



**Health City**  
HEALTH·IS·WEALTH·Ad°Maio<sup>re</sup>m°Dei°Gloria¶

Teresa Blanco Martinez

**CBT and Integrative Therapy Practitioner and Psychologist.**

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**Profile**

Graduated in Psychology from the University of Granada, I completed the internship of the Master of General Health Psychology last January at the Dr. Negrín Hospital in Gran Canaria. I am currently looking for a job in any organization related to the mental health field. I have experience in the field of neuropsychology since I worked for three years in an acquired brain injury association. I also have experience with various types of patients thanks to internships and volunteer work that I have done in different countries. What has also given me a great capacity for multidisciplinary and multicultural teamwork.

**Education and Qualifications**

2007-2013 B.Sc. (Hons) Psychology, University of Granada, Spain.

Main modules:

Basic psychological processes; Biopsychology; Developmental psychology; Social, organizational and group psychology; Psychology of personality and psychopathology; Evaluation techniques, psychological intervention and treatment; Educational psychology; Clinical child psychology

2011-2012 Université Libre de Bruxelles, Erasmus program

Other courses

October 2012 ***Course of Psychology and spirituality, University of Granada.***

May 2012 ***Course of Psychoanalysis, University of Granada.***

April 2012 ***Course of Neuropsychology, University of Granada.***

**Professional Development**

**Psychologist, Association for Parkinson**, Las Palmas de Gran Canaria, Spain/ España, ·  
Part-time, Jan 2020 – Present.

**Psicoterapeuta, Proyecto Hombre Gran Canaria,** · Las Palmas, Canarias, España, Full-time.  
Jun 2019 - Dec 2019.

**Psicóloga Clínica en practices,** Hospital Doctor Negrin, Las Palmas De Gran Canaria Area,  
Spain, Sep 2018 - Jan 2019.

**Psicóloga Clínica en practices,** Headway East London, Jul 2017 - Jul 2018

- Headway es una organización no gubernamental inglesa conocida a nivel nacional que trabaja con gente ha sufrido un daño cerebral. Ofrecía terapia psicológica a las personas que acudían al centro de día de dicha organización, la mayoría de pacientes a los
- A charity supporting people affected by brain injury in East London, UK.

**Community Support Worker, Jun 2015 - Jul 2018 -**

- Trabajaba con gente que ha sufrido un daño cerebral adquirido, ayudándoles a acceder a la comunidad para prevenir el aislamiento social que sufren este tipo de personas. Al mismo tiempo, les enseñaba e implementaba diferentes estrategias de rehabilitación neuropsicológica para que fueran lo más independientes y funcio

**Psicóloga Clínica en formación y Coordinadora del Departamento de Proyectos Sociales.**  
Health City, London, United Kingdom, Nov 2014 - May 2015.

- Health City era una organización privada que ofrecía diferentes servicios relacionados con el mundo de la salud, mi rol principal era cómo Psicóloga Clínica adjunta. Ayudaba en las tareas administrativas de la empresa, llevaba la agenda de clientes y me ocupaba de recibir y formar a los nuevos trabajadores. Comencé y coordiné un servicio para personas con trastorno de adaptación recién llegadas a UK. mismo tiempo que

**Surgical Hospital Gustavo Aldereguia Lima,Cuba,** July - August 2013.

- Work with terminal patient, support and group therapy
- Consultation with adults and pregnant
- Work with hospitalize children, pregnant and newborn
- Consultation, support, counseling and group therapy for the teenager and their families.

***References Are Available On Request***