

Nacho Cheese Sauce

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| 1 | 4 Tbps 4 Tbsp | Butter Flour | Melt the butter, and mix in the flour to make a roux. |
| 2 | 2 Cup 16 oz | Milk Shredded cheese | Stir in milk over medium heat to make a béchamel sauce. Once the béchamel reaches 160 degrees, add the cheese and stir until melted. |
| 3 | 5 g 5 g 5 g | Paprika Cumin powder Onion Powder | Add seasonings. |

Nacho Meat

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| 1 | 5 | g | Salt |
| 2 | 5 g 5 g 5 g 5 g 5 g 5 g | Cumin Black Pepper Paprika Garlic Powder Onion Powder Chili Powder | Combine in a bowl. Note: You can also use store-bought taco seasoning mix here. |
| 3 | 1 1 | Onion, Diced lb | Ground Beef Brown the ground beef over medium heat. |
| 4 | 15 oz 6 fl. oz. | Red Kidney Beans water | Stir in water, kidney beans, and seasoning mixture. Reduce until most of the water has boiled away. |