

Section 1: Background Questions

What is your gender identity?	
MaleFemaleNon-binaryGenderfluidOther	
What is your year of birth?	
Which of the following races / eth you? Mark all that apply.	nicities best describes
☐ White ☐ A	sian

Latinx or Hispanic	Native Hawaiian or Pacific Islander
☐ Black or African American	Other
American Indian or Alaska Native	
Select your nationality from	the list below:
	w T
What is your current relation	nsnip status?
O Not in a relationship	
O I do not want to say	
O In a relationship more than I year	
O In a relationship less than 1 year	
The number of people in the	e family that you grew up in,
including yourself:	s rairing that you grow up in,
melading yourself.	

The number of people in your current household, including yourself:
Which of the following best describes the area where you currently live?
O Urban O Suburban O Rural
The number of language(s) you speak:

Describe your personality in terms of each of the following traits by moving the slider. **0** indicates a trait does not apply to you, **10** indicates the trait is extremely strong.

Curiosity

Conscientiousness

Extraversion

Agreeableness

Confidence

Section 2: Rate the intensity of the following tasks

Below is a list of activities. Imagine yourself doing each activity and consider how doing it makes you feel. Indicate your feeling on a scale from **-5 to +5**, where -5 means **extremely negative**, 0 means **neutral**, and +5 means **extremely positive**.

	Extremely negative			Neutral					Extremely positive			
	-5	-4	-3	-2	-1	0	1	2	3	4	5	
Bringing food or drinks to a gathering	0	0	0	0	0	0	0	0	0	0	0	
Forgetting to pay a bill	\bigcirc	\bigcirc	\bigcirc	\bigcirc	0	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	0	
Catching up with a friend	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	0	

	Extremely negative Neutral						Extremely positive				
	-5	-4	-3	-2	-1	0	1	2	3	4	5
Watching your favorite TV show	0	\bigcirc	0	0	\bigcirc	0	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Watering a plant	\bigcirc	0	\bigcirc	\bigcirc	0	0	0	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Leaving a positive comment on social media	0	0	0	0	0	0	0	0	0	0	0
Filling out a survey	\bigcirc	\bigcirc	0	0	\bigcirc	0	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
	-5	-4	-3	-2	-1	0	1	2	3	4	5
Ending a romantic relationship	\bigcirc	\bigcirc	\bigcirc	0	\bigcirc	0	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Listening to a favorite song	\bigcirc	\bigcirc	\bigcirc	0	\bigcirc	0	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Cleaning up after someone else	\bigcirc	\bigcirc	\bigcirc	0	\bigcirc	0	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Helping someone carry something	\bigcirc	\bigcirc	0	0	\bigcirc	0	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Visiting your favorite restaurant	\bigcirc	\bigcirc	\bigcirc	0	\bigcirc	0	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Losing your wallet	\bigcirc	\bigcirc	0	0	\bigcirc	0	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Eating your favorite dessert	\bigcirc	\bigcirc	\bigcirc	0	\bigcirc	0	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
	-5	-4	-3	-2	-1	0	1	2	3	4	5
Surprising someone with treats	\bigcirc	\bigcirc	0	0	\bigcirc	0	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Washing your hands	\bigcirc	\bigcirc	0	0	\bigcirc	0	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Achieving a personal goal	\bigcirc	\bigcirc	0	0	\bigcirc	0	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Writing a thank you note	\bigcirc	\bigcirc	\bigcirc	0	\bigcirc	0	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Sharing a book that you like	0	\bigcirc	0	0	\bigcirc	0	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Complimenting someone on their work	0	0	0	\bigcirc	\bigcirc	0	0	\bigcirc	0	\bigcirc	0
Being lied to by a friend	0	\bigcirc	0	0	\bigcirc	0	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc

	Extremely negative				Neutral						Extremely positive			
	-5	-4	-3	-2	-1	0	1	2	3	4	5			
	-5	-4	-3	-2	-1	0	1	2	3	4	5			
Making yourself a cup of coffee / tea	0	0	0	0	0	0	0	0	0	0	0			
Bringing reusable bags to the grocery store	0	0	0	0	0	0	0	0	0	0	0			
Washing a coffee cup for someone	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc			
Being late for a meeting	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc			
Making your bed	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc			
Section 3: Provide contact information														
Thank you very much for completing our survey!														
If you would like to enter the lottery for the \$50 Amazon gift card, please provide your email address below:											gift			