

Sports Analytics

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Introduction

Context: Lab 3 covers motion sensors used in Sport Analytics. Sport is a huge industry, since it provides entertainment and excitement to people of all ages. By analyzing the field, it will give us an insight that allows us to view various components such as the players, business, recruitment, and performance. In this lab we will explore some levels of sport analysis by playing a few games of cornhole. We will collect the data using a high and a low fidelity system.

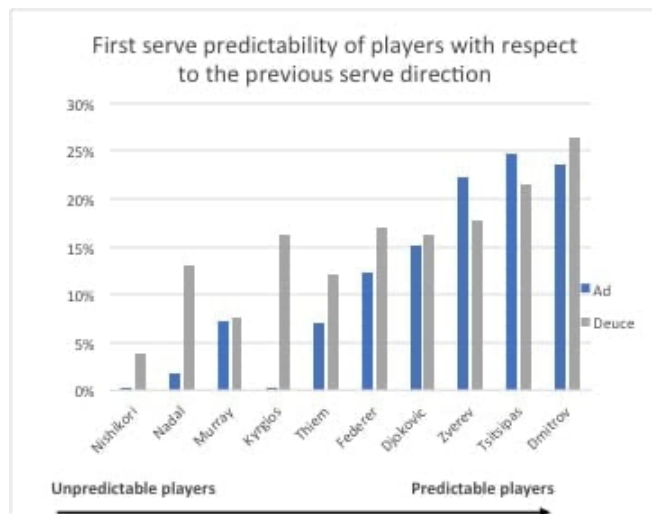
High Fidelity System: Vicon

Vicon is a company that specialized in motion sensors and the world's first choice for motion seniors for 35 years

Low Fidelity System: iPhone

We will capture the data by having a sheet of graph paper in the background and record it in slow motion with an iPhone

As stated, we can use sport analytics to analyze different components in the field. By collecting past data, we can use that to predict the opponent's next move, by analyzing how they play. We can also inform the player of a different strategy on how to play to ensure a victory. We can also use that to view the outcome of a future match by comparing how two players might compete against each other by looking at their records.



This graph (figure 2) shows a prediction of whether the players would serve left or right. This is helpful depending on who is looking at it. It can give the opponent an advantage since they would know what to expect or it will allow the players to be self-aware of their pattern and switch it up [2]

In this lab we will focus on the performance of the user. We will see how accurate the players are with the cornhole challenge and how they can improve

Figure 1: prediction serves of tennis players

Objectives:

Terminal Objectives:

- Determine optimal
 - o Throwing motion
 - o Throwing velocity
- Provide feedbacks to players

Performance Objective:




- Maximizing accuracy by finding the ideal projectile motion

Enabling Objective:

Experiments:

1. High Fidelity System, Vicon
 - a. Characterize the players performance accuracy
 - b. Develop a model for each player based on projectile motion and validate using Vicon data
 - c. Develop suggestions for improving the accuracy for the player and the group
2. Low Fidelity System, iPhone
 - a. Estimate the projection motion model parameters and compare with Vicon data

In this lab I was able to find the ideal angles according to the players' throws, which would help them aim more accurately. By knowing the projectile launch of the bean bag, we can then use that to predict the ideal angle for the Y and Z of the player's wrist, elbow, and shoulder. To determine that we will need to understand more about the body.

Time point	Stride foot contact		Maximal shoulder external rotation		Ball release	
						
Phase	Arm cocking				Acceleration	Deceleration
Kinematics	Rapid upper torso rotation causes the arm to lag behind the upper torso and force the throwing shoulder into horizontal abduction		Forearm lag behind the arm and force the shoulder into external rotation (170-190°)		Rapid shoulder internal rotation (6000-7000°) and elbow extension	Deceleration of shoulder rotation
Kinetics*	Shoulder anterior force	Shoulder horizontal abduction moment	Shoulder external rotation moment	Elbow valgus moment	Shoulder and elbow joint distraction forces	Shoulder distraction force; Horizontal adduction moment
Tissue (stress)	Anterior capsule/ligament (tension)	Posterior rotator cuff and labrum (compression)	Superior labrum (tension/shear); Posterior rotator cuff and labrum (compression)	Flexor-pronator mass, ulnar nerve, UCL (tension); Radial head (compressive); Olecranon (shear)	Biceps tendon, rotator cuff, joint capsule, UCL, flexor-pronator mass, joint capsule, ligament (tension)	Biceps tendon, superior labrum, posterior rotator cuff, joint capsule (tension); Biceps tendon and rotator cuff (compression)
Injury	Anterior instability	Posterior impingement	SLAP lesion, posterior and subacromial impingement, growth plate injury	UCL sprain, medial epicondylitis, ulnar neuritis, stress fracture, osteochondral defect	Biceps tendonitis, rotator cuff strain, sprain, medial epicondylitis, UCL sprain	Biceps tendonitis, SLAP lesion, rotator cuff strain, subacromial impingement

Abbreviations: SLAP= superior labrum anterior-posterior; UCL= ulnar collateral ligament.

* External forces and moments applied at the joint by distal segment to proximal segment.

This diagram (figure 2) shows that the power comes from shoulder and elbow

And the wrist is the projection angle of when the ball was last in contact.

Figure 2: throwing motions of shoulder and elbow [3]

Procedures

In these experiments we will be using two different systems and provide insights that would help the players achieve a higher accuracy.

A game of cornhole would be one of the easiest games to collect data, since there is only one goal, and it is stationary. It also only involves one arm to play. The rule is also simple, stand behind the foul line and throw.

Procedures:

1. High Fidelity System, Vicon
 - a. Start the program, activate the sensors, and make sure it is picking up the signals
 - i. Wave a stick with red lights, which would allow the camera to detect and calibrate
 - b. Attach the sensors to your body (refer to [Figure 3](#))
 - i. One on each shoulder
 - ii. Two on wrist, one on the center of the back hand
 - iii. Two on the elbow that you will be throwing with
 - c. Throw the bean bag
 - d. Repeat 2-3 times for each player
 - e. Collect data, upload to excel
2. Low Fidelity System, iPhone
 - a. Set up the graph paper
 - i. Trace over or put dots on each square if it's not visible on the camera
 - b. Position camera to where the player will be located
 - c. Record
 - d. Crop video if too long and keep only the part necessary

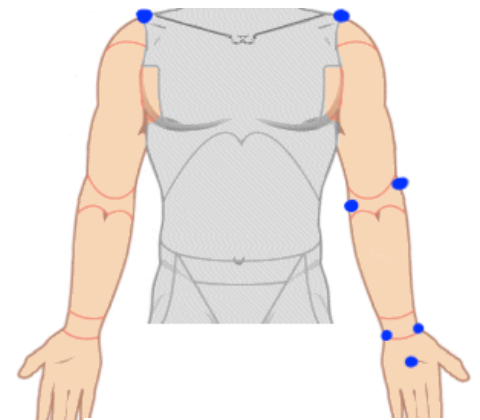
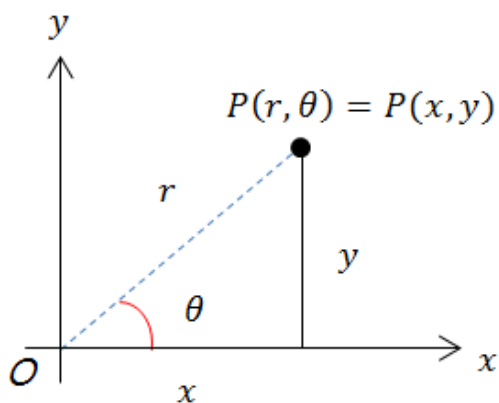


Figure 3: location of markers [1]

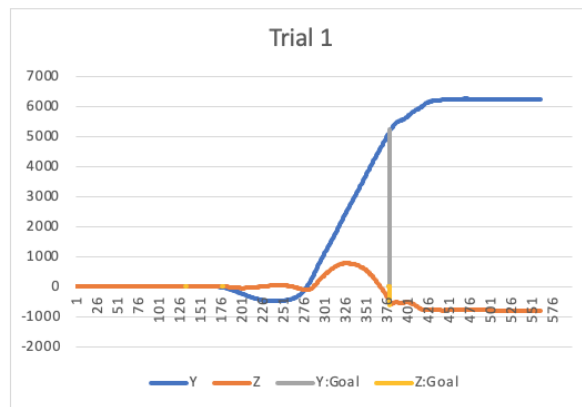
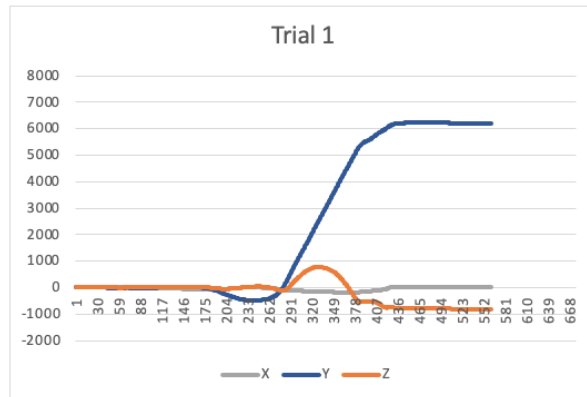


We will find the angle and then use that to find r , r will tell us the path of the beanbag when in the air.

After doing so we will have to find the velocity and the position in y axis.

Results

Participant 1, Test 1



	Y launch	Z launch	
282	-0.58	-26.212	326
	41.46	0.519	
	85.92	31.014	
	132.73	63.778	
Angle	88.6183	27.4293	
Goal	5216.14	-630.223	601
	y	z	
x	319	275	
y	6214	-768	
r	6222.18266	815.75057	

This is the data for Player 1, The graph shows the locations of the beanbag in X, Y and Z.

The beanbag is in relation to the hip.

Ex: If Z is 10mm, that means it is 10mm above the hip.

X: Horizontal (left and right)

Y: Forward

Z: Height (up and down)

For the seconds graph, I removed the X axis since it is just a straight line and doesn't provide much data because we aren't stepping left and right.

I also added in where the goal would be located.

The goal's location is Y: 5216.14 mm, Z: -630.223mm

The goal is in relation to where the bean bag was. So, in this case, the beanbag was close to the goal's location.

I found the angle of Y and Z by going through the data to find when it was thrown. So, for Y it was launch from 0 to 41.46 at 282

The angle for that is arc tan (41.46) which gives me 88 degrees

The goal is at position 601, it isn't the real position, but it is where the data was closest to the goal.

So, the x axis for Y would be $601 - 282 = 319$

The Y axis for Y is 6214 because that's where it landed. So, r is Sqrt of $(x^2 + y^2)$.

The r tells us the hypotenuse of the shape.

In this case, we got 6222 and - 815 which means went farther from the goal and in term of z it didn't

land on the goal.

To provide feedback to the users, we will have to determine the velocity.

We can find Velocity as distance over time. I couldn't figure out how long it took, so I did $319/.01$, which gave me 31900.

I made an excel that will provide a graph and we can change it based on the angle and Velocity

The data are listed down below:

Angle: (insert degree)

Vo: D/t mm/s

Vo_x: Vo * cos(degree) mm/s

Vo_y: Vo * sin(degree) mm/s

g: -9806.65 mm /s^2

We can find X and Y of the graph by

X: Vo_x * t

Y: Vo_y * t - .5gt^2

In this case, x doesn't matter as much since we aren't too sure about the time and just need the y axis to give us the height of Y.

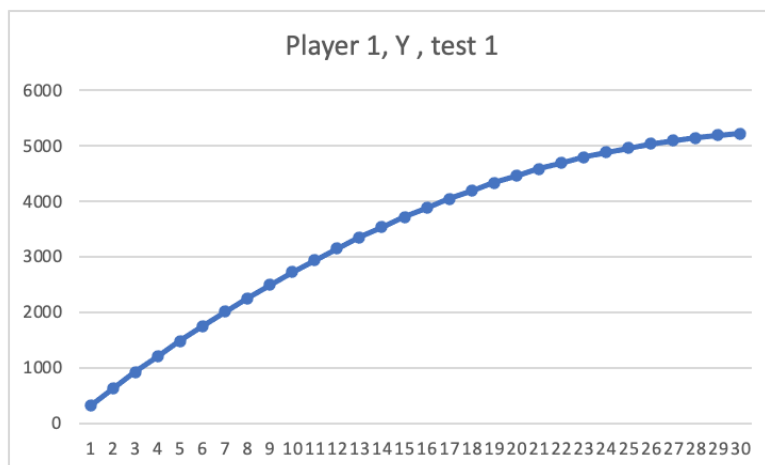
So, if we enter

Angle: 88.613

Vo: 31900

We get the following graph

This is in a span of 3 seconds at, it reaches 5154, which is close to the goal.



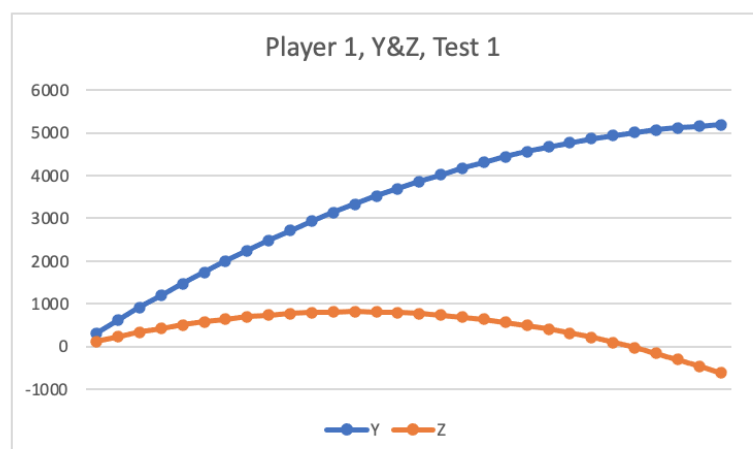
If we change the angle to 80 degree and at a speed of 32602 mm/s, then we will reach 5219 which is closer to the goal of 5216

Now that we have a better understanding of the graph, it is time to figure out the ideal angle and velocity of Y and Z. We can't exactly just change one speed, so I took the avg of both.

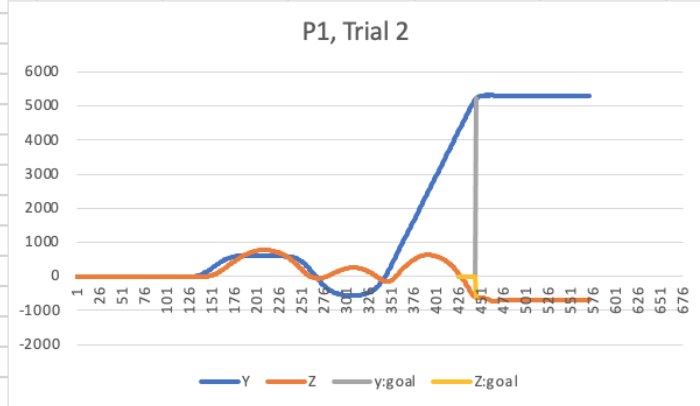
After trial and error, I got
V= 33300 mm/s

Y: 74 Degree 5190 mm/s
Z: 22.34 Degree -615 mm/s

And this is the graph.



Participant 1, Test 2



The launch angle of Z was too high (78 degrees) it is on par with Y. So, I went to one of the parabolas and took the reading. Which is .245 and it gave me a degree of 13.766

$$V = (3550 + 319) / 2 / .02 = 33450$$

After plotting this we see that at 3 seconds it gives a value of
Y: 5619
Z: -2024

Which is way off, assume that it still took 3 seconds,

We can do trial and error again and see that even though the speed changed, the angle is similar to the previous test

brought iut back and then launch

	Y	Z	
	-0.13	-25.483	
327	45.14	4.786	358
	92.07	36.455	
	140.51	67.602	

Angle 88.730917 78.198251

Goal 5216.14 -630.223

y z

x 350 319

y 5303 -715

r 5314.5375 782.93422

	Y	Z
5	316.639037	120.403405
1	623.472075	231.001811
7	920.499112	331.795216
2	1207.72015	422.783622
3	1485.13519	503.967027
3	1752.74422	575.345433
9	2010.54726	636.918838
4	2258.5443	688.687244
5	2496.73534	730.650649
5	2725.12037	762.809055
5	2943.69941	785.16246
5	3152.47245	797.710866
4	3351.43948	800.454271
4	3540.60052	793.392677
3	3719.95556	776.526082
3	3889.5046	749.854488
2	4049.24763	713.377893
2	4199.18467	667.096299
1	4339.31571	611.009704
1	4469.64075	545.11811
1	4590.15978	469.421515
3	4700.87282	383.919921
3	4801.77986	288.613326
4	4892.88089	183.501732
4	4974.17593	68.5851374
5	5045.66497	-56.136457
5	5107.34801	-190.66305
5	5159.22504	-334.99465
5	5201.29608	-489.13124
5	5233.56112	-653.07284

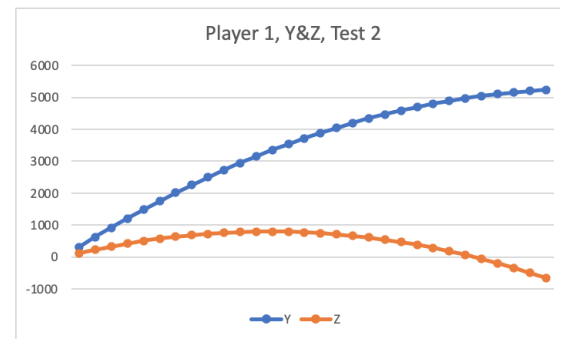
V: 33450 mm/s

Y: 74 deg

Z: 22 deg

5233 m/s

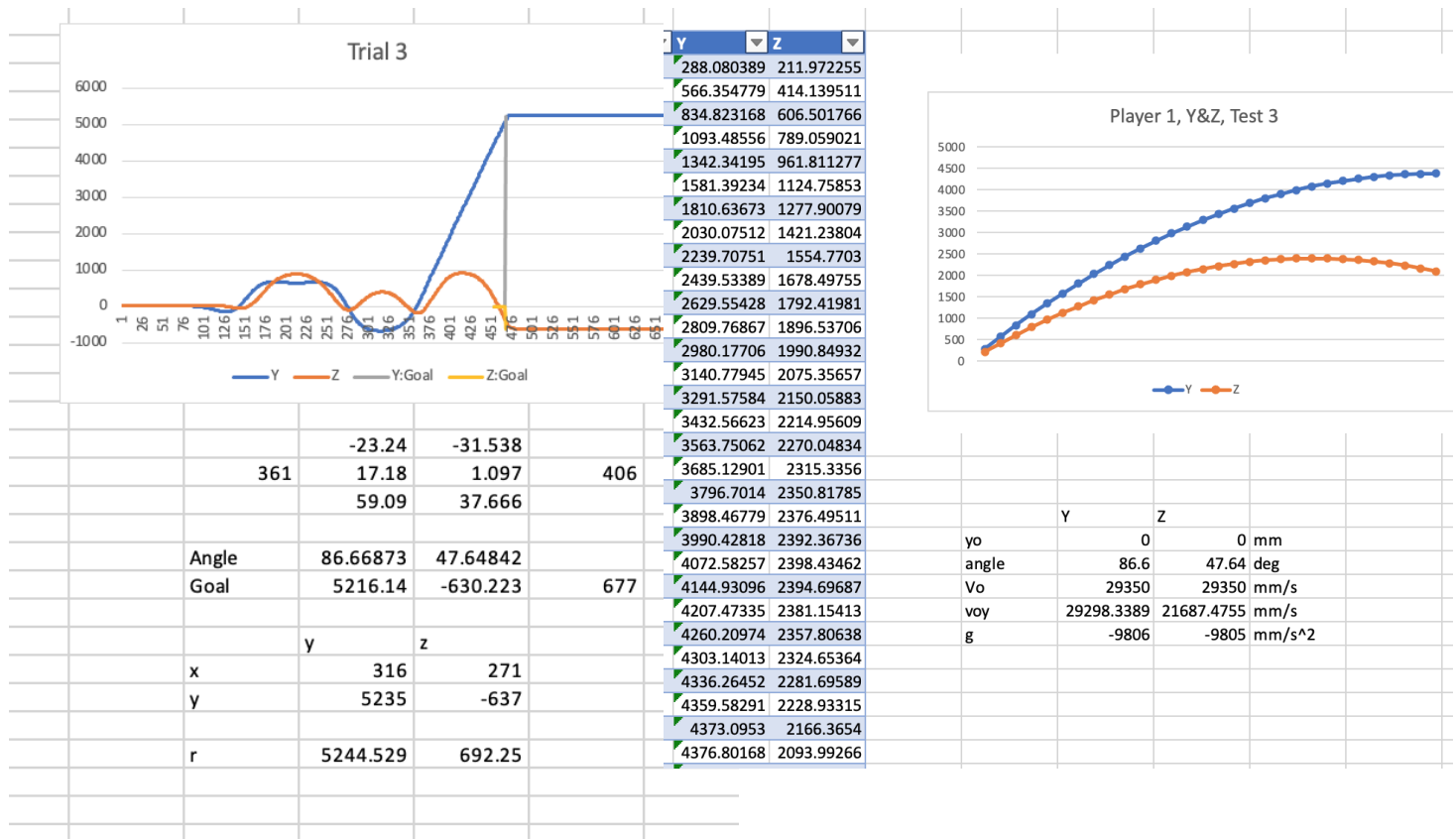
-650 m/s



	Y	Z	
yo	0	0	mm
angle	74	22	deg
Vo	33450	33450	mm/s
Vox	9220.06955	31014.2999	mm/s
voy	32154.2037	12530.5905	mm/s
g	-9806	-9805	mm/s^2

X ignore

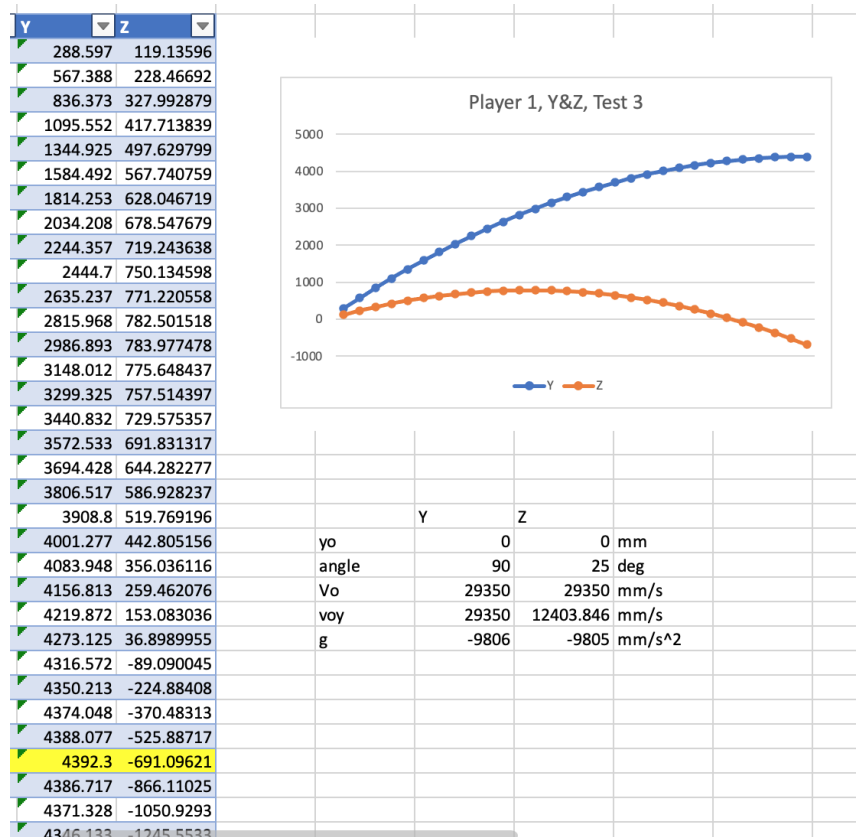
Participant 1, Test 3



The data that we collected didn't quite match up with the graph I made since we don't have the exact time.

For the feedback, Z will have to be at an angle of 25 but for Y I wasn't able to find the ideal angle.

I would repeat this for all the data we had collected, since it's just all the same process of plug-in chug and the graph all looked similar, I will jump straight to the final feed backs



Players bean bag position results in degrees

Player 1			
Original			
	trial 1	trial 2	trial 3
Y	88.61	88.7	86.688
Z	27.42	13.766	47.64
New			
Y	74	74	NA
Z	22.34	22	25

Player 2			
Original			
	trial 1	trial 2	trial 3
Y	80.3	86	63
Z	3.83	41.13	48
New			
Y	NA	60	60
Z	27	20	20

Player 3			
Original			
	trial 1	trial 2	trial 3
Y	88.33	88.3	87
Z	32	58.13	32
New			
Y	NA	79	66
Z	32	23	21.5

Player 4			
Original			
	trial 1	trial 2	trial 3
Y	81	87	88
Z	71	16	39
New			
Y	NA	65	NA
Z	26.5	21	26

Green: Increase

Red: No results

Yellow: Decrease

Blue: Same

As I was analyzing the results I came across a pattern

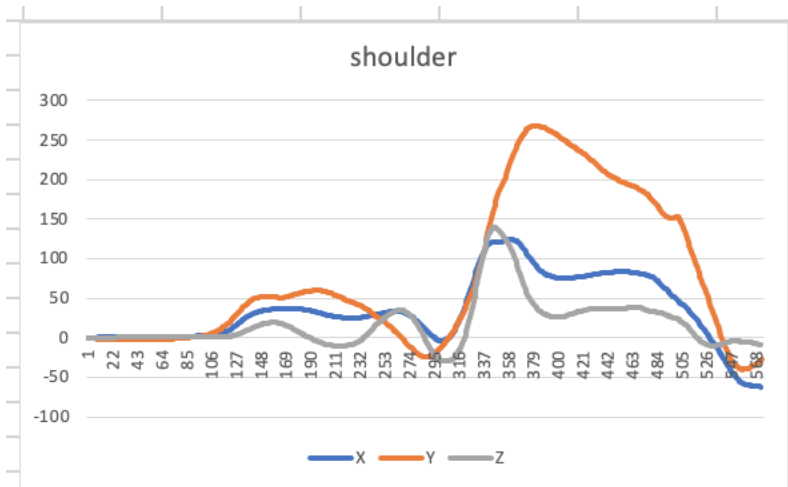
Red: Couldn't find an ideal angle because the speed was too slow

A High-speed result in a

- higher angle in Y and Z and to combat that we will have to lower the angle Shoulders, Elbow, Wrist

Player 1

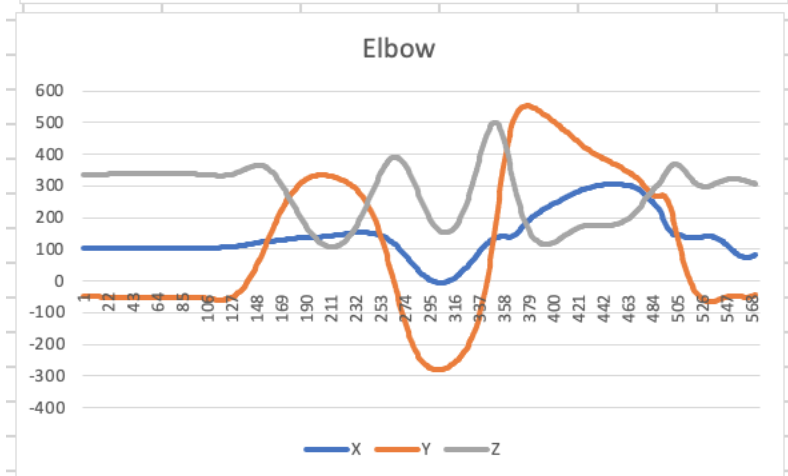
From the graph we can see



X: There were some twisting involved

Y: moved forward to twist

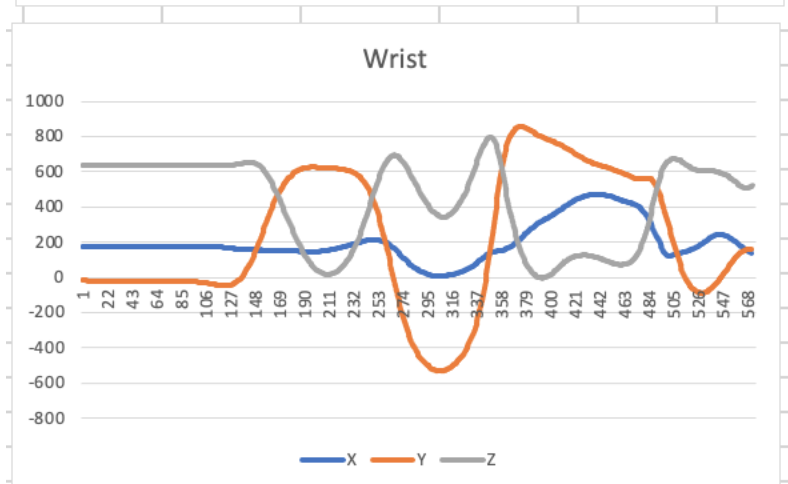
Z: Shoulder were raised when ready to throw



X: Elbow went inward and outward when thrown

Y: Brought it in and out.

Z: Up and down motion

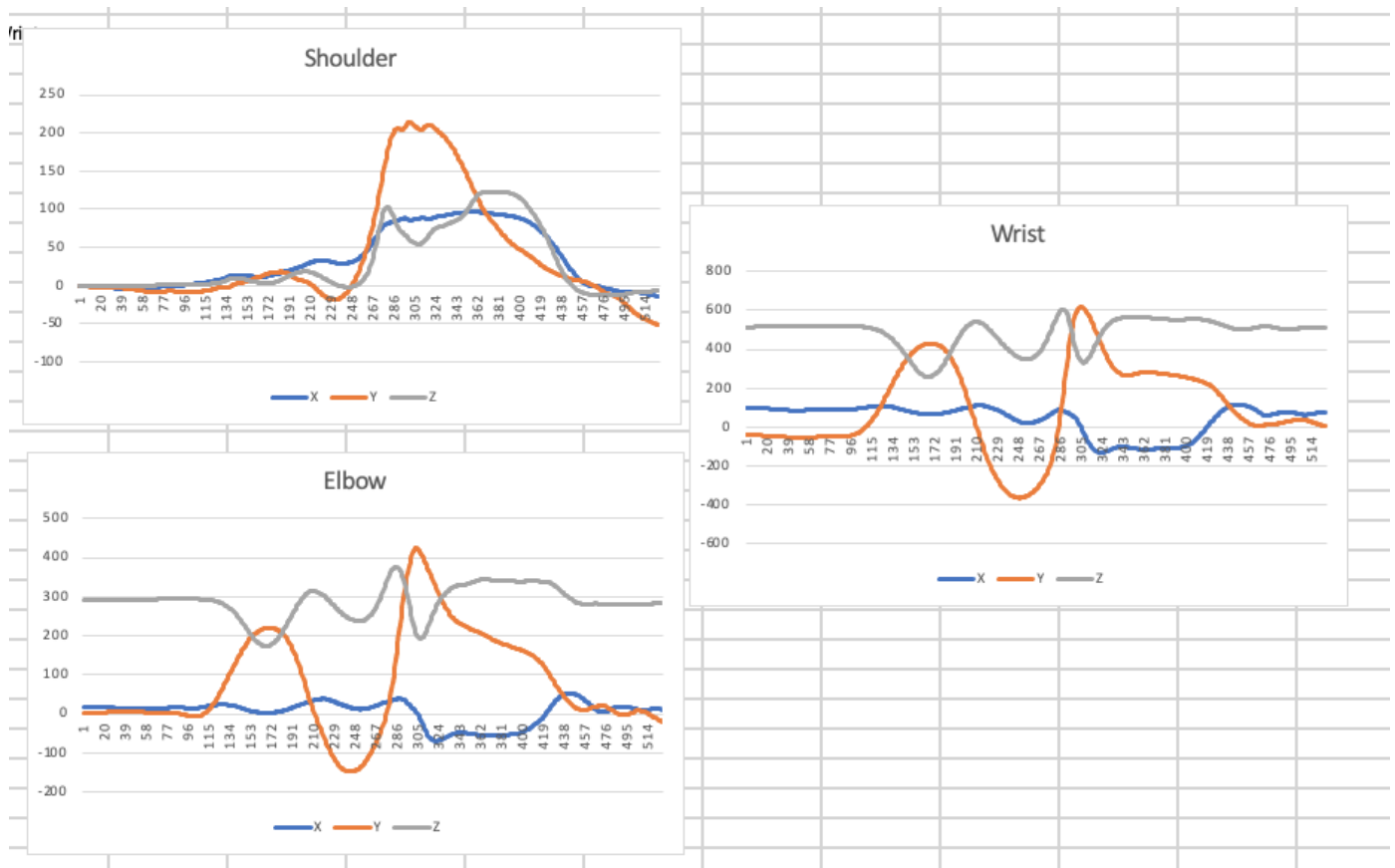


X: not much change until the end

Y: went far back and then forward really fast

Z: up and down multiple times

Player 2



Player 1 VS Player 2

P1 shoulder and elbow are higher than P2, which makes sense since it was much faster.

Since higher power = higher angle

That means p1 can do one of the following

A lower angle (wrist)

Or less force (shoulder and elbow)

Player 1		
Original		
trial 1	trial 2	trial 3
88.61	88.7	86.688
27.42	13.766	47.64
New		
74	74	NA
22.34	22	25

Player 2		
Original		
trial 1	trial 2	trial 3
80.3	86	63
3.83	41.13	48
New		
NA	60	60
27	20	20

Player 1: higher shoulder, wrist, and elbow

We see that P1 have a higher angle in Y and Z.

We will subtract the original and new to see how they would compare

Player 1		
Difference		
trial 1	trial 2	trial 3
14.61	14.7	NA
5	8.3	22

Player 2		
Difference		
trial 1	trial 2	trial 3
NA	86	63
23.17	21	28

So, by looking at the differences we can see that player 1 is a better player than 2 because not only were they closer to the target, but also have a much stronger power. Player 1 can lower and increase the angle by the wrist or decrease the speed by lowering their elbow and shoulder

Low Fidelity System

The low fidelity system didn't help because

- the video doesn't play and only shows a picture.
- Most of the pictures were just of the player standing still
- Grid was hard to see
- One of the pictures shows the player about to throw, but not sure because the beanbag still in hand

Therefore, I couldn't get anything off it

Discussion

Next time, I would go more in depth on how the body works because I didn't think too much about the body at first when I was working with the data. I focused mainly on the angle and forgot about the force. It was also hard to connect the body to the bean bag because of the x y and z. There was just too much to keep track of and hard to see it if it's not visually. The graph helped clear up some confusion, but it was still hard to picture it without a video of the projection motion of the arm. We also need more data on the time, because it was hard for me to figure out the speed since I didn't know how much time had passed.

Next time, it would be nice to get the video to work. That way we can see the motion of the arm while also having the data and we would be able to pinpoint the moment to the graph.

Reference

1. Advocate, W. (n.d.). Upper Limb Region (upper extremity). Retrieved April 18, 2022, from <https://wellnessadvocate.com/?uid=2728>
2. Editor, T. (2019, August 6). *Exclusive: Roger Federer & Novak Djokovic weakness revealed by Maths professor*. Tennishead. Retrieved April 19, 2022, from <https://tennishead.net/exclusive-roger-federer-novak-djokovic-weakness-revealed-by-maths-professor/>
3. Oyama, S. (2012, July 13). *Baseball pitching kinematics, joint loads, and injury prevention*. Journal of Sport and Health Science. Retrieved April 19, 2022, from <https://www.sciencedirect.com/science/article/pii/S2095254612000427>