

[garda.com](https://www.garda.com)

Nicaragua: Government confirms first COVID-19 death March 26 /update 1

3-4 minutes

Event

The Nicaraguan government confirmed the first coronavirus (COVID-19) death in the country on Thursday, March 26. The victim had a history of preexisting conditions, including diabetes and was a carrier of the HIV virus. Few restrictions have been implemented in the country, and gatherings have not been limited.

As of March 26, there are two confirmed COVID-19 cases, including the fatality. Further international spread of the virus is expected over the near term.

Context

The first case of COVID-19 was reported on December 31 and the source of the outbreak has been linked to a wet market in Wuhan (Hubei province, China). Human-to-human and patient-to-medical staff transmission of the virus have been confirmed. Many of the associated fatalities have been due to pneumonia caused by the virus.

Cases of the virus have been confirmed in numerous countries

and territories worldwide. Virus-screening and quarantining measures are being implemented at airports worldwide, as well as extensive travel restrictions. On March 11, the World Health Organization (WHO) declared the global outbreak a pandemic.

Pneumonia symptoms include dry cough, chest pain, fever, and trouble breathing. Pneumonia can be contagious and can be transmitted from human to human. The influenza virus, or the flu, is a common cause of viral pneumonia.

Advice

Measures adopted by local authorities evolve quickly, and are usually effective immediately. Depending on the evolution of the outbreak in other countries, authorities are likely to modify, at very short notice, the list of countries whose travelers are subject to border control measures or entry restrictions upon their arrival to the territory in question. It is advised to postpone nonessential travel due to the risk that travelers may be refused entry or be subject to quarantine upon their arrival or during their stay.

To reduce the risk of transmission, travelers are advised to abide by the following measures:

- Frequently clean hands by applying an alcohol-based hand rub or washing with soap and water.
- When coughing and sneezing, cover mouth and nose with a flexed elbow or tissue; if used, throw the tissue away immediately and wash hands.
- If experiencing a fever, cough, difficulty breathing, or any other symptoms suggestive of respiratory illness, including pneumonia,

call emergency services before going to the doctor or hospital to prevent the potential spread of the disease.

Copyright and Disclaimer

GardaWorld is the owner or licensee of all intellectual property rights in the material presented on this website. All such rights are reserved. The use of this website and its material is subject to the [Terms of Use](#) and accordingly you must not use any content from this website for commercial or other analogous purposes without our consent, including but not limited to any deep-linking or framing in order to copy, distribute, display or monitor any portion of the website. If you have any questions or are interested in distributing any content from this website, [Contact](#) us for more details.