

1.

$$\begin{aligned}
 S_{1,0} &= \frac{1}{2} \frac{\omega k a^2 \mu}{\pi^2} H_0^2 \sin^2 \frac{\pi x}{a} \\
 P_{1,0} &= \frac{1}{4} \frac{\omega k a^3 b \mu}{\pi^2} H_0^2 \\
 -\frac{dP}{dz} &= \frac{1}{2\sigma\delta} \int \left| \vec{n} \times \vec{H} \right|^2 dl \\
 &= \frac{H_0^2}{4\sigma\delta} \left(2b + a + \frac{k^2 a^3}{\pi^2} \right) \\
 \beta_{1,0} &= \frac{\pi^2}{2\mu_0 k a^3 b \sqrt{2\mu_c \sigma \omega}} \left(2b + a + \frac{k^2 a^3}{\pi^2} \right) \\
 &= \frac{\pi^2}{2\mu_0 a^3 b \sqrt{2\mu_c \mu \varepsilon \sigma \omega (\omega^2 - \omega_{1,0}^2)}} \left(2b + a + \frac{\mu \varepsilon (\omega^2 - \omega_{1,0}^2) a^3}{\pi^2} \right)
 \end{aligned}$$

2.

3.