

#	id	mass_info
1	1	Quick `n Easy Chicken Caldereta Achieve real sarap na budget-friendly with this Chicken Caldereta oi
2	2	Grilled BBQ Chicken and Pineapple Rice Burrito Recipe Here's a roadtrip ready snack from Chef JP Ang
3	3	Cheesy Caldereta Pie A delicious fusion of Pinoy favorites from Chef JP Anglo Contadina Extra Virgin
4	4	Korean BBQ Pork Ribs Recipe Enjoy the sweet, savory taste of Korean barbecue in 3 easy steps. DEL MO

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5	5	Spicy Squid Rings Recipe This classic Korean squid dish is now quick and easy to make. DEL MONTE Qui
6	6	Asado Pot Roast Recipe A one-pot recipe that is the perfect melting pot of our Spanish and Chinese c
7	7	Chicken Fillet Teriyaki Recipe Did you know making this awesome Japanese dish could be so easy? Try
8	8	Chicken Pineapple Pandan Recipe Here's a favorite Thai dish with a tangy twist. Our Chicken Pineappl

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9	9	Classic Caldereta Recipe Loved by everybody, this classic recipe is definitely a must-try! beef,oliv
10	10	Classic Menudo with Raisins Recipe Create this beloved classic the no-fuss way with Del Monte Tomato
11	11	Longganisa and Quail Eggs Spaghetti Recipe Breakfast leftovers make an encore in this merienda recip
12	13	Pan De Sal I Crispy and delicious dinner rolls from the Philippines. warm water,active dry yeast,whi

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13	14	Chicken Adobo II This recipe is from the Philippines. My stepfather was a Filipino, and I learned a
14	15	Pancit This is a recipe I got from a family from the Philippines. It can be served alone or with ric
15	16	Filipino Lumpia My stepmother is Filipino. I would watch her make these on special occasions. She ne
16	17	General Tso's Chicken This is the classic that is so popular in Chinese restaurants. Banana sauce ca

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17	18	Pork and Chicken Adobo This recipe is adapted from a famous Filipino restaurant in Manila, Philippin
18	19	Salpicao Jalisco My favorite meal in the Philippines is Salpicao. I recently came up with this inte
19	20	Azuki Ice Cream (Japanese Red Beans Ice Cream) This is an very popular ice cream in Hawaii, the Phil
20	21	Pork Adobo Adobo, the national dish of the Philippines, starts out as a garlicky and tangy stew. The

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21	22	Zucchini-Walnut Loaf Lisa Asuncion Feliciano of Manila, Philippines, shared this recipe in our Kitch
22	23	Stir-Fried Beef on Lettuce 'Being from the Philippines, I'm partial to stir-fries,' writes Ninez McC
23	24	Lolah's Chicken Adobo My Filipino Mom taught me how to make this traditional dish following the reci
24	25	Filipino Oxtail Stew This is one of the traditional foods back in the Philippines, always the best f

#	id	mass_info
25	26	Maja Blanca (Coconut Pudding) This is a popular dessert among Filipinos. It can be served with diffe
26	27	Cheesy Flounder Florentine Healthy and delicious take on a favorite. We call this 'Milk Fish' in hon
27	28	Caldereta (Filipino Beef and Chorizo Stew) Caldereta is a comforting beef stew popular in the Philip
28	29	Slow Cooker Chicken Afritad Typically cooked on the stove top, this yummy comfort food is straight f

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29	30	Lechon Manok (Pinoy Roast Chicken) Juicy whole chicken roasted or cooked on a rotisserie. It remains
30	31	Pandesal Pandesal is a Filipino bread, the most popular bread in the Philippines. It's often consume
31	32	Chicken Afritada (Filipino Stew) This is a dish we make back in the Philippines. It's really delicio
32	33	Sinigang na Isda sa Miso (Fish Stew with Miso) This is a popular Filipino soup dish usually eaten fo



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33	34	Purple Yam Jam This is a Filipino recipe. It's called halayang ube in the Philippines. It's a sweet
34	35	Filipino Ribs Spareribs glazed with the sweet, tangy taste of the Philippines. One of the honey coat
35	36	Corned Beef Waffles Here is a family favorite recipe that while it sounds strange is very tasty and
36	37	Corned Beef Hash (Abalos style) Corned beef, potatoes, tomatoes, onions, and tons of garlic make thi

#	id	mass_info
37	38	Siopao (Filipino Steamed Dumplings) Warning - this recipe is not easy, but well worth the effort. Th
38	39	Abalos-Style Hamburger Soup (Picadillo Filipino) Modified by the Filipinos from Central to South Ame
39	40	Pan de Sal - Filipino Bread Rolls The dough for this rolls are made using a bread maker. No more kne
40	41	Leyley's Spicy Chicken Adobo Wings This is a Filipino recipe which was carried down to me. I just ad

#	id	mass_info
41	42	Kielbasa Fried Rice A bit of Polish mixed with an old Filipino favorite. A terrific way to use up le
42	43	Meat and Potatoes Lumpia I was introduced to Lumpia (Filipino egg rolls) by a woman I used to work w
43	44	Fish Sinigang (Tilapia) - Filipino Sour Broth Dish A very simple and quick Filipino dish. This is a
44	45	Lumpia - Filipino Shrimp and Pork Egg Rolls The traditional Filipino egg roll is small in size, but

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45	46	Salmon Stew (Abalos Style) While not a traditional Filipino dish, my grandmother added the necessary
46	47	Pam's Chicken Adobo This savory chicken dish is a Filipino favorite. olive oil,garlic,skinless, bone
47	48	Filipino Pork Adobo Pork in a tasty Adobo sauce is great smothered over white jasmine rice! distille
48	49	Squash and Coconut Milk Stew This is a Filipino dish, (Ginostogan Sitawan Kalsbass) that is made with

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49	50	Filipino Avocado Milkshake Stupendous, rich, creamy and refreshing is what a traditional Filipino av
50	51	Puto This is a fun and easy way to cook this wonderful Filipino cake. all purpose flour,white sugar,
51	52	Fruit Salad Abalos Style This Filipino version of fruit salad, modified from Auntie Josie's recipe,
52	53	Biko Filipino coconut dessert. uncooked glutinous white rice,water,can coconut milk,white sugar,brow

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53	54	Filipino Spaghetti The difference between Italian spaghetti and Filipino spaghetti is the addition o
54	55	Maja Blanca Especial (Corn and Coconut Cream Pudding) A comfort food commonly shared in Filipino po
55	56	Barquillos (Wafer Rolls) This is a Filipino delicacy. I personally love this. I hope you enjoy this
56	57	Culinarius' Thai Chicken Stew I threw this together one night after I realized my saucepan wasn't bi

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57	58	Melon Ice Candy A frozen treat filled with shredded cantaloupe and milk, this makes a great treat on
58	59	Ginataang Manok (Chicken Cooked in Coconut Milk) This is a Filipino chicken dish flavored with ginge
59	60	Pork Sinigang Filipino soup cooked with pork. Serve with rice and for additional sauce, use soy or f
60	61	Bitter Melon Stir-Fry This is a favorite Filipino vegetable dish, although the slightly bitter taste

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61	62	Filipino Beef Stir-Fry An easy recipe for the busy housewife. The beef can be sliced and marinated a
62	63	Filipino Beef Steak This is easy to do. A tender cut of beef is sliced thin and marinated with lemon
63	64	Filipino Chicken Salad This can be made a day or two before any event. Fruits are added to make it a
64	65	Empanada Pork Filling This pork filling can be made way ahead of time to shorten the preparation tim



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65	66	Embutido (Filipino Meatloaf) Like an American meatloaf, this pork dish is very easy to prepare and c
66	67	Filipino Menudo (Pork and Liver Stew) This rich pork dish is usually prepared on special occasions o
67	68	Maja Blanca Maiz (Corn Pudding) A simple and delicious dessert of corn pudding made with canned crea
68	69	Traci's Adobo Seasoning This seasoning is used often in Mexican and Filipino dishes; I've recently s

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69	70	Lumpia Mollica Filipino version of the egg rolls. vegetable oil,yellow onion,stalks celery,carrot,sa
70	71	Maja Blanca Maja blanca is a Filipino favorite kakanin (dessert or snack.) This dish is sweet, delic
71	72	Slow Cooker Adobo Chicken with Bok Choy Paleo Filipino dish. onions,garlic,apple cider vinegar,soy s
72	73	Goat Stew This is based on a Filipino stew recipe called caldereta. It is usually served with rice.

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73	74	Caldereta (Filipino Beef Stew) A Filipino beef stew traditionally cooked with goat, but it's usually
74	75	Duck Adobo This twist on the Filipino classic adobo dish uses duck legs, which makes this version pa
75	76	Authentic Chicken Adobo Adobo is a simple and hearty Filipino dish. In this version, chicken is mari
76	77	Chicken Binakol This is a Filipino dish recipe that my mother taught me and I'd like to share with y

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77	78	Chicken Adobo with Noodles Filipino-Mexican Fusion Adobo from the east and mole from the west, 'al u
78	79	Salmon Twist A simple soy sauce and brown sugar marinade, with hints of lemon and garlic, are the pe
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88	89	Chinky's Bibingka An all-time Philippine favorite. The creamy and sticky texture makes this recipe a

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89	90	Pan De Sal II Delicious Filipino dinner rolls. milk,white sugar,butter,active dry yeast,salt,baking
90	91	Lumpia A lumpia is a Filipino egg roll. Lumpia are stuffed with all kinds of delicious vegetables an
91	92	Melon Heaven My mom is Filipino and this is a drink that she makes often during the summer. It is v
92	93	Chicken Adobo I This is a variation of a recipe my mother taught me after I got married and wanted t

#	id	mass_info
93	94	Party Pancit This is a classic Pinoy (Filipino) dish that's even better the next day! sesame oil,gar
94	95	Filipino Lumpia This is a traditional Filipino dish. It is the Filipino version of the egg rolls. It
95	96	Grilled Chicken Adobo This is a very tasty and easy-to-make Filipino chicken dish made with soy sauc
96	97	Pork and Shrimp Pancit A traditional Pancit taught to me by a Filipino friend while stationed overse

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97	98	Ube-Macapuno Cake This is a great Filipino purple yam cake. cake flour,baking powder,salt,ube (purpl
98	99	Lipardo's Puto Seco I used to enjoy my own recipes but it's more satisfying if I'll share it to othe
99	100	Fast and Easy Tofu Lo-Mein This easy-to make recipe is very inexpensive. I made it for my boyfriend'
100	101	Empanada Dough This basic dough can be filled with Empanada Pork Filling, then fried or baked. all-p

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101	102	Hot Ube Pandesal (Filipino Purple Yam Bread Rolls) What I'm sharing here is my version of the hot pa
102	103	Blue's Lumpia These lumpia are the only thing my Filipina mom can cook that actually taste good and
103	104	Nutmeg Cake This is not that common of a cake, but it sure is good. eggs,butter,white sugar,butter m
104	105	Cream of Jerusalem Artichoke Soup A Jerusalem artichoke is a white-fleshed root related to the sunfl



#	id	mass_info
105	106	Fiesta Dressing A mild Tex-Mex dressing. tomatoes with green chile peppers,ranch dressing mix,contai
106	107	Chicken Fiesta Salad This is an attractive and zesty all in one dish. It's full of veggies and chick
107	108	Fiesta Chili Beef and Rice This zesty dish creates its own fiesta with every spoonful. Serve with co
108	109	Avocado Delight This is a recipe I love to make when having a Mexican fiesta. It is basically a dip.

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109	110	Fiesta Frittata Casserole Quick and easy, this casserole is the perfect summer dish. Cheese, diced c
110	111	Festive Tortilla Squares This appetizer features a fiesta of flavors. package cream cheese,,Milk,Del
111	112	Tortilla Rollups IV These rollups are always a HUGE hit with the kids as well as the adults. A cream
112	113	Fiesta Corn Bread Loaded with cheese and chiles, this cornbread is a meal accompaniment that 's some

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113	114	Fiesta Chicken Pizza Custom pizzas made with prepared crusts are a favorite in many households becau
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164	165	Pineapple Zucchini Loaf Piping hot loaves of pineapple-zucchini deliciousness! Who could ask for mo
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378	379	Curried Chicken with Apple over Vermicelli Here is a curry that can be made at home without a specia
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509	510	Pomegranate-Banana Smoothie . banana null admin
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514	515	Lattice-Topped Apple Pie Greg Patent likes to use an assortment of tart and sweet apples in this den
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555	556	Apple-Brandy Hot Toddies A hot toddy is basically a shot or two of any potent spirit added to a cup
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627	629	Chayote Guisado / Sayote Guisado (Sautéed Chayote) Chayote Guisado or Sayote Guisado (Sautéed Chayot
628	631	SAUTEED CHAYOTE (GINISANG SAYOTE) Lately, I have been recreating some dishes my mom used to cook for

#	id	mass_info
629	632	FILIPINO CHICKEN CHAYOTE chicken breasts (or any part of the chicken you like),chicken broth,choppe
630	633	Ginisang Repolyo (Sauteed Cabbage) Ginisang Repolyo or Sauteed Cabbage is a quick and easy vegetable
631	634	Filipino Corned Beef and Cabbage My dad use to make this all the time, growing up. I forgot how good
632	635	Apple Cake Recipe This apple cake is perfect with brewed coffee. I like the combination for breakfas

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633	636	Chicken Caldereta Chicken Caldereta simmered to perfect tenderness in a spicy tomato sauce with pota
634	637	Shrimp Barbecue Recipe Grilling is a delicious (and easy!) way to cook shrimp, especially during the
635	638	Honey BBQ Chicken Wings Recipe These wings get loads of flavor from the slightly sweet honey- barbecu
636	639	Honey Curry Wings Recipe This Honey Curry Wings recipe is rich in protein that helps in the regulati

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637	640	Tuna Pizza Pandesal Recipe Two servings of this Tuna Pizza Pandesal recipe gives you a source of iro
638	641	Marinated Roast Garlic Chicken Recipe This dish is high in vitamin A that helps maintain healthy ski
639	642	Beef Brisket Rice Recipe This Beef Brisket Rice recipe is high in protein that is essential for grow
640	643	Easy Chicken Aloha Recipe The chicken recipe lists chicken thighs, but you can use any bone-in chick

#	id	mass_info
641	644	Grilled Honey BBQ Pork Chops Recipe This recipe is high in protein and vitamin B1. The body needs pr
642	645	Adobo sa Gata Paella Recipe This dish is a source of iron needed for making red blood cells that car
643	646	Adobong Gulay at Karne Recipe This dish is high in vitamin A that helps protect from infections by k
644	647	Adobong Manok sa Atsuete Recipe This pinoy dish is high in protein which is important for growth, de

#	id	mass_info
645	649	Chicken Adobo sa Gata Recipe This Del Monte Kitchenomics take on this regional adobo dish is a defin
646	650	Adobong Liempo Recipe This local dish contains protein that is essential for growth and development,
647	651	Tortang Hipon at Piña Recipe This dish is high in vitamin B1 that supports normal growth and helps t
648	652	Rolled Steak Casserole Recipe This Rolled Steak Casserole recipe is a source of calcium and iron. Ca

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649	653	Cheesy Chicken Aritada Recipe This delicious Cheesy Chicken Aritada dish is a source of vitamin A
650	654	Kinamatisang Manok Recipe Beef,Soy sauce,Pepper,slice sweet ham, cooked and divided into five,Chedd
651	655	Ginisang Baguio Beans with Pork Ginisang Baguio Beans with Pork is a simple dish consisting of fresh
652	656	Sauteed Green Beans with Ground Beef Sauteed Green Beans with Ground Beef is a simple, quick, and ea
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655	671	<i>NULL</i>

