$$\frac{\dot{B}}{B_1} \ll \omega \tag{1}$$

$$\omega/\gamma - B \gg B_1$$

## 0.1 section

### 0.1.1 sub

#### 0.1.1.1 sub1

#### 0.1.1.2 sub2

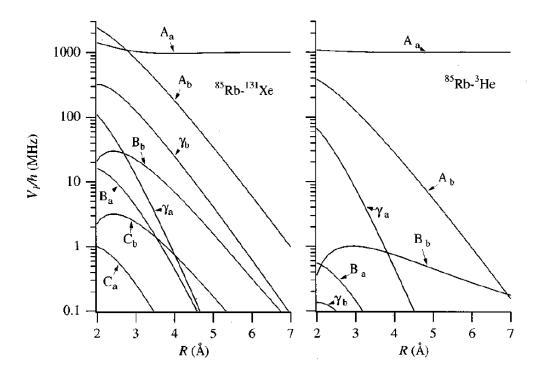


Figure 1: Strengths of various spin-dependent interactions (from Ref. [1])

et al. 
$$\Delta F = \pm 1 \ \vec{S}$$

# Bibliography

[1] W. H. Thad G. Walker. Spin-exchange optical pumping of noble-gas nuclei. RMP Colloquia.