

WARNING

The following show contains stunts performed by professionals. Please do not attempt. Please do not lean on doorway. Stand clear of the closing doors please. Smoking causes lung cancer, heart disease, and may complicate pregnancy. Expectant mothers should not ride. Supervise children at all times. Children have been shown to have an increase in suicidal thinking and behavior when taking antidepressants. Refrigerate. Shake well. If swallowed, call a Poison Control Center right away. Take with food. For external use only. Results may vary. This film is not yet rated.

recipes for nothing

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People are scary. They ridicule, they judge, they laugh. They expect you to actually speak when you're spoken to, no matter how difficult it may be. If you find yourself wishing to just disappear into the wall, to be left alone and unnoticed, then perhaps you should try invisibili-tea.

For this recipe you will need:

*a wardrobe of unimpressive, dark clothing
an empty seat in the back of the classroom,
and an overall sense of apathy*

- 1. Put on your unimpressive, dark clothing. Make sure the outfit is very basic—there must be no bright graphics or wild patterns that would attract attention.*
- 2. Sit in the empty seat in the back of the classroom. This way you're less likely to be called on by a teacher.*
- 3. Avoid doing things that may draw attention, such as raising your hand, coughing, or making eye contact.*
- 4. If you do start to crave a little bit of attention/interaction, you must fight this desire by replacing it with pure apathy.*
- 5. Now you're an inconspicuous shadow in the back of the room.*

Being invisible can get quite lonely and mundane. Luckily, there are several things you can do to occupy yourself. You can draw, write, sleep, read, or think.

> Drawing and writing are excellent ways of pretending that you are being productive. To feel even more accomplished, invent challenges for yourself such as drawing with your eyes closed, or writing backwards.

> If you don't really care for productivity, then congratulations! You have really mastered the art of apathy. There isn't much left to do besides escape to a universe where things are far more interesting. This is achieved through either reading, or sleeping. Reading allows you to escape to the destination of your choosing. Sleeping is more random, if that's the kind of thing you like.

> Thinking is the least recommended out of these five options, because it can get pretty scary. You may escape into thoughts that twist, turn, and mutate into things far worse than the world you are trying to escape. Be careful.

get-your-shit-together sauce

You thought too hard, didn't you? That was bound to happen eventually. In fact, I was waiting for it to happen. I was waiting for you to walk into this part of your mind. No books or drawings can distract you from this place. No amount of sleep can take you away. And you might wanna note that I am impervious to invisibility. Who am I? I am you. I guess you can say I'm your voice of reason.

These things that you're doing are making you miserable, dude. You never wanted to be invisible. You want love and attention just like everyone else. And you'll have it too. But you gotta get your shit together first, okay? Great. Let's start.

For this recipe, you will need:

a trash bag

trust, lots of trust.

Mindless Self Indulgence concert tickets

1. *Place all nefarious items/substances into the trash bag.*
2. *Here's where trust comes in. I know those aren't all of the items. You can't lie to me—I'm you, remember? All of them have to go. Yes, even the sleep meds. Especially the sleep meds. We both know you don't have insomnia.*
3. *Take out the trash.*

4. *I guess you're just gonna have to stick around in this world for a while longer now. Might as well have some fun. Go ahead and purchase those MSI tix. You know you want to...*

- > *Stare at the wall.*
- > *Stare at the floor.*
- > *Stare into each other's eyes—awkward.*
- > *Invent a word!*
- > *Or just go with "um..."*
- > *Um's, yeah's, and so's are lifesavers sometimes.*
- > *Of course, they're just placeholders until an idea comes along.*
- > *There's always something.*
- > *There has to be.*
- > *Politics.*
- > *The weather.*
- > *That one guy that did that thing.*
- > *A sudden spark!*

- > *"Oh, remember when—" collides with "So did you see—"*
- > *Laughter.*
- > *"Go ahead!"*
- > *"No, you go ahead!"*
- > *I'm glad I found you.*

I love that idiom—tough cookie. It's not quite an oxymoron, but those two words evoke an interesting image when I hear them together. I associate "tough" with the archetype of a rugged, beefy biker in a leather jacket. However, you can't exactly look super tough when you're dunking a chocolate chip cookie into a glass of warm milk, no matter how studded that leather jacket is.

The recipe for a successful tough cookie varies from person to person. In fact, the following recipe is merely my suggestion. Feel free to substitute ingredients and edit steps as you see fit.

For this recipe you will need:

*a cup of invisibili-tea
some antiboredom appetizers
s big jar of get your shit together sauce
a hot entrée of your choice
and a few tablespoons of sugar*

- 1. Drink the invisibili-tea. You will start feeling nauseous at some point, but this just means it's working.*
- 2. Take some antiboredom appetizers. They should temporarily relieve the nausea, but don't rely on them as a permanent solution.*
- 3. Fill a tub with the get-your-shit-together sauce. Dive in.*

4. Find your hot entrée. Dig in.

5. I just really like sweet things, okay? They taste good. You don't have to add sugar if you don't want to.

Of course, the "tough cookie" scenario doesn't need a biker dude at all to be a contradiction. A cookie itself is small and naive. But when the cookie goes through certain things, it learns to be more fearless and accepting. It hardens. It becomes a tough cookie.

Or perhaps you just added too much flour.

