You never know / how strong you are / until being strong is the only choice / you have.

###### day1

It is difficult to the point of impossibility for the average reader under the age of forty to imagine a time when high-quality arts criticism could be found in most big-city newspapers.

When引导的定语从句修饰a time (往前翻译)

It形式主语,真正的主语是to image...when…

to the point of 达到...程度

arts criticism 艺术评论

average 普通的，平均的

句型：

It is difficult to the point of impossibility for sb to do sth 对某人来说做某事是困难的

###### day2

Of all the changes that have taken place in English-language newspapers during the past quarter-century, perhaps the most far-reaching（change）has been the inexorable decline in the scope and seriousness of their arts coverage.

that引导的定语从句到“，”结束，修饰changes （翻译：….样的改变）

far-reaching 影响深远的，影响广泛的

inexorable 不可阻挡的 无法改变的

inexorable decline 不可阻挡的衰落

arts coverage 艺术报道

句型：

Of all the changes that have take place in 某物 during 在某个阶段， perhaps the far-reaching has been (名词词组)

某个事物在某个阶段发生的所有变化中，影响最为深远的或许就是...

###### day3

We are even farther removed from the unfocused newspaper reviews published in England between the turn of the 20th century and the eve of World War II, at a time when newsprint was dirt-cheap and stylish arts criticism was considered an ornament to the publications in which it appeared.

When引导的英语从句修饰at a time

In which介词提前的定语从句修饰publications。

Published根据意思如果是主动要看，被动不看

stylish 时髦的 时尚的

ornament 装饰物 装饰品

###### day4

court 法院法庭

patent 专利，专利权

scale back 缩减 1

controversial 有争议的 1

authorize v 授予，批准，委托 1

-ize 后缀 动词

realize 使成真的，意识到

summarize 总结，概括

recognize 认出

organize 组织

criticize 批判 批评

###### day5

dramatic adj 戏剧的，突然的，巨大的

Federal Circuit 联邦巡回法院

mutual-fund 共同基金

pool n 水塘池塘 v 聚集

house n 房子 v 储存

###### day6

judge n 法官，审判员

panel n 小组，专家组，顾问组

evaluate v 评估，评判，估价

reconsider v 重新考虑

unusual 不同寻常的

present(现在)我要把(礼物)(赠送)给(出席)(演出)的你

The Federal Circuit issued an unusual order /stating that the case would be heard/by all 12 of the court's judges, rather than a typical panel of three(插入语补充说明导致句子断裂),/and that one issue **it wants to evaluate（定语从句）** is whether it should “reconsider" its State Street Bank ruling/.

找出句子的平行结构，断裂结构，嵌套结构

Stating 非谓语动词 修饰order

And引导两个平行并列结构 两个宾语从句

one issue it wants to evaluate is （主主谓谓）

联邦巡回法院发表了一个不同寻常的指令，这个指令声明法案将通过12个人的法院审判官听审，而不是一个特殊的三人小组，并且他们想要评估是否应该重新考虑对道富银行的判决。

###### Day7

In his book The Tipping Point, Malcolm Gladwell argues that /"social epidemics” are driven/ in large part/ by the actions of a tiny minority of special individuals/, often called influential, /who are unusually informed, persuasive, or well connected

断开意思群（几个单词组合表达同一个意思）

Who 引导的定语从句 that引导的宾语从句

Of表示属性a of b 翻译成b的a，a of b of c 翻译成c的b的a

By用法补充：

epidemics n 流行病，流行的趋势

minority 少数，少数人

individuals n 个人 个体

Influential adj 有影响力的 n 有影响的人

Informed adj 见多识广的

persuasive 有说服力的

well connected 人脉很广的

语法随手练：

By的用法：

1. 表示通过…方式/方法，后面可以接交通方式或者其他名词，也可以加doing

2. 被动语态+by+动作的发出者，强调被谁做

3. 在旁边

4. by+时间 表示截止…时间

5. 表示相差的额度，差额

###### day8

for的用法：

1. 作介词，接词或者词组，表示为了
2. 做介词，接表示时间的词或者词组，表示持续了…时间
3. 做连词，接句子，表示因为

动词的过去分词表被动，引申为形容词

affected 受到影响的

surprised 惊奇的，惊讶的

used 用过的，旧的，二手的

tired 疲倦的，厌倦的，不耐烦的

accustomed 习惯的，适应的

complicated 错综复杂的，麻烦的，难解的

acquaintance n 熟人，了解

in turn 反过来

have little to do with 与…关系不大

have nothing to do with 与…有关 have something to do with 与….有关

For a social epidemic to occur, however, each person so affected must then influence his or her own acquaintances,/ who must in turn influence theirs, and so on; /and just how （主语从句）many others pay attention to each of these people/ has little to do with the initial influential/.

方法： 标点，连接词，谓语动词断开

但是，一种社会流行趋势的发生，每一个受影响的人必须影响他自己身边的熟人，这才熟人反过来再去影响他自己的熟人，依次向下。其他的到底有多少人注意到跟最初的影响力的人没有什么关系

语法：三种表示过去的时态1. did一般过去 2. had done过去完成(动作发生在过去的之前动作发生在过去的之前) 3. would do 过去将来

区别现在完成时has/have done 表示的是过去的动作对现在的影响，一般是现在时的范畴

###### Day9

peculiar (奇怪的)/weird/odd peculiar to(…所特有的,….所专属的)

particularly(特别、尤其)=such that

specific/concrete明确的，具体的

principal adj 最重要的，主要的 n 负责人，资本，本金，委托人

principle n 原则，原理，主义，信念

cascade 瀑布，倾泻;流注;大量落下;大量垂悬

widespread 分布广的;普遍的;广泛的

propagation 传播;扩展;宣传;培养

acritical 不危险的;无危象的;无极期的;不危急的;不批评的

They found that the principal requirement for what is called "global cascades"/--the widespread propagation of influence through networks/--is the presence not of a few influentials but, rather, of acritical mass of easily influenced people

###### Day 10

The IASB says /it does not want to act without overall planning, (主谓、主谓结构) / but the pressure to fold when it completes its reconstruction of rules later this year /is strong.

When引导的时间状语从句在主句中做插入语。可以移动到主要前或者后进行翻译：当他完成准则的重建的时候，屈服的压力是大的

overall planning 整体的规划

the pressure to fold屈服的压力

reconstruction 重建

###### day11

The longest bull run in a century of art-market history ended on a dramatic note with a sale of 56 works by Damien Hirst, Beautiful Inside My Head Forever, at Sotheby's in London on September 15th 2008

在2008年9月15日在伦敦苏富比拍卖行举行的“在我脑海美丽永恒”的主题拍卖会上，随着Damien Hirst卖出56件作品，一个世纪以来，在艺术市场历史中最长的牛市以一种戏剧的方式结束了。

Sth. ended on a dramatic note 某事戏剧性的结束了

bull n.公牛 bull market 牛市

run n.状态，态势,一段时间

bull run 牛市态势

on a dramatic note 以一种戏剧的方式

###### day12

But the market generates interest far beyond its size / because it brings together great wealth, enormous egos, greed, passion and controversy /in a way matched by few(表否定) other industries

但是这个市场产生的利益远远超过它本身的规模，因为他一起带来了好的财富，膨胀的自我、贪婪、激情和争论以一种其他行业无法比拟的方式汇聚在一起。

matched 作为非谓语动词修饰前面的way

generate 形成，产生 generation n.产生，发生 generative adj.有生产力的，能生产的

greed 贪婪 贪心

ego 自我自负

interest 利益，利息，兴趣，爱好

controversy 争论，争议 controversial adj.有争议的

beyond 超过，越过

passion 热情 passionate adj.狂热的，热诚的

###### day13

Almost everyone who was interviewed for this special report said /that the biggest problem at the moment is not a lack of demand but a lack of good work to sell.

几乎每一个接受此次特别报道的人都说，在此刻最大的问题不是需求不足而是缺少好的作品去卖

Interview 面试，采访

at the moment 在此刻

a lack of 缺少

###### day14

This episode crystallizes the irony/ that (although American men tend to talk more than women in public situations), they often talk less at home.

that引导的同位语从句，Although 引导的让步状语从句

这个情节使讽刺具体化，尽管美国男人在公共场合下比女人说的更多，但是他们在家说话很少。

同位语 that+从句 如果that不缺成分，that引导的就是同位语从句，解释抽象名词irony

episode 一段情节，一集

irony 讽刺

crystallize 使…具体化，使…结晶

tend to do 倾向于做某事

###### day15

In short, the image that best represents the current crisis is the stereotypical cartoon scene（of a man sitting at the breakfast table）（with a newspaper held up in front of his face）, while a woman glares at the back of it, wanting to talk

简言之，最能代表当前危机的形象是这个的漫画情景：一个男人坐在早餐桌子，用报纸挡在脸前，同时一个女人怒视报纸背面，想要跟他谈话

represent v 表现,代表

representation n 表现，描述

representative adj 有代表性的，典型的

crisis 危机关头，危机

cartoon 动画片，漫画

current crisis 目前危机

stereotypical 典型的，老套的，刻板的

###### day16

The companies that Dr. Curtis turned to—Procter & Gamble, Colgate-Palmolive and Unilever—had invested hundreds of millions of dollars finding the subtle cues in consumers 'lives that corporations could use to introduce new routines

如果从句前存在介词短语，介词短语前有名词，要代入去看下从句修饰的是介词短语还是介词短语前的名词

that 修饰the companies 定语从句

that修饰 subtle cues

turn to 求助于，转向

subtle 微妙的，不易察觉的，不明显的

routine n 惯例

corporation 公司,法人

cue 暗示，提示，线索

daily routine 日常惯例

Curtis博士求助的公司有宝洁，高露洁和联合利华，这些公司曾投资几亿美元用于发现消费者生活的微妙暗示，并利用它们引入新惯例.

We could use some other ways to introduce new routines

###### Day17

jury system  陪审团制度

serve on a jury  担任陪审员

juror n 陪审员

concrete 具体的，有形的 concrete expression 具体描述

crucial adj 决定性的，重要的

democratic 民主的 democracy  民主国家

principle 原则，准则，规范，原理

race 种族

minimal 极小的 最小的

meet 满足，达到要求（一次多义）

minimize v最小化；使减到最少

minimum adj 最低的；最小的

qualification 资历，学历，资格

literacy 读写能力

competent 足以胜任的 incompetent 无能力的，不能胜任的

random 随机的，随意的 randomly adv 随机的，随意的

defendant n被告

entitle v 符合资格，使享有权利

be entitled to do有资格做某事

trial n 审讯，审判

peer n 同等的人

verdict n 裁定，判决

conscience n 良心，良知 the conscience of community 社会良知

the letter of the law 法律条文

Many Americans regard the jury system as a concrete expression of crucial democratic values, including the principles （that all citizens who meet minimal qualifications of age and literacy ）are equally competent to serve on juries;/ that jurors should be selected randomly from are presentative cross section of the community; /that no citizen should be denied the right to serve on a jury on account of race, religion, sex, or national origin; /that defendants are entitled to trial by their peers;/and that verdicts should represent the conscience of the community and not just the letter of the law.

平行结构，词性相同形式一致，并列连词进行连接，多个可以省略。同位语从句解释principle。

许多美国人把陪审团制度作为重要的民主价值的具体体现，包括(以下)原则: 所有符合最低年龄~~的资历~~和~~(读写)~~文化能力的公民都具备同等资格担任陪审员；陪审员应该从社区各部门的代表中随机的被挑选；~~由于种族，宗教，性别或者民族出身，没有公民应该被否认这个方法去 担任陪审员~~任何公民不得由于种族，宗教，性别或者民族出身被剥夺担任陪审员的权利；被告应该有资格被同等地位的人进行审判，裁决应该代表社会的良知而不仅是法律条文

Day18

Although the Supreme Court(最高法院) of the United States had prohibited intentional racial discrimination in jury selection as early as the 1880 case of Strauder v. West Virginia, /the practice of selecting so-called elite or blue-ribbon juries provided a convenient way around this and other antidiscrimination laws.

尽管美国的最高法院早在1880年Strauder控诉xxx的案件中已经禁止在陪审员选择方面蓄意种族歧视，但是选择所谓的精英或者蓝丝带的陪审员的这种惯例提供了一种便捷的方式能够绕开反歧视及其他反歧视法。

找句子核心 让步状语从句明让步暗转折

prohibit v.禁止；阻止

practice 练习 惯例 常规

elite 精英

discrimination 歧视 racial discrimination种族歧视 antidiscrimination 反歧视

###### day19

The decision of the New York Philharmonic to hire Alan Gilbert as its next music director has been the talk of the classical-music world ever since the sudden announcement of his appointment in 2009.

纽约爱乐乐团决定雇佣xxx作为下一任音乐总监，这项任命自2009年突然宣布起就是古典音乐世界讨论的话题

announcement n 宣布，通告，布告；预知

appointment 委派，任命，约会，约定

ever since 自从，打…之前

###### day20

Devoted concertgoers who reply that recordings are no substitute for live performance are missing the point

那些回应“录音不能作为现场表演的替代品”的音乐会忠实观众没有抓住要点

Devoted 热诚的，热衷的；专心的；献身的；

concertgoer 音乐会听众，观众

recording 录音，录像

substitute n.替代，代替，替代品 v.代替

###### day21

For the time, attention, and money of the art-loving public, classical instrumentalists must compete not only with opera houses, dance troupes, theater companies, and museums, but also with the recorded performances of the great classical musicians of the 20th century

为了获得热爱艺术的公众的时间，关注和钱，古典的音乐演奏家不但要与歌剧院，舞团，剧团和博物馆竞争，同时也要和20世纪的伟大的古典的音乐家的被记录的表演竞争

三个平行并列结构

compete…with.与…比赛

classical instrumentalist古典音乐演奏家

###### day22

The financial crisis has made (that) it more acceptable to be between jobs or to leave a bad one.

acceptable 可以接受的

it形式宾语，to do平行并列做宾语

金融危机使失业和辞去工作更容易接受

###### Day23

The way consumers now approach the process of making purchase decisions means that marketing's impact stems from a broad range of factors beyond conventional paid media

that引导的动宾宾语从句

主主谓谓:从句为中间的；主谓主谓:从句为后面的一主一谓

N+从句 中间没有连接词百分之一百是定语从句 修饰先行词the way

消费者现在着手处理做出购买决定的方式意味着，市场营销的影响来源于超越传统付费媒介的众多因素。

consumer消费者，顾客，用户

purchase n/v.购买

approach 着手处理；接近，靠近

stems from 来源于，来自于

conventional 传统的，常规的，普通的

###### day24 思考：嵌套结构？

We define such sold media as owned media whose traffic is so strong that other organizations place their content or e-commerce engines within that environment.

whose引导的定语从句修饰media嵌套了so…that引导的结果状语从句

define…as 把…定义为

sold media 出售的媒体 owned自由的 动词变过去分词翻译为被动

traffic n 流量交通

place v.放在地点 n.地点

e-commerce engines 电子商务引擎

我们把这样的出售的媒体定义为流量如此强大，以至于其他的组织也将他们的内容或者电子商务引擎放置他的网络环境中的自有媒体

###### Day25 主语的核心

Toyota Motor, for example, alleviated some of the damage from its recall crisis earlier this year with a relatively quick and well-orchestrated social-media response campaign, which included efforts to engage with consumers directly on sites such as Twitter and the social-news site Digg

alleviate v.减轻,缓和，缓解

campaign n 活动，竞选活动

engage with sb 与…接洽，与…交流

well-orchestrated adj.精心策划的 （adv+动词的过去分词=形容词）

some of the damage （伤害的一些，部分伤害）和 some damage（一些伤害）

which引导的非限定定语从句做补充说明，不用往前翻译，直接跟着句子翻译

例如，丰田汽车公司缓和了今年早些时候的召回危机所造成的部分伤害，用一种相对快的和精心策划的社会媒体响应的活动，这个活动包括了努力在推特和社会新闻网站上直接与消费者进行交流。

###### Day26 嵌套结构

Even though the day-to-day experience of raising kids can be soul-crushingly hard, Senior writes that" the very things that in the moment dampen our moods can later be sources of intense gratification and delight."

Even though引导的让步状语从句，that引导的宾语从句嵌套that引导的定语从句修饰things

soul-crushingly 摧残灵魂般的

in the moment 在此刻

intense adj.强烈的，极度的，非常的

dampen v.弄湿；抑制，控制 dampen one’s moods 使某人心情沮丧

gratification n.满足

delight n.快乐，高兴

sources 来源

very adj. 正是的，恰好的，同一的 adv.非常，十分

尽管日复一日养育孩子的经验是摧残灵魂般的辛苦，Senior写到：“恰恰是当下使你沮丧的这些事情在以后将是你极度的快乐和满足的来源”

###### Day27 句子如何断开,断成几个

Unhappy parents rarely are provoked to wonder if they shouldn't have had kids/, but unhappy childless folks are bothered with the message /that children are the single most important thing in the world/: obviously their misery must be a direct result of the gaping baby-size holes in their lives.

If表示是否（替换whether），引导宾语从句在及物动词wonder后；that引导同位语从句

不幸福的父母极少被激起“是否不应该有孩子”的思考，但是不幸福的没有子女的人被“在世界上唯一的最重要的事情是孩子”这件事所困扰，显然得他们的痛苦一定是在他们的生活中那些豁开的、孩子大小的窟窿所带来的直接结果

provoke 激怒，惹怒，刺激，煽动 wonder=want to know 想知道 be bothered with 被…困扰misery n.悲惨 gape v 裂开，张开 gaping adj.裂开的，豁开的 folk n.人们

###### day28 嵌套结构

They found that after a surprise departure, the probability that the company will subsequently have to restate earnings increases by nearly 20%.

departure 离开，起程，出发；背离，违反 depart v.离开

subsequently adv.随后的，接着的 subsequent adj.随后的,接着的 consequently adv.所以的

restate v.重新申报，申报

that引导的同位语从句；that引导的同位语从句

突然的辞职后，他们发现公司随后需要重新申报盈利的可行性增长了接近20%。

###### Day29 断开句子，共几件事 7句

But the researchers believe that outside directors have an easier time of avoiding a blow to their reputations if they leave a firm before bad news breaks, / even if a review of history shows they were on the board at the time any wrongdoing occurred.

第二句话找谓语动词就能理清楚分为几个句子；主谓主谓结构；they… the board为从句

但是研究员认为，如果外部董事们在坏消息爆发之前离开了公司，那么他们会更容易避免声誉受损，即使历史记录显示他们在董事会上同时错误已经发生。

reputation n.名声，声誉 board n.平板，甲板，板子;董事会；

be on the board 在董事会上，在甲板上

a blow to reputations 对声誉的打击 blow 吹，打击

a review of history 历史回顾

wrongdoing n.错事，坏事

###### day30 两个从句分别结束于哪里？开始在连接词，结束于谓语动词，标点，下一个连接词前

The whirlwind that swept through newsrooms harmed everybody, but much of the damage has been concentrated in areas where newspapers are least distinctive.

whirlwind 旋风

distinctive 与众不同的,有特色的

sweep 扫，刮

that引导的定语从句 where定从修饰areas

扫过新闻编辑部的旋风伤害了每一个人，但是大多数的伤害都集中在最缺乏特色的部门。

###### Day31 句子核心

We tend to think of the decades immediately following World War II （非谓语词组修饰decades）as a time of prosperity and growth, with soldiers r**eturning home by the millions**, **going off to college on the G. I. Bill** and **lining up at the marriage bureaus**.

我们往往将紧跟着第二次世界大战这几十年认为是一个繁荣和增长的时代，伴随着数以百万计的士兵回家，他们在《退伍军人权利法案》的帮助下去上大学，在婚姻登记处登记结婚。

with+n+非谓语动词 独立主格

line up 排队

prosperity 繁荣

tend to do 倾向于做某事，往往…

think of A as B 把A认作为B

bill 法案，账单，钞票

bureaus 局，处 marriage bureaus 婚姻登记处

day32 who从句中的谓语动词

The phrase ”less is more” was actually first popularized by a German, the architect Ludwig Mies van der Rohe, who like other people associated with the Bauhaus, a school of design, emigrated to the United States before World War II and took up posts at American architecture schools.

who修饰German