Project proposal

Team 8

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0.1 1. Introduction

the first wave of the pandemic, across 25 different countries Understanding these dynamics requires moving beyond surface-level indicators and engaging with the social consequences of crisis in spaces that are typically shielded from public view. While much has been written about the impact of COVID-19 on the economy, healthcare systems, and institutional resilience, far less attention has been given to the private and often silenced spaces of human life: the home, intimate relationships, and domestic vulnerability.

The general problem area that this analysis contributes to is the study of how large-scale crises that confine people to their homes affect patterns of private harm. Specifically, it addresses the question of how pandemic related stressors like mortality, unemployment, and enforced proximity through lockdowns may have influenced domestic violence. This question is difficult to answer, both because such violence is often underreported, and because the available data is fragmented across sources, uneven in quality, and covers different countries and time frames. We are using four datasets that include monthly domestic violence indicators, mortality rates from COVID-19, unemployment data, and lockdown policy information. Not all datasets contain all countries, but we believe the overlap is sufficient to draw meaningful insights. We have structured our data month-by-month for the first half of 2020, and aligned it across countries using consistent identifiers and variables. Our approach is to visualize and analyze trends, and then apply statistical models to test relationships between key variables. Our exploratory goal is to understand how reported domestic violence changed over time during the pandemic, and whether there are visible associations between those trends and variables such as unemployment, mortality, or lockdown severity. Our predictive goal is to evaluate whether these factors can help predict the direction and intensity of change in violence indicators. We plan to use regression models, including non-linear and interaction terms, and experiment with derived variables such as cumulative lockdown duration or lagged unemployment. Our hypothesis is that violence decreased sharply during periods of strict lockdown (possibly due to reporting problems), and rose again afterwards. We also expect that high unemployment will be associated with higher levels of violence, and that mortality may have a delayed or mixed effect. We believe this approach is unique because it combines multiple international datasets that were not originally designed to be used together, and applies data science tools to a highly sensitive and underexplored topic. The potential contribution of this research is in clarifying how public health policy may affect private and often hidden aspects of individual life, beyond commonly studied economic or institutional factors, thereby supporting the development of more intelligent and sensitive responses to future crises.

0.2 2. Data

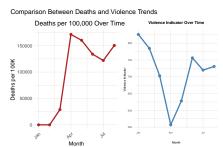
We are using four datasets to explore how the COVID-19 pandemic affected domestic violence trends across 25 countries. Our main dataset contains monthly reports of domestic violence. The other three datasets include lockdown policies, COVID-related deaths and unemployment rates. Some of our datasets of different measurments, we are looking to see trends in every country as its own so the measurment does not matter nor needs to be normalized. Also some of the datasets do not contain all the countries from our main dataset, but because we are working on 25 different countries and look for trends generally and not specify by country then it is acceptable to research some factors on a partly dataset of countries as long as we have more than 10-15 countries and their other factors exist and have a difference between them.

A full description of each dataset and the features we are using is provided in the README.md file in the /data folder and appears in the appendix of this document.

0.3 3. Preliminary results

In this analysis, we examine the relationship between trends in deaths per 100,000 people and reported violence incidents during the first months of the COVID-19 pandemic.

We plotted two time series graphs side-by-side: One shows the monthly deaths per 100,000 people The other shows the average violence indicator over the same period

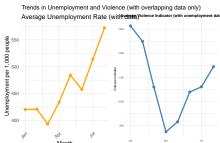


The graphs reveal that during the COVID-19 outbreak peak around April 2020, the number of deaths per 100,000 increased sharply. In contrast, the violence indicator shows a sharp decrease at the exact same time. After April, we observe an inverse pattern: while deaths begin to decline, violence starts to rise again.

These opposite trends suggest a potential negative association between mortality levels and violence during the pandemic — possibly reflecting factors such as lockdown severity, reduced social interaction, or underreporting of violence

This analysis examines the global trends in unemployment per 1000 people and violence incidents during the early phase of the COVID-19 pandemic

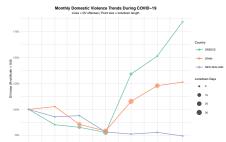
We present two side-by-side time series plots The left plot shows the average global unemployment rate per 1000 people The right plot shows the average global violence indicator over time



Although the relationship between the two variables is less clearly defined compared to previous analyses we still observe a notable shift around April 2020 when the COVID-19 pandemic began to peak globally During this time the unemployment rate begins a steady increase that

continues in the following months In contrast the violence indicator reaches its lowest point in April followed by a gradual upward trend

This simultaneous change suggests that the early stages of the pandemic may have impacted both economic and social stability While the trends are not perfectly inversely correlated the timing of their shifts hints at a possible indirect connection between rising unemployment and increases in violence



In this graph we compare three countries that handled COVID-19 in a different way through national lockdowns, Spain which had serious and long lockdowns, Greece which had partial and short lockdowns and New Zealand which had no lockdowns during this time, although it is only three countries we can see the domestic violence rates trends are very different and we would like to continue our research along with the other factors to fully understand what might cause the rise or fall of domestic violence during the beginning of the pandemic.

0.4 4. Data analysis plan

Response (Y) Variable: Violence indicator: Our primary outcome measure representing reported domestic violence incidents

Explanatory (X) Variables: -COVID mortality rates: Monthly deaths per 100,000 people -Lockdown severity: Categorized levels of government restrictions -Unemployment rates: Monthly unemployment figures per 1,000 people

Comparison Groups We'll group countries across several dimensions: Geographic: Continental regions and economic development levels (high/middle/low-income) Policy Response: -Lockdown severity (high/medium/low restriction) -Policy timing (early vs delayed responders)

Temporal: Pandemic phases (pre-pandemic, first wave, intermediate, second wave) Seasonal periods to control for seasonal variations

Impact-Based:

Mortality impact groups Economic impact groups

Methods

- -Data Visualization & Transformation Using time series plots and log transformations to visualize trends and address non-linear patterns in violence reporting.
- -Multiple Linear Regression Analyzing how mortality, unemployment, and lockdown measures simultaneously affected violence indicators while controlling for multiple factors.
- -Non-Linear Modeling Incorporating polynomial terms to capture potential non-linear relationships between pandemic duration and violence trends.
- -Interaction Models Testing whether lockdown effects varied based on economic conditions using interaction terms in our regression models.
- -Feature Engineering Creating derived variables including lagged variables, percent changes from baselines, and cumulative measures of lockdown duration.

-Model Evaluation Using adjusted R-squared, residual analysis, and visual diagnostics to identify effective models and prevent overfitting.

Expected Results We expect to find:

-Regional variations in violence patterns across continents -A "V-shaped" trend in high-restriction countries (initial decrease followed by increase) -Different patterns between first and second waves as countries adapted -Stronger lockdown-violence associations in countries with higher unemployment

These findings would support our hypothesis that pandemic factors influenced domestic violence in complex ways, moderated by economic conditions and varying across different types of countries and pandemic phases. Teamwork Division Data Preparation:

Team member 1: Clean datasets, handle missing values Team member 2: Create derived features, normalize variables

Statistical Analysis:

Team member 3: Conduct group comparisons (ANOVA, t-tests) Team member 4: Design visualization strategies

Modeling:

Team members 1 & 2: Implement regional and policy-specific models Team member 3: Create temporal models Team member 4: Coordinate model evaluation across groups

Report Preparation: All team members will collaborate on interpreting results with me leading the synthesis of findings across groups.

0.5 Appendix

0.5.1 Data README

```
output:
 pdf_document: default
 html_document: default
# Data Dictionary
## 1. covid_monthly_domesticviolence.xlsx
**Description**: this is a monthly count of domestic violence cases across 34 countries during the begin
**Columns:**
- 'Region': self explenatory
- 'Sub region': not-used
- 'Country': country indicator
- 'Indicator': the domestic violence indicator - sexual/physical, female/male victim
- 'Oct_2019': monthly indicator (has numeric count per country per indicator)
- 'Nov_2019': monthly indicator (has numeric count per country per indicator)
- 'Dec_2019': monthly indicator (has numeric count per country per indicator)
- 'Jan_2020': monthly indicator (has numeric count per country per indicator)
- 'Feb_2020': monthly indicator (has numeric count per country per indicator)
- 'Mar_2020': monthly indicator (has numeric count per country per indicator)
- 'Apr_2020': monthly indicator (has numeric count per country per indicator)
- 'May_2020': monthly indicator (has numeric count per country per indicator)
- 'Jun 2020': monthly indicator (has numeric count per country per indicator)
- 'Jul 2020': monthly indicator (has numeric count per country per indicator)
```

- 'Aug_2020': monthly indicator (has numeric count per country per indicator) **Structure ('glimpse')**: Rows: 129

Columns: 15 \$ Region <chr> "Europe", "Americas", "Europe", "Europe", "Europe", "Europe", "Americas", "Amer... \$ 'Sub region' <chr> "Southern Europe", "Latin America and the Caribbean", "Southern Europe", "South... <chr> "ALBANIA", "ANTIGUA AND BARBUDA", "BOSNIA AND HERZEGOVINA", "BOSNIA AND HERZEGO... \$ Country \$ Indicator <chr> "Sexual violence or physical assault by IPFM* (domestic violence): Total numbe... <dbl> 112, 5, 109, 30, 3, 27, 9903, 1224, 3888, 0, 1, 0, 1, NA, NA, NA, NA, NA, 176, ... \$ Oct_2019 \$ Nov_2019 <dbl> 81, 5, 104, 32, 2, 30, 9886, 1193, 3983, 0, 1, 0, 0, NA, NA, NA, NA, NA, 155, 2... <dbl> 113, 1, 131, 34, 3, 31, 10883, 1304, 4224, 0, 1, 0, 0, NA, NA, NA, NA, NA, 184,... \$ Dec_2019 \$ Jan_2020 <dbl> 111, 6, 73, 38, 5, 33, 11178, 1222, 4294, 0, 2, 0, 0, NA, NA, NA, NA, NA, 190, ... <dbl> 90, 6, 95, 57, 2, 55, 9899, 1124, 3680, 0, 0, 0, 2, NA, NA, NA, NA, NA, 222, 5,... \$ Feb_2020 \$ Mar_2020 <dbl> 90, 7, 88, 49, 5, 44, 9578, 1035, 3626, 0, 1, 0, 2, NA, NA, NA, NA, NA, NA, 209, 1,... \$ Apr_2020 <dbl> 96, NA, 86, 40, 5, 35, 7776, 878, 2889, 0, 1, 0, 0, 7617, 0, 9, 1716, 538, 190,... \$ May_2020 <dbl> 127, NA, NA, NA, NA, NA, NA, NA, NA, NA, O, O, O, O, 9674, O, 3, 2216, 575, 222, O,... \$ Jun 2020 <dbl> 159, NA, NA, NA, NA, NA, NA, NA, NA, NA, O, 3, 0, 1, 7690, 0, 5, 1703, 443, 292, 0,... \$ Jul 2020 <dbl> 158, NA, NA, NA, NA, NA, NA, NA, NA, NA, O, 2, O, O, 8167, 1, 1, 1985, 512, 250, O,... \$ Aug 2020

Summary Statistics ('summary'):

Region	Sub region	Country	Indicator	Oct_2019
Length: 129	Length:129	Length: 129	Length: 129	Min. : 0.0
Class : character	Class :characte	r Class:character	Class :character	1st Qu.: 3.0
Mode :character	Mode :characte	r Mode :character	Mode :character	Median: 31.0
				Mean : 554.7
				3rd Qu.: 251.0
				Max. :9903.0
				NA's :24
Nov_2019	Dec_2019	Jan_2020	Feb_2020	Mar_2020
Min. : 0.0	Min. : 0.0	Min. : 0.00	Min. : 0.0 M	Min. : 0.0
1st Qu.: 3.0	1st Qu.: 3.0	1st Qu.: 2.75	1st Qu.: 2.0	lst Qu.: 3.0
Median: 32.0	Median: 49.5	Median : 34.00	Median: 35.0 M	Median: 33.0
Mean : 515.5	Mean : 585.0	Mean : 568.65	Mean : 540.0 N	Mean : 467.5
3rd Qu.: 269.0	3rd Qu.: 372.2	3rd Qu.: 307.75	3rd Qu.: 288.2	3rd Qu.: 218.0
Max. :10508.0	Max. :11642.0	Max. :13018.00	Max. :12409.0 N	Max. :9750.0
NA's :16	NA's :15	NA's :17	NA's :17	NA's :12
Apr_2020	May_2020	Jun_2020	Jul_2020 At	ıg_2020
Min. : 0.0	Min. : 0.00	Min. : 0.0 Mi	n. : 0.0 Min.	: 0.00
1st Qu.: 2.0	1st Qu.: 3.25	1st Qu.: 5.0 1s	t Qu.: 2.0 1st 0	Qu.: 2.75
Median: 35.0	Median : 51.00	Median: 54.0 Me	dian: 49.0 Media	an: 29.00
Mean : 444.7	Mean : 572.08	Mean : 610.2 Me	an : 611.7 Mean	: 604.20
3rd Qu.: 216.5	3rd Qu.: 360.75	3rd Qu.: 331.0 3r	d Qu.: 342.2 3rd (Qu.: 295.25
Max. :7776.0	Max. :9674.00	Max. :9122.0 Ma	x. :9377.0 Max.	:9056.00
NA's :11	NA's :43	NA's :40 NA	.'s :43 NA's	:53

^{## 2.} death_rates.csv

^{**}Description**: a 3 column dataset that will tell us the daily and by that monthly deaths from COVID-1

^{**}Columns:**

```
- 'Entity': the country indicator
- 'Day': daily date from the start of 2020
- 'Daily new confirmed deaths due to COVID-19 per million people (rolling 7-day average, right-aligned)
**Structure ('glimpse')**:
Rows: 480,085
Columns: 3
$ Entity
$ Day
$ 'Daily new confirmed deaths due to COVID-19 per million people (rolling 7-day average, right-aligned)
**Summary Statistics ('summary')**:
   Entity
                       Day
Length: 480085
                   Length: 480085
Class :character
                   Class : character
Mode :character
                   Mode :character
Daily new confirmed deaths due to COVID-19 per million people (rolling 7-day average, right-aligned)
Min. : 0.0000
1st Qu.: 0.0000
Median: 0.0000
Mean : 0.6629
3rd Qu.: 0.2464
Max. :129.2137
## 3. coronanet_release_Croatia.csv
**Description**: an example dataset of the policies in this country,
we will take the lockdowns and interpert from that,
we have a dataset like this for each of our countries (we are explaining only some columns)
**Columns:**
- 'description': the full description of the policy/lockdown for our use and filtering
- 'date_announced': when was it announced
- 'date_start': when did it start
- 'date_end': when did it end
- 'date_end_spec': not used or important
- 'country': country indicator
- 'init_country_level': is it national, regional or provencial
- 'domestic_policy': is it domestic or worldwide
- 'type': specified if its lockdown or something else
- 'target_who_what': is it for all residents or just visitors or based on age
- 'compliance': mandatory/voluntary
**Structure ('glimpse')**:
Rows: 1,076
Columns: 63
$ description
                        <chr> "September 14, 2020: With Bulletin N. 262, the Italian Ministry of He...
$ date_announced
                        <date> 2020-09-14, 2020-04-07, 2020-02-25, 2020-03-11, 2020-03-11, 2020-03-...
                        <date> 2020-09-14, 2020-04-07, 2020-02-25, 2020-03-13, 2020-03-13, 2020-03-...
$ date_start
```

```
<date> 2020-09-15, NA, 2020-02-25, 2020-03-30, 2020-03-30, 2020-03-30, 2020...
$ date end
                                                             <chr> "The policy has a clear end date", "The policy's end date is unknown ...
$ date_end_spec
$ country
                                                             <chr> "Albania, Andorra, Armenia, Austria, Azerbaijan, Belarus, Belgium, Bosnia an...
                                                             <chr> "National", "National", "National", "National", "National", "National...
$ init_country_level
                                                             $ domestic_policy
                                                             <chr> "New Task Force, Bureau or Administrative Configuration", "New Task F...
$ type
$ target_who_what
                                                             <chr> "All Residents (Citizen Residents + Foreign Residents)", "All Residen...
                                                             <chr> "Mandatory (Unspecified/Implied)", "Mandatory (Unspecified/Implied)",...
$ compliance
## 4. UNE_TUNE_SEX_AGE_NB_M-filtered-2025-05-18.csv
**Description**: an unemployment monthly count by country and age ranges
**Columns:**
- 'ref_area.label': country indicator
- 'source.label': the source from which the data came from
- 'indicator.label': the indicator which is usually unemployment but by what count
- 'sex.label': sex
- 'classif1.label': age range or other classifiers
- 'time': month and year
- 'obs_value': count value by the count on the indicator
- 'obs_status.label': wether the count is reliable or not (mostly reliable)
- 'note_classif.label': notes on the classifier
- 'note_indicator.label': notes on the indicator
- 'note_source.label': notes on the source
**Structure ('glimpse')**:
Rows: 7,970
Columns: 11
$ ref_area.label
                                                        <chr> "Australia", "Australia",
$ source.label
                                                        <chr> "LFS - Labour Force Survey", "LFS - Labour Force Survey", "LFS - Labour...
                                                        <chr> "Unemployment by sex and age (thousands)", "Unemployment by sex and age...
$ indicator.label
                                                        <chr> "Total", "Total
$ sex.label
                                                        <chr> "Age (Youth, adults): 15+", "Age (Youth, adults): 15-64", "Age (Youth, ...
$ classif1.label
                                                        <chr> "2020M12", "2020M12", "2020M12", "2020M12", "2020M12", "2020M12", "2020M12", "2020...
$ time
$ obs value
                                                        <dbl> 859.814, 843.707, 301.252, 558.562, 859.814, 301.252, 432.529, 109.927,...
$ obs_status.label
                                                        $ note_classif.label
$ note_indicator.label <chr>> "Frequency: Monthly", "Frequency: Monthly", "Frequency: Monthly", "Freq...
                                                        $ note source.label
```

0.5.2 Source code

```
knitr::opts_chunk$set(
  echo = FALSE,
  warning = FALSE,
  message = FALSE,
  fig.width = 6,
```

```
fig.height = 4,
  out.width = "35%"
library(tidyverse)
library(broom)
library(htmltools)
library(readr)
library(dplyr)
library(ggplot2)
library(patchwork)
df <- read_csv("merged_deaths_violence_final.csv")</pre>
df_summary <- df %>%
  mutate(year_month = as.Date(paste0(year_month, "-01"))) %>%
  group_by(year_month) %>%
  summarise(
    avg_deaths = mean(monthly_avg_deaths, na.rm = TRUE),
    avg_violence = mean(violence_indicator, na.rm = TRUE)
  mutate(deaths_per_100k = avg_deaths * 100000)
p1 <- ggplot(df_summary, aes(x = year_month, y = deaths_per_100k, group = 1)) +
  geom_line(color = "firebrick", size = 1.2) +
  geom_point(color = "firebrick", size = 2) +
  labs(title = "Deaths per 100,000 Over Time",
       x = "Month", y = "Deaths per 100K") +
  theme_minimal() +
  theme(axis.text.x = element_text(angle = 45, hjust = 1))
p2 <- ggplot(df_summary, aes(x = year_month, y = avg_violence, group = 1)) +
  geom_line(color = "steelblue", size = 1.2) +
  geom_point(color = "steelblue", size = 2) +
  labs(title = "Violence Indicator Over Time",
       x = "Month", y = "Violence Indicator") +
  theme minimal() +
  theme(
  legend.title = element_text(size = 6),
  legend.text = element_text(size = 5),
  axis.text.x = element_text(size = 5),
  axis.text.y = element_text(size = 5),
  axis.title.x = element_text(size = 6),
  axis.title.y = element_text(size = 6),
  plot.title = element_text(size = 8, face = "bold", hjust = 0.5),
  plot.subtitle = element_text(size = 6, hjust = 0.5)
(p1 + p2) +
  plot_annotation(title = "Comparison Between Deaths and Violence Trends")
```

```
library(dplyr)
library(readr)
library(stringr)
merge <- read_csv("merged_deaths_violence_final.csv", show_col_types = FALSE) %>%
  mutate(Entity = str_to_lower(Entity),
         year_month = as.character(year_month))
unemp <- read_csv("UNE_TUNE_SEX_AGE_NB_M-filtered-2025-05-18.csv", show_col_types = FALSE) %>%
  mutate(
    Entity = str_to_lower(`ref_area.label`),
    year_month = str_replace(time, "M", "-")
unemp_summary <- unemp %>%
  group_by(Entity, year_month) %>%
  summarise(unemployment_rate = mean(obs_value, na.rm = TRUE), .groups = "drop")
merged final <- merge %>%
  left_join(unemp_summary, by = c("Entity", "year_month"))
write_csv(merged_final, "merged_with_unemployment.csv")
library(dplyr)
library(readr)
library(ggplot2)
library(gridExtra)
df <- read_csv("merged_with_unemployment.csv")</pre>
df_filtered <- df %>% filter(!is.na(unemployment_rate))
monthly_avg <- df_filtered %>%
  group_by(year_month) %>%
  summarise(
   avg_unemployment = mean(unemployment_rate, na.rm = TRUE),
    avg_violence = mean(violence_indicator, na.rm = TRUE),
    .groups = "drop"
  )
monthly_avg$year_month <- as.Date(paste0(monthly_avg$year_month, "-01"))</pre>
p1 <- ggplot(monthly_avg, aes(x = year_month, y = avg_unemployment)) +</pre>
  geom_line(color = "orange", size = 1.2) +
  geom_point(color = "orange", size = 2) +
  labs(title = "Average Unemployment Rate (with data)",
```

```
x = "Month", y = "Unemployment per 1,000 people") +
  theme_minimal() +
  theme(axis.text.x = element_text(angle = 45, hjust = 1))
p2 <- ggplot(monthly_avg, aes(x = year_month, y = avg_violence)) +</pre>
  geom_line(color = "steelblue", size = 1.2) +
  geom point(color = "steelblue", size = 2) +
  labs(title = "Average Violence Indicator (with unemployment data)",
       x = "Month", y = "Violence Indicator") +
  theme minimal() +
  theme(
  legend.title = element text(size = 6),
 legend.text = element_text(size = 5),
  axis.text.x = element_text(size = 5),
  axis.text.y = element_text(size = 5),
  axis.title.x = element_text(size = 6),
  axis.title.y = element_text(size = 6),
 plot.title = element_text(size = 8, face = "bold", hjust = 0.5),
 plot.subtitle = element_text(size = 6, hjust = 0.5)
grid.arrange(p1, p2, ncol = 2, top = "Trends in Unemployment and Violence (with overlapping data only)"
library(scales)
library(readr)
library(dplyr)
library(ggplot2)
library(lubridate)
library(forcats)
# === Load and prepare data ===
dv <- read_csv("merged_with_unemployment.csv") %>%
  rename(country = Entity) %>%
  mutate(month = as.Date(paste0(year_month, "-01"))) %>%
 filter(Indicator == "Sexual violence or physical assault by IPFM* (domestic violence): Total number
  mutate(country = toupper(country))
lockdowns <- read_csv("greece_spain_newzealand_lockdowns.csv") %>%
  mutate(country = toupper(country),
         month = as.Date(paste0(year_month, "-01")))
selected_countries <- c("GREECE", "SPAIN", "NEW ZEALAND")</pre>
# Merge & clean
merged <- dv %>%
 filter(country %in% selected_countries) %>%
 left_join(lockdowns, by = c("country", "month")) %>%
  mutate(lockdown_length = replace_na(lockdown_length, 0)) %>%
  filter(format(month, "%Y-%m") != "2020-08")
```

```
# Clean and structure data
library(RColorBrewer)
# Assuming 'merged' is your combined dataset
plot_df <- merged %>%
  filter(format(month, "%Y-%m") != "2020-08") %>%
 mutate(
   country = factor(country, levels = c("GREECE", "SPAIN", "NEW ZEALAND")),
   month = as.Date(month)
  ) %>%
  group_by(country) %>%
  arrange(month) %>%
  mutate(
   dv_index = violence_indicator / first(violence_indicator) * 100
  ) %>%
 ungroup()
# Define a colorblind-friendly palette
cb_palette <- brewer.pal(n = 3, name = "Set2")</pre>
ggplot(plot_df, aes(x = month, y = dv_index, color = country)) +
  geom_line(size = 0.6) +
  geom_point(aes(size = lockdown_length), alpha = 0.7) +
  scale_color_manual(values = cb_palette) +
  scale_size_continuous(range = c(1, 4), name = "Lockdown Days") +
  scale_x_date(date_labels = "%b %Y", breaks = "1 month") +
  scale_y_continuous(labels = label_number(suffix = "%")) +
  labs(
   title = "Monthly Domestic Violence Trends During COVID-19",
   subtitle = "Lines = DV offenses | Point size = lockdown length",
   x = "Month",
   y = "DV Index (First Month = 100)",
   color = "Country"
  ) +
  theme_minimal(base_size = 6) +
  theme(
  legend.title = element_text(size = 6),
  legend.text = element text(size = 5),
  axis.text.x = element_text(size = 5),
  axis.text.y = element_text(size = 5),
 axis.title.x = element_text(size = 6),
 axis.title.y = element_text(size = 6),
 plot.title = element_text(size = 8, face = "bold", hjust = 0.5),
 plot.subtitle = element_text(size = 6, hjust = 0.5)
cat(readLines('../data/README.md'), sep = '\n')
```