

## **Asthma Patient Report**

Patient Name: Priya R.

Age: 24

Diagnosis: Chronic Asthma

Symptoms: Shortness of breath, wheezing, chest tightness, cough

Medication Prescribed:

- Salbutamol Inhaler (SOS)
- Montelukast 10mg daily
- Budesonide/Formoterol inhaler (daily)

Doctor's Advice:

Avoid outdoor activities during poor AQI days. Monitor AQI daily and wear a mask if AQI > 100.

Carry inhaler at all times.

Next Check-up: 20th June 2025

Doctor: Dr. Karthik Menon, Pulmonologist

Hospital: Coimbatore Asthma & Lung Care Clinic