IPv6 provides other technical benefits in addition to a larger addressing space. In particular, it permits hierarchical address allocation methods that facilitate route aggregation across the Internet, and thus limit the expansion of routing tables. The use of multicast addressing is expanded and simplified, and provides additional optimization for the delivery of services. Device mobility, security, and configuration aspects have been considered in the design of the protocol.
I don't understand why IPv6 can limit the expansion of routing tables.