

**Field Ionization and Field Emission
with Intense, Single-cycle THz Pulses**
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by

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Abstract

Nuclear-polarized ^3He targets have been widely used in electron-scattering experiments in Thomas Jefferson National Accelerator Facility (JLAB) since mid 1990s. It is of great importance to produce large amounts of ^3He gas with high polarization.

The latest experiments run in JLAB prior to the 12GeV upgrade have been using cells polarized with Spin-Exchange Optical Pumping (SEOP). These cells were made of the GE180 glass and use a two-chambered design. The top chamber, known as the pumping chamber, is where ^3He is polarized through SEOP. The bottom chamber, known as the target chamber, is where electron scattering occurs. Great effort has been made in our lab to develop this generation of cells. Alkali-hybrid SEOP together with narrowband laser diode arrays have increased the ^3He polarization from 37% to 65%. Among other things, we also carefully studied an additional spin relaxation mechanism that limits the maximum achievable ^3He polarization.

The 12GeV upgrade makes the future experiments much more demanding in terms of target cell performance. One challenge it brings is the high relaxation due to electron beam. We have designed and tested a new style cell that uses convection instead of diffusion to increase the rate at which the polarization in the target chamber is being replenished by gas from pumping chamber. We have obtained over 50% polarization with controllable convection speed so far.

An additional problem that comes with higher beam current is that the glass end windows of traditional design are not likely to survive the experiments. Our group started exploring the option of using metal end windows from a decade ago. The first problem to solve is to find out the correct material and the proper technique

to incorporate metal without introducing significant spin relaxation and still being able to hold high pressure gas (12 atm) inside. This is a brand new technique that may have a profound impact of future cell designs once fully developed. Although no metal end windows have been tested so far, multiple glass cells with different kinds metal tubes (much larger in area compared to the end windows that will be used in JLAB experiments) attached were examined and were enough to convince us the extra spin relaxation is not likely to cause significant problems. The metals tubes were connected to Pyrex glass with knife-edge (housekeeper) seals and stayed intact through high pressure tests. After exploring options such as pure copper, gold coated copper, titanium, stainless steel, gold coated titanium, we have established that electroplating gold on copper substrate yields the best result so far. Further tests are planned before attaching metal end windows to GE180 glass and using them in electron-scattering experiments.

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— MUN School of Graduate Studies

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Chapter 1

Spin-Exchange Optical Pumping

1.1 Overview

Spin-polarized noble gases have been widely used for various purposes [7, 6, 43, 40]. In JLAB (Thomas Jefferson National Accelerator Facility), polarized ^3He is used as target for electron-scattering experiments. This is because a ^3He nucleus has a pair of protons with paired spins and a single neutron that contributes the most of the nuclear spin. In MRI, polarized ^3He has seen uses such as detecting structural damage in the lungs.

There are generally two ways of polarizing ^3He : Metastability-Exchange Optical Pumping (MEOP) [23] and Spin-Exchange Optical Pumping (SEOP) [22, 36, 39]. Our group focuses on SEOP as MEOP polarizes gas at relatively low pressure (~ 1 torr), thus further compression is required to produce target cells of several atms that meet the need of JLab experiments.

In SEOP, alkali metal is polarized by circularly polarized laser light tuned to the

D1 transition of the particular alkali species used. ^3He obtains polarization from alkali metal through spin-exchange process [15]. With the combination of hybrid alkali mixtures (typically Rb and K) and spectrally narrowed lasers [31, 10], more than 80% polarizations have been produced.

1.2 Optical pumping

1.2.1 Rb for SEOP

In optical pumping, Rb is often the alkali metal chosen to be optically pumped by circularly polarized laser light. The angular momentum of polarized photons are transferred to the valence electrons of Rb atoms[55]. Sometimes hybrid mixtures of Rb and K are used together, in which case Rb is still the alkali metal that is directly pumped by laser light while K serves as an efficient medium to transfer the polarization from Rb to ^3He . Because the spin destruction rates are much lower for lighter alkali metals, K- ^3He spin-exchange process is a lot more efficient than that of Rb- ^3He . Rb is still selected as the alkali metal to be pumped directly because of the relative ease of acquiring laser at the Rb D₁ line wavelength and the wide separation its between D₁ (794.7nm) and D₂ line (780nm).

The Rb melting point is at 39.5°C, so it's easy to achieve enough Rb vapor without having to drive the oven temperature too high. In our lab, depending on if the cell contains pure Rb or Rb/K mixture, the oven temperature can be between 85°C to as high as 255°C. Perhaps the most used oven temperature for hybrid cells is 235°C which has empirically been a good temperature to produce Rb/K mixture vapor,

while around 170°C is typically enough for pure Rb.

1.2.2 Vapor Pressure Curves

When the alkali metal is heated to above its melting point, a small amount of alkali metal atoms evaporate. The equilibrium vapor pressure is temperature dependent:

$$P = 10^{5.006+\alpha+\beta/T} \text{Pa} \quad (1.1)$$

where α and β are listed in Table 1.2.2 [16].

	Patassium	Rubidim
α	4.402	4.312
β	-4453	-4040

Thus the number density is

$$[A] = \frac{10^{5.006+\alpha+\beta/T}}{k_B T} \quad (1.2)$$

The number density curves of pure Rb and K vapor are shown in Fig. 1.1.

1.2.3 Energy Levels of Alkali Metal in External Magnetic Field

The Hamiltonian for ground state (L=0) alkali metal atoms in external magnetic field is:

$$\mathbf{H} = A\mathbf{I} \cdot \mathbf{S} - g_e\mu_B S_z B_z - g_N\mu_N I_z B_z \quad (1.3)$$

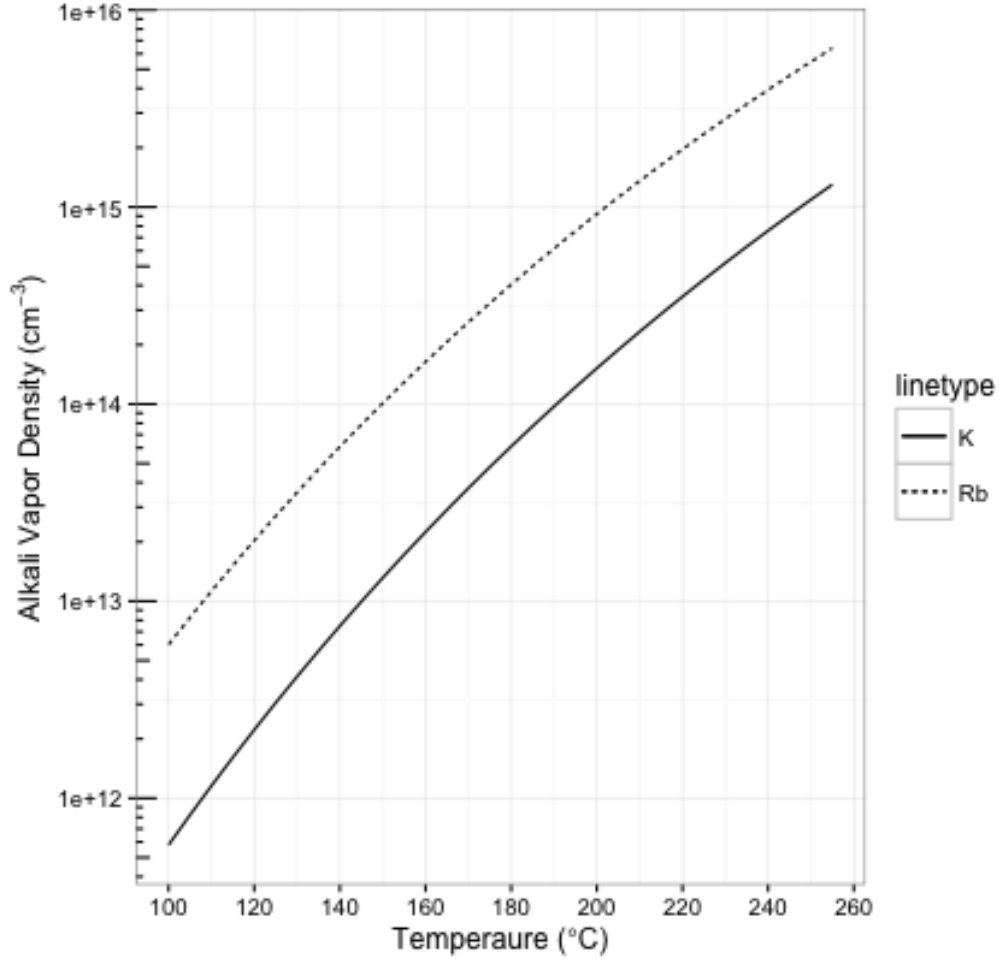


Figure 1.1: Rb And K Number Density Curves

The first term $A\mathbf{I} \cdot \mathbf{S}$ describes the coupling of the nuclear spin \mathbf{I} with the electron spin \mathbf{S} and is key to spin exchange, where A is the isotropic magnetic-dipole coupling coefficient [8]. The resulting energy levels from the first term are referred to as hyperfine structure. The second and third terms describe the Zeeman splitting due to the presence of an external magnetic field. $\mu_B = 9.274 \times 10^{-24} \text{J/T}$ and $\mu_N = 5.051 \times 10^{-27} \text{J/T}$ are the Bohr and nuclear magnetons. $g_e \approx 2$ and $g_N \approx 5.59$ are the electronic and nuclear Lande g-factors.

The linear relationship between energy levels and magnetic field only holds for weak magnetic fields which applies to our lab where ~ 13 Gauss is used most of the time. When the Zeeman splitting grows comparable to the hyperfine energy difference one would have to take into account the quantum mixing of the states, the result is described by Breit-Rabi Formula. With ~ 13 Gauss, the hyperfine term dominates the total Hamiltonian. ^{85}Rb and ^{87}Rb are both present in the alkali metal used for SEOP, the energy levels of ^{87}Rb are shown in Fig. 1.2.

1.2.4 Optical Pumping Process Overview

For simplicity, the following discussion will ignore the nuclear spins for now. The inclusion of nuclear spins will increase the number of energy states but the optical pumping mechanism remains the same. In our typical setup, circularly polarized laser light is tuned to the D1 line of Rb and excites valence electrons of Rb from $5S_{1/2}$ state to $5P_{1/2}$ state as shown in Fig. 1.3[55].

Left-circularly polarized light is assumed in the figure. Conservation of angular momentum requires $\Delta m = +1$ as the figure shows. Through collisions with other Rb atoms, excited electrons will mix and evenly distribute between the two $2P_{1/2}$ states. Electrons then decay to the two ground states with equal probabilities. The selection rule for the decay process is $\Delta m = 0$ or ± 1 . Even though both ground states receive electrons from the decay, only the $m = -1/2$ state absorbs the circular polarized photons and is being depleted, so atoms are in effect pumped to the $m = +1/2$ state. When we consider Rb with nuclear spins, both $5S_{1/2}$ and $5P_{1/2}$ states are split into more energy levels, but the net effect is still that the ground state with

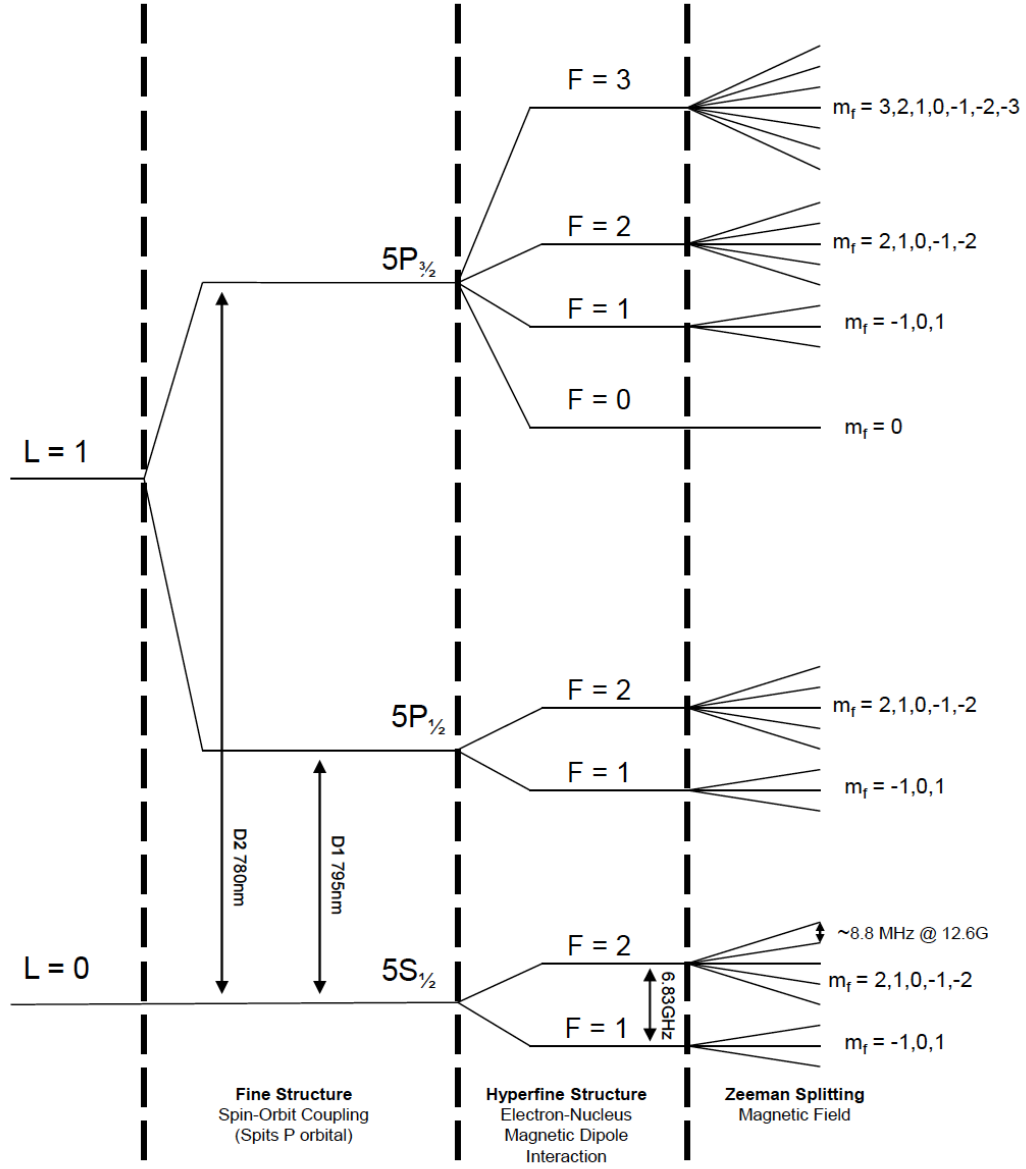


Figure 1.2: Level Diagram of ^{87}Rb . The splittings are not to scale. Adapted from Dolph's PhD thesis.

highest m accumulate atoms over time.

When the excited electrons decay back to the ground state, they emit unpolarized photons with angular momentum in random directions which can depolarize the gas.

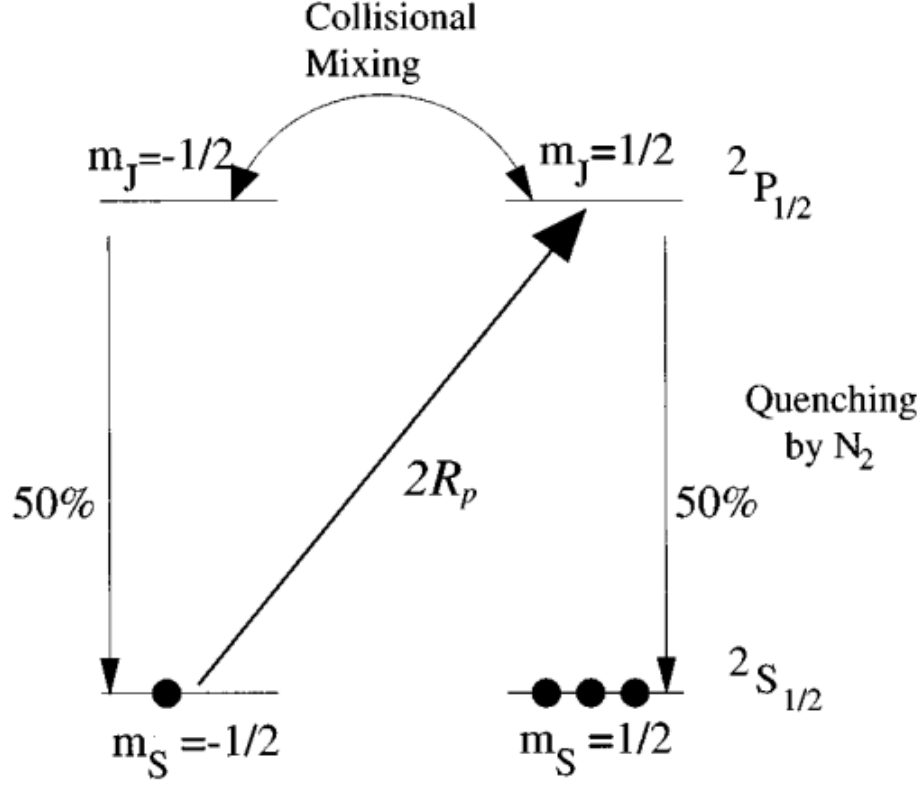


Figure 1.3: The interaction of alkali-metal atoms with left-circularly (σ^+) polarized light. (from Ref. [55])

A small amount of N_2 gas is added into the cell (typically around 0.1 Amagats) to non-radiatively quench the excited electrons as N_2 molecules can absorb the released energy of spontaneous decays into their rotational and vibrational modes of oscillation. With an appropriate amount of N_2 [53], the photon-emitting decays can be reduced to less than 3%.

1.2.5 Optical Pumping Rate

The optical pumping rate at position \vec{r} can be described by

Table 1.1: Pressure broadening of Rb D₁ lines by ³He, ⁴He and N₂. The broadening and shifting density coefficients are listed. The 4th and 6th columns are the temperature dependence for He and N₂, respectively. All coefficients are given for 353 K, values for different temperatures can be calculated with the temperature dependence.

	⁴ He	³ He	Temp. depen.	N ₂	Temp. depen.
D ₁ full width (GHz/amg)	18.0±0.2	18.7±0.3	T ^{0.05±0.05}	17.8±0.3	T ^{0.3}
D ₁ line shift (GHz/amg)	4.3±0.1	5.64±0.15	T ^{1.1±0.1}	-8.25±0.15	T ^{0.3}

$$R = \int \Phi(\nu, \vec{r}) \sigma(\nu) d\nu \quad (1.4)$$

where $\Phi(\nu, \vec{r})$ is the position dependent photon spectral flux density and $\sigma(\nu)$ is the photon absorption cross section. The cross section has a natural Lorentzian lineshape which is broadened by the Doppler effect and pressure broadening. The pressure broadening effect dominates the lineshape as our cells normally have densities well above one amagat. The collisions of Rb with ³He and N₂ cause the broadening as well as a slight frequency shift of the D₁ line. The coefficients of pressure broadening for ³He, ⁴He and N₂ are listed in Table 1.1, and can be used to calculate the broadened line width and the shifted line center.

$\sigma(\nu)$ follows the sum rule[38]:

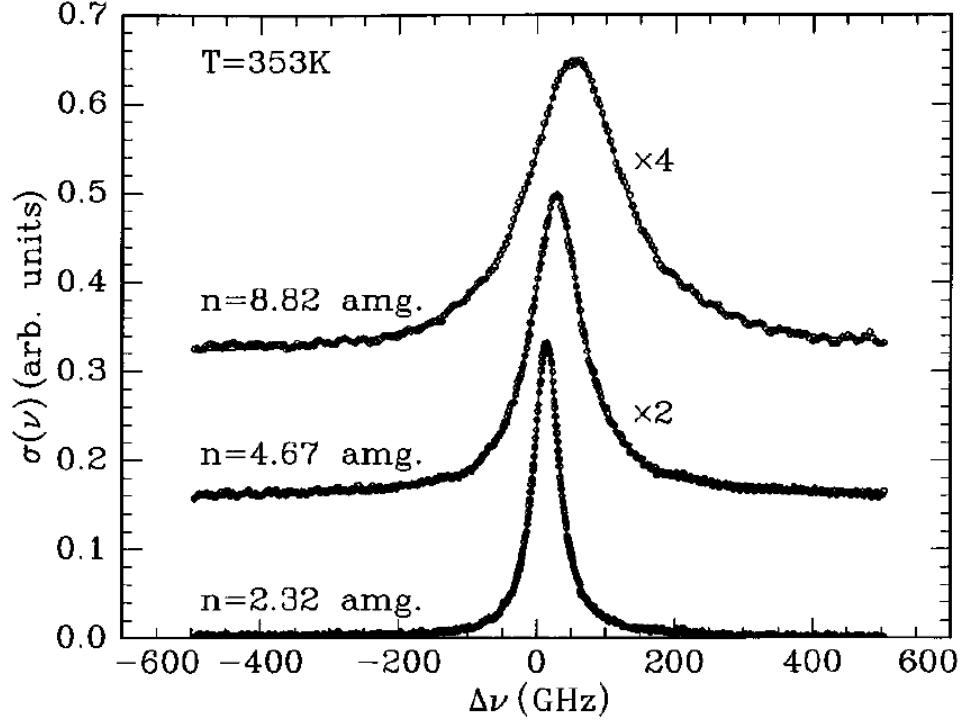


Figure 1.4: Absorption cross section for Rb D_1 line in the presence of three different densities of ^3He . (from Ref. [45])

$$\int \sigma(\nu) d\nu = \pi r_0 c f \quad (1.5)$$

where $r_0 = 2.82 \times 10^{-13}$ cm is the classical electron radius and $f = 0.337$ [36] is the transition oscillator strength. Since our lineshape is dominated by pressure broadening, the photon absorption cross section is well approximated by a Lorentzian lineshape:

$$\sigma(\nu) = f r_e c \frac{\frac{\Gamma_A}{2}}{(\nu - \nu_0)^2 + (\frac{\Gamma_A}{2})^2} \quad (1.6)$$

where Γ_A is the pressure dependent FWHM, $\Gamma_A \approx 0.04 \text{ nm/amg} \cdot [^3\text{He}]$. At the front

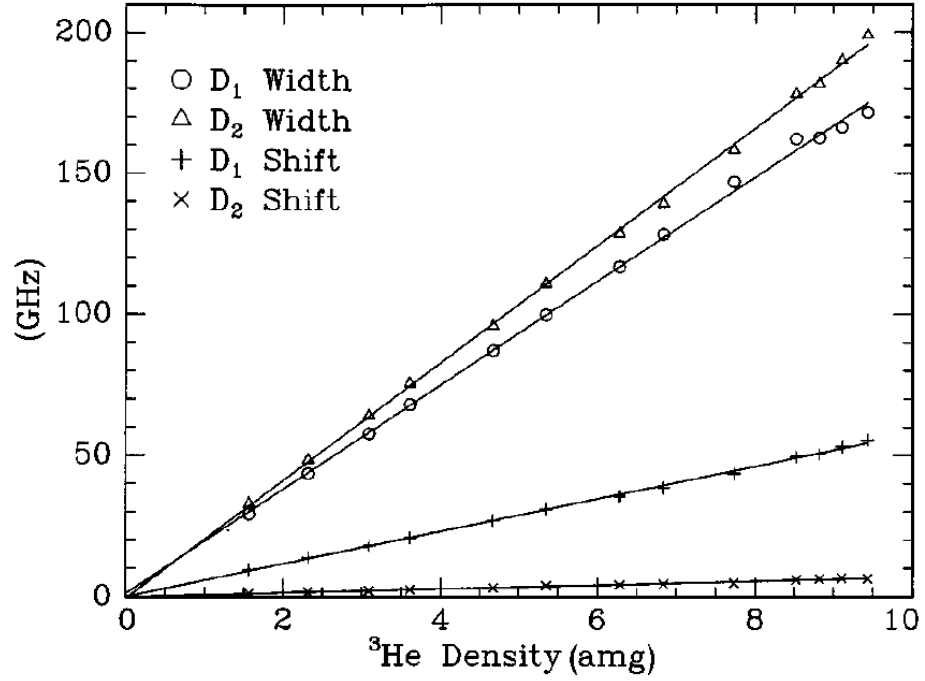


Figure 1.5: The shift and the broadening due to presence of ^3He for Rb D_1 and D_2 lines. (from Ref. [45])

of the cell, the photon spectral flux density is reasonably described as the product of a Gaussian spatial distribution and a Gaussian spectrum.

$$\phi(\nu, \vec{r}) = \phi_0(\vec{r})G(\nu) \quad (1.7)$$

with

$$\phi_0(\vec{r}) = \frac{P}{h\nu} \frac{2}{\omega^2 \pi} e^{2r^2/\omega^2} \quad (1.8a)$$

$$G(\nu) = \frac{1}{\sqrt{2\pi}\sigma_l} e^{-(\nu-\nu_l)^2/2\sigma_l^2} \quad (1.8b)$$

where P is the laser power; ω is the beam waist; σ_l is the Gaussian width of the laser and ν_l is the central laser frequency.

1.2.6 Polarization Time Evolution

^3He nuclei have an intrinsic nuclear spin of $1/2$, thus it is relatively simple to explain the math of polarization accumulation with ^3He as the example. One typically defines the polarization as the asymmetry between $+1/2$ state and $-1/2$ state:

$$P = \frac{\rho_{+1/2} - \rho_{-1/2}}{\rho_{+1/2} + \rho_{-1/2}} = \rho_{+1/2} - \rho_{-1/2} \quad (1.9)$$

where $\rho_{\pm 1/2}$ is the ensemble population in the $\pm 1/2$ state.

While it might not be true for Rb, we are only treating the time evolution of polarization of Rb electrons the same as ^3He for our purpose with the following the equation:

$$\frac{dP}{dt} = \gamma(1 - P) - \Gamma \cdot P \quad (1.10)$$

where γ is the polarization rate and Γ is the depolarization rate due to all other processes. The solution of this differential equation has the simple form of:

$$P(t) = Ce^{-(\gamma+\Gamma)t} + \frac{\gamma}{\gamma + \Gamma} \quad (1.11)$$

The saturated polarization is defined as the value of P in the limit $t \rightarrow \infty$:

$$P_{\infty} = \frac{\gamma}{\gamma + \Gamma} \quad (1.12)$$

The initial polarization is defined as the value of P at $t = 0$:

$$P_0 = C + \frac{\gamma}{\gamma + \Gamma} = C + P_{\infty} \quad (1.13)$$

Thus, $P(t)$ can be expressed as:

$$P(t) = (P_0 - P_\infty)e^{-(\gamma+\Gamma)t} + P_\infty \quad (1.14)$$

In the case of polarizing Rb with a pump laser, γ is the pumping rate R and Γ is the Rb spin relaxation rate Γ_{Rb} . There is typically a small angle θ between the pump laser and the holding field even though great effort has been made to minimize the angle. Thus $P(t)$ can be rewritten as:

$$P(t) = P_0 e^{-(R+\Gamma_{Rb})t} + P_{laser} \cos\theta \frac{R}{R + \Gamma_{Rb}} (1 - e^{-(R+\Gamma_{Rb})t}) \quad (1.15)$$

where θ is called the skew angle, P_{laser} is the circular polarization of the pump laser which is normally above 99.5%. Rb close to the front side of the cell can reach above 97% (depends on the laser power and other factors) on the order of 100's of microseconds. As the laser propagates through the cell, power is attenuated by Rb vapor. Therefore Rb polarization at the back side of the cell is typically lower than that at the front side. One way to minimize this problem is to shine pump laser light from both sides of the cell to achieve higher overall Rb polarization and ^3He polarization.

Spins are thermally polarized in the presence of a magnetic field even without being actively polarized. The probability for a spin to be in state s is:

$$Prob. = \frac{e^{-E_s/k_B T}}{\sum_{si} e^{-E_{si}/k_B T}} \quad (1.16)$$

where E_s is the energy of the state, k_B is the Boltzmann constant and T is the temperature. Using the thermal distribution, under typical operating conditions,

^3He polarization is 10^{-9} and Rb polarization is 10^{-5} . Both are negligible without active pumping.

1.2.7 Rb Spin Destruction Rate

There are two main mechanisms of Rb depolarization: the binary collisions with Rb, ^3He and N_2 , and the formation and breakup of van der Waals molecules, the second mechanism is negligible for ^3He cells [55]. The Rb spin destruction rate can then be expressed as

$$\Gamma_{Rb} = k_{Rb-Rb}[Rb] + k_{Rb-^3He}[^3He] + k_{Rb-N_2}[N_2] \quad (1.17)$$

where k_{Rb-X} is the spin destruction rate constant and $[X]$ is the density of X. The constants are listed as follows [54, 46]:

$$k_{Rb-^3He}(T) = 55.9(9) \left(\frac{T}{473.15K} \right)^{3.31(12)} \text{ Hz/amg} \quad (1.18a)$$

$$k_{Rb-N_2}(T) = 290(30) \left(\frac{T}{473.15K} \right)^{2.0(25)} \text{ Hz/amg} \quad (1.18b)$$

$$k_{Rb-Rb} = 4.813(48) \times 10^{-13} \text{ Hz} \cdot \text{cm}^3 \quad (1.18c)$$

For a pure Rb cell at 170°C with the following densities in the pumping chamber:

$$[^3He] \approx 8.0 \text{ amg} \quad (1.19a)$$

$$[N_2] \approx 0.08 \text{ amg} \quad (1.19b)$$

$$[Rb] \approx 6.0 \times 10^{14} \text{ cm}^{-3} \quad (1.19c)$$

The approximate spin destruction rates due to various gases are:

$$\Gamma_{Rb-^3He} \approx 360 Hz \quad (1.20a)$$

$$\Gamma_{Rb-N_2} \approx 20 Hz \quad (1.20b)$$

$$\Gamma_{Rb-Rb} \approx 289 Hz \quad (1.20c)$$

The total spin destruction rate is 669 Hz. By contrast, the average optical pumping rate at the front of the cell with 20 W and 1.5 cm beam radius narrowband laser light is often of 100s kHz.

1.3 Spin Exchange

Following equation 1.15, the time evolution of 3He polarization can be expressed as:

$$P_{^3He}(t) = P_0 e^{-(\gamma_{se} + \Gamma)t} + P_{Rb} \frac{\gamma_{se}}{\gamma_{se} + \Gamma} (1 - e^{-(\gamma_{se} + \Gamma)t}) \quad (1.21)$$

The saturation polarization is

$$P_{\infty} = P_{Rb} \frac{\gamma_{se}}{\gamma_{se} + \Gamma} \quad (1.22)$$

where γ_{se} is the spin exchange rate between 3He and Rb, and Γ is the spin relaxation rate.

1.3.1 Spin-Dependent Interactions

The key process in spin-exchange optical pumping is collisional transfer of polarization between optically pumped alkali-metal atoms and the nuclei of the noble gas atoms.

As in Fig. 1.6, the transfer of angular momentum occurs either while the atoms are bound in van der Waals molecules or in simple binary collisions. The first mechanism is only important for heavy noble gas nuclei such as X3, while binary collisions is the dominating mechanism for ^3He . The time scale for binary collisions is on the order of 10^{-12} sec, the collision can induce both $\Delta F = \pm 1$ and $\Delta F = 0$ transitions between hyperfine sublevels. For heavier noble gases like ^{129}Xe at pressure of a few tens of Torr, the contributions of van der Waals molecules can greatly exceed that of binary collisions. At several atms which is the typical operating pressure for SEOP, the time scale of van der Waals molecules is greatly limited by collision so that the binary collisions dominate [55].

Spin-dependent interactions produce the spin transfer and relaxation. For SEOP, spin-rotation interaction between \vec{S} and the rotational angular momentum \vec{N} of the atom pair formed by Rb and noble gas atom, and the isotropic hyperfine interaction between \vec{S} and the noble-gas nuclear spin \vec{I}_b dominate the spin-exchange process:

$$V_1(\vec{R}) = \gamma(R)\vec{N} \cdot \vec{S} + A(R)\vec{I}_b \cdot \vec{S} \quad (1.23)$$

The spin-rotation interaction is caused by the magnetic fields from relative motion of the charges of the colliding atoms, and the isotropic hyperfine interaction originates from the Fermi-contact magnetic fields produced by two nuclei. The spin-rotation interaction produces relaxation of the alkali-metal electron-spins, while the isotropic hyperfine interaction transfers angular momentum back and forth between the alkali-metal electron spins and the noble-gas nuclear spins.

An alkali-metal atom and a noble-gas atom interact via both a large spin-independent

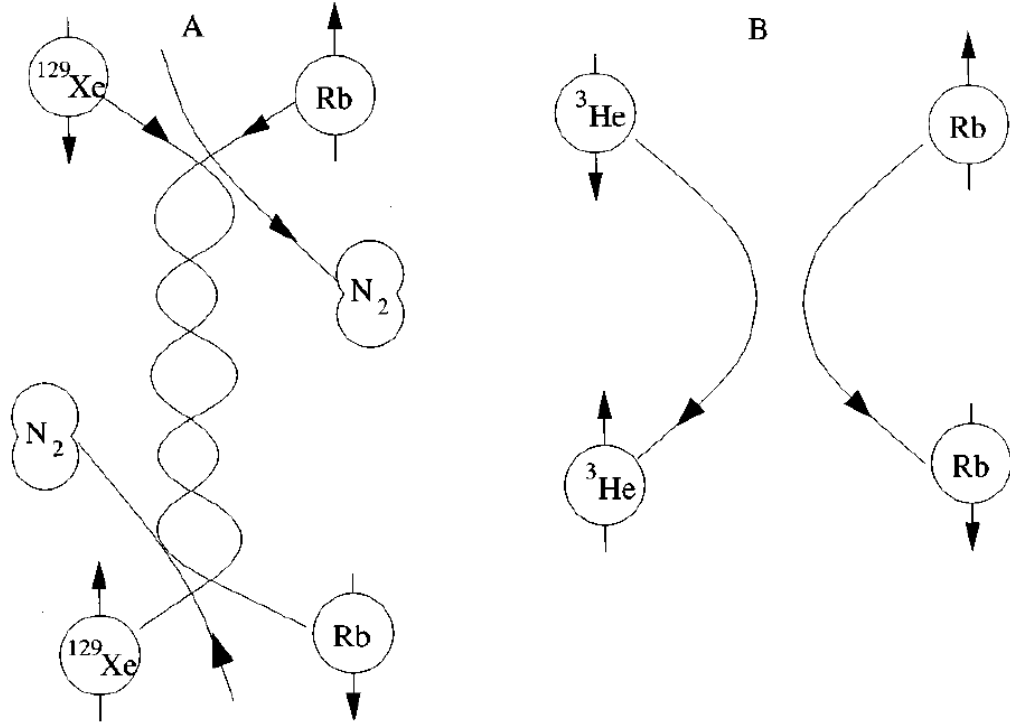


Figure 1.6: A. Formation and breakup of alkali-metal/noble-gas van der Waals molecule. B. Binary collision between an alkali-metal atom and a noble-gas atom. (from Ref. [55])

interaction $V_0(R)$ and a small spin-dependent interaction $V_1(R)$. At the high operating temperatures, V_0 determines classical collision trajectories, while V_1 acts as a small perturbation. We'll focus on V_1 below since it is responsible for spin exchange.

Including a few more terms that were neglected in Eq. 1.23, the spin-dependent interaction $V_1(R)$ can be expressed as [55]:

$$\begin{aligned}
V_1(\vec{R}) = & \gamma(R) \vec{N} \cdot \vec{S} + \sum_k A_k(R) \vec{I}_k \cdot \vec{S} \\
& + \sum_k B_k(R) \vec{I}_k \cdot (3\vec{R}\vec{R} - 1) \cdot \vec{S} \\
& + \sum_k C_k(R) \vec{I}_k \cdot (3\vec{R}\vec{R} - 1) \cdot \vec{I}_k
\end{aligned} \tag{1.24}$$

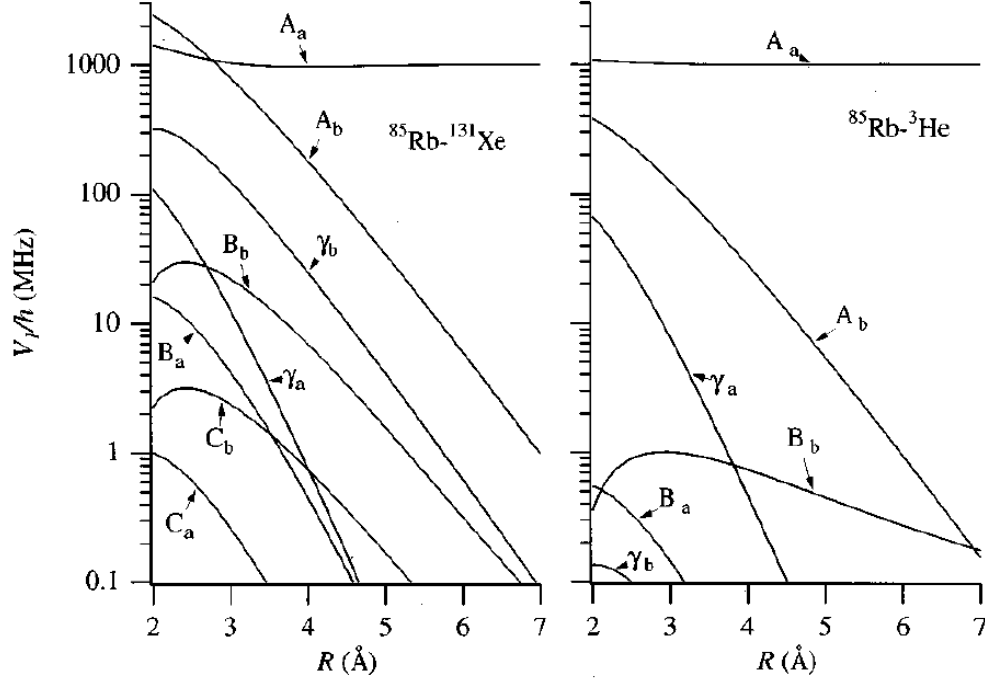


Figure 1.7: Strengths of various spin-dependent interactions as functions of separation (from Ref. [55])

where \vec{I}_a and \vec{I}_b are the nuclear spins of the atomic pair, where a stands for alkali metal atom and b stands for noble gas atom. γ is the coefficient of the spin-rotation interaction, while A_k , B_k , C_k are the coefficients for isotropic magnetic-

dipole hyperfine interactions, anisotropic magnetic-dipole hyperfine interactions, and electric quadrupole interactions, respectively. A_a greatly exceed other coefficients as the separations between atoms increase.

The isotropic hyperfine interactions come from the Fermi-contact magnetic fields of the two nuclei. A_b is the term responsible for spin exchange:

$$A_b(R) = \frac{8\pi g_s \mu_B \mu_b}{3I_b} |\eta \phi_0(R)|^2 \quad (1.25)$$

where η is the enhancement factor which equals to the ratio of the perturbed wave function at the noble gas nucleus to that without the noble gas atom. The isotropic hyperfine interaction also introduces a frequency shift of the magnetic resonance lines for alkali-metal and noble gas atoms. The frequency shift is characterized by another enhancement factor κ which is the ratio of the actual shift of the alkali metal electron lines due to the presence of polarized noble gas nuclei to what would be produced by the bulk magnetization of polarized noble gas. The shift is used in the technique Electron Paramagnetic Resonance (EPR) to calculate the polarization of noble gas nuclei.

The isotropic magnetic-dipole coupling polarizes the noble gas nuclei parallel to the electron spin polarization, while the anisotropic magnetic-dipole coupling polarizes in the opposite direction. Even though the anisotropic magnetic-dipole coupling is weak compared with the isotropic interaction, it might be an important factor for the “X factor” that will be discussed later.

1.3.2 Spin Exchange Rate

The spin exchange rate due to binary collisions is:

$$\gamma_{se} = \langle \sigma_{se} v \rangle [Rb] = k_{se} [Rb] \quad (1.26)$$

where $k_{se} = \langle \sigma_{se} v \rangle$ is the velocity-averaged spin exchange rate constant. k_{se} for spin exchange between ^3He and Rb is [13]:

$$k_{se}^{^3\text{He}-\text{Rb}} = (6.7 \pm 0.7) \times 10^{-20} \text{cm}^3/\text{s} \quad (1.27)$$

At 170°C which is a typical temperature that we run tests with,

$$[Rb] = 2.60 \times 10^{14} \text{cm}^{-3} \quad (1.28)$$

Thus for a simple spherical cell with pure Rb,

$$\frac{1}{\gamma_{se}} \approx 15.9 \text{hrs} \quad (1.29)$$

1.4 ^3He Spinup and Relaxation

Similar to the optical pumping process of Rb, ^3He polarization can be described by

$$P_{^3\text{He}}(t) = P_0^{^3\text{He}} e^{-(\gamma_{se} + \Gamma)t} + P_\infty^{^3\text{He}} (1 - e^{-(\gamma_{se} + \Gamma)t}) \quad (1.30)$$

where the saturation polarization is

$$P_\infty^{^3\text{He}} = P_\infty^{\text{Rb}} \frac{\gamma_{se}}{\gamma_{se} + \Gamma} \quad (1.31)$$

And Γ is the total relaxation rate of ^3He nucleus spin polarization due to all processes except for spin exchange,

$$\Gamma = \Gamma_{dipolar} + \Gamma_{inhomogeneity} + \Gamma_{wall} \quad (1.32)$$

When a target cell are used in electron scattering experiments where an electron beam goes through part of the cell, an additional relaxation rate due to the beam Γ_{beam} should also be included.

The coupling of nuclear spin to orbital angular momentum creates an intrinsic ^3He relaxation rate that depends on density. At room temperature (23°C), the dipolar relaxation rate is [39]

$$\frac{1}{\Gamma_{dipolar}} = \frac{[^3\text{He}]}{744} \text{hr}^{-1} \quad (1.33)$$

where $[^3\text{He}]$ is the ^3He density in amagats. Assuming the cell density is 8 amg, the relaxation rate is $1/93 \text{ hr}^{-1}$. In addition, there is an additional intrinsic relaxation due to the spin-rotation interaction. This mechanism dominates the relaxation for ^{129}Xe but is small for ^3He .

The relaxation rate due to field inhomogeneities is [29, 47, 19]

$$\Gamma_{inhomogeneity} = D \frac{|\nabla B_x|^2 + |\nabla B_y|^2}{B_0^2} \quad (1.34)$$

where D is the ^3He diffusion constant, ∇B_x and ∇B_y are the transverse magnetic field inhomogeneities, B_0 is the holding field along z-axis. Under operating conditions, assuming the pressure is around 12 atm and field is 12.6 G, $D \approx 0.16 \text{ cm}^2/\text{s}$ and the field inhomogeneities are 10mG/cm, the relaxation rate is $1/1400 \text{ hr}^{-1}$.

Wall relaxation is typically the dominant relaxation mechanism for cells in our lab. This mechanism depends on the properties of the inner surface of glass. Most of the target cells are constructed with reblown General Electric Type 180 (GE-180) glass. This aluminosilicate glass is highly impermeable to ^3He . The wall relaxation is believed to be associated to several different mechanisms, such as paramagnetic impurities in the glass and microfissures in the surface that could trap ^3He atoms. It has been found reblowing the glass can help lower the wall relaxation rate because it reduces the number of microfissures. The wall relaxation is not well understood, but it is believed to scale with the surface-to-volume ratio:

$$\Gamma_{wall} = \rho S/V \quad (1.35)$$

where ρ is called relaxivity.

1.5 X Factor

In 2006, Babcock *et al.* reported evidence of a previously unrecognized spin relaxation mechanism, and named it X factor. This mechanism appears to be temperature dependent and roughly proportional to alkali density. The X factor limits the maximally achievable ^3He polarization even with infinite laser power. The saturation polarization is

$$P_{\infty}^{^3\text{He}} = P_{\infty}^{Rb} \frac{\gamma_{se}}{\gamma_{se}(1 + X) + \Gamma} \quad (1.36)$$

In the presence of infinite laser power where $\gamma_{se} \gg \Gamma$, the saturation polarization becomes

$$P_{\infty}^{^3He} = P_{\infty}^{Rb} \frac{1}{1 + X} \quad (1.37)$$

The X factor will be discussed in greater detail in chapter 4.

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Appendix A

Appendix title

This is Appendix A.

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