# Benzodiazepine Poisoning





•Benzodiazepines are commonly taken in overdose but rarely produce severe poisoning, except in the elderly or those with chronic respiratory disease.





#### Clinical features

 Benzodiazepines produce drowsiness, ataxia, dysarthria and nystagmus.

•Coma and respiratory depression develop in severe intoxication.



#### Management

•If respiratory depression is present in patients who have severe benzodiazepine poisoning, intravenous flumazenil 0.5–1.0 mg is given in an adult and this dose often needs repeating.

•Flumazenil use often avoids the need for assisted ventilation. It is relatively contraindicated in patients with mixed proconvulsant (e.g. tricyclic antidepressants)/benzodiazepine poisoning and those with a history of epilepsy because it may cause convulsions.



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