Hirschsprung's disease





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Incidence

- It occurs as Congenital and Familial.
- Also known as Congenital mega colon.
- Gene mutation also have identified on chromosome 10 (involving the RET proto oncogene) and on chromosome 13 in some patients.



Incidence

- Some of these conditions occur in an autosomal dominant manner.
- The cause of certain remaining cases are unclear.
- If otherwise normal parents have one child with the condition, the next child has 4% of being affected.





- Occurs in newborn due to absence of ganglion cells in the Auerbach's and Meissner's plexus.
- And there is hypertrophic nerves in the in the distal large bowel.
- The absence of ganglion is due to a failure of migration of vagal neural crest cells into the developing gut.





- The cranicaudal migration of neuroblast originating from the neural crest that occurs during first 12 weeks of gestation.
- Defects in the differentiation of the neuroblasts into ganglion cell destruction within the intestine may also contribute to this.





- 3 zones in a affected colon.
- Distal immobile spastic segment. (Aganglionic zone)
- 2. Cone
- 3. Normal ganglionic dialated and hypertrophied zone.





 A transition zone exist between the dialated, proximal, normally innervated bowel and the narrow, distal aganglionic segment.





Types

- 1. Ultra short segment HD Terminal part of the rectum is affected.
- 2. Short segment HD Rectum is affected. (80%)
- 3. Long segment HD- Rectum and part of the colon are affected.
- 4. Total colonic HD- 5%.



Clinical features

- 80% occur in males
- Common in infants and children.
- 10% associated with Down's syndrome.
- 90% are symptomatic within 3 days of age.





Clinical features

- Common presentation of this condition,
- 1. Failure to pass meconium.
- 2. Toothpaste like stools when DRE.
- Enterocolitis is a potentially fatal condition.



Clinical features

- This is typically in neonates with delayed passing meconium, abdominal distension and villous vomiting.
- But it may not be diagnosed until later in the childhood or even adult life, when it manifests as chronic constipation.





Investigations

- 1. Plain X ray intestinal obstruction.
- 2. Biopsy from all zones.
- 3. Ba enema.
- 4. Anorectal Manometry.





Investigations

- Diagnosis requires an adequate rectal biopsy and an experienced pathologist.
- In contrast enema shows the narrow aganglionic segment, cone and dialated proximal bowel.
- Surgery aims to remove this aganglionic segment.





Diagnosis

- Definitive diagnosis require a suction biopsy of the distally narrowed segment.
- A histologic examination of the tissue would show lack of ganglionic nerve cells.
- Suction rectal biopsy is considered currently the gold standard.



Diagnosis

- Radiological findings may also assist with diagnosis.
- Cineanography assists in determining the level of the affected intestines.





Treatment

- 1. Rectal washouts
- 2. Colostomy
- 3. Nutrition
- 4. Definitive surgery pull through surgery when child reaches 10kg of body weight.





Treatment

- Surgery aims to remove the aganglionic segment and pull through ganglionic bowel to the anus.
- Swenson, Duhamel, Soave and transanal procedures are there.





Treatment

- Surgery can be done in single stage or in stages after first establishing a proximal stoma in normally innervated bowel.
- Outcome is good in most cases.





Complications

- 1. Colitis
- 2. Intestinal obstruction
- 3. Growth retardation
- 4. Constipation
- 5. Perforation
- 6. Peritonitis





Prognosis

- Following the surgery most patients achieve good bowel control but significant minority experience residual constipation and faecal incontinence
- someone also eperienced enterocolitis.



