

Important: Please note only data that has clinical mapping will be shared/transmitted.

This health record is for date range : 2025-01-01 to 2025-10-27

PATIENT DETAILS

ZAIN KHAN

Patient IDs: 59373 , 59373

DOB: March 9, 1994 Gender: Male Ethnicity: Not Hispanic or Latino
Race: Asian, Asian Indian Language: English
Address: 12251 ASHFORD VALLEY DR SUGAR LAND, TX 77478-6125, US
tel:832-382-1675

Care Giver: BHAGWAT PATEL
Contact Info: 1250 CREEK WAY DR,STE 100 SUGAR LAND, TX 77478-3399, US
Tel: 281-494-1420

Care Giver: NISHAAT QURAISHI
Contact Info: 1250 CREEK WAY DR,STE 100 SUGAR LAND, TX 77478-3399, US
Tel: 281-494-1420

ALLERGIES

No Known Allergies

RESULTS

Component	Value	Reference Range	Flag	Notes
Vitamin B12 Reviewed date:03/20/2025 09:08:01 AM Interpretation: Performing Lab:LabCorp Houston, 7207 North Gessner, Houston, Phone - 7138568288, Director - MDEskue Notes/Report:				
Vitamin B12	1505	232-1245 pg/mL	H	
Lipid Panel Reviewed date:03/20/2025 09:08:01 AM Interpretation: Performing Lab:LabCorp Houston, 7207 North Gessner, Houston, Phone - 7138568288, Director - MDEskue Notes/Report:				

Cholesterol, Total	185	100-199 mg/dL		
Triglycerides	59	0-149 mg/dL		
HDL Cholesterol	79	>39 mg/dL		
VLDL Cholesterol Cal	11	5-40 mg/dL		
LDL Chol Calc (NIH)	95	0-99 mg/dL		
CMP+eGFR Reviewed date:03/20/2025 09:08:01 AM Interpretation: Performing Lab:LabCorp Houston, 7207 North Gessner, Houston, Phone - 7138568288, Director - MDEskue Notes/Report:				
Glucose	82	70-99 mg/dL		
BUN	18	6-20 mg/dL		
Creatinine	0.93	0.76-1.27 mg/dL		
eGFR	113	>59 mL/min/1.73		
BUN/Creatinine Ratio	19	9-20		
Sodium	136	134-144 mmol/L		
Potassium	4.3	3.5-5.2 mmol/L		
Chloride	99	96-106 mmol/L		
Carbon Dioxide, Total	24	20-29 mmol/L		
Calcium	9.5	8.7-10.2 mg/dL		
Protein, Total	7.1	6.0-8.5 g/dL		
Albumin	4.5	4.3-5.2 g/dL		
Globulin, Total	2.6	1.5-4.5 g/dL		
Bilirubin, Total	0.7	0.0-1.2 mg/dL		
Alkaline Phosphatase	69	44-121 IU/L		
AST (SGOT)	21	0-40 IU/L		
ALT (SGPT)	16	0-44 IU/L		
T4, FREE Reviewed date:10/15/2025 04:51:04 PM Interpretation: Performing Lab:LabCorp Houston, 7207 North Gessner, Houston, Phone - 7138568288,				

Director - MDEskue

Notes/Report:

T4,Free(Direct)

1.31

0.82-1.77
ng/dL

T3, TOTAL

Reviewed date:10/15/2025 04:51:04 PM

Interpretation:

Performing Lab:LabCorp Houston, 7207 North Gessner, Houston, Phone - 7138568288,

Director - MDEskue

Notes/Report:

Triiodothyronine
(T3)

72

71-180 ng/dL

Ferritin, Serum

Reviewed date:10/15/2025 04:51:04 PM

Interpretation:

Performing Lab:LabCorp Houston, 7207 North Gessner, Houston, Phone - 7138568288,

Director - MDEskue

Notes/Report:

Ferritin

47

30-400 ng/mL

Vitamin D, 25-Hydroxy

Reviewed date:10/15/2025 04:51:04 PM

Interpretation:

Performing Lab:LabCorp Houston, 7207 North Gessner, Houston, Phone - 7138568288,

Director - MDEskue

Notes/Report:

Vitamin D, 25-
Hydroxy

24.9

30.0-100.0
ng/mL

L

Vitamin D deficiency has been defined by
the Institute of

Medicine and an Endocrine Society

practice guideline as a

level of serum 25-OH vitamin D less than
20 ng/mL (1,2).

The Endocrine Society went on to further
define vitamin D

insufficiency as a level between 21 and
29 ng/mL (2).

1. IOM (Institute of Medicine). 2010.

Dietary reference

intakes for calcium and D. Washington

DC: The

National Academies Press.

2. Holick MF, Binkley NC, Bischoff-Ferrari
HA, et al.

Evaluation, treatment, and prevention of
vitamin D

deficiency: an Endocrine Society clinical practice guideline. JCEM. 2011 Jul; 96(7):1911-30.

REASON FOR REFERRAL

No Information

MEDICATIONS

Medication	SIG (Take, Route, Frequency, Duration)	Notes	Start Date	End Date	Status
traZODone HCl 100 MG Tablet	1/2 or 1 tablet at bedtime as needed for sleep Orally Once a day; Duration: 30 days		10/08/2025		Active
Melatonin 1 MG Capsule	1 tablet in the evening Orally Once a day; Duration: 90 days		08/02/2024		Active
Amphetamine-Dextroamphetamine 30 MG Tablet	1 tablet Orally Twice a day; Duration: 30 days		11/15/2025		Active
Amphetamine-Dextroamphetamine 30 MG Tablet	1 tablet Oral Twice a day; Duration: 30 days		10/08/2025		Active

IMMUNIZATIONS

No Information

SOCIAL HISTORY

Tobacco Use:

Social History Observation	Description	Date
Details (start date - stop date)	Never Smoker	NA - NA

Sex Assigned At Birth:

Social History Observation	Description
Sex Assigned At Birth	Male

Social History

Drug/Alcohol:			
Social Info	Question	Answer	Notes
AUDIT-C (Standard)	Did you have a drink containing alcohol in the	No	

	past year?		
	Points	0	
	Interpretation	Negative	
Tobacco Use:			
Social Info	Question	Answer	Notes
Tobacco Control (Standard)	Tobacco use:	Nonsmoker	

PROBLEMS

Problem Type	SNOMED Code	ICD Code	Onset Dates	Problem Status	W/U Status	Risk	Notes
Problem	Primary insomnia (3972004)	Primary insomnia (F51.01)		Active	confirmed		
Problem	Attention deficit hyperactivity disorder (406506008)	Attention deficit hyperactivity disorder (ADHD), unspecified ADHD type (F90.9)		Active	confirmed		
Problem	Vitamin D deficiency (34713006)	Vitamin D deficiency (E55.9)		Active	confirmed		
Problem	Loss of appetite (79890006)	Loss of appetite (R63.0)		Active	confirmed		

VITAL SIGNS

Heart Rate	82 /min	10/08/2025	
Blood pressure diastolic	76 mm Hg	10/08/2025	
Height	69 in	10/08/2025	
Blood pressure systolic	122 mm Hg	10/08/2025	
Weight	161 lbs	10/08/2025	
BMI	23.77 kg/m2	10/08/2025	

PROCEDURES

No Information

ENCOUNTERS

Encounter	Location	Date	Provider	Diagnosis
BHAGWAT PATEL M.D.,P.A.	1250 CREEK WAY DR,STE 100 SUGAR LAND, TX 77478-3399	02/20/2025	BHAGWAT PATEL	Vitamin D deficiency E55.9 ; Attention deficit hyperactivity disorder (ADHD), unspecified ADHD type F90.9 ; Primary insomnia F51.01 ; Loss of appetite R63.0 and Elevated vitamin B12 level R79.89
BHAGWAT PATEL M.D.,P.A.	1250 CREEK WAY DR,STE 100 SUGAR LAND, TX 77478-3399	10/08/2025	BHAGWAT PATEL	Vitamin D deficiency E55.9 ; Fatigue, unspecified type R53.83 ; Attention deficit hyperactivity disorder (ADHD), unspecified ADHD type F90.9 ; Primary insomnia F51.01 and Loss of appetite R63.0
BHAGWAT PATEL M.D.,P.A.	1250 CREEK WAY DR,STE 100 SUGAR LAND, TX 77478-3399	03/20/2025	NISHAAT QURAISHI	

MEDICAL EQUIPMENT

No Information

ASSESSMENTS

Encounter Date	Diagnosis (ICD Code)	Treatment Notes	Section Notes
02/20/2025	Attention deficit hyperactivity disorder (ADHD), unspecified ADHD type (ICD-10 - F90.9)		
02/20/2025	Vitamin D deficiency (ICD-10 - E55.9)		
10/08/2025	Vitamin D deficiency (ICD-10 - E55.9)		
10/08/2025	Fatigue, unspecified type (ICD-10 - R53.83)		
02/20/2025	Primary insomnia (ICD-10 - F51.01)		
10/08/2025	Attention deficit hyperactivity disorder (ADHD), unspecified ADHD type (ICD-10 - F90.9)		
10/08/2025	Primary insomnia (ICD-10 - F51.01)		
02/20/2025	Loss of appetite (ICD-10 - R63.0)		
02/20/2025	Elevated vitamin B12 level (ICD-10 - R79.89)		
10/08/2025	Loss of appetite (ICD-10 - R63.0)		

PLAN OF TREATMENT

Pending Test

Test Name	Order Date
Chest X-ray PA and lateral	08/02/2024
Urinalysis, Routine	07/24/2024

Next Appt

Details
Provider Name:BHAGWAT P PATEL, 01/08/2026 09:15:00 AM, 1250 CREEK WAY DR,STE 100, SUGAR LAND, TX, 77478-3399, 281-494-1420

GOALS SECTION

No Information

HEALTH CONCERNS

No Information

INSURANCE PROVIDERS

Payer Name	Payer Address	Payer Phone	Subscriber Number	Group Number	Insured Name	Patient Relationship to Insured	Coverage Start Date	Coverage End Date
FIRST HEALTH CURATIVE	PO BOX 1786 AUSTIN, TX 78767-1812	855-414-1083	05047335		KHAN, ZAIN	Self - patient is the insured		

PROGRESS NOTES

Examination

Date	Category	Sub-Category	Detail	Notes	Category Notes
02/20/2025	Physical examination:	GENERAL APPEARANCE:	In no acute distress, well developed, well nourished.		
		HEAD:	normnocephalic, atraumatic		
		EYES:	pupils reactive to light, sclera anicteric		
		NECK/THYROID:	neck supple, full range of motion, no cervical lymphadenopathy, no thyromegaly, no jugular venous distention,		
		HEART:	Regular rate and rhythm. S1 and S1 are normal. No gallop or rub.		
		LUNGS:	Good air movement, no wheezes,		

no rales, no rhonchi

ABDOMEN: Nondistended, soft, nontender. Normal bowel movements. No hepatosplenomegaly. No rebound or guarding tenderness.

SKIN: Capillary refill is normal.

EXTREMITIES: No edema. No cyanosis or clubbing.

BREASTS: Deferred.

ORAL CAVITY: mucosa moist

GENT: Deferred

Examination

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10/08/2025	Physical examination:	GENERAL APPEARANCE:	In no acute distress, well developed, well nourished.		
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		LUNGS:	Good air movement, no wheezes, no rales, no rhonchi		
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		SKIN:	Capillary refill is normal.		
		EXTREMITIES:	No edema. No cyanosis or clubbing.		
		BREASTS:	Deferred.		
		ORAL CAVITY:	mucosa moist		
		GENT:	Deferred		

HISTORY AND PHYSICAL NOTES

HPI (History of Present Illness)

Date	Category	Sub-Category	Detail	Notes	Category Notes
02/20/2025	History of Present Illness:	General:	Denies Respiratory Distress, Denies Lethargy		
		Heart:	Denies chest pain, Denies palpitation		
		Abdomen:	Denies abdomen pain, Denies nausea, Denies vomiting, Denies constipation, Denies diarrhea.		
		GENT:	Denies dysuria, Denies urinary frequencies.		
		Neuro:	Denies diplopia, Denies curtain coming over the eyes.		
	Functional Status Assessment	Shopping for groceries:	able to perform		
		Driving:	able to perform		
		Cooking:	able to perform		
		Housework:	able to perform		
		Laundry:	able to perform		
		Bathing:	able to perform		
		Dressing:	able to perform		
		Eating:	able to perform		
		Walking:	able to perform.		
		Getting in/out of chair:	able to perform		
		Ambulate:	able to perform		
		Function Status Assessment Date	Function Status Assessment Date: 02/20/2025		
	Pain Assessment	Level of pain:	No pain		
	Advanced Care Planning	Advanced Care Planning	Advanced Care Planning Date: 02/20/2025		
		DNR	Discussed with patient. Patient wants to be full code.		
		Living Will	Discussed with patient. Patient does not have living will.		
	Depression	PHQ-2	Little interest or pleasure		

Screening	(2015 Edition)	in doing things?: Not at all
		Feeling down, depressed, or hopeless?: Not at all
		Total Score: 0
Fall Screening	Fall Risk Screening	Fall Risk Assessment:: No falls in the past year
Flu Vaccine	Flu Vaccine not administered	Reason:: Patient Reason ??Type of Patient Reason:: Refused

HPI (History of Present Illness)

Date	Category	Sub-Category	Detail	Notes	Category Notes
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		Housework:	able to perform		
		Laundry:	able to perform		
		Bathing:	able to perform		
		Dressing:	able to perform		
		Eating:	able to perform		
		Walking:	able to perform.		
		Getting in/out of chair:	able to perform		
		Ambulate:	able to perform		
		Function Status	Function Status Assessment Date:		

Assessment Date 10/08/2025

Pain Assessment Level of pain: No pain

Advanced Care Planning Advanced Care Planning Advanced Care Planning Date: 10/08/2025

DNR Discussed with patient. Patient wants to be full code.

Living Will Discussed with patient. Patient does not have living will.

Depression Screening PHQ-2 (2015 Edition) Little interest or pleasure in doing things?: Not at all
Feeling down, depressed, or hopeless?: Not at all
Total Score: 0

Fall Screening Fall Risk Screening Fall Risk Assessment:: No falls in the past year

Flu Vaccine Flu Vaccine not administered Reason:: Patient Reason ??Type of Patient Reason:: Refused

CARE TEAM

Emergency contact

Zohaib Khan

Contact Info

12251 ASHFORD VALLEY DR SUGAR LAND, TX 77478-6125, US
Tel: 832-398-3734

Guardian

ZAIN KHAN

Contact Info

Tel: 832-382-1675

Summary generated by eClinicalWorks (www.eclinicalworks.com)