

## **All American Steak**

MFAL - SMALL \$9.75

calories prot (g) carb (g) fat (g) 293 27

**GF** 

I.F

SF

needs

Heating Instructions: Loosen lid, remove portion cups (if included), reheat until internal temperature of 165° is reached, approximately 1-2 minutes in microwave. After heating, let stand 2 more minutes before removing from microwave. CAUTION container and contents will be

HOT! Keep refrigerated until use. Do **NOT** consume past use by date. packed on:

Nutrition Facts All American Steak, small	
Calories 293	Calories from Fat 74.9
	% Daily Value*
Total Fat 8.3g	13%
Saturated Fat 3.4g	17%
Trans Fat 0g	
Cholesterol 39.7mg	13%
Sodium 176.1mg	7%
Total Carbohydrates 26.7g	9%
Dietary Fiber 5.6g	22%
Sugars 8.2g	
Protein 26.6g	
Vitamin A	0%
Vitamin C	0%
Calcium	6%
	400/

Percent Daily Values are based on a 2000 calorie diet. Your Daily Values may be higher or lower depending on your calorie

INGREDIENTS: Flank Steak, Sweet Potato, Green Bean, Unsweetened Almond Milk, Shallot, Organic Agave, Pineapple Juice, White Wine Vinegar, Salt, Pepper, Cornstarch, Seasonings

CONTAINS: tree nuts

Sometimes recipes may change. Variations & substitutions will change stated nutritional values, the latest nutritional information is available upon request or at 1701 Pine Lake Road, Lincoln, NE 68512.