**COMSATS UNIVERSITY ISLAMABAD, LAHORE CAMPUS**

**COURSE:** INTRODUCTION TO PSYCHOLOGY

**COURSE INSTRUCTOR:** SAWERA KHAN

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**ROLLNO: FA17-BCS-081 TOTAL MARKS:**

30

**SECTION 1**

**Give short answers to the following questions. Each question carry equal marks**.

(10)

**1-**Which perspective would agree that eating disorders are more prevalent in the West because people are constantly bombarded with images of thin, perfect bodies. Justify your answer. (2)

Behavioral Perspective. As behavioral perspective states that the person is influenced by is surroundings.

**2-**A researcher prevents his participants with a series of flashing lights at varying intervals. He asks the participants to fully describe their internal experiences, as in which process?

(2)

This is an example of behaviorism. As the person is exposed to environment and is being asked of his experiences as what one is feeling.

**3-**Mr – Sam is looking across his fields, the parallel rows of young corn plants appear to converge in the distance. Which monocular cue is it, explain?

Linear Perspective. This perspective states that objects become smaller and closer together as they become distant. (2)

**4-**A parent’s statement to their child, “we want you to get A`s like the neighbor’s son “is an example of which type of motivation. Explain. (2)

Extrinsic Motivation. As this motive is outside the human body and has rewarding impact on individual.

**5-**What does perceptual set do?

A mental desposition to perceive one thing and not other. That is how you see certain things is because of perpetual set. (2)

**SECTION 2:**

**Attempt any two questions from the given choices. All questions carry equal marks.**

(10)

**Question no 1**: Albert is mean to his friends and gets what he wants, so he continues to be mean. This is an example of which contemporary perspective in psychology. Keeping in view, the above scenario, discuss the perspective and elaborate your answers with examples.

(10)

Above scenario is an example of behavioral perspective. He is getting what he wants by staying mean to his friends. And his behavior is allowing him to do these. So, he continued to do so. Behavior perspective s based on personality and it can be changed through conditioning.

**Question no 2:** Being afraid to go to school because of bullies’ best fits with what level on the hierarchy. Also discuss and explain other levels of hierarchy with examples from your daily life experiences. (10)

This example best fits with the Esteem needs.

Other levels of hierarchy are

Psychological needs

Safety needs

Belongings and love needs

Esteem needs

Self actualization needs

Lower needs need to be fulfilled before going to upper ones. The lower the need, the greater is the strength. Higher needs are important for our emotional well-being. Person needs to be valued so he can feel that he means something to the world.

For example, if we are happy and we have our basic needs fulfilled we are more relieved. Tus reaching the esteem level.

**Question no 3:** Foolish conformity to peer pressure is likely to be motivated by which order in the hierarchy of needs. Also explain the other levels in hierarchy with examples from daily life.

(10)

This belongs to belonging needs.

Other levels of hierarchy are:

Psychological needs

Safety needs

Belongings and love needs

Esteem needs

Self actualization needs

Lower needs need to be fulfilled before going to upper ones. The lower the need, the greater is the strength. Higher needs are important for our emotional well-being. Person needs to be valued so he can feel that he means something to the world.