$$P_{pc}(t) = \gamma_{se} P_A t - \frac{1}{2} \gamma_{se} P_A (\gamma_{se} + \Gamma_{pc} + d_{pc}) t^2$$
(1a)

$$P_{tc}(t) = \frac{1}{2} \gamma_{se} P_A d_{tc} t^2 \tag{1b}$$

$$\langle \gamma_{se} \rangle = \frac{\Gamma_s - \langle \Gamma \rangle + \delta \Gamma}{1 + X}$$
 (2)

$$(\Gamma_s - \langle \Gamma \rangle)$$

The coefficients of pressure broadening for $^3\mathrm{He},\,^4\mathrm{He}$ and N_2 are listed in Table ??.

Proteus 3B 3.8 180 0.46 27 74 0 0 - -	ΧP	a	_	I_0	$T_{\rm pc}^{ m set}$		$\Gamma_{\rm s}^{-1}$	$\langle \Gamma \rangle^{-1}$	$\langle P^{A} \rangle$	- A		-	[Rb] _{fr}	$\Delta T_{ m Rb}$	ΔT_{He}	
Priapus 3B 3.8 180 0.44 21 56	田	Cell	Lasers	W/cm^2	°C	$P_{\mathrm{He}}^{\mathfrak{I}}$		hrs	$\langle P^{11} \rangle$	$P_{ m line}^{ m II}$	$D_{ m fr}$	$D_{ m pb}$	$10^{14}/{\rm cm}^3$	°C	$^{\circ}\mathrm{C}$	X
Penelope 3B 3.8 180 0.39 18 46 0 0 - - -	GDH	Proteus	3B	3.8	180	0.46	27	74	-	-	0	0	-	-	-	-
Powell 3B 3.8 180 0.38 13 25 0 0 - - - - -		Priapus	3B	3.8	180	0.44	21	56	-	-	0	0	-	-	-	-
Prasch 3B 3.8 180 0.33 13 33 0 0		Penelope	3B	3.8	180	0.39	18	46	-	-	0	0	-	-	-	-
Al	l g	Powell	3B	3.8	180	0.38	13	25	-	-	0	0	-	-	-	-
All SB	L	Prasch	3B	3.8	180	0.33	13	33	-	-	0	0	-	-	-	-
SB		Al	2.5B	3.2	235	0.53(03)	7.86(05)	27.42(1.37)	-	-	-	4.53(25)	-	-	-	-
Barbara SB 3.1 235 0.57(03) 4.76(63) 4.295(2.15) 4.80(25) - - -			5B	6.1	235	0.54(03)	6.73(18)	27.42(1.37)	-	-	-	4.53(25)	-	-	-	-
Simone S		Barbara	2.5B	1.6	235	0.37(02)	5.5(08)	42.95(2.15)	-	-	-	4.80(25)	-	-	-	-
Anna			5B	3.1	235	0.57(03)	4.76(63)	42.95(2.15)	-	-	-	4.80(25)	-	-	-	-
Anna		Gloria	3B	1.7	235	0.60(03)	6.13(04)	38.29(1.91)	-	-	-	7.20(40)	-	-	-	-
1.5B 1.0 235 0.39(02) 5.37(08) 11.38(57) - - - 9.64(57) - - - - - - - - -		Anna	1B	0.6	235	0.33(02)	5.60(34)	11.38(57)	-	-	-	9.64(57)	-	-	-	-
Dexter 5B			1.5B	1.0	235	0.39(02)	5.37(08)	11.38(57)	-	-	-	9.64(57)	-	-	-	-
Edna 3B 2.4 235 0.49(02) 6.63(12) 18.45(92)		Dexter	1.5B	1.5	235	0.47(02)	7.58(17)	18.45(92)	-	-	-	-	-	-	-	-
Dolly 3B 1.0 235 0.43(02) 6.16(03) 35.24(1.76) - 20(1.3) - - - - - - -			5B	6.1	235	0.49(02)	6.63(12)	18.45(92)	-	-	-	-	-	-	-	-
Dolly	EN S	Edna	3B	$^{2.4}$	235	0.56(03)	5.71(02)	27.42(1.37)	-	-	-	3.63(20)	-	-	-	-
Simone 2N1B 3.8 215 0.31(01) 14.08(06) 22.87(1.14) 0.947(020) 0.91(05) 10.66(54) 8.89(45) 0.20(02) -7(3) - 0.04(12) - - 2N1B 3.8 240 0.48(02) 6.89(20) 22.87(1.14) - - - 9.76(49) - - - - - - - - -	U	Dolly	3B	1.0	235	0.43(02)	6.16(03)	35.24(1.76)	-	-	-	20(1.3)	-	-	-	-
Simone 2N1B 3.8 240 0.48(02) 6.89(20) 22.87(1.14) 9.76(49)			1N1B	1.4	235	0.62(03)	5.79(07)	35.24(1.76)	-	-	-	20(1.3)	-	-	17(10)	-
No. 2N1B 3.8 255 0.58(02) 6.45(10) 22.98(1.14) 0.929(023) 0.92(05) 12.48(83) 10.3(52) 0.90(09) -4(5) - 0.11(06)		Simone	2N1B	3.8	215	0.31(01)	14.08(06)	22.87(1.14)	0.947(020)	0.91(05)	10.66(54)	8.89(45)	0.20(02)	-7(3)	-	-0.04(12)*
2N1B 1.9 160 0.57(02) 16.69(09) 73.68(3.68) 0.966(020) 1.00(03) 0 0 1.97(13) 4(1) 30(7) 0.24(06)			2N1B	3.8	240	0.48(02)	6.89(20)	22.87(1.14)	-	-	-	9.76(49)	-	-	-	-
Sosa 2N1B 1.9 170 0.61(03) 1.67(04) 73.68(3.68) 0.964(020) 0.98(03) 0 0 3.00(33) 3(3) 38(14) 0.27(06)			2N1B	3.8	255	0.58(02)	6.45(10)	22.98(1.14)	0.929(023)	0.92(05)	12.48(83)	10.3(52)	0.90(09)	-4(5)	-	0.11(06)*
Sosa 2N1B 1.9 180 0.55(02) 8.79(09) 73.68(3.68) 0.954(022) 0.97(03) 0 0 4.30(27) 1(2) 47(7) 0.43(06) 2N1B 1.9 190 0.40(02) 6.39(22) 73.68(3.68) 0.854(075) 0.82(03) 0 0 5.69(63) -2(3) 48(20) 0.58(12) 2N1B 1.9 200 0.26(01) 5.04(17) 73.68(3.68) 0 0 43(18) 43(18) 43(18) 43(18) 43(18) 434(23)		Sosa	2N1B	1.9	160	0.57(02)	16.69(09)	73.68(3.68)	0.966(020)	1.00(03)	0	0	1.97(13)	4(1)	30(7)	$0.24(06)^{\dagger}$
2N1B 1.9 190 0.40(02) 6.39(22) 73.68(3.68) 0.854(075) 0.82(03) 0 0 5.69(63) -2(3) 48(20) 0.58(12) 2N1B 1.9 200 0.26(01) 5.04(17) 73.68(3.68) 0 0 0 43(18) 43(18) 43(18) 43(18)			2N1B	1.9	170	0.61(03)	11.67(04)	73.68(3.68)	0.964(020)	0.98(03)	0	0	3.00(33)	3(3)	38(14)	0.27(06)*
Boris 3B 1.8 235 0.42(02) 6.25(04) 23.74(1.19) 0.871(050) 0.79(07) 1.96(18) 2.45(23) 2.19(34) -8(7) - 0.26(10)			2N1B	1.9	180	0.55(02)	8.79(09)	73.68(3.68)	0.954(022)	0.97(03)	0	0	. ,	1(2)	47(7)	$0.43(06)^{\dagger}$
Boris 3B 1.8 235 0.42(02) 6.25(04) 23.74(1.19) 0.871(050) 0.79(07) 1.96(18) 2.45(23) 2.19(34) -8(7) - 0.26(10) Samantha 3N 2.6 235 0.50(02) 6.30(13) 36.51(1.83) 4.34(23)			2N1B	1.9				73.68(3.68)	0.854(075)	0.82(03)	0	0	5.69(63)	-2(3)	48(20)	0.58(12)*
Samantha 3B 1.8 235 0.50(02) 6.30(13) 36.51(1.83) 4.34(23)	L		2N1B	1.9	200	0.26(01)	5.04(17)	73.68(3.68)	-	-	0	0	-	-	43(18)	-
Samantha 3N 2.6 235 0.68(03) 4.62(03) 22.13(1.11) 0.956(020) 0.99(03) 4.37(10) 4.34(23) 1.80(10) 7(2) 21(10) 0.12(05) Alex 2N1B 2.6 235 0.59(03) 4.81(02) 32.96(1.65) 0.942(042) 0.99(03) 1.37(08) 1.19(07) 4.08(36) 0(4) 42(10) 0.34(06) Moss 1N1B 1.8 235 0.62(03) 5.35(04) 33.00(1.65) - 0.95(09) - 2.40(13) 29(8) - Tigger 1N1B 1.8 235 0.51(02) 4.89(05) 12.62(63) - 0.95(09) 23(9) - Astral 2N1B 2.6 235 0.69(03) 6.57(12) 48.90(2.45) 0.954(020) 0.99(03) 7.09(55) 6.21(56) 0.97(09) 3(5) 25(4) 0.17(05) Stephanie 3N 2.6 235 0.63(03) 4.55(09) 48.35(2.42) 0.929(114) 0.99(03) 1.39(11) 1.50(10) 5.08(58) 7(5) 54(6) 0.31(08) Brady 2N 1.8 235 0.68(03) 5.52(70) 33.50(1.68) - 0.95(03) - 2.36(24) 14(9) - Brady 2N 1.8 235 0.68(03) 5.52(70) 33.50(1.68) - 0.99(03) - 2.36(24) 25(8) - 3N 2.6 235 0.70(03) 5.30(01) 33.50(1.68) 0.956(021) 0.99(03) 2.60(20) 2.36(24) 2.86(30) 6(5) 39(9) 0.14(05) Maureen 3N 2.6 235 0.66(03) 5.42(12) 29.21(1.46) - 0.97(09) - 4.42(55) 32(12) - Antoinette 3N 1.7 215 0.49(02) 6.63(37) 20.93(1.05) 0.958(020) 0.99(03) 2.85(13) - 0.96(07) 0(3) 16(8) 0.28(08) 3N 1.7 235 0.61(03) 4.18(10) 20.93(1.05) 0.936(043) 0.99(03) 3.32(27) - 1.83(20) 0(5) 20(10) 0.24(07)	Г	Boris	3B	1.8	235	0.42(02)	6.25(04)	23.74(1.19)	0.871(050)	0.79(07)	1.96(18)	2.45(23)	2.19(34)	-8(7)	-	0.26(10)*
Alex 2N1B 2.6 235 0.58(03) 4.62(03) 22.13(1.11) 0.956(020) 0.99(03) 4.37(10) 4.34(23) 1.80(10) 7(2) 21(10) 0.12(05) Alex 2N1B 2.6 235 0.59(03) 4.81(02) 32.96(1.65) 0.942(042) 0.99(03) 1.37(08) 1.19(07) 4.08(36) 0(4) 42(10) 0.34(06) Moss 1N1B 1.8 235 0.62(03) 5.35(04) 33.00(1.65) - 0.95(09) - 2.40(13) 2.9(8) - Tigger 1N1B 1.8 235 0.51(02) 4.89(05) 12.62(63) - 0.95(09) 2.3(9) - Astral 2N1B 2.6 235 0.69(03) 6.57(12) 48.90(2.45) 0.954(020) 0.99(03) 7.09(55) 6.21(56) 0.97(09) 3(5) 25(4) 0.17(05) Stephanie 3N 2.6 235 0.63(03) 4.55(09) 48.35(242) 0.929(114) 0.99(03) 1.39(11) 1.50(10) 5.08(58) 7(5) 54(6) 0.31(08) Brady 2N 1.8 235 0.62(03) 4.82(1.08) 33.50(1.68) - 0.95(03) - 2.36(24) 14(9) - Brady 2N 1.8 235 0.68(03) 5.52(70) 33.50(1.68) - 0.99(03) - 2.36(24) 25(8) - 3N 2.6 235 0.70(03) 5.30(01) 33.50(1.68) 0.956(021) 0.99(03) 2.60(20) 2.36(24) 2.86(30) 6(5) 39(9) 0.14(05) Maureen 3N 2.6 235 0.66(03) 5.42(12) 29.21(1.46) - 0.97(09) - 4.42(55) 32(12) - Antoinette 3N 1.7 215 0.49(02) 6.63(37) 20.93(1.05) 0.958(020) 0.99(03) 3.32(27) - 1.83(20) 0(5) 20(10) 0.24(07)		Samantha	3B	1.8	235	0.50(02)	6.30(13)	36.51(1.83)	-	-	-	4.34(23)	-	-	-	-
Moss IN1B 1.8 235 0.62(03) 5.35(04) 33.00(1.65) - 0.95(09) - 2.40(13) 29(8) - Tigger IN1B 1.8 235 0.51(02) 4.89(05) 12.62(63) - 0.95(09) 23(9) - Astral 2N1B 2.6 235 0.69(03) 6.57(12) 48.90(2.45) 0.954(020) 0.99(03) 7.09(55) 6.21(56) 0.97(09) 3(5) 25(4) 0.17(05) 5.00 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1			3N	2.6	235	0.68(03)	4.62(03)	22.13(1.11)	0.956(020)	0.99(03)	4.37(10)	4.34(23)	1.80(10)	7(2)	21(10)	0.12(05)*
Tigger 1N1B 1.8 235 0.51(02) 4.89(05) 12.62(63) - 0.95(09) 23(9) 23(9) 23(9) 23(9)	Transversity	Alex	2N1B	2.6	235	0.59(03)	4.81(02)	32.96(1.65)	0.942(042)	0.99(03)	1.37(08)	1.19(07)	4.08(36)	0(4)	42(10)	$0.34(06)^{\dagger}$
$ \begin{array}{ c c c c c c c c c c c c c c c c c c c$		Moss	1N1B	1.8	235	0.62(03)	5.35(04)	33.00(1.65)	-	0.95(09)	-	2.40(13)	-	-	29(8)	-
$ \begin{array}{ c c c c c c c c c c c c c c c c c c c$		Tigger	1N1B	1.8	235	0.51(02)	4.89(05)	12.62(63)	-	0.95(09)	-	-	-	-	23(9)	-
$ \begin{array}{ c c c c c c c c c c c c c c c c c c c$		Astral	2N1B	2.6	235	0.69(03)	6.57(12)	48.90(2.45)	0.954(020)	0.99(03)	7.09(55)	6.21(56)	0.97(09)	3(5)	25(4)	$0.17(05)^{\dagger}$
$ \begin{array}{ c c c c c c c c c c c c c c c c c c c$		Stephanie	3N	2.6	235	0.63(03)	4.55(09)	48.35(2.42)	0.929(114)	0.99(03)	1.39(11)	1.50(10)	5.08(58)	7(5)	54(6)	0.31(08)*
3N 2.6 235 0.70(03) 5.30(01) 33.50(1.68) 0.956(021) 0.99(03) 2.60(20) 2.36(24) 2.86(30) 6(5) 39(9) 0.14(05) Maureen 3N 2.6 235 0.66(03) 5.42(12) 29.21(1.46) - 0.97(09) - 4.42(55) 32(12) - Antoinette 3N 1.7 215 0.49(02) 6.63(37) 20.93(1.05) 0.958(020) 0.99(03) 2.85(13) - 0.96(07) 0(3) 16(8) 0.28(08) 3N 1.7 235 0.61(03) 4.18(10) 20.93(1.05) 0.936(043) 0.99(03) 3.32(27) - 1.83(20) 0(5) 20(10) 0.24(07)		Brady	1N	0.9	235	0.62(03)	4.82(1.08)	33.50(1.68)	-	0.95(03)	-	2.36(24)	-	-	14(9)	-
Maureen 3N 2.6 235 0.66(03) 5.42(12) 29.21(1.46) - 0.97(09) - 4.42(55) - - 32(12) - Antoinette 3N 1.7 215 0.49(02) 6.63(37) 20.93(1.05) 0.958(020) 0.99(03) 2.85(13) - 0.96(07) 0(3) 16(8) 0.28(08) 3N 1.7 235 0.61(03) 4.18(10) 20.93(1.05) 0.936(043) 0.99(03) 3.32(27) - 1.83(20) 0(5) 20(10) 0.24(07)			2N	1.8				` ′	-	, ,	-		-	-		
Antoinette 3N 1.7 215 0.49(02) 6.63(37) 20.93(1.05) 0.958(020) 0.99(03) 2.85(13) - 0.96(07) 0(3) 16(8) 0.28(08) 3N 1.7 235 0.61(03) 4.18(10) 20.93(1.05) 0.936(043) 0.99(03) 3.32(27) - 1.83(20) 0(5) 20(10) 0.24(07)			3N	2.6	235	0.70(03)	5.30(01)	33.50(1.68)	0.956(021)	0.99(03)	2.60(20)	2.36(24)	2.86(30)	6(5)	39(9)	$0.14(05)^{\dagger}$
3N 1.7 235 0.61(03) 4.18(10) 20.93(1.05) 0.936(043) 0.99(03) 3.32(27) - 1.83(20) 0(5) 20(10) 0.24(07)		Maureen	3N	2.6	235	0.66(03)	5.42(12)	29.21(1.46)	-	0.97(09)	-	4.42(55)	-	-	32(12)	-
		Antoinette	3N	1.7				` ′	. ,			-	0.96(07)	0(3)	. ,	$0.28(08)^{\dagger}$
$ \begin{array}{ c c c c c c c c c c c c c c c c c c c$			3N	1.7				` ′	. ,			-	1.83(20)	/	. ,	` ′.
	L		3N	1.7	255	0.41(02)	2.66(11)	20.93(1.05)	0.776(099)	0.93(10)	3.57(23)	-	2.88(39)	-5(6)	33(9)	$0.55(13)^{\dagger}$

Table 1: Cell Performance for three sets of experiments: saGDH (top), GEN (middle), and Transversity & d_2^n (bottom). Within each experiment grouping, data is grouped by type of laser used (B = Broadband, N = Narrowband). I_0 is the nominal incident laser intensity at the center of the pumping chamber. T_{pc}^{set} is the oven set temperature. P_{pc}^{∞} is the equilibrium polarization in the pumping chamber and Γ_s is the slow time constant extracted from the five parameter fit to the polarization build up curve. Γ_c is the cell-averaged room temperature spin relaxation rate. $\langle P_A \rangle / P_A^l$ is the volume averaged to line averaged alkali polarization ratio determined from the optical pumping simulation. P_A^l is the measured line averaged alkali polarization. $D_{fr} \& D_{pb}$ are the K to Rb density ratios determined from Faraday rotation and pressure broadening measurements. [Rb]_{fr} is the Rb number density measured from Faraday rotation. ΔT_{He} is the temperature of Rb inferred from the number density relative to the oven set temperature. ΔT_{He} is the temperature of 3 He inferred from temperature tests relative to the oven set temperature. X is the best combined value for the X-factor. * indicates X was measured using only spinup, alkali polarization, and Faraday rotation data.

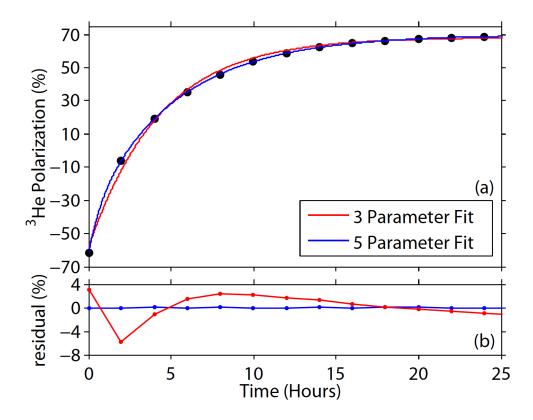


Figure 1: (a) Shown is a spinup of the target Brady. The spinup data has been fit with a 3-parameter and a 5-parameter formalism. (b) The residuals of the two fits. The error for 3-parameter fit is larger because it does not account for diffusion between two chambers. Adopted from [?].

The energy levels of 87 Rb are shown in Fig. ??. where Γ_A is the pressure dependent FWHM, $\Gamma_A \approx 0.04 nm/amg \cdot [^3He]$.

Bibliography