

# Self-Distillation using image-language representation for image classification

Pasit Tiwawongrut  
Asian Institute of Technology  
Klong Luang Pathumthani 12120, Thailand  
Pasit.Tiwawongrut@ait.asia

Dr. Chaklam Silpasuwanchai  
Asian Institute of Technology  
Klong Luang Pathumthani 12120, Thailand  
chaklam@ait.asia

## Abstract

*The ABSTRACT is to be in fully-justified italicized text, at the top of the left-hand column, below the author and affiliation information. Use the word “Abstract” as the title, in 12-point Times, boldface type, centered relative to the column, initially capitalized. The abstract is to be in 10-point, single-spaced type. Leave two blank lines after the Abstract, then begin the main text. Look at previous ICCV abstracts to get a feel for style and length.*

## 1. Introduction

Vision language pre-trained models have shown effective performance in both in-domain and downstream tasks by utilizing both text and image information. CLIP [13] and ALIGN [8] train image and text encoders with contrastive learning to align vision and language modalities, which results in competitive performance in many vision language tasks *e.g.* image-text retrieval, visual question answer, and zero-shot image classification. ALBEF [12], CoCa [17] and mPLUG [9] added cross-attention layers over image and text encoders to provide better alignment over vision and language modalities with multiple training objectives *e.g.* image-text captioning, image-text contrastive loss, image-text matching and masked-language-modeling loss. As a result these models achieved state-of-the-art multiple vision-language and image classification task.

However, the gap in using the self-distillation to improve vision language model performance for downstream task was still underexplored. By using the moving average teacher [15, 3], the teacher model weight is updated with the average of the student model gradient. As a result, the teacher model output representation is consistent. MixMatch [2], Mixup [19], and Fixmatch [14] are image input interpolation methods for improving output consistency within the teacher-student framework by image augmentation and input interpolation between each sample. Our work is inspired by DINO [4] which utilizes both moving average teacher and image interpolation techniques to train the

teacher-student image encoder model without using any label, which results in competitive down-stream task performance.

In this paper, we proposed a method to improve the performance of the image and text encoder vision language model using the self-distillation [15] technique as shown in Figure 1. LiT [18] showed that with the image and text encoders architecture, the freezing image encoder and tuning only the text encoder for the downstream tasks can perform better than tuning both image and text encoders. By using the moving average teacher, we can remove noise from the text encoder model, which is trained using noisy internet image-text pairs. In order to produce a robust text encoder, interpolated text input is required for moving average teacher methods. We provided the result by applying our method over pre-trained vision language models in image classification and cross-modal retrieval tasks compared to the finetuning method. The main contribution of our work was to utilize the moving average teacher to improve downstream task performance for the pre-trained vision language model.

## 2. Related work

### 2.1. Vision-Language model

In the past few years, many works have shown the ability to utilize textual information with the image task by training with image text pair *e.g.* CLIP [13], UNITER [5], Blip [11, 10], BEiT [16] and CoCa [17]. We can roughly divide the vision language model architecture into two categories. First, vision and language encoder *e.g.* CLIP, CoCa, ALIGN, and mPlug. These model focus on maximize alignment of two encoders for vision and language encoding. By training with a large amount of the image-text pair dataset, the ALIGN model could make up for the noisy image description and surpass the model, which was trained with the benchmark dataset in the zero shot image classification task. Recently **Contrastive Captioner** (CoCa) [17] proposed a vision-language encoder-decoder model which was trained with image-text contrastive loss and captioning loss.

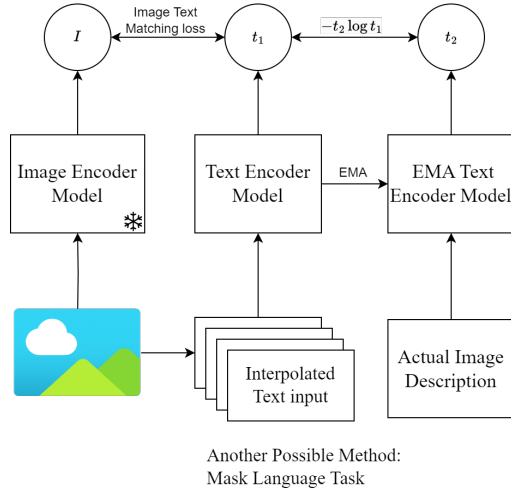


Figure 1. Overview of proposed method of applying moving average teacher to produce robust text encoder in pre-trained vision language model.

Cross attention layers were added to join image-text modality. Second methods are single encoder jointly trained with both modalities *e.g.* Uniter [5], BeiT-3 [16], and VLMO [1]. These methods concatenated both image and text embedding and utilize multi-head self-attention to joined vision and language modalities. In this research, we choose to experiment with the vision and language encoders method same as CLIP due to separable encoders for distillation.

## 2.2. Knowledge Distillation and Self-Distillation

Knowledge Distillation was firstly proposed by [7] to compress the model size while maintaining the model performance as much as possible. The method contained a smaller student model and a single or multiple larger teacher model. The knowledge was transferred by optimizing the student model output to match the teacher’s output. [6] investigated knowledge distillation using a student model size the same as the teacher model, showing improvement in the student model. Such a method is called self-distillation. The self-distillation has widely adopted in semi-supervised image classification tasks, such as Mean Teacher [15], EMAN [3] and FixMatch [14]. DINO [4] proposed self-distillation pre-training without using any label, which resulted in performance improvement. In this paper, we extended the self-distillation by creating representation which was image-text combined representation, and we trained the student model to match teacher softmax outputs.

## 3. Methodology

In this section we provided our self-distillation method and experiment setup details.

### 3.1. Self-Distillation

### 3.2. Evaluation

## References

- [1] Hangbo Bao, Wenhui Wang, Li Dong, Qiang Liu, Owais Khan Mohammed, Kriti Aggarwal, Subhojit Som, Songhao Piao, and Furu Wei. Vlmo: Unified vision-language pre-training with mixture-of-modality-experts. *Advances in Neural Information Processing Systems*, 35:32897–32912, 2022.
- [2] David Berthelot, Nicholas Carlini, Ian Goodfellow, Nicolas Papernot, Avital Oliver, and Colin A Raffel. Mixmatch: A holistic approach to semi-supervised learning. *Advances in neural information processing systems*, 32, 2019.
- [3] Zhaowei Cai, Avinash Ravichandran, Subhansu Maji, Charles Fowlkes, Zhuowen Tu, and Stefano Soatto. Exponential moving average normalization for self-supervised and semi-supervised learning. In *Proceedings of the IEEE/CVF Conference on Computer Vision and Pattern Recognition*, pages 194–203, 2021.
- [4] Mathilde Caron, Hugo Touvron, Ishan Misra, Hervé Jégou, Julien Mairal, Piotr Bojanowski, and Armand Joulin. Emerging properties in self-supervised vision transformers. In *Proceedings of the IEEE/CVF international conference on computer vision*, pages 9650–9660, 2021.
- [5] Yen-Chun Chen, Linjie Li, Licheng Yu, Ahmed El Kholy, Faisal Ahmed, Zhe Gan, Yu Cheng, and Jingjing Liu. Uniter: Universal image-text representation learning. In *Computer Vision – ECCV 2020: 16th European Conference, Glasgow, UK, August 23–28, 2020, Proceedings, Part XXX*, page 104–120, Berlin, Heidelberg, 2020. Springer-Verlag.
- [6] Tommaso Furlanello, Zachary Lipton, Michael Tschannen, Laurent Itti, and Anima Anandkumar. Born again neural networks. In *International Conference on Machine Learning*, pages 1607–1616. PMLR, 2018.
- [7] Geoffrey Hinton, Jeff Dean, and Oriol Vinyals. Distilling the knowledge in a neural network. pages 1–9, 03 2014.
- [8] Chao Jia, Yinfei Yang, Ye Xia, Yi-Ting Chen, Zarana Parekh, Hieu Pham, Quoc Le, Yun-Hsuan Sung, Zhen Li, and Tom Duerig. Scaling up visual and vision-language representation learning with noisy text supervision. In *International Conference on Machine Learning*, pages 4904–4916. PMLR, 2021.
- [9] Chenliang Li, Haiyang Xu, Junfeng Tian, Wei Wang, Ming Yan, Bin Bi, Jiabo Ye, Hehong Chen, Guohai Xu, Zheng Cao, et al. mplug: Effective and efficient vision-language learning by cross-modal skip-connections. *arXiv preprint arXiv:2205.12005*, 2022.
- [10] Junnan Li, Dongxu Li, Silvio Savarese, and Steven Hoi. Blip-2: Bootstrapping language-image pre-training with frozen image encoders and large language models. *arXiv preprint arXiv:2301.12597*, 2023.
- [11] Junnan Li, Dongxu Li, Caiming Xiong, and Steven Hoi. Blip: Bootstrapping language-image pre-training for unified vision-language understanding and generation. In *International Conference on Machine Learning*, pages 12888–12900. PMLR, 2022.

- [12] Junnan Li, Ramprasaath Selvaraju, Akhilesh Gotmare, Shafiq Joty, Caiming Xiong, and Steven Chu Hong Hoi. Align before fuse: Vision and language representation learning with momentum distillation. *Advances in neural information processing systems*, 34:9694–9705, 2021.
- [13] Alec Radford, Jong Wook Kim, Chris Hallacy, Aditya Ramesh, Gabriel Goh, Sandhini Agarwal, Girish Sastry, Amanda Askell, Pamela Mishkin, Jack Clark, et al. Learning transferable visual models from natural language supervision. In *International conference on machine learning*, pages 8748–8763. PMLR, 2021.
- [14] Kihyuk Sohn, David Berthelot, Nicholas Carlini, Zizhao Zhang, Han Zhang, Colin A Raffel, Ekin Dogus Cubuk, Alexey Kurakin, and Chun-Liang Li. Fixmatch: Simplifying semi-supervised learning with consistency and confidence. *Advances in neural information processing systems*, 33:596–608, 2020.
- [15] Antti Tarvainen and Harri Valpola. Mean teachers are better role models: Weight-averaged consistency targets improve semi-supervised deep learning results. *Advances in neural information processing systems*, 30, 2017.
- [16] Wenhui Wang, Hangbo Bao, Li Dong, Johan Bjorck, Zhiliang Peng, Qiang Liu, Kriti Aggarwal, Owais Khan Mohammed, Saksham Singhal, Subhojit Som, et al. Image as a foreign language: Beit pretraining for vision and vision-language tasks. In *Proceedings of the IEEE/CVF Conference on Computer Vision and Pattern Recognition*, pages 19175–19186, 2023.
- [17] Jiahui Yu, Zirui Wang, Vijay Vasudevan, Legg Yeung, Mojtaba Seyedhosseini, and Yonghui Wu. Coca: Contrastive captioners are image-text foundation models. *Transactions on Machine Learning Research*, 2022.
- [18] Xiaohua Zhai, Xiao Wang, Basil Mustafa, Andreas Steiner, Daniel Keysers, Alexander Kolesnikov, and Lucas Beyer. Lit: Zero-shot transfer with locked-image text tuning. In *Proceedings of the IEEE/CVF Conference on Computer Vision and Pattern Recognition*, pages 18123–18133, 2022.
- [19] Hongyi Zhang, Moustapha Cisse, Yann N Dauphin, and David Lopez-Paz. mixup: Beyond empirical risk minimization. *arXiv preprint arXiv:1710.09412*, 2017.