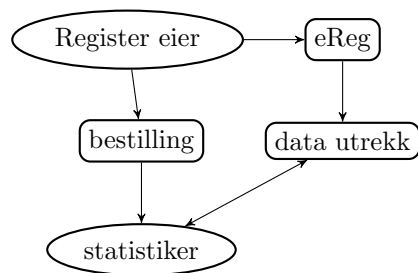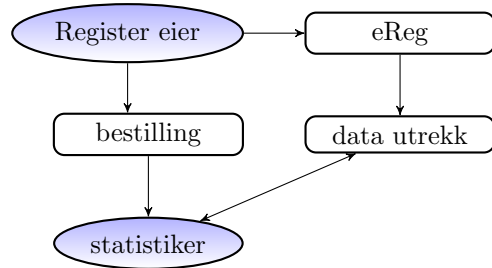Usual way to connect nodes with path

Arrow under ellipse to rectangle with `-|` as path ID

In case someone needs it, this syntax is explained in pgfmanual section "13.3.1 Intersections of Perpendicular Lines".

(`<p> |- <q>`) or (`<q> -| <p>`) represent a coordinate at intersection point between a vertical line passing through coordinate `<p>` and an horizontal passing through `<q>`. You can use named coordinates like (`bestil.north |- eier.south`) that is used here or numeric pairs like in (`2,1 |- 3,4`).

To get alle the nodes aligned for both ellipse and rectangle, the structure starts from the middle i.e `bestil` and specify the direction from there.