1.

(a)

Expand the field in derivatives in x and y

$$\vec{E} = (\vec{E}_0 + \vec{E}_1) e^{ikz - i\omega t} + \cdots$$
$$\vec{B} = (\vec{B}_0 + \vec{B}_1) e^{ikz - i\omega t} + \cdots$$

where $\vec{E}_0 = E_0(\hat{x} \pm i\hat{y})$, Since

$$\nabla \cdot \vec{E} = 0$$

$$0 = \nabla \cdot \vec{E}_0 e^{ikz - i\omega t} + \nabla e^{ikz - i\omega t} \cdot \left(\vec{E}_0 + \vec{E}_1\right)$$

$$= \left(\frac{\partial E_0}{\partial x} \pm i \frac{\partial E_0}{\partial y}\right) e^{ikz - i\omega t} + ike^{ikz - i\omega t} E_{z_1}$$

$$E_{z_1} = \frac{i}{k} \left(\frac{\partial E_0}{\partial x} \pm i \frac{\partial E_0}{\partial y}\right)$$

$$\vec{E} = \left(E_0(\hat{x} \pm i\hat{y}) + \frac{i}{k} \left(\frac{\partial E_0}{\partial x} \pm i \frac{\partial E_0}{\partial y}\right) \hat{z}\right) e^{ikz - i\omega t}$$

B field

$$\vec{B} = -\frac{i}{\omega} \nabla \times \vec{E}$$

$$= -\frac{i}{\omega} \left(ik\hat{z} \times \left(\vec{E}_0 + \vec{E}_1 \right) e^{ikz - i\omega t} + (\nabla E_0) \times (\hat{x} \pm i\hat{y}) e^{ikz - i\omega t} \right)$$

$$= \frac{k}{\omega} \left(E_0(\hat{y} \mp i\hat{x}) \pm \frac{1}{k} \left(\frac{\partial E_0}{\partial x} \pm i \frac{\partial E_0}{\partial y} \right) \hat{z} \right) e^{ikz - i\omega t}$$

$$= \mp i \frac{k}{\omega} \left(E_0(\hat{x} \pm i\hat{y}) + \frac{i}{k} \left(\frac{\partial E_0}{\partial x} \pm i \frac{\partial E_0}{\partial y} \right) \hat{z} \right) e^{ikz - i\omega t}$$

$$= \mp i \sqrt{\mu \varepsilon} \vec{E}$$

(b)

Angular momentum density

$$\begin{split} \vec{l} &= \varepsilon_0 \vec{r} \times \left(\vec{E} \times \vec{B} \right) \\ \left\langle l_z \right\rangle &= \frac{\hat{z}}{2} \cdot \varepsilon_0 \vec{r} \times \Re \left(\vec{E} \times \vec{B}^* \right) \\ &= \frac{\hat{z}}{2} \cdot \varepsilon_0 \vec{r} \times \Re \left(\vec{E}_0 \times \vec{B}_1^* + \vec{E}_1 \times \vec{B}_0^* \right) \\ &= \mp \frac{\hat{z}}{2} \cdot \sqrt{\mu_0 \varepsilon_0} \varepsilon_0 \vec{r} \times \Re \left(\mathrm{i} \left(\vec{E}_0 \times \vec{E}_1^* - \vec{E}_0^* \times \vec{E}_1 \right) \right) \\ &= \pm \hat{z} \cdot \sqrt{\mu_0 \varepsilon_0} \varepsilon_0 \vec{r} \times \Im \left(\vec{E}_0 \times \vec{E}_1^* \right) \\ &= \pm \hat{z} \cdot \sqrt{\mu_0 \varepsilon_0} \varepsilon_0 \vec{r} \times \Im \left(E_0 (\hat{x} \pm \mathrm{i} \hat{y}) \times \frac{-\mathrm{i}}{k} \left(\frac{\partial E_0}{\partial x} \mp \mathrm{i} \frac{\partial E_0}{\partial y} \right) \hat{z} \right) \\ &= \mp \frac{\varepsilon_0 E_0}{\omega} \Re \left((-x \mp \mathrm{i} y) \left(\frac{\partial E_0}{\partial x} \mp \mathrm{i} \frac{\partial E_0}{\partial y} \right) \right) \\ &= \pm \frac{\varepsilon_0 E_0}{\omega} \left(x \frac{\partial E_0}{\partial x} + y \frac{\partial E_0}{\partial y} \right) \\ &= \pm \frac{\varepsilon_0}{2\omega} \left(x \frac{\partial}{\partial x} + y \frac{\partial}{\partial y} \right) E_0^2 \end{split}$$

1D density

$$\langle L_z \rangle = \pm \int d\sigma \frac{1}{2\omega} \left(x \frac{\partial}{\partial x} + y \frac{\partial}{\partial y} \right) u$$
$$= \pm \int d\sigma \frac{u}{\omega}$$
$$= \pm \frac{U}{\omega}$$

This means a circularly polarized photon of energy $\hbar\omega$ has angular momentum along it's propagation direction of $\pm\hbar$. The transverse component of angular momentum vanish because of symmetry.

2.

(a)

(b)