

Intro To Psychology

PY 101-010 | Fall 2022 | 3 Credit Hours

Lecture

Dr. Robert Lyman

Contact Information

UA Campus Directory:

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Prerequisites

UA Course Catalog Prerequisites:

No prereqs found

Course Description

Course Description and Credit Hours

Basic principles of psychology.

Required Texts

Required Texts from UA Supply Store:

- PHELPS, BERKMAN & GAZZANIGA / PSYCHOLOGICAL SCIENCE 7th Edition
(Required) ACCESS GRANTED DIGITAL MATERIALS / PY 101/105 ACCESS
GRANTED PROGRAM
- PHELPS, BERKMAN & GAZZANIGA / (eBook) Psychological Science (with Ebook
and InQuizitive) (E - Book)

Student Learning Outcomes

General Learning Outcomes for 100- and 200-level Courses:

1. Students will be able to identify key concepts in the arts, sciences, and humanities to provide a broad perspective on the human condition.
2. Students will be able to recognize and explain the scientific method and evaluate scientific information.

Learning Outcomes for PY 101:

1. Students will be able to describe the significance of psychology as a science.
2. Students will be able to define major psychological constructs.
3. Students will recognize how course concepts apply to daily life.
4. Students will understand how biological and environmental factors contribute to human behavior and emotion.

Learning outcomes will be evaluated through two (2) writing assignments, and four (4) exams.

Other Course Materials

Course website: <https://ualearn.blackboard.com>

- This website provides students with quick access to course materials including assignments, class updates, and lecture Power Point slides.

. Outline of Topics

- **Tentative schedule**
- This schedule is subject to change. Any changes will be announced in class.

Date	Topic	Assignments/Reading
8/18	Introduction to the Course	Syllabus
8/23	The Science of Psychology	Ch. 1
8/25	Research Methodology	Ch. 2
8/30	Research Methodology	Ch. 2
9/1	Biology and Behavior	Ch. 3

Date	Topic	Assignments/Reading
9/6	Biology and Behavior	Ch. 3
9/8	Consciousness	Ch. 4
9/13	Consciousness	Ch. 4
9/15	Exam 1	Ch. 1,2,3,4
9/20	Sensation and Perception	Ch. 5
9/22	Sensation and Perception	Ch. 5
9/27	Learning	Ch. 6
9/29	Learning	Ch. 6
10/4	Memory	Ch. 7
10/6	Memory	Ch. 7
10/11	Thinking, Language, and Intelligence (Writing Assignment 1 due)	Ch. 8
10/13	Thinking, Language, and Intelligence	Ch. 8
10/18	Exam 2	Ch. 5,6,7,8
10/20	Human Development	Ch. 9
10/25	Human Development	Ch. 9
10/27	Emotion and Motivation	Ch. 10
11/1	Health and Well-Being	Ch. 11
11/3	Social Psychology	Ch. 12
11/8	Exam 3	Ch. 9,10,11,12
11/10	Personality	Ch. 13
11/15	Psychological Disorders	Ch. 14
11/17	Psychological Disorders	Ch. 14
11/22	No Class: Thanksgiving Holiday	
11/24	No Class: Thanksgiving Holiday	Ch. 15

Date	Topic	Assignments/Reading
11/29	Psychological Treatment	
12/1	Psychological Treatment (Writing Assignment 2 due)	Ch. 15
12/7	EXAM 4 (10:30 am - 12:30 pm)	Ch. 13,14,15

Exams and Assignments

Assignments

- Writing Assignments:** Students will complete two writing assignments. One assignment will be completed during the first half of the semester (due by October 11 at midnight). The other assignment will be completed during the second half of the course and will be turned in by the last day of class (due by December 1 at midnight). For each writing assignment, students will be required to 1) identify, summarize, and discuss a psychological concept or issue we discussed in class and/or is addressed in the textbook, and 2) describe how this concept applies to their daily life or what they observe in society. Each paper should address a different psychological concept or issue. Students will be graded based on the following rubric: Clear, accurate and complete identification of concept or issue **and** informed/accurate discussion of application – 20 points. Less than clear, accurate and complete information and discussion of **either** concept/issue or application – 15 points. Less than clear, accurate and complete information and discussion of **both** concept/issue and application – 10 points. Failure to turn in paper by due date and time – 0 points. Papers should be between one and three pages in length and should be submitted in Microsoft Word to Blackboard or the instructor's email address. Late writing assignments will not be accepted. Since this is a long-term assignment, short-term excuses are not applicable, however, disability accommodations will still be in effect.
- Assigned Reading:** Students are expected to read the assigned textbook pages.

Exams

Students will complete four (4) exams. The first three exams will be administered during the class period. The fourth exam will be administered during the final exam period for this course. Exams will be based on information contained within lectures and assigned textbook chapters. Exams will consist of 30-40 multiple choice questions and will not be cumulative. Dates of exams and material covered are listed in the above Outline of Topics.

Grading Policy

Please keep in mind that the research requirement is not directly calculated into your grade, but failure to complete the research participation requirement will result in a grade reduction by one full letter grade.

Item	Points	Percentage
2 Writing Assignments	40 points (20 each)	9%
4 Exams	400 points (100 each)	91%
Total	440 points	100%

$A+ = 97 - 100\%$, $A = 93-96\%$, $A- = 90-92\%$, $B+ = 87-89\%$, $B = 83-86\%$, $B- = 80-82\%$, $C+ = 77-79\%$, $C = 73-76\%$, $C- = 70-72\%$, $D+ = 69-67\%$, $D = 63-66\%$, $D- = 60-62\%$, $F = 0-59\%$

Note: I will round up grades that are within less than .5% of the next number. Thus, an 89.8 would be an A-. However, I do not round up grades that are not within .5% of the next number (e.g., 89.4999 is a B+).

Policy on Missed Exams

Missed Exams

Students who receive excused absences will be permitted to make up exams. An absence due to illness, travel for a school-sponsored event, or a death in one's family will be excused. The instructor will evaluate other absence requests on a case-by-case basis. He will determine whether the absence will be excused. To be excused, absences require proper documentation (e.g., a doctor's note). Students are responsible for contacting the instructor about missed exams. The instructor will accept excuses up to five (5) days (including weekends) after an exam.

Attendance Policy

Although attendance will not be formally recorded, I expect students to attend class regularly.

Notification of Changes

The instructor will make every effort to follow the guidelines of this syllabus as listed; however, the instructor reserves the right to amend this document as the need arises. In such instances, the instructor will notify students in class and/or via email and will endeavor to provide reasonable time for students to adjust to any changes.

Email Policy

Please include **PY101** in the subject line of each email. The instructor will attempt to respond to your email within **two (2)** business days.

Technology Policy

Students should only use phones, tablets and laptops for class-related purposes. Students who fail to abide by this policy will be asked to leave the classroom.

Class Conduct Policy

I strongly encourage students to ask questions and participate in class discussions. Note that sensitive and controversial topics may arise during the discussion of psychological concepts. So, please be respectful of your peers and the instructor. Derogatory comments will not be tolerated.

Research Requirement

One requirement for passing Introductory Psychology is participating in approved psychological research conducted by the faculty and students in the University of Alabama Psychology Department. This addendum to the PY 101 course syllabus describes this requirement in detail and how you fulfill it.

Purpose of the Research Participation Requirement

The field of Psychology is primarily concerned with people's behaviors, thoughts, and emotions. To study people scientifically, it is essential that individuals participate in psychological studies. The students fulfilling their research requirement in Introductory Psychology Courses are a group of individuals who are available to the faculty and students in the psychology department for research. Your participation in research is, therefore, very important to the ongoing research projects conducted by individuals in this department. Your participation is very much appreciated.

We also believe that you can learn something about the field of psychology and how psychological research is conducted by being a research participant. You should feel free to contact the experimenters of any study if you are interested in learning more about the experiment and some of the findings. To aid in the educational value to you, experimenters should be more than willing to answer your questions about their research. Note: However, to help maintain confidentiality, experimenters may not be able to give you any specific information about your individual results.

Basic Requirement

To satisfy the requirement you must earn TWELVE (12) research credits during the semester for which you are enrolled in PY 101 or PY 105.

Penalty for Failing to Complete the Basic Requirement

Departmental policy dictates that if you fail to complete the requirement your course grade will be reduced by ten percent or one letter grade. For example, a B- would become a C- and an A would become a B.

Availability of Studies

There are many different researchers with different studies, all working independently according to their own needs. Because of this, the availability of studies can be somewhat unpredictable, and studies can sometimes become scarce at the end of the semester when many researchers are focused on finals or other responsibilities. This means that it is of vital importance to earn credits throughout the semester as studies become available and to not wait until the end of the semester. If you wait until later in the semester to start earning credits, there may not be enough studies available for you to participate in.

Credits earned for participating in studies

The number of credits earned for participating in research varies depending on whether the research can be done on-line or if it involves coming to a researcher's lab. If you participate in an on-line study, you will receive $\frac{1}{2}$ point for every $\frac{1}{2}$ hour that you spend participating in the research.

However, laboratory studies are worth more than on-line studies because you have to actually travel to the researchers' lab. They are worth 1.5 times the amount of on-line studies. This means that a $\frac{1}{2}$ hour experiment will result in 1 credit, 1 hour experiment = 1.5 credits, 1.5 hour experiment = 2.5 credits, 2 hours = 3 credits, and 3 hours = 4.5 credits. The amount of credit each study is worth is listed on the Subject Pool website.

Attendance Requirement

When you sign up for an experiment, you must come to the room shown for the experiment on the Research Participation Web Site. Be sure to check the room number prior to the day of the experiment to see if you know where it is. If you are unfamiliar with the location of the room, contact the experimenter to get directions. Experimenters are obligated to wait 5-10 minutes from the time that the experiment is scheduled to start, if you are more than 10 minutes late it is considered a NO-SHOW.

No-Show Accounts

When a student does not show up to an experiment, experimenters grant that student a “NO SHOW” rather than participation credit. The subject pool coordinator will keep track of your NO SHOWS through a computer-generated tracking system called a “NO SHOW” account. If you accrue three or more “NO SHOWS,” we will assume that you do not want to fulfill the research requirement by participating in experiments. After accruing three or more NO SHOWS, you will be excluded from participating in any further experiments, and you will have to fulfill the requirement through one of the alternatives listed at the end of this document.

Keep in mind that it is your responsibility to arrive at the correct room on time! Failure to find the correct room on time or going to the wrong room for an experiment is NOT an acceptable excuse. Participants who arrive more than 10 minutes late to an experiment may not be able to participate or receive credit for the study. If that is the case (that you are not allowed to participate in the experiment), you will have a “NO SHOW” added to your account. If you find that you cannot attend the experiment at the time for which you signed up, you must cancel the experiment by logging on to the subject pool website no later than 9pm the night before the study is scheduled to take place. Note: Sending an email at the last minute to the experimenter is NOT an acceptable form of cancellation and may result in a no show being added to your account. ALSO, YOU MUST CANCEL THE EXPERIMENT ONLINE.

“NO SHOWS” may also be assigned by experimenters for online-only studies. If a student signs up for a study but fails to complete that study by the due date, that student may be granted an unexcused NO SHOW by the experimenter.

Bonus Credits for those students with “0” UNEXCUSED NO SHOWS

If students accrue NINE (9) units of credits with “0” UNEXCUSED NO SHOWS, the subject pool coordinator will grant the student THREE (3) additional bonus credits. The 1 additional point is a reward to the student for being conscientious. Thus, the conscientious student who is able to accrue 9 units of credits with “0” UNEXCUSED NO SHOWS will have to earn 9 rather than 12 units of credit to fulfill the research requirement. The subject pool coordinator will add the additional bonus point at the end of the semester. Please note that you will still receive the bonus credits if you get an “Excused No-Show.”

Necessity for all PY 101/ 105 students to create an account

ALL PY 101/105 STUDENTS MUST CREATE A RESEARCH ACCOUNT. THE STEPS FOR CREATING AN ACCOUNT ARE OUTLINED IN THE NEXT

SECTION TITLED, “PROCEDURE FOR RESEARCH PARTICIPATION.” It is necessary for you to establish an account so that the subject pool coordinator will be able to communicate with you about due dates, changes in procedure, etc. The research coordinator will not be able to communicate with you unless you establish a research account. If you fail to complete your research requirements because you didn’t create an account and therefore didn’t receive notices about due dates, changes in procedure, etc., the subject pool coordinator will not be held liable. It is your responsibility to establish a research account as soon as possible. Account requests will begin being processed on the first day of classes. The subject pool coordinator would like for all PY 101/105 students to create an account within the first two weeks of the semester.

Procedure for Research Participation

The Research Signup Website

All research signups will take place online. The Research Participation website may be found at <https://uapsych.sona-systems.com>. The first time you access this website, you will need to create a user account. You must use your new University of Alabama Student Identification number. You must enter your name and a UserID; you must enter your CWID both as your UserID and as your student number. The system will send you an email to the address you specified which will have your account information and password in it. It is also crucial that you accurately select your instructor and course section. If you select the wrong instructor you may not get credit for participating. You are responsible for making sure this information is accurate. If it is inaccurate, your credits may not be properly reported to your instructor.

VERY IMPORTANT: Your UserID is your CWID!!! Do not enter anything except your CWID in the UserID box. If you enter an incorrect ID, your account will be DELETED by the website administrator. You will lose all credits and signups that you have received and you WILL NOT be able to get them back. PLEASE MAKE SURE THAT YOU SIGNUP FOR THE CORRECT SECTION OF PY101/105.

The first time you login, you will be asked to read and agree to a statement of rights and responsibilities of participants and researchers when conducting research with human subjects. Please read this carefully. Once you have logged in, you will be given a menu where you can either: 1) signup to participate in an available study, 2) view studies that you have completed in

the past or for which you are currently signed up (or cancel current studies), and 3) modify your user profile.

When you sign up for an experiment, a confirmation will be immediately sent to you. Additionally, a reminder will also be sent 24 hours before your scheduled appointment. It is important to note that all experiments go offline and will be unavailable for signups at 9:00pm the night before they are to take place. This means that if you want to participate in an experiment that is set for 3:00pm on Thursday, you need to sign up by 8:59pm Wednesday night; at 9:00pm this experiment will be unavailable for signups. Note: You may NOT attend an experiment unless you have properly signed up for that experiment on the website. If you participate in an experiment without signing up on the website the experimenter will NOT be able to grant you credit and you will have wasted your time.

Finally, persons who repeatedly signup for experiments but do not show up for those experiments without canceling will not be allowed to continue to sign up for experiments. This applies to online-only studies as well. Once a student has received 3 NO SHOWS, their User ID will be removed from the Research Pool database. TO REITERATE, STUDENTS WITH 3 OR MORE “NO SHOWS” WILL NOT BE ABLE TO SIGN UP FOR NEW EXPERIMENTS. Students who are removed can appeal this removal and discuss any extenuating reasons underlying it with the administrator of the Research Pool. You may contact the administrator by e-mail at subjpool@ua.edu. Additionally, because of the limited number of opportunities to participate, it is highly recommended that you complete your participation as early in the semester as possible.

Can I Appeal if there is an error or if there are extenuating circumstances?

If you failed to meet the Participation requirement or the attendance requirement for what you consider to be a legitimate reason, you are welcome to appeal to a representative of the research participation committee. You can contact the representative by emailing subjpool@bama.ua.edu. You will need to provide documentation (e.g., accident reports, physician's note) of any incidents that you wish to argue caused you to fail to meet the requirements. Note: Simply providing documentation does not mean that your appeal will be successful.

To make an appeal you should fill out a Research Requirement Appeal Form (available in the Psychology Office--GP 348), attach any relevant documentation, and put it in the Research Box in the main office (GP 348). The result of your appeal will be communicated to you through a representative or through your PY 101 instructor. All appeals must be filed within two weeks of the missed attendance requirement.

If you file an appeal after the semester has ended (e.g., during final exam week), it is unlikely that the matter will be resolved before final grades are submitted. If you

would like for the appeal to be considered before final grades are submitted, you must file the appeal a week before the semester ends.

What if I Do Not Receive Credit for an Experiment That I Did?

The first thing you must do is contact the experimenter. Experimenters have up to 5 days after each subject completes the experiment to post the credits. If you do not have your credit after 5 days, you need to email the experimenter. Do not contact the subject pool administrator for these issues until you have first contacted the experimenter. If for some reason the experimenter does not cooperate, you may appeal to the Research coordinator at subjpool@ua.edu. You must have a valid experimental credit slip for all experiments in which you participated. Attach copies of the credit slips of the experiments you have completed to the appeal form, and turn that in to the main office (GP 348).

What if I Go to an Experiment and the Experimenter Is Not There?

If you show up for an experiment and the experimenter is not there, you must wait 10 minutes. If the experimenter does not show up after 10 minutes you should go to the main office (GP 348) and report the experimenter no-show to a secretary. They will ask you for some information about the experiment and leave a note for the Research Participation Committee. If the no-show is confirmed you will receive credit for the experiment. If the no-show is not confirmed we will contact you about the discrepancy. Note: You must wait for the experimenter to show up for at least 10 minutes from when the experiment is scheduled. Also you must report experimenter no-shows during the time that the experiment was scheduled. DO NOT leave and come back to report a no-show later in the day.

Alternatives to Research Participation

Your participation in research is very helpful to the work of the individual faculty and students in this department, and we believe that you can learn something about the field of psychology from your participation. So, we encourage you to participate in research. However, we recognize that some of you may choose not to participate in research. If you, for whatever reason, are not comfortable participating in psychological studies you may choose not to do so. It should be pointed out, however, that it is necessary to create a research account even if you choose not to participate in experiments. This is because the subject pool coordinator will have to communicate with you (i.e., all PY 101 students) throughout the semester. These communications will guide you in completing your research requirements. The subject pool coordinator will not be able to communicate with you unless you establish a research account.

An acceptable alternative to research participation is writing 600-word papers on approved topics that will be assigned by the Research Participation Committee. You can opt for the paper alternative at any point during the semester. In fact, you can earn your research credits by participating in research experiments and by writing papers. Each paper will count as one unit of credit. It should be noted that students wishing to earn their research credit solely by writing papers will only have to write NINE papers --as long as they have not accrued points in their NO SHOW account. However, students accruing one or more NO SHOWs will have to earn all of their credits through writing papers, participating in research, or both. Thus, you could earn 3 units of credit via research participation and depending on whether or not you have NO SHOWS, you could earn the additional NINE units of credit via writing papers.

Prompts for papers can be found on the research pool website under the study title “Research Alternative – Research Papers”. This option is listed as though it were a study. The “study” listed as Research Alternative – Research Papers will never say “timeslots available” because students may complete this option at any time. To view the prompts and begin completing the papers, click on the study title and begin completing the instructions listed under the “study description”. Make sure to follow ALL directions (especially submitting the file as a .doc or .docx file only), as papers that do not meet these requirements will not be accepted for credit.

The papers will be evaluated by the research committee and must be accepted by the committee to count as research credit. Unacceptable papers will be returned to the student for revision. If an unacceptable paper is submitted too close to the deadline (e.g., within 48 hours), the student may not receive feedback that a paper was not accepted until after the deadline has already passed. Papers that violate the University Policy on Academic Dishonesty will be referred to the University Committee on Academic Dishonesty for disciplinary action. If you choose to write the papers or attend colloquia you must send an e-mail to the subject pool coordinator at the following address: subjpool@ua.edu. The research coordinator will then be in contact with you within five days. Further details about the papers or colloquium attendance and a schedule of due dates will be provided to those who prefer this alternative. If you wish to discuss these alternatives you should contact the Psychology Department’s research committee representative at subjpool@bama.ua.edu. The due date for papers is December 2, 2022 at 5PM UA TIME. The last day to gain credits from experiments is December 2, 2022. **THIS IS A FIRM DEADLINE— NO LATE PAPERS WILL BE ACCEPTED, NO MATTER HOW CLOSE THEY ARE TO THE DEADLINE.** Because students have all semester to complete this requirement, excuses for the date of the deadline will not result in an extension of the deadline. Late papers will not be accepted under any circumstances. It is important for credit counts to be final at this point so that the credits can be processed in a timely manner

and instructors will have time to adjust grades accordingly. If you have any questions about any of these policies, please contact the Research Pool Coordinator by e-mail at subjpool@ua.edu or Dr. Sheila Black by e-mail at sblack@ua.edu.

Statement on Academic Misconduct

Students are expected to be familiar with and adhere to the official [Academic Misconduct Policy](#) provided in the Online Catalog.

Statement On Disability Accommodations

Contact the [Office of Disability Services \(ODS\)](#) as detailed in the Online Catalog.

Severe Weather Protocol

Please see the latest [Severe Weather Guidelines](#) in the Online Catalog.

Pregnant Student Accommodations

Title IX protects against discrimination related to pregnancy or parental status. If you are pregnant and will need accommodations for this class, please review the University's FAQs on the [UAct website](#).

Religious Observances

Under the Guidelines for Religious Holiday Observances, students should notify the instructor in writing or via email during the first two weeks of the semester of their intention to be absent from class for religious observance. The instructor will work to provide reasonable opportunity to complete academic responsibilities as long as that does not interfere with the academic integrity of the course. See full guidelines at [Religious Holiday Observances Guidelines](#).

UAct Statement

The University of Alabama is committed to an ethical, inclusive community defined by respect and civility. The UAct website (www.ua.edu/uact) provides extensive information on how to report or obtain assistance with a variety of issues, including issues related to dating violence, domestic violence, stalking, sexual assault, sexual violence or other Title IX violations, illegal discrimination, harassment, hate or bias incidents, child abuse or neglect, hazing, threat assessment, retaliation, and ethical violations or fraud.

Statement on COVID-19

All University faculty, staff, and students are expected to maintain a commitment to the health and safety of our campus community. Due to the current COVID-19 pandemic, specific health and safety standards are in place to minimize exposure and community spread on campus. In the interest of your health and safety and that of all UA students, faculty and staff, the University reserves the right to change the mode of instruction or schedule of instruction at any time, based upon prevailing public health and other guidance. While the method of delivery may change, educational instruction and opportunities will continue. As such, the University will not provide a refund of tuition, in whole or in-part, based on any such changes. Detailed information on changes in format or schedule can be found at studentaccounts.ua.edu and financialaid.ua.edu.

UA students, faculty and staff are required to comply with University Spring 2022 Operations (<https://healthinfo.ua.edu/news/university-spring-2022-operations/>) guidance regarding face coverings and other measures.

Getting vaccinated is the best way to [Protect Our Herd](#). COVID-19 vaccines are being administered by the [University Medical Center](#), [the Student Health Center](#) and various businesses and healthcare providers.

Wellness Resources

College can be a stressful time

If you or someone you know is facing a challenging time or dealing with academic or personal stress, anxiety, depression, or other concerns, we strongly encourage and support you to seek assistance or to help friends find the care that they may [need](#).

Also, If you are experiencing a personal crisis and need urgent assistance, you can also contact the following resources:

Counseling Center

- Monday-Friday during routine Center hours (205-348-3863).
- Weekends, holidays, after-hours (contact UAPD at 205-348-5454 and ask to speak with the on-call counselor).
- You may also text BAMA to 741-741 to text with a trained volunteer.

Women and Gender Resource Center

- Monday-Friday during routine Center hours (205-348-5040).
- Weekends, holidays, after-hours (contact UAPD at 205-348-5454 and ask to speak to the on-call advocate for the WGRC).