$$i\hbar\dot{\psi}_r = -\gamma\hbar\vec{I}\cdot(\vec{B_r} + \vec{\omega}/\gamma)\psi_r = -\gamma\hbar\vec{I}\cdot\vec{B_{eff}}\psi_r \tag{1}$$

 \ddot{o}

0.1 section

0.1.1 sub

0.1.1.1 sub1

0.1.1.2 sub2

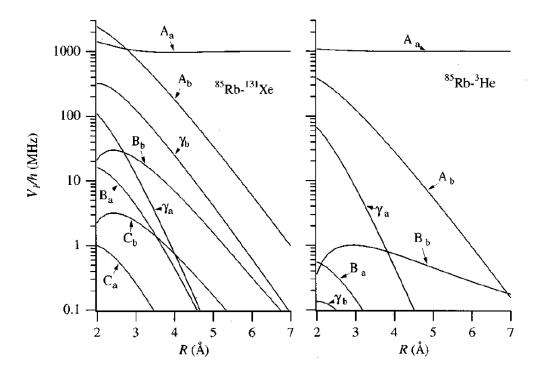


Figure 1: Strengths of various spin-dependent interactions (from Ref. [1])

et al.
$$\Delta F = \pm 1 \ \vec{S}$$

Bibliography

[1] W. H. Thad G. Walker. Spin-exchange optical pumping of noble-gas nuclei. RMP Colloquia.