$\alpha Show that \textbf{F}-statistics for dropping a single coefficient from a model is equal to the square of the corresponding \textbf{z}-score F = \frac{(RSS_0-RSS_1)}{RSS_1/(N-RSS_2)} \frac{\hat{\beta}_j}{\hat{\sigma}\sqrt{v_j}} where \textbf{v}_j \text{ is } j \text{th diagonal element of } (\textbf{X}^{\textbf{T}}\textbf{X})^{-1}$

$$RSS(\beta) = (\mathbf{y} - \mathbf{X}\beta)^{T}(\mathbf{y} - \mathbf{X}\beta)$$
$$\beta = (\mathbf{X}^{T}\mathbf{X})^{-1}\mathbf{X}^{T}\mathbf{y}$$
 (1)