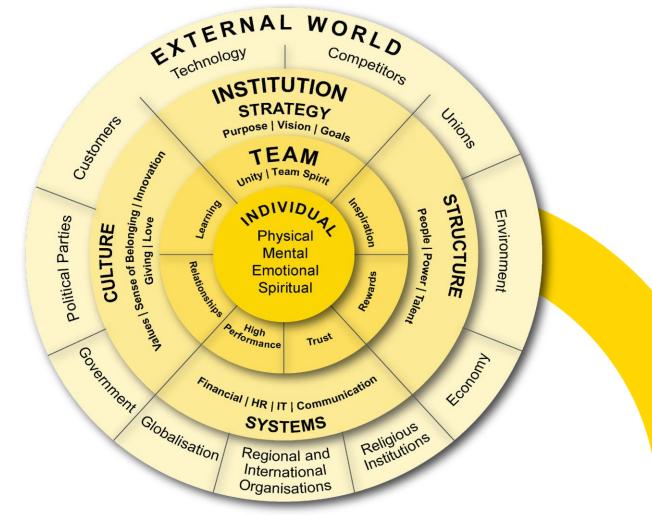


# REGENESYS' INTEGRATED LEADERSHIP AND MANAGEMENT MODEL:

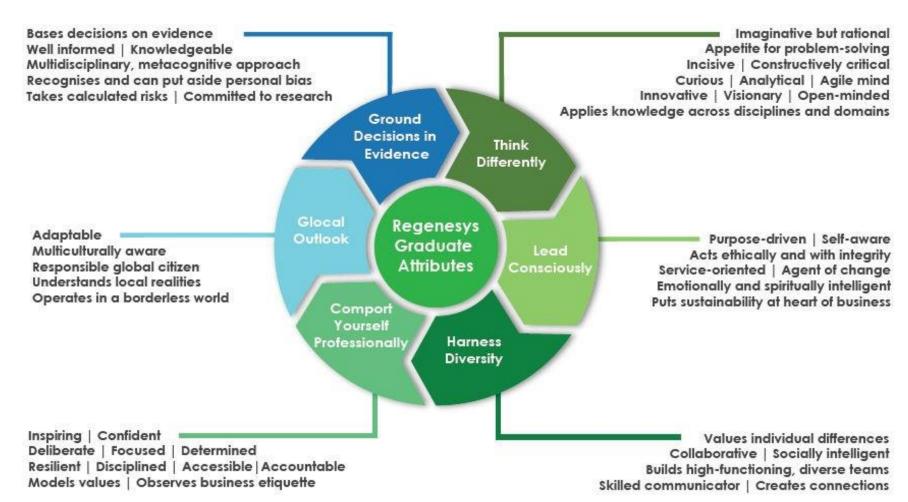
- Holistic focus on the individual (SQ, EQ, IQ, and PQ)
- Interrelationships are dynamic between individual, team, institution and the external environment (systemic)
- Strategy affects individual, team,
   organisational, and environmental
   performance
- **Delivery** requires alignment of strategy, structure, systems and culture





#### **REGENESYS GRADUATE ATTRIBUTES:**







#### KNOW YOUR FACILITATOR:



- Dr. Saquib Ahmad Khan is a highly respected professional in the cybersecurity field.
- He holds a Ph.D. in Computer Science and possesses multiple cybersecurity certifications, establishing him as an esteemed expert in cybersecurity.
- Dr. Khan is a prolific author, with numerous research papers and articles to his credit, focused on advancing the field of cybersecurity.
- He is a frequent speaker at prominent industry conferences and events,
   where he imparts his knowledge and insights to fellow professionals.
- Dr. Khan also possesses a strong foundation in marketing, management, information technology, and various applications, bolstered by multiple degrees.



#### **GROUND RULES:**



- Participate actively
- Be open-minded
- Listen carefully
- One conversation at a time
- Keep Cameras off for better bandwidth
- Mute yourself when you're not talking
- Respect the opinions of others
  - Give constructive feedback
  - ✓ Build on the ideas of others rather than destroying them
- > Take some risks and share new ideas
- When speaking, use "I think", "I feel", etc.(you are a very important aspect of this learning)

# HAVE FUN AND ENJOY THE EXPERIENCE!





# Module 01- Comprehensive Cybersecurity Primer: Concepts, Practices, and Strategies

- Fundamentals of cyber security threat actors, attacks, and mitigation
- Cyber Security Fundamentals
- Security Policies and Procedures
- Cyber Security mitigation methods
- CIA Triad



#### On completing this module, you should be able to:

- List different kinds of cybersecurity protections and understand why they are important today.
- Explain what cyber threats are, sort them into different types, and identify who is behind them.
- Identify various types of cybersecurity protections and understand their importance in today's world.
- Define cyber threats, categorize them, and Identify actors involved in cyber threats...
- Examine the importance and functions of cybersecurity policies, and categorize them into different types.
- Use effective strategies and security measures to prevent cyber-attacks and protect your mobile device.
- Describe the CIA Triad principles, explain their importance with real-life examples, and demonstrate how to apply them in practical situations.



### **CYBER SECURITY:**



The technique of protecting internet-connected systems such as computers, servers, mobile devices, electronic systems, networks, and data from malicious attacks is known as cyber security.

**Cyber Security** 

**Cyber** refers to the technology that includes systems, networks, programs, and data.

**Security** is concerned with the protection of systems, networks, applications, and information.



### **CYBER SECURITY TYPES:**





Network Security



Application Security



Information / Data Security



Identity Management



Operational Security



Mobile Security



**Cloud Security** 



Disaster
Recovery and
Business
Continuity



**End-User Education** 



## THE QUESTION IS....



Why is Cyber Security important?



#### **CYBER SECURITY THREAT:**



A cyber security threat is a **malicious** and **deliberate attack** by an individual or organization to gain unauthorized access to another individual's or organization's network to damage, disrupt, or steal IT assets, computer networks, intellectual property, or any other form of sensitive data.

A Cyber Threat or a Cyber Security Threat is a malicious act performed by hackers to intentionally steal data or other assets, misuse them, or simply cause disruption in digital life in general.





Malware

Phishing

Social Engineering

MitM Attacks

DoS and DDoS Attacks

**Zero-Day Exploits** 

**SQL** Injection

Cross-Site Scripting (XSS)

Ransomware





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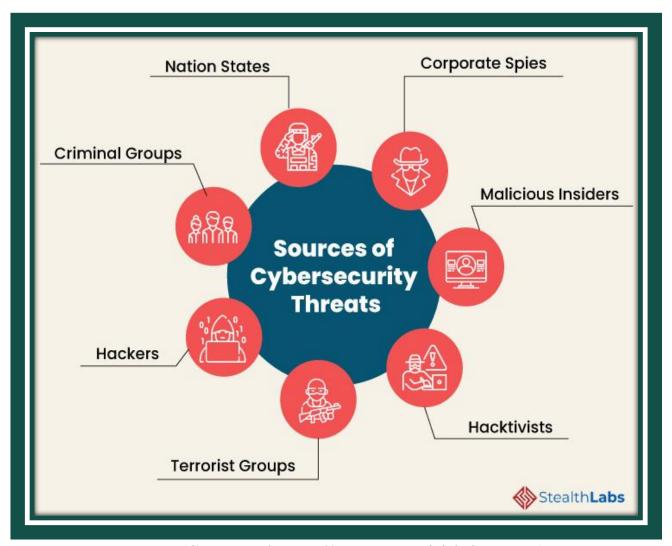
Cross-Site Scripting (XSS)

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#### **CYBER SECURITY THREAT ACTORS:**







(Source: https://www.stealthlabs.com)

#### **CYBER SECURITY POLICIES:**



Policies are divided in two categories –

**User Policies** 

#### **IT Policies**

- General Policies
- Server Policies
- Firewall Access and Configuration Policies
- Backup Policies
- VPN Policies



#### TIPS FOR MITIGATING CYBER ATTACKS:

Update and upgrade software

Limit and control account access

Enforce signed software execution policies

Formalize a disaster recovery plan

Actively manage systems and configurations

Hunt for network intrusions

Leverage hardware security features

Segregate networks using applicationaware defense

Consider using threat reputation services

Leverage multifactor authentication

Monitor third-party security posture

Assume insider threats exist



#### SECURING YOUR MOBILE DEVICE:



01. Use strong passwords/biometrics

02. Ensure public or free Wi-Fi is protected

03. Utilize a VPN

04. Encrypt your device

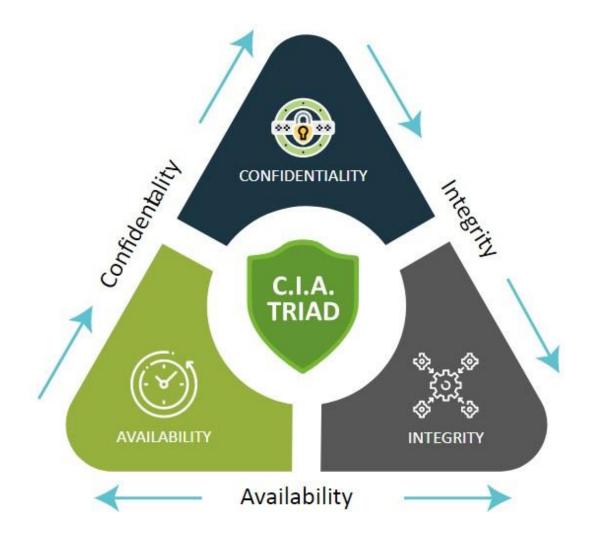
05. Install an Antivirus application

06. Update to the latest software

07. Be discerning







(Source: Team, C. (2022, July 26). Website Security: SSL Certificate, Web Secrity, Hosting & Backup. Website Security Store. https://websitesecuritystore.com)



## THE QUESTION IS....



# Why is CIATRIAD so important?



#### RESEARCH ASSIGNMENT....



The Facebook and Cambridge Analytica Scandal.



#### WHY SHOULD YOU USE THE CIA TRIAD?



The CIA triad offers a simple yet comprehensive checklist to evaluate your cyber security measures and tools. An effective security system provides all three components – confidentiality, integrity and availability. An information security system that doesn't encompass all three aspects of the CIA triad is insufficient.

The CIA triad is also helpful after an attack to find out what went wrong and what, if anything, worked well. For instance, availability may be compromised after a ransomware attack, but the systems might still maintain other important information. Such data can be used for addressing weak points and replacing them with more effective measures and policies.



## THE QUESTION IS....



# How To Apply The CIA Triad Principles?



