

**Field Ionization and Field Emission
with Intense, Single-cycle THz Pulses
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by

© Yunxiao Wang

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Abstract

Nuclear-polarized ^3He targets have been widely used in electron-scattering experiments in Thomas Jefferson National Accelerator Facility (JLAB) since mid 1990s. It is of great importance to produce large amounts of ^3He gas with high polarization.

The latest experiments run in JLAB prior to the 12GeV upgrade have been using cells polarized with Spin-Exchange Optical Pumping (SEOP). These cells were made of the GE180 glass and use a two-chambered design. The top chamber, known as the pumping chamber, is where ^3He is polarized through SEOP. The bottom chamber, known as the target chamber, is where electron scattering occurs. Great effort has been made in our lab to develop this generation of cells. Alkali-hybrid SEOP together with narrowband laser diode arrays have increased the ^3He polarization from 37% to 65%. Among other things, we also carefully studied an additional spin relaxation mechanism that limits the maximum achievable ^3He polarization.

The 12GeV upgrade makes the future experiments much more demanding in terms of target cell performance. One challenge it brings is the high relaxation due to electron beam. We have designed and tested a new style cell that uses convection instead of diffusion to increase the rate at which the polarization in the target chamber is being replenished by gas from pumping chamber. We have obtained over 50% polarization with controllable convection speed so far.

An additional problem that comes with higher beam current is that the glass end windows of traditional design are not likely to survive the experiments. Our group started exploring the option of using metal end windows from a decade ago. The first problem to solve is to find out the correct material and the proper technique

to incorporate metal without introducing significant spin relaxation and still being able to hold high pressure gas (12 atm) inside. This is a brand new technique that may have a profound impact of future cell designs once fully developed. Although no metal end windows have been tested so far, multiple glass cells with different kinds metal tubes (much larger in area compared to the end windows that will be used in JLAB experiments) attached were examined and were enough to convince us the extra spin relaxation is not likely to cause significant problems. The metals tubes were connected to Pyrex glass with knife-edge (housekeeper) seals and stayed intact through high pressure tests. After exploring options such as pure copper, gold coated copper, titanium, stainless steel, gold coated titanium, we have established that electroplating gold on copper substrate yields the best result so far. Further tests are planned before attaching metal end windows to GE180 glass and using them in electron-scattering experiments.

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Contents

Abstract	ii
Acknowledgements	iv
List of Tables	vii
List of Figures	viii
1 Spin-Exchange Optical Pumping	1
1.1 Overview	1
1.2 Optical pumping	2
1.2.1 Rb for SEOP	2
1.2.2 Energy Levels of Alkali Metal in External Magnetic Field . . .	3
1.2.3 Optical Pumping Process Overview	6
1.2.4 Optical Pumping Rate	7
1.2.5 Polarization Time Evolution	9
1.2.6 Rb Spin Destruction Rate	12
1.3 Spin Exchange	13
1.3.1 Spin-Dependent Interactions	14

1.3.2	Spin Exchange Rate	17
1.4	^3He Spinup and Relaxation	18
1.5	X Factor	20
2	^3He Polarimetry	21
2.1	Overview	21
2.2	Adiabatic Fast Passage	22
2.2.1	Nuclear Magnetic Resonance	22
2.2.2	The Rotating Coordinate System	23
2.2.2.1	Classical Formulation	23
2.2.2.2	Quantum Mechanical Formulation	24
2.2.3	Adiabatic Fast Passage	25
2.2.4	Spinups and Spindowns	29
2.2.4.1	Double-Chambered Cell Spinup	30
2.2.4.2	Initial Spinup	33
2.2.4.3	Spindown	34
2.2.5	AFP Loss	36
2.3	Electron Paramagnetic Resonance	38
2.3.1	Overview	38
2.3.2	The Breit-Rabi Equation	39
2.3.3	Experimental Methods	41
	Bibliography	42
A	Appendix title	43

List of Tables

List of Figures

1.1	Rb And K Number Density Curves	3
1.2	Level Diagram of ^{87}Rb . The splittings are not to scale. Adapted from Dolph's PhD thesis.	5
1.3	The interaction of alkali-metal atoms with left-circularly (σ^+) polarized light. (from Ref. [1])	6
1.4	Absorption cross section for Rb D_1 line in the presence of three different densities of ^3He . (from Ref. [?])	9
1.5	The shift and the broadening due to presence of ^3He for Rb D_1 and D_2 lines. (from Ref. [?])	10
1.6	A. Formation and breakup of alkali-metal/noble-gas van der Waals molecule. B. Binary collision between an alkali-metal atom and a noble-gas atom. (from Ref. [1])	15
1.7	Strengths of various spin-dependent interactions as functions of separation(from Ref. [1])	16

2.1	Effective field in the rotating frame during an Adiabatic Fast Passage measurement. The ^3He spins follow the direction of the effective field. B_1 is exaggerated to show different components of effective field clearly.	28
2.2	A typical AFP signal. y axis is in arbitrary unit.	29
2.3	A target cell. The dimensions of different parts of the cell is not to scale.	30
2.4	^3He polarization as a function of time for both the pumping chamber and the target chamber. The top curve is the pumping chamber and the bottom curve is the target chamber. 33	
2.5	Fractional AFP loss (single flip) as a function of field gradient. 38	

Chapter 1

Spin-Exchange Optical Pumping

1.1 Overview

Spin-polarized noble gases have been widely used for various purposes. In JLAB, polarized ^3He is used as target for electron-scattering experiments. This is because a ^3He nucleus has a pair of protons with paired spins and a single neutron that contributes the most of the nuclear spin. In MRI, polarized ^3He has seen uses such as detecting structural damage in the lungs.

There are generally two ways of polarizing ^3He : Metastability-Exchange Optical Pumping (MEOP) and Spin-Exchange Optical Pumping (SEOP). Our group focuses on SEOP as MEOP polarizes gas at relatively low pressure, thus further compression is required to produce target cells.

In SEOP, alkali metal is polarized by circularly polarized laser that's tuned to the D1 transition of it. ^3He obtains polarization from alkali metal through spin exchange process. With the combination of hybrid alkali mixtures (typically Rb and K) and

spectrally narrowed lasers, more than 70% polarizations have been produced.

1.2 Optical pumping

1.2.1 Rb for SEOP

In optical pumping, Rb is often the alkali metal that's optically pumped by circularly polarized laser light. The angular momentum of a polarized photon is transferred to the valence electron of Rb atom. In the case of hybrid mixture of Rb/K, Rb is still the alkali metal that's pumped by laser light directly while K serves as a more efficient medium to transfer the polarization from Rb to ^3He compared to direct transfer from Rb to ^3He . Rb is so widely used mainly for its low melting point, the relative ease of acquiring laser at the Rb D1 line wavelength and the clear separation between D1 (794.7nm) and D2 line (780nm).

The Rb melting point is at 39.5°C, so it's easy to achieve enough Rb vapor without having to drive the oven temperature too high. In our lab, depending on if the cell contains pure Rb or Rb/K mixture, the oven temperature can be between 85°C to as high as 255°C. Perhaps the most used oven temperature for hybrid is 235°C which has empirically been a good temperature to produce Rb/K mixture vapor, while 85°C is enough for pure Rb.

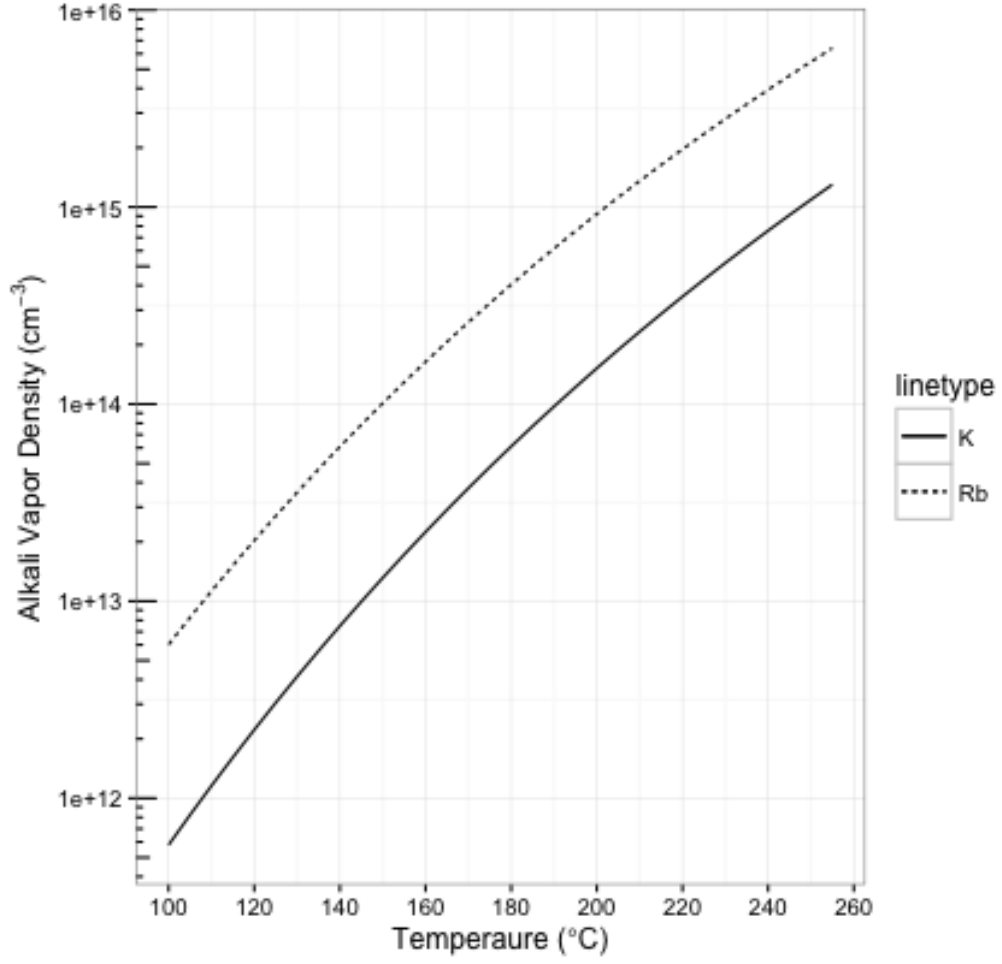


Figure 1.1: Rb And K Number Density Curves

1.2.2 Energy Levels of Alkali Metal in External Magnetic Field

The Hamiltonian for ground state ($L=0$) alkali metal atoms in external magnetic field is:

$$\mathbf{H} = A\mathbf{I} \cdot \mathbf{S} + g_e\mu_B S_z B_z + g_N\mu_N I_z B_z \quad (1.1)$$

The first term $A\mathbf{I} \cdot \mathbf{S}$ describes the coupling of the nuclear spin \mathbf{I} with the electron spin \mathbf{S} and is key to spin exchange, where A is the isotropic magnetic-dipole coupling coefficient. The resulting energy levels are referred to as hyperfine structure. The second and third terms describe the Zeeman splitting due to the presence of a weak external magnetic field. $\mu_B = 9.274 \times 10^{-24} J/T$ and $\mu_N = 5.051 \times 10^{-27} J/T$ are the bohr and nuclear magnetons. $g_e \approx 2$ and $g_N \approx 5.59$ are the electronic and nuclear Lande g-factors.

The linear relationship between energy levels and magnetic field only holds for weak magnetic fields as is the case with our lab where 13 Gauss is used most of the time. When the Zeeman splitting grows relative to the hyperfine energy difference one would have to take into account the quantum mixing of the states, the result is described by Breit-Rabi Formula. With 13 Gauss, the hyperfine term dominates the total Hamiltonian. The energy levels of ^{87}Rb are shown in figure ??.

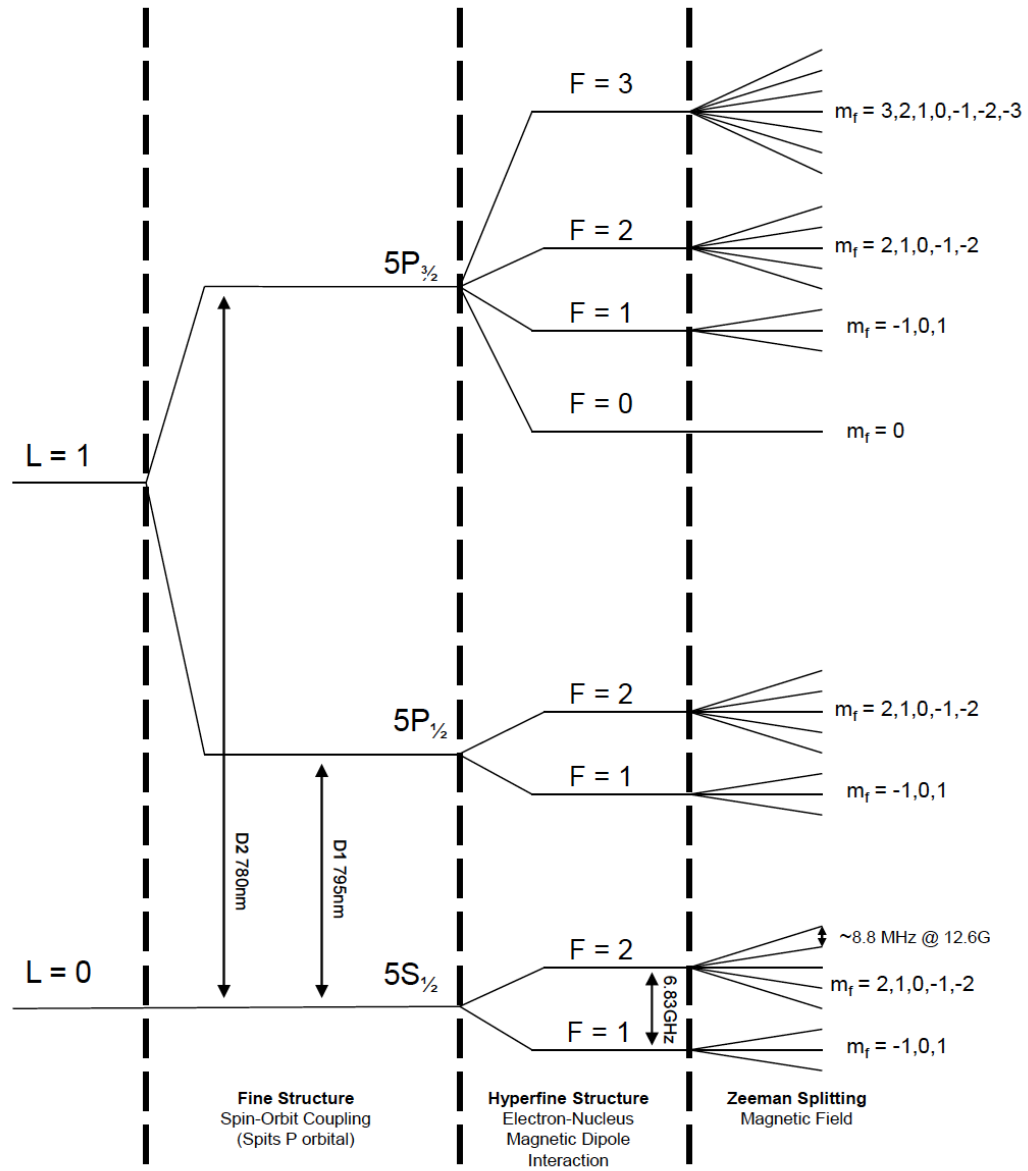


Figure 1.2: Level Diagram of ^{87}Rb . The splittings are not to scale.
Adapted from Dolph's PhD thesis.

1.2.3 Optical Pumping Process Overview

For simplicity, the following discussion will ignore the nuclear spins for now. The inclusion of nuclear spins will increase the number of energy states but the optical pumping mechanism remains the same. In our typical setup, circularly polarized laser light is tuned to the D1 line of Rb and excites valence electrons of Rb from $5S_{1/2}$ state to $5P_{1/2}$ state as shown in figure 1.3 ($2S_{1/2}$ and $2P_{1/2}$ states are used in the figure for the simple model described below).

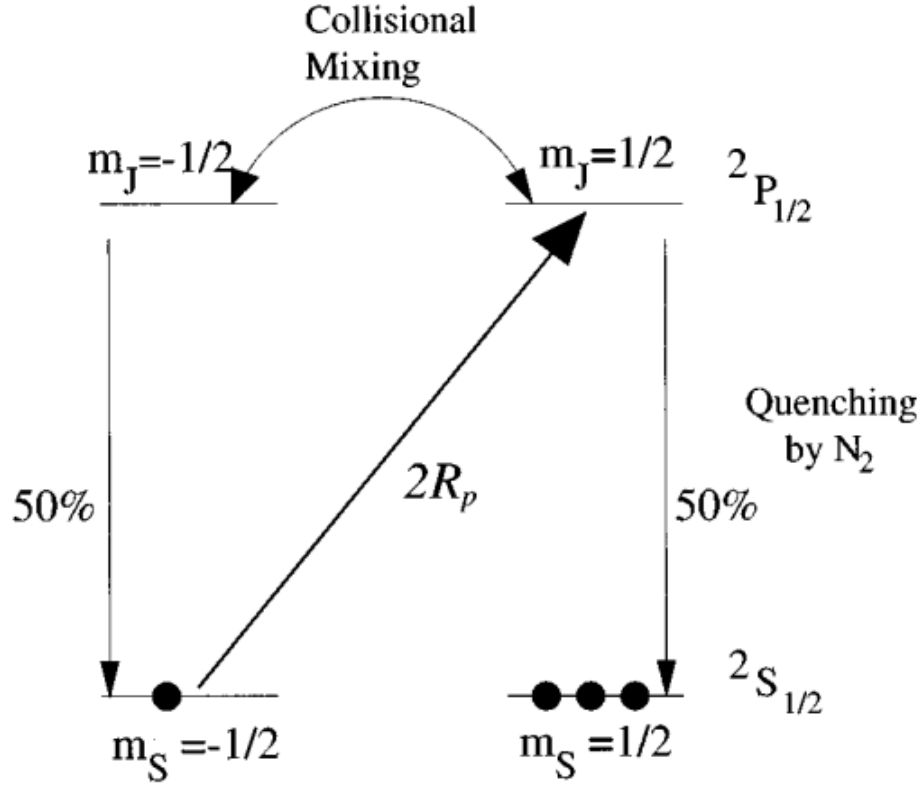


Figure 1.3: The interaction of alkali-metal atoms with left-circularly (σ^+) polarized light. (from Ref. [1])

Although left-circularly polarized light is assumed in the figure, either circular polarization works the same. Conservation of angular momentum requires $\Delta m = +1$ as the figure show. Through collisions with other Rb atoms, excited electrons will be mix and evenly distribute on the two $2P_{1/2}$ states. Electrons then decay to the two ground states with equal probabilities. The selection rule for the decay process is $\Delta m = 0$ or ± 1 . Even though both grounds receive electrons from the decay, only the $m = -1/2$ state absorb the circular polarized photons, so atoms are in effect pumped to the $m = +1/2$ state. When we consider Rb with nuclear spins, both $5S_{1/2}$ and $5P_{1/2}$ states are split into more energy levels, but the net effect is still that the ground state with highest m accumulate atoms from those with lower m .

When the excited electrons decay back to the ground state, they emit unpolarized photons which can depolarize the gas. A small amount of N_2 gas is added into the cell (typically around 0.1 Amagats) to non-radiatively quench the excited electrons as N_2 molecules can absorb the released energy of spontaneous decays into their rotational and vibrational modes of oscillation. With an appropriate amount of N_2 , the photon-emitting decays can be reduced to less than 5%.

1.2.4 Optical Pumping Rate

The optical pumping rate at position \vec{r} can be described by

$$R = \int \Phi(\nu, \vec{r}) \sigma(\nu) d\nu \quad (1.2)$$

where $\Phi(\nu, \vec{r})$ is the position dependent photon spectral flux density and $\sigma(\nu)$ is the photon absorption cross section. The cross section has a natural Lorentzian

lineshape which is broadened by Doppler effect and pressure broadening. The pressure broadening effect dominates the lineshape as our cells normally have densities well above one amagat. $\sigma(\nu)$ follows the sum rule:

$$\int \sigma(\nu) d\nu = \pi r_0 c f \quad (1.3)$$

where $r_0 = 2.82 \times 10^{-13}$ cm is the classical electron radius and $f=0.337$ is the transition oscillator strength. Thus the photon absorption cross section can be described by Lorentzian lineshape:

$$\sigma(\nu) = f r_e c \frac{\frac{\Gamma_A}{2}}{(\nu - \nu_0)^2 + (\frac{\Gamma_A}{2})^2} \quad (1.4)$$

where Γ_A is the pressure dependent FWHM. At the front of the cell, the photon spectral flux density is the product of a Gaussian spatial distribution and a Gaussian spectrum.

$$\phi(\nu, \vec{r}) = \phi_0(\vec{r}) G(\nu) \quad (1.5a)$$

$$\phi_0(\vec{r}) = \frac{P}{h\nu} \frac{2}{\omega^2 \pi} e^{2r^2/\omega^2} \quad (1.5b)$$

$$G(\nu) = \frac{1}{\sqrt{2\pi}\sigma_l} e^{-(\nu-\nu_l)^2/2\sigma_l^2} \quad (1.5c)$$

where P is the laser power; ω is the beam waist; σ_l is the Gaussian width of the laser and ν_l is the central laser frequency.

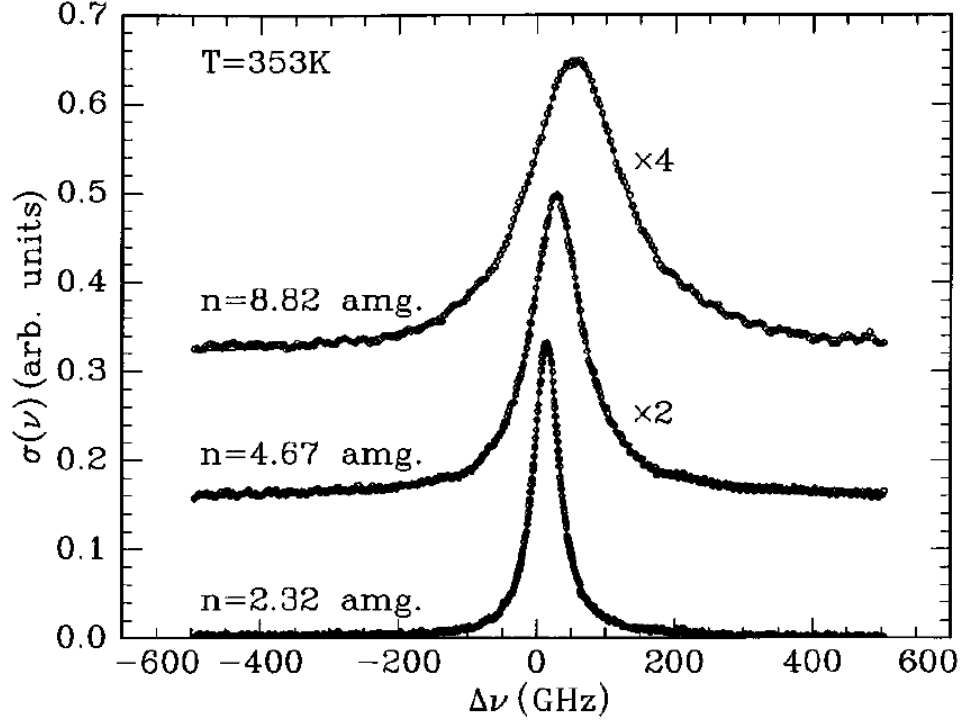


Figure 1.4: Absorption cross section for Rb D_1 line in the presence of three different densities of ^3He . (from Ref. [?])

1.2.5 Polarization Time Evolution

Although polarizations of Rb electrons are more complex, ^3He nuclei have an intrinsic nuclear spin of $1/2$, and it's simpler to explain the math with spin of $1/2$, let's define the polarization as the asymmetry between $+1/2$ state and $-1/2$ state:

$$P = \frac{\rho_{+1/2} - \rho_{-1/2}}{\rho_{+1/2} + \rho_{-1/2}} = \rho_{+1/2} - \rho_{-1/2} \quad (1.6)$$

where $\rho_{\pm 1/2}$ is the population in the $\pm 1/2$ state.

The time evolution of polarization for both Rb electrons and ^3He follows the equation:

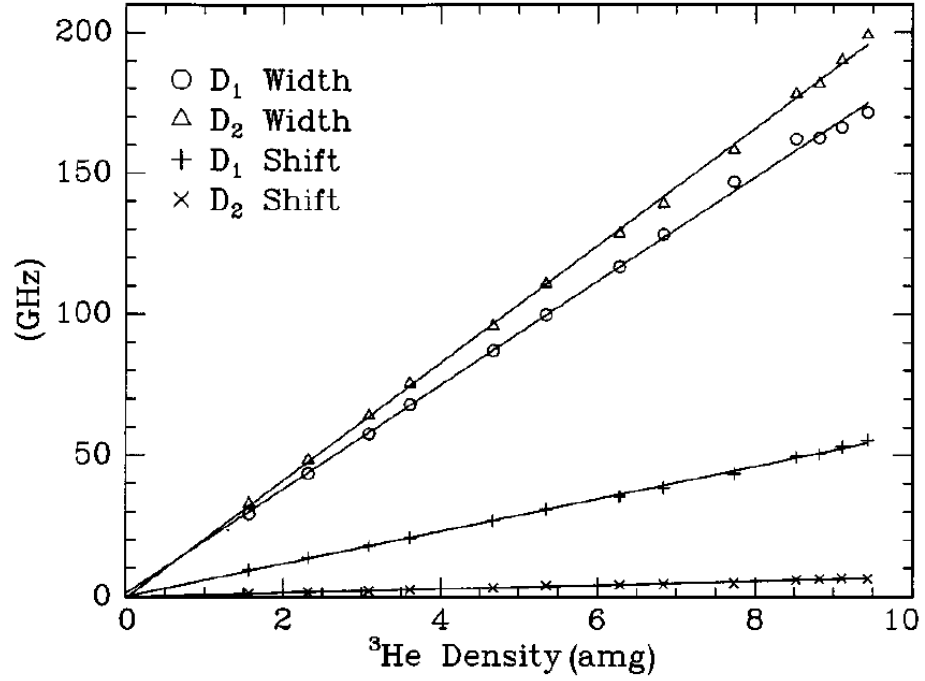


Figure 1.5: The shift and the broadening due to presence of ^3He for Rb D_1 and D_2 lines. (from Ref. [?])

$$\frac{dP}{dt} = \gamma(1 - P) - \Gamma \cdot P \quad (1.7)$$

γ is the polarization rate and Γ is the depolarization rate in the above differential equation. The solution has the simple form of:

$$P(t) = Ce^{-(\gamma+\Gamma)t} + \frac{\gamma}{\gamma + \Gamma} \quad (1.8)$$

Note the depolarization rate also contributes to the speed at which P approaches saturation. The saturated polarization is defined as the value of P in the limit $t \rightarrow \infty$:

$$P_{\infty} = \frac{\gamma}{\gamma + \Gamma} \quad (1.9)$$

The initial polarization is defined as the value of P at t = 0:

$$P_0 = C + \frac{\gamma}{\gamma + \Gamma} = C + P_{\infty} \quad (1.10)$$

Thus, P(t) can be expressed as:

$$P(t) = (P_0 - P_{\infty})e^{-(\gamma+\Gamma)t} + P_{\infty} \quad (1.11)$$

In the case of polarizing Rb with a pump laser. γ is the pumping rate R and Γ is the Rb spin relaxation rate Γ_{Rb} . There is typically a small angle θ between the pump laser and the magnetic field that separates the different spin states of Rb valence electrons even though great effort has been made to minimize the angle. Thus P(t) can be rewritten as:

$$P(t) = P_0 e^{-(R+\Gamma_{Rb})t} + P_{laser} \cos\theta \frac{R}{R + \Gamma_{Rb}} (1 - e^{-(R+\Gamma_{Rb})t}) \quad (1.12)$$

P_{laser} is the circular polarization of the pump laser which is above 99.5%. Rb close to the front side of the cell can reach above 97% (depends on the laser power and other factors) on the order of 100's of microseconds. As the laser propagates through the cell, power is attenuated by Rb vapor. Therefore Rb polarization at the back side of the cell is lower than that at the front side. One way to overcome the problem is to shine pump laser from both sides of the side which would lead to higher overall Rb polarization and ^3He polarization.

Spins are thermally polarized with the presence of a magnetic field even without external pumping source. The probability for a spin to be in state s is:

$$Prob. = \frac{e^{-E_s/k_B T}}{\sum_{si} e^{-E_{si}/k_B T}} \quad (1.13)$$

where E_s is the energy of the state, k_B is the Boltzmann constant and T is the temperature. Using the thermal distribution, under typical operating conditions, ^3He polarization is 10^{-9} and Rb polarization is 10^{-5} . Both are negligible without active pumping.

1.2.6 Rb Spin Destruction Rate

There are two main mechanisms of Rb depolarization: the binary collisions with Rb, ^3He and N_2 and the formation and breakup of van der Waals molecules, while the second mechanism is negligible for ^3He cells. The Rb spin destruction rate can then be expressed as

$$\Gamma_{Rb} = k_{Rb-Rb}[Rb] + k_{Rb-^3He}[^3He] + k_{Rb-N_2}[N_2] \quad (1.14)$$

where k_{Rb-X} is the spin destruction rate constant and $[X]$ is the density of X . Dolph has summarized these constants based on measurements from various groups:

$$k_{Rb-^3He}(T) = 55.9(9) \left(\frac{T}{473.15K} \right)^{3.31(12)} \text{ Hz}/\text{amg} \quad (1.15a)$$

$$k_{Rb-N_2}(T) = 290(30) \left(\frac{T}{473.15K} \right)^{2.0(25)} \text{ Hz}/\text{amg} \quad (1.15b)$$

$$k_{Rb-Rb} = 4.813(48) \times 10^{-13} \text{ Hz} \cdot \text{cm}^3 \quad (1.15c)$$

For a pure Rb cell at 170°C with the following densities in the pumping chamber:

$$[{}^3\text{He}] \approx 8.0 \text{ amg} \quad (1.16\text{a})$$

$$[\text{N}_2] \approx 0.08 \text{ amg} \quad (1.16\text{b})$$

$$[\text{Rb}] \approx 6.0 \times 10^{14} \text{ cm}^{-3} \quad (1.16\text{c})$$

The approximate spin destruction rates due to various gases are:

$$\Gamma_{\text{Rb}-{}^3\text{He}} \approx 360 \text{ Hz} \quad (1.17\text{a})$$

$$\Gamma_{\text{Rb}-\text{N}_2} \approx 20 \text{ Hz} \quad (1.17\text{b})$$

$$\Gamma_{\text{Rb}-\text{Rb}} \approx 289 \text{ Hz} \quad (1.17\text{c})$$

The total spin destruction rate is 669 Hz.

1.3 Spin Exchange

Following equation 1.12, the time evolution of ${}^3\text{He}$ polarization can be expressed as:

$$P_{{}^3\text{He}}(t) = P_0 e^{-(\gamma_{se} + \Gamma)t} + P_{\text{Rb}} \frac{\gamma_{se}}{\gamma_{se} + \Gamma} (1 - e^{-(\gamma_{se} + \Gamma)t}) \quad (1.18)$$

The saturation polarization is

$$P_\infty = P_{\text{Rb}} \frac{\gamma_{se}}{\gamma_{se} + \Gamma} \quad (1.19)$$

where γ_{se} is the spin exchange rate between ${}^3\text{He}$ and Rb, and Γ is the spin relaxation rate.

1.3.1 Spin-Dependent Interactions

The key process in spin-exchange optical pumping is collisional transfer of polarization between optically pumped alkali-metal atoms and the nuclei of the noble gas atoms. As in Fig. 1.7, the transfer of angular momentum occurs either while the atoms are bound in van der Waals molecules or in simple binary collisions. For ^3He , binary collisions dominate, and the contribution from van der Waals molecules is negligible. The time scale for binary collisions is on the order of 10^{-12} sec, so the collision can induce both $\Delta F = \pm 1$ and $\Delta F = 0$ transitions between hyperfine sublevels. For heavier noble gases like ^{129}Xe at pressure of a few tens of Torr, the contributions of van der Waals molecules can greatly exceed that of binary collisions. At several atmos which is the typical operating pressure for SEOP, the time scale of van der Waals molecules is greatly limited by collision so that the binary collisions dominate.

Spin-dependent interactions produce the spin transfer and relaxation. For SEOP, spin-rotation interaction between \vec{S} and the rotational angular momentum \vec{N} and the isotropic hyperfine interaction between \vec{S} and the noble-gas nuclear spin \vec{I} dominate the spin-exchange process:

$$V_1(\vec{R}) = \gamma(R)\vec{N} \cdot \vec{S} + A(R)\vec{I} \cdot \vec{S} \quad (1.20)$$

\vec{I}_a and \vec{I}_b are the nuclear spins of the atomic pair.

The spin-rotation interaction is caused by the magnetic fields from relative motion of the charges of the colliding atoms, and the isotropic hyperfine interaction comes from the magnetic field inside the nucleus of the noble-gas atom.

An alkali-metal atom and a noble-gas atom interact via both a large spin-independent

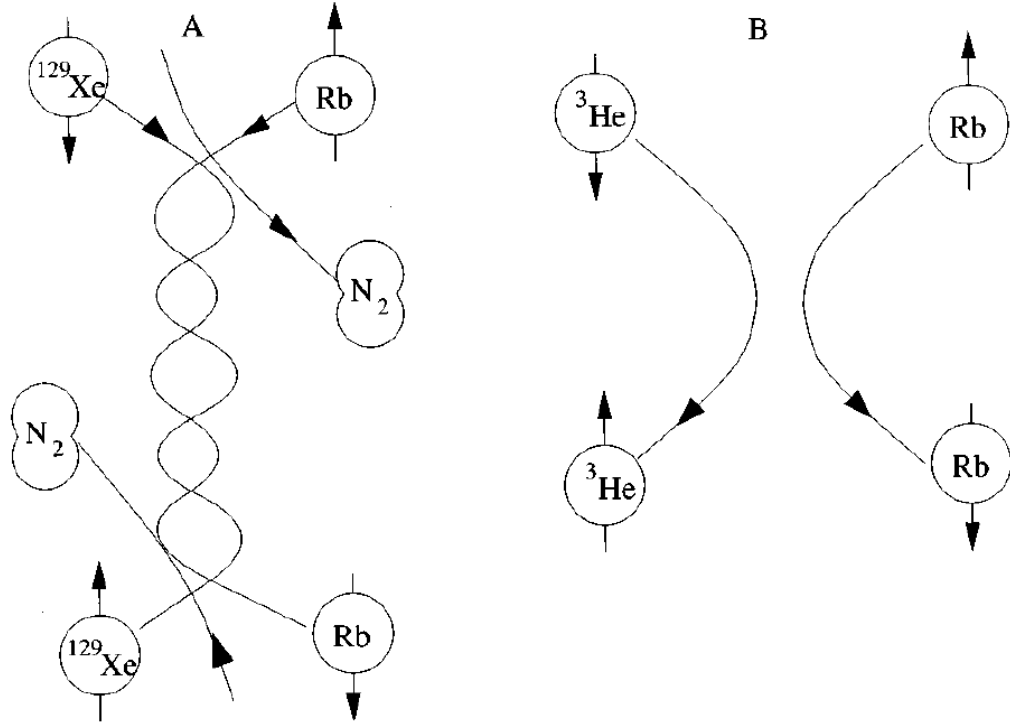


Figure 1.6: A. Formation and breakup of alkali-metal/noble-gas van der Waals molecule. B. Binary collision between an alkali-metal atom and a noble-gas atom. (from Ref. [1])

interaction $V_0(R)$ and a small spin-dependent interaction $V_1(R)$. At the high operating temperatures, V_0 determines classical collision trajectories, while V_1 acts as a small perturbation. We'll focus on V_1 below since it is responsible for spin exchange.

Including a few more terms that were neglected in Eq. 1.20, the spin-dependent interaction $V_1(R)$ can be expressed as:

$$\begin{aligned}
V_1(\vec{R}) = & \gamma(R) \vec{N} \cdot \vec{S} + \sum_k A_k(R) \vec{I}_k \cdot \vec{S} \\
& + \sum_k B_k(R) \vec{I}_k \cdot (3\vec{R}\vec{R} - 1) \cdot \vec{S} \\
& + \sum_k C_k(R) \vec{I}_k \cdot (3\vec{R}\vec{R} - 1) \cdot \vec{I}_k
\end{aligned} \tag{1.21}$$

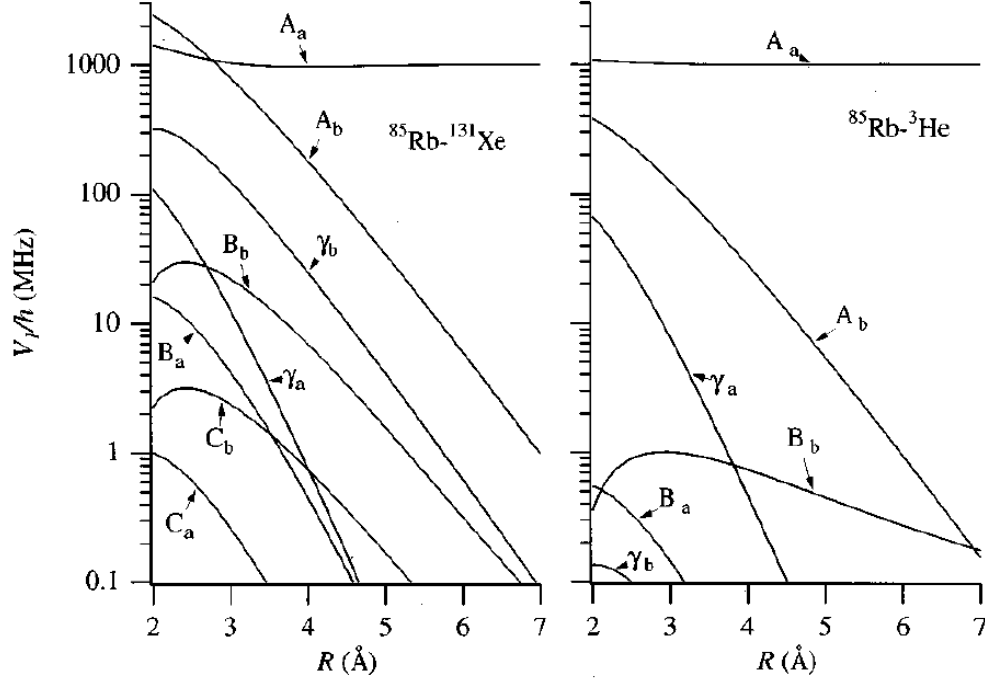


Figure 1.7: Strengths of various spin-dependent interactions as functions of separation (from Ref. [1])

where γ is the coefficient of the spin-rotation interaction, while A_k , B_k , C_k are the coefficients for isotropic magnetic-dipole hyperfine interactions, anisotropic magnetic-dipole hyperfine interactions, and electric quadrupole interactions, respectively. A_a

greatly exceed other coefficients as the separations between atoms increase.

The isotropic hyperfine interactions come from the Fermi-contact magnetic fields of the nuclei pair.

$$A_b(R) = \frac{8\pi g_s \mu_B \mu_b}{3I_b} |\eta \phi_0(R)|^2 \quad (1.22)$$

where η is the enhancement factor which equals to the ratio of the perturbed wave function at the noble gas nucleus to that without the noble gas atom. The isotropic hyperfine interaction also introduces a frequency of the magnetic resonance lines for alkali-metal and noble gas atoms. The frequency shift of alkali-metal electrons due to the polarized noble gas nuclei is used in the technique Electron Paramagnetic Resonance (EPR) to calculate the polarization of noble gas nuclei.

The isotropic magnetic-dipole coupling polarizes the noble gas nuclei parallel to the electron spin polarization, while the anisotropic magnetic-dipole coupling polarizes in the opposite direction. Fortunately, the anisotropic interaction is negligible compared to isotropic interaction.

1.3.2 Spin Exchange Rate

The spin exchange rate due to binary collisions is:

$$\gamma_{se} = \langle \sigma_{se} v \rangle [Rb] = k_{se} [Rb] \quad (1.23)$$

where $k_{se} = \langle \sigma_{se} v \rangle$ is the velocity-averaged spin exchange rate constant. k_{se} for spin exchange between 3He and Rb is:

$$k_{se}^{^3He-Rb} = (6.7 \pm 0.7) \times 10^{-20} cm^3/s \quad (1.24)$$

Under 170°C which is a typical temperature that we run tests with,

$$[Rb] = 2.60 \times 10^{14} cm^{-3} \quad (1.25)$$

Thus for a single chamber cell,

$$frac{1}{\gamma_{se}} \approx 15.9 hrs \quad (1.26)$$

1.4 3He Spinup and Relaxation

Similar to the optical pumping process of Rb, 3He polarization can be described by

$$P_{^3He}(t) = P_0^{^3He} e^{-(\gamma_{se} + \Gamma)t} + P_{\infty}^{^3He} (1 - e^{-(\gamma_{se} + \Gamma)t}) \quad (1.27)$$

where the saturation polarization is

$$P_{\infty}^{^3He} = P_{\infty}^{Rb} \frac{\gamma_{se}}{\gamma_{se} + \Gamma} \quad (1.28)$$

And Γ is the total relaxation rate of 3He nucleus spin polarization,

$$\Gamma = \Gamma_{dipolar} + \Gamma_{inhomogeneity} + \Gamma_{wall} \quad (1.29)$$

When a target cell are used in electron scattering experiments where an electron beam goes through part of the cell, an additional relaxation rate due to the beam Γ_{beam} should also be included.

The coupling of nuclear spin to orbital angular momentum creates an intrinsic ^3He relaxation rate that depends on density. At room temperature (23°C), the dipolar relaxation rate is

$$\frac{1}{\Gamma_{dipolar}} = \frac{[^3\text{He}]}{744} \text{hr}^{-1} \quad (1.30)$$

where $[^3\text{He}]$ is the ^3He density in amagats. Assuming the cell density is 8 amg, the relaxation rate is $1/93 \text{ hr}^{-1}$. In addition, there is an additional intrinsic relaxation due to the spin-rotation interaction. This mechanism dominates the relaxation for ^{129}Xe but is small for ^3He .

The relaxation rate due to field inhomogeneities is

$$\Gamma_{inhomogeneity} = D \frac{|\nabla B_x|^2 + |\nabla B_y|^2}{B_0^2} \quad (1.31)$$

where D is the ^3He diffusion constant, ∇B_x and ∇B_y are the transverse magnetic field inhomogeneities, B_0 is the holding field along z-axis. Under operating conditions, assuming the pressure is around 12 atm and field is 12.6 G, $D \approx 0.16 \text{ cm}^2/\text{s}$ and the field inhomogeneities are 10mG/cm, the relaxation rate is $1/1400 \text{ hr}^{-1}$

Wall relaxation is typically the dominant relaxation mechanism for cells in our lab. This mechanism depends on the property of the inner surface of glass. Most of the target cells are constructed with reblown General Electric Type 180 (GE-180) glass. This aluminosilicate glass is highly impermeable to ^3He . The wall relaxation is believed to be associated to several different mechanisms, such as paramagnetic impurities in the glass and microfissures in the surface that could trap ^3He atoms. It has been found reblowing the glass can help lower the wall relaxation rate because it

reduces the number of microfissures. The wall relaxation is not well understood, but it is believed to scale with the surface-to-volume ratio:

$$\Gamma_{wall} = \rho S/V \quad (1.32)$$

where ρ is called relaxivity.

1.5 X Factor

In 2006, Babcock *et al.* reported evidence of a previously unrecognized spin relaxation mechanism, and named it X factor. This mechanism appears to be temperature dependent and roughly proportional to alkali density. The X factor limits the maximally achievable ^3He polarization even with infinite laser power. The saturation polarization is

$$P_{\infty}^{^3\text{He}} = P_{\infty}^{Rb} \frac{\gamma_{se}}{\gamma_{se}(1 + X) + \Gamma} \quad (1.33)$$

In the presence of infinite laser power where $\gamma_{se} \gg \Gamma$, the saturation polarization becomes

$$P_{\infty}^{^3\text{He}} = P_{\infty}^{Rb} \frac{1}{1 + X} \quad (1.34)$$

Chapter 2

^3He Polarimetry

2.1 Overview

Traditional pure glass target cells are studied mainly using Adiabatic Fast Passage (AFP) Nuclear Magnetic Resonance (NMR) and Electron Paramagnetic Resonance (EPR). AFP is a technique that allows us to monitor a signal that's directly proportional to the ^3He polarization, which then provides a means to gain knowledge of properties of cell including pumping time and relaxation rates. The EPR technique utilizes the fact that polarized ^3He produces frequency shift of the magnetic resonance lines of alkali metal to measure the ^3He polarization. When AFP and EPR are combined, we can calculate the calibration constant between AFP signal and ^3He polarization.

A significant focus of my studies is on exploring cells that incorporate metal. Unfortunately, AFP is not suitable for studying these cells as it requires exposing the entirety of the cell to a Radio Frequency magnetic field in an attempt to flip all spins

in the cell. For these cells, Pulsed Nuclear Magnetic Resonance (PNMR) has proven to be very useful. PNMR only applies a pulsed RF field to a small selected part of the cell which makes it relatively easy to prevent metal from distorting the signal. However, the spins tipped by applying the pulse lose their transverse component (which depends on the "tip angle"), we typically allow some time for this portion of gas to diffuse out of the region before taking the next measurement on a fresh sample of the gas. The rate at which measurements are taken is limited by this requirement.

This chapter introduces the three techniques mentioned above and how they're used for our studies.

2.2 Adiabatic Fast Passage

2.2.1 Nuclear Magnetic Resonance

The energy of a magnetic moment in an external field is

$$E = -\vec{\mu} \cdot \vec{B}_0 = -\mu_z B_0 \quad (2.1)$$

where $\vec{\mu}$ is the magnetic moment, for a spin-1/2 nuclei, the energy is

$$E = -\gamma B_0 \hbar / 2 \quad (2.2)$$

γ is the gyromagnetic ratio, $\gamma/2\pi \approx 3.2434 \text{ kHz/Gauss}$. When a oscillating magnetic field with the frequency $\omega = \gamma B_0$ is present, transitions between the +1/2 and -1/2 states are induced. This frequency is called Larmor frequency. When a nucleus is placed in an external magnetic field that is not aligned with its magnetic moment,

it will precess at the Larmor frequency.

2.2.2 The Rotating Coordinate System

2.2.2.1 Classical Formulation

For a nucleus in an external field \vec{B} with $\gamma\hbar\vec{I}$ as its nuclear angular momentum, the equation of motion in a stationary coordinate system is [?]

$$\hbar\frac{d\vec{I}}{dt} = \gamma\hbar\vec{I} \times \vec{B} \quad (2.3)$$

Let $\frac{\partial}{\partial t}$ represent the derivative with respect to a coordinate system that rotates with angular velocity $\vec{\omega}$,

$$eq2\frac{d\vec{I}}{dt} = \frac{\partial\vec{I}}{\partial t} + \vec{\omega} \times \vec{I} \quad (2.4)$$

Substitute Eq. ?? into Eq. 2.3, \vec{I} in the rotating frame satisfies the equation of motion

$$\hbar\frac{\partial\vec{I}}{\partial t} = \gamma\hbar\vec{I} \times (\vec{B} + \vec{\omega}/\gamma) = \gamma\hbar\vec{I} \times \vec{B}_{eff} \quad (2.5)$$

where \vec{B}_{eff} is the effective field in the rotating frame

$$\vec{B}_{eff} = \vec{B} + \vec{\omega}/\gamma \quad (2.6)$$

Thus, for an observer in the rotating frame, the net effect is the same as changing the field to include an additional term ω/γ .

If we apply this result to rotating magnetic fields, we will get the core idea of performing an Adiabatic Fast Passage (AFP) measurement. Assuming a constant

field \vec{B} and another field \vec{B}_1 perpendicular to \vec{B} and rotates with angular velocity $-\omega$. In the rotating frame that rotates with \vec{B}_1 , both aforementioned field are constant. The effective field in the rotating frame is

$$B_{eff}\vec{z} = (B - \omega/\gamma)\vec{z} + B_1\vec{x}' \quad (2.7)$$

where \vec{x}' is the direction that \vec{B}_1 is in. When on resonance ($B = \omega/\gamma$), the effective field is perpendicular to the constant field \vec{B} .

2.2.2.2 Quantum Mechanical Formulation

The Shrödinger equation for a magnetic moment in an external field is

$$i\hbar\dot{\psi} = \mathcal{H}\psi = -\gamma\hbar\vec{I} \cdot \vec{B}\psi \quad (2.8)$$

Let ψ and \vec{B} be the wave function and magnetic field in a stationary frame and ψ_r and \vec{B}_r be the same quantities in a rotating frame with angular velocity $\vec{\omega}$. Using the rotation operator in quantum mechanics,

$$\psi = e^{-i\vec{\omega} \cdot \vec{I}t} \psi_r \quad (2.9a)$$

$$\vec{I} \cdot \vec{B}_r = e^{i\vec{\omega} \cdot \vec{I}t} \vec{I} \cdot \vec{B} e^{-i\vec{\omega} \cdot \vec{I}t} \quad (2.9b)$$

Substituting 2.8 into Eq.2.8, the Shrödinger equation in the rotating frame is obtained

$$i\hbar\dot{\psi}_r = -\gamma\hbar\vec{I} \cdot (\vec{B}_r + \vec{\omega}/\gamma)\psi_r = -\gamma\hbar\vec{I} \cdot \vec{B}_{eff}\psi_r \quad (2.10)$$

The same effective field in the rotating frame is reached as that from the classical derivation.

2.2.3 Adiabatic Fast Passage

Adiabatic Fast Passage (AFP) NMR is used to measure the ^4He polarization. In an AFP measurement, with the assistance of a oscillating radiofrequency (RF) field, the spins follow the effective field in a rotating frame (as discussed in more detail below) and are flipped 180 degrees to the opposite direction and then flipped back, producing two peaks in signal when they're perpendicular to the pick up coils.

The flipping process can be achieved by either sweeping the main holding field or sweeping the RF frequency so that the longitudinal component of effective field in the rotating field goes through zero. AFP measurements in our lab are typically done by sweeping the holding field while keeping the RF frequency constant. The RF coils produce a RF field of magnitude $2B_1$ perpendicular to the main holding field B . The oscillating field has a frequency of ω and can be decomposed into two counter-rotating components with the same amplitude B_1 . Only the component rotating in direction to be able to give a resonance in Eq.2.7 has an important effect. In this frame, the effective field is

$$B_{eff}\vec{z} = (B - \omega/\gamma)\vec{z} + B_1\vec{x}' \quad (2.11)$$

as discussed above. The other rotating component does not affect the spins. In an AFP measurement, the holding field starts from a value that's lower than ω/γ ($\omega/\gamma - B \gg B_1$), so that the effective field is almost aligned with the holding field

(and the spins). The holding field is then swept at a constant rate through resonance to a value greater than ω/γ . The sweeping rate is of great importance. The sweep needs to be slow enough so that the nuclear spins can follow the effective field

$$\frac{\dot{B}}{B_1} \ll \omega \quad (2.12)$$

Sweep that satisfies this condition is considered as adiabatic.

Sweep rate cannot be too slow either, because the relaxation rate of the spins are faster near the resonance especially with a small effective field. The relaxation rate of ^3He in the rotating frame at resonance is

$$\frac{1}{T_{1r}} = D \frac{|\nabla B_z|^2}{B_1^2} \quad (2.13)$$

where D is the ^3He diffusion constant. In order to keep the AFP loss low, it's important for the time scale that the spins stay close to resonance to be much shorter than $1/T_{1r}$:

$$D \frac{|\nabla B_z|^2}{B_1^2} \ll \frac{\dot{B}}{B_1} \quad (2.14)$$

Typically, the field is swept from 12.6 Gauss to 20.4 Gauss in 6s, thus

$$\dot{B} = 1.3G/s \quad (2.15a)$$

$$B_1 \approx 100mG \quad (2.15b)$$

$$f = 56.6kHz \quad (2.15c)$$

$$D \approx 0.16cm^2/s \quad (2.15d)$$

$$|\nabla B_z| \approx 10mG/cm \quad (2.15e)$$

$$(2.15f)$$

With these operating conditions,

$$D \frac{|\nabla B_z|^2}{B_1^2} \approx 1.6mHz \quad (2.16a)$$

$$frac{\dot{B}B_1}{f} \approx 13Hz \quad (2.16b)$$

$$w \approx 356kHz \quad (2.16c)$$

The AFP conditions are clearly well satisfied. Fig.2.1 shows the evolution of effective field during an AFP measurement.

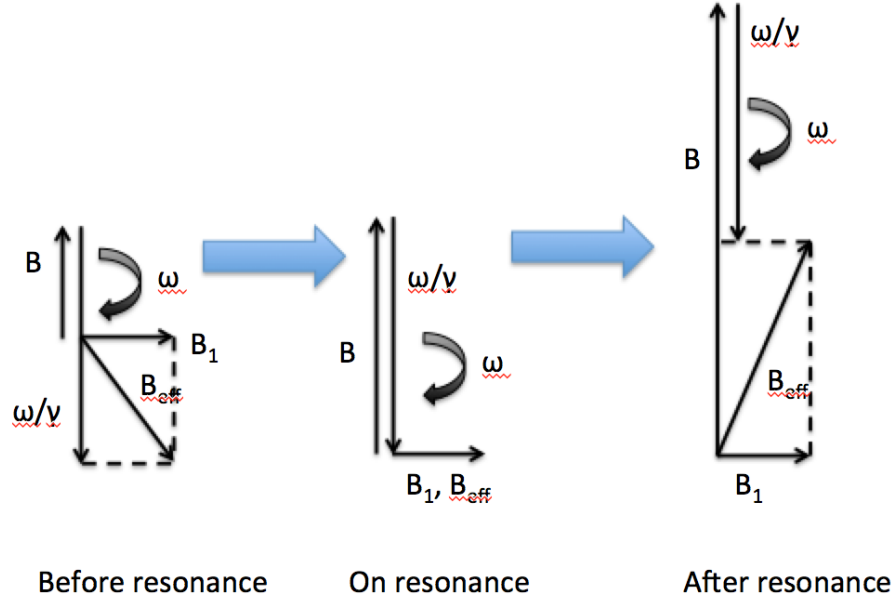


Figure 2.1: Effective field in the rotating frame during an Adiabatic Fast Passage measurement. The ^3He spins follow the direction of the effective field. B_1 is exaggerated to show different components of effective field clearly.

The pick up coils are placed close to the cell and perpendicular to the holding field and RF field. As the ^3He spins precess along the holding field, the transverse component of the spins will induce an electromotive force (EMF) that is directly proportional to the amplitude of the component in the pick up coils. The signal can be written as:

$$S = A\omega \sin \alpha(t) = A\omega \frac{B_1}{B_1^2 + (B(t) - \omega/\gamma)^2} \quad (2.17)$$

where A is a constant that accounts for the cell and coils geometry, the cell magnetization and the electronics factors that affect the size of signal; ω is the RF frequency; α is the angle between the effective field and the holding field in the rotating frame; $B(t)$ is the holding field as a function of time. The signal reaches peak value when $B(t) = \omega/\gamma$. Fig.2.2 shows the result of a typical AFP measurement.

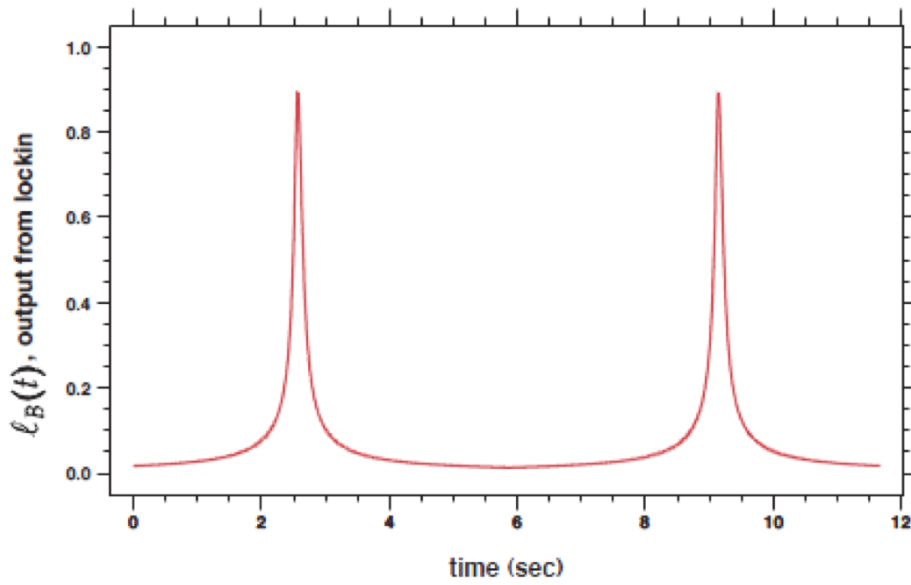


Figure 2.2: A typical AFP signal. y axis is in arbitrary unit.

2.2.4 Spinups and Spindowns

As previously mentioned, AFP is used to monitor the polarization of ^3He . An exact value of polarization remains to be calibrated with EPR, but the signal size is directly proportional to the polarization, thus is an indication of how the polarization changes relatively. Two processes that are monitored with AFP are spinups and spindowns.

2.2.4.1 Double-Chambered Cell Spinup

The process of ^3He gaining polarization through spin-exchange with Rb that are being constantly pumped by circularly polarized laser is called spinup. The equation that describes spinups of single-chambered cell was already discussed in Chapter 2. But target cells used in electron-scattering experiments are normally composed of two chambers: a pumping chamber (PC), which is placed in an oven and pumped by circularly polarized laser, and a target chamber (TC) that the electron beam passes through. Fig.2.3 shows a typical cell.

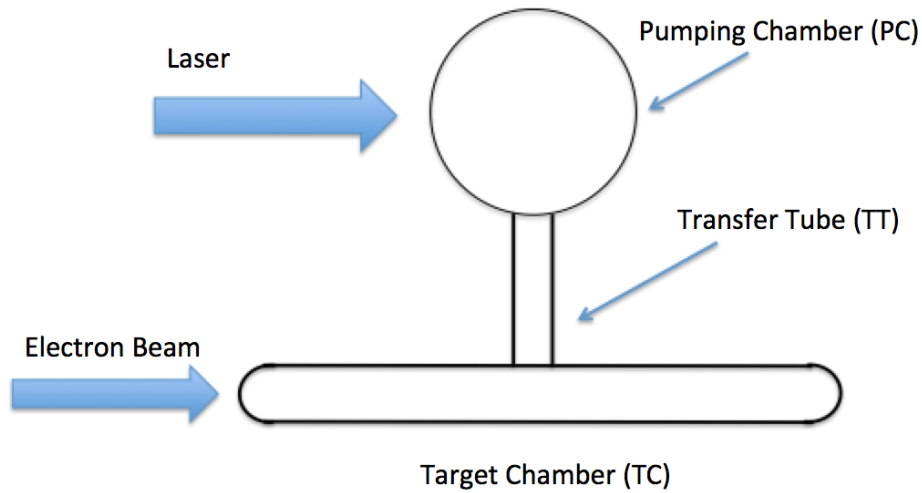


Figure 2.3: A target cell. The dimensions of different parts of the cell is not to scale.

As only the ^3He nuclei in the pumping chamber are gaining polarization and the electron beam constantly causes additional relaxation in the target chamber, it is

important that the ^3He from PC can replenish the polarization in TC quickly enough. Before the 12GeV upgrade of JLab, this was normally achieved through diffusion. With higher electron beam after the upgrade, it is currently planned the design of the cell will be changed. The number of transfer tubes will be increased to two with one of them being heated causing a temperature gradient between the two transfer tubes and driving controllable convection. This new design is called convection cell and is discussed thoroughly by Dolph??. The following derivation will only focus on the old design with diffusion for simplicity. The polarization accumulation process can be described by

$$\frac{dP_{PC}}{dt} = \gamma_{se}(P_A - P_{PC}) - \Gamma_{PC}P_{PC} - d_{PC}(P_{PC} - P_{TC}) \quad (2.18a)$$

$$\frac{dP_{TC}}{dt} = -\Gamma_{TC}P_{TC} + d_{TC}(P_{PC} - P_{TC}) \quad (2.18b)$$

where $P_{PC}(P_{TC})$ is the ^3He polarization in PC (TC); γ_{se} is the spin-exchange rate in PC; $\Gamma_{PC}(\Gamma_{TC})$ is the relaxation rate of ^3He polarization in PC (TC); $d_{PC}(d_{TC})$ is the probability for a nucleus to leave PC (TC) and enter TC (PC). The transfer rates d_{PC} and d_{TC} are related by:

$$f_{PC}d_{PC} = f_{TC}d_{TC} \quad (2.19)$$

where $f_{PC}(f_{TC})$ is the fraction of atoms in PC (TC). The solutions to Eq.2.18 are

$$P_{PC}(t) = C_{PC}e^{-\gamma_{se}t} + (P_{PC}^0 - P_{PC}^\infty - C_{PC})e^{-\gamma_{se}t} + P_{PC}^\infty \quad (2.20a)$$

$$P_{TC}(t) = C_{TC}e^{-\gamma_{se}t} + (P_{TC}^0 - P_{TC}^\infty - C_{TC})e^{-\gamma_{se}t} + P_{TC}^\infty \quad (2.20b)$$

Detailed discussion is done by Dolph??. It's interesting to note the time evolution of ^3He polarization for double-chambered cells has two time constant: the fast time constant γ_f that is dominated by the diffusion rates d_{PC} and d_{TC} when diffusion is relatively fast, and the slow time constant γ_s that is mostly determined by the volume averaged spin-exchange rate. In the fast-transfer limit, double-chambered solution reduces to single-chambered solution.

The other interesting point is the relation between the saturation polarization in PC and TC

$$P_{TC}^\infty = \frac{P_{PC}^\infty}{1 + \frac{\Gamma_{TC}}{d_{TC}}} \quad (2.21)$$

Again, in the fast-transfer limit where $d_{TC} \gg \Gamma_{TC}$, $P_{TC}^\infty = P_{PC}^\infty$. Fig.2.4 shows the spinup curves for a double-chambered cell. This spinup is different than regular ones in that the AFP measurements were taken every 3 minutes (normal sample rate is one AFP every one hour), thus the losses due to frequent measurements limited the saturation polarization. The raw signal obtained from AFP have already been calibrated by EPR so the y axis is polarization rather than raw signal amplitude.

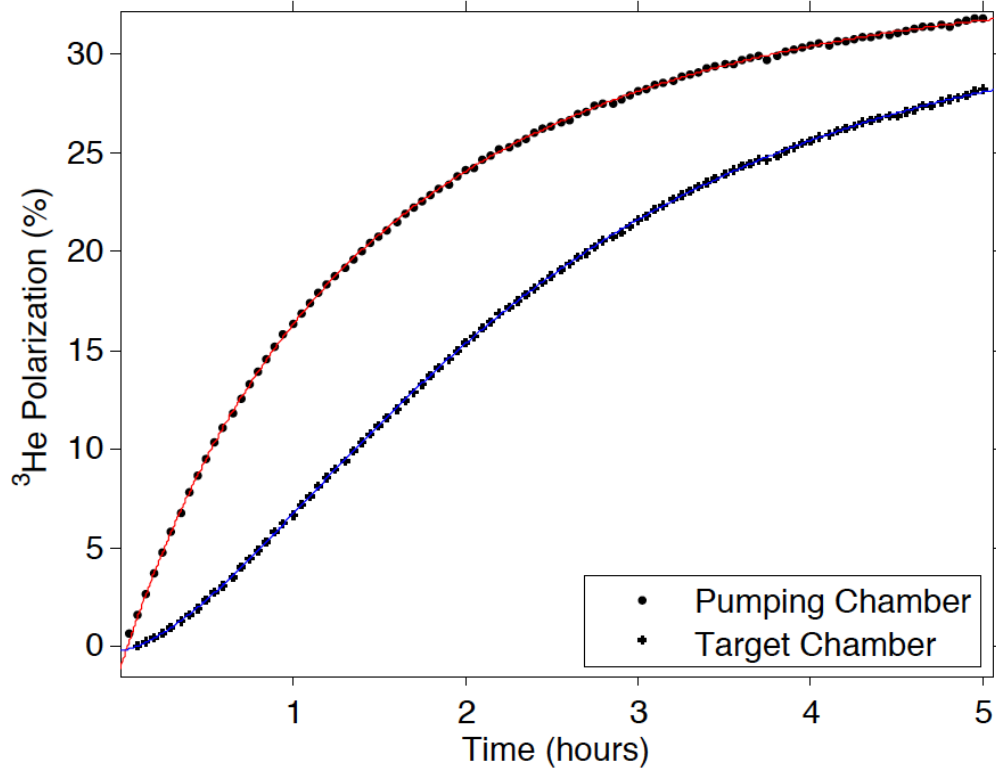


Figure 2.4: ^3He polarization as a function of time for both the pumping chamber and the target chamber. The top curve is the pumping chamber and the bottom curve is the target chamber.

2.2.4.2 Initial Spinup

As shown in Fig.2.4, the early spinup behaviors of the pumping chamber and the target chamber are quite different. The initial part of the pumping chamber is almost linear but the target chamber shows a curved initial part. By performing a Taylor expansion on Eq.2.20 we obtain the initial part of the spinup for both chambers:

$$P_{PC}(t) = \gamma_{se}P_A t - \frac{1}{2}\gamma_{se}P_A(\gamma_{se} + \Gamma_{PC} + d_{PC})t^2 \quad (2.22a)$$

$$P_{TC}(t) = \frac{1}{2}\gamma_{se}P_A d_{TC}t^2 \quad (2.22b)$$

where γ_{se} is the spin-exchange rate in the pumping chamber and P_A is the alkali polarization. It's clear that the dominant term in $P_{PC}(t)$ is the linear term while the shape of $P_{TC}(t)$ is quadratic.

The slope of the linear shape of initial spinup of the pumping chamber gives access to the product $P_A\gamma_{se}$ and fitting the initial spinup of the target chamber to a quadratic function provides the product $\gamma_{se}P_A d_{TC}$. The alkali polarization P_A can be measured with the technique named Faraday Rotation, we then gain knowledge of the spin-exchange rate γ_{se} and the diffusion rate d_{TC} .

2.2.4.3 Spindown

The spin relaxation rates in the pumping chamber and the target chamber are different due to geometry and other properties. The cell-average relaxation rate can then be written as

$$\langle \Gamma \rangle = f_{PC}\Gamma_{PC} + f_{TC}\Gamma_{TC} \quad (2.23)$$

where f_{PC} (f_{TC}) is the fraction of atoms in PC (TC); Γ_{PC} (Γ_{TC}) is the average relaxation rate in PC (TC). When the cell is being pumped by laser, the pumping chamber is heated with hot air to create alkali vapor while the target chamber remains at the room temperature. The difference in temperature adds to the difference in relaxation rates. However, when trying to measure the life time (the inverse of the

relaxation rate) of the cell, we typically keep the entire cell at room temperature and perform a "spindown" measurement.

During a spindown, the cell starts with some polarization (normally as high as possible so we can obtain a more complete curve), and relaxes on its own while we take AFP measurements at a certain rate. Typically, the interval between measurements is anywhere between 30 mins and 2 hrs, depending on the lifetime of the cell. The rule of thumb is to take AFP frequently enough so the spindown curve has sufficient data points while not too often so the polarization relaxes much faster due to AFP losses. The ^3He polarization relaxation can be described by

$$P(t) = P_0 e^{-t/\tau_{true}} \quad (2.24)$$

The true lifetime τ_{true} of the cell without relaxation due to AFP loss can be measured with two methods: the first is to take 5 AFP measurements consecutively with very short interval (normally around 3 minutes), the second is to perform several spindown measurements, each with a different interval.

In the first method, because the lifetime of the cell is much longer than 3 minutes, we can safely attribute all losses to AFP measurements and extract the loss due to a single AFP $loss_{afp}$. The data values can then be corrected with the equation

$$S_i^{corrected} = S_i^{raw} / (1 - loss_{afp})^i \quad (2.25)$$

where $S_i^{corrected}$ is the corrected signal, S_i^{raw} is the raw signal, i represents it is the i th measurement in the spindown, $loss_{afp}$ is the loss due to a single measurement. Fitting the corrected values to Eq.2.24 gives the true lifetime τ_{true} .

A simple example for the second method would be to perform one spindown with one-hour interval and another spindown with two-hour interval, the relaxation rates in these two spindowns are

$$\frac{1}{\tau_{1hr}} = \frac{1}{\tau_{true}} + \Gamma_{AFP.1hr} \quad (2.26a)$$

$$\frac{1}{\tau_{2hr}} = \frac{1}{\tau_{true}} + \Gamma_{AFP.2hr} \quad (2.26b)$$

$$\Gamma_{AFP.1hr} = 2 \times \Gamma_{AFP.2hr} \quad (2.26c)$$

where τ_{1hr} and τ_{2hr} are the lifetimes measured with taking AFP every 1 hour and every 2 hours, τ_{true} is the true lifetime of the cell without interference from measurements, $\Gamma_{AFP.1hr}$ ($\Gamma_{AFP.2hr}$) is the relaxation rate due to taking measurements every 1hr (2hr). We can then solve for τ_{true} .

2.2.5 AFP Loss

The longitudinal spin relaxation rate due to static field inhomogeneities is

$$\frac{1}{T_1} = D \frac{|\nabla B_x|^2 + |\nabla B_y|^2}{B_0^2} \quad (2.27)$$

where D is the diffusion constant for the polarized spins, and is inversely proportional to the gas pressure. B_0 is the mean magnetic field along z axis. B_x and B_y are the x and y components of the magnetic field. However, when performing AFP measurement, the spins are exposed to a small oscillating RF field, the spin relaxation can be greatly accelerated under magnetic resonance conditions [?],

$$\frac{1}{T_{r1}} = \frac{8R^4}{175D} |\nabla \Omega_z|^2 \sum_n \frac{175}{4(\chi_{1n}^2 - 2)(\chi_{1n}^4 + r^2 + r^2 s^2)(1 + s^2)} \quad (2.28)$$

where R is the cell radius, D is the diffusion constant, Ω_z is the Larmor frequency of the holding field, $r = \frac{\omega_r R^2}{D}$, $s = \frac{\Omega_0 - \omega}{\omega_r}$, the numbers χ_{1n} are the zeros of the derivatives of the spherical Bessel functions

$$\frac{d}{dx} j_1(x_{1n}) = 0 \text{ for } n = 1, 2, 3... \quad (2.29)$$

Since $r^2 \gg \chi_{1n}^4$, and $\sum_n \frac{1}{\chi_{1n}^2 - 2} = \frac{1}{2}$ [?],

$$\frac{1}{T_{r1}} = \frac{R^4 |\nabla \Omega_z|^2}{r^2 (1 + s^2)^2 D} = \frac{|\nabla B_z|^2 D}{B^2 (1 + s^2)^2} \quad (2.30)$$

If P_0 is the polarization before AFP, the polarization P after a single AFP flip is given by

$$P = P_0 e^{-\int \Gamma_{r1} dt} = P_0 e^{-\int \frac{1}{T_{r1}} dt} \quad (2.31)$$

Given the field sweep starts from 12.6G, ends at 20.4G, the RF frequency is 56.6kHz, the sweep time is 6s and B_1 is 100mG, we can safely approximate the integral by

$$\int_{-\infty}^{\infty} \frac{1}{T_{r1}} dt = \frac{\pi D |\nabla B_z|^2}{2 B_1 \partial B_1 / \partial t} \quad (2.32)$$

which is the fractional loss due to a single AFP flip.

To better understand AFP loss, we did a study where we took AFP measurements at various different field gradients to study the relation between AFP loss and inhomogeneities. The gradients were produced by Maxwell-style transverse gradient coils and increased from 0 to a little under 160 mG/cm. At each set gradient, we take one AFP to look at the difference between the two peaks to determine the loss due

to a single flip. Fig 2.5 shows AFP losses collected from experiments and theoretical predictions. They agree mostly within the error bar.

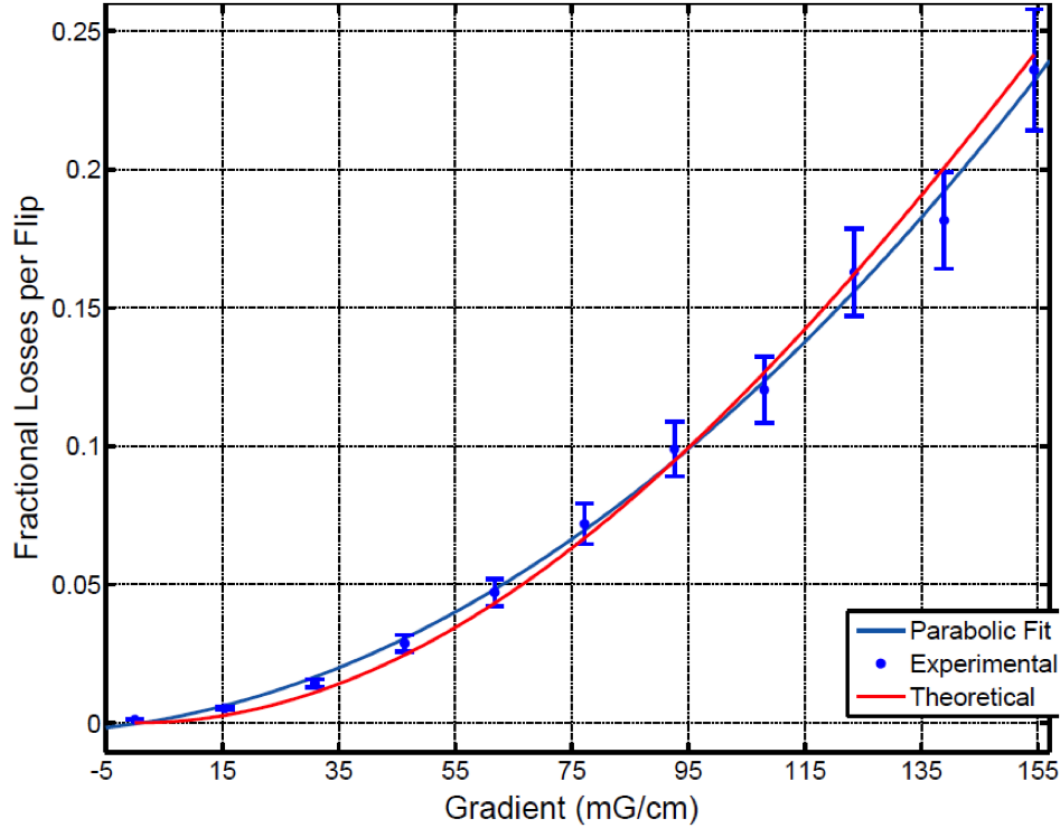


Figure 2.5: Fractional AFP loss (single flip) as a function of field gradient.

2.3 Electron Paramagnetic Resonance

2.3.1 Overview

Electron Paramagnetic Resonance (EPR) is an important technique for measuring the frequency shift of alkali metal Zeeman resonance due to the effective magnetic field produced by polarized ^3He gas. The EPR shift is largely caused by the Fermi-contact

interaction $\propto \mathbf{K} \cdot \mathbf{S}$ between the nuclear spin \mathbf{K} of the noble gas nucleus of magnetic moment μ_K and the electron spin \mathbf{S} of the alkali metal atom [?]. The magnetic field created by the bulk magnetization of the ^3He gas also contributes directly to a relatively small part of the shift (roughly 1/6 for K). The total measured shift is therefore written as the expected Zeeman interaction with the field produced by the polarized ^3He multiplied by an enhancement factor κ_0 . The enhancement effect comes from overlapping of alkali metal electrons and ^3He nucleus during binary collisions, thus κ_0 is different for each alkali metal species and slightly temperature dependent.

During the process of optical pumping, the Rb atoms are excited to the $5\text{P}_{\frac{1}{2}}$ state by the pump laser. The majority of these atoms are quenched non-radiatively to the ground state by N_2 . While at $5\text{P}_{\frac{1}{2}}$ state, Rb atoms can also be excited to the $5\text{P}_{\frac{3}{2}}$ state through collisions with other Rb atoms. A small fraction of the excited atoms ($5\text{P}_{\frac{1}{2}}$ and $5\text{P}_{\frac{3}{2}}$) decay by emitting either a D_1 photon or D_2 photon. The intensity of fluorescence is proportional to the excited Rb atoms, thus is higher when the Rb polarization is low so more Rb atoms can absorb laser and be excited. We typically induce Zeeman transitions with a RF coil to lower alkali polarization and detect D_2 photons with a photodiode behind a D_2 filter. The highest amount of D_2 photons is detected when the RF frequency is exactly equal to the Zeeman transition frequency.

2.3.2 The Breit-Rabi Equation

The Zeeman energy levels of ground state ($L = 0$) can be described with the Breit-Rabi equation

$$E_{F=I\pm 1/2, m_F} = -\frac{h\Delta\nu_{hfs}}{2(2I+1)} - \mu_N g_I B m_F \pm \frac{h\Delta\nu_{hfs}}{2} \sqrt{1 + \frac{4m_F x}{2I+1} + x^2} \quad (2.33)$$

where

$$x = (g_I \mu_N - g_s \mu_B) \frac{B}{h\Delta\nu_{hfs}} \quad (2.34)$$

B is the magnetic field, $\Delta\nu_{hfs}$ is the hyperfine splitting frequency, I is the nuclear spin, g_I and g_s are the g factors of nuclear and electron spin, μ_N and μ_B are the nuclear and Bohr magneton, respectively.

The Zeeman transition frequency of $m_F \rightarrow m_F - 1$ is

$$\begin{aligned} \nu_{m_F \rightarrow m_F - 1} &= \frac{E_{F, m_F} - E_{F, m_F - 1}}{h} \\ &= -\frac{g_I \mu_N B}{h} \pm \frac{h\Delta\nu_{hfs}}{2} \left(\sqrt{1 + \frac{4m_F}{2I+1}x + x^2} - \sqrt{1 + \frac{4m_F - 1}{2I+1}x + x^2} \right) \end{aligned} \quad (2.35)$$

The second term is much greater than the first term under our operating conditions, so the sign of the frequency $\nu_{m_F \rightarrow m_F - 1}$ depends on the second term only. If we focus on the top hyperfine manifold, the transition frequency is

$$\nu_{m_F \rightarrow m_F - 1} = -\frac{g_I \mu_N B}{h} + \frac{h\Delta\nu_{hfs}}{2} \left(\sqrt{1 + \frac{4m_F}{2I+1}x + x^2} - \sqrt{1 + \frac{4m_F - 1}{2I+1}x + x^2} \right) \quad (2.36)$$

2.3.3 Shift of Zeeman Frequency

Under our operating condition, the size of Zeeman splitting is much less than hyperfine splitting, which makes x a small number. The Taylor expansion of Eq. 2.36 is

$$\begin{aligned} \nu_{m_F \rightarrow m_{F-1}} = & -\frac{g_I \mu_N B}{h} \\ & + \frac{h \Delta \nu_{hfs}}{2} \left(\frac{2x}{2I+1} - \frac{2(2m_F-1)x^2}{(2I+1)^2} + \frac{(-(2I+1)^2 + 4 - 12m_F + 12m_F^2)x^3}{(2I+1)^3} + \dots \right) \end{aligned} \quad (2.37)$$

With the approximation

$$g_s \mu_B \gg g_I \mu_N \quad (2.38a)$$

$$x \approx -\frac{g_s \mu_B B}{h \Delta \nu_{hfs}} \quad (2.38b)$$

The shift of $\nu_{m_F \rightarrow m_{F-1}}$ due to a small effective field ΔB ($\Delta B \ll B$) from polarized ^3He is

2.3.4 Experimental Methods

Under normal operating conditions, hybrid cells with mixture of Rb and K are used. The vapor density of K is an order of magnitude higher than that of Rb, thus we induce the $m_F = 2 \rightarrow m_F = 1$ (assuming the angular momentum of laser photons is $+1$) ^{39}K transition, which lowers the K polarization. Rb-K spin-exchange rate is fast enough that Rb is depolarized almost instantly. This allows more Rb atoms to absorb laser and be excited to the $5P_{\frac{1}{2}}$ state which in turn produces more D_2 fluorescence.

Bibliography

- [1] E. M. M. V. Romalis and G. D. Cates. Pressure broadening of rb d₁ and d₂ lines by ³he, ⁴he, n₂, and xe: line cores and near wings. *Phys. Rev. A*, 56(6), 1997.

Appendix A

Appendix title

This is Appendix A.

You can have additional appendices too (*e.g.*, `apdxb.tex`, `apdxc.tex`, *etc.*). If you don't need any appendices, delete the appendix related lines from `thesis.tex` and the file names from `Makefile`.