



### I-IOT low power

### **Smart Dumbbell**

Yves De Boeck Mohammad Amir Gauthier de Borrekens Wouter Jacobin



# Goals and requirements

### A low power IOT device capable of:

- Indoor localization
- Outdoor localization
- Configuration via
- Bluetooth\*
- Communication via



Communciation via



Visualisation via



# Goals and requirements

#### A low power IOT device capable of:

- Indoor localization
- Outdoor localization
- Configuration via
- Bluetooth\*
- Communication via



Communciation via



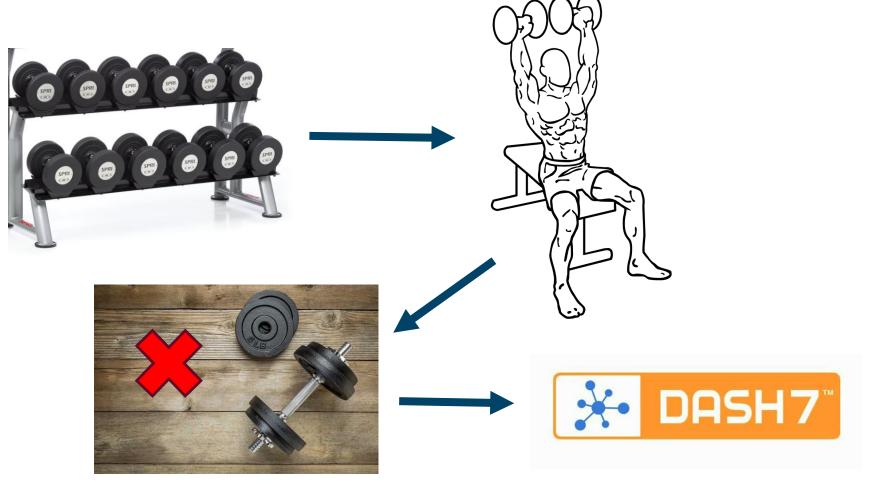
Visualisation via



- Concept
- Embedded side
- Server side
- Power consumption
- Conclusion

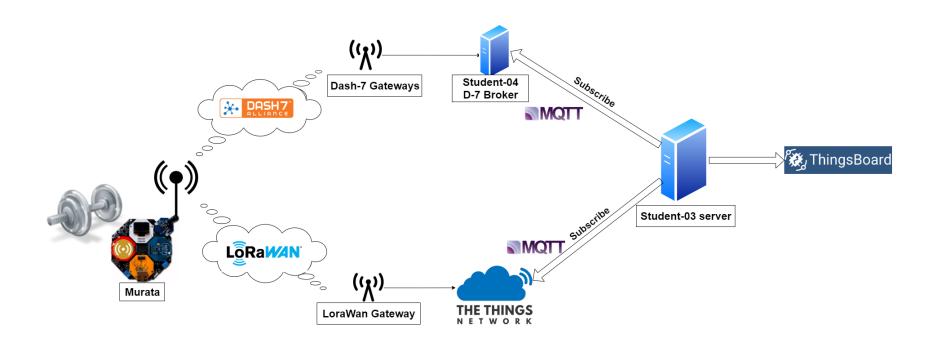
# Concept



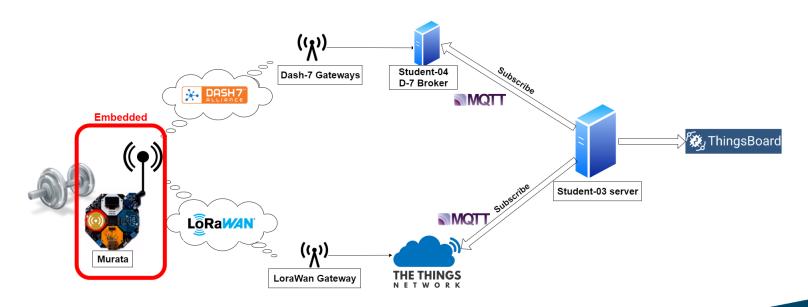


Localization of dumbbell





- Concept
- Embedded side
- Server side
- Power consumption
- Conclusion



# Reps

- Reps to accelerometer?
- Rep movement in two directions
  - → 1 Interrupt
- Double click mode!

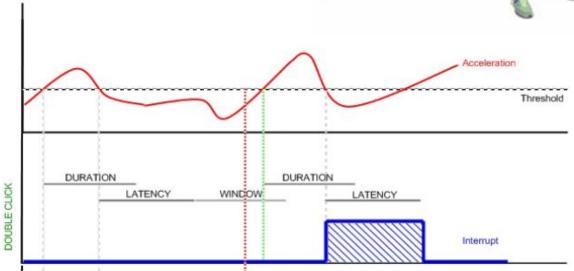


Figure: Double-Click (LSM303AGR Manual)



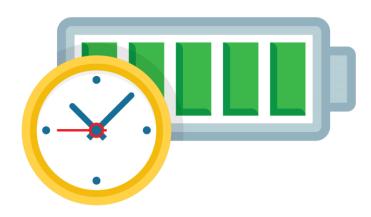




# Sleep

Concept
Embedded side
Server side
Power consumption
Conclusion

HAL\_Stopmode0



- Vcore clocks stopped
- HSI & HSE oscillators disabled
- WFI: Wait for Interrupt

# Payload

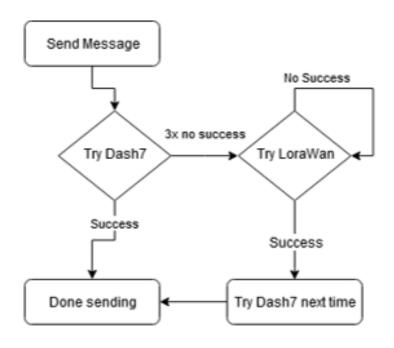


0	1	2	3	4	5
Temp	Hum	Reps	MessageCounter	Weight	Reserved

- For LoRa/Dash7
- MessageCounter: Differentiate

### Dash7→LoRa

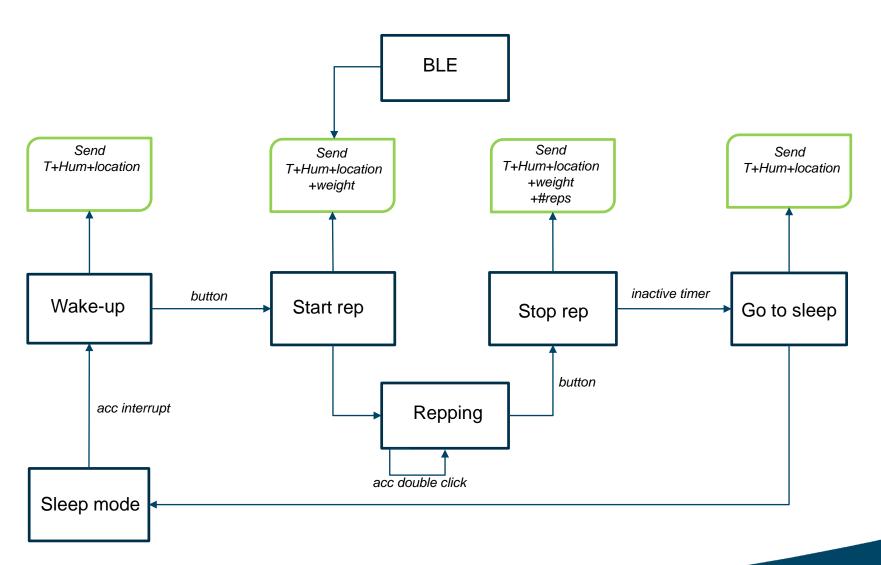




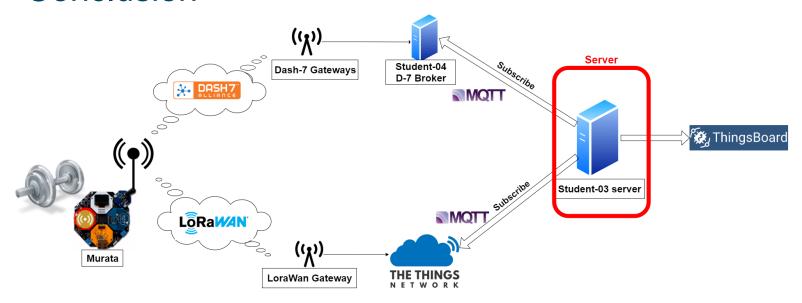
```
Sending Dash7 message with payload size 6
Murata modem command with tag 2 completed (success = 0)
Failure counter = 3
Going to LoRaWAN mode
```

# Program Flow





- Concept
- Embedded side
- Server side
- Power consumption
- Conclusion



# Program flow

# Concept Embedded side Server side Power consumption Conclusion

#### Subscribe to D7

- Start localization if
  - received from all gateways
  - 5 seconds have passed
  - New message has arrived
- Do localization using kNN
- Send data to thingsboard

#### Subscribe to LoRaWAN

Send isStolen to thingsboard

# Data processing

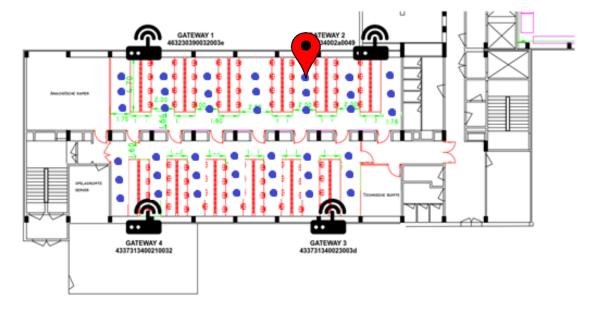


```
P
                       student@student-03: ~/project/pyd7a-master
---- Message is being sent ----
Amount of messages : 2
measurements:
1: -1000
2: -1000
3: -101
4: -103
Found location: 7
---- SENT ----
Starting timer
Message from Gateway4
Link budget: 103
Message from Gateway3
Link budget: 99
---- Message is being sent ----
Amount of messages : 2
measurements:
 1: -1000
2: -1000
3: -99
4: -103
Found location: 7
 --- SENT ----
```

### Localisation

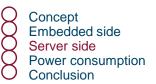
Concept
Embedded side
Server side
Power consumption
Conclusion

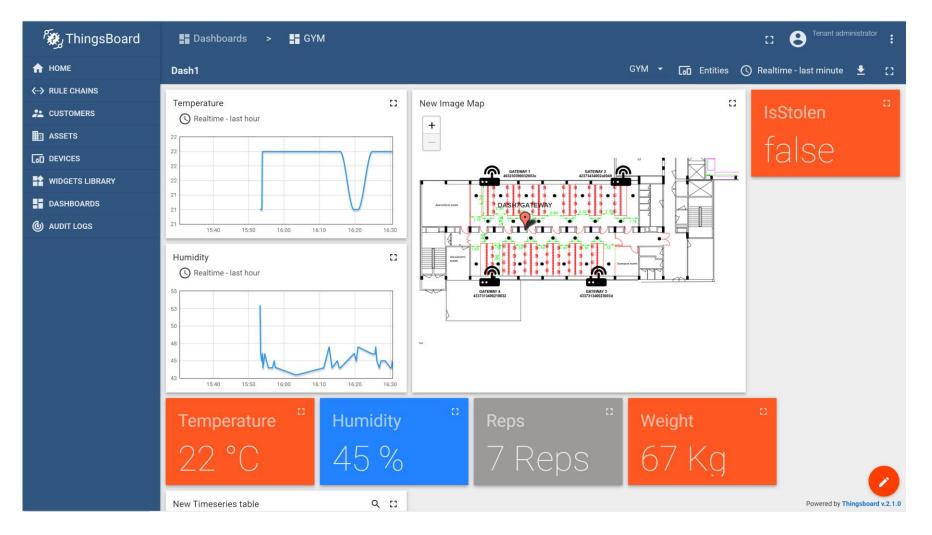
- Training phase
- K Nearest Neighbours
- Classification





# Thingsboard

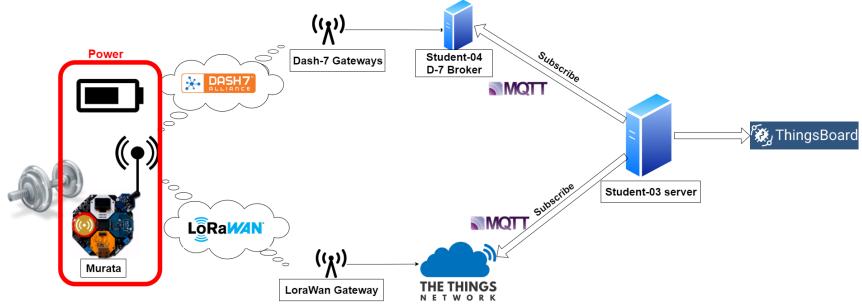




#### X-NUCLEO-LPM01A

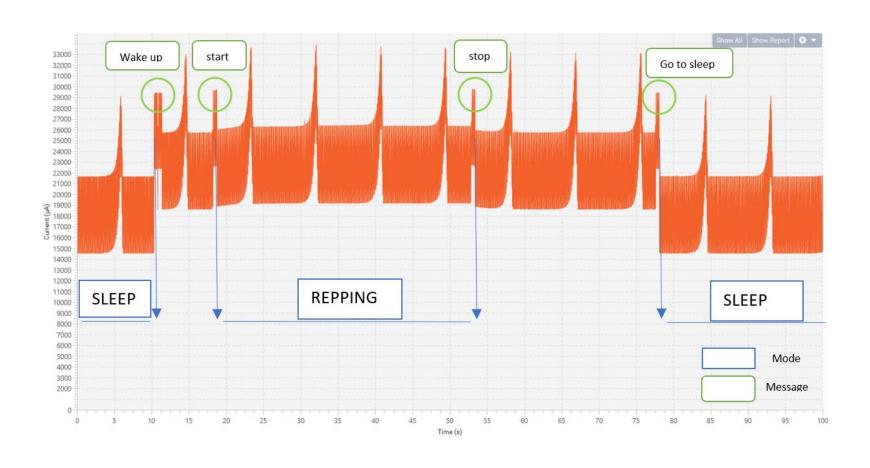
- Concept
- Embedded side
- Server side
- Power consumption
- Conclusion





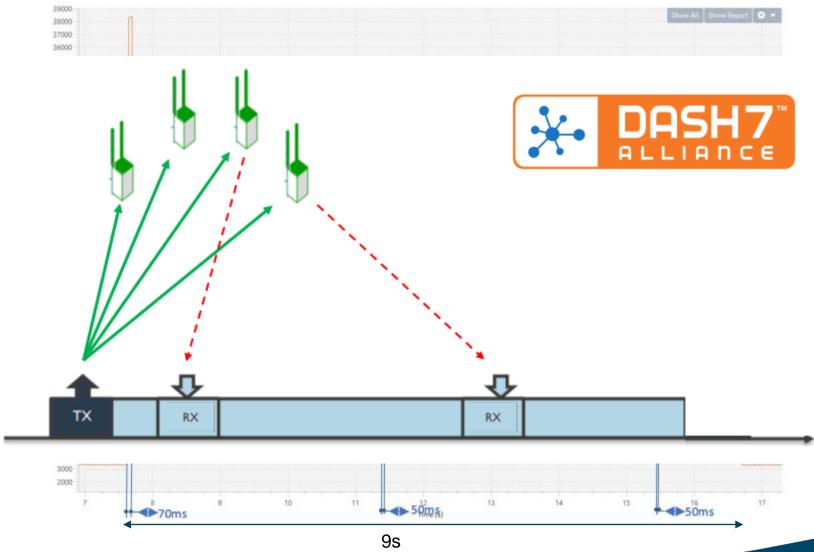
### General flow



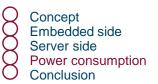


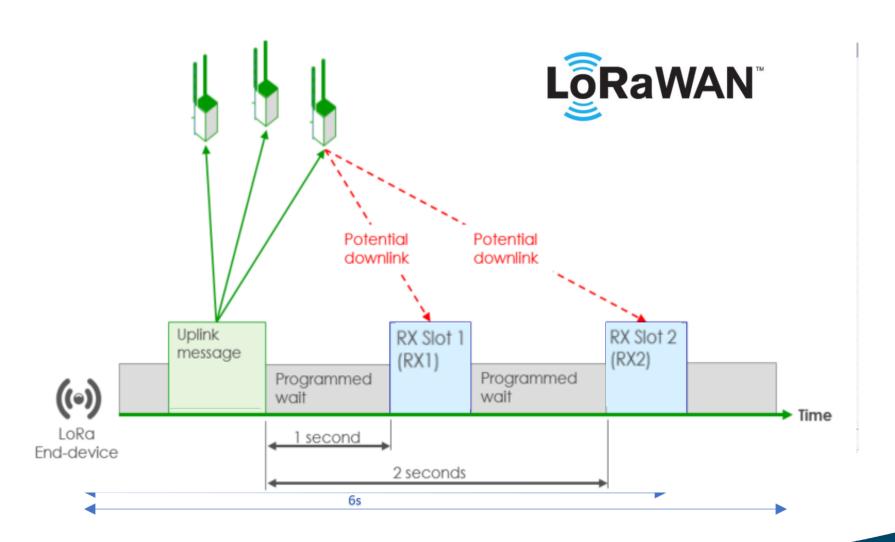
## Dash7-tx-rx





### LoRaWAN-tx-rx





# **Battery life**



Current measurements

Sleep mode

18,10 mA



38,75 mA

20,50 mA

Active mode

21,25 mA



35,50 mA

16,00 mA

- Assumptions

  - Open 12 hours / day Used 2 times per hour Used for 1 minute at a time Capacity of 3700 mAh

# Battery life: use cases







202 h

#### Case 1



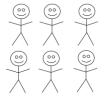
202 h

#### Case 1

OPEN x12

202 h

#### Case 2



200 h

#### Case 2





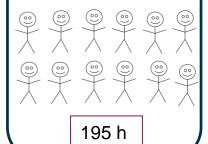
201 h

#### Case 2

OPEN x10

203 h

#### Case 3



Case 3



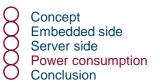
198 h

Case 3

OPEN x6

204 h

# Battery life: sleep current



#### Case 1

Sleepcurrent 18 mA

202 h

#### Case 2

Sleepcurrent 15 mA

240 h

+19%

#### Case 3

Sleepcurrent 10 mA

347 h

+71%

# Conclusion Only the sleep current matters

Turn off unused modules and peripherals

Disable clocks for unused modules and peripherals

Reduce the clock frequency

**STOPMODE** 

- Concept
- Embedded side
- Server side
- Power consumption
- Conclusion

### Conclusion and reflection

- Indoor Dumbbell localization
- Outdoor Dumbbell localization \*



- Configuration via Bluetooth



Communication via PASH7





Communication via LoRaWAN





Low power



