

Living in alignment is about aligning one's "real" behaviors with one's "ideal values." Values are beliefs that can be helpful in making decisions.

Your top values are:

Family

connection to immediate or extended relations

Stability

taking on day-to-day activities in a calm and consistent manner

Honesty

telling the truth, does not engage in deception, is forthright and candid

Happiness

feelings of contentment, satisfaction and/or fulfillment

Privacy

the need for solitude or separateness



Family, Stability, Honesty, Happiness and Privacy

A little reminder is always good. Keep your active values in your wallet or at your desk.



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