



INTERMEDIATE PHASE EXTRA-MURALS

TERM 1: 2026

Name: _____

Grade: _____

Please note:

- All pupils are expected to do a sport.
- Pupils are expected to do BOTH days of the sport.
- Computer Club – maximum of 20 pupils.
- Please note that we try our best to accommodate as many combinations as possible, but we will unfortunately not be able to please everyone, so where there is a clash with what you want to do, you would unfortunately have to make a choice between the two.

Activity	Grade	Days	Time	Staff	Venue	
School offered options – You have to register online via the form sent to you						
Swimming	Squad Selection	Tuesday & Thursday	6:45 – 7:30	A. Carini & S. Nortier	Pool	
	Group 1 (Grade 3-4)	Monday & Wednesday	14:30 – 15:15	L. Dunn & W. Petersen	Pool	
	Group 2 (Grade 5-7)	Tuesday & Thursday	14:30 – 15:15	S. Nortier & S. Kistensamy	Pool	
Athletics	Grade 4 - 7	Tuesday & Thursday	14:30 – 15:15	C. Chetty & C. Wylde	Field	
Tennis	Grade 4- 5 max 10	Tuesday & Thursday	14:30 – 15:15	E. Rhoda	Tennis Courts	
	Grade 6 - 7 max 10	Monday & Wednesday	14:30 – 15:15	M. Graham	Tennis Courts	
Drama	Grade 4 - 7	Thursday	14:30 – 15:15	C. Machado	Smuts Centre	
Chess	Grade 3-7	Thursday	14:30 – 15:15	T. Dano & Coach	isiXhosa Room	
Computer Club	IP - Max 20 pupils Only for pupils who have sport on a Tue & Thur	Wednesday	14:30 – 15:15	Y. Wilsch	Computer Lab	
	IP - Max 20 pupils Only for pupils who have sport on a Mon & Wed	Thursday	14:30 – 15h15	Y. Wilsch	Computer Lab	
Debating	Grade 4 - 7	Wednesday	15:15 – 16:00	R. Edries	Grade 6RE Class	
Marimbas	Grade 5 - 7	Wednesday	14:30 – 15:15	A. Carini	Music Room	

Private – You have to register with the service provider						
Activity	Grade	Days	Time	Staff	Venue	
CreArt	Grade 3 & 4	Monday	15:30 – 16:15	R. Jeebjay	Art Room	
Music Theory Class	All Grades	Tuesday	7:30 – 8:00	A. Carini	Music Room	
String Ensemble	All Grades	Tuesday	14:30 – 15:00	S. Evans	Music Room	
Band	Audition Process	Tuesday	15:30 – 16:30	A. Carini	Music Room	
Soccer	Grade 3 - 7	Wednesday	14:30 – 15:30	R.Johannes 072 217 3916 capetown@coerve.r.co.za	Field	
Coding & Robotics	Grade 5 - 7	Tuesday	15:30 – 16:15	Club Electron Robotics 060 263 9594 info@clubelectron.net enroll: www.ClubElectron.net	Smuts Centre	
Dance Modern/Hip Hop	Grade 4-7	Thursday	15:30-16:15	Gio Fisher giofisher1@gmail.com 0833604989 See Flyer	Burton Hall	
Kids Clay	Grade 4 - 7	Friday	12:35 – 13:35	Y. Engelbrecht 079 575 1253	Prep Art\Gallery	
Ballet	Grade 3 – 5	Friday	13:30 – 14:30	Evelyne Aregger 073 107 8787 Registration via www.capecballetcentre.co.za	Burton Hall	

Please note that where an extra-mural is offered on 2 days the pupils have to do both days and not choose one of the days.

Fitness Track: C. Viljoen

- Mon – Thurs at 07:30 – 07:55
- No need to sign up.
- All pupils are encouraged to do a minimum of 100 tracks for the year, that is 25 per term.