

Mental health status (anxiety, depression) and caffeinated beverage consumption frequency among participants (N = 601)

Variable	How often do you consume caffeinated beverages?					χ^2	P - Value
	Daily	Never	Once a week	Several times a week			
Anxiety						24.718	0.003
Mild anxiety	155	29	29	79			
Minimal anxiety	91	27	13	47			
Moderate anxiety	48	2	13	40			
Severe anxiety	19	0	4	5			
Depression							
Mild Depression	102	23	30	64		36.321	0.0003
Moderate Depression	118	10	9	51			
Moderately severe Depression	30	2	7	15			
No Depression	54	22	9	31			
Severe Depression	9	1	4	10			