

# 雅思口语题库+高分素材

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## Part 1 必考题

### Shopping

- 1) Do you like shopping?
  - 2) How often do you go shopping?
  - 3) Do you think price will affect you on choosing certain goods?
  - 4) Do old people and young people have different shopping habits?
- 
- 1) Yes, I am really into shopping, especially the online shopping. Well, I am a vampire shopper because I always stay up late at night. Then it is hard for me to resist the urge to buy something when I browse the shopping website during the night time.
  - 2) Well, I shop very often like at least three to four times a week and most of the shopping is done online. It is easy for me to get sucked in making orders online because I feel extremely pleasant when I see something cute and buy it immediately. I know such behaviors may reveal that I am quite anxious but I think shopping can serve as a feel-good factor for me.
  - 3) Well, it depends. If the goods are in urgent need such as the medical products or daily necessities, whether buying it or not will not be influenced by the high price of them. But as for some luxury items such as bag or jewelry, I will think twice before making a decision since it is most likely that I cannot afford them.
  - 4) Yes, of course there are differences of shopping habits between the old and the young. The young generation are used to shopping online nowadays due to the convenience and relatively low prices of the products. While for the elderly who are not good at using smart phones, they tend to shop in offline stores more frequently. This is also because the elder people always believe that the product quality of offline shops is far better than that bought online.

### Staying up late

- 1) Do you sometimes go to bed late?
  - 2) Is it important to have a good sleeping quality?
  - 3) What kind of activities do people do to improve their sleeping quality?
  - 4) What do you do when you stay up late?
  - 5) Why some people have to stay up late?
- 
- 1) Yes, sometimes I have papers to finish and have to stay up late. But when I have nothing to do, I sometimes also sleep late to watch movies or shop online. I know this is unhealthy, But I can't help to do so, I am addicted to it.
  - 2) No doubt. If people can't sleep well, they won't be able to focus during the day.
  - 3) There are many activities that serve the propose. For example, some people may have a cup of warm milk or do some yoga before bed. Others may just turn off their phones.
  - 4) Usually I stay up late in order to finish the tasks my teacher gave me, and sometimes I also stay up late to read novels or watch TV series, I kind of like the feeling of enjoying something alone in quiet and dark environment, it feels like I am the only one left in the world.
  - 5) There are many reasons for that. For example, people may have to stay up late for their work or study. Also, some people may go to the clubs or party at night.



## Friends

- 1) What do you like to talk with your friends?
  - 2) Do you think it is necessary to have similar interests with your friends?
  - 3) What kind of topics did you like to talk with your friends when you were child?
  - 4) What if you have different opinions with your friends?
- 
- 1) Well, that really depends on how close we are. Normally speaking, I usually share my daily life with my friends, for example, the song that I've been listening to lately or the funny videos I come across online.
  - 2) No, I don't think that is necessary. Yeah sure, it will be great if we share similar interests, but it's ok if we don't. I think the really important thing is the personality and the atmosphere when we spend time together.
  - 3) Well that's a long time ago! Maybe we spent most of our time talking about the latest cartoon and arguing who got the best toy.
  - 4) That happens all the time. Frankly speaking, I don't think it's a problem. It's not like you have different opinions with your boss or your partner. If you really want to solve that, just talk. I think talking about your feelings openly is the most effective method.

## Cooking

- 1) Do you learn how to cook when you were a child?
  - 2) Do you know how to bake a cake?
  - 3) Do you think people in your hometown like to cook?
  - 4) Do you prefer cooking home-made food or eating out?
- 
- 1) Yes, when I was a child, my parents always asked me to help them when they were cooking. They believe it's an essential life skill and cooking is a way to talk about health.
  - 2) I can't say I know how to bake. Because every time I try to bake a cake, I need to open Youtube and follow a baking video for every step.
  - 3) I think so. Take my family for example, we will go to market together on weekends and cooking our favourite dishes together. It's an excellent time to unify the family and connect us.
  - 4) I prefer cooking homemade food because food prepared at home is healthier. We eat fewer calories when we cook at home.

## Age

- 1) What do you think is the best age to learn driving?
- 2) How do you feel about getting older?
- 3) Should we treat people of different ages in the same way?
- 4) What will you do if you can be young again?



- 1) The simple answer is when the person is ready for it. Driving is considered a common life skill, and I think maybe seventeen or eighteen is the best age when teenagers will have more time to practice before college.
- 2) When I have to add one more candle for my birthday cake, I feel about getting older. But I prefer to think of myself as getting more mature and have more experience in this beautiful world.
- 3) Sure, throughout history, elders in the community were treated with respect, revered as wise sources of advice resulting from their life experiences. As for the young generation, we need to show respect to the elder and take more care of them.
- 4) I will spend more time practicing the piano. When I was little, I found practicing the instrument really tiring and boring, what make it worse is that my mom forced me to play it every day. But when I grow up, I realized that childhood is the best time for a person to learn a skill.

## Insects

- 1) **How do you like insects?**
  - 2) **Are there many different insects where you live?**
  - 3) **Do you think insects are useful?**
- 1) It depends. For instance I love butterflies because they are really beautiful and graceful, always flying like ballet dancers, but I hate some gross insects like mosquitoes and cockroaches. I couldn't spend even one second with those terrifying creatures!
  - 2) Yes, I guess so. Since there are many bushes and trees near our house, every summer evening there are always insects flying outside our window, I think they might be appealed by the light. And each time they appear in my room, I find it to be a totally different species, so I guess there might be more kinds of insects outside.
  - 3) Yes. I have learnt from biology classes that they act as decomposer on our planet and are playing an important role in the nature. Apart from decomposing planets' and animals' bodies, some insects also helps in other ways, take bees as an example, they help in the process of pollination.

## Fish

- 1) **Do you like fishing?**
  - 2) **Why do people go fishing?**
  - 3) **Do you like eating fish?**
  - 4) **Where can you see fish?**
- 1) Yes, I like fishing. And my family and friends are interested in fishing as well. Sharing a fishing experience helps strengthen our relationships.
  - 2) I believe one of the reason is that fishing can help people relieve stress. Spending a day afield casting for trout on a fresh mountain stream or bobber fishing for bluegills on a pond helps to release us from our highly stressful, everyday environment.
  - 3) My family and I like eating fish. We eat fish about three or four times a week. Fish is a high-protein, low-fat food that provides a range of health benefits.





- 4) Fish are found nearly everywhere there is water with enough food, oxygen and cover, for example, ponds, river and lake. However, for people who live in a big city, fish market or aquarium is also a good place to see fish.

## Public transportation

- 1) Do you travel by public transport?
  - 2) Do people in your country travel by public transport often?
  - 3) What is the most popular means of transportation in your hometown?
  - 4) Do you prefer public transportation or private transportation?
  - 5) Are there any traffic problems in your area?
  - 6) How do you think public transport could be improved?
- 
- 1) Yes, especially when the situation is not emergent, since public transport is always cheap. But if I'm in a hurry, I will take the taxi and ask the driver to take the fastest way.
  - 2) Yes, especially in big cities, since you know, big cities tend to have larger population. As a consequence, the problem of traffic jam is much more serious, and driving is not always faster than taking the public transport like subway, which will never be affected by ground transportation.
  - 3) I haven't done any research about this, but I think it might be the subway. In Shanghai most people live far away from their workplace because of the high house prices in downtown areas, added that taking the subway is relatively cheap and fast, so subway becomes the most suitable means for them to commute.
  - 4) I might choose public transportation. On the one hand, public transport costs relatively less, it saves me a lot of money, on the other hand, I do not need to maintain vehicles or worrying about breaking traffic rules.
  - 5) Well, yes. In our area there are a lot of private cars, and sometimes the drivers choose to park their car on the road instead of parking space. I know they believe their parking method is convenient for themselves, but the road becomes narrower and it becomes inconvenient for other drivers.
  - 6) First they should increase bus lines as well as subway lines for people who have various destinations. And for those lines which are always crowded, more trains should be used in order to deal with the congestion.

## Discussion

- 1) Do you prefer to talk or to listen?
  - 2) What do you like to talk about?
  - 3) Did you change the way you discuss when you were a child?
  - 4) Do you change your opinions frequently?
- 
- 1) I personally prefer to talk, because I think it's really important that people can have the chance to express themselves.
  - 2) Well, there are a wide range of things that I enjoy discussing with others. To take an example, I am quite fond of trying different kinds of coffee, especially the drip coffee, so I tend to share the information about the coffee



with my friends, like Brazil is the largest coffee producer in the world. Sometimes, they would think I am quite crazy but I enjoy talking about such things.

- 3) Of course I do. When I was a child, I was not the kind of kid who liked to talk much with others. Instead, I preferred to stay alone, playing the toys or drawing some pictures. But as I grow up, I enjoy talking with others on various topics. You know, it's hard for a kid to illustrate something logically, so with the improvement in my comprehension and expression abilities, I can discuss one topic in detail and make others easy to understand now.
- 4) Well, it depends. As for the topics with which I am not familiar, I am willing to listen to others' views with an open mind since there are always two sides to an argument and one can never make a judgement before listening to peripheral ideas. In this way, I tend to change my opinions on such topics very often since I keep absorbing fresh views. But for other topics such as the ones related to my field or profession, I choose to insist on my stance because these are the conclusions that I have drawn from my own experience.

## Newspaper

- 1) **Do you often read newspapers or magazines?**
  - 2) **Do you prefer to read newspaper or magazine?**
  - 3) **Do you prefer to read news online or on newspaper?**
  - 4) **Do you trust the news on newspaper?**
- 1) No, after entering college, I no longer read magazines or newspapers, instead I choose to read novels online. It's more convenient, but I am afraid that it will hurt my eyesight, so I always limit my time of reading online.
  - 2) Well, between the newspaper and magazine, I am into reading the magazine, especially the fashion magazine, since I'm the kind of person who is obsessed with following the latest trend and I can always be fascinated by the model pictures inside.
  - 3) To be honest, I'm more willing to read the newspaper to be informed by what is happening every day around the world. You know, although reading news online is much faster and more convenient in the modern society, I feel that my opinions, even the mood, can be negatively influenced by some ridiculous comments following the main body of the news. To avoid this, I tend to choose to read the newspaper.
  - 4) It depends, I may trust authoritative medias like China daily and People's daily, since they are official and trustworthy, I might also believe in sports news and political news of local newspapers, but I seldom care about entertainment news because they might be just marketing.

## Jokes

- 1) **Are you good at telling jokes?**
- 2) **Do your friends like to tell jokes?**
- 3) **How often do you joke around with your friends?**
- 4) **Do you like to watch comedies?**





- 1) I think yes, because I kind of love making people laugh. When I was little, I dreamed of becoming a comedian since hearing my family's laughter was one of my greatest happiness, but now I find it difficult to realized it since I always get nervous in front of people.
- 2) Well, yes, some of them are really good at telling jokes. Whenever she tells us something, she always adds her comments into it, making it more funny. And I love it when she emulates our teacher, I have to say she is really good at acting.
- 3) Not quite often. I am not that kind of person who likes to joke about others, and I am sensitive to people's feelings, so I always care when I tell jokes.
- 4) Yes, whenever I am in the mood of watching movies, comedies will always be my first choice. And my favourite comedy is Despicable Me, I really love watching Minions doing funny things, they are so cute that I even want to adopt them all!

## Handwriting

- 1) **What's the difference between writing with a pen and typing on a computer?**
  - 2) **Can we tell someone's personality from his or her handwriting?**
  - 3) **Do you often write with a pen?**
  - 4) **Is your handwriting easy for other people to read?**
- 1) As far as I am concerned, typing on a computer is more convenient and relatively faster. However, writing with a pen is more sincere.
  - 2) Yeah that's true. Your handwriting can represent you to some extent because it leaves the first impression. If your handwriting is neat, people that you meet for the first time tend to like you more.
  - 3) No. I seldom write with a pen and I think the last time I wrote something with my pen was more than a week ago. Most of my writing can be done with computers.
  - 4) Yeah I think so. I write very slowly so my handwriting is quite neat, which makes it easy to recognize.

## Plants

- 1) **Do you know anything about growing plants?**
  - 2) **Do you keep plants at home?**
  - 3) **Did you grow any plants when you were young?**
- 1) Well, it's hard to say. I keep many plants and they are all in good condition, but all I do is simply watering them and assuring them get appreciate sunlight. However, I cannot tell the exact method or secret of growing them, I just follow my heart.
  - 2) Yes, and most of them are plants that are easy to keep, like succulents, cactus and Scindapsus aureus. I am glad that my parents and I love plants and keep many of them, those plants really made our place seem full of vigor.
  - 3) Yes, when I was little, I grew strawberry in our flowerpot. It was not hard, but I always forgot to water them, so my parents helped me a lot. And I still remember the taste, it is sour-sweet and juicy, but a little different from those bought from the market.



## Stars

- 1) **Have you ever met a celebrity in real life?**
  - 2) **Which celebrity do you want to interview if you have the chance?**
  - 3) **Who is your favourite movie star?**
  - 4) **Are international superstars popular in your country?**
- 
- 1) Yes, I've met a boxer as well as the Olympic champion in person because he teaches PE in my school and I happened to meet him in the school canteen in my sophomore year.
  - 2) Well, I'd like to interview Gong Yoo. He is my favourite actor and I am really interested in why he chose to become an actor in the first place.
  - 3) Well, I'm a crazy fan of Johnny Depp and I really adore him. I've watched the Pirates of the Caribbean for thousands of times and his outstanding performance as the Captain inspires me a lot because he could always face the hardships and turn the corner with courage and wit.
  - 4) I'm not quite sure about that but as far as I know, from the people around me, I find that the young generation tends to regard sporting greats as their idols, especially those who play in the NBA, for watching these exciting games can always inspire and motivate these youngsters in their own lives. Besides, those Hollywood movie stars such as Tom Cruise and Leonardo DiCaprio enjoy great popularity for their charming appearance and charismatic personality.

## Water

- 1) **Do you ever drink bottled water? Why?**
  - 2) **What kind of water do you like to drink?**
  - 3) **How often do you drink water?**
  - 4) **Do you think water is an important resource?**
- 
- 1) I try not to drink bottled water in most cases in order to reduce the environmental impact of the plastic bottles. I think tap water is a more convenient, free or inexpensive option.
  - 2) I drink tap water in most cases. Sometimes I try adding ice and slices of fruit to tap water to improve its flavour.
  - 3) People always talk about Drink eight-ounce glasses of water a day. So, I set alarms on my phone to remind me to drink water in every working hours.
  - 4) Of course. It is important because it is needed for life to exist. Besides, many uses of water include agricultural, industrial, household, recreational and environmental activities.

## Colours

- 1) **What your favourite colour?**
- 2) **Do you usually wear clothes in your favourite colours?**
- 3) **Are there any colours you dislike?**
- 4) **Do you like dark colours or light colours?**



- 1) I like blue best, since it is the colour of the sky and ocean, so it is the representation of serenity and tolerance. I like blue so much that I would really want my next bedroom painted in blue.
- 2) Yes, blue clothes, especially dark blue ones, are able to help me look fairer and smarter, and I own piles of blue sweaters and dresses. Whenever I am wearing my favourite blue dress, I feel myself more elegant and peaceful.
- 3) Well, I am not that into red, although in Chinese tradition it is considered to be an auspicious color. It does symbolize energy and enthusiasm; however, it also reminds me of violence, blood and terror.
- 4) I prefer light ones. Although things of dark colours are believed to be of high class, I really appreciate those light colours like light blue and light pink, since they are able to bring me good mood and a sense of freedom. Dark colours, however, always stand for heaviness.

## Tidiness

- 1) **Are you a tidy person?**
  - 2) **Do you think people should be tidy all the time?**
  - 3) **Are you tidier at work or at home?**
  - 4) **How often do you tidy up your own room?**
- 1) Well, it depends. Most of the time, I can say I am a tidy person because I always live an organized life, and planning everything in order gives me a strong sense of achievement. But sometimes, especially when I'm caught up with my work, I tend to be a little bit sloppy because all I want to do is to unwind myself.
  - 2) I don't think so and it really depends on different situations. I have to admit that being tidy is a good thing since it can make people live in an orderly manner and boost working efficiency. But I believe it's unnecessary to be tidy for every moment of your life since when you are exhausted after work, you can just relax and it's ok not to sort the things out.
  - 3) To be honest, I'm much tidier when I am at work because putting everything in order in the workplace helps avoid unnecessary mistakes, thus boosting the working efficiency. While at home, it is likely for me to slack off most of the time.
  - 4) I am a bit lazy...so maybe once or twice a week? I don't tidy up my room quite often, actually, I would my room to be a little messy because it would make me feel more like home.

## Gifts

- 1) **What's the best present or gift you have ever received?**
  - 2) **Do you give expensive gifts?**
  - 3) **What do you give others as gifts?**
  - 4) **What kinds of gifts are popular in your country?**
- 1) Probably about 10 years ago, I got a yellow crystal bracelet from my father as the Bday gift. I cherished it very much and wore it only on some significant occasions, like exams or giving presentations. I'm always lucky when I'm wearing it so I take it as my lucky bracelet.



- 2) Yes, as a return of my new year gift, I had spent a lot on buying a vacuum cleaner for my friend because it's quite practical to clean his car. I'm glad that he's still using it now.
- 3) I'd like to select sth practical, such as make-ups, game machines or sunglasses. However, I mostly will ask whether they are into sth in advance before making decisions just in case of making wrong choices.
- 4) As for the custom in China, the red pocket is the most prevalent for having good meanings. Red means joyful and money can be used freely as receivers like.

## Meeting new people

- 1) **Do you like meeting new people?**
  - 2) **How do you feel when people welcome you?**
  - 3) **Do you often meet new people?**
  - 4) **Can you tell if you like someone when you meet them for the first time? Why?**
- 
- 1) Yeah, I like meeting new people. I am quite outgoing and I think meeting new people is a good way for me to make some friends, and it's great fun learning about their life story.
  - 2) I would feel very honoured, and quite happy, of course. Being welcomed means that people like you, and I think that's a good thing.
  - 3) Actually, not really. I am quite busy with my school work so I spend most of my time with the people that I already know. I would love to have more chances to know new people though.
  - 4) Yes, I can. I know some people may say it's too subjective to judge a person when you meet him for the first time, but I think the first impression is really important. And if we could fit well together, I could actually feel it, because the atmosphere would be a bit different.

## Extreme sports

- 1) **What extreme sports do you know?**
  - 2) **Do you want to do extreme sports?**
  - 3) **What is the most popular extreme sports in your country?**
  - 4) **Do you find extreme sports dangerous?**
- 
- 1) Well, I am not so familiar with this conception, and I know little about it. Bungee is one of them, right?
  - 2) Not really...It's too much for me, I think. I don't have the guts to try extreme sports. I personally prefer more common ones like running or bicycling.
  - 3) Bungee jumping is quite famous, because there are a lot of tall mountains in China, and there are also tons of skyscrapers too.
  - 4) Well, I think as long as people are well equipped and guided by the professionals, it's not really that dangerous.



## Part2&3 人物类（必考题）

### 高兴认识的人

**Describe a person who you are happy to know**

**You should say:**

**Who this person is**

**How you know this person**

**What he or she is like**

**And explain why you are happy to know him or her**

When I was in junior middle school, I transferred to study in another city. The results of the entrance examination made me lost my self-confidence all in a sudden, and I began to worry about whether or not I can make new friends. At that time, I was a relatively introverted person, which made me more nervous and afraid when talking to others. Unexpectedly, on the third day, a little girl who sat in front of me came up to me and introduced herself and our school, I was shocked by her appearance, but as time went by I began to feel relaxed, she even agreed to show me around the school.

In the next few days, with her help, I got to know many new students, but she impressed me the most. She was gentle and elegant, always had a smile on her face. In class, she was an active speaker, it was so admiring that there were always many wonderful ideas coming out of her mouth.

After class, she always helped me patiently with my problems, and I remember so clearly of her attentive eyes when trying to work out math problems. With such a good new friend, I became familiar with the campus very soon.

The reason I think it is so glad to know her is that she is the first person to talk to me in the first week of studying in a totally different city. With her help and accompany, the students were always very warm and friendly to me. And it is her who made me find my lost confidence and believe that I have the ability to have better grades -that friendship meant a lot to me.

### Part3

**Do you think everyone shares a similar definition of happiness?**

Of course not, take my classmates as an instance, some of them stay in their dorm and play computer games all day long even without going out to eat something, they must believe that that's their happiness, however some students spend a lot more time on studying for the next exam, they might believe that having good grades is their happiness, maybe the easiest way to ensure one's happiness is to find out the thing that he or she spend the most time on.

**Some people say that living in a happy city is boring. What do you think?**

I guess people who said that might have different understandings of a happy city compared to me. For me, a happy city means everyone or nearly everyone living in the city have high happiness index. If one can live in a city like this, it must be a lot safer and comfortable because of the low crime rate and the cosy daily life, I would never call this boring.

**How can children feel happy?**





Children are usually very easy to be amused, a piece of birthday cake or some candies can make their happiness last for a long time. It is also of great fun for them to watch cartoons, have P.E. classes and have a picnic with classmates.

**What's the difference between adult's and children's happiness?**

Generally speaking, children's happiness is much easier to get happy and excited, for instance, they might become delighted because of a butterfly, while adults are not that easily entertained since they have seen a lot more sceneries and experienced a lot more than kids, so they tend to be calmer and thus harder to get happiness.





## 有领导力的朋友

**Describe a friend who is a good leader**

**You should say:**

**Who this person is**

**How you knew this person**

**How this person behaves**

**And explain why you think this person is a good leader**

Speaking of the topic, I'd like to talk about my good friend, Mary, who I think is a very outstanding leader.

I met her in one elective lesson during my first year in college. The course was on marketing strategy and we were required by the professor to do a presentation for the final in groups. There were 6 of us in the group in total including Mary.

The group work was not easy and since the members of the group were from different majors, we all had different opinions on the topic of the presentation. Some students wanted to talk about customer behaviour while others thought it would be better if we could start in the entrepreneurs' shoes. We wasted way too much time on the topic and could hardly move on further on the project. That was when Mary stood up. She analyzed the pros and cons of both perspectives and suggested that we would combine them together.

Apart from that, Mary also assigned us the work and made sure that everything went on smoothly and effectively. One thing I'd like to point out is that even though Mary was in charge of the whole process, she was not bossing us around. Instead, she totally respected our opinions and instead of a "LEADER", she was more like the glue that pulled the whole team together. Under her guidance, the rest of the process went on great and we got a satisfactory grade thanks to our harmonious cooperation.

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### Part3

**Who is the head of the family in your culture?**

In most Chinese families, the male is the head of the family, for example, the father, or the son when the father gets old. It has something to do with the traditional Chinese culture because, in the past, it was the men who supported the families financially. However, nowadays as more women are out working, they are becoming the head of the family gradually as well.

**Are men better at decision making in a family?**

That really depends. Men and women usually have quite different qualities, so they make different decisions. For example, if the family is talking about buying a new washing machine or television, women can make better decisions because they are more familiar with the market. However, if the family feels like buying a new house, the decision should be made by men or together because men are more rational.

**Should a leader discuss with team members when making decisions?**

Yeah definitely. Bossing the team members around is not going to help the project. A leader should always respect the team members' opinion by discussing with them. Sure, there are some occasions on which the leader is the most experienced and the rest are all new to a certain project, the boss should at least tell the team members how it works. That how a team works.



**Do you think this (more men than women are leaders) will change in the future?**

Sadly, I don't think this situation is getting better soon in the near future. Women has been fighting for the right to be treated fairly in the workplace but their condition has hardly improved and the ceiling is still there.



## 尊敬的老人

**Describe an old person you know and respect**

**You should say:**

**Who he or she is**

**How you know this person**

**What he or she is like**

I would like to talk about one old security guard in our neighbourhood, who is really nice to everyone and has earned respect from us.

One cold rainy day in the winter holiday, I received a phone call which asked me to go downstairs to get a delivery. When I got there, I found that the package was too heavy for me to lift it. I tried another several time, but the package was still. During the process, some neighbours walked by, but no one offered help, suddenly I heard a kind voice, "Do you need any help?" I turned and saw that security guard's round face with his gentle smile. It was raining, the wind was strong and the ground was slippery, but he didn't hesitate and directly decided to help me and took my heavy package to my apartment. I was so moved and later I paid much more attention to this respectable person.

He is kind to everyone and is always ready to help anyone in need, I have also seen him help others move in the other day. Whenever he is on duty, he walks around and checks every building carefully to see if everything is fine. And he greets everyone he meets politely with his warm smile, so everyone in the neighbourhood likes him very much. I think he is a dedicated person with good manners. Although his job does not seem decent in some people's eyes, he still has a positive attitude and treats everyone warmly, that is really, really admirable.

### Part3

**What qualities does a person need to take care of old people?**

One of the most important traits is patience, since some old people, especially those with poor memories or low level of mobility, need special care almost 24 hours a day. And I think carefulness also matters, since they need to notice old people's condition changes and offer help as soon as possible.

**Do you think that old people should be taken care of at home?**

I think it depends. Some people are too busy to take good care of their parents, so they have to send them to a nursing home and let those professional workers nursing them. However, there are also people who do not trust nursing homes and take good care of their parents at home. In my opinion, parents are the ones who raised us when we were little, and when they became old, it is time for us to repay.

**How can people in the neighborhood help the elderly during the epidemic?**

First, we can bring them necessities like food and common medicine since the priority is to ensure they get out as less as possible. And we can also help them buy masks to protect them from the epidemic since their immune system is weaker than us so they are easier to be sick. In addition, it is also a good method to give them our phone numbers so they can contact us if they need help.

**Do you see this kind of (above mentioned) help occurring in your neighbourhood?**



Of course. Everyone in our neighbourhood is nice and cares much about the elderly and is always generous to offer their help. And the government has also sent rice and vegetables in order to make sure that they can eat nutritious meals. I believe that with everyone's effort we will overcome the difficulties in the near future.



## Part 2&3 经历类（必考题）

### 穿最好的衣服的场所

**Describe an occasion you wore the best clothes**

**You should say:**

**When it was**

**What you wore**

**What it looked like**

**And explain why you wore it**

On an occasion, I wore the best clothes that happened when I attended my sister's wedding ceremony. My dear sister got married two years ago and the relationship between her husband and her underwent a lot of hardships. So, I was really happy to see that she finally caught her happiness and found true love. Since I attached great importance to her wedding ceremony, I decided to design a dress by myself to celebrate this precious moment. I majored in fashion design, so it was not hard for me to work it out. The dress was in blue with white stripes down the sleeves and I also added some diamonds to make it shiny. It was not so long since I did not want it to look like the bride's dress. When it comes to why I wore it, I just wanted to do something special to celebrate this wonderful moment since my sister and I grew up together and we were the best friends for each other. Besides, I was excited to be her bridesmaid and witness my dear sister enter into a new stage of her life. Although the dress was quite cheap in its materials and decorations, I still think it is the best clothes that I have worn in my life because it was designed and made all by myself.

### Part3

**Do you think people should wear formal in the workplace?**

It depends. As for certain jobs which have strict dress code such as the service industry, it is necessary for the workers to wear formal in work, which can demonstrate that they are quite professional and make the customers feel that they have been respected. But for other jobs such as the design or PR companies, I think the employees should just wear whatever they like since their jobs revolve around creativity and innovation. In this way, different colors may help inspire their original ideas.

**Why do some people like to wear traditional clothes?**

I think there are several reasons for it. For one thing, some people are just fond of such delicately-made clothes, and they can really get good kicks out of wearing such clothes outside. On the other hand, there is still a group of people who want to inherit the traditional culture by wearing traditional clothes and learning everything related to ancient times.

**Does tourism like to wear your traditional clothes in your country?**

Well, I am not sure about it since it does not often happen around me. I don't think the tourists enjoy wearing the traditional clothes of China when they take a trip here. This is because even the Chinese do not wear the traditional clothes very often nowadays besides some youngsters who are really keen on traditional Chinese cultures. I really hope that such fine cultures can be passed on from generation to generation and the citizens will not look at those in traditional clothes weirdly and make them feel embarrassed when they walk in the streets.



**Will the traditional clothes will disappear in the future?**

Well, although it's hard to admit, I think the traditional clothes are doomed to disappear in the long future. This is because most of the traditional clothes are hard to wear, which are inconvenient in daily lives especially in the workplace. Also, the everchanging fashion trend makes people pursue the latest trend with great enthusiasm, thus ignoring the traditional clothes gradually. Despite the fact that some ethnic minorities of China still wear traditional clothes, it is less likely for their offspring to do the same. In this way, I think such clothes are prone to disappear in the future.

**Do the old people change their dress style?**

It depends on different occasions. If the old people work in factories or some industrial plants, they have to change their dress style since the traditional clothes are inconvenient for production. Also, there are some old people who are quite fashionable. Just like the youngsters, they are fond of following the latest trend and trying new clothes with the chicest design. Therefore, it's up to their minds to decide whether the dress style should be changed or not.





## 爽约的经历

**Describe a time when you missed an appointment**

**You should say:**

**When it was**

**Who you made it with**

**Why you missed it**

**And explain how you felt about it**

I want to tell you about one experience which happened when I was still a primary school student, I was so impressed by the experience that I couldn't forget it over these years. Once I had an appointment with my classmates to go out to play together. We agreed on the meeting place and time, and we all promised that we would not be absent.

Early in that morning, I woke up and got myself dressed, then I rushed to the bathroom to wash my face and brush my teeth. But when I just pushed my bike out of the house, it suddenly began to rain heavily. I thought the rain would stop after a while, and then it would be the time for me to set off. However, the rain didn't even ease off after half an hour, and that it was almost the appointed time, I called my friends but no one answered the phone. At that time children did not have their own cellphones, so all I could do was calling their fixed phones. I was so worried and nervous, fearing that they would still wait for me in the rain, so finally, I rushed to the park with several umbrellas, luckily, they weren't there.

However, on Monday, I learned that some of them caught a cold. All of a sudden, I felt a sense of guilt and shame. Because I broke my contract, my friends not only wasted their precious time, and also had to suffer from illness, I really feel terrible. From then on, I never missed one appointment, since I know that this will not only hurt others' feelings but also hurt mine at the same time.

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### Part3

**Is it important to have a daily plan?**

I think yes, especially for procrastinators like me. Daily plans really work in helping us get ourselves organized and prepared, in addition, it is also useful for those people who have a bad memory. It may be troublesome to make daily plans at first, but once you are used to it, you might find its convenience.

**What kind of things do people need to plan carefully?**

Actually, there are many of them, ranging from small things to really, really important things. As a student, I think we should plan small things like the time schedule to finish our homework and the period for us to go over lessons we've learnt in classes, meanwhile, we should also plan for our life, like what job to apply for in the future, or which university to enter.

**Is there anything that cannot be planned?**

Yes, a lot of things. Sometimes something which is unplanned happens and has an influence on our plans if the influence is positive, we might call it a miracle or something, but if it is negative, people may call it a disaster. What we should do is to think of the possibilities and make preparations in advance in order to deal with those negative events.



**Do you think it is important to have a work-life balance?**

Yes, of course. In my opinion, both workaholics and Hikikomoris are not that healthy mentally. If people attach so much importance on work and neglect the necessity to live a happy life, they might get too exhausted and their family may also suffer, and if people refuse to work or do not spare enough effort on work, he or she will never do his or her own work well. So it is of great importance to find the balance between the two.



## 家人向你求助的经历

**Describe a time when a family member asked you for help**

**You should say:**

**When it was**

**Who asked you for help**

**How you helped**

**And explain how you felt about it**

A time when a family member asked me for help happened when my grandma asked me to teach her how to use the smartphone. I bought my grandma a smartphone as her birthday gift when I was in the senior year of university. Since it was the first time that she had got such an intelligent device, she had no idea how to use it. Then, she called me to visit her at the weekend and most importantly, I was supposed to be her teacher. As for how I helped her, I made full preparations including drawing the steps on paper in advance, making notes beside each button, and recording the instructions step by step on my phone to serve as audio-visual learning materials. When I got my grandma's home, I taught her slowly and patiently, from how to open the device, how to make a video call to how to take pictures and selfies. I even downloaded various selfie apps for her since my grandma was the kind of lady who is obsessed with the latest trend. After two hour's teaching, she seemed to get all my points and began to use it without my assistance. Speaking of how I felt about it, I got good kicks out of the whole process. I really enjoyed showing her how to use the phone because my grandma used to be an English teacher who always criticized my academic performance when I was in high school. Now, it was my turn to teach her, which made me feel that I had really grown up.

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### Part3

**What can children help parents with?**

Well, there are plenty of things that children can do to help their parents as long as such things are not beyond their capabilities. To be more specific, they can help do the cleaning work at home like sweeping the floor or washing the dishes after a meal. This can not only help relieve the burden of parents but also can cultivate the ability to live an independent life later on.

**What are the benefits of children helping their parents?**

For one thing, helping parents can relieve their burdens since they are occupied by the heavy workloads in the daytime and doomed to be exhausted when getting back home. Then, parents can strongly feel the love of their children. Furthermore, these young minds are able to learn how to live an independent life by helping their parents do some cleaning work at home.

**Should parents reward their children when they help others?**

I think it depends on the child's age. Appropriate rewards, like some snacks or a chance to the amusement park, can be given to the children in kindergarten or primary school, which can be regarded as a way to cultivate these young minds to be aware of the importance of helping others. However, as children grow up, parents should not give rewards any longer because they should let their kids learn that offering others a hand is not for the rewards but out of kindness.



**Do parents help children because they need their children to help them when they are old?**

I don't think so. Parents' taking care of their children or helping them is part of their responsibilities to be guardians for their offspring. If the adults choose to give birth to a kid, they are supposed to play the role of parents well and fully fulfill their obligations. Besides, it is the love for their children that compels the parents to be willing to do everything for the kids but not the possible rewards from the children.



## 一次成功的冒险

**Describe a time you took a risk that may have gone wrong, but turned out well**

**You should say**

**What it was**

**Why you took it**

**What the result was**

**And explain how you felt about it**

I'd like to talk about a job interview I had last week. A few months ago, I sent my resume to a tutoring company in my hometown to apply for an internship as an English teacher for the coming summer holiday. They invited me to take the online interview last Monday afternoon. Because this was my first job interview, I was very nervous and didn't want to mess it up.

The interview involved three parts. In the first part, I need to introduce myself, including my educational background, extracurricular internship experience, honours and skills. In the second part, the interviewer offered me a topic and asked me to plan a lesson for children from 7-9 years old in 20 minutes. In the third part, the interviewer asked me some questions about my career planning and my expectation of this job.

I felt nervous at first when I took the second task. Because I need to pretend I was facing several children and pretend to interact with them during me 20 minutes lesson. Normally, I could act to interact with the interviewer, but it was an online interview. It felt like I was not applying a job for teaching but a role for acting. I didn't know how to teach the empty room and the person behind the screen. My brain went blank, and I felt like to lose this job opportunity.

In the last minute of preparation time, I found out a brilliant way. I put my dolls, my bottle and my pen around me, and pretend they were my students and interact with them. I felt relaxing when I taught my toys. I had a great teaching time and even forgot I was having an interview.

### Part3

**Why do some people enjoy extreme sports?**

Practicing extreme sports will make people feel full of energy, powerful and almost invincible. They'll help people push their limits, get rid of fear, improve themselves and reach new goals. Extrema sports are, without a doubt, a different way to get to know oneself better and to find deep well-being.

**Are action films popular in your country?**

Most of the young Chinese generation who are the 80s and 90s love action movies, especially American movies. Compared to Chinese action movies, American action films have better quality, specialized in special effects. It's fantastic in the IMAX cinema.

**Do you think it is a good thing that a leader likes taking risks?**

I believe so. Risk-taking is an increasingly critical element of leadership and essential for a leader's effectiveness. Taking a risk means confronting the fears and challenges and having the courage to move forward. I think risks are all about encouraging your development into the best person and professional you can be. If I work with a leader who likes taking risks, I would learn more than I am supposed to.



**Do you think men and women would make a different choice about risk-taking? What about the young and the old?**

Many researchers agree that women are more risk-averse than men. From the character traits perspective, men are more competitive, optimistic, adventurous and overconfident than women. Those typical character traits that men have would inspire them to take more risks. As for young and old, I believe young adults were more risk-seeking compared to the older ones. The older have more experience and would have their expectation of what will happen. Therefore, they will think twice before they take risks.





## 做志愿者

**Describe a volunteering experience you have had**

**You should say:**

**What it was**

**Where it was**

**Why you volunteered**

**And how you felt about it**

Speaking of a volunteering experience, I'd like to talk about the time I spent with Judie, a child with leukemia.

Last year, I joined the "Sunshine Program", which was started in our university with an aim to cheer up the children diagnosed with leukemia. There were 5 volunteers in total. We gathered at the school gate and took the bus to the hospital together. On my way there, I was quite nervous, because even though I had heard about the dreadful disease, I had never "met" it in person. When we got to the hospital, we were asked to wear masks and then introduced to the ward for leukemia patients.

There were 6 beds in the ward and that was where we met Judie. He was a little shy to see us at first, but soon was attracted to the toys we brought for him and became quite talkative. When we were playing with Judie, his mother was sitting next to us, smiling. She later told us that Judie was 5 years old and was diagnosed last month. He didn't know what was wrong and was quite happy that he didn't need to go to school for a long time.

We spent 40 minutes there that day, and I'd say that this visit somehow changed the way I think and live. It's quite easy for people to feel how vulnerable life is when confronting dreadful diseases, and it hurts to think that Judie did nothing wrong but just wasn't lucky.

I think of Judie from time to time, wondering how he is doing right now. I hope he is happy wherever he is, and I also hope that people can be truly grateful for being healthy.

### Part3

**What personalities and qualities are required for being a volunteer?**

I think the most important quality is being empathetic and respectful. When doing voluntary work, volunteers are usually helping people who are less fortunate. So it really matters that volunteers show respect to these people and help them as much as possible without hurting their feelings.

**How can companies engaging in volunteering help our society?**

The most direct and effective way is to donate to charity organizations and volunteering clubs. Some people may suggest organizing activities and making the employees volunteer, but I personally don't think it's a good idea. Some volunteering work requires experience and certain qualifications.

**Do you think people nowadays should participate more in volunteering?**

Definitely. As I've mentioned above, I myself have learnt a lot from volunteering, and I am proud to say I have become a better person because of that. Volunteering is also a good way for people to build connections with others. By volunteering, one can meet people with common interests and therefore broaden the social circle.

**How do modern technologies assist volunteers and volunteering experiences?**



I think modern technologies are making everything more convenient. For example, with a tracking system, volunteers can allocate the resources more efficiently; and the robots or computers can do the repetitive work for volunteers, so they can spend more time on improving their service quality.



## 汽车旅行

**Describe a long car journey you went on**

**You should say:**

**Where you went**

**What you did at this place**

**Who you went there with**

**And explain why you went on that journey by car**

Speaking of the topic, I'd like to talk about the car trip I went on with my family last National Day. We planned to spend the holiday in Beijing. The train tickets were hard to buy, so we decided to drive there. Everything went on smoothly that day until we drove onto the highway. There were millions of cars on the road and as a result, we couldn't move at all. It wasn't pleasant, being trapped in such limited space with loud complaints coming from every direction. After an hour, we realized that it was no use being angry or anything, I mean, it was not like that our car could turn into a walking robot and took us through the jam, so we decided to relax and let it be. We started to talk. I shared my college life with my parents and my mom told us the interesting stories in her department. And my dad kept saying how his feelings got hurt every time he lost the card game. It was really funny. We seldom had the chance to talk that much with each other because we were all caught up in our jobs or study, and I forgot how great it felt to share our life with the loved ones. Time flew by before we knew it. After being stuck on the road for 3 hours, the police came to manage the traffic. It was already 10 PM when we arrived in Beijing. During our stay there, we visited many local marks. However, the time that we spent talking with each other when we were stuck was the most precious experience for me.

### Part3

**Why do people like to have private cars?**

There are many reasons for that. To begin with, a private car can indeed make our life more convenient. For example, we can go camping whenever and wherever we want. In addition, owning a fancy car can represent one's social status and make the owner more confident. It's actually part of the criteria when we make judgements on people's living conditions.

**What are the differences between bicycles and private cars?**

Generally speaking, bicycles are smaller and cheaper and more suitable when people travel for a short distance. In the country, cars are bigger, more expensive and made for long distances. Another point I'd like to mention here is that bicycles are more environmental-friendly and can help to build up our bodies.

**What's the difference between men and women's preference on cars?**

Generally, men's and women's preferences are firstly reflected in their appearance. Men usually prefer the huge black ones while women like tiny cute cars with delightful colours, like pink or light blue. In addition, men tend to pay more attention to the functions, like how fast the car can run and how much noise it makes; and women usually want the cars to be cost-efficient, like how much fuel it burns per mile.

**What will cars be like in the future?**



Well, I think it's very hard to say because the sky is the limit, and 30 years ago we couldn't have imagined what the computers, cellphones and TVs would be like today. One thing that I am sure of is that cars are going to be more and more fuel-effective and clean energy will be playing a much more important role in the near future. Personally, I want cars to be smaller so it will take up less space, and it would be great if cars can fly in the future. I would definitely try it.



## 遇到朋友感到惊讶

**Describe a time you are surprised to meet a friend**

**You should say**

**Who he or she is**

**When and where you met him or her?**

**Why you were surprised?**

**And how you felt about it?**

Speaking of the topic, I'd like to talk about the time when I accidentally ran into an old friend in the shopping mall. It happened when I came back home for my first summer vacation in college. That was a sunny Sunday, a great time for shopping. I was frustrated with my schoolwork, so I decided to go shopping with my little sister to have some fun.

There was only a big shopping mall in my hometown and that was the place we went to. There were many people that day in the mall, and we got tired very soon, so we went to the coffee shop on the corner of the street. As I was ordering, I felt someone patting me on the shoulder gently. I thought it was my sister, but when I turned around, I found that it was Lily, my best friend in middle school. I was totally shocked to meet her there, and even more surprised that she could still recognize me. We were really close in middle school: we would do everything together, wear the same dress, and some people even thought that we were twins. We later went to different high schools and weren't able to send each other messages so frequently because of the heavy schoolwork; and then we went to different universities in different cities, that was how we lost touch completely.

We spent the whole afternoon chatting about our college life, our plan for the future and so on. It was great fun, even though we hadn't talked for about 3 years, it was like we were still as close as usual.

### Part3

**Is there any meeting that people need to plan in advance?**

Of course, there are some meetings that need to be planned in advance, and these meetings tend to be quite professional. For example, when you want to book an appointment with a dentist, or when you are about to do an interview, you should always plan in advance.

**Is there any work relating to unexpected things?**

From my point of view, there is uncertainty in every work. From my own experience, during my last internship as equity research, I encountered new difficulties every day, and that was uncertainty, something couldn't be foreseen.

**Do unexpected things lead to progress in your civilization?**

I think every civilization is developed through all kinds of unexpected events and accidents. One thing leads to another and that's how history goes. For example, people accidentally found that food was tasty after being burnt and that some plants could cure illnesses.



## 一次迷路的经历

**Describe a time you got lost in a place you did not know**

**You should say:**

**When and where you got lost?**

**Why you got lost?**

**How did you feel?**

**And how this problem is solved?**

I would like to describe the experience I had last year. Last summer vacation, my friends and I decided to climb one mountain in our city since it was said that a temple was newly built and we wanted to visit it.

It was our first time going there, and it took a lot of effort for us to find that temple. But when we noticed the time, it began to turn dark. We checked our digital map, it didn't work because of the lack of signals. The originally rugged mountain road became even more scaring and I began trembling. What if we could not find the way back? Will we be eaten by wolves or snakes? Will we fall from the cliff and die?

Fortunately, when we were scared and hungry, we met a man who seemed to climb a lot, we described our experience, he laughed and agreed to take us off the mountain, so we ended up following him. I could still remember the ecstasy when I finally saw my home again. Whenever I thought back, I still feel thrilled, since we trusted one man who we even didn't know! In addition, I finally realized the importance to bring the compass and paper map when going to a totally strange place. Maybe in the future, I will never go climbing in the afternoon again because of the experience.

### Part3

**Do you think people can easily get lost or not?**

I have to say that the situation varies from person to person. Some people are like pigeons and are able to remember the route easily without drawing a map or remember it deliberately, while others like me are not good at finding the way, so it is much easier for people like me to get lost, since we cannot find the way even if it gets darker!

**Do you think it is important to read the map?**

Yes, especially when you visit a foreign country or go mountain-climbing. Because of the change of area, the signal might become unstable, so a digital map may not be useful, and you have to read the map. Also, the compass is significant, or it might be more difficult to find the way.

**Why people are willing to travel in some new place?**

Sometimes people are tired of travelling in old places again and again and they long for going to new places to have adventures. What's more, you might meet new people and make more friends, that's really attractive.

**Do you think it is important to do some preparation before you go?**

Yes, the preparation I can think of is, bring enough food and water, a map, a compass, rope, first-aid medicine and maybe electronic devices like smartphones, since you might need to contact others during the trip.





## 浪费时间的经历

**Describe an occasion that you waste your time**

**You should say:**

**When it was**

**Where you were**

**Who you were with**

**And explain how you felt about it**

We all know time is priceless in our life. But there were still occasions that we wasted time, especially during the recent lockdown of COVID-19, when the pandemic hit a lot of cities in China. At the beginning of the lockdown, I was still celebrating Chinese New Year with my family. However, when the holiday reached the end, I got anxious and lost for the online classes. It was a mission impossible for me to focus on online teaching when I was alone at home.

It was a Wednesday in March, I was supposed to take online classes and do some further research of my project. Instead of opening my computer, I logged to a video game on my phone. At first, I just wanted to see what gift I've been given by the system, and only play one round. However, each time the game ended, I felt there was an invisible power that attracted me to a new round. Since it was a combating game, each round would take at least 20 mins. Until the game system reminded me that I already spent 8 hrs. on this game, did I realized how much time I've wasted?

I shut down the game and started to regret it. I should have finished my paper during the day, not playing endless online games. Life should always be creating something meaningful, which those numbers and levels in the game cannot give me. Later that day, I deleted that app on my phone, and swear never to waste my time like this again.

### Part3

**Do people always waste time?**

It depends on how each people views wasting time. For me, I hate waste of time, so whenever I wasted time, I'll recall that later in the evening and try to avoid making the same mistake again. But for others, they may not think in the same way, they may regard doing nothing as relaxing.

**Do you think time management is important?**

Yes, definitely. I remembered from high school, teachers are calling us to learn time management. Not only will it improve efficiency, but it's also good for team calibration. Actually, I believe everyone in society needs a good time management ability, it will lead us to success.

**How should people avoid wasting time?**

First, people should set their goals, both short term and long term. In this way, it's easy to identify whether they are wasting their time. Second, self-control ability is also important. This usually happens when people know they are doing something useless, but they can't control themselves, and say yes to temptations easily.

**Do you think relaxing is a waste of time?**

Not really. In my opinion, relaxing is the preparation for the next hardworking time. There's a saying that all study no play, make john a fool. Each one should learn how to relax and only in this way can they get ready for the next challenge.



**Do you think playing the mobile phone is a waste of time?**

It depends on what app people are using on the phone. On the one hand, I think nowadays people are spending too much time on social media like WeChat and Tik-Tok. However, there are also good study apps on the phone which can bring knowledge to everyone. So I think we should be clear what people are doing with their phone and then judge if it's a waste of time.



## 一群人的欢乐时光

**Describe something you enjoyed doing with a group of people**

**You should say:**

**What it was**

**Where you did it**

**Who you did it with**

**And explain why you think it was enjoyable**

The activity I enjoyed doing the most with a group of people is travelling. Last summer, my parents and I went to Huangshan Mountain for the holiday. Huangshan Mountain is one of the most famous tourist attractions in China due to its magnificent view, and it attracts millions of tourists every year. The mountain is located in Anhui Province, so we spent about 6 hours driving there. We started the trip on the second day after arriving there. My parents and I went to a scenic village which is located in the foothills, and then we went to drifting. We planned to go climbing on the third day, but unfortunately, I suddenly got sick during the night of the second day so we ended up pause the trip in an extremely short period. Although I did not have the chance to climb onto the mountain at that time, I was shocked only by looking at it from the skirts of the Huangshan mountain and was surprised by nature's ingenuity. I really enjoyed the trip since it was the first time I came here, and I also experienced both natural and cultural attractions. The most important reason that makes me enjoyed this trip is because of the people I travelled with, since I believe travelling is a perfect time for people to get close to each other, especially it has been a long time for me to spend a long time with my parents. Although travelling alone is also enjoyable, I still believe it is better to travel with a group of people to leave some good memories.

### Part3

**What kinds of jobs need people to work in a team?**

The jobs that need people to work in a team are those generally face massive and complicated tasks that need different people who have different professions to cooperate together. For example, doctors when operating surgeries, nurses are needed to be in the operating theatre as well for making sure all pieces of equipment are in the right place and on track. Without having the nurses around, the surgeries might not be operated successfully.

**What can parents do with their children to make them happy?**

As I said in the last part, I think travelling is a good opportunity for everyone in a family to relax and have fun. In most cases, I believe the simplest way to make both parents and children happy is to spend time together, no matter what they do, they will enjoy the time. Some specific activities can be a family movie night, quiet reading time, talking to each other about what happened recently, or going to amusement parks for little kids.

**How can children improve their social skills?**

Children can improve their social skills in many different ways, in my opinion, some most important ways can through both family members and peers. Talking to peers improves children's abilities in communication and develops their social skills in their ages. Talking to family members allow children to access to other ages' language and thinking system, which helps children on their social skills when they are facing different people outside of school.



**What are the benefits of boys and girls playing together?**

Since boys and girls share different thinking processes, playing together helps them to know each other more comprehensively. Besides, these two genders each take about half percent of the population in the world, playing together at an early age allows them to get to know the characteristics of different genders in general. Moreover, it can also build up their dialectical and gender-equal thoughts through some events that appear in their lives.



## Part2&3 事物类（必考题）

### 喜欢的晚餐

**Describe a dinner that you really enjoyed**

**You should say:**

**When it was**

**What you ate**

**Who you were with**

**And explain why you enjoyed it**

I'd like to talk about a wonderful time that I had with an old friend not so long ago. We had dinner at a famous Thai restaurant. It's on the second floor of a fancy building, which is located on Wu Kang road, in the heart of the Jing'an district. It's famous for its authentic flavour and thoughtful service. It's so popular. Every night people wait in line to get their tables.

It's really hard to decide what to have because those pictures on the menu looked stunning. We asked the waitress for the recommendation. She suggested that we shouldn't miss those signature dishes. I have to say the flavour's amazing, and I was impressed by the use of fine ingredients. It's said that most ingredients are air-imported to guarantee quality and authentic taste.

The person I had it with is an old friend. We met five years ago in high school. She's very outgoing, independent, and open-minded. So we got along pretty well. After graduating from high school, we went to different cities for college studies. I hadn't seen her for years.

Lastly, I'll tell you why I enjoyed this dinner. In my opinion, what makes it unforgettable and wonderful is our friendship. It's nice to meet an old friend because there's always something to talk about. We spent some time catching up, talking about those exciting life experiences. When we spoke about those funny things that happened in high school, those memories all flooded back to us—that feeling's impressive.

### Part3

**Why do people like to have food in a special occasion?**

Food is an essential part of any celebration in all countries of the world, regardless of culture or religion. It can unite and strengthen community bonds and helps to maintain a common identity among a group of people. Different countries use food in various ways to help celebrate special occasions like Christmas, New Year, weddings and birthdays.

**What's the difference between eating at home and eating out in a special occasion?**

Eating in the fancy restaurant can offer people a sense of ritual, and most importantly, you don't need to do the dishes. Sometimes eating in a restaurant can make us feel rushed or watched while we eat. We might be conscious of services wanting to turn a table, or we might find the atmosphere to be uncomfortable. Especially on a special occasion, we may throw a party and make some noise with family or friends. It could be impolite for others in a public restaurant. Therefore, eating at home allows you to take your time with your food, and have a pleasant time with your family or friends.

**What is the associate nation identity that can be seen in a nation's culinary?**



Unlike traditional banal symbols of the nation-state, such as flags, coins and anthems, food has the power to attract and can be desired by others, thus enhancing the appeal and prestige of the state. Additionally, national cuisine, because of its symbolic but also vital nature, cannot only bring people together and enhance cultural diplomacy but also promote economic growth and trade while marketing the nation.

**Do you think traditional customs should be omitted in today's culinary world?**

I don't think so. Traditions represent a critical piece of our culture and contribute a sense of comfort and belonging. It brings families together and enables people to reconnect with friends. It would be a good idea to inherit our traditional customs and integrate other cultures to form a more international and diversified new cuisine.

**Why global leaders like to gather around for a dinner to have nice foods?**

Dinner provides a chance for global leaders to communicate more easily and freely. The dinner table can act as a unifier, a place of community. Gastrodiploamacy allows states to use their national cuisine as a soft power resource to increase the appeal and desirability of its culture, people, values and ideals.





## 感兴趣的大公司

**Describe a large company that you are interested in**

**You should say:**

**What it is**

**What kind of business it does**

**How you knew it**

**And explain how you feel about it**

I would like to talk about Walmart, which is not only one big company that I admire, but also one classical example used by my professor during classes.

Walmart is one of the biggest retailers in the world, owning chain stores all over the world, and one of them was near our old house, and I went to that supermarket a lot when I was a kid. At Walmart, consumers can experience "one-stop shopping". They sell various items, including food, toys, clothing, cosmetics, household appliances, daily necessities, etc. In addition, Walmart has set up a number of special service types for the convenience of customers, like free parking, pastry, and consultation for electronic products like computers, cameras, VCR and related products. What's more, Walmart is famous for its low price, trying their best to save money from purchasing channels, distribution methods, marketing expenses, administrative expenses and other aspects, and by doing so, their price is always cheaper than other businesses, and this attracts a lot of consumers as well.

What impresses me most is that Walmart regards superior service as its duty. In many Walmart stores, according to my teacher, there are rules like this: Rule number 1, Customers are always right. And 2, If the customer has any mistake, please refer to rule number one. I believe the secret of Walmart's operation lies in its deep understanding of the needs of customers, putting themselves in the interests of customers and providing convenience to customers to the greatest extent.

### Part3

**What are the differences between a big company and a small company?**

Academically speaking, they are different in terms of staff members, although I do not remember the exact number. But generally, there are more differences, for instance, most big companies, especially those successful ones, have complete management systems and better-organized staff, who have their own duties and responsibilities. But small companies might not have these characteristics.

**Are there any big companies in your hometown?**

Sure, and they are of various industries. Many of them are technology-extensive since Shanghai is the economic centre of our country and it is so attractive to those foreign investors. Besides, the policies are also positive and suitable for businesses. So I believe there might even be more in the future.

**What are the advantages of working in a big company?**

Big companies are always more generous and capable to offer stable income and better welfare. In addition, they are much more experienced in handling difficult tasks and dealing with various issues, so it is a good choice for green hands to learn from other more experienced workers and fellows.

**Is it difficult to get a promotion in a large company?**



I would say yes. Since for big companies, their promotions are limited, added that there are always numbers of competitors who all long for working in big companies, the standard for us applicants will be stricter than that of small companies. But things are different if the applicant has useful skills that are believed by human resource managers to bring profit for their company.



## 想了解的国家

**Describe a foreign country(culture) you want to know more about**

**You should say:**

**What it is**

**Where it is**

**How you know it**

**And explain why you want to know more about it**

I'd like to talk about Singapore, a tiny country, which states on the Malay peninsula. Singapore has a lot in common with the West while maintaining its distinctly Asian roots. This most important is that English and Mandarin are widely spoken in Singapore. Signs, menus, subway schedules, all printed in English. We'll always find someone who speaks it.

Singapore is a sovereign island nation located just off the southern tip of Peninsular Malaysia in Southeast Asia. It's 85 miles north of the equator and enjoys a tropical rainforest climate. Temperatures stay consistently hot throughout the year. Singapore is a highly developed nation with one of the world's strongest economies.

I planned to travel to Singapore with my best friend for her graduation trip last winter holiday. While the 2019-nCoV held us back, we have to delay our travel plan.

As for why I want to know more about Singapore, I heard that Singapore is foodie heaven, where I could find familiar Asian foods in the city's famous hawker markets and western food is widely available as well. My friend and I cannot wait to taste Singapore food, for example, Black Pepper Crab, Bak Kut Teh and Satay. Besides, according to tourists' handbook, when travelling in Singapore, not just the high rise buildings but we could get a glimpse into the culture and traditions with beautiful markets and even a wide range of national parks and wildlife spotting around which is an added bonus.

### Part3

**What do you think is the best way to learn foreign culture?**

I think the best way to try and know a foreign culture is to try new food. The world is, and endless cookbook and every country offer a different recipe. Whether you're tackling a recipe yourself or dining out at a restaurant, sampling a country's native cuisine is a wonderful way to experience the culture.

**What do you think is the biggest problem to work in a foreign country?**

Language barriers should be the biggest problem to work abroad. Even if you are an excellent speaker, if you are working in a country where you are not a native speaker, there will be a large language barrier. Even if you are a native speaker, you will have to get used to the slang and idioms used in your new home country. This can potentially make even the most routine events hard and stressful for you.

**Some people say that reading is the best way to know about a culture, do you agree?**

It's hard to say. Even if you hear or read something about a certain culture, it's important to realize that this doesn't mean everyone from that particular background believes the same thing. I believe one of the best ways to experience and understand another culture is actually to live among them. It might take a while to save for, but planning a trip overseas to a country you're interested in can be the best way of opening yourself up to new cultures.



## 常用的 APP

**Describe an application(program) you usually use on your phone/computer**

**You should say:**

**What it is**

**When you started to use it**

**Why you use it often**

**And how you feel about it**

I would like to introduce the App Momo to you. Momo is one application used to memorize words, since I was preparing IELTS for the past few months, I had to find out an effective way to memorize necessary vocabulary in order to get better grades. After downloading several applications from the app store, I decided to use Momo as a fixed tool to help me with my test.

And the reason for me to use it often is that it is simple and direct, after all, it is of the greatest use to help me memorize words among all the apps, so I persist in using it every day. The daily plan is divided into 2 parts, including learning new words and going over the learnt ones. Every time you open it, you will face 6 new words, and after you have gone through all these new words, the app will test whether you have completely memorized them. When you are done with this set of words, it will give you another set. And the number of sets of words you learn every day depends on your goal. What's more, the most amazing part of the app is that it can somehow figure out your memory curve and design your own review plan, and that is the secret for it to be much more useful than other similar apps I have used.

However, after using this app for some time, it started charging me for further study. That's not that cool, yet understandable, since the programmers need payback, plus it does offer me convenience, anyway, I will still use this app to memorize words in the future.

### Part3

**Which phone app is the most popular in your country?**

I think WeChat must be the one. In China, almost everyone who uses smartphone uses WeChat, it's a social app which allows you to send messages and videos to others, and also share your feelings and photos with your friends. Actually, I do not like using it since it has a lot of drawbacks compared to other social apps, but everyone else is using it so I have to use it in order to contact others.

**Do you think parents should limit the time that their children spend on the phone?**

Of course they do, especially when it comes to those kids in kindergarten and primary school, since the screen does great harm to their eyes and may even cause nearsightedness. Plus young children tend to have weak self-control and time concept so they possibly spend more time on electronic devices than our imagination.

**Do you think people depend on phone apps too much?**

Sometimes I do. Although smartphones do great help to improve our living standard and offer convenience as well as efficiency, sometimes people are emphasizing too much importance on them. For instance, some people would rather spend time chatting online with strangers than discussing their life with their families and friends, that's kind of ridiculous, I think.



**Do you think some apps will help people to study?**

Yes, actually there is a variety of them, and they aim at different aspects and skills. For instance, there are apps that help to memorize vocabulary, apps that teach people how to design posters and advertisements, and also apps that provide the platform for kids to learn English online. And I also want to mention one special kind of app which helps you to focus on what you are doing by locking your phone according to your setting, it's quite interesting and efficient.



## 犯过的错误

**Describe a mistake you have made**

**You should say:**

**What it is**

**When you made it**

**How you made it**

**And how you felt about it**

I am going to tell you one sad story that I was so regretful about what I did afterwards. When I was in primary school, I used to go to school on foot, and one day on my way to school, I found one wounded sparrow, I took it home and decided to keep it until the wound is healed. I found a milk box, dug a hole in it, and put the wounded sparrow in the box.

Then in the next week, I took good care of it. I fed fruits and cereal to it and changed its water every day. I even made a mini swimming pool for it. At first, it seemed normal, but when its condition got better and it was the to say goodbye, I hesitated. I thought the milk box was the perfect shelter for it. I mean, it wouldn't have to struggle to survive every day, and it would never be afraid of the natural enemy, plus there would be sufficient food supply. It would definitely have a great time living here.

But things changed. It stopped eating and drinking and kept trying to jump out of the box. I thought it might not be used to its new home, so I didn't care too much. The next morning, when I opened the box to see it, I found the sparrow lying there quietly - it was dead!

It was only when I saw its body that I discovered the mistake I had made, how lonely it was that the sparrow couldn't be with its little companion who got along with each other day and night! It would rather die for the sake of freedom, but I was too immature to try to keep it at my house. That little sparrow should live freely in nature. I am very sorry because my wrong love hurt a lovely little creature.

### Part3

**What can we learn from our mistakes?**

I think the priority is to find out the reason for us to do the wrong things. For instance, in this case, I did the wrong things because of my wrong love and ignorance of the sparrow's feelings. And it is also significant to remember the mistake and try to avoid making similar ones from now on.

**Do children make mistakes easily?**

Probably yes, since children do not have a clear sense of right and wrong, and some of them are naughty in their nature. And that is the reason for education to exist since we have to correct their mistakes and give proper guidance during their development. It is not a big deal to make mistakes a lot as long as they realize and correct them in time.

**What should parents do if their children make mistakes?**

The first thing is to figure out the reason for kids to do so instead of blaming their children for their mistake without asking. And I think the way of educating also matters, parents should never punish children in the public since this might hurt their feelings. After all the aim is always to help children realize and correct their mistakes.





### How do children benefit from using dictionaries?

Dictionary is a great tool for kids while they are studying. On the one hand, they can check the dictionary for the meanings whenever they meet unfamiliar words or characters, and on the other hand, children can go through dictionaries to learn various phrases and combinations of characters. In summary, it is authoritative and even more useful when the teacher is not around.



## 发出噪音的人或物

**Describe someone or something that made a lot of noise**

**You should say:**

**Who or what made the noise**

**What the noise was like**

**What you did when you heard the noise**

**And how you feel about it**

I would like to talk about my neighbours who were very noisy and also share an experience about how I built a good relationship with them.

About half a year ago, the family living upstairs moved away, and a couple moved in. During the first several weeks, they always came home late at night, and they always made crackling noise at midnight. Sometimes the women walked around wearing her high-heeled shoes and sometimes I could hear the sound of dragging tables and chairs. During the night, they were really annoying, and I hadn't slept well for weeks. I was afraid of arguing with them, so I tried sleeping pills and earplugs, but all of the solutions were useless, and I still could not sleep well at night. The poor sleeping quality even influenced my daily study and I found that I could not focus like I used to.

So I finally decided to discuss my problem with the couple, to my surprise they didn't know that they had made such noise and they apologized sincerely. I think it is very important to try to be calm and friendly when discussing with others who make a mistake. If you don't know them yet, introduce yourself and give them specific examples of the noise you can hear. Next time if something similar happens, maybe I would have the courage to speak to them earlier.

### Part3

**Where can people hear a lot of noise?**

The most common noisy places are crowded places like railway stations and shopping malls. If there are a lot of people, they tend to discuss something to greet or to kill time, that's the usual reason for them to make so much noise.

**What may happen if one listens to very loud music using earphones when they are running or hiking?**

I have to say that accidents might happen. Since people cannot hear or hear clearly other sounds with their earphones playing loud music, they might do not know what's going on in the real world, thus cause accidents. As a consequence, I suggest that people should only use earphones when they ensure that they are safe.

**What can be done to reduce traffic noise?**

One of the most effective ways is to limit tooting, which is the dominant part of traffic noise. The method is always used in areas near schools or housing buildings, since these are places where people study and rest.

**Do you think the world will be noisier in the future?**

Maybe, but who knows about the future? Maybe with the development of technology, there will be more factories and various machines, producing much more noise, and maybe there will be laws against making noise, so the world will become quieter.



## 参观过的艺术展

**Describe an art exhibition you recently saw**

**You should say**

**Who you were with?**

**Why you went to the art exhibition?**

**What it was like?**

**And how you felt about it?**

I would like to discuss a great art exhibition with you. It was during last winter, after the final exam, I went to visit my friend in another school. When she shows me around the campus, I noticed that the art exhibition which was held in their library building.

During the exhibition, I watched the performance works of colleges and universities respectively. Their works expressed different feelings and opinions with their own characteristics and styles. The most impressive work was one painting describing the phenomenon of 'phubbers', the writer compared the mobile phone charging cable with the dog leash, I guess he thought that mobile phones controlled and limited us like ropes and leashes to dogs, that's quite creative and unique. In the process of watching, I also deeply felt how great the power of design is. Some people do a design around their own center, Therefore, the works made are so common and vulnerable. I learned a lot from this exhibition. First of all, to learn how to make art, I have to be a conscientious person to see everything around, because many fine works come from life. If one can dissolve the little things in his life into his works, his works will never be eliminated by the time. As long as your works can be recognized by the public and accepted by the E-era system, you are a successful artist.

### Part3

**Do you think art is important?**

Yes, art is literally an expressive and influential field, with so many perspectives like drawing, singing, dancing, carving... I think art is not only for those artists or masters, but it can also be loved by everyone

**Where should the funding for art come from?**

Maybe from the government. Like scientific researches and sports, art also represents a country's degree of development. Additionally, art costs a lot of money, so it might be easier for everyone to do art if it is supported by the government.

**Do you think art has a positive influence on children?**

Yes, but do make sure that they are kept away from some work with dark themes like suicide or heresy since they might be scared by blood or ghosts. Maybe themes of myths or fairytales are more suitable for them.

**Do you think art is related to freedom of expression?**

That's a tough question, I am not an artist, but I suppose art to be related to both freedom and expression, or, how to say, free expression. Art should not be limited or overruled, it should be a field where people can freely express their feelings or their opinions.



## 第一次想尝试的运动

**Describe a sports you would like to try for the first time**

**You should say:**

**What sports it is**

**How you knew it**

**When you would like to try**

**And explain why you would like to try**

I would really like to try Bungee Jumping if I have the chance.

I first learnt about it from some TV programs a long time ago, and it attracted my attention immediately. I thought it must be super fun jumping down from the top of the mountain and then bounce back and then again and again. So when I travelled to Guangzhou with my brother in 2015 and found that people could do Bungee Jumping from a tower there, I signed up without hesitation. My brother didn't have the courage to do it in the first place, but I persuaded him into it with great efforts.

I was really excited when I was waiting in line at first. However, things changed when I saw a lady jumped down to the clouds below and I heard her screaming. I panicked! Things got worse as I moved forward in the queue. All I could hear were the screams and I could hardly feel my legs. So when it was my turn, I quitted. I just stepped aside and watched my brother do it.

When we got back home, he kept laughing at me and kept telling the story to everyone we knew. To make matters worse, participants could get a record of them jumping down and my brother forced me to watch him jumping again and again. I really envied him because it really seemed like great fun. I couldn't have regretted more that I quitted at the last moment.

Now, as I've grown older, I think I am ready for that. I would really like to do it once and I won't make a fool of myself this time.

### Part3

**What's the most popular sport in your country?**

I'd say PingPang is the most popular sport here in China. It's like the national sport; almost every Chinese can play it, and there are Pingpang tables everywhere. Pingpang is very easy to learn, and it's not so dangerous. More importantly, it's suitable for people of all ages.

**Do you think students take enough exercise in your country?**

I don't think so. Students in China face a lot of academic pressure and they have tons of homework, leaving them with little time for exercise. In addition, most children nowadays hate sports. They prefer lying on the couch.

**Which one is better for students, team sports or solo sports?**

I personally think team sports are better for students. Because of the one-child policy, most students are the only kid in their families and they may get spoiled or lonely. By playing in a team, children can learn to cooperate with others as well as making new friends.

**Why do people want to try new sports?**



I think it's in human nature to explore different things and take new challenges. Trying new sports can make people feel excited, and it can give people a goal to move toward, which is a good thing because people learn new skills in this process.

**What do you think is the best way to keep healthy?**

Being healthy means being in good shape both mentally and physically. I think the best way to keep healthy is to stay in a good mood and do enough exercise like running or swimming. By being in a good mood, you are more likely to be psychologically healthy and by doing proper exercises, you can build up your body.



## 让你深思的电影

**Describe a film that makes you think a lot**

**You should say:**

**When you watched it**

**Where you watched it**

**What the film talks about**

**And explain why do you like the film**

Speaking of the topic, I'd like to talk about Coco.

I couldn't remember when exactly I watched it, but it was a long time ago and I watched it alone at home. I got really bored that evening and people kept telling me what a great movie it was, so I decided to give it a try. Turned out I love it.

The movie was based on a traditional holiday in Mexico, which was celebrated by the alive in the memory of the dead. In the movie, there was a boy who wanted to pursue a career in music, but his family disapproved. By accident, the boy went into the world of the dead, and there he met his late families and gathered the courage to stick to his goal.

The movie told us more than being true to ourselves and making dreams come true. What impressed me most was the opinion on death that it conveyed. It said the death was not so scary, and that a person was not truly dead as long as someone alive still remembered him. It also emphasized the importance of families and the connections we had with our loved ones. During that time, I had just lost my cat and I found great comfort from this movie. I got a feeling that she was still with me, because she was living vividly in my memory.

I would definitely want to share this movie with others, because I think the warmth it conveyed is very powerful, and everyone can find some comfort from it.

### Part3

**Do people like going to cinemas in your country?**

Yeah sure. Cinemas here are very popular and it's a good place for people to kill time. It's especially popular among young people, and I myself often go to the cinema with my friends.

**What kind of movies do the cinemas usually play in your country?**

That depends on what's popular. I remember clearly that in 2017, the cinemas were filled with action movies, while in 2018 they played romantic movies. Generally speaking, the most popular kinds are action movies, scientific ones or the ones relating to a romantic love story.

**Is it possible to make good films with only good actors?**

Definitely not. I think what makes a movie stand out is the plot. A movie is created to tell a story, after all. I am not denying the roles that actors or directors or special effects play in the process of making a movie, but still, with good actors only, a movie can never be good.

**Why are special effects so popular in the movie industry?**





I think the main reason is that sometimes special effects can improve the quality of the movie a lot, and this popularity also has something to do with the recent scientific trend in the movie industry. There are more and more scientific movies nowadays and can you imagine one without special effects? I highly doubt it.

**Do you like watching movies at home?**

Yeah, I do like watching movies at home. Cinemas usually display the newest movies only and by watching at home, I can have more options. More importantly, I can do whatever I like when watching at home.



## 一个难忘的故事

**Describe a story that makes you hard to forget**

**You should say:**

**When you know it**

**Who told you the story**

**What the story is**

**And explained why is the story unforgettable**

I haven't read stories for a long time. When I look back in my life, I remembered a bedtime story told by my grandpa called Three Monks. I was around the age of 3. At that time, my parents and grandparents would usually read stories to me before I sleep. Three Monks is a story that first came to my mind when I looked at this question.

This story was prevalent in China, almost everyone knows about it. It introduced that in the past, there were three young monks living in a temple. They had to decide which two young monks use the pole to carry water from the mountain to provide normal life. However, no one wanted to let the monk who didn't fetch water take advantage. Eventually, the three died of thirst because there was no water.

This story tells us the importance of teamwork. Losing money and taking advantage is not so important in life. Although this is just a fable story, it warned me many times in my life, telling me to be kind to others and not to worry about personal win or loss. I will pass this story to my children and my grandchildren in the future, and hope this will also bring them new motivations.

### Part3

**In your country, who would ask the children to read, schools or parents?**

Actually, both of them do, but the situation varies from person to person. In some families, the parents value reading, regarding the activity an important method in order to explore and develop kids' mental world, but things are different in some other families. However, in every school, teachers attach importance to reading, and they encourage their students to read as many useful books as they can.

**Do you think parents should read stories to children bedtime?**

Yes, I think it's a good representation of companionship. When children are young and can not read, bedtime reading is a good way for them to know the outside world and set their rules for right and wrong. Parents and educate their children and show their love and care at the same time.

**What does reading means to you?**

When I was in middle school, reading is my interest, it can bring to a larger world. I can know the world without travelling. As time passes, it became a burden to me in high school, since there was too much reading to do. It became a task, not a pleasure. Now, reading is a "me time" for me, it means inner calm. When I read, I won't look at my phone, the only world I'm in is the place that the book describes.

**What kind of books do children read?**

It's hard to say, since this varies from child to child. For most of girls, they prefer fairy tales and princess stories, and most boys love adventure stories. But I also know girls who like history stories and boys who enjoy mythology. What's more, their tastes change with their age, so it's not fixed.



**Do you think parents should continue reading?**

Of course they do. This is not only a must for them to make progress and gain more knowledge, it is also about setting up examples for their children. If parents never read, it is of small possibility for their children to love reading.

**Do you think printed books will continue to exist?**

Frankly speaking, I have no idea. Although these days e-books appear and they are cheaper and more flexible, printed books win in terms of protecting eyesight. Different people have different tastes and needs in reading, so they can choose from these two forms, but who knows what will happen in the future?



## Part2&3 地点类（必考题）

### 让你感到放松的地方

**Describe a place where you are able to relax.**

**You should say:**

**Where it**

**What it is like**

**How often you go there**

**And how you feel about this place**

I want to say something about the Disneyland theme park, which is located in the Pudong new district of Shanghai. It is very far from where I live, so every time I go there, I have to spend almost 2 hours to go there by subway. But as it is a place of joy, I never think it is too long for me to get there, so every month I will pay a visit to it.

The most special part that I am astounded is that the park never loses to focus on every detail. Their spirit of the craftsman is reflected not only in the design of entertainment facilities like a merry-go-round, roller coaster, flying swing, but also in the broadcast of the park, not to mention their delicious dishes which have the shape of Disney characters. This is so curing and adorable, and every time I go there, I would buy souvenirs and gifts for my friends and myself. The process of shopping is also really relaxing!

I also want to praise the staff's friendly and comprehensive service. When I was 10, I went there for the first time and wherever I went, there were always warm-hearted and kind characters walking around, who left me with a deep impression. I have also heard much news about their staff sparing every effort to help those visitors who need help.

The reason I think it relaxing is: It is not only a theme park for me, instead, but it is also more like a place of joy and dream. In the park, you can imagine yourself to be anyone you wish and no one will laugh at you even though you are no longer a child and you still want to be a princess. It is not built for children, but for everyone.

### Part3

**How do students relax themselves?**

The method varies from person to person. Some people prefer a trip, some people choose to spend time with their families, and there are also people who only need sound sleep. We should always choose the most appropriate and effective way to have ourselves relaxed and release stress.

**What activities do employers organize to help employees relax?**

Common activities include dining together, going on a trip together and holding parties, and I have heard that in some companies they have gyms and rooms for employees to take a snap during office noons. I regard it as a good way for employers to ensure employees have good relaxation, since only when they relax well, can they be more energetic and positive in daily work.

**Do people nowadays have more ways to relax in the past?**

No I don't think so. Although I am not good at history, I know that in the past people do not have so many choices of relaxation like us, and the most usual way for them to have fun is to watch shows or play games like chess. However, the ways must also be worked well since they seem to have great fun in history books.



**Do you think natural scenery is more helpful than indoor activities?**

This is also related to people's different hobbies and preference, some people might think it a good way to go outdoors like to go hiking or go climbing in order to get relaxation, others love staying at home reading or watching movies. It doesn't matter what the way is, as long as it's beneficial to our mental health and it does not hurt others, it can be a good way.



## 一个被污染的地方

**Describe a place you visited that has been affected by pollution**

**You should say**

**Where it is**

**When you visited this place**

**What kinds of pollution you saw there**

**And explain how this place was affected**

Speaking of the topic, I'd like to talk about a small town which is 150 miles away from where I live.

I first visited it when I was in primary school with my parents. The town was very tranquil and peaceful. Surrounded by mountains, I could literally hear the birds sing all day long. I also enjoyed the smell of fresh leaves and soil, especially with some gentle wind. There was also a very clear river there, and I would get into the water with my bare feet in summer and try to catch a fish or two, and I never succeeded, though. That was that paradise would look like for me.

As I got older, I was super busy with my study and never got the chance to go there again until a few months ago. I was extremely excited about going back there and I was even more disappointed when I actually got there. Everything was different. The trees were half dead and instead of fish, there were plastic bags floating on the river. When the wind blew, it brought over the disgusting smell of chemicals. I can't tell you how frustrated I was at what that town had turned into, but to some extent, I would say that it fiercely tore one of my childhood fantasies apart. Now at times, I would think about how beautiful that town used to be. The pollution has turned that paradise into hell. That's a huge shame.

### Part3

**Do you think pollution is common in your country?**

Yeah, I do think so. As you can see, China has been developing really fast over the past few decades, but that comes with a price. I can actually feel the pollution getting more and more serious. Chinese people are still trying to find a balance between modernization and environmental protection, and thank god we are getting somewhere.

**How do people deal with pollution?**

People have been taking measures to deal with pollution. For example, the government has passed laws that regulate the amount of waste produced by the factories, which can improve the soil and water quality. People are encouraged to take public transportation to reduce air pollution as well.

**Do you think industrial pollution affects people's living quality?**

I think that industrial pollution greatly affects people's living quality, both psychologically and physically. To begin with, industrial pollution has a huge influence on our living environment. Just imagine how you would feel if all you would see was the dust and the grey sky. It would do great harm to our mental health. In addition, the waste produced by industrial pollution will go into the soil and water, and then the food, and eventually us.

**Do you think children should learn something about global warming?**





Yeah, there is no doubt that children should learn about global warming. We don't leave on the planet alone. We survive as a community and as global warming is getting worse, it is affecting all of us. The earlier children learn about it, the better.



## 去过还想去的城市

**Describe a city you have visited and want to go back to in the future**

**You should say**

**Which city it is**

**Where it is**

**What you did there**

**And explain why you want to go back**

Speaking of the topic, I'd like to talk about Madrid. It is a stunning, history-packed city with an abundance of activities to offer, and it attracts millions of visitors from all over every year. However, it was not the scenery but the people there that left the deepest impression on me and I would love to go back again if I have the chance. I went to Spain to exchange in 2018 and spent half a year in Madrid. When I first arrived, I couldn't speak Spanish at all and to make matters worse, I got sick on my fifth day there because I couldn't get accustomed to the climate. So, I went to a clinic nearby. There was only one doctor there and luckily, he could speak English. After examination, he told me that I was allergic and should be put on a drip for three consecutive days. That was a Friday and the clinic was supposed to be closed on weekends, but the doctor was kind and he offered to operate on Saturday and Sunday as well. I was quite vulnerable at that time, being sick with nobody around in a foreign land, and I was deeply touched by the doctor's kind gesture.

Apart from him, there were many more kind people in Spain who made my life there enjoyable. The homeless man around the corner would always give me a warm greeting every time I passed by; the waiter in the fried chicken stand would always teach me one Spanish word every time I went there and the lady working in the grocery store was always trying to start a conversation with me in Chinese.

Madrid is a great city with great inhabitants. I would really like to go back and hopefully, I can meet these lovely people again.

### Part3

**What's the difference between the city and the countryside?**

There is much difference between the city and the countryside. Everything is more convenient in the cities. For example, there are many shopping malls, cinemas and so on. In the country, the countryside is tranquil and less polluted.

**Some people say large cities are suitable for old people. What do you think?**

Well, I partially agree. It's true that large cities are suitable for the old because of the well-developed medical services, traffic and infrastructure, but we also can't ignore the fact that the heavy pollution in large cities can do great harm to the old's health.

**Do you think it is possible that all of the population move to cities?**

I don't think so. To begin with, there is not enough space in the city. If all people move in, the cities have to expand, meaning that the countryside is going to be smaller and smaller, which is impossible, because we need the land for agriculture, and most animals can't adjust well to the city environment. The countryside is too important to sacrifice.



**Do you think people in the countryside are friendlier than people in the city?**

I don't think so. Frankly speaking, I don't think people's manners are related to where they live or where they come from. It's totally individual. Many people may have the stereotype that the countryside people are friendlier, and it's not fair. There are tons of nice people living in the city too.



## 喜欢的公共建筑

**Describe a public building you enjoyed visiting**

**You should say:**

**When you went there**

**Who you went there with**

**What it was like**

**And explain why you liked going there**

I enjoy visiting the Shanghai Museum of Glass. The first time I went there was during my elementary school, and I went there for a volunteer training program. With the opportunity, I learned the history of the museum, the origin of different pieces of art, the craftsmanship of glasses, and I was able to introduce my assigned part at the end. The activity was not serious training since the members-oriented were elementary students, so we also had chances to visit the museum as well. My mom took me to walk around the museum as well as other students were around as well. The architecture of the building is a simple cube covered with white and black ceramic tile, and the museum is divided into four sections, two of them are the exhibition of the glasses. I was shocked and surprised by the arts and design in the museum. The interior design is in a black theme, which highlighted the glasses' showcases. The glasses that exhibited are colored by different dye and manufactured into peculiar shapes, which makes the black showroom looks mysterious and abundant. The reason I enjoy visiting the Shanghai Museum of Glass is because it is a place that makes me feel relax and enjoy. Every time I come to the museum, I can find something new to explore since the arts will be replaced at the end of each season. Besides, I can find myself assimilate into the arts by thinking about designers' ideas behind each pieces. And I am used to going to the museum about once per season even now, and I believe this museum is the public building that I enjoy visiting most.

### Part3

**Do you think the appearance of a building is important?**

I believe appearance is one of the most important features of a building. Since the appearance gives the first impression to others before they enter the edifice. Besides, the design of a building also represents how the building will be used. For example, an art museum or architecture model displaying museum is always well designed, office buildings always look efficient and modern. It shows that the appearance is able to give out the feeling directly, so it is important.

**What is the most important to a public building? Design, location or facilities?**

The completeness of facilities is the most important feature of a public building. As a public building, functionality is in the first priority place that a designer should be looking for. Since a public building is a place that needs to preserve daily usage for a reasonable amount of people, so a place does not have the basic facilities that cannot be routing normally, which is a basic problem of architecture.

**Who should be responsible for conserving the old buildings?**

Basically, everyone has the responsibility of conserving the old buildings, but to be specific, the government is most responsible to conserve those old buildings. There are two reasons for it. First of all, the government is the most powerful and has the authority to protect architecture. And secondly, although everyone has a



responsibility, not to damage the buildings, the actual conserving costs a lot, most people cannot afford that amount of money on their own, especially when the building is not someone's property.

**Do more people prefer to live in houses or apartments (in china)?**

People prefer to live in apartments in China in general. In my opinion, there are two reasons. First of all, the Chinese are very busy in general, so living in an apartment already satisfy most people's demands, as well as less cleaning is needed. Furthermore, most estates in the downtown of each city are apartments, living in downtown has a lot of benefits, such as close to office, convenient transport and diverse culture and different types of restaurants.

