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**EHR System Modernization
in the Republic of Moldova**

by

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Abstract

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Contents

Abstract	ii
Acknowledgements	iii
1 Introduction	1
1.1 Background	1
1.2 Problem Statement	2
1.3 The Client	2
2 Literature Review	3
2.1 Software development methodologies	3
2.1.1 Software Development Life Cycle	3
2.1.2 SDLC Models	4
2.1.3 A hybrid approach	7
2.1.4 Conclusion	8
2.2 Requirement gathering techniques	9
2.3 System design	9
2.4 Accessibility considerations	9
2.5 Tech stack	9
2.5.1 Database	9
2.5.2 Backend	10
2.5.3 Frontend	10
2.6 Machine Learning models	10
2.7 Gap Analysis	10
References	11

Chapter 1

Introduction

1.1 Background

The Republic of Moldova is a small country in Eastern Europe that borders Romania and Ukraine, with a current population of 2.4 million people (National Bureau of Statistics of the Republic of Moldova, 2024). Since its independence in 1991, Moldova has faced a number of challenges, including political instability, corruption, and economic difficulties which have left Moldova as one of the poorest countries in Europe (BBC, 2024).

Despite these challenges, Moldova has made significant progress in its digital transformation efforts, with the government launching a number of initiatives to modernize its public services and improve the quality of life for its citizens (E-Governance Agency, n.d.[a]). An example is the Citizen's Government Portal (MCabinet), which allows citizens to access personal information such as 'valid identity documents, social contributions and benefits, own properties, information about the family doctor and the health institution where the person is registered, tax payments and other information about the citizen-government relationship' (E-Governance Agency, n.d.[b]).

To continue supporting the existing transformation initiatives, Moldova's Cabinet of Ministers has recently approved the 'Digital Transformation Strategy of the Republic of Moldova for 2023-2030', which aims to transform the country into a digital society by 2030, with the ultimate goal of having 'all public services available in a digitalized format' (United Nations Development Programme, 2023).

1.2 Problem Statement

The healthcare sector in Moldova has also seen some transformations, with the introduction of a new electronic health record system (EHR) in 15 hospitals across the country in 2017, called ‘Sistemul informațional automatizat „Asistența Medicală Spitalicească” (SIA AMS)’ (Ciurcă, 2021). While the system has been successful in helping doctors access patient information more efficiently such as medical history, examinations, test results, and prescriptions, the system hasn’t been updated since its inception in 2017 and there are still challenges that need to be addressed in 2024.

The first challenge occurs due to a lack of a nationally-wide integrated system – each hospital and clinic have their own, siloed, information system that contains the patient information, with no communication being made between systems in different hospitals (Ciurcă, 2021).

The second challenge lies with the user experience (UX) of the existing system – the current system feels old and isn’t user-friendly, with a clunky interface that is difficult to navigate, not adhering to modern accessibility standards and being only accessible on legacy version of Edge, with no support for other browsers or devices (Ciurcă, 2021).

Finally, due to the current economic situation in Moldova, the government has not allocated any funds to update the system, and the hospitals and clinics that use the system do not have the resources to update it themselves.

1.3 The Client

To address these challenges, this project, in collaboration with "Nicolae Testemiteanu" State University of Medicine and Pharmacy in Moldova (USMF), seeks to develop a prototype for a modernized EHR system. The client, USMF, is a public university in Chisinau, Moldova, that offers a range of medical programs, including medicine, dentistry and pharmacy (USMF, 2023). Many of the faculty at USMF are also practicing doctors at hospitals and clinics across Moldova, and have first-hand experience with the current EHR system in place. As such, the client has expressed a need for a new EHR system prototype that is more user-friendly, accessible on a wider range of devices and browsers, and that can be customized to meet the specific needs of different hospitals, clinics, departments and users.

Chapter 2

Literature Review

This chapter will provide a review of the existing literature, which will be used guide the student in their planning and development efforts of the project.

As such, it will be covering the following areas:

- Software development methodologies
- Requirement gathering techniques
- System design
- Accesibility considerations
- Tech stack
- Machine Learning models
- Gap Analysis

2.1 Software development methodologies

2.1.1 Software Development Life Cycle

The Software Development Life Cycle (SDLC) is a process used to guide the development of software applications or systems (Ruparelia, 2010). The SDLC consists of multiple phases, each with its own set of activities and deliverables. Yas, Alazzawi, and Rahmatullah (2023) outline the phases of the SDLC as following:

1. Requirement gathering and analysis phase - This phase involves gathering and analyzing the requirements of the software to be developed. These requirements are gathered from the project stakeholders and saved in a specific document. Based on the requirements gathered, a development plan is created and a feasibility study is conducted.
2. Design phase - This phase involves representing the previously gathered requirements in a project design written in a more technical manner, that will later guide the developers to create and implement the software.
3. Implementation phase - This phase involves the actual development of the software. Additionally, some smaller unit tests may occur during this phase as parts of the software are developed.
4. Testing phase - This phase focuses on testing the software to ensure that it meets the requirements and is free of bugs. This phase may involve multiple types of testing, such as unit testing, integration testing, and system testing. Luo (2001) describes the different types of tests as following:
 - Unit testing - This type of test is done on the lowest level of the software, testing individual units or components of the software.
 - Integration testing - This type of test is performed on two or more units combined together, usually focusing on the interfaces between these components.
 - System testing - This type of test focuses on the 'end-to-end quality of the entire system', testing it as a whole based on the system requirement specification.
5. Maintenance phase - This phase involves the deployment and maintenance of the software. Additionally, this phase may include user acceptance testing, where the software is handed over to the end-users to ensure that it meets their needs (Luo, 2001).

2.1.2 SDLC Models

The literature describes several SDLC models that have been used in the development of software applications. Ruparelia (2010) and Yas, Alazzawi, and Rahmatullah (2023) outline the most common SDLC models:

- Waterfall Model
- V Model
- Spiral Model

- Iterative Model
- Agile model

Due to the nature of the project being different to traditional software development projects, and the student's familiarity with only Waterfall and Agile models, the next sections will only focus on these two models.

Waterfall Model

The Waterfall Model is probably the most well-known SDLC model. Waterfall is a linear model, where the development process is divided into distinct, sequential phases that follow the SDLC. As such, each phase must be completed before the next phase can begin.

The Waterfall Model's strengths lie in its simplicity of use, ease of understanding and providing a structured approach to a project (Alshamrani and Bahattab, 2015). An additional strength of the Waterfall model that the authors note is its extensive documentation and planning, which is done in the early stages of a project, but also maintained throughout the project's lifecycle. These two factors also help minimize the overhead that comes with planning and management of a project, which in the case of Waterfall is done in the early stages of the project.

However, the Waterfall model is not perfect. One of its main weaknesses, mentioned by Alshamrani and Bahattab (2015), is its lack of flexibility in regards to change of requirements. As such, once the project leaves the requirements analysis or design phase, it may be difficult to make any changes to the project deliverable. Thus, this model is not suitable for projects where the requirements are not well understood or are likely to change. Finally, the deliverable is only available at the end of the project, so the end-users are unable to see the final product until the end of the project, nor can they provide any feedback during its development (Alshamrani and Bahattab, 2015).

Agile Model

Another well-known SDLC model is the Agile model. Taking its roots from the Agile Manifesto, it describes a different way of developing software from the Waterfall model, with a focus on:

*Individuals and interactions over processes and tools,
Working software over comprehensive documentation,
Customer collaboration over contract negotiation,
Responding to change over following a plan* (Cunningham, 2001).

The Agile model focuses on the ideas that requirements are not always well-known or cannot be predicted, accepting that change is inevitable and emphasis should be put on being able to accommodate any changes that may arise (Sunner, 2016). Similarly, as the author mentions, the focus of this methodology is on continuous delivery of software and value to the customer. As such, it is integral for an Agile project to have a close customer involvement in the development process, to ensure that constant feedback is received.

Agile does come with its own drawbacks. One of the main issues with Agile is its lack of documentation and formal planning, especially in the early stages of the project (Ruparelia, 2010). Consequently, the Agile methodology may not be suitable for large scale projects, where extensive documentation and planning are required (Sunner, 2016; Yas, Alazzawi, and Rahmatullah, 2023). Similarly, the Agile model may not be suitable for projects where the requirements are well understood, unlikely to change or where there may be strict regulations that guide how the project should be developed. Finally, Yas, Alazzawi, and Rahmatullah (2023) also mention that unfamiliarity with Agile frameworks could also be an impeding factor in the success of Agile projects, as the staff may not be familiar with Agile and require extensive training beforehand.

Agile has multiple frameworks that can be used to guide the development process, such as Scrum, Kanban, Lean, and Extreme Programming (XP). Alqudah and Razali (2018) mention that Scrum is the most widely used Agile framework in software development. As such, the next sections will focus on Scrum and Kanban, due to their popularity and student's familiarity with these frameworks.

Scrum is an Agile framework, with its core idea being the division of the project into smaller, manageable parts called sprints. Each sprint usually lasts between 2-4 weeks and each sprint focuses on delivering value to the customer through working software features and close communication with client stakeholders (Alqudah and Razali, 2018; Sunner, 2016). Scrum employs a set of artifacts, that are used to guide the development process, such as the product backlog, sprint backlog, and burndown charts. Additionally, Scrum also has a set of roles, such as the Scrum Master, Product Owner, and the Development Team, that are responsible for the development process (Alqudah and Razali, 2018). As such, Scrum may be more suitable for projects with at least a couple of team members, as it requires a team and their roles to work together to deliver the project and adherence to specific events within the project lifecycle.

On the other hand, Kanban is not as prescriptive as Scrum is. Kanban focuses on visualizing the workflow of the project through a visual board with columns, swimlanes, etc. Additionally, Kanban helps limit the work in progress and maximize the flow of work through the

system (Sunner, 2016). Kanban does not have specific roles or artifacts, but instead focuses on the continuous delivery of value to the customer through smaller batching and daily prioritizations (Alqudah and Razali, 2018).

Finally, there is also a possibility of combining these two frameworks into one, called Scrumban. Nowadays, the use of Scrum and Kanban together is becoming quite popular, with many teams employing both frameworks in their projects. As Alqudah and Razali (2018) mention, it can be quite beneficial as it allows the team to ‘adopt the appropriate practices of both methods based on different situations to meet their needs’. The authors emphasize that the team members need to understand which elements of either framework bring value to the project and adapt them accordingly.

2.1.3 A hybrid approach

For many years, Waterfall (or the traditional approach) has been the most widely used model in software development projects, with Agile approaches gaining a lot of popularity in the recent years (Gemino, Reich, and Serrador, 2021). However, the authors note that a hybrid approach has also been emerging, being described as an approach that ‘combines methodologies and practices from more than one project management approach’. Results from surveys cited by articles show that the hybrid approach has been used by over 50% of respondents (Gemino, Reich, and Serrador, 2021; Prenner, Unger-Windeler, and Schneider, 2020). The most common combinations that form this hybrid approach are ‘Scrum, Iterative Development, Kanban, Waterfall and DevOps’, with the approach that combines Waterfall and Scrum being the most popular (Prenner, Unger-Windeler, and Schneider, 2020).

An interesting finding is that even pure Agile approaches have been found to rarely exist, with hybrid Agile approaches being in reality most Agile implementations (Gemino, Reich, and Serrador, 2021). This may be due to multiple reasons, some of which may include regulations or safety standards in areas such as healthcare or defense systems documentation requirements or even time constraints. Thus, only the development part is usually done in an ‘Agile way’ - with the rest of the project using the traditional approach as a ‘backbone’ (Prenner, Unger-Windeler, and Schneider, 2020).

So how would a hybrid approach work versus Waterfall or Agile? Prenner, Unger-Windeler, and Schneider (2020) explain that the hybrid approach uses Waterfall as its main methodology - still retaining the 6 general phases that were mentioned above. The authors note that the approach begins with the classic requirements analysis phase, where the general projects requirements are analysed on a high level, which can include system specifications, risks, resourcing and project scope/budget. This is followed by a design phase, where initial

designs and diagrams are created and decisions regarding technology and tools are made. Next, the previously gathered requirements are broken down in smaller pieces (like User Stories or Epics) and transferred to Agile-specific artifacts such as the Product Backlog, that will be used in the next phase. Following this, the development phase starts, usually following the Scrum framework that was described above. Finally, the project ends with a testing phase, where system testing is done to ensure all components work well, followed by a operations or maintenance phase, where the software is deployed and maintenance support is offered.

Gemino, Reich, and Serrador (2021) note that projects using either Agile, traditional or hybrid approach show similar levels of success in terms of budget, time and quality. However, the authors have found that agile and hybrid approaches perform much better on the customer satisfaction metric than the traditional counterpart.

2.1.4 Conclusion

Based on the research above, the student has decided that he will be using a hybrid approach, with Waterfall as the main methodology for planning managing the project. The development part of the project will be done using ScrumBan, so that the student will be able to utilise elements from both frameworks. There are several reasons for this choice:

1. The nature of the project - the student is working on a project that has a limited timeframe (about 6-7 months) and is of a smaller scale.
2. Documentation requirements - the student is required to document the progress during the project in this report, including the requirements gathered, design considerations and implementation decisions and outcomes.
3. Regulatory requirements - the student is required to adhere to the regulations and standards of the healthcare industry, which may require extensive documentation and planning.
4. Customer involvement - the student will be working closely with the project stakeholder, who will be providing feedback and guidance throughout the project.
5. Familiarity with both Agile and Waterfall - the student has experience with both Agile (specifically Scrum and Kanban) and Waterfall methodologies, and has worked on projects that have used both approaches.

The student will use Jira Software as their project management tool, which is one of the most popular project management tool for software development projects that supports working with Agile frameworks such as Scrum and Kanban (Springer, 2023).

2.2 Requirement gathering techniques

2.3 System design

2.4 Accessibility considerations

2.5 Tech stack

2.5.1 Database

A database is a collection of structured data that is stored electronically on a computer and that is controlled by a database management system (DBMS), which also allows end-users to access the database records (Oracle, 2020). There are several types of databases, such as: relational (SQL), NoSQL databases, graph databases, object-oriented databases and many more. Due to the prototype nature of the project, it is not expected that the data used in the system will be complex, so the next subsections will focus on the two most common types of databases - relational and NoSQL databases.

Relational databases

Relational databases are collections of data where the data is stored in rows and tables, linked through keys that allow different types of relationships: one-to-one, one-to-many and many-to-many (Anderson and Nicholson, 2022). SQL (Structured Query Language) is the programming language used to query relational databases. Anderson and Nicholson (2022) mention the advantages of using relational databases is in their ability to handle structured data in well-organized manner by using schemas and tables, making it easy to query, even for complex queries. Additionally, the authors argue that by following the ACID (Atomicity, Consistency, Isolation, Durability) properties, relational databases ensure that the data within is consistent and reliable. Finally, relational databases are widely used and have a large community of users, which makes it easier to find support and resources. Example of relational databases include MySQL, PostgreSQL, Oracle, and Microsoft SQL Server.

NoSQL databases

NoSQL databases, on the other hand, are databases that allow developers to work with unstructured data (such as documents, images, etc) without relying on rigid schemas, tables or relationships between data (Anderson and Nicholson, 2022). As described by the authors, NoSQL databases generally fall into four different structures: key-value stores, document

stores, column-family stores, and graph databases. Similarly to relational databases, NoSQL databases follow their own set of properties, such as CAP (Consistency, Availability, Partition Tolerance) theorem, which states that a distributed system can only guarantee two of the three properties at the same time. While NoSQL databases are not as widely used as relational databases, they are gaining popularity due to their ability to handle large amounts of data and their flexibility in handling unstructured data. Examples of NoSQL databases include MongoDB, Cassandra, Couchbase, and Redis.

2.5.2 Backend

2.5.3 Frontend

2.6 Machine Learning models

2.7 Gap Analysis

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