

Required Information:

- **Author's full name** (Organisation) otherwise family name, initials
- **Date of publication** (including day, month and year if applicable)
- **Title of article**
- **Name of publication**
- **Volume number** (if applicable)
- **Issue**
- **Page numbers**
- **Electronic database** or **DOI** (if online version was used)

Examples:

In-text citation

Recent research (Smith & Brown, 2016) supports this view ...

Reference

Smith, A., & Brown, B. (2016). A battle from the beginning: The life and times of a heavyweight champion. *Sport and Fitness*, 14(2), 25-37.