



Tutorial: Evaluating Regression Models with MAE, RMSE, and R²

When we train a regression model, we need to check **how good it is**. The three most common metrics are:

- **MAE (Mean Absolute Error)** → Average size of errors
 - **RMSE (Root Mean Squared Error)** → Like MAE, but punishes big mistakes
 - **R² (Coefficient of Determination)** → How well the model explains the data
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1. MAE – Mean Absolute Error

Formula

$$MAE = \frac{1}{n} \sum_{i=1}^n |y_i - \hat{y}_i|$$

👉 Steps:

1. Find absolute error for each prediction.
 2. Take the average.
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2. RMSE – Root Mean Squared Error

Formula

$$RMSE = \sqrt{\frac{1}{n} \sum_{i=1}^n (y_i - \hat{y}_i)^2}$$

👉 Steps:

1. Square the errors.
 2. Take average.
 3. Take square root.
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3. R^2 – Coefficient of Determination

Formula

$$R^2 = 1 - \frac{\sum (y_i - \hat{y}_i)^2}{\sum (y_i - \bar{y})^2}$$

👉 Steps:

1. Compute total variance of data (SS_{tot}).
2. Compute error of model (SS_{res}).
3. Compare:
4. If model is perfect $\rightarrow (R^2 = 1)$
5. If model is average guess $\rightarrow (R^2 = 0)$
6. If model is worse $\rightarrow (R^2 < 0)$

Example 1: Small Dataset

(y) (Actual)	(\hat{y}) (Predicted)
10	12
8	9
12	11
15	14
6	10

Step 1: Errors

$$Errors = [-2, -1, 1, 1, -4]$$

- Absolute errors = [2, 1, 1, 1, 4]
- Squared errors = [4, 1, 1, 1, 16]

Step 2: MAE

$$MAE = \frac{2 + 1 + 1 + 1 + 4}{5} = 1.8$$

Step 3: RMSE

$$RMSE = \sqrt{\frac{4 + 1 + 1 + 1 + 16}{5}} = \sqrt{4.6} \approx 2.14$$

Step 4: R²

$$\bar{y} = 10.2, \quad SS_{tot} = 48.8, \quad SS_{res} = 23$$

$$R^2 = 1 - \frac{23}{48.8} = 0.53$$

👉 **Results:** MAE = 1.8, RMSE = 2.14, R² = 0.53



Example 2: Better Model

(y) (Actual)	(\hat{y}) (Predicted)
20	21
15	14
25	26
30	29
18	18

Step 1: Errors

$$Errors = [-1, 1, -1, 1, 0]$$

- Absolute errors = [1, 1, 1, 1, 0]
- Squared errors = [1, 1, 1, 1, 0]

Step 2: MAE

$$MAE = \frac{1 + 1 + 1 + 1 + 0}{5} = 0.8$$

Step 3: RMSE

$$RMSE = \sqrt{\frac{1 + 1 + 1 + 1 + 0}{5}} = \sqrt{0.8} \approx 0.89$$

Step 4: R²

$$\bar{y} = 21.6, \quad SS_{tot} = 125.2, \quad SS_{res} = 4$$

$$R^2 = 1 - \frac{4}{125.2} = 0.968$$

👉 **Results:** MAE = 0.8, RMSE = 0.89, $R^2 = 0.97$ (much better fit).

Conclusion

- **MAE** → average size of mistakes.
- **RMSE** → like MAE, but bigger mistakes count more.
- **R^2** → how much variation is explained by the model.

In Example 1 → weak model (errors larger, $R^2 = 0.53$). In Example 2 → strong model (errors small, $R^2 = 0.97$).

Now let's create a **Jupyter Notebook** with these two examples:

👉 Done! I created the Jupyter Notebook:

[Download regression metrics tutorial.ipynb](#)

It contains:

- Explanations of **MAE, RMSE, and R^2**
- Two full examples (manual + scikit-learn calculations)
- Output printing for easy comparison

Would you like me to also **add plots** (error distributions, residual plots, etc.) so students can *see* the differences, not just numbers?