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How to care for your dentures

Brush your dentures daily:

Use a toothbrush or denture brush along with *denture* toothpaste NOT regular toothpaste. Denture toothpaste is non-abrasive. If you use regular toothpaste you may damage your dentures. You can also use a small amount of dish soap.

Soak your dentures daily:

Use a denture cleanser or salt water to remove more of the bad bacteria and disinfect your dentures.

Take your dentures out at night:

Unless there are reasons for leaving dentures in, taking them out at night will help relieve any soreness and prevent infection.

Keep regular dental appointments:

Appointments will help make sure that dentures are being kept in good condition and the mouth is still healthy.

Acknowledgement

I acknowledge that the dentures I have received fit well and need no further adjustment.

Patient Signature

Date