

Distribution of Responses to GAD-7 Items with Percentage, Mean (Avg), and Standard Deviation (SD), [N = 601]

Variable	Statements	Not at all (%)	Several days (%)	More than Half of the days (%)	Nearly every day (%)	Avg	SD
GAD1	Feeling nervous, anxious, or on edge	193 (32)	263 (44)	59 (10)	86 (14)	1.063	0.995
GAD2	Not being able to stop or control worrying	195 (32)	301 (50)	58 (10)	47 (8)	0.928	0.854
GAD3	Worrying too much about different things	112 (19)	251 (42)	78 (13)	160 (27)	1.476	1.075
GAD4	Trouble relaxing	282 (47)	193 (32)	81 (13)	45 (7)	0.815	0.933
GAD5	Being so restless that it's hard to sit still	321 (53)	146 (24)	99 (16)	35 (6)	0.747	0.932
GAD6	Becoming easily annoyed or irritable	140 (23)	335 (56)	69 (11)	57 (9)	1.072	0.850
GAD7	Feeling afraid as if something awful might happen	316 (53)	135 (22)	75 (12)	75 (12)	0.849	1.062

Distribution of Responses to FHQ-9 Items with Percentage, Mean (Avg), and Standard Deviation (SD), [N = 601]

Variable	Statements	Not at all (%)	Several days (%)	More than Half of the days (%)	Nearly every day (%)	Avg	SD
PHQ1	Little interest or pleasure in doing things	206 (34)	276 (46)	50 (8)	69 (11)	0.970	0.941
PHQ2	Feeling down, depressed, or hopeless	215 (36)	283 (47)	65 (11)	38 (6)	0.877	0.840
PHQ3	Trouble falling or staying asleep, or sleeping too much	153 (25)	250 (42)	86 (14)	112 (19)	1.261	1.038
PHQ4	Feeling tired or having little energy	84 (14)	299 (50)	93 (15)	125 (21)	1.431	0.971
PHQ5	Poor appetite or overeating	152 (25)	333 (55)	77 (13)	39 (6)	1.005	0.801
PHQ6	Feeling bad about yourself - or that you are a failure or have let yourself or your family down	183 (30)	220 (37)	74 (12)	124 (21)	1.231	1.096
PHQ7	Trouble concentrating on things, such as reading the newspaper or watching television	251 (42)	229 (38)	75 (12)	46 (8)	0.860	0.911
PHQ8	Moving or speaking so slowly that other people could have noticed. Or the opposite-being so fidgety or restless that you have been moving around a lot more than usual	352 (59)	138 (23)	78 (13)	33 (5)	0.654	0.904
PHQ9	Thoughts that you would be better off dead, or of hurting yourself in some way	153 (25)	325 (54)	79 (13)	44 (7)	1.023	0.824