DESIGN OF DAILY WORKFLOW

MODEL 1	DAY 1	DAY 2	DAY 3	DAY 4
Subject receives task info and completes treatment on the same day using a single survey PROBLEM: Cannot implement returning to same survey when survey has randomization built in	**Survey** - report mood prior to task - receive task - exit survey - perform task - return to same survey - report mood after task	**Survey** - report mood prior to task - receive task - exit survey - perform task - return to same survey - report mood after task	**Survey** - report mood prior to task - receive task - exit survey - perform task - return to same survey - report mood after task	**Survey** - report mood prior to task - receive task - exit survey - perform task - return to same survey - report mood after task
MODEL 2	DAY 1	DAY 2	DAY 3	DAY 4

Subject receives and completes treatment on the same day using 2 surveys
  - 1 at the beginning of the day, that would provide them their task and request pre-treatment mood
  - 1 at the end of the day, that would allow them to indicate post-treatment mood
	Survey 1
	 - report pre-task mood
	 - receive task
	
	Perform Task
	
	Survey 2
	 - report mood after task
		Survey 1
		 - report pre-task mood
		 - receive task
		
		Perform Task
		
		Survey 2
		 - report mood after task
			Survey 1
			 - report pre-task mood
			 - receive task
			
			Perform Task
			
			Survey 2
			 - report mood after task
				Survey 1
				 - report pre-task mood
				 - receive task
				
				Perform Task
				
				Survey 2
				 - report mood after task

Subject Workflow

Initial Survey
- Demographic characteristics
- Personality Traits

Practice Task
"Wash your hands"
- The texture, scent, and feel of the soap
- The temperature and sound of the water
- The sensation of the towel as you dry your hands

Daily Task
- Report mood before
- Perform task
- Report mood after

x 8

Extremely negative — Neutral — Extremely positive
-5 -4 -3 -2 -1 0 1 2 3 4 5