Trainingsuren: seizoen 2019-2020



Maandag			Dinso	ag		Woensdag				Donderdag					Vrijdag				Zond	Zondag	
Zolder	Zolder		Zolder	Zolder	Zolder	Zolder	Heusden	Heusden		Zolder	Zolder	SFC		Zolder	Zolder	Berkenbos	Heusden	1	Zolder	Zolde	
Hal 1	Hal 2		Hal 1	Hal 2	Hal 1	Hal 2	Hal 1	Hal 2		Hal 1	Hal 2	Heusden		Hal 1	Hal 2	Hal 1	Hal 1		Hal 1	Hal 2	
		10:00 - 10:30							10:00 - 10:30				10:00 - 10:30					10:00 - 10:30			
		10:30 - 11:00							10:30 - 11:00				10:30 - 11:00					10:30 - 11:00			
		11:00 - 11:30							11:00 - 11:30				11:00 - 11:30					11:00 - 11:30			
		11:30 - 12:00							11:30 - 12:00				11:30 - 12:00					11:30 - 12:00	G-Basket		
		12:00 - 12:30							12:00 - 12:30				12:00 - 12:30					12:00 - 12:30	(9h45 -	4	
		12:30 - 13:00							12:30 - 13:00				12:30 - 13:00					12:30 - 13:00	14h15)		
		13:00 - 13:30							13:00 - 13:30				13:00 - 13:30					13:00 - 13:30		4	
		13:30 - 14:00							13:30 - 14:00				13:30 - 14:00					13:30 - 14:00		4	
		14:00 - 14:30							14:00 - 14:30				14:00 - 14:30					14:00 - 14:30			
		14:30 - 15:00			G-Basket				14:30 - 15:00				14:30 - 15:00					14:30 - 15:00	1	1	
		15:00 - 15:30			G-basket				15:00 - 15:30				15:00 - 15:30					15:00 - 15:30	1		
		15:30 - 16:00							15:30 - 16:00				15:30 - 16:00					15:30 - 16:00	I	1	
		16:00 - 16:30							16:00 - 16:30				16:00 - 16:30					16:00 - 16:30	1	1	
		16:30 - 17:00							16:30 - 17:00				16:30 - 17:00					16:30 - 17:00	1	1	
		17:00 - 17:30							17:00 - 17:30				17:00 - 17:30					17:00 - 17:30			
U10/U12 U14		17:30 - 18:00							17:30 - 18:00				17:30 - 18:00					17:30 - 18:00	·	1	
		18:00 - 18:30							18:00 - 18:30				18:00 - 18:30					18:00 - 18:30	I		
		18:30 - 19:00			U16	U14	U18		18:30 - 19:00	U10/U12			18:30 - 19:00	U16			U18B Skills	18:30 - 19:00			
		19:00 - 19:30	U18				018		19:00 - 19:30				19:00 - 19:30				18h00-20h00	19:00 - 19:30			
		19:30 - 20:00						B-Ploeg +	19:30 - 20:00				19:30 - 20:00					19:30 - 20:00			
	U21	20:00 - 20:30			Heren C / U21/E/F			U18	20:00 - 20:30	Heren A	Heren E	G-Basket	20:00 - 20:30	Heren C	Heren F & G			20:00 - 20:30			
		20:30 - 21:00	Heren A	Heren A					20:30 - 21:00				20:30 - 21:00			Heren C bij games		20:30 - 21:00			
Dames		21:00 - 21:30			U21/E/F				21:00 - 21:30				21:00 - 21:30			dames (20h30 -		21:00 - 21:30			
		21:30 - 22:00						_	21:30 - 22:00	Heren D & G			21:30 - 22:00	Games Dames		22h00)	-	21:30 - 22:00			
		22:00 - 22:30							22:00 - 22:30				22:00 - 22:30					22:00 - 22:30			
		22:30 - 23:00							22:30 - 23:00				22:30 - 23:00					22:30 - 23:00			
		23:00 - 23:30							23:00 - 23:30				23:00 - 23:30					23:00 - 23:30		1	