

Mental health status (anxiety, depression) and caffeinated beverage consumption frequency among participants (N = 601)

Variable	How often do you consume caffeinated beverages?				X <sup>2</sup>	P - Value
	Daily	Never	Once a week	Several times a week		
<b>Anxiety</b>					24.718	0.003
Mild anxiety	155	29	29	79		
Minimal anxiety	91	27	13	47		
Moderate anxiety	48	2	13	40		
Severe anxiety	19	0	4	5		
<b>Depression</b>						
Mild Depression	102	23	30	64	36.321	0.0003
Moderate Depression	118	10	9	51		
Moderately severe Depression	30	2	7	15		
No Depression	54	22	9	31		
Severe Depression	9	1	4	10		