Summary of Benefits and Coverage: What this Plan Covers & What it Costs
Coverage for: Individual or Family | Plan Type: PPO



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at www.healthplus.org/login or by calling 1-888-212-1512.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	In-Network: \$2,500/person; \$5,000/family Out-of —Network: \$5,000/person; \$10,000/family Does not apply to preventive care or office visits.	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> .
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific medical services, but see the chart starting on page 2 for other costs for services this plan covers.
Is there an <u>out-of-</u> <u>pocket limit</u> on my expenses?	Yes. <u>In-Network</u> : \$5,000/person; \$10,000/family <u>Out-of-Network</u> : \$15,000/person; \$30,000/family	The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the <u>out-of-pocket</u> <u>limit?</u>	Premiums, penalties, balance- billed charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.
Does this plan use a <u>network</u> of <u>providers</u> ?	Yes. See www.healthplus.org/providerd irectory or call 1-888-212-1512 for a list of In-Network providers.	If you use an in-network doctor or other health care <u>provider</u> , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network <u>provider</u> for some services. Plans use the term in-network, <u>preferred</u> , or participating for <u>providers</u> in their <u>network</u> . See the chart starting on page 2 for how this plan pays different kinds of <u>providers</u> .
Do I need a referral to see a specialist?	No.	You can see the specialist you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 5. See your policy or plan document for additional information about excluded services .

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- <u>Copayments</u> are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- This plan may encourage you to use in-network **providers** by charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-of-Network Provider	Limitations & Exceptions
	Primary care visit to treat an injury or illness	\$25 copay /visit	50% coinsurance	General or Family Practitioners, Internists, or Pediatricians are considered primary care physicians.
If you visit a health care provider's office or clinic	Specialist visit	\$50 copay /visit	50% coinsurance	Some specialist services such as cardiology require authorization.
	Other practitioner office visit	\$25 copay /visit for Chiropractic Care	50% coinsurance	Chiropractic care limited to a combined 30 visits per benefit year (combined with outpatient physical/occupational therapy).
	Preventive care/screening/immunization	No charge	Not covered	None
If you have a toot	Diagnostic test (x-ray, blood work)	\$0 copay for blood work. 20% coinsurance for x-ray.	50% coinsurance	Deductible and coinsurance apply to genetic and infertility lab tests.
If you have a test	Imaging (CT/PET scans, MRIs)	20% coinsurance	50% coinsurance	Prior Authorization is required. If no prior authorization, services are not covered.

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Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-of-Network Provider	Limitations & Exceptions
	Generic drugs	\$10 copay	Not covered	• Copays shown are for up to a 30-
If you need drugs to	Preferred brand drugs	\$80 copay	Not covered	day supply
treat your illness or condition	Non-preferred brand drugs	\$160 copay	Not covered	Up to 90 day supply available by mail order or retail for 2 copays
More information about <u>prescription</u> drug coverage is available at <u>www.healthplus.org/pharmacycenter</u>	Specialty/Fertility drugs	25%; maximum \$250 copay	Not covered	 Some drugs require prior authorization and/or mandatory 90 day supply and mandatory specialty pharmacy. Call HealthPlus at 1-888-212-1512 or visit pharmacy website for a list of specialty drug pharmacies.
If you have	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	50% coinsurance	Some services require Prior Authorization. You will have to pay a
outpatient surgery	Physician/surgeon fees	20% coinsurance	50% coinsurance	penalty payment of up to \$500 if a service is not properly authorized.
If you need	Emergency room services	20% coinsurance	20% coinsurance	In-network deductible, coinsurance
immediate medical attention	Emergency medical transportation	20% coinsurance	20% coinsurance	and/or copays apply to Out-of-
	Urgent care	20% coinsurance	20% coinsurance	Network services, plus any excess charges.
	Facility fee (e.g. hospital room)	20% coinsurance	50% coinsurance	All elective inpatient services require
If you have a hospital stay	Physician/surgeon fee	20% coinsurance	50% coinsurance	Prior Authorization. You will have to pay a penalty payment of up to \$500 if a service is not properly authorized

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Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-of-Network Provider	Limitations & Exceptions
If you have mental	Mental/Behavioral health outpatient services	\$25 copay/visit; 20% coinsurance for other outpatient services	50% coinsurance	Some outpatient services require Prior Authorization. All elective inpatient
If you have mental health, behavioral	Mental/Behavioral health inpatient services	20% coinsurance	50% coinsurance	services require prior authorization. You will have to pay a penalty
health, or substance abuse needs	Substance use disorder outpatient services	\$25 copay/visit; 20% coinsurance for other outpatient services	50% coinsurance	payment of up to \$500 if a service is not properly authorized.
	Substance use disorder inpatient services	20% coinsurance	50% coinsurance	
If you are pregnant	Prenatal and postnatal care	20% coinsurance	50% coinsurance	\$0 copay for In-Network preventive
ii you are pregnant	Delivery and all inpatient services	20% coinsurance	50% coinsurance	prenatal labs.
	Home health care	20% coinsurance	50% coinsurance	Prior authorization required for over 30 visits.
If you need help	Rehabilitation services	20% coinsurance	50% coinsurance	Outpatient Speech Therapy limited to 30 visits per benefit year. Outpatient Physical, Occupational Therapy and Chiropractic visits have a combined limit of 30 visits per benefit year.
recovering or have other special health needs	Habilitation services	20% coinsurance for outpatient services	50% coinsurance	Prior authorization required for all services. Autism coverage limited up to age 19 (date of birth).
	Skilled nursing care	20% coinsurance	50% coinsurance	Limited to 45 days per benefit year.
	Durable medical equipment	20% coinsurance	Not covered	Prior authorization required for items \$1,500 and over and selected items under \$1,500.
	Hospice service	20% coinsurance	50% coinsurance	Inpatient limited to 45 days per benefit year.
If your child needs	Eye exam	\$25 copay	Not covered	Dental and vision services to age 19.
dental or eye care	Glasses	20% coinsurance	Not covered	Dental and vision services to age 19.

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ommon Iedical Event	Services You May Need	Your Cost If You Use an In-Network Provider	1 100 00	Limitations & Exceptions
	Dental check-up	\$25 copay	Not covered	

Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)		
Acupuncture	Long-term care	Private-duty nursing
Cosmetic surgery	 Non-emergency care when traveling 	 Routine foot care
Hearing aids	outside the U.S.	 Weight loss programs (unless medically necessary and authorized)

Other Covered Services (This isn't a complete services.)	list. Check your policy or plan document for other	covered services and your costs for these
 Bariatric surgery (Must meet medical necessity criteria) Chiropractic care Dental care (pediatric to age 19) 	 Emergency care when traveling outside the U.S. Infertility treatment (limited to diagnosis and treatment of underlying medical condition with prior authorization) 	 Podiatry services Routine eye care (pediatric to age 19)

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Your Rights to Continue Coverage:

Federal and State laws may provide protections that allow you to keep this health insurance coverage as long as you pay your **premium**. There are exceptions, however, such as if:

- You commit fraud
- The insurer stops offering services in the State
- You move outside the coverage area

For more information on your rights to continue coverage, contact the insurer at 1-888-212-1512. You may also contact your state insurance department at 1-877-999-6442

Your Grievance and Appeal Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to <u>appeal</u> or file a <u>grievance</u>. For questions about your rights, this notice, or assistance, you can contact: HealthPlus Insurance Company at 1-888-212-1512, by mail at 2050 S. Linden Road, P.O. Box 1700, Flint, Michigan, 48501-1700 or by email at <u>memsat@healthplus.org</u>. If you are not satisfied with the HealthPlus response to your appeal or grievance, you may contact the Michigan Office of Financial and Insurance Regulation, Healthcare Appeals Section, Office of General Counsel, P.O. Box 30220, Lansing, Michigan 48909-7720 or call 1-517-373-0220 or 1-877-999-6442 (toll free).

Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." **Coverage under this** plan <u>qualifies</u> as minimum essential coverage.

Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). The health coverage of this plan does meet the minimum value standard for the benefits the plan provides.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-888-212-1512.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-888-212-1512.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码1-888-212-1512.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-888-212-1512.

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About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having a baby

(normal delivery)

- Amount owed to providers: \$7,540
- Plan pays \$4,440
- **Patient pays** \$3,100

Sample care costs:

Total	\$7,540
Vaccines, other preventive	\$40
Radiology	\$200
Prescriptions	\$200
Laboratory tests	\$500
Anesthesia	\$900
Hospital charges (baby)	\$900
Routine obstetric care	\$2,100
Hospital charges (mother)	\$2,700

Patient pays:

Deductibles	\$2,500
Copays	\$20
Coinsurance	\$430
Limits or exclusions	\$150
Total	\$3,100

Managing type 2 diabetes

Coverage Period: 01/01/15-12/31/15

(routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays \$2,330
- **Patient pays** \$3,070

Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

Patient pays:

Tatient pays.	
Deductibles	\$2,500
Copays	\$340
Coinsurance	\$150
Limits or exclusions	\$80
Total	\$3,070

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Questions and answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include <u>premiums</u>.
- Sample care costs are based on national averages supplied by the U.S.
 Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from innetwork <u>providers</u>. If the patient had received care from out-of-network <u>providers</u>, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

No. Coverage Examples are <u>not</u> cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your <u>providers</u> charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

Yes. An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-of-pocket costs, such as copayments, deductibles, and coinsurance. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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