

HOW YOU TAKE SYNTHROID MATTERS

Synthroid.
(levothyroxine sodium tablets, USP)

MAKING SURE ITS SYNTHROID

Check your pill, and make sure it says "SYNTHROID" on the pill, with every refill. Circle your prescribed dose:



Tablets shown not actual size and may not represent exact color.

TAKING SYNTHROID THE RIGHT WAY

The amount of medicine you need is very precise. That's why it's critical to take Synthroid the right way, every day, for it to be effective. It's important to always take your medication exactly as your doctor prescribed.

Take Synthroid as follows:



Once daily at the same time every day



With water only and on an empty stomach before your first meal



Wait 30 – 60 minutes before eating or drinking anything other than water

Remember, certain foods and supplements can interfere with Synthroid.



Some foods and ingredients can make Synthroid less effective, including soybean flour, walnuts, grapefruit juice, cottonseed meal, and dietary fiber.



Certain supplements and medications can affect absorption of Synthroid. Take Synthroid 4 hours before or after taking iron or iron containing supplements, calcium or calcium containing supplements, and antacids.



Biotin may interfere with immunoassays for TSH. Stop biotin and biotin-containing supplements for at least 2 days before assessing TSH and/or T4 levels.

Please see Full Use and Important Safety Information, including BOXED WARNING, on the back of this sheet.

Please click here for [full Prescribing Information](#), including Medication Guide.

WHAT TO EXPECT LONG-TERM

Your dose may need to be adjusted. Make sure you are speaking openly with your doctor about life changes, such as:



How you are feeling and symptom changes



Pregnancy



Menopause



Aging

Scan for ways to save on Synthroid



Make your next appointment by _____

SYNTHROID is a prescription medication used to treat a condition called hypothyroidism. It should not be used to treat noncancerous thyroid growths or enlargement of the thyroid in patients with normal iodine levels, or in cases of temporary hypothyroidism caused by inflammation of the thyroid gland (thyroiditis).

Safety Considerations:

Thyroid hormones, including SYNTHROID, should not be used for the treatment of obesity or weight loss. Large doses of thyroid hormone, especially when used with certain drugs that reduce appetite, can result in serious and even life-threatening effects.

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USE AND IMPORTANT SAFETY INFORMATION

USE

SYNTHROID® (levothyroxine sodium) tablets, for oral use is a prescription, man-made thyroid hormone that is used to treat a condition called hypothyroidism in adults and children, including infants. It is meant to replace a hormone that is usually made by your thyroid gland. Generally,

IMPORTANT SAFETY INFORMATION

- Thyroid hormones, including SYNTHROID, should not be used either alone or in combination with other drugs for the treatment of obesity or weight loss. In patients with normal thyroid levels, doses of SYNTHROID used daily for hormone replacement are not helpful for weight loss. Larger doses may result in serious or even life-threatening events, especially when used in combination with certain other drugs used to reduce appetite.
 - Do not use SYNTHROID if you have uncorrected adrenal problems.
 - Use SYNTHROID only as ordered by your doctor. Taking too much or too little SYNTHROID may lead to negative effects on growth and development, heart function, bone health, reproductive function, mental health, digestive function, and changes in blood sugar and cholesterol metabolism in adult or pediatric patients.
 - Taking too much levothyroxine may affect your heart, especially if you are elderly or have heart disease. Tell your doctor immediately if you have any signs of increased heart rate, chest pain, or an irregular heartbeat.
 - Tell your doctor about any other medical conditions you may have, especially heart disease, diabetes, blood clotting problems, and adrenal or pituitary gland problems. The dose of other drugs you may be taking to control these conditions may have to be changed while you are taking SYNTHROID. If you have diabetes, check your blood sugar levels and/or the glucose in your urine, as ordered by your doctor, and immediately tell your doctor if there are any changes. If you are taking blood thinners, your blood clotting status should be checked often.
 - Taking too much levothyroxine has been associated with increased bone loss, especially in women after menopause.
 - Tell your doctor if you are pregnant or breastfeeding or are thinking of becoming pregnant while taking SYNTHROID. Your dose of SYNTHROID may need to be increased during your pregnancy.
 - Tell your doctor if you start experiencing any of the following symptoms: rapid or abnormal heartbeat, chest pain, difficulty catching your breath, leg cramps, headache, nervousness,
- thyroid replacement treatment is to be taken for life. SYNTHROID should not be used to treat noncancerous growths or enlargement of the thyroid in patients with normal iodine levels, or in cases of temporary hypothyroidism caused by inflammation of the thyroid gland (thyroiditis).
- irritability, sleeplessness, shaking, change in appetite, weight gain or loss, vomiting, diarrhea, increased sweating, difficulty tolerating heat, fever, changes in menstrual periods, swollen red bumps on the skin (hives) or skin rash, or any other unusual medical event.
- Partial hair loss may occur during the first few months you are taking SYNTHROID.
 - Tell your doctor if you are taking any other drugs, including prescription and over-the-counter products.
 - Products such as iron and calcium supplements and antacids can lower your body's ability to absorb levothyroxine, so SYNTHROID should be taken 4 hours before or after taking these products.
 - Tell your doctor or dentist that you are taking SYNTHROID before any surgery.
 - Use SYNTHROID only as ordered by your doctor. Take SYNTHROID as a single dose, preferably on an empty stomach, one-half to one hour before breakfast.
 - Once your doctor has found your specific SYNTHROID dose, it is important to have periodic lab tests and clinical evaluations to assess your treatment response.
 - Foods like soybean flour, cottonseed meal, walnuts, and dietary fiber may cause your body to absorb less SYNTHROID from the gastrointestinal tract. Grapefruit juice may cause your body to absorb less levothyroxine and may reduce its effect. Let your doctor know if you eat these foods, as your dose of SYNTHROID may need to be adjusted.
 - It may take several weeks before you notice an improvement in your symptoms.
- This is the most important safety information you should know about SYNTHROID. For more information, talk with your doctor.
- Please click here for [full Prescribing Information](#), including Medication Guide.
- You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088.
- If you are having difficulty paying for your medicine, AbbVie may be able to help. Visit AbbVie.com/myAbbVieAssist to learn more.