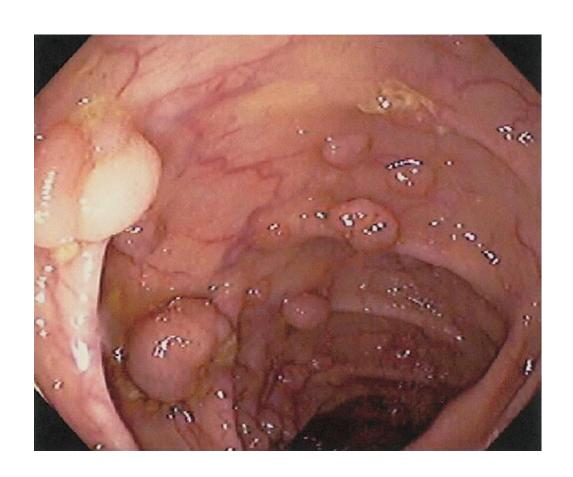
Colonic Polyps







Incidence

 More common among males than females.

 Strongly associated with increased age. (More than 40 years.





Classification

1. Inflammatory Polyps

2. Metaplastic or hyperplastic Polyps.

3. Hamartomatous Polyps. (Peutz – jeghers, Juvenile polyps).





Contd.

4. Neoplastic Polyps

Adenoma 1. Tubular

2. Tubovillus

3. villus

Adenocarcinoma Carcinoid tumor.





Clinical features

1. Asymptomatic (most cases)

2. Bleeding

3. Mucous discharge

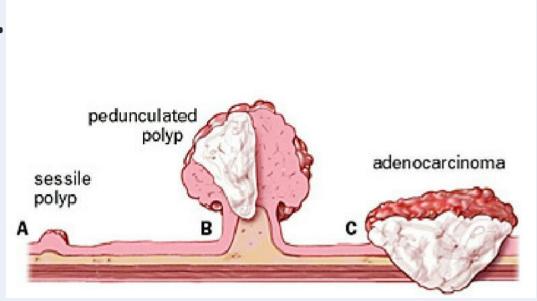
4. Prolapse.



appearance

1. Pedunculated.

2. Sessile.







Peutz-Jegher's polyp

- Common in small intestine (Jejunum). Can also occur in large intestine.
- Multiple polyps appear.
- Associated with melanosis of oral mucosa, lips and occasionally digits.



Rarely turn into malignancy.

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Juvenile polyp

- Cherry tumor. Found in infants and children.
- Can cause bleeding.
- Pain if prolapsed during defecation.
- A solitary juvenile polyp has virtually no tendency to malignant change. (Not a precancerous



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Hyperplastic polyps

- Small, Pinkish, sessile polyps.
- 2-4 cm in diameter.
- Frequency multiple.
- Harmless
- Comprises about 90% of all polyps.





Inflammatory polyps

Oedematous islands of mucosa.(Pseudopolyp)

Usually associated with collitis.





Adenomatous polyps

- Most frequent histologic type.
- Histologically 3 types. (Tubular 70%, villous, tubulo villous)
- It can be solitary or multiple.
- Presentation can be, Diarrhoea, Mucous discharge, Hypokalemia, Bleeding.





Contd.

Risk of malignancy is increased with,

- 1. Increased size of adenoma.
- 2. Sessile nature.
- 3. Villous architecture.
- 4. Dysplasia.



Villous adenoma

- May be very large.
- (Occasionally fill the entire rectum)
- Increased tendency to become malignancy than tubular adenoma.
- Treatment Endoscopic submucosal resection.

Trans anal endoscopic





Hereditary polyps

Familial adenomatous polyposis.
(FAP)

2. Hereditary non polyposis colorectal cancer.





FAP

- More than 100 polyps.
- Familial 80%. Sporadic 20%.
- Autosomal dominant condition.
- Rectal and colonic Polyps. Can also occur in stomach, duodenum and small intestine.
- Occurs around puberty. (15-20 years)



FAP contd.

 APC gene in chromosome 5 is responsible.

 It is a premalignant condition. (100% chance of malignancy at the age of 40 years)
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FAP contd.

- Investigations
- 1. DCBE
- 2. Colonoscopy & biopsy.
- 3. Screening family members from 10 years. Yearly colonoscopy upto 20 years.



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FAP contd.

1. Total colectomy in most cases.

 Pan proctocolectomy with permanent iloestomy in some instances.





HNPCC

Also called as Lynch's syndrome.

• Increased risk of colorectal cancer 80%. Also increased of endometrial, ovarian, stomach and small intestinal cancers.



Autosomal dominant condition.

HNPCC contd.

Mean age of diagnosis is 44 years.

 Most cancers develop in the proximal colon.

Diagnosed by , 1. Genetic testing.

2. Amsterdam





