

## **Journals or Periodicals**

- Author's full name (Organisation) otherwise family name, initials
- Date of publication (including day, month and year if applicable)
- Title of article
- Name of publication
- Volume number (if applicable)
- Issue
- Page numbers
- Electronic database or DOI (if online version was used)

## **In-text citation**

Recent research (Smith & Brown, 2016) supports this view ...

## **Reference**

Smith, A., & Brown, B. (2016). A battle from the beginning: The life and times of a heavyweight champion. *Sport and Fitness*, 14(2), 25-37.