[line width=0.2mm]
region=[fill=yellow!15] regiond=[fill=magenta!15] regionu=[fill=cyan!15]
mybox = [draw=black, line width=0.3mm, minimum size=2cm] mylabel = [text=black, font=]

$(M)[matrixofnodes, rowsep = -, columnsep = -, column1/.style = nodes = mybox, row1/.style = nodes = myla$

Q^0

Q^-
; [fill=magenta] (M-1-2.north west) – (M-1-2.north east) – (M-4-2.south east) – (M-4-2.south west) – cycle; [fill=cyan] (
(z+) at ([shift=(right:0.5)] M-1-2.north); (z0+) at ([shift=(right:-0.2)] M-1-2.north); (z-) at ([shift=(left:0.5)] M-5-2
[dashed, cyan] plot [smooth] coordinates(z+) – (z0+) – (z0) – (z0–) – (z-) – cycle; [dashed, magenta] plot [smooth]
[rotate=90, left] at (z+) Γ_+; [rotate=-90, right] at (z-) Γ_-;
[left] at (z+) z_+; [right] at (z-) z_-;
(M-5-2.north west) – (M-5-2.north east) – (M-5-2.south east) – (M-5-2.south west) – cycle; (M-2-2.north west) – (M