

All American Steak

GF

LF

SF

MFAL - REGULAR \$12.00

calories prot (g) carb (g) fat (g) 483 43 4.5

needs

Heating Instructions: Loosen lid, remove portion cups (if included), reheat until internal temperature of 165° is reached, approximately 1-2 minutes in microwave. After heating, let stand 2 more minutes before removing from microwave. CAUTION container and contents will be HOT! Keep refrigerated until use. Do **NOT** consume past use by date.

packed on:

Nutrition Facts All American Steak, regular	
Calories 482.5	Calories from Fat 121.8
	% Daily Value
Total Fat 13.5g	21%
Saturated Fat 5.5g	27%
Trans Fat 0g	
Cholesterol 64.5mg	22%
Sodium 296.2mg	12%
Total Carbohydrates 44.9g	15%
Dietary Fiber 9.3g	37%
Sugars 13.7g	
Protein 43.3g	
Vitamin A	0%
Vitamin C	0%
Calcium	10%
Iron	220/

Percent Daily Values are based on a 2000 calorie diet. Your Daily Values may be higher or lower depending on your calorie INGREDIENTS: Flank Steak, Sweet Potato, Green Bean, Unsweetened Almond Milk, Shallot, Organic Agave, Pineapple Juice, White Wine Vinegar, Salt, Cornstarch, Pepper, Seasonings

CONTAINS: tree nuts

Sometimes recipes may change. Variations & substitutions will change stated nutritional values, the latest nutritional information is available upon request or at 1701 Pine Lake Road, Lincoln, NE 68512.