

The area plot shows the time spent on the top-5 activities over time (2015-2021) across sex. The x-axis encodes the year, and the y axis encodes the average time spent on each of the top-5 activities. The top-5 activities are defined by the top-5 activities where people spend most of their time on. As shown in the plot, when the pandemic hit in 2020, there are significant change in how people spend their time. The effect of the pandemic is different across male and female.