



# Crunchy English Reader

Main Course Book



I



According to the National Education Policy (NEP)



# Crunchy English Reader

An Integrated Course in English  
Main Coursebook



- By -

Mrs. Vinita Jain  
MA (University of Delhi)  
ELT Course Designer

Mrs. Harsh Ahuja  
B.Ed (MD University)  
ELT Course Designer



---

---

*Import Export License No.: 330/002030 dt. Sept 27, 2001*

© All rights reserved. No part of this work may be reproduced or utilized in any form or by any means including photocopying without the prior written permission of the publisher.

#### **ACKNOWLEDGEMENT**

Our Editorial Board is highly thankful to the authors who worked hard for bringing out the book and to the teachers who offered valuable suggestions for its improvement.

*Processed by :*

Research & Development Department

*First Edition 2024*

#### **CRUNCHY PUBLICATIONS (A UNIT OF BPPL)**

*Corporate Office : 516-517, Lane 16, Joshi Rd, Karol Bagh, New Delhi - 110005, Mob. 09212111747.*

*Regd. Office : 22, Jawahar Park, P.B. 36, Saharanpur-247 001 (U.P.)*

*Mob : 9027891426*

*email : navprakashanbin@gmail.com ; salesnbpindia@gmail.com*

*Website : www.bansalpublishers.com*

# Preface...



**Crunchy English Reader, *an Integrated Course in English*** is a series of carefully graded text books intended to guide the students. It is a series of 8 books for classes I to VIII. In this series students are guided to work out language related problems in a practical manner through activities and writing after imagining. The book in this series mainly focus on interactive language. This series is innovative resource which will give them a sense of achievement and extend their English reading in as natural way as possible.

## Key Features of Course books of the Series

- ◆ Text helps in enhancement of students' aptitude for language. A pre-reading before each text is intended to make the learner conscious of the theme concerned.
- ◆ **Warm up** to check the students eye-sense from the picture.
- ◆ **Test your knowledge** section contains objective type questions that forces the students to read between the lines, interpret, analyse and arrive at conclusion.
- ◆ The section '**Vocabulary**' as well as offering them opportunities for vocabulary expansion.
- ◆ Grammar under the section '**Grammar Skills**' has been presented in a systematic manner using the contexts in the texts. Abstract explanations have been kept to a minimum. Interesting and meaningful grammar practice help the learners to have a better command over English.
- ◆ The section '**Writing Skills**' is extremely important for learners. The tasks in this section are both interesting and challenging. These tasks provide learners guidance and prompts to produce a range of functional and imaginative written texts.
- ◆ The section '**Speaking Skills**' offers highly interesting classroom material by encouraging learners to do oral tasks that highlight the use of English in dynamic and functional contexts.
- ◆ The section '**Listening Skills**' helps children to add to their own ideas to increase social awareness and to become accustomed to correct usage and to listen for desired information.

We hope that **Crunchy English Reader, *an Integrated Course in English*** will encourage pupils to become more successful language learners by attempting extrapolatory questions and hence by becoming better thinkers. Not only this but a sense of self-worth will also be developed in learners. Besides this series will engage learners effectively as well as cognitively.

—Publisher



## Contents...



S.No.	Chapter	Page No.
1.	Anika Loves Her Family <i>I Can...</i>	05
2.	My Sweet Home <i>Washing Day</i>	12
3.	I Love My House <i>My Lovely Pet</i>	16
4.	Anika at School <i>Days of the Week</i>	21
5.	Birthday Celebration <i>Do Not Cry</i>	23
6.	What Simmi Did Yesterday? <i>Do Not Hurt</i>	30
7.	Talk Time <i>Mommy, Loves Me</i>	33
8.	At the Zoo <i>Lovely Bird, Little Bird</i>	40
9.	Life Style : City vs Village <i>Rain Everywhere</i>	43
	<b>Text for Listening Skills</b>	49
	Model Test Paper-1	52
	Model Test Paper-2	61
		69
		72
		79
		82
		91
		93
		95
		96





# Anika Loves Her Family

## Pre-Reading

*Our parents do a lot of things for us. They take care of us and help us become good humans.*



## Warm Up

*Match the following.*



Boy/Girl



Young man/Young woman



Old man/Old woman

Grandma/Grandpa

Brother/Sister

Father/Mother



## Read and Enjoy

Read the story of a girl who helps her family in different ways.

I am Anika.

My father is an engineer.

My mother is a doctor.

I have a little brother. He is three years old. I love him very much. He is very naughty.

I am a bit **naughty** too.

I help Mummy, Papa.



### Let's Talk

- Do you do mischief at home?
- How do your mother and father react?

### Be Moral

Do you think it is a good habit to help each other in the family?

I help Mummy in the kitchen.

I help Papa water the plants.

They help me in my **homework**.

I love my granny and grandpa.

Granny cooks nice food.

She tells us **bedtime stories**.

Grandpa brings me many things.



### WORD-MEANING

**naughty** - mischievous, **homework** - school work to be done at home, **bedtime story** - a story read at bed time



He tells interesting news from the newspaper.



He brings cartoon pictures and **comics**.

I keep my books and school bag neat and tidy.

All my elders love me.

I love my family very much.

### Think Out of Box

- How can we save water?
- How can we save electricity?

### WORD-MEANING

**comic** - a funny story book

## Test Your Knowledge

As per NEP 2020

### A. Write True or False for the following statements:

1. Anika's little brother is not naughty.
2. Anika is a bit naughty.
3. Anika helps mummy in the kitchen.
4. Grandpa tells bedtime stories.
5. Anika hates her family.



### B. Answer the following questions.

1. What is Anika's father?

---

2. What is Anika's mother?

---

3. Who cooks nice food?

---





## My Sweet Home

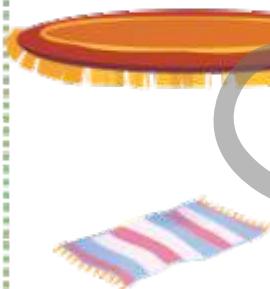
### Pre-Reading

We all live in a house with our family. Do you like your house? Do you help your mother keep it clean?



### Warm Up

Talk to your friend and say where you keep these things in your house.



## Read and Enjoy

Let us read the activities which are done in a home.

This is my sweet home.

My home is small but beautiful. It is near a park.

Mummy is cooking in the kitchen.

Papa is reading the newspaper. He is sitting on a sofa set.

My brother, Annu is holding a ball.

I am drawing a picture.

Grandpa and Grandma are sitting on a bench in the lawn. They are talking.

Our puppy is sleeping in the basket.

Our cat is sitting on the mat.

I also play with the puppy and the cat.



### Be Moral

We should take proper care of our pets. Do you have a pet? How do you take care of it?

### From the Real World

You must have heard that a dog and a cat cannot live together. A dog always chases a cat. But here in the above story, you read that the family has two pets - a dog and a cat. What do you think a dog and a cat can live together in a house if they are trained?.

### WORD-MEANING

**basket** - a container for carrying or holding things, **mat** - a thick piece of material placed on the floor





## 3 I Love My House

### Pre-Reading

Where do you live? Is it a peaceful place or there is noise all around? Do you like your place or want to live at another place which is less crowded, less noisy or which is crowded and noisy?



### Warm Up

Here are the pictures of some houses. Where do you see them? Is your house like any one of these? Talk to your partner.





## Read and Enjoy

Let us read about Yojit's house and know how good he feels at his home.

I am Yojit. This is my house. It is at a **peaceful** place. There are no noises around my house. I live happily here. My house has a small garden.

There are tall trees. There are many beautiful birds in and around the trees. There is green grass. There are beautiful flowers. There are many butterflies on and around the flowers. I water the plants daily. There are three rooms in my house.

### WORD-MEANING

**peaceful** - quiet and calm



The rooms are **neat and tidy**. I sleep in the bedroom. The kitchen is always very clean. I never **litter** my house.

### Be Moral

*We must help our parents keep the house clean? What do you think how you can help in keeping your house clean?*

I sit at the window and watch the world outside. I have a beautiful puppy. The puppy is brown. I love my puppy.

It also loves me.

### From the Real World

Village life is peaceful whereas city life is noisy. If we want to have a simple and healthy lifestyle then village life is better but if we want to have all the comforts and luxuries in our life then city life is better. What type of lifestyle do you want to have - simple and healthy or comfortable and luxurious? Why?

### WORD-MEANING

**neat and tidy** - in order, **litter** - rubbish on ground

## Test Your Knowledge

As per NEP 2020

### A. Write True or False for the following statements.

1. The house has a big garden.
2. The house is at a noisy place.
3. The child litters the house.
4. The child has a kitten.





## 4 Anika at School

### Pre-Reading

*Children! Do you go to school happily?  
See how happy is Anika on her first day to  
her new school.*



### Warm Up

*Here are few things a child uses at school. Unscramble the letters to know their names.*



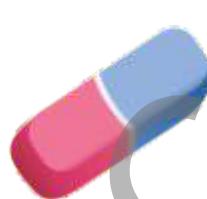
K	O	B	O



U	R	E	R	L



N	E	P	I	C	L



R	E	R	S	A	E



G	B	A



A	R	S	P	H	N	E	E	R



## Read and Enjoy

Let us read about Anika's first day at school.

This is Anika. She is very happy today. This is her first day at her new school. Her papa packs her small, beautiful bag.



### From the Real World

Aman is a four years old boy. He was very scared on his first day at school. His parents went to drop him off. The classroom was full of little children. Some were crying while some were playing. He also started crying but his teacher consoled him . Once he settled in the class, he talked with the other kids and started playing with them and enjoyed his first day at school a lot.

- Were you also scared on your first day at school?
- Did you cry when your parents left you at school?
- What did you like the most on that day?

Her mummy gets her **tiffin** ready. Her shirt is white. Her skirt is blue. Her socks are white and the shoes are black.

All the members of the family are at the gate to **see her off**. Her school bus **arrives** and stops in front of the house. Anika happily gets into the bus and sits at the window.

#### Let's Talk

- What is the colour of your uniform?
- What is the colour of your bag?

#### WORD-MEANING

**tiffin** – a light mid-day meal,  
**see off** – to say goodbye,  
**arrives** – to come





In the evening, she tells her parents how beautiful her school is. She tells them how her teachers take care of the students. She loves her school.

### WORD-MEANING

wave – to move hand

### Think Out of Box

- Who was the first friend you made at school?
- What did you enjoy the most?

## Test Your Knowledge

As per NEP 2020

Answer the following questions.

1. Why is Anika happy?

---

2. Who packs her bag?

---

3. How does she go to school?

---

4. Does Anika love her school?

---



### Vocabulary

#### A. Rhyming words

house

mouse

gate

late

soon

noon





5

# Birthday Celebration

## Pre-Reading

A birthday is the most important day of the year for a child. It is a special day. The child wants everything special on this day. See how Monal celebrates her birthday!



## Warm Up

Tick (✓) the things you need on your birthday.



## Read and Enjoy

Let us read the lesson to know how Monal celebrates her birthday.

Monali is very happy.

It is her birthday today.

Mummy says, 'Happy birthday.'

Papa says, 'Happy birthday.' Monal says, 'Thank you, Mummy, Papa.'

She wears her school uniform and goes to school. At school,

her classmates wish her 'happy birthday'.

She has a box of chocolates. She gives chocolates to her classmates and her teacher. The teacher wishes her 'happy birthday'.

It is evening now.  
Her friends come to her house.

### Let's Talk

- When does your birthday come?
- How do you feel on this day?

### Be Moral

Do you feel happy when all the people wish you on your special day? Do you wish them smilingly?



### Think Out of Box

How do you think people in orphanages celebrate their birthdays?





All of them give different types of gifts to her. Monal thanks them all.

Monal cuts the cake. All the people clap their hands and cheer for her.

They sing, 'Happy birthday to you, Monal.' The children eat many things – cake, **wafers**, chocolates, etc. They all are delighted.

### From the Real World

*Ms. Bomar is a woman who chose to do acts of kindness for other people on her 38th birthday, like handing out water bottles to joggers and feeding drivers waiting in parking. She chooses one thoughtful activity for each year of her life.*

*After reading the above story, what do you think you would ask your parents to do on your birthday?*

### WORD-MEANING

**wafers** - very thin, light, crisp pieces for eating





# What Simmi Did Yesterday?

## Pre-Reading

We do some actions everyday. These are called habitual actions. When we tell anyone what we did yesterday, it means we are talking about the past.



## Warm Up

Tick (✓) the things you did yesterday and cross (✗) the things you did not do.





## Read and Enjoy

Let us read the lesson and know how Simmi tells about the actions she did in past or a day before i.e. yesterday.

Simmi got up at 6 o' clock. She brushed her teeth, took bath and ate breakfast.

She watered the plants. She wore her uniform and packed her bag.

She left for school at 7 o' clock. Her school started at 8 o' clock. Her school closed at 1 o' clock. She came back home at 2 o' clock. She took her lunch. She did her homework.



### Let's Talk

- When do you get up?
- When do you leave for school?





\* In the evening, she went out to play. She went to the park and played with her friends. She came back home after an hour. Her papa came back from office at 7 o' clock. She took her dinner at 8 o' clock.



She ate good healthy food.  
She watched TV while taking dinner.

She went to bed at 9 o' clock.

### Be Moral

- Do you always eat healthy food?
- Do you like to eat chips, pizzas, burgers, etc?
- Do you think we should eat them regularly?





## Talk Time

### Pre-Reading

- Do you ask the things to your mother or elders that you do not know?
- Do you ask too many questions?
- Do you think is it good to ask many questions?



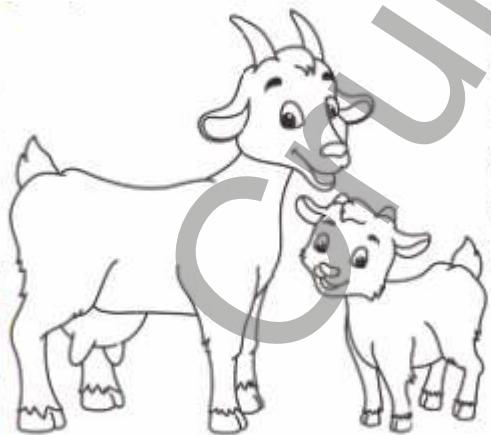
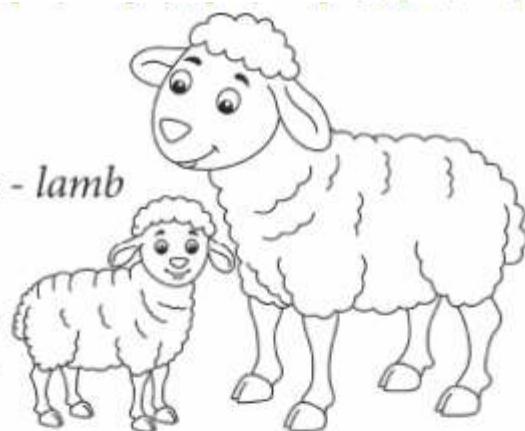
### Warm Up

Say the names of the animals and their kids. Also, colour the pictures.

Cat - kitten



Sheep - lamb



Goat - Kid



Dog - Puppy





## Read and Enjoy

Let us read the lesson to see how Siya and Kriti ask questions to each other and their mother.

Siya and Kriti are in the park. They are playing with a ball. Siya throws the ball into the bush. Kriti runs towards the bush. She finds something moving in the bush. She asks Siya—

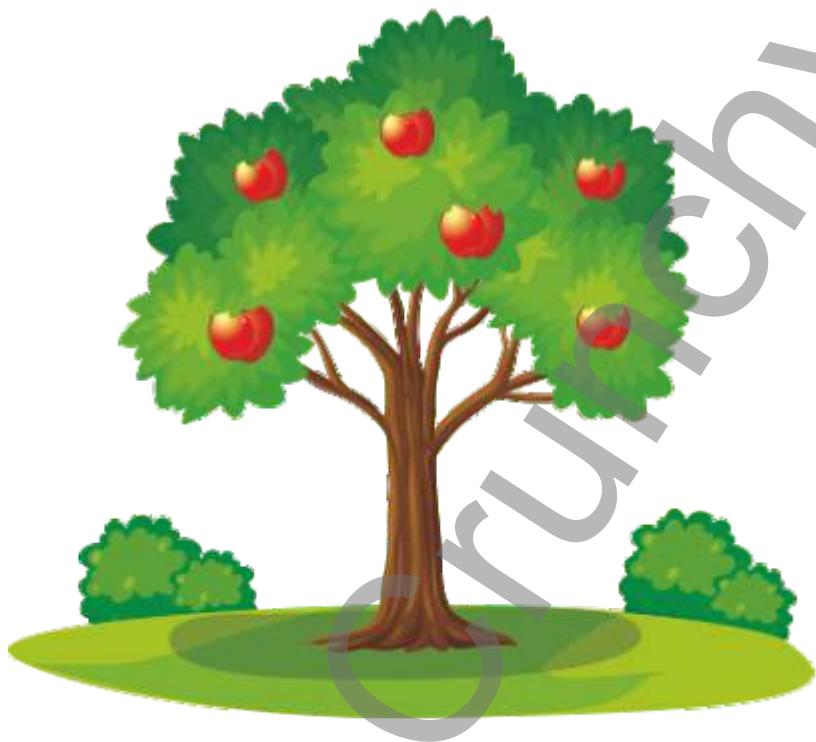
Kriti : What is this?

Siya : This is a **bush**.

Kriti : Is there a dog in the bush?

Siya : No, there is not.

There is a **puppy** in the bush.



### Let's Talk

- Where do you see the bushes?
- Name any one fruit tree you see around your house.

Kriti : What is that?

Siya : That is a tree.

Kriti : Is that a mango tree?

Siya : No, that is not.

That is an apple tree.

### WORD-MEANING

**bush** - clumps of shrubs, **puppy** - baby of a dog



- Kriti : What is this?
- Siya : This is a flower.
- Kriti : Is this a tulip flower?
- Siya : No, this is not, this is a red rose.
- Kriti : What is that?
- Siya : That is a butterfly.
- Kriti : Is the butterfly **colourful**?
- Siya : Yes, it is.



### Be Moral

*Butterflies are very beautiful insects. We should never catch them for fun. What do you think happens to a butterfly if it is kept in a closed jar?*

When Siya and Kriti were talking, their mother called them through the **balcony** of a house. They ran home. Siya went to the kitchen and hugged her mother. Mother was cutting the vegetables.

- Kriti : What are these?
- Mother : These are vegetables.
- Kriti : Are these raw vegetables?
- Mother : Yes, these are.
- Kriti : What are those on the dining table?



### WORD-MEANING

**colourful** - full of colours, **balcony** - a railied platform in upper floor



Mother : Those are fruits.

Kriti : Are those stale fruits?

No, those are not. Those are fresh fruits.

Kriti : What are these?

Mother : These are books.

Kriti : Are these my brother's books?

Mother : Yes, these are.

Kriti : What are those?

Mother : Those are stars.

Kriti : Do they twinkle in the day too?

Mother : No, they do not. They twinkle only at night.



### Think Out of Box

- What do you mean by stale food?
- What happens when we eat stale food regularly?

### From the Real World

You must have heard that a dog and a cat cannot live together. A dog always chases a cat. But here in the above story, you read that the family has two pets - a dog and a cat. What do you think a dog and a cat can live together in a house if they are trained?

### WORD-MEANING

stale - not fresh, twinkle - to shine with a light that seems to go on and off





# At the Zoo

## Pre-Reading

Children love to watch birds and animals. But they cannot find them in their surroundings. So they love to visit a zoo where they can see a large number of birds and animals. Have you visited a zoo? And with whom?



## Warm Up

Identify the animals you see in a zoo and write their names.



(Empty dashed box for writing)



(Empty dashed box for writing)

(Empty dashed box for writing)

(Empty dashed box for writing)



(Empty dashed box for writing)

## Read and Enjoy

Let us read the lesson to know about the animals that are kept in a zoo.

There is a big lion in the zoo.

The lion is the king of the jungle.

It is very **brave**.

There are two elephants.

The elephant is the largest land animal.



### Let's Talk

- Have you visited a zoo?
- Name three animals that you see first of all there.



There are six birds in the tree.

Their beaks are long.

### WORD-MEANING

**brave** - fearless,

**naughty** - not willing to obey,

**clever** - intelligent

There are three monkeys.

The monkeys are very **naughty** and **clever**.

There is a pond.

Four ducks are near the pond.

Five ducks are swimming.

The ducks are quacking.





This is a large wooden house.  
There is an iron **mesh** in front.  
There are eight cockatoos here.  
The cockatoos are big-size parrots.  
They have thick curved beaks.  
They are talking noisily.  
We find cockatoos in the mountain areas.

#### WORD-MEANING

**mesh** - a network of wire



#### Be Moral

We should never tease the birds and animals that live in a zoo. We should stand at a distance so that these animals do not get scared or irritated?

Do you try to attract the animals and birds by making loud sounds? Do you think it is good on our part?

#### From the Real World

Essel World Bird Park at Mumbai is a place where birds are not confined to small cages but are free to fly around a large area. It is the dream come true of a man. Sanjeev Pednekar who is an animal and a bird lover, and has a great empathy for the same.

Are you a bird or an animal lover?

Do you want to do something special like Mr Sanjeev for birds and animals?





# Life Style City vs Village

## Pre-Reading

Do you live in a city or a village? Do you stay in for the whole day or go out to play? Do you remain glued to TV for hours? Where does Aarav like to live? Read the lesson to find out.



## Warm Up

Look at the following pictures. Write the words from the box under the picture.

hill      city      village      sea      lake



## Read and Enjoy

Let us read the lesson to know how city life is different from village life.

Aarav lives in Delhi.

He lives in a flat.

There are many flats in the building.



His papa and mummy go to office.  
They go in the morning and come back in the evening.  
Aarav goes to school by bus.

He **spends** most of his time in the flat. He cannot play outdoor games. He watches TV for many hours every day.



### Be Moral

Should we watch TV for a long time just because there is no park around our house?

What other things can we do in our free time instead of watching TV?

### WORD-MEANING

**spend** - use up





Sometimes during the **weekends** his parents take him out for a pleasant evening.

Aarav does not like much to live in the city. He likes to live in a village.

His **cousin** Timmi lives in a village. Timmi's father is a doctor. There are trees all over the village. The air is fresh and clean. Aarav comes here during his **vacation**.

Timmi's mummy gives him fresh milk to drink and fresh home grown fruits and vegetables to eat. He likes to watch birds and trees. He goes to the green fields with Timmi and runs after birds and butterflies.

He feels sad when he leaves the village for his city.



#### WORD-MEANING

**weekend** : Saturday and Sunday, **cousin** : a child of one's uncle or aunt,  
**vacation** : a holiday period



# Crunchy English Reader

**English Reader** is a multi-skill course in English for primary school learners which offers such possibilities and aims to equip them with capabilities for self-learning. While retaining the pedagogic rigour of traditional learning, the course aims to develop learner's communication skills. It also caters for various types of learners, be it auditory, kinesthetic, visual or verbal. Integrated tasks and exercises with multiple levels of challenge together with lively illustrations that supplement reading passages, poems and tasks make **English Reader** unique and modern in its approach.

With a student friendly text and teacher friendly content, the series is sure to make learning English more effective, purposeful and a joy both for the learner and the teacher.



## EXCLUSIVE FEATURES



Crunchy Books

