# Shaper Research

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## 1 Momentum Methods

The following is a list of accelerated methods for convergence on gradient descent. We seek to optimize objectives of the form

$$x_{t+1} = x_t - \eta \nabla f(x_t). \tag{1}$$

# 1.1 Polyak's Method (Heavy ball)

For some  $\beta \in [0, 1]$ 

$$x_{t+1} = x_t - \eta \nabla f(x_t) + \beta (x_t - x_{t-1}).$$
 (2)

### 1.2 Nesterov's Method (NAG)

• Polyak's has the potential to oscillate [1] despite being  $\beta$ -smooth and  $\alpha$ -strongly convex.

For some 
$$\beta \in [0, 1]$$

$$x_{t+1} = x_t - \eta \nabla f(x_t + \beta(x_t - x_{t-1})) + \beta(x_t - x_{t-1}).$$
(3)

The primary difference between Nesterov's and Polyak's method is that Polyak's method evaluates the gradient *before* applying momentum, whereas Nesterov's method evaluates the gradient *after* applying momentum.

#### 1.3 Adam

#### References

[1] Laurent Lessard, Benjamin Recht, and Andrew Packard. Analysis and design of optimization algorithms via integral quadratic constraints. SIAM Journal on Optimization, 26(1):57–95, 2016.