

Diagnosis Template for Healthcare Professionals

Patient Information	
Name: Ayana	
Patient ID: 29803	
Age	79
Date of Evaluation: Nov 7, 2025	
Referring Physician (if applicable): Dr. Alex	
Gender:	Female
Chief Complaint	
Primary Complaint:	
The patient reports feeling tired and short of breath when walking and says her blood pressure readings at home are high. She also notices forgetfulness, such as misplacing items and repeating questions. Her family states that she moves more slowly and is less energetic than before.	
Duration: 3 years	
Severity (scale 1-10): 7	
Medical History	
1. Past Medical History:	
Hypertension for more than 20 years. Stage 3 chronic kidney disease, stable renal function. Long-standing dyslipidemia with central obesity. Coronary artery calcification confirmed by CT calcium score of 480 Agatston. Old lacunar infarct and mild cerebral white-matter changes seen on MRI.	
2. Family Medical History:	
Mother with hypertension and late-onset dementia; father with myocardial infarction at 68 years.	
3. Current Medications:	
Hypertension for more than 20 years. Stage 3 chronic kidney disease, stable renal function. Long-standing dyslipidemia with central obesity. Coronary artery calcification confirmed by CT calcium score of 480 Agatston. Old lacunar infarct and mild cerebral white-matter changes seen on MRI.	
4. Allergies:	
Unknown	

5. Previous Hospitalizations/Surgeries:

Hypertensive crisis (age 65); ischemic stroke (age 75); no operations.

Review of Systems**1. General Health:**

The patient appears mildly overweight with body mass index 27.5 kg/m². Waist circumference is 92 cm and waist-to-hip ratio 0.90. She reports fatigue and reduced physical endurance but denies weight loss or fever.

2. Cardiovascular:**3. Respiratory:****4. Gastrointestinal:****5. Neurological:****6. Musculoskeletal:****7. Psychiatric:****8. Other Relevant Systems:**