

Gravitational Waves from Topological Defects in the Early Universe

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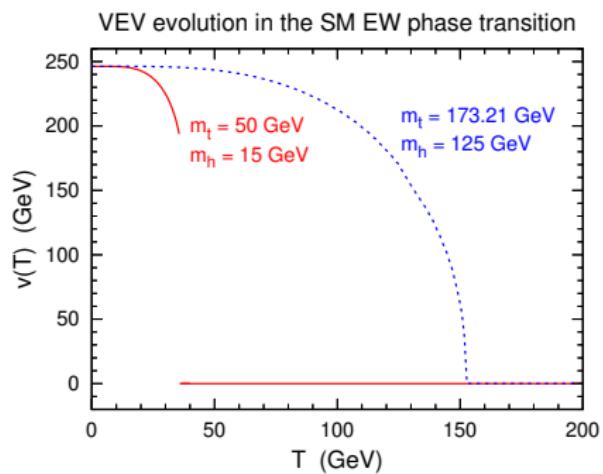
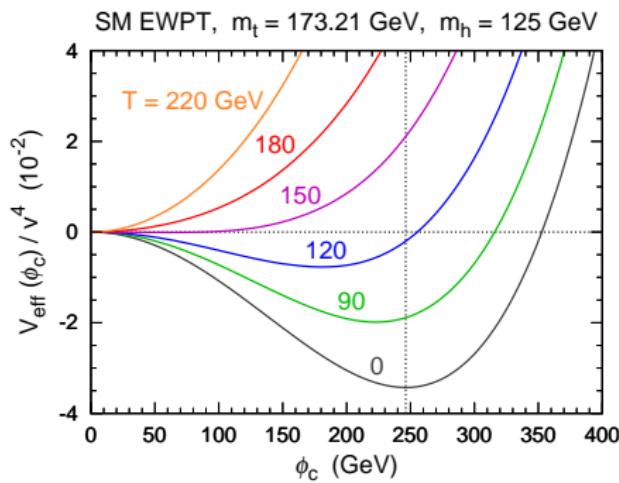
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Cosmological Phase Transition

Spontaneously broken symmetries in field theories can be restored at sufficiently high temperatures due to thermal corrections to the effective potential

In the history of the Universe, spontaneous symmetry breaking manifests itself as a cosmological phase transition



Topological Defects

 Consider that **some scalar fields** acquire nonzero **vacuum expectation values** (VEVs), which **break** a **symmetry group** G to a **subgroup** H

 The **manifold** consisting of all **degenerate vacua** is the **coset space** G/H

 The **topology** of the **vacuum manifold** G/H can be characterized by its **n -th homotopy group** $\pi_n(G/H)$, which are formed by the homotopy classes of the mappings from an **n -dimensional sphere** S^n into G/H

 A **nontrivial** $\pi_n(G/H)$ leads **topological defects** [Kibble, J. Phys. A9 (1976) 1387]



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Nontrivial $\pi_0(G/H)$: two or more disconnected components

Domain walls (2-dim topological defects)



$$\pi_0(G/H) = \mathbb{Z}_2$$

Nontrivial $\pi_1(G/H)$: incontractable closed paths



Cosmic strings (1-dim topological defects)

Nontrivial $\pi_2(G/H)$: incontractable spheres



$$\pi_1(G/H) = \mathbb{Z}$$

Monopoles (0-dim topological defects)

Cosmic Strings from U(1) Gauge Symmetry Breaking

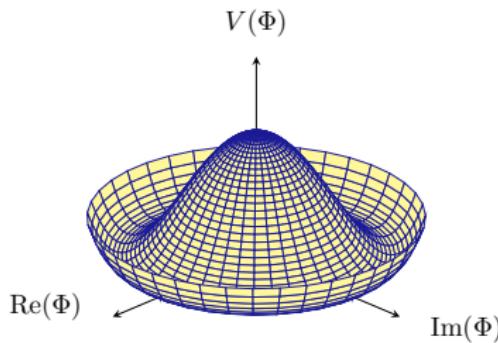
💡 Consider the **Abelian Higgs model** with a **complex scalar field** Φ

$$\mathcal{L} = (D^\mu \Phi)^\dagger (D_\mu \Phi) - V(\Phi) - \frac{1}{4} X^{\mu\nu} X_{\mu\nu}, \quad V(\Phi) = -\mu_\phi^2 |\Phi|^2 + \frac{\lambda_\Phi}{2} |\Phi|^4$$

💡 The covariant derivative of Φ is $D_\mu \Phi = (\partial_\mu - iq_\Phi g_X X_\mu) \Phi$

💡 The field strength tensor of the **U(1)_X gauge field** X^μ is $X_{\mu\nu} = \partial_\mu X_\nu - \partial_\nu X_\mu$

🧸 Assume a **Mexican-hat potential** $V(\Phi)$ with **degenerate vacua** $\langle \Phi \rangle = v_\Phi e^{i\varphi} / \sqrt{2}$



Cosmic Strings from U(1) Gauge Symmetry Breaking

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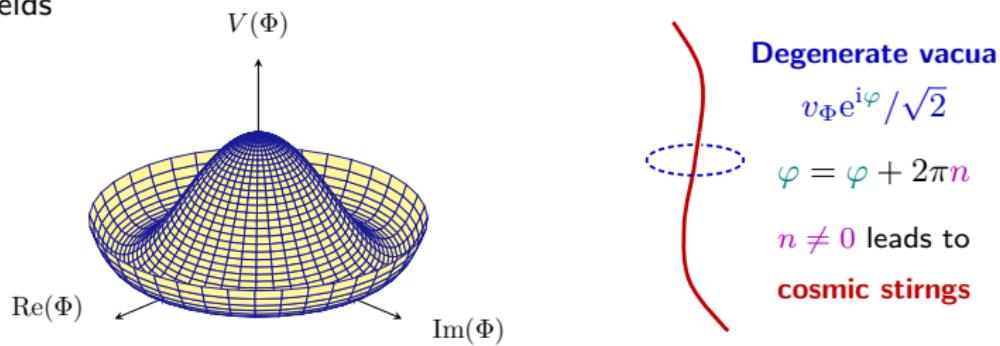
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 The field strength tensor of the **$U(1)_X$ gauge field** X^μ is $X_{\mu\nu} = \partial_\mu X_\nu - \partial_\nu X_\mu$

 Assume a **Mexican-hat potential** $V(\Phi)$ with **degenerate vacua** $\langle \Phi \rangle = v_\Phi e^{i\varphi} / \sqrt{2}$

 The **spontaneous breaking** of the **$U(1)_X$ gauge symmetry** in the early Universe would induce **cosmic strings**, which are concentrated with energies of the scalar and gauge fields



Cosmic String Tension

 A **network of cosmic strings** would be formed in the early universe after the spontaneous breaking of the $U(1)_X$ gauge symmetry

 The **tension** of **cosmic string μ** (energy per unit length) can be estimated as

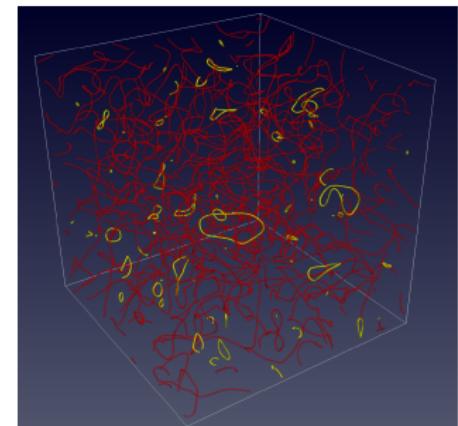
$$\mu \simeq \begin{cases} 1.19\pi v_\Phi^2 b^{-0.195}, & 0.01 < b < 100, \\ \frac{2.4\pi v_\Phi^2}{\ln b}, & b > 100, \end{cases}$$

$$b \equiv \frac{2q_\Phi^2 g_X^2}{\lambda_\Phi}$$

[Hill, Hodges, Turner, PRD 37, 263 (1988)]

 As $\mu \propto v_\Phi^2$, a **high symmetry-breaking scale** v_Φ would lead to cosmic strings with **high tension**

 Denoting G as the **Newtonian constant of gravitation**, the **dimensionless quantity** $G\mu$ is commonly used to describe the **tension** of cosmic strings



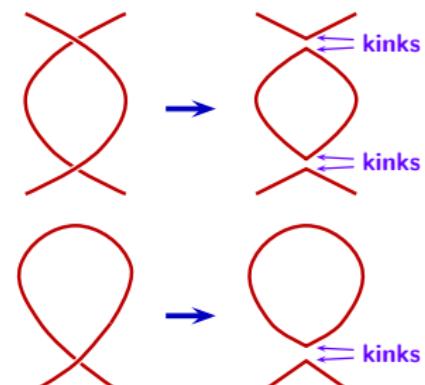
[Kitajima, Nakayama, 2212.13573, JHEP]

Gravitational Waves from Cosmic Strings

According to the analysis of string dynamics, the intersections of long strings could produce closed loops, whose size is smaller than the Hubble radius

Cosmic string loops could further fragment into smaller loops or reconnect to long strings

Loops typically have localized features called “cusps” and “kinks”



Gravitational Waves from Cosmic Strings

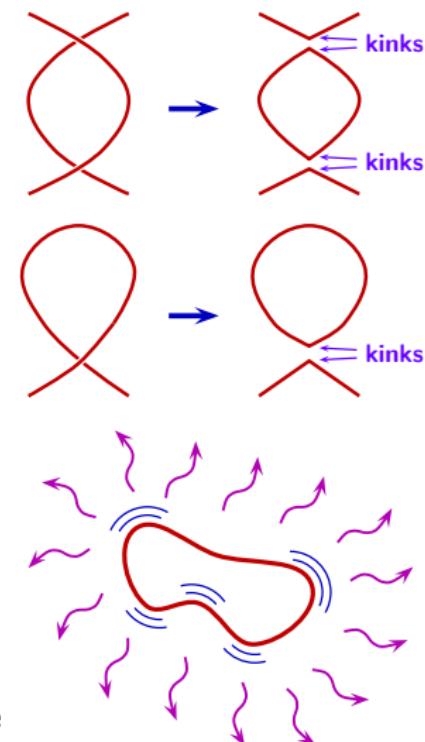
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Loops typically have localized features called "**cusps**" and "**kinks**"

The **relativistic oscillations** of the **loops** due to their **tension** emit **Gravitational Waves (GWs)**, and the loops would **shrink** because of **energy loss**

Moreover, the **cusps** and **kinks** propagating along the loops could produce **GW bursts** [Damour & Vilenkin, gr-qc/0004075, PRL]



Power of Gravitational Radiation

At the **emission time** t_e , a **cosmic string loop** of **length** L emits GWs with **frequencies** $f_e = \frac{2\pi}{L}$

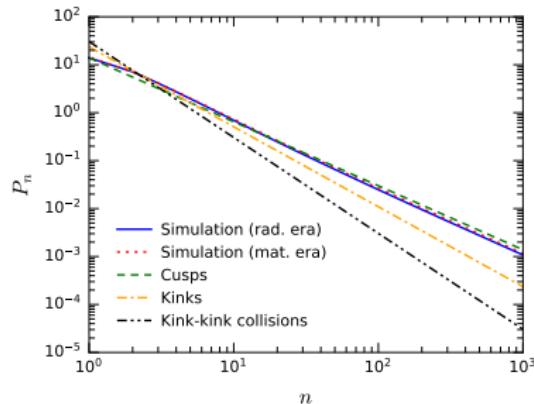
n = 1, 2, 3, … denotes the **harmonic modes** of the loop oscillation

Denoting P_n as the **power of gravitational radiation** for the harmonic mode n in units of $G\mu^2$, the total power is given by $P = G\mu^2 \sum_n P_n$

According to the **simulation** of **smoothed cosmic string loops** [Blanco-Pillado & Olum, 1709.02693, PRD], P_n for loops in the **radiation** and **matter** eras are obtained

The **total dimensionless power** $\Gamma = \sum_n P_n$ is estimated to be ~ 50

For comparison, analytic studies show that $P_n \simeq \frac{\Gamma}{\zeta(q)n^q}$ with $q = \frac{4}{3}, \frac{5}{3}, 2$ for **cusps**, **kinks**, and **kink-kink collisions**



Stochastic GW Background Induced by Cosmic Strings

 The **energy** of **cosmic strings** is converted into the **energy** of **GWs**, and an **stochastic GW background (SGWB)** is formed due to **incoherent superposition**

 The **SGWB energy density** ρ_{GW} per unit frequency at the present is

$$\frac{d\rho_{\text{GW}}}{df} = G\mu^2 \int_0^{z_*} \frac{1}{H(z)(1+z)^6} \sum_n \frac{2nP_n}{f^2} n\left(\frac{2n}{f(1+z)}, t(z)\right) dz$$

 $n(L, t) dL$ is the **number density** of **cosmic string loops** at cosmic time t in length interval dL

 $H(z)$ is the Hubble rate and z_* is the redshift where the GW emissions start

 The **SGWB spectrum** is often represented by

$$\Omega_{\text{GW}}(f) = \frac{1}{\rho_c} \frac{d\rho_{\text{GW}}}{d \ln f} = \frac{f}{\rho_c} \frac{d\rho_{\text{GW}}}{df}$$

 $\rho_c = \frac{3H_0^2}{8\pi G}$ is the critical density

Loop Number Density: BOS model

- 🍇 There are various approaches for modeling the **loop number density** $n(L, t)$
- 🍎 The **BOS model** [Blanco-Pillado, Olum & Shlaer, 1309.6637, PRD] extrapolates the loop production function found in simulations of Nambu-Goto strings
- 🍏 The loop number densities produced in the **radiation** and **matter** era, and that **produced in the radiation era and still surviving in the matter era** are given by

$$n_r(L, t) \simeq \frac{0.18 \theta(0.1t - L)}{t^4(\gamma + \gamma_d)^{5/2}}$$

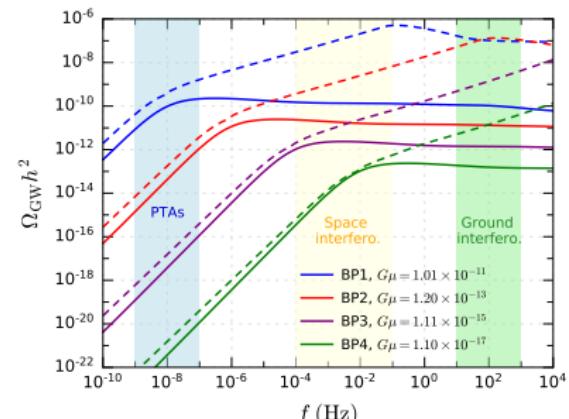
$$n_m(L, t) \simeq \frac{(0.27 - 0.45\gamma^{0.31}) \theta(0.18t - L)}{t^4(\gamma + \gamma_d)^2}$$

$$n_{r \rightarrow m}(L, t) \simeq \frac{0.18 t_{\text{eq}}^{1/2} \theta(0.09t_{\text{eq}} - \gamma_d t - L)}{t^{9/2}(\gamma + \gamma_d)^{5/2}}$$

➊ $\gamma \equiv \frac{L}{t}$ is a **dimensionless variable**

➋ $\gamma_d = -\frac{dL}{dt} \simeq \Gamma G \mu$ is the **loop shrinking rate**

➌ $t_{\text{eq}} = 51.1 \pm 0.8$ kyr is the cosmic time at the **matter-radiation equality**



BOS model: solid lines

Loop Number Density: LRS model

🍆 The **LRS model** [Lorenz, Ringeval & Sakellariadou, 1006.0931, JCAP] takes into account the **gravitational backreaction effect**, which prevents loop production below a certain scale $\gamma_c \simeq 20(G\mu)^{1+2x}$ [Polchinski & Rocha, gr-qc/0702055, PRD]

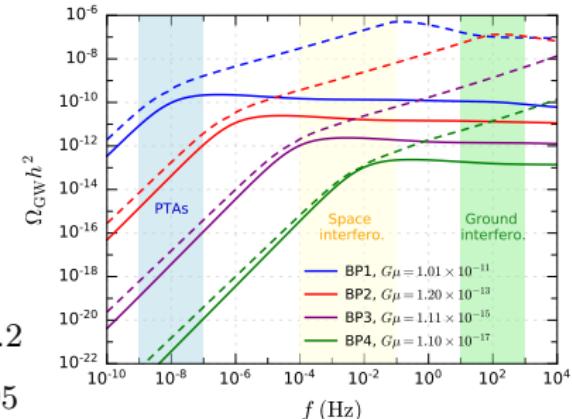
$$n(L, t) \simeq \begin{cases} \frac{C}{t^4(\gamma + \gamma_d)^{3-2x}}, & \gamma_d < \gamma \\ \frac{(3\nu - 2\chi - 1)C}{2t^4(1-\chi)\gamma_d\gamma^{2(1-x)}}, & \gamma_c < \gamma < \gamma_d \\ \frac{(3\nu - 2\chi - 1)C}{2t^4(1-\chi)\gamma_d\gamma_c^{2(1-x)}}, & \gamma < \gamma_c \end{cases}$$

🥦 **Radiation era:** $\nu = 1/2$, $C \simeq 0.0796$, $\chi \simeq 0.2$

🥦 **Matter era:** $\nu = 3/2$, $C \simeq 0.0157$, $\chi \simeq 0.295$

🥦 Smaller $G\mu$ means smaller GW emission power, and loops could survive longer, leading to **more smaller loops** radiating at **higher f**

🥦 The **LRS model** gives a **very high number density** of **small loops** in the $\gamma < \gamma_c$ regime, which significantly contribute to **high frequency GWs**



LRS model: dashed lines

GW Experiments

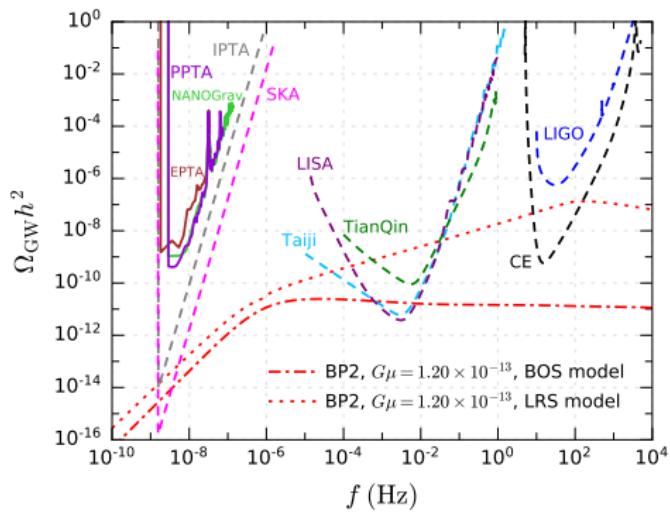
The **SGWB** originating from **cosmic strings** covers an **extremely broad range** of **GW frequencies**

It is an interesting target for various types of **GW experiments**

Pulsar timing arrays (PTAs) in 10^{-9} – 10^{-7} Hz: **NANOGrav**, **PPTA**, **EPTA**, **CPTA**, **IPTA**, **SKA**, ...

Ground-based interferometers in 10 – 10^3 Hz: **LIGO**, **Virgo**, **KAGRA**, **CE**, **ET**, ...

Space-borne interferometers in 10^{-4} – 10^{-1} Hz: **LISA**, **TianQin**, **Taiji**, **BBO**, **DECIGO**, ...



Constraints and Sensitivity of GW Experiments

🦁 We study the **SGWB** from **cosmic strings** generated in a UV-complete model for **pNGB dark matter** (DM) with a **spontaneously broken $U(1)_X$ gauge symmetry** [DY Liu, CF Cai, XM Jiang, **ZHY**, HH Zhang, 2208.06653, JHEP]

🐯 The DM candidate in this model can **naturally evade direct detection bounds**

🐮 The **bound** on the **DM lifetime** implies a symmetry-breaking scale $v_\Phi > 10^9$ GeV

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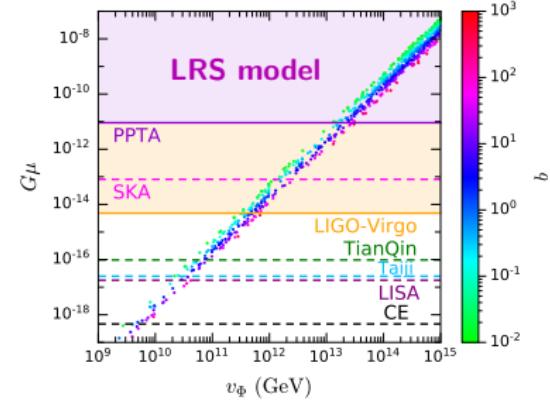
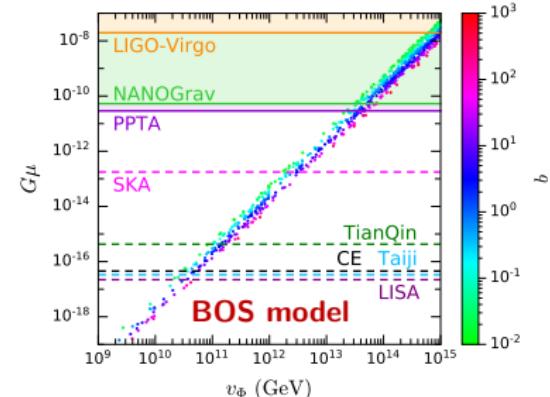
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The **bound** on the **DM lifetime** implies a symmetry-breaking scale $v_\Phi > 10^9$ GeV

Constraints from **LIGO-Virgo**, **NANOGrav**, and **PPTA** have excluded the parameter points with $v_\Phi \gtrsim 5 \times 10^{13}$ (7×10^{11}) GeV

The future experiment **LISA** (**CE**) can probe v_Φ down to $\sim 2 \times 10^{10}$ (5×10^9) GeV assuming the **BOS** (**LRS**) model for loop production

[ZY Qiu, **ZHY**, 2304.02506, CPC]



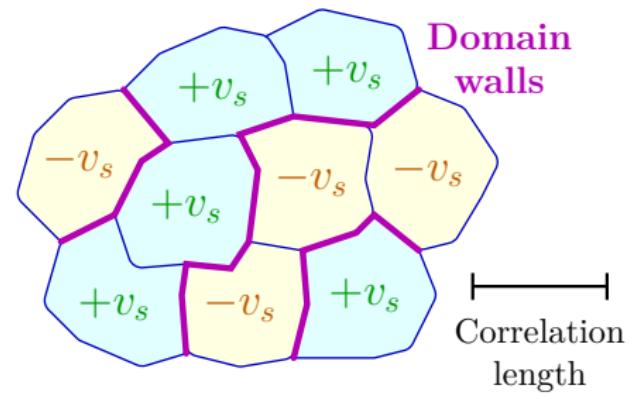
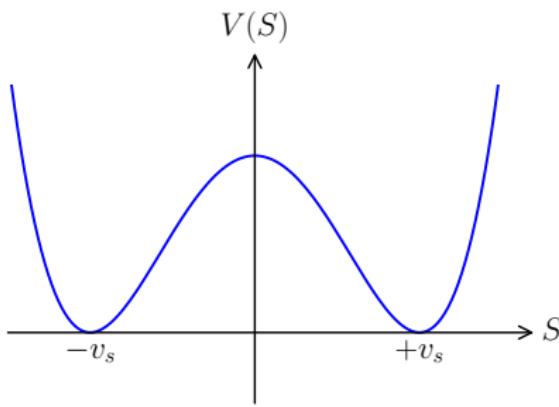
Domain Walls

⌚ Domain walls (DWs) are two-dimensional topological defects which could be formed when a discrete symmetry of the scalar potential is spontaneously broken in the early universe

-II They are boundaries separating spatial regions with different degenerate vacua

🚫 Stable DWs are thought to be a cosmological problem [Zeldovich, Kobzarev, Okun, Zh.Eksp.Teor.Fiz. 67 (1974) 3]

⚠ As the universe expands, the DW energy density decreases slower than radiation and matter, and would soon dominate the total energy density



Collapsing Domain Walls



It is **allowed** if **DWs collapse** at a very early epoch [Vilenkin, PRD 23 (1981) 852; Gelmini, Gleiser, Kolb, PRD 39 (1989) 1558; Larsson, Sarkar, White, hep-ph/9608319, PRD]



Such **unstable DWs** can be realized if the discrete symmetry is **explicitly broken** by a **small potential term** that gives an **energy bias** among the minima of the potential



The bias induces a **volume pressure force** acting on the DWs that leads to their collapse



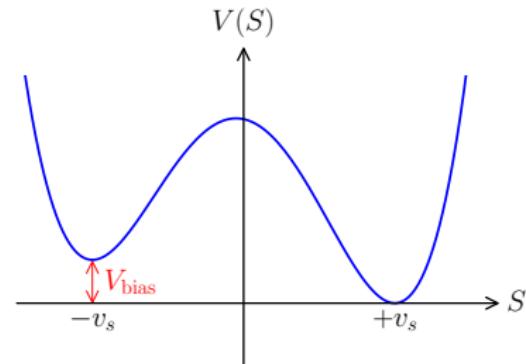
Collapsing DWs significantly produce **GWs** [Preskill et al., NPB 363 (1991) 207; Gleiser, Roberts, astro-ph/9807260, PRL; Hiramatsu, Kawasaki, Saikawa, 1002.1555, JCAP]



A **SGWB** would be formed and remain to the present time



It could be the one probed by **recent PTA experiments**

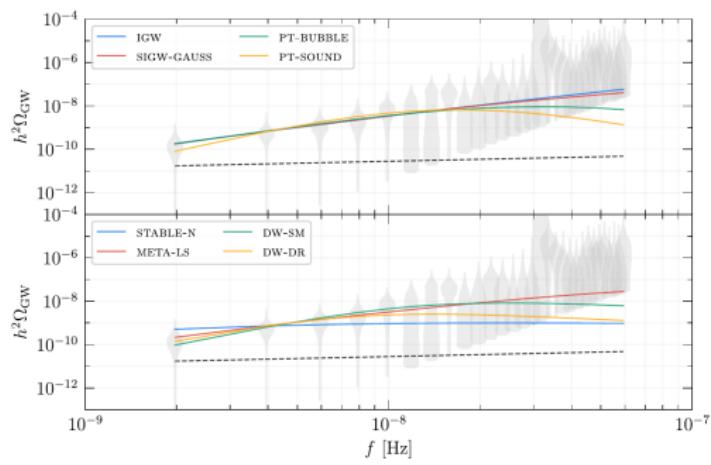
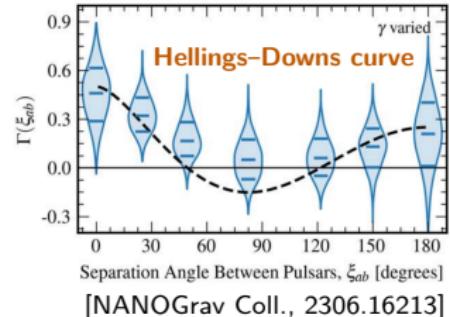


Strong Evidence for a nHz SGWB from PTAs

On June 29, four **pulsar timing array (PTA)** collaborations **NANOGrav** [2306.16213, 2306.16219, ApJL], **CPTA** [2306.16216, RAA], **PPTA** [2306.16215, ApJL], and **EPTA** [2306.16214, 2306.16227] reported **strong evidence** for a **nHz stochastic gravitational wave background (SGWB)** with expected **Hellings-Downs correlations**

Potential **gravitational wave (GW) sources** include

- Supermassive black hole binaries
- Inflation
- Scalar-induced GWs
- First-order phase transitions
- Cosmic strings
- Collapsing domain walls



Spontaneously Broken Z_2 Symmetry

🌈 We consider a **real scalar field S** with a **spontaneously broken Z_2 -symmetric potential** as the **origin** of **DWs** [Zhang, Cai, Su, Wang, **ZHY**, Zhang, 2307.11495, PRD]

☂️ The **Lagrangian** is $\mathcal{L} = \frac{1}{2}(\partial_\mu S)\partial^\mu S + (D_\mu H)^\dagger D^\mu H - V_{Z_2}$ with a **Z_2 -conserving potential** $V_{Z_2} = -\frac{1}{2}\mu_S^2 S^2 + \mu_H^2 |H|^2 + \frac{1}{4}\lambda_S S^4 + \lambda_H |H|^4 + \frac{1}{2}\lambda_{HS}|H|^2 S^2$

💧 H is the **standard model (SM) Higgs field** and S is a **SM gauge singlet**

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$$\text{potential } V_{Z_2} = -\frac{1}{2}\mu_S^2 S^2 + \mu_H^2 |H|^2 + \frac{1}{4}\lambda_S S^4 + \lambda_H |H|^4 + \frac{1}{2}\lambda_{HS} |H|^2 S^2$$

 H is the **standard model (SM)** Higgs field and S is a **SM gauge singlet**

 \mathcal{L} respects a **Z_2 symmetry** $S \rightarrow -S$, which is **spontaneously broken** as S gains nonzero **vacuum expectation values (VEVs)** $\langle S \rangle = \pm v_s$ with $v_s \gg v$ for $\mu_S^2 > 0$

Assuming $\mu_H^2 > 0$ and $\lambda_{HS} < 0$, the effective quadratic parameter for H becomes

$\mu_H^2 + \lambda_{HS} v_s^2 / 2 < 0$, resulting in a nonzero Higgs VEV $\langle H \rangle = \frac{1}{\sqrt{2}} \begin{pmatrix} 0 \\ v \end{pmatrix}$ and the

spontaneous breaking of the electroweak symmetry

 The electroweak and Z_2 symmetries would be restored at sufficiently high temperatures due to thermal corrections to the scalar potential

Kink Solution

 A DW corresponds to a **kink solution** of the equation of motion for S given by

$$S(z) = v_s \tanh \frac{z}{\delta}, \quad \delta \equiv \left(\sqrt{\frac{\lambda_S}{2}} v_s \right)^{-1}$$

 $S(z)$ approaches the **VEVs** $\pm v_s$ for $z \rightarrow \pm\infty$

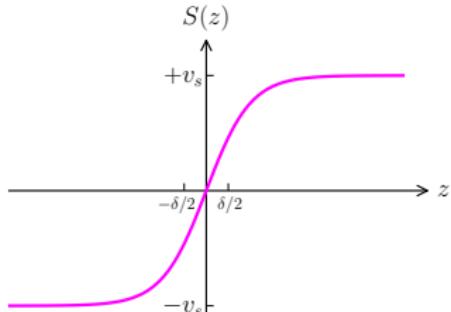
 The DW locates at $z = 0$ with a **thickness** δ , separating **two domains** with $S(z) > 0$ and $S(z) < 0$

 The **DW tension (surface energy density)** is $\sigma = \frac{4}{3} \sqrt{\frac{\lambda_S}{2}} v_s^3$

 Inside each domain with $S \sim S(\pm\infty) \approx \pm v_s$, we can parametrize H and S as

$$H(x) = \frac{1}{\sqrt{2}} \begin{pmatrix} 0 \\ v + h(x) \end{pmatrix}, \quad S(x) = \pm v_s + s(x)$$

 Assuming $v_s \gg v$ and $\lambda_{HS}^2 \ll \lambda_H \lambda_S$, the masses squared of the **scalar bosons** h and s are given by $m_h^2 \approx 2\lambda_H v^2$ and $m_s^2 \approx 2\lambda_S v_s^2$



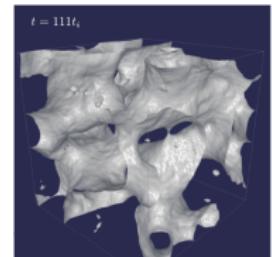
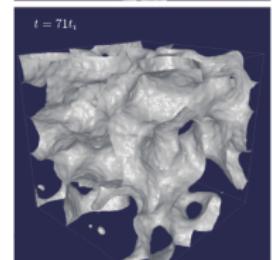
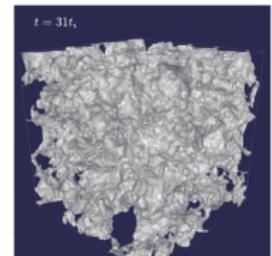
Evolution of Domain Walls

After DWs are created, their **tension** σ acts to **stretch** them up to the **horizon size** if the **friction** is **negligible**, and they would enter the **scaling regime** with **energy density** $\rho_{\text{DW}} = \frac{\mathcal{A}\sigma}{t}$

 $\mathcal{A} \approx 0.8 \pm 0.1$ is a numerical factor given by lattice simulation

 $\rho_{\text{DW}} \propto t^{-1}$ implies that DWs are **diluted more slowly** than **radiation** and **matter**

 If DWs are **stable**, they would soon **dominate** the evolution of the universe, **conflicting** with cosmological observations



[Hiramatsu et al., 1002.1555]

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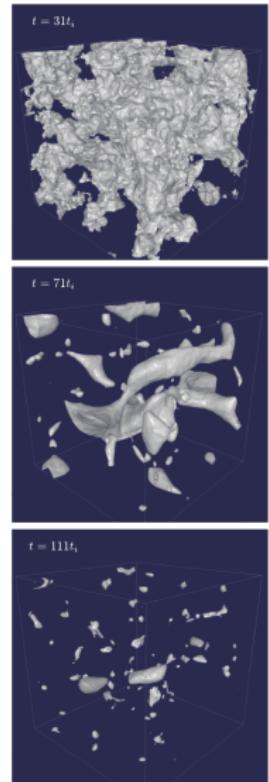
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This can be evaded by an **explicit Z_2 -violating potential**

$$V_{\text{vio}} = \kappa_1 S + \frac{\kappa_3}{6} S^3$$

V_{vio} generates a **small energy bias** between the two minima

It leads to a **volume pressure force** acting on the DWs, making the **DWs collapse** and the **false vacuum domains shrink**



[Hiramatsu et al., 1002.1555]

Energy Bias and Annihilation Temperature

With the **Z_2 -violating potential** V_{vio} , the **two minima** are shifted to

$$v_{\pm} \approx \pm v_s - \delta, \text{ with } \delta \approx \frac{2\kappa_1 + \kappa_3 v_s^2}{4\lambda_S v_s^2}$$

The **energy bias** between **the minima** is

$$V_{\text{bias}} = V(v_-) - V(v_+) = \frac{4}{3}\epsilon v_s^4$$

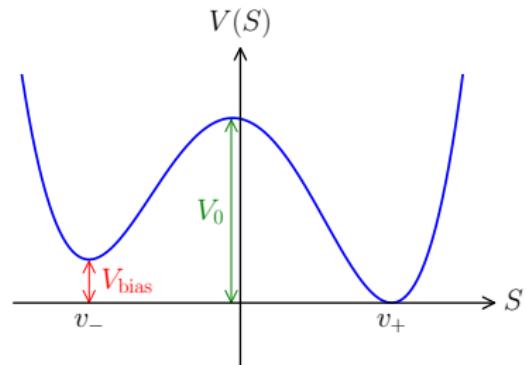
$$\epsilon = -\frac{6\kappa_1 + \kappa_3 v_s^2}{4v_s^3}$$

DWs collapse when the **pressure force** becomes **larger** than the **tension force**

Consequently, the **annihilation temperature** of DWs can be estimated as

$$T_{\text{ann}} = 34.1 \text{ MeV } \mathcal{A}^{-1/2} \left[\frac{g_* (T_{\text{ann}})}{10} \right]^{-1/4} \left(\frac{\sigma}{\text{TeV}^3} \right)^{-1/2} \left(\frac{V_{\text{bias}}}{\text{MeV}^4} \right)^{1/2}$$

$$= 76.3 \text{ MeV } \mathcal{A}^{-1/2} \left[\frac{g_* (T_{\text{ann}})}{10} \right]^{-1/4} \left(\frac{0.2}{\lambda_S} \frac{m_s}{10^5 \text{ GeV}} \frac{\epsilon}{10^{-26}} \right)^{1/2}$$



SGWB Spectrum from Collapsing DWs

The **SGWB spectrum** is commonly characterized by $\Omega_{\text{GW}}(f) = \frac{f}{\rho_c} \frac{\text{d}\rho_{\text{GW}}}{\text{d}f}$

ρ_{GW} is the **GW energy density**, and ρ_c is the critical energy density

The SGWB from **collapsing DWs** can be estimated by **numerical simulations**

[Hiramatsu, Kawasaki, Saikawa, 1002.1555, 1309.5001, JCAP]

The **present SGWB spectrum** induced by collapsing DWs can be evaluated by

$$\Omega_{\text{GW}}(f) h^2 = \Omega_{\text{GW}}^{\text{peak}} h^2 \times \begin{cases} \left(\frac{f}{f_{\text{peak}}}\right)^3, & f < f_{\text{peak}} \\ \frac{f_{\text{peak}}}{f}, & f > f_{\text{peak}} \end{cases}$$

$$\Omega_{\text{GW}}^{\text{peak}} h^2 = 7.2 \times 10^{-18} \tilde{\epsilon}_{\text{GW}} \mathcal{A}^2 \left[\frac{g_{*s}(T_{\text{ann}})}{10} \right]^{-4/3} \left(\frac{\sigma}{1 \text{ TeV}^3} \right)^2 \left(\frac{T_{\text{ann}}}{10 \text{ MeV}} \right)^{-4}$$

$$f_{\text{peak}} = 1.1 \times 10^{-9} \text{ Hz} \left[\frac{g_*(T_{\text{ann}})}{10} \right]^{1/2} \left[\frac{g_{*s}(T_{\text{ann}})}{10} \right]^{-1/3} \frac{T_{\text{ann}}}{10 \text{ MeV}}$$

$\tilde{\epsilon}_{\text{GW}} = 0.7 \pm 0.4$ is derived from numerical simulation

Comparison [Z Zhang, CF Cai, YH Su, SY Wang, ZHY, HH Zhang, 2307.11495, PRD]

Comparing with the **reconstructed posterior distributions** for the NANOGrav and EPTA nHz GW signals, we find that the **GW spectra** from **collapsing DWs** with $\sigma \sim \mathcal{O}(10^{17}) \text{ GeV}^3$ and $V_{\text{bias}} \sim \mathcal{O}(10^{-3}) \text{ GeV}^4$ can explain the **PTA observations**

The **brown region** is excluded by the requirement that **DWs** should **annihilate before** they **dominate** the universe

$$\sigma = 10^{17} \text{ GeV}^3$$

$$V_{\text{bias}} = 3.3 \times 10^{-3} \text{ GeV}^4$$

$$\lambda_S = 0.2$$

$$v_s = 6.2 \times 10^5 \text{ GeV}$$

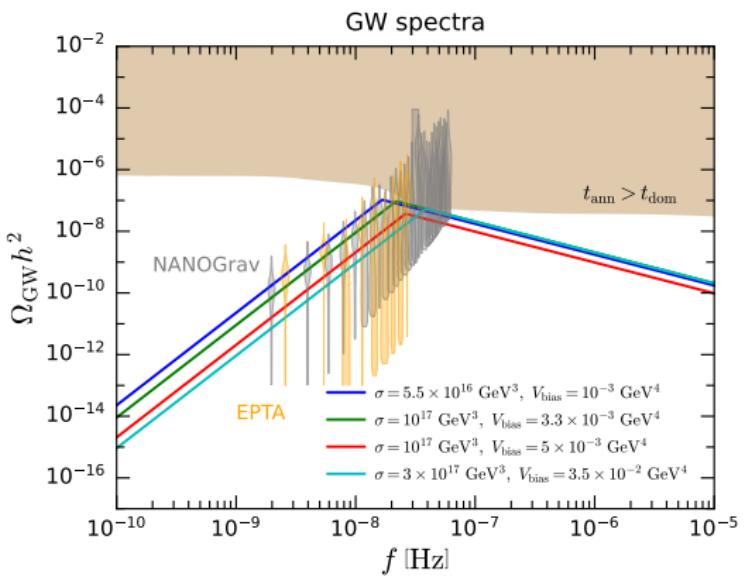
$$m_s = 3.9 \times 10^5 \text{ GeV}$$

$$\epsilon = 3.6 \times 10^{-26}$$

$$T_{\text{ann}} = 163 \text{ MeV}$$

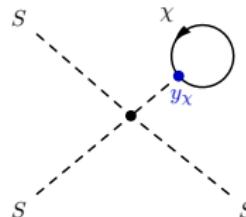
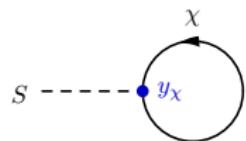
$$\Omega_{\text{GW}}^{\text{peak}} h^2 = 9.4 \times 10^{-8}$$

$$f_{\text{peak}} = 2.2 \times 10^{-8} \text{ Hz}$$



Loop-induced Z_2 -violating Potential

- 🐰 The PTA GW signals require a **very small** $V_{\text{bias}} = \frac{4}{3}\epsilon v_s^4$ with $\epsilon \sim \mathcal{O}(10^{-26})$
 - 🐿 We consider V_{bias} to be generated by **loops** of **fermionic dark matter** through a **feeble Yukawa interaction** with the **scalar field** S
 - 🐿 Assume a Lagrangian with a **Dirac fermion field** χ : $\mathcal{L}_\chi = \bar{\chi}(i\cancel{\partial} - m_\chi)\chi + y_\chi S \bar{\chi}\chi$
 - 🦔 y_χ is the **Yukawa coupling constant**
 - 🐻 When S acquires the VEV $\langle S \rangle \approx \pm v_s$, the χ mass becomes $m_\chi^{(\pm)} \approx m_\chi \mp y_\chi v_s$
 - 🐿 We assume that $m_\chi \gg y_\chi v_s$, so $m_\chi^{(\pm)} \approx m_\chi$ holds
 - 🐿 The **$S \bar{\chi}\chi$ coupling explicitly breaks the Z_2 symmetry** even if the **tree-level Z_2 -violating potential is absent**
 - 🐙 The ϵ value at the m_s scale induced by χ loops is
- $$\epsilon(m_s) \approx \frac{3\lambda_S^{3/2} y_\chi}{\sqrt{2}\pi^2} \left(\frac{m_\chi}{m_s} \right)^3 \ln \frac{\Lambda_{\text{UV}}}{m_s}$$
- Here, $\epsilon = 0$ at a **UV scale** Λ_{UV} is assumed



Freeze-in Dark Matter

After reheating, s bosons are in **thermal equilibrium** with the SM particles, while χ fermions would be **out of equilibrium** with $n_\chi \approx 0$ for a **feeble coupling** y_χ

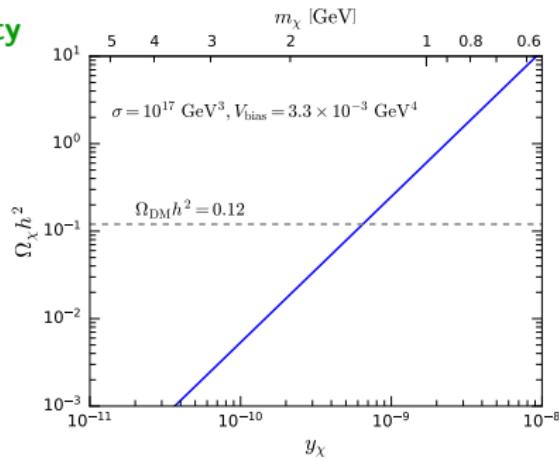
In this case, χ fermions could be **produced** via the s decay $s \rightarrow \chi\bar{\chi}$, but never reach thermal equilibrium if y_χ is **extremely small**, say, $y_\chi \sim \mathcal{O}(10^{-10})$

This is the **freeze-in mechanism** of DM production [Hall *et al.*, 0911.1120, JHEP]

χ acts as a **DM candidate** with a **relic density**

$$\Omega_\chi h^2 \approx 8.13 \times 10^{22} \frac{y_\chi^2 m_\chi}{m_s}$$

Both the **extremely tiny** $\epsilon \sim \mathcal{O}(10^{-26})$ and the **observed DM relic density** $\Omega_{\text{DM}} h^2 = 0.1200 \pm 0.0012$ can be **naturally explained** by the **feeble Yukawa coupling** $y_\chi \sim \mathcal{O}(10^{-10})$



Favored Parameter Regions

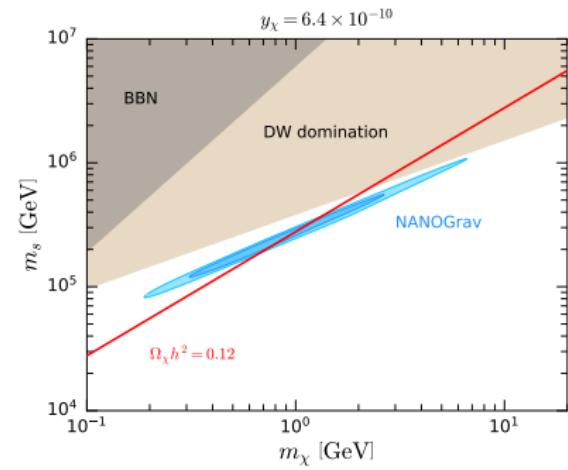
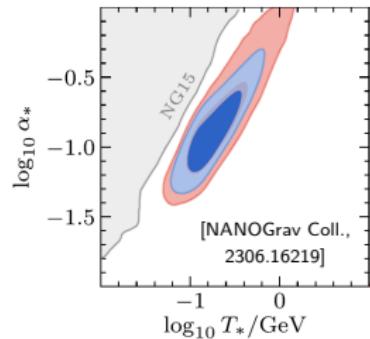
The **NANOGrav collaboration** has reconstructed the posterior distributions of $(T_{\text{ann}}, \alpha_*)$ accounting for the **observed nHz GW signal**, where

$$\alpha_* \equiv \left. \frac{\rho_{\text{DW}}}{\rho_{\text{rad}}} \right|_{T=T_{\text{ann}}} = 0.035 \left[\frac{10}{g_*(T_{\text{ann}})} \right]^{1/2} \frac{\mathcal{A}}{0.8} \frac{0.2}{\lambda_S} \left(\frac{m_s}{10^5 \text{ GeV}} \right)^3 \left(\frac{100 \text{ MeV}}{T_{\text{ann}}} \right)^2$$

We apply this result to our model and find the **favored parameter regions**

 **Deep** and **light blue regions** corresponds to the **68%** and **95% Bayesian credible regions** favored by the **NANOGrav data**, respectively

 **Brown** and **gray regions** are excluded because DWs would **dominate the universe** and would inject energetic particles to affect the Big Bang Nucleosynthesis, respectively



Summary

- In the early Universe, the **spontaneous breaking of symmetries** could lead to **topological defects**, such as **monopoles**, **cosmic strings**, and **domain walls**
- **Cosmic strings** or **collapsing domain walls** may result in a **stochastic GW background**, which could be probed in GW experiments
- We have studied the possible links to **dark matter** and to the recent observations of a **nHz SGWB** by **PTA collaborations NANOGrav, EPTA, CPTA, and PPTA**

Summary

- In the early Universe, the **spontaneous breaking of symmetries** could lead to **topological defects**, such as **monopoles**, **cosmic strings**, and **domain walls**
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Thanks for your attention!

Original pNGB Dark Matter [Gross, Lebedev, Toma, 1708.02253, PRL]

Standard model (SM) Higgs doublet H , complex scalar S (SM singlet)

 Scalar potential respects a **softly broken global U(1) symmetry** $S \rightarrow e^{i\alpha} S$

 **U(1) symmetric:** $V_0 = -\frac{\mu_H^2}{2}|H|^2 - \frac{\mu_S^2}{2}|S|^2 + \frac{\lambda_H}{2}|H|^4 + \frac{\lambda_S}{2}|S|^4 + \lambda_{HS}|H|^2|S|^2$

 **Soft breaking:** $V_{\text{soft}} = -\frac{\mu_S'^2}{4} S^2 + \text{H.c.}$

Approximate global U(1)

 H and S develop **vacuum expectation values (VEVs)**

$$\textcolor{brown}{H} \rightarrow \frac{1}{\sqrt{2}} \begin{pmatrix} 0 \\ \textcolor{violet}{v} + \textcolor{teal}{h} \end{pmatrix}, \quad \textcolor{brown}{S} = \frac{1}{\sqrt{2}} (\textcolor{violet}{v}_s + s + i\chi)$$

Z_2 symmetry

The **soft breaking term** V_{soft} give a mass to χ : $m_\chi = \mu'_S$

A Z_2 symmetry $\chi \rightarrow -\chi$ remains after U(1) spontaneous symmetry breaking

👉 The DM candidate χ is a stable pseudo-Nambu-Goldstone boson (pNGB)

Rotate CP-even Higgs bosons h and s to mass eigenstates h_1 and h_2

$$\begin{pmatrix} \textcolor{violet}{h} \\ s \end{pmatrix} = \begin{pmatrix} \cos \theta & \sin \theta \\ -\sin \theta & \cos \theta \end{pmatrix} \begin{pmatrix} \textcolor{violet}{h}_1 \\ h_2 \end{pmatrix}, \quad m_{\textcolor{violet}{h}_1, h_2}^2 = \frac{1}{2} \left(\lambda_H v^2 + \lambda_S v_s^2 \mp \frac{\lambda_S v_s^2 - \lambda_H v^2}{\cos 2\theta} \right)$$

DM-nucleon Scattering [Gross, Lebedev, Toma, 1708.02253, PRL]

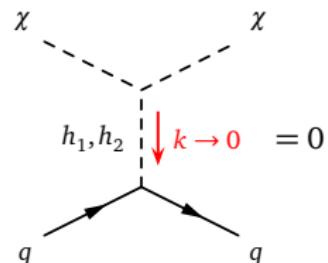


DM-quark interactions induce DM-nucleon scattering in direct detection



DM-quark scattering amplitude from Higgs portal interactions

$$\begin{aligned}\mathcal{M}(\chi q \rightarrow \chi q) &\propto \frac{m_q s_\theta c_\theta}{vv_s} \left(\frac{m_{h_1}^2}{t - m_{h_1}^2} - \frac{m_{h_2}^2}{t - m_{h_2}^2} \right) \\ &= \frac{m_q s_\theta c_\theta}{vv_s} \frac{t(m_{h_1}^2 - m_{h_2}^2)}{(t - m_{h_1}^2)(t - m_{h_2}^2)}\end{aligned}$$



🔥 Zero momentum transfer limit $t = k^2 \rightarrow 0$, $\mathcal{M}(\chi q \rightarrow \chi q) \rightarrow 0$

👉 DM-nucleon scattering cross section vanishes at tree level

💡 Tree-level interactions of a pNGB are generally momentum-suppressed

☁️ One-loop corrections typically lead to $\sigma_{\chi N}^{\text{SI}} \lesssim \mathcal{O}(10^{-50}) \text{ cm}^2$

[Azevedo et al., 1810.06105, JHEP; Ishiwata & Toma, 1810.08139, JHEP]

👉 Beyond capability of current and near future direct detection experiments

UV Completion of pNGB DM

🔒 In the **original pNGB DM model**, the term $V_{\text{soft}} = -\frac{\mu_S'^2}{4}(S^2 + S^{\dagger 2})$, which **softly breaks** the $\text{U}(1)$ **global symmetry** $S \rightarrow e^{i\alpha} S$ into a Z_2 symmetry, is **ad hoc**

🔒 Other soft breaking terms, such as a trilinear term $\propto S^3 + S^{\dagger 3}$, would **spoil** the **vanishing scattering amplitude**

🔑 It demands an appropriate **ultraviolet (UV) completion** to **realize only** V_{soft}

🔨 A possible UV completion is to **gauge the $\text{U}(1)$ symmetry** with $B - L$ **charges**

[Abe, Toma & Tsumura, 2001.03954, JHEP; Okada, Raut & Shafi, 2001.05910, PRD]

🔨 We consider another option that pNGB DM arises from a **hidden $\text{U}(1)_X$ gauge symmetry**, where all the SM fields **do not** carry $\text{U}(1)_X$ charges

[DY Liu, CF Cai, XM Jiang, ZHY, HH Zhang, 2208.06653, JHEP]

✗ The **gauge anomalies** are **canceled without** introducing **right-handed neutrinos**, so **less fields** are involved in this setup

UV Completion with a Hidden U(1)_X Gauge Symmetry

We introduce two **complex scalar fields** S and Φ carrying $U(1)_X$ **charges** 1 and 2

$$D_\mu S = (\partial_\mu - ig_X \mathbf{X}_\mu) S, \quad D_\mu \Phi = (\partial_\mu - 2ig_X \mathbf{X}_\mu) \Phi$$

$$\begin{aligned} \mathcal{L} \supset & (D^\mu H)^\dagger (D_\mu H) + (D^\mu S)^\dagger (D_\mu S) + (D^\mu \Phi)^\dagger (D_\mu \Phi) - \frac{1}{4} B^{\mu\nu} B_{\mu\nu} - \frac{1}{4} X^{\mu\nu} X_{\mu\nu} \\ & - \frac{s_\varepsilon}{2} B^{\mu\nu} X_{\mu\nu} + \mu_H^2 |H|^2 + \mu_S^2 |S|^2 + \mu_\Phi^2 |\Phi|^2 - \frac{\lambda_H}{2} |H|^4 - \frac{\lambda_S}{2} |S|^4 - \frac{\lambda_\Phi}{2} |\Phi|^4 \\ & - \lambda_{HS} |H|^2 |S|^2 - \lambda_{H\Phi} |H|^2 |\Phi|^2 - \lambda_{S\Phi} |S|^2 |\Phi|^2 + \frac{\mu_{S\Phi}}{\sqrt{2}} (\Phi^\dagger S^2 + \Phi S^{\dagger 2}) \end{aligned}$$

The $B^{\mu\nu} X_{\mu\nu}$ term implies a **kinetic mixing** between the $U(1)_Y$ gauge field B^μ and the $U(1)_X$ **gauge field** \mathbf{X}^μ with a mixing parameter $s_\varepsilon \equiv \sin \varepsilon \in (-1, 1)$

S and Φ develop **nonzero VEVs** v_S and v_Φ with a **hierarchy** $v_S \sim v \ll v_\Phi$

$$H = \frac{1}{\sqrt{2}} \begin{pmatrix} 0 \\ v + h \end{pmatrix}, \quad S = \frac{1}{\sqrt{2}} (v_S + s + i\eta_S), \quad \Phi = \frac{1}{\sqrt{2}} (v_\Phi + \phi + i\eta_\Phi)$$

The v_Φ **contribution** to the $\Phi^\dagger S^2$ **term** leads to the **desired soft breaking term**

$$V_{\text{soft}} = -\frac{\mu'_S^2}{4} (S^2 + S^{\dagger 2}) \text{ with } \mu'_S^2 = 2\mu_{S\Phi} v_\Phi$$

Physical Scalars

Rotate the scalars from the interaction bases to the mass bases

$$\begin{pmatrix} h \\ s \\ \phi \end{pmatrix} = U \begin{pmatrix} h_1 \\ h_2 \\ h_3 \end{pmatrix}, \quad \begin{pmatrix} \eta_S \\ \eta_\Phi \end{pmatrix} = V \begin{pmatrix} \chi \\ \tilde{\chi} \end{pmatrix}$$

h_1 (SM-like), h_2 , and h_3 are **CP -even Higgs bosons**, and $\tilde{\chi}$ is a **massless Nambu-Goldstone boson** associated with the $U(1)_X$ gauge symmetry breaking

χ is a **pNGB DM candidate** with a mass squared of $m_\chi^2 = \frac{\mu_{S\Phi}}{2v_\Phi}(v_S^2 + 4v_\Phi^2)$

v_Φ represents a **UV scale** that breaks the $U(1)_X$ gauge symmetry into an **approximate $U(1)_X$ global symmetry**

Gauge $U(1)_X$

Below the **lower scale** v_S , the **global $U(1)_X$** is spontaneously broken, resulting in **pNGB DM**

UV scale v_Φ

Approximate global $U(1)_X$

In the **limit** $v_\Phi \rightarrow \infty$ and $\mu_{S\Phi} \rightarrow 0$ with **finite μ'_S** , the **original pNGB DM model** is recovered

Lower scale v_S

Approximate Z_2



Direct Detection

🦊 The **UV completion** gives $\mu_S^{1/2}$ a **dynamical origin**, but inevitably introduces the $\chi\text{-}\chi\text{-}\phi$ **coupling**, leading to a **nonvanishing** χ -nucleon scattering amplitude

🐷 χN scattering cross section is **highly suppressed by** v_Φ^{-4}

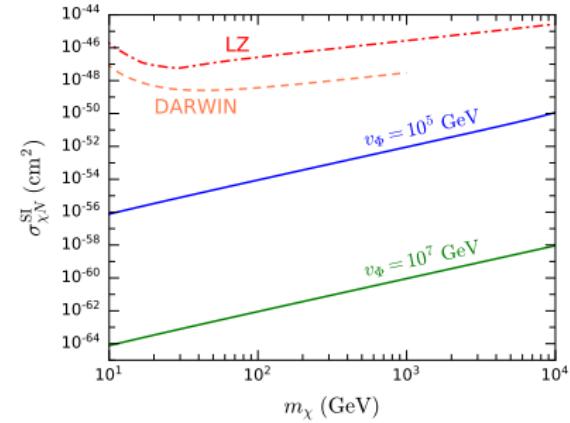
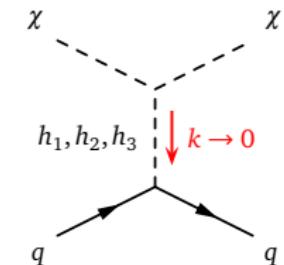
$$\sigma_{\chi N}^{\text{SI}} \simeq \frac{\tilde{\lambda}^2 m_N^4 m_\chi^4 [2 + 7(f_u^N + f_d^N + f_s^N)]^2}{1296\pi(m_N + m_\chi)^2 v^4 v_\Phi^4} + \mathcal{O}(v_\Phi^{-6})$$

$$\tilde{\lambda} = \frac{\lambda_{H\Phi}\lambda_{S\Phi} - \lambda_\Phi\lambda_{HS} + 2\lambda_{HS}\lambda_{S\Phi} - 2\lambda_S\lambda_{H\Phi}}{\lambda_H\lambda_S\lambda_\Phi + 2\lambda_{HS}\lambda_{H\Phi}\lambda_{S\Phi} - \lambda_S\lambda_{H\Phi}^2 - \lambda_\Phi\lambda_{HS}^2 - \lambda_H\lambda_{S\Phi}^2}$$

🐶 $v_\Phi = 10^5$ GeV can result in $\sigma_{\chi N}^{\text{SI}}$ **much smaller** than 90% C.L. upper limits from the **LZ experiment** [2207.03764], and even **beyond the reach** of the future **DARWIN experiment** with a 200 t · yr exposure [1606.07001, JCAP]

$$v_S = 1 \text{ TeV}, \quad m_{h_2} = 300 \text{ GeV}, \quad m_{h_3} = 0.1v_\Phi$$

$$\lambda_{HS} = 0.03, \quad \lambda_{H\Phi} = \lambda_{S\Phi} = 0.01$$



Neutral Gauge Boson Mixing

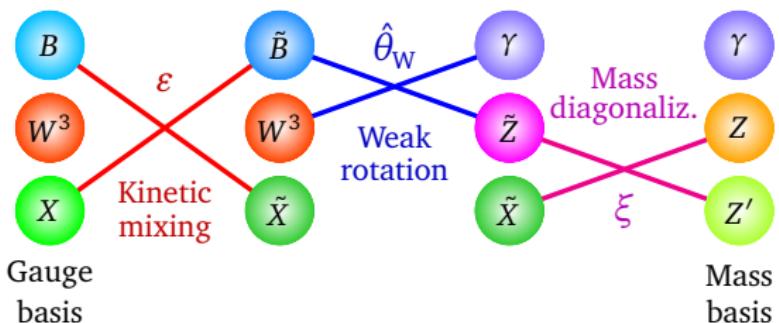
🎈 Transform the **gauge basis** (B_μ, W_μ^3, X_μ) to the **mass basis** (A_μ, Z_μ, Z'_μ)

$$\begin{pmatrix} B_\mu \\ W_\mu^3 \\ X_\mu \end{pmatrix} = V_K(\varepsilon) R_3(\hat{\theta}_W) R_1(\xi) \begin{pmatrix} A_\mu \\ Z_\mu \\ Z'_\mu \end{pmatrix}$$

$$V_K(\varepsilon) = \begin{pmatrix} 1 & -t_\varepsilon \\ 0 & 1 \\ 0 & 1/c_\varepsilon \end{pmatrix}, \quad R_3(\hat{\theta}_W) = \begin{pmatrix} \hat{c}_W & -\hat{s}_W \\ \hat{s}_W & \hat{c}_W \\ & 1 \end{pmatrix}, \quad R_1(\xi) = \begin{pmatrix} 1 & & \\ c_\xi & -s_\xi & \\ s_\xi & c_\xi & \end{pmatrix}$$

[Babu, Kolda, March-Russell, hep-ph/9710441, PRD]

$$\begin{aligned} t_\varepsilon &\equiv \tan \varepsilon, & c_\varepsilon &\equiv \cos \varepsilon \\ \hat{s}_W &\equiv \sin \hat{\theta}_W, & \hat{c}_W &\equiv \cos \hat{\theta}_W \\ \hat{\theta}_W &\equiv \tan^{-1} \frac{g'}{g} \\ s_\xi &\equiv \sin \xi, & c_\xi &\equiv \cos \xi \end{aligned}$$



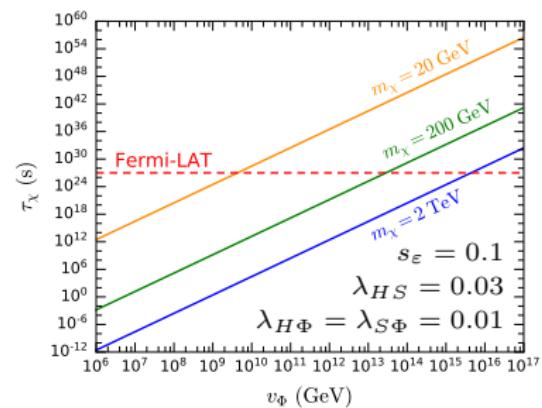
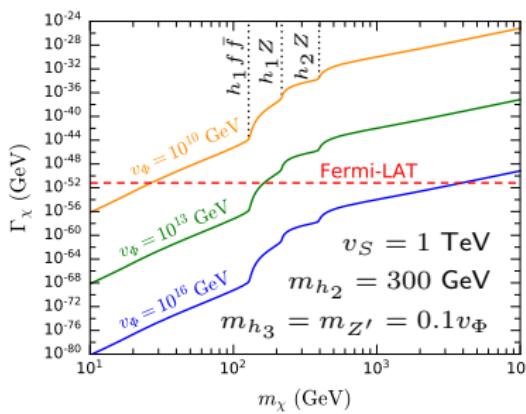
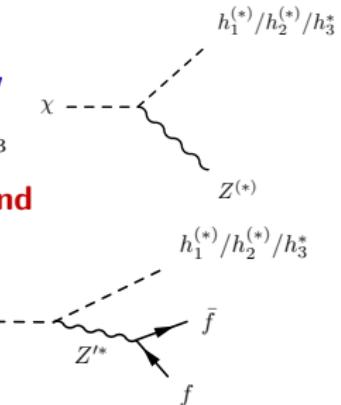
🐟 The **hierarchy** $v \sim v_S \ll v_\Phi$ implies a **mass hierarchy** $m_{h_1} \sim m_{h_2} \ll m_{h_3} \sim m_{Z'}$

DM Lifetime [DY Liu, CF Cai, XM Jiang, ZHY, HH Zhang, 2208.06653, JHEP]

🍁 For **finite** v_Φ , the $Z\text{-}\chi\text{-}h_i$ and $Z'\text{-}\chi\text{-}h_i$ **couplings** from gauge interactions **break** the Z_2 **symmetry** $\chi \rightarrow -\chi$, inducing χ **decay processes** $\chi \rightarrow h_i^{(*)} Z^{(*)}$ and $\chi \rightarrow h_i^{(*)} Z'^*$ for $m_\chi \ll m_{Z'} \sim m_{h_3}$

🌿 **Fermi-LAT** γ -ray observations of dwarf galaxies imply a **bound** on the **DM lifetime**, $\tau_\chi \gtrsim 10^{27}$ s [Baring et al., 1510.00389, PRD]

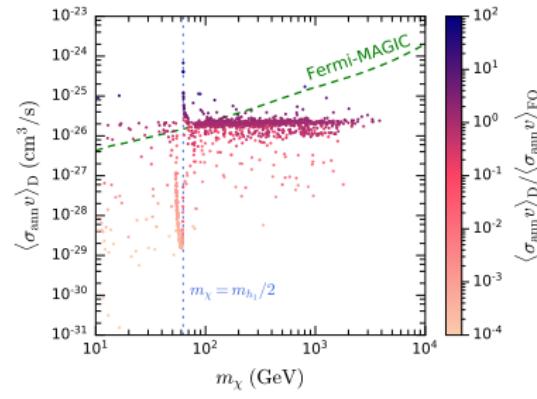
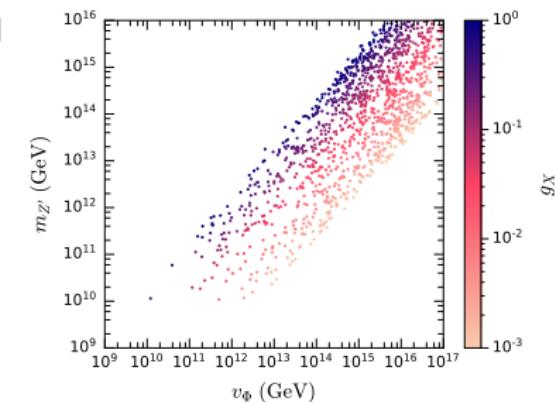
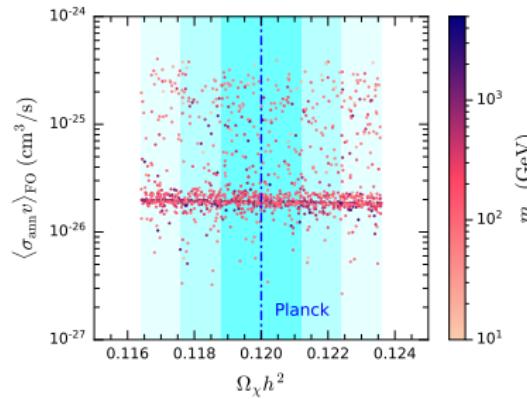
🍄 This corresponds to $\Gamma_\chi \equiv 1/\tau_\chi \lesssim 6.6 \times 10^{-52}$ GeV, which will give a **lower bound** on the **UV scale** v_Φ



Parameter Scan [DY Liu, CF Cai, XM Jiang, ZHY, HH Zhang, 2208.06653, JHEP]

We perform a **random scan** in 10-dimensional parameter space of $(v_S, v_\Phi, m_\chi, m_{h_2}, m_{h_3}, m_{Z'}, \lambda_{HS}, \lambda_{H\Phi}, \lambda_{S\Phi}, s_\varepsilon)$, taking into account the constraints from the **DM lifetime**, the **LHC Higgs measurements**, and the **relic abundance**

We find that the **lower bound** on the **UV scale** v_Φ is down to $\sim 10^9$ GeV, given by the **Fermi-LAT constraint on τ_χ**



Higgs Physics [DY Liu, CF Cai, XM Jiang, ZHY, HH Zhang, 2208.06653, JHEP]

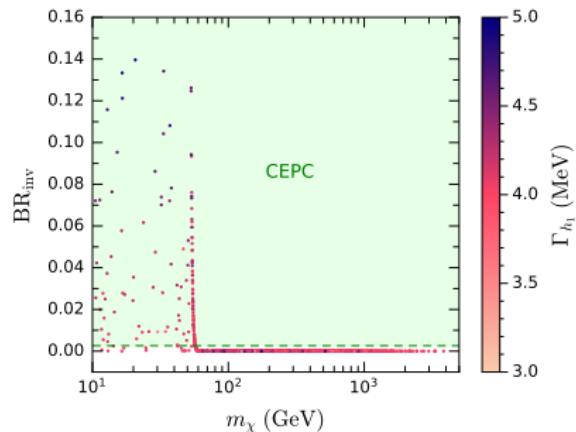
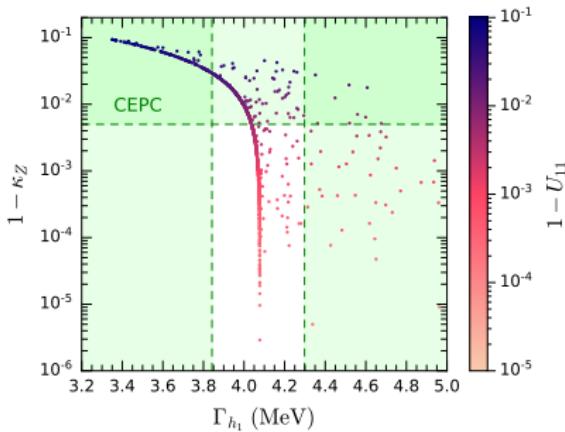
🏈 Couplings of the **SM-like Higgs boson h_1** to SM particles can be parametrized as

$$\mathcal{L}_{h_1} = \kappa_W \frac{2m_W^2}{v} h_1 W_\mu^+ W^{-,\mu} + \kappa_Z \frac{m_Z^2}{v} h_1 Z_\mu Z^\mu - \sum_f \kappa_f \frac{m_f}{v} h_1 \bar{f} f$$

🏈 The **SM** corresponds to $\kappa_W = \kappa_Z = \kappa_f = 1$, while this model gives

$$\kappa_W = \kappa_f = U_{11},, \quad \kappa_Z = U_{11} c_\xi^2 (1 + \hat{s}_W t_\varepsilon t_\xi) + \frac{s_\xi^2 g_X^2 v}{c_\varepsilon^2 m_Z^2} (U_{21} v_S + 4U_{31} v_\Phi)$$

🏈 **Exotic h_1 decay channels** may include $h_1 \rightarrow \chi\chi$, $h_1 \rightarrow \chi Z$, and $h_1 \rightarrow h_2 h_2$



Parameter Point Selection [ZY Qiu, ZHY, 2304.02506, CPC]

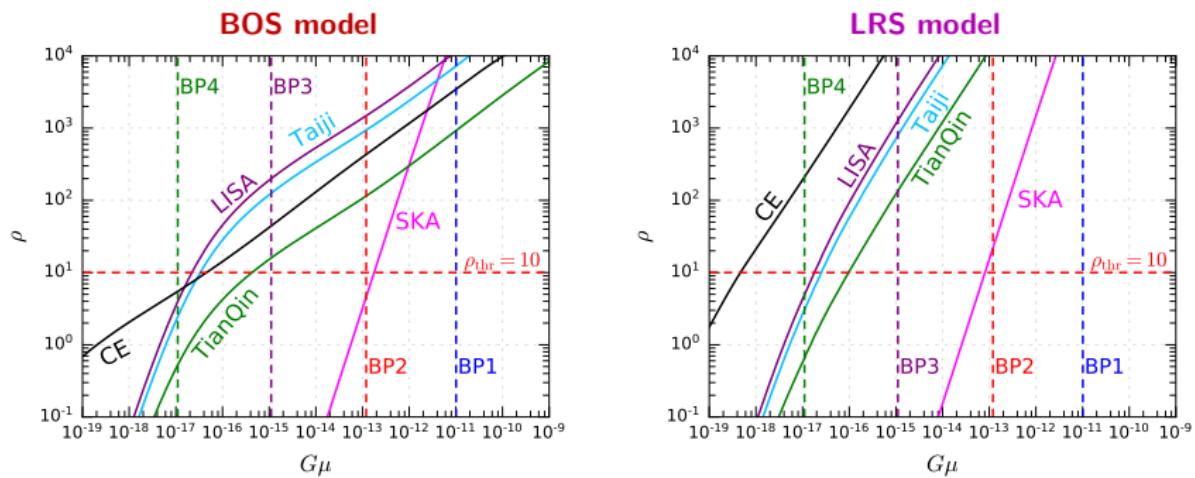
The following criteria are used to select the parameter points

- ① In order to guarantee the **vacuum stability**, the scalar potential should satisfy the **copositivity criteria**
- ② The **lifetime** of the **pNGB DM particle χ** should satisfy the **Fermi-LAT bound**
 $\tau_\chi \gtrsim 10^{27} \text{ s}$
- ③ The **DM relic abundance** $\Omega_\chi h^2$ calculated by `micrOMEGAs` should be in the 3σ range of the **Planck value** $\Omega_{\text{DM}} h^2 = 0.1200 \pm 0.0012$
- ④ The **total $\chi\chi$ annihilation cross section** $\langle\sigma_{\text{ann}}v\rangle$ should not be excluded by the upper limits at the 95% C.L. given by the combined **Fermi-LAT** and **MAGIC γ -ray observations** of dwarf spheroidal galaxies in the $b\bar{b}$ channel
- ⑤ The signal strengths of the **SM-like Higgs boson h_1** should be consistent with the **LHC Higgs measurements** at 95% C.L. based on the `HiggsSignals` calculation
- ⑥ The **exotic Higgs boson h_2** should not be excluded at 95% C.L. by the **direct searches** at the **LHC** and the **Tevatron** according to `HiggsBounds`

Benchmark Points [ZY Qiu, ZHY, 2304.02506, CPC]

	BP1	BP2	BP3	BP4
v_S (GeV)	1953	2101	548.5	1388
v_Φ (GeV)	1.335×10^{13}	1.939×10^{12}	1.969×10^{11}	3.179×10^{10}
m_χ (GeV)	199.8	56.26	98.16	123.1
m_{h_2} (GeV)	986.7	627.7	484.3	362.6
m_{h_3} (GeV)	8.403×10^{12}	1.469×10^{12}	1.893×10^{11}	8.312×10^9
$m_{Z'}$ (GeV)	7.255×10^{11}	5.929×10^{11}	9.661×10^{10}	4.979×10^{10}
$\lambda_{H\Phi}$	-6.330×10^{-2}	-3.786×10^{-1}	-1.278×10^{-2}	-6.114×10^{-2}
$\lambda_{S\Phi}$	-2.870×10^{-1}	-5.416×10^{-2}	2.813×10^{-1}	3.188×10^{-2}
λ_{HS}	3.259×10^{-1}	1.189×10^{-1}	-1.750×10^{-1}	1.819×10^{-2}
s_ε	4.840×10^{-3}	3.222×10^{-1}	7.161×10^{-2}	1.929×10^{-3}
$G\mu$	1.01×10^{-11}	1.20×10^{-13}	1.11×10^{-15}	1.10×10^{-17}
$\Omega_\chi h^2$	0.118	0.121	0.120	0.119
$\sigma_{\chi N}^{\text{SI}}$ (cm ²)	1.38×10^{-86}	1.62×10^{-86}	1.59×10^{-82}	8.45×10^{-77}
$\langle \sigma_{\text{ann}} v \rangle$ (cm ³ /s)	2.00×10^{-26}	2.87×10^{-29}	2.01×10^{-26}	1.71×10^{-26}
ρ_{LISA} (BOS)	1.15×10^4	1.48×10^3	2.00×10^2	3.97
ρ_{Taiji} (BOS)	7.26×10^3	9.37×10^2	1.26×10^2	2.45
ρ_{TianQin} (BOS)	9.25×10^2	1.15×10^2	1.59×10^1	5.28×10^{-1}
ρ_{CE} (BOS)	3.49×10^3	4.33×10^2	4.42×10^1	5.48
ρ_{LISA} (LRS)	1.15×10^7	1.38×10^5	1.28×10^3	4.93
ρ_{Taiji} (LRS)	7.19×10^6	8.57×10^4	7.95×10^2	3.05
ρ_{TianQin} (LRS)	1.20×10^6	1.42×10^4	1.36×10^2	6.48×10^{-1}
ρ_{CE} (LRS)	4.36×10^6	2.18×10^6	2.02×10^4	2.11×10^2

Sensitivity of Future GW Experiments [ZY Qiu, ZHY, 2304.02506, CPC]



Expected upper limits on $G\mu$ corresponding to the signal-to-noise ratio $\rho_{\text{thr}} = 10$

	LISA	Taiji	TianQin	CE	SKA
BOS	2.21×10^{-17}	3.34×10^{-17}	4.28×10^{-16}	4.54×10^{-17}	1.77×10^{-13}
LRS	1.79×10^{-17}	2.51×10^{-17}	9.67×10^{-17}	4.66×10^{-19}	8.09×10^{-14}

Upper and Lower Bounds on V_{bias}

⚠️ If V_{bias} is **too large**, DWs **cannot** be created from the beginning

🌭 According to **percolation theory**, **large-scale DWs** can be **formed** only if $V_{\text{bias}} < 0.795 V_0$

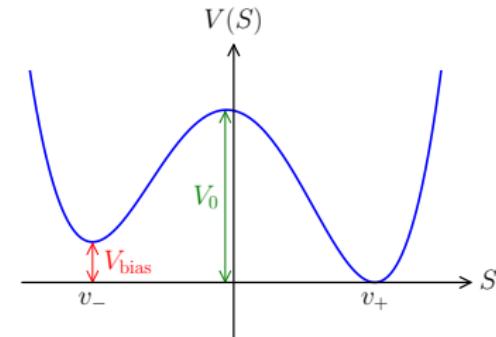
🍞 Requiring DWs should **collapse before** they **dominate** the universe leads to

$$V_{\text{bias}}^{1/4} > 0.0218 \text{ MeV } \mathcal{A}^{1/2} \left(\frac{\sigma}{\text{TeV}^3} \right)^{1/2}$$

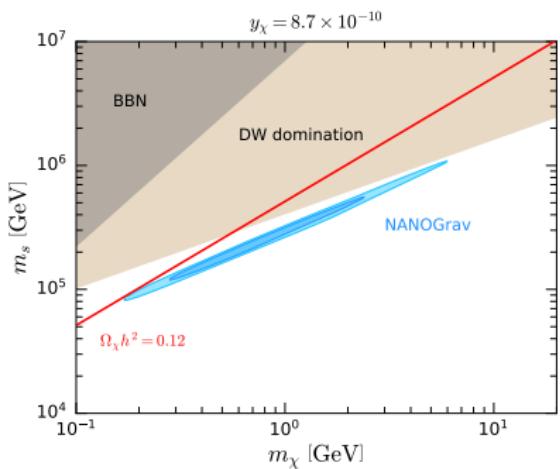
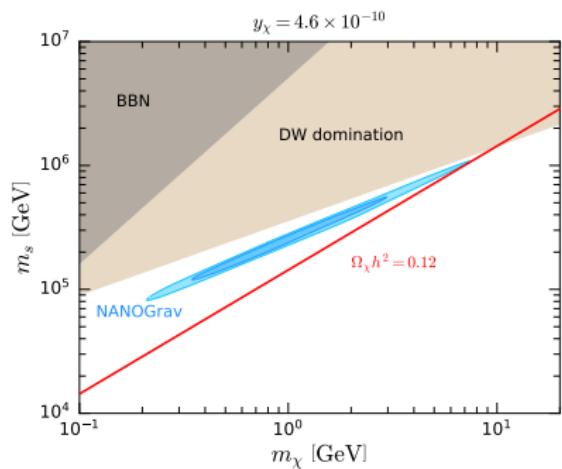
🍔 Moreover, the **energetic particles** produced from **DW collapse** could **destroy** the **light elements** generated in the **Big Bang Nucleosynthesis (BBN)**

🌮 Thus, we should require that **DWs annihilate before the BBN epoch**

$$\text{This leads to } V_{\text{bias}}^{1/4} > 0.507 \text{ MeV } \mathcal{A}^{1/4} \left(\frac{\sigma}{\text{TeV}^3} \right)^{1/4}$$



Viable Parameter Ranges [Zhang, Cai, Su, Wang, ZHY, Zhang, 2307.11495, PRD]



The intersection of the $\Omega_\chi h^2 = 0.12$ line and the NANOGrav favored regions sensitively depends on the y_χ value

For $\lambda_S = 0.2$, the parameter ranges where our model can simultaneously explain the NANOGrav GW signal and the DM relic density are

$$4.6 \times 10^{-10} \lesssim y_\chi \lesssim 8.7 \times 10^{-10}$$

$$0.17 \text{ GeV} \lesssim m_\chi \lesssim 7.5 \text{ GeV}, \quad 8.1 \times 10^4 \text{ GeV} \lesssim m_s \lesssim 10^6 \text{ GeV}$$