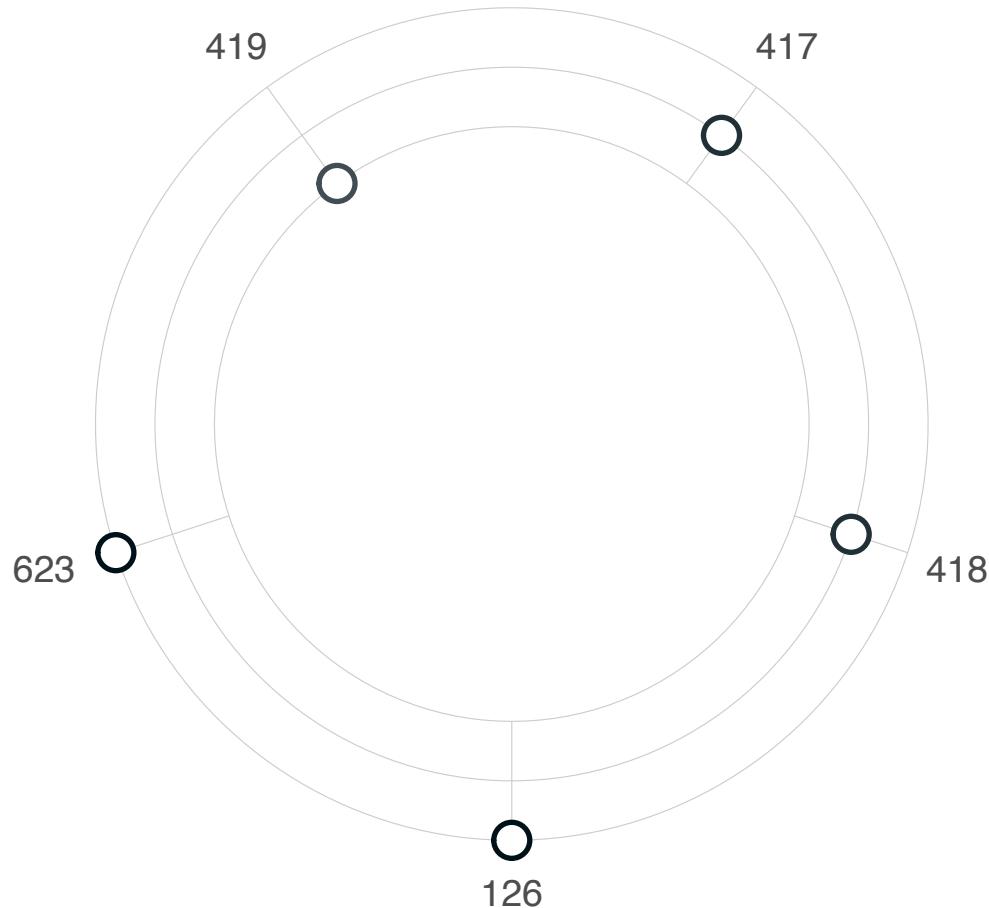
- Avoidant/Restrictive Food Intake Disorder
- Bulimia Nervosa
- Binge-Eating Disorder
- Anorexia Nervosa

- The symptom does not repeat across chapters
- The symptom repeats across chapters

Symptoms

- 123 Repeated regurgitation of food
- 124 Avoidance based on the sensory characteristics of food
- 125 Misuse of laxatives, diuretics, or enemas (as purging behaviour)
- 297 Weight loss
- 397 Eating of nonnutritive, nonfood substances
- 398 Regurgitated food may be re-chewed, re-swallowed, or spit out
- 399 Apparent lack of interest in eating or food
- 400 Concern about aversive consequences of eating
- 401 Dependence on enteral feeding
- 402 Fear of gaining weight or becoming fat
- 404 Behavior that interferes with weight gain
- 405 Disturbance in the way body weight or shape is experienced
- 406 Lack of recognition of the seriousness of current low body weight
- 407 Dieting
- 408 Fasting
- 409 Excessive exercise
- 410 Binge eating
- 411 Self-induced vomiting (as purging behaviour)
- 412 Eating much more rapidly than normal during binge eating
- 413 Eating until feeling uncomfortably full during binge eating
- 414 Eating alone because of feeling embarrassed by how much one is eating during binge eating
- 415 Eating after awakening from sleep
- 416 Excessive food consumption after the evening meal
- 553 Undue influence of body weight or shape on self
- 554 Feeling disgusted, depressed, or very guilty about binge eating
- 565 Eating large amounts of food when not hungry during binge eating
- 611 Dependence on oral nutritional supplements
- 1116 Significantly low body weight

Elimination Disorders



Symptoms

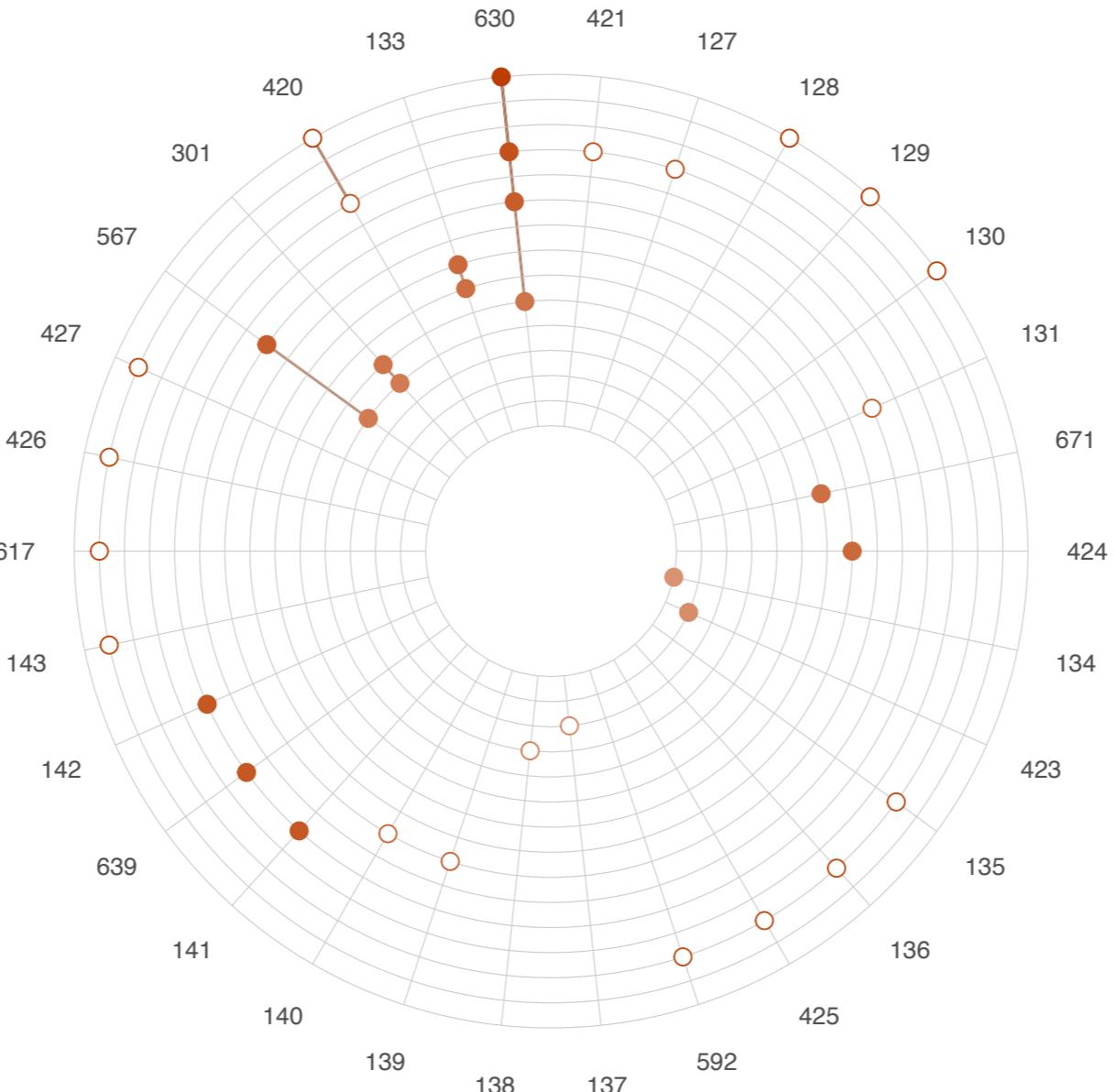
- 126 Accidental pooping in inappropriate places
- 417 Accidental peeing in bed or clothes
- 418 Deliberate peeing in bed or clothes
- 419 Constipation
- 623 Deliberate pooping in inappropriate places

Diagnoses (from the inside ring out)

- Encopresis – With constipation and overflow incontinence
- Enuresis
- Encopresis

Sleep–Wake Disorders

- The symptom does not repeat across chapters
- The symptom repeats across chapters



Diagnoses (from the inside ring out)

- Circadian Rhythm Sleep–Wake Disorders – Irregular sleep–wake type
 - Circadian Rhythm Sleep–Wake Disorders – Non-24-hour sleep–wake type
 - Non-Rapid Eye Movement Sleep Arousal Disorders – With sleep-related eating
 - Non-Rapid Eye Movement Sleep Arousal Disorders – With sleep-related sexual behavior
 - Insomnia Disorder
 - Circadian Rhythm Sleep–Wake Disorders
 - Circadian Rhythm Sleep–Wake Disorders – Delayed sleep phase type
 - Circadian Rhythm Sleep–Wake Disorders – Advanced sleep phase type
 - Nightmare Disorder
 - Obstructive Sleep Apnea Hypopnea
 - Rapid Eye Movement Sleep Behavior Disorder
 - Hypersomnolence Disorder
 - Non-Rapid Eye Movement Sleep Arousal Disorders
 - Restless Legs Syndrome
 - Narcolepsy

Symptoms

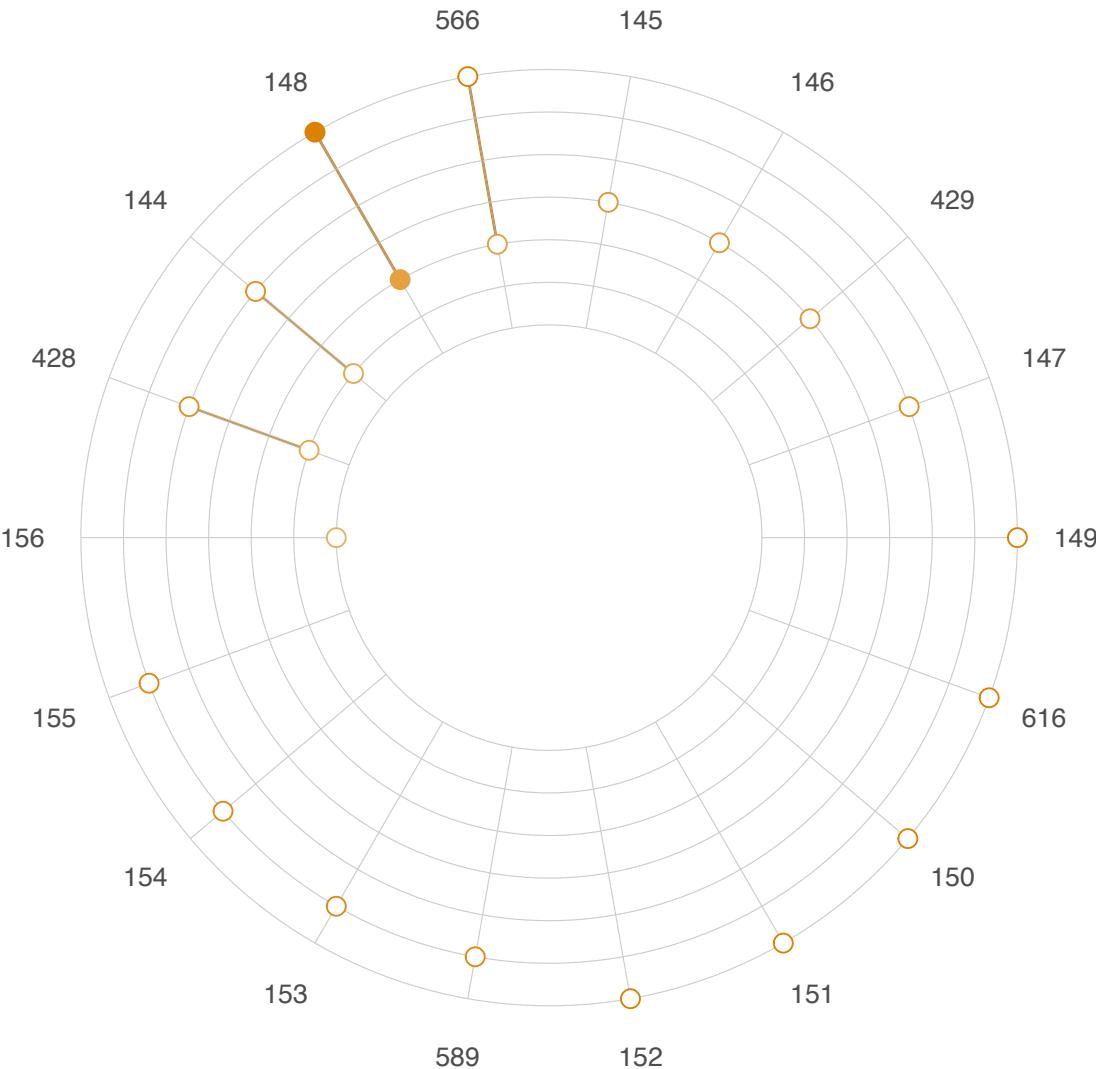
- | | |
|-----|---|
| 127 | Difficulty being fully awake after abrupt awakening |
| 128 | Sudden bilateral loss of muscle tone with maintained consciousness that are precipitated by laughter or joking |
| 129 | Spontaneous grimaces or jaw-episodes with tongue thrusting |
| 130 | Global hypotonia |
| 131 | Nocturnal breathing disturbances |
| 133 | An inability to remain awake or asleep until the desired or conventionally acceptable sleep or wake times |
| 134 | A temporally disorganized sleep-wake pattern, variable throughout or not synchronized to the 24-hour peri |
| 135 | Rising from bed during sleep and walking about |
| 136 | Abrupt terror arousals from sleep with intense fear, signs of autonomic arousal, and relative unresponsiveness comforting |
| 137 | Sleep-related eating |
| 138 | Sleep-related sexual behavior |
| 139 | Extended, extremely dysphoric, and well-remembered dreams |
| 140 | The individual rapidly becomes oriented and alert on waking from dysphoric dreams |
| 141 | Repeated episodes of arousal during sleep associated with vocalization |
| 142 | Upon awakening from episodes of arousal during sleep, the individual is completely awake and alert |
| 143 | An urge to move the legs |
| 301 | Insomnia |
| 420 | Lapsing into sleep or napping throughout the day |
| 421 | Sleep of more than 9 hours per day that is unrefreshing |
| 423 | A consistent daily drift of sleep onset and wake times |
| 424 | A pattern of advanced sleep onset and awakening times |
| 425 | No or little dream imagery is recalled |
| 426 | Urge to move legs begins or worsens during periods of rest or inactivity |
| 427 | Urge to move legs is worse in the evening |
| 567 | Dissatisfaction with sleep quantity or quality |
| 592 | Amnesia for episodes of incomplete awakening from sleep |
| 617 | Uncomfortable and unpleasant sensations in the legs |
| 630 | Hypersomnia/sleepiness |
| 639 | Episodes of arousal during sleep associated with complex motor behaviors |
| 671 | A pattern of delayed sleep onset and awakening times |

Sexual Dysfunctions

Diagnoses (from the inside ring out)

- Premature (Early) Ejaculation
- Delayed Ejaculation
- Male Hypoactive Sexual Desire Disorder
- Erectile Disorder
- Female Orgasmic Disorder
- Genito–Pelvic Pain/Penetration Disorder
- Female Sexual Interest/Arousal Disorder

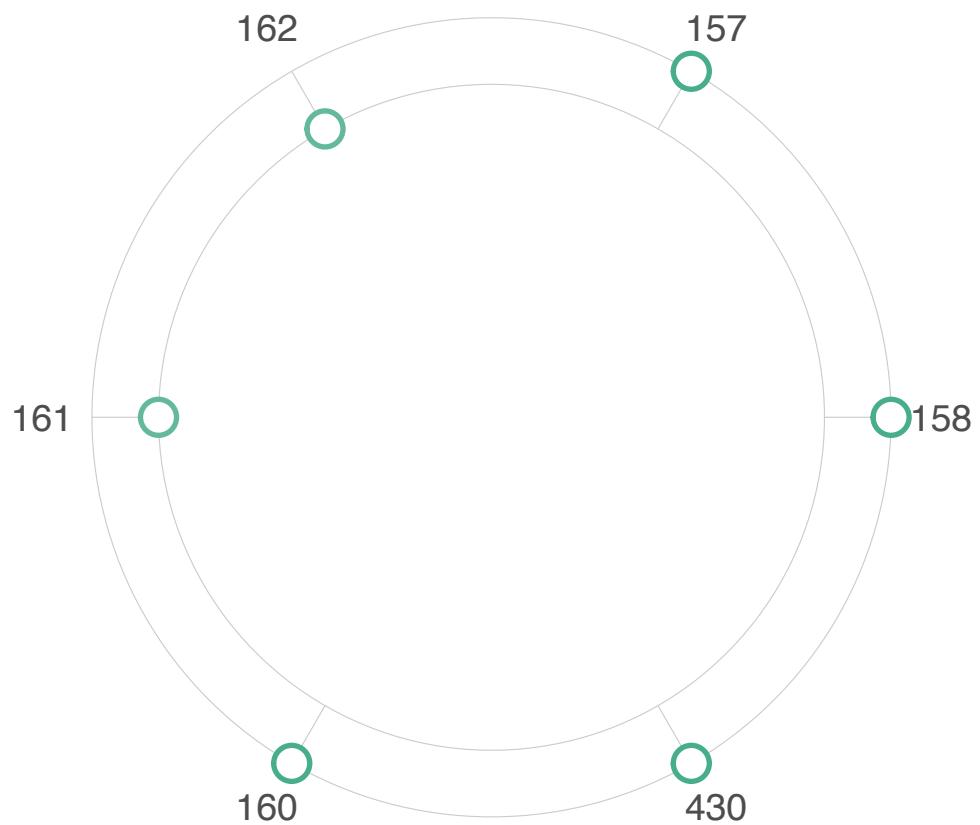
- The symptom does not repeat across chapters
- The symptom repeats across chapters



Symptoms

- 144 Anorgasmia
- 145 Difficulty obtaining an erection
- 146 Difficulty maintaining an erection
- 147 Reduced orgasmic intensity
- 148 Reduced interest in sexual activity
- 149 Reduced initiation of sexual activity
- 150 Reduced sexual pleasure during sexual activity
- 151 Reduced sexual interest or arousal in response to internal and external sexual/erotic cues
- 152 Reduced sensations during sexual activity
- 153 Pain during vaginal intercourse or penetration attempts
- 154 Anxiety about sexual pain
- 155 Tensing or tightening of the pelvic floor during attempted vaginal penetration
- 156 Ejaculation during partnered sexual activity within approximately 1 minute
- 428 Delay in orgasm
- 429 Decrease in erectile rigidity
- 566 Absent/reduced sexual thoughts or fantasies
- 589 Difficulties with vaginal penetration during intercourse
- 616 Unreceptive to a partner's attempts to initiate sexual activity

Gender Dysphoria



Symptoms

- | | |
|-----|--|
| 157 | Incongruence between one's experienced/expressed gender and primary and/or secondary sex characteristics |
| 158 | Desire to be rid of one's primary and/or secondary sex characteristics |
| 160 | Conviction that one has the typical feelings and reactions of another gender |
| 161 | The individual has transitioned to full-time living in the desired gender |
| 162 | Cross-sex medical procedure or treatment |
| 430 | Desire to be a different gender/for the sex characteristics of another gender |

Diagnoses (from the inside ring out)

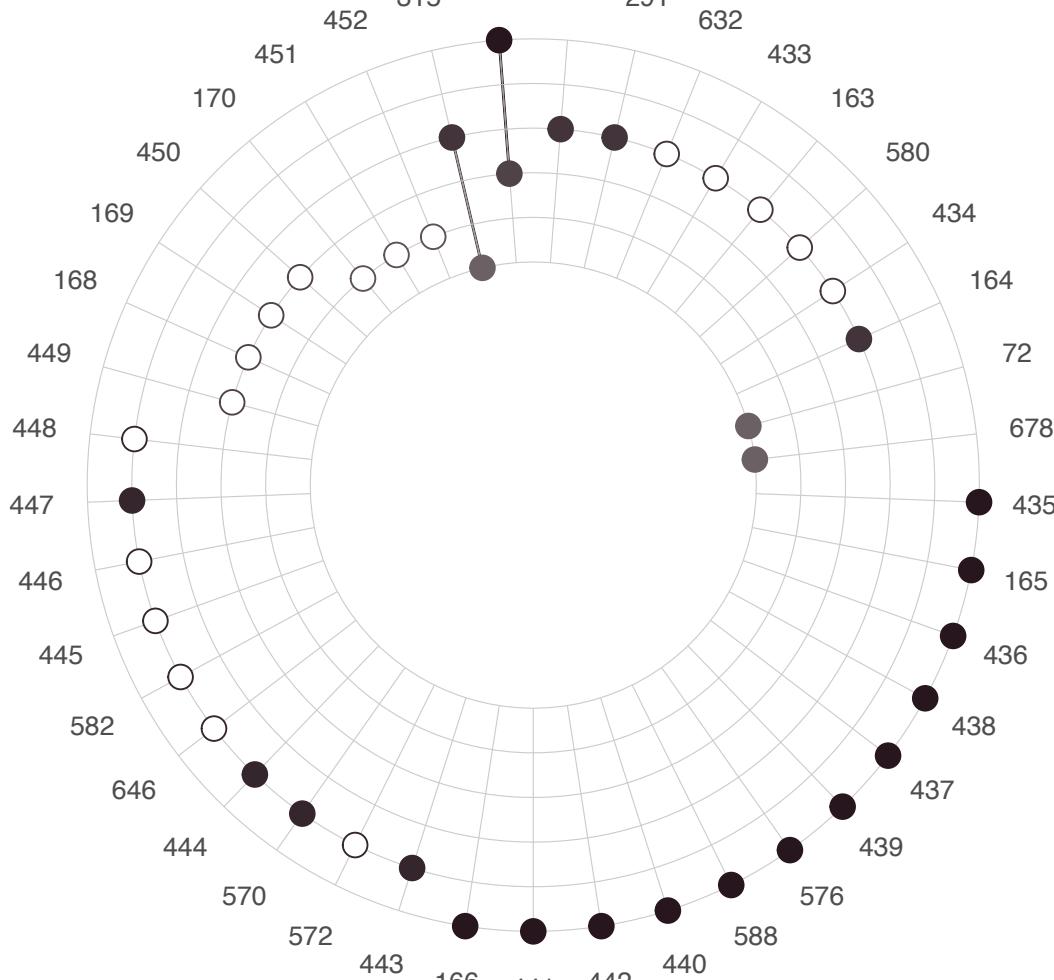
- Gender Dysphoria in Adolescents and Adults – Posttransition
- Gender Dysphoria in Adolescents and Adults

Disruptive, Impulse–Control, and Conduct Disorders

Diagnoses (from the inside ring out)

- Intermittent Explosive Disorder
- Kleptomania
- Pyromania
- Oppositional Defiant Disorder
- Conduct Disorder – With limited prosocial emotions
- Conduct Disorder

- The symptom does not repeat across chapters
- The symptom repeats across chapters



Symptoms

- | | |
|-----|--|
| 72 | Aggression |
| 163 | Refuses to comply with requests from authority figures |
| 164 | Spiteful or vindictive |
| 165 | Initiates physical fights |
| 166 | Stealing without confrontation of a victim |
| 168 | Fascination with fire |
| 169 | Pleasure, gratification, or relief from the aftermath of fires |
| 170 | Failure to resist impulses to steal objects |
| 291 | Irritable mood |
| 315 | Loses temper |
| 316 | Angry mood |
| 433 | Argues with authority figures |
| 434 | Blames others for mistakes or misbehavior |
| 435 | Bullies, threatens, or intimidates others |
| 436 | Used a weapon that can cause serious physical harm |
| 437 | Physically cruel to people |
| 438 | Physically cruel to animals |
| 439 | Stealing while confronting a victim |
| 440 | Breaking into a house, building, or car |
| 441 | Lies to avoid obligations |
| 442 | Lies to obtain goods or favors |
| 443 | Does not feel bad or guilty after doing something wrong |
| 444 | The individual is described as cold and uncaring |
| 445 | Does not put in effort to perform well, even with clear expectations |
| 446 | Blames others for poor performance |
| 447 | Only expresses emotions in ways that seem superficial |
| 448 | Emotions expressed only for personal gain |
| 449 | Tension or affective arousal before setting a fire |
| 450 | Pleasure, gratification, or relief when setting fires |
| 451 | Increasing tension before committing theft |
| 452 | Pleasure, gratification, or relief when committing theft |
| 570 | Disregards and is unconcerned about feelings of others |
| 572 | Lack of concern about the consequences of actions |
| 576 | Forced someone into sexual activity |
| 577 | Fire setting with the intention of causing serious damage |
| 580 | Deliberately annoys others |
| 582 | Does not show concern about poor performance in important activities |
| 588 | Deliberately destroyed others' property |
| 632 | Resentment |
| 646 | More concerned about self than others, even when actions substantially harm others |
| 678 | Behavioral outbursts involving damage or destruction of property |

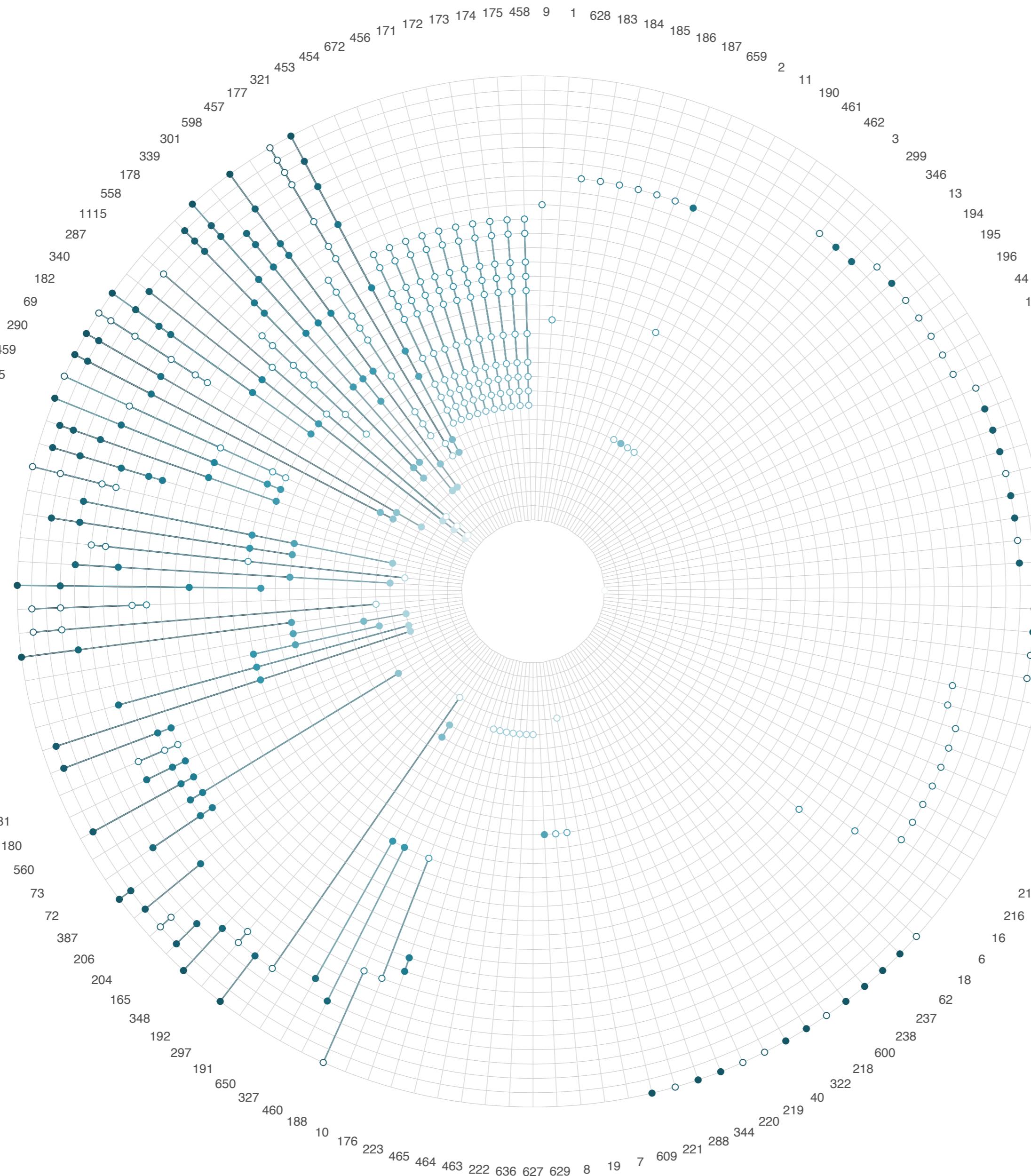
Substance–Related and Addictive Disorders

Diagnoses (from the inside ring out)

- Hallucinogen Persisting Perception Disorder
 - Cannabis Intoxication – With perceptual disturbances
 - Opioid Intoxication – With perceptual disturbances
 - Stimulant Intoxication – With perceptual disturbances
 - Stimulant Withdrawal
 - Gambling Disorder
 - Other (or Unknown) Substance Intoxication
 - Cannabis Intoxication
 - Phencyclidine Use Disorder
 - Other Hallucinogen Use Disorder
 - Inhalant Use Disorder
 - Tobacco Use Disorder
 - Tobacco Withdrawal
 - Alcohol Use Disorder
 - Alcohol Withdrawal
 - Caffeine Withdrawal
 - Cannabis Use Disorder
 - Opioid Use Disorder
 - Sedative, Hypnotic, or Anxiolytic Use Disorder
 - Sedative, Hypnotic, or Anxiolytic Withdrawal
 - Stimulant Use Disorder
 - Other (or Unknown) Substance Use Disorder
 - Alcohol Intoxication
 - Sedative, Hypnotic, or Anxiolytic Intoxication
 - Caffeine Intoxication
 - Opioid Intoxication
 - Opioid Withdrawal
 - Cannabis Withdrawal
 - Phencyclidine Intoxication
 - Other Hallucinogen Intoxication
 - Inhalant Intoxication

8 The symptom does not repeat across chapters

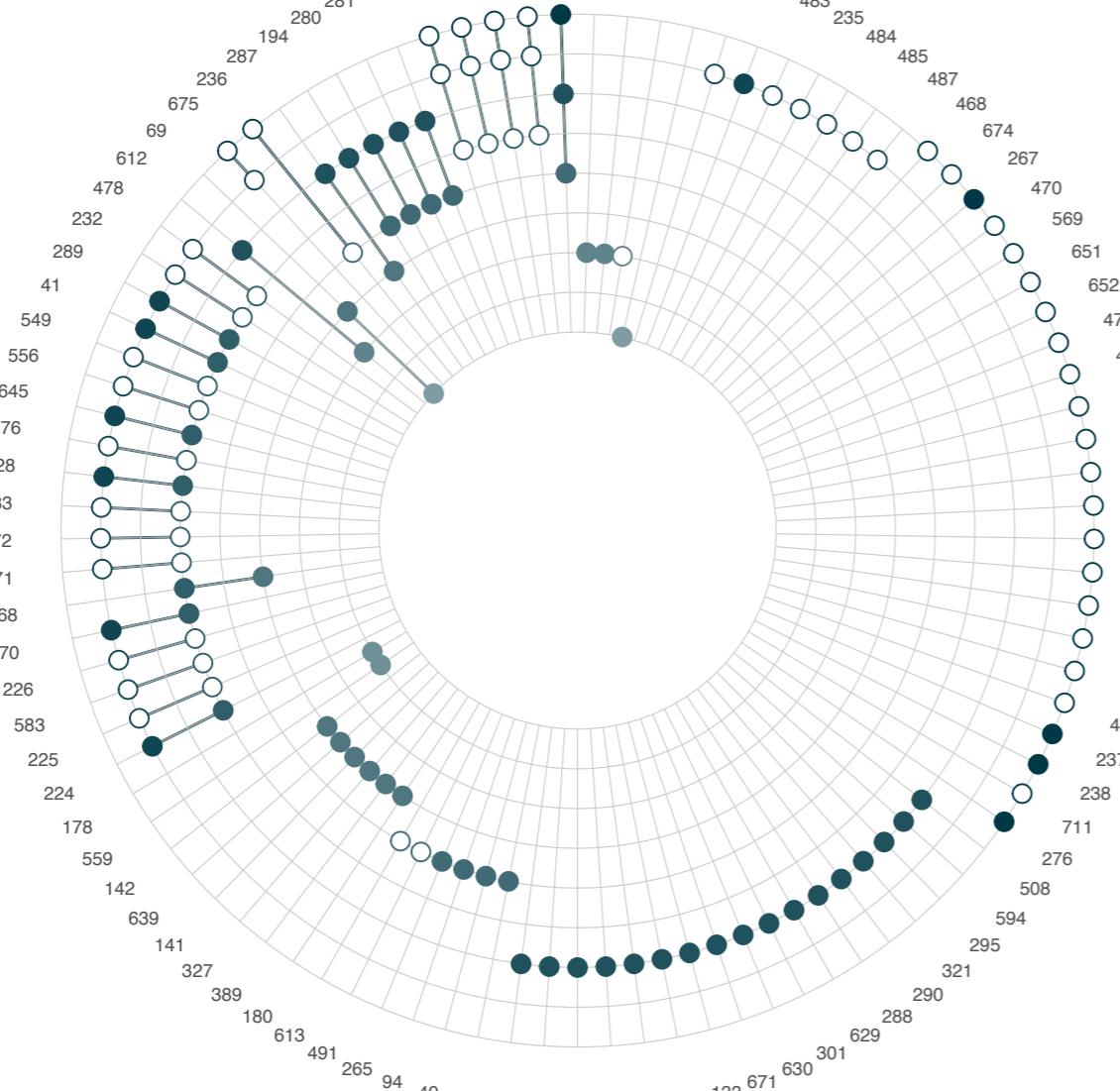
- The symptom does not repeat across chapters



Symptoms

1	Stopping heavy or prolonged alcohol use	216	Yawning
2	Abrupt cessation of caffeine use	218	Interpersonal sensitivity
3	Stopping heavy or prolonged cannabis use	219	Bradycardia
4	Stopping heavy or prolonged opioid use	220	Respiratory depression
6	Stopping heavy or prolonged sedative, hypnotic, or anxiolytic use	221	Dyskinesias
7	Stopping heavy or prolonged stimulant use	222	Preoccupation with gambling
8	Abrupt cessation of tobacco use	223	Relies on others' money to relieve desperate financial situations caused by gambling
9	Alcohol use	237	Increased extraversion
10	Caffeine consumption	238	Increased introversion
11	Cannabis use	276	Restlessness
12	Hallucinogen use	287	Hallucinations
13	Phencyclidine use	288	Confusion
14	Inhalant use	290	Euphoria
15	Opioid use	291	Irritable mood
16	Sedative, hypnotic, or anxiolytic use	295	Depressed mood
18	Stimulant use	297	Weight loss
19	Tobacco use	299	Decreased appetite
20	Opioid antagonist use	300	Increased appetite
40	Stereotypy	301	Insomnia
44	Diminished responsiveness to pain	306	Fear of "losing one's mind"
62	Diminished emotional expression	316	Angry mood
64	Stupor	321	Anxiety
69	Psychomotor retardation	322	Tension
70	Difficulty concentrating	327	Muscle pain, tension, or stiffness
72	Aggression	337	Palpitations
73	Mood lability	339	Racing heart
165	Initiates physical fights	340	Sweating
171	Craving a substance	344	Chest pain
172	Continued substance use despite interpersonal problems caused by it	345	Nausea
173	Substance use in hazardous situations	346	Abdominal pain
174	Continued substance use despite physical or psychological problems caused by it	347	Dizziness
175	Need for more of a substance to achieve desired effect	348	Chills
176	Inappropriate sexual behaviour	351	Depersonalization
177	Impaired judgement	387	Generalized muscle weakness
178	Clumsiness or incoordination	389	Tremor
179	Nystagmus	391	Slurred speech
180	Impairment in attention	392	Seizures
181	Impairment in memory	453	Substance used in larger amounts than intended
182	Coma	454	Substance used for longer than intended
183	Flushed face	456	Spending a lot of time to obtain or use a substance
184	Diuresis	457	Spending a lot of time recovering from a substance
185	Gastrointestinal disturbance	458	Diminished effect from same amount of a substance
186	Muscle twitching	459	Vomiting
187	Rambling flow of thought and speech during	460	Headache
188	Cardiac arrhythmia	461	Blood shot eyes
190	Sensation of slowed time	462	Dry mouth
191	Disturbing dreams	463	Gambles when feeling distressed
192	Fever	464	After losing money gambling, returns to get even
193	Belligerence	465	Lies to conceal extent of gambling
194	Impulsiveness	508	Paranoid ideation
195	Unpredictability	558	Substance is taken to relieve or avoid withdrawal symptoms
196	Numbness	560	Unsteady gait
197	Muscle rigidity	590	Dysphoric mood
198	Hyperacusis	591	Derealization while awake and alert
199	Ideas of reference	598	Psychomotor agitation
201	Intensification of perceptions while awake and alert	600	Hypervigilance
202	Synesthesia while awake and alert	609	Dystonias
203	Pupillary dilation	627	Needs to gamble with increasing amounts of money to achieve desired excitement
204	Blurring of vision	628	Excitement
205	Reexperiencing hallucinogen effects after cessation of use	629	Frustration
206	Apathy	630	Hypersomnia/sleepiness
208	Depressed reflexes	636	Unsuccessful efforts to cut back gambling
209	Diplopia	650	Social withdrawal
210	Pupillary constriction	659	Periods of inexhaustibility
212	Lacrimation	662	Fatigue
213	Rhinorrhea	672	Trying to cut down substance use
214	Piloerection		Illusions
215	Diarrhea		

Neurocognitive Disorders



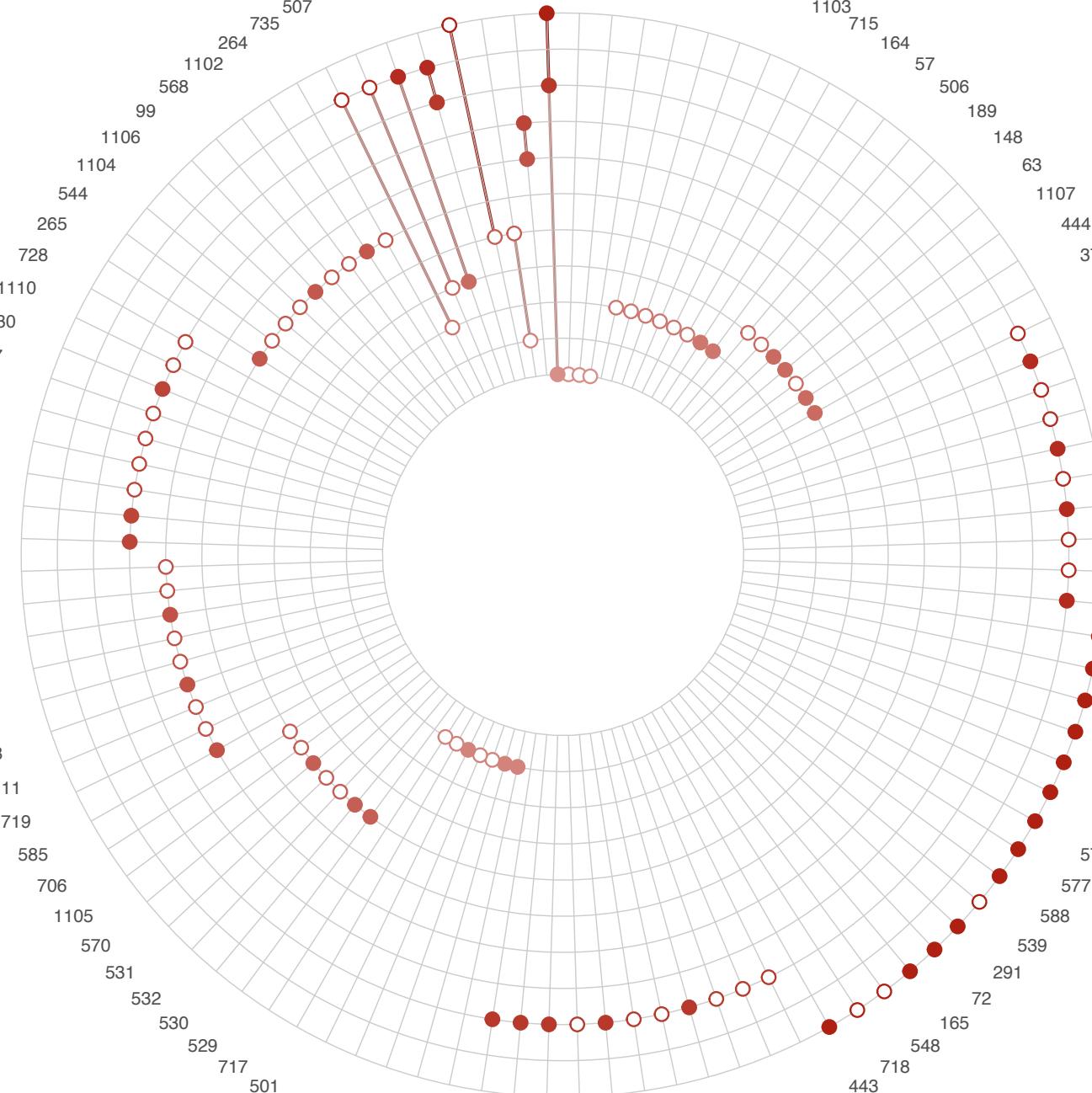
Diagnoses (from the inside ring out)

- Delirium – Hypoactive
 - Major or Mild Neurocognitive Disorder Due to Prion Disease
 - Delirium – Hyperactive
 - Major or Mild Neurocognitive Disorder With Lewy Bodies
 - Major or Mild Frontotemporal Neurocognitive Disorder – behavioral variant
 - Delirium
 - Major or Mild Neurocognitive Disorder – With behavioural disturbance
 - Major Neurocognitive Disorder
 - Mild Neurocognitive Disorder
 - The symptom does not repeat across chapters
 - The symptom repeats across chapters

Symptoms

40	Stereotypy	468	Normal tasks take longer than previously
41	Echolalia	470	More effort required to complete multistage projects
42	Perseverative behavior	471	Cannot keep track of short list of items
64	Stupor	472	Requires frequent reminders to orient to task at hand
69	Psychomotor retardation	473	Difficulty recalling recent events; relies on lists or calendars
70	Difficulty concentrating	474	Needs reminders or re-reading to keep track of characters in a movie or novel
73	Mood lability	475	Loses track of whether bills have been paid
94	Compulsive behavior	476	Does not recall names of close friends and family
99	Hoarding	477	Avoids use of specific names of acquaintances
114	Wandering	478	More confused at dusk, when shadows and lowering levels of light change perceptions
133	An inability to remain awake or asleep until the desired or conventionally acceptable sleep or wake times	479	Relies more on maps or others for directions
134	A temporally disorganized sleep-wake pattern, variable throughout or not synchronized to the 24-hour period	480	Uses notes and follows others to get to a new place
141	Repeated episodes of arousal during sleep associated with vocalization	481	Finds self lost or turned around when not concentrating on task
142	Upon awakening from episodes of arousal during sleep, the individual is completely awake and alert	482	Is less precise in parking
178	Clumsiness or incoordination	483	Behavior clearly out of acceptable social range
180	Impairment in attention	484	Focuses excessively on a topic despite group's disinterest or direct feedback
194	Impulsiveness	485	Behavioral intention without regard to family or friends
206	Apathy	487	Has little insight into social cognition changes
224	Distractibility	488	Less ability to recognize social cues
225	Unable to attend unless input is restricted and simplified	489	Less ability to read facial expressions
226	Unable to perform mental calculations	490	Refusal to cooperate with medical care
227	Difficulty in environments with multiple stimuli	491	Hyperorality
228	Difficulty with verbal communication of messages	508	Paranoid ideation
229	Often uses general-use phrases and pronouns	549	Economy of utterances
230	Noticeable word-finding difficulty	556	Spontaneity of output
231	Grammatical errors	559	Myoclonus
232	Difficulties with previously familiar activities	569	Difficulty resuming a task interrupted
233	Difficulties navigating familiar environments	575	Abandons complex projects
234	Needs to expend greater effort for spatial tasks	581	Repeats self, often within the same conversation
235	Insensitivity to social standards	583	Difficulty holding new information in mind
236	Decreased empathy	594	Delusions
237	Increased extraversion	598	Psychomotor agitation
238	Increased introversion	612	Agitation
265	Ritualized patterns of nonverbal behavior	613	Dietary changes
267	Fails to give close attention to details or makes careless mistakes	629	Frustration
276	Restlessness	630	Hypersomnia/sleepiness
280	Difficulty waiting his or her turn (eg, while waiting in line)	639	Episodes of arousal during sleep associated with complex motor behaviors
281	Interrupts others	645	Stereotypy of speech
282	Intrudes on others	651	Increased fatigue from the effort to organize, plan, and make decisions
287	Hallucinations	652	Large social gatherings are less enjoyable because of effort to follow shifting conversations
288	Confusion	668	Reduced awareness of immediate surroundings
289	Mutism	671	A pattern of delayed sleep onset and awakening times
290	Euphoria	674	Begins to find errors in routine tasks
295	Depressed mood	675	Needs to focus on one task at a time
300	Increased appetite	680	Relies on others for major areas of life
301	Insomnia	711	Decreased inhibition
321	Anxiety		
327	Muscle pain, tension, or stiffness		
389	Tremor		
423	A consistent daily drift of sleep onset and wake times		
424	A pattern of advanced sleep onset and awakening times		

Personality Disorders



Diagnoses (from the inside ring out)

- General Personality Disorder
- Histrionic Personality Disorder
- Paranoid Personality Disorder
- Schizoid Personality Disorder
- Narcissistic Personality Disorder
- Obsessive-Compulsive Personality Disorder

- Avoidant Personality Disorder
- Dependent Personality Disorder
- Borderline Personality Disorder
- Schizotypal Personality Disorder
- Antisocial Personality Disorder

- The symptom does not repeat across chapters
- The symptom repeats across chapters

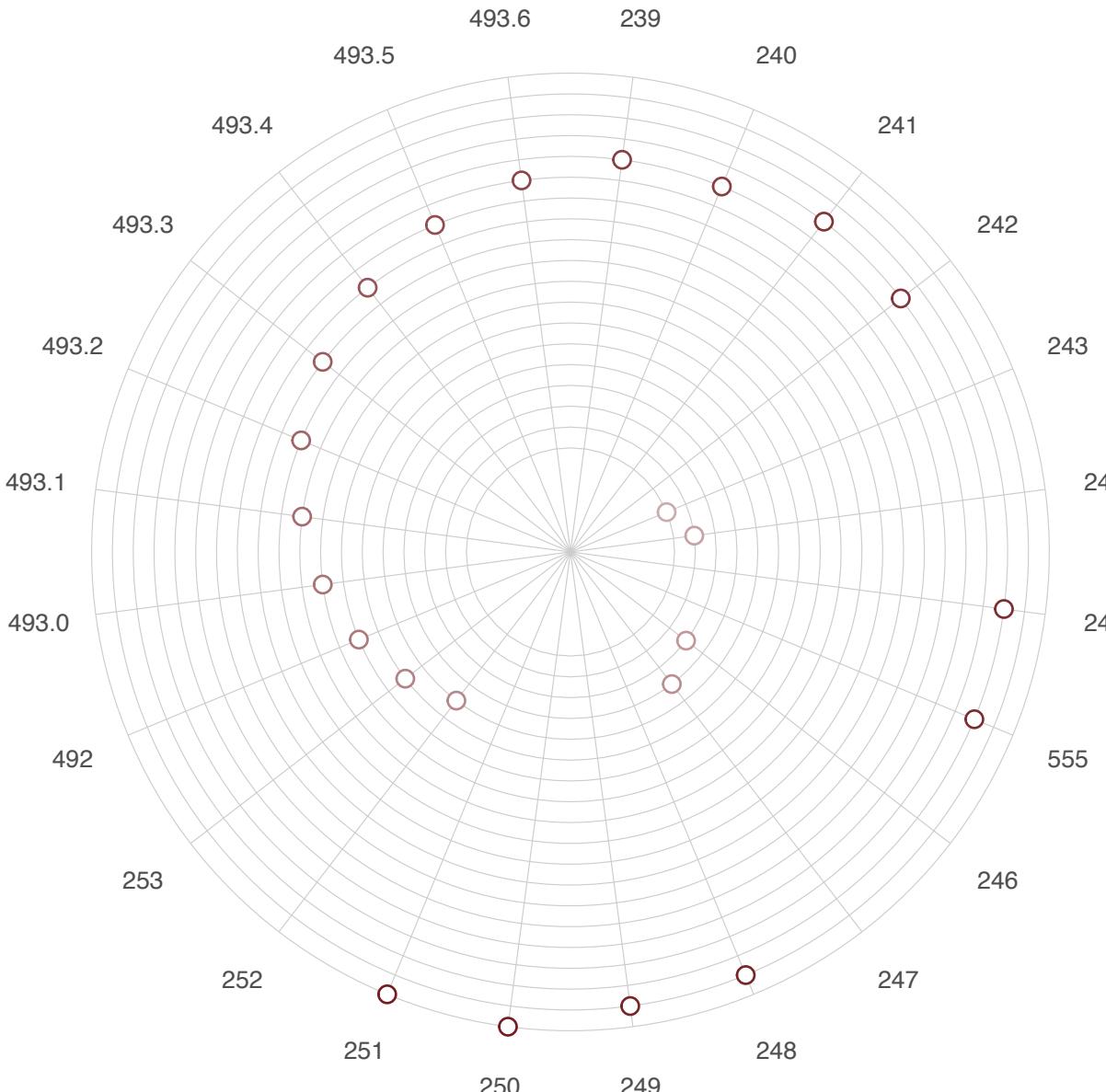
Symptoms

57	Delusion that spouse or lover is unfaithful	570	Disregards and is unconcerned about feelings of others
60	Odd speech	576	Forced someone into sexual activity
62	Diminished emotional expression	577	Fire setting with the intention of causing serious damage
63	Diminished pleasure in activities	579	Difficulty making decisions without excessive advice and reassurance
67	Expansive mood	585	Avoids social situations
72	Aggression	588	Deliberately destroyed others' property
73	Mood lability	644	Suspects, without sufficient basis, that others are exploiting, harming, or deceiving them
99	Hoarding	678	Behavioral outbursts involving damage or destruction of property
148	Reduced interest in sexual activity	680	Relies on others for major areas of life
164	Spiteful or vindictive	684	Uses physical appearance to draw attention to self
165	Initiates physical fights	695	Unusually reluctant to take personal risks
166	Stealing without confrontation of a victim	696	Unusually reluctant to engage in any new activities
176	Inappropriate sexual behaviour	706	Believes that others are envious of him or her
189	Chooses solitary activities	708	Recurrent suicidal threats
194	Impulsiveness	709	Recurrent self-mutilating behavior
199	Ideas of reference	710	Acute discomfort with, and reduced capacity for, close relationships
238	Increased introversion	714	Inappropriate affect
264	Rigidity	715	Perceives attacks on character that are not apparent to others
265	Ritualized patterns of nonverbal behavior	716	Speech that is excessively impressionistic and lacking in detail
728	Irritable mood	717	Considers relationships to be more intimate than they are
1110	Feelings of emptiness	718	Consistent irresponsibility
330	Angry mood	719	Unwilling to get involved with people unless certain of being liked
727	Views self as inferior or inadequate	720	Views self as socially inept
2000	Feels uncomfortable or helpless when alone	721	Views self as personally unappealing to others
725	Fear of or preoccupation with criticism, disapproval, or rejection, being shamed or ridiculed	722	Bizarre fantasies or preoccupations
1108	Depersonalization	725	Difficulty initiating projects or doing things on his or her own
680	Emotional detachment	727	Goes to excessive lengths to obtain nurturance and support to the point of volunteering to do things that are unpleasant
579	Persistently unstable self-image or sense of self	728	Preoccupied with fears of being left to take care of self
696	Used a weapon that can cause serious physical harm	730	Unstable and intense interpersonal relationships with alternating extremes of idealization and devaluation
695	Physically cruel to animals	735	Stubbornness
320	Stealing while confronting a victim	904	Inner experience and behavior that deviates markedly from expectations in cognition
721	Breaking into a house, building, or car	905	Inner experience and behavior that deviates markedly from expectations in affectivity
720	Lies to obtain goods or favors	906	Inner experience and behavior that deviates markedly from expectations in interpersonal functioning
238	Does not feel bad or guilty after doing something wrong	1101	Reads hidden demeaning or threatening meanings into benign remarks or events
1111	The individual is described as cold and uncaring	1102	Miserly spending style; money is viewed as something to be hoarded
719	Only expresses emotions in ways that seem superficial	1103	Persistently bears grudges
585	Frantic efforts to avoid abandonment	1104	Excessive devotion to work and productivity
706	Is suggestible	1105	Envious of others
1105	Neither desires nor enjoys close relationships, including family	1106	Overconscientious, scrupulous, and inflexible about ethics
570	A pervasive distrust and suspiciousness of others	1107	Appears indifferent to praise or criticism of others
531	Paranoid ideation	1108	Difficulty expressing disagreement because of fear of loss of approval
532	Preoccupied with unjustified doubts about the loyalty or trustworthiness of others	1110	Urgently seeks another relationship when a close relationship ends
530	Reluctant to confide in others because of fear the information will be used against them	1111	Show restraint within intimate relationships
529	Behavior or appearance that is odd, eccentric, or peculiar	1112	Lacks close friends or confidants other than first-degree relatives
717	Odd thinking	2000	Lack of self-confidence in judgment or abilities
501	Unusual perceptual experiences		
501	Odd beliefs or magical thinking that influences behavior.		
506	Uncomfortable in situations where not the center of attention		
507	Grandiosity		
508	Inflated self-esteem		
510	Sense of entitlement		
511	Believes they are "special" and can only be understood by other special or high-status people (or institutions); Arrogance		
513	Deceitfulness		
514	Failure to plan ahead		
515	Rigid perfectionism		
518	Reckless disregard for safety of self or others		
520	Suicidal behavior		
529	Social anxiety		
530	Reluctant to delegate tasks unless done exactly their way		
531			
532			

Paraphilic Disorders

Diagnoses (from the inside ring out)

- Exhibitionistic Disorder – prepubertal children
- Exhibitionistic Disorder – physically mature individuals
- Sexual Masochism Disorder
- Sexual Masochism Disorder – With asphyxiophilia
- Fetishistic Disorder
- Transvestic Disorder
- Transvestic Disorder – With fetishism
- Transvestic Disorder – With autogynephilia
- Other Specified Paraphilic Disorder – telephone scatology
- Other Specified Paraphilic Disorder – necrophilia
- Other Specified Paraphilic Disorder – zoophilia
- Other Specified Paraphilic Disorder – coprophilia
- Other Specified Paraphilic Disorder – klismaphilia
- Other Specified Paraphilic Disorder – urophilia
- Voyeuristic Disorder
- Exhibitionistic Disorder
- Frotteuristic Disorder
- Sexual Sadism Disorder
- Pedophilic Disorder



Symptoms

- 239 Sexual voyeurism
Acting on voyeuristic urges with a nonconsenting person
- 240 Sexual exhibitionism
Acting on exhibitionistic urges with a nonconsenting person
- 241 Sexually aroused by exposing genitals to prepubertal children
- 242 Sexually aroused by exposing genitals to physically mature individuals
- 243 Frotteurism
- 244 Sexual masochism
- 245 Sexual arousal related to restriction of breathing
- 246 Sexual sadism
- 247 Acting on sadistic with a nonconsenting person
- 248 Pedophilia
- 249 The individual has acted on pedophilic urges
- 250 Sexual fetishism
- 251 Sexual arousal related to cross-dressing
- 252 Sexually aroused by fabrics, materials, or garments
- 253 Sexually aroused by thoughts or images of self as female
- 254 Sexual arousal involving obscene phone calls
- 255 Sexual arousal involving corpses
- 256 Sexual arousal involving animals
- 257 Sexual arousal involving feces
- 258 Sexual arousal involving enemas
- 259 Sexual arousal involving urine
- 555 The individual has acted on frotteurism urges with a nonconsenting person

Subset of symptoms that repeat across chapters

These 156 symptoms make up 52% of all psychopathology described in the DSM-5.

Each ring represents a chapter, and the dots on the ring are distinct symptoms in that chapter that repeat in other chapters. Repeating symptoms are shown along the radii.

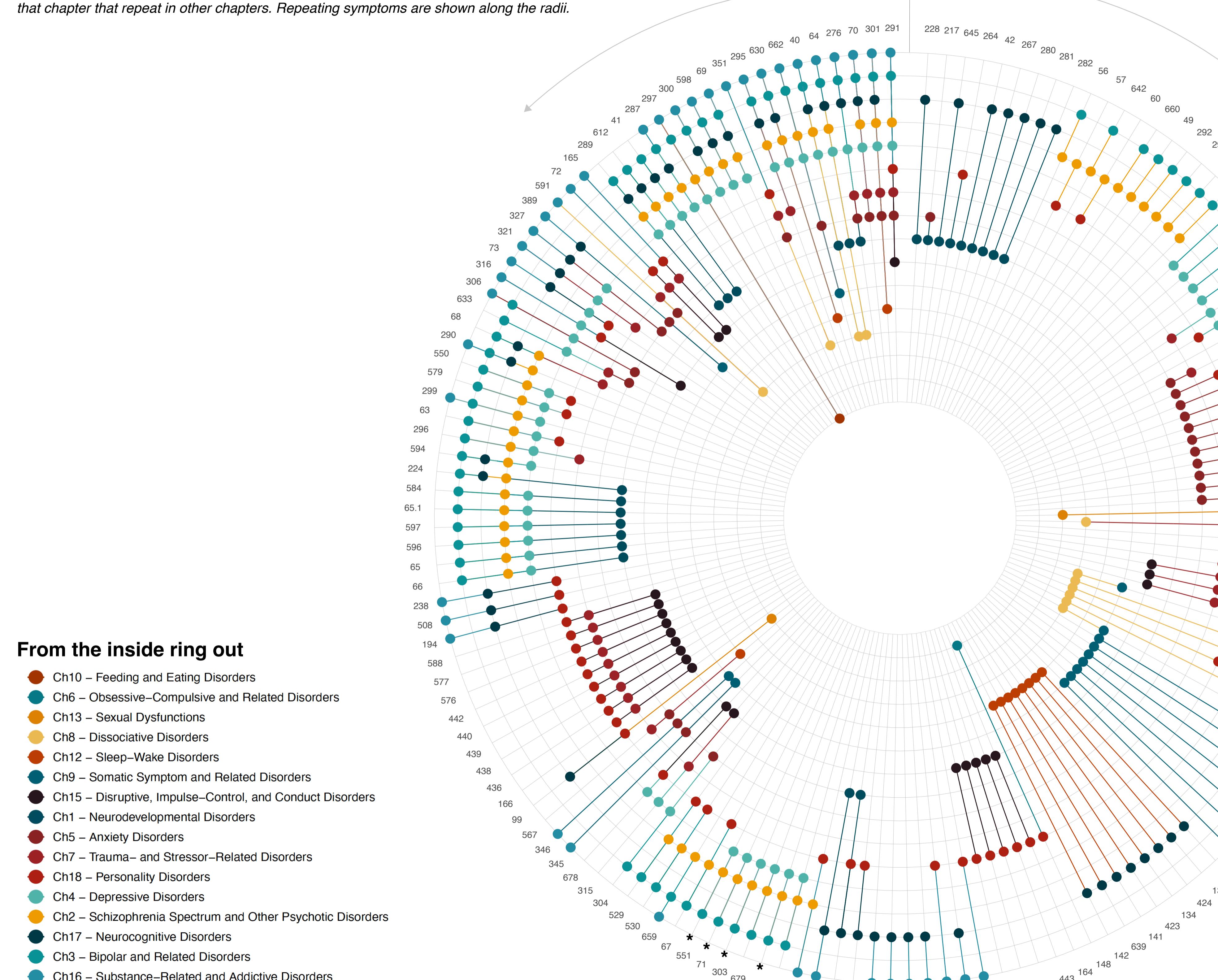
From the inside ring out

- Ch10 – Feeding and Eating Disorders
- Ch6 – Obsessive–Compulsive and Related Disorders
- Ch13 – Sexual Dysfunctions
- Ch8 – Dissociative Disorders
- Ch12 – Sleep–Wake Disorders
- Ch9 – Somatic Symptom and Related Disorders
- Ch15 – Disruptive, Impulse–Control, and Conduct Disorders
- Ch1 – Neurodevelopmental Disorders
- Ch5 – Anxiety Disorders
- Ch7 – Trauma- and Stressor–Related Disorders
- Ch18 – Personality Disorders
- Ch4 – Depressive Disorders
- Ch2 – Schizophrenia Spectrum and Other Psychotic Disorders
- Ch17 – Neurocognitive Disorders
- Ch3 – Bipolar and Related Disorders
- Ch16 – Substance–Related and Addictive Disorders

Elimination Disorders, Gender Dysphoria, and Paraphilic Disorders are not shown (none of their symptoms repeat in other chapters)

Most repetition

Least repetition

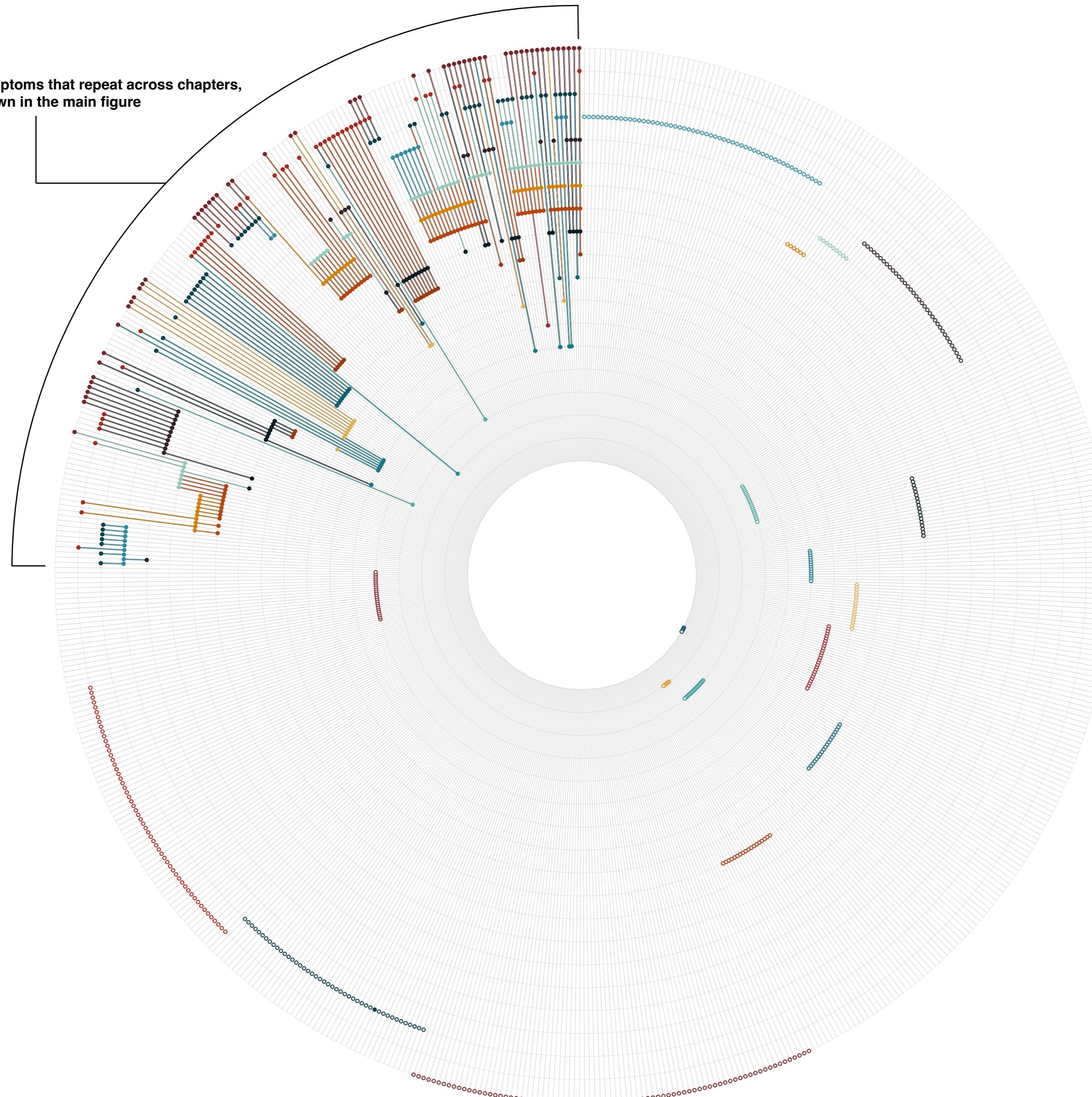


Symptoms

40	Stereotypy	291	Irritable mood
41	Echolalia	292	Pressure to keep talking
42	Perseverative behavior	293	Flight of ideas
49	More talkative than usual	294	Feeling that thoughts are racing
56	Grandiose delusions	295	Depressed mood
57	Delusion that spouse or lover is unfaithful	296	Diminished interest in activities
60	Odd speech	297	Weight loss
62	Diminished emotional expression	298	Weight gain
63	Diminished pleasure in activities	299	Decreased appetite
64	Stupor	300	Increased appetite
65	Waxy flexibility	301	Insomnia
65.1	Grimacing	302	Feelings of worthlessness
66	Catalepsy/posturing	303	Thoughts of death
67	Expansive mood	304	Feeling keyed up or tense
68	Reckless behavior	305	Fear that something awful may happen
69	Psychomotor retardation	306	Fear of "losing one's mind"
70	Difficulty concentrating	307	Mood reactivity
71	Suicidal ideation without a specific plan	314	Leaden paralysis
72	Aggression	315	Loses temper
73	Mood lability	316	Angry mood
77	Separation anxiety	319	Feelings of hopelessness
94	Compulsive behavior	320	Views self as inferior or inadequate
99	Hoarding	321	Anxiety
114	Wandering	322	Tension
133	An inability to remain awake or asleep until the desired or conventionally acceptable sleep or wake times	327	Muscle pain, tension, or stiffness
134	A temporally disorganized sleep-wake pattern, variable throughout or not synchronized to the 24-hour period	330	Feels uncomfortable or helpless when alone
141	Repeated episodes of arousal during sleep associated with vocalization	335	Fear of or preoccupation with criticism, disapproval, or rejection, being shamed or ridiculed
142	Upon awakening from episodes of arousal during sleep, the individual is completely awake and alert	337	Palpitations
148	Reduced interest in sexual activity	339	Racing heart
164	Spiteful or vindictive	340	Sweating
165	Initiates physical fights	344	Chest pain
166	Stealing without confrontation of a victim	345	Nausea
176	Inappropriate sexual behaviour	346	Abdominal pain
178	Clumsiness or incoordination	347	Dizziness
180	Impairment in attention	348	Chills
190	Sensation of slowed time	351	Depersonalization
194	Impulsiveness	376	Emotional detachment
199	Ideas of reference	387	Generalized muscle weakness
206	Apathy	388	Transient paralysis
217	Anxiety about speaking	389	Tremor
224	Distractibility	391	Slurred speech
228	Difficulty with verbal communication of messages	392	Seizures
237	Increased extraversion	423	A consistent daily drift of sleep onset and wake times
238	Increased introversion	424	A pattern of advanced sleep onset and awakening times
264	Rigidity	435	Bullies, threatens, or intimidates others
265	Ritualized patterns of nonverbal behavior	436	Used a weapon that can cause serious physical harm
267	Fails to give close attention to details or makes careless mistakes	437	Physically cruel to people
276	Restlessness	438	Physically cruel to animals
280	Difficulty waiting his or her turn (eg, while waiting in line)	439	Stealing while confronting a victim
281	Interrupts others	440	Breaking into a house, building, or car
282	Intrudes on others	441	Lies to avoid obligations
287	Hallucinations	442	Lies to obtain goods or favors
288	Confusion	443	Does not feel bad or guilty after doing something wrong
289	Mutism	444	The individual is described as cold and uncaring
290	Euphoria	447	Only expresses emotions in ways that seem superficial
460	Headache	460	Feelings of inappropriate or excessive guilt
508	Paranoid ideation	508	Relies on others for major areas of life
515	Unusual perceptual experiences	515	
529	Grandiosity	529	
530	Inflated self-esteem	530	
550	Suicidal behavior	550	
551	Specific plan for committing suicide	551	
557	Alterations in sensory-motor functioning	557	
559	Myoclonus	559	
560	Unsteady gait	560	
564	Social anxiety that does not diminish with familiarity and is associated with paranoid fears	564	
567	Dissatisfaction with sleep quantity or quality	567	
570	Disregards and is unconcerned about feelings of others	570	
573	Inability to remember an important aspect of traumatic event(s)	573	
576	Forced someone into sexual activity	576	
577	Fire setting with the intention of causing serious damage	577	
579	Difficulty making decisions without excessive advice and reassurance	579	
584	Echopraxia	584	
585	Avoids social situations	585	
588	Deliberately destroyed others' property	588	
591	Derealization while awake and alert	591	
594	Delusions	594	
596	Negativism	596	
597	Mannerism	597	
598	Psychomotor agitation	598	
600	Hypervigilance	600	
609	Dystonias	609	
612	Agitation	612	
624	Interpersonal rejection sensitivity	624	
629	Frustration	629	
630	Hypersomnia/sleepiness	630	
633	Worry	633	
639	Episodes of arousal during sleep associated with complex motor behaviors	639	
642	Persecutory delusion	642	
645	Stereotypy of speech	645	
650	Social withdrawal	650	
659	Periods of inexhaustibility	659	
660	Decreased need for sleep	660	
662	Fatigue	662	
668	Reduced awareness of immediate surroundings	668	
671	A pattern of delayed sleep onset and awakening times	671	
673	Increase in goal-directed activity	673	
678	Behavioral outbursts involving damage or destruction of property	678	
679	Feelings of inappropriate or excessive guilt	679	
680	Relies on others for major areas of life	680	

All Symptoms and Chapters

Symptoms that repeat across chapters,
shown in the main figure



From the inside ring out

- Ch11 – Elimination Disorders
- Ch14 – Gender Dysphoria
- Ch13 – Sexual Dysfunctions
- Ch6 – Obsessive–Compulsive and Related Disorders
- Ch19 – Paraphilic Disorders
- Ch8 – Dissociative Disorders
- Ch10 – Feeding and Eating Disorders
- Ch9 – Somatic Symptom and Related Disorders
- Ch12 – Sleep–Wake Disorders
- Ch15 – Disruptive, Impulse–Control, and Conduct Disorders
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- Ch1 – Neurodevelopmental Disorders
- Ch17 – Neurocognitive Disorders
- Ch18 – Personality Disorders
- Ch16 – Substance–Related and Addictive Disorders

- The symptom does not repeat across chapters
- The symptom repeats across chapters