ESO-031--G-008 RA46.9 Dec-72.8 gl290.3 gb-40.8 10 HI4PI-b16.2arcmin LAB-b1.0deg Tb (K) 5 0 200 -400 -300 -100 0 100 -200 300 400 0.4 0.2 0.0 -0.2 0 100 -200 200 -300 -100300 -400400 10.0 Tb (K) 7.5 5.0 -40 -20 0 20 40 VLSR (km/s)