



MEAL - REGULAR \$12.00

calories

483

prot (g)

43

carb (g)

45

fat (g)

14

USE BY:

Heating Instructions: Loosen lid, remove portion cups (if included), reheat until internal temperature of 165° is reached, approximately 1-2 minutes in microwave. After heating, let stand 2 more minutes before removing from microwave. CAUTION container and contents will be HOT! Keep refrigerated until use. Do **NOT** consume past use by date.

### Nutrition Facts

All American Steak, regular

Amount Per Serving

Calories 482.5

Calories from Fat 121.8

% Daily Value\*

Total Fat 13.5g

21%

Saturated Fat 5.5g

27%

Trans Fat 0g

Cholesterol 64.5mg

22%

Sodium 296.2mg

12%

Total Carbohydrates 44.9g

15%

Dietary Fiber 9.3g

37%

Sugars 13.7g

Protein 43.3g

Vitamin A

0%

Vitamin C

0%

Calcium

10%

Iron

22%

Percent Daily Values are based on a 2000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

packed on:

INGREDIENTS: Flank Steak, Sweet Potato, Green Bean, Unsweetened Almond Milk, Shallot, Organic Agave, Pineapple Juice, White Wine Vinegar, Salt, Cornstarch, Pepper, Seasonings

CONTAINS: tree nuts

Sometimes recipes may change. Variations & substitutions will change stated nutritional values. the latest nutritional information is available upon request or at 1701 Pine Lake Road, Lincoln, NE 68512.