

Caffeine intake of respondents (n= 601)

Anxiety & Depression (Generalized Anxiety Disorder)	Respondent %
[GAD1: Feeling nervous, anxious, or on edge]	
Several days	263 (43.76)
Not at all	193 (32.11)
Nearly every day	86 (14.31)
More than Half of the days	59 (9.82)
[GAD2: Not being able to stop or control worrying]	
More than Half of the days	58 (9.65)
Nearly every day	47 (7.82)
Not at all	195 (32.45)
Several days	301 (50.08)
[GAD3: Worrying too much about different things]	
More than Half of the days	78 (12.98)
Nearly every day	160 (26.62)
Not at all	112 (18.64)
Several days	251 (41.76)
[GAD4: Trouble relaxing]	
More than Half of the days	81 (13.48)
Nearly every day	45 (7.49)
Not at all	282 (46.92)
Several days	193 (32.11)
[GAD5: Being so restless that it's hard to sit still]	
More than Half of the days	99 (16.47)
Nearly every day	35 (5.82)
Not at all	321 (53.41)
Several days	146 (24.29)
[GAD6: Becoming easily annoyed or irritable]	
More than Half of the days	69 (11.48)
Nearly every day	57 (9.48)
Not at all	140 (23.29)
Several days	335 (55.74)
[GAD7: Feeling afraid as if something awful might happen]	
More than Half of the days	75 (12.48)
Nearly every day	75 (12.48)
Not at all	316 (52.58)
Several days	135 (22.46)