



Health City
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Dr Robert Patton
BSc, MSc, PhD, CPsychol (Health), AFBPsS, CSci

Research Facilitator, Visiting Lecturer (Addictions), NIHR Investigator

Health City, Davenport House, 16 Pepper Street, Canary Wharf, London
E14 9RP. Tel: 0333 800 3006, 0333 789 0012. Email: info@healthcity.org.uk,
Website: <https://healthcity.org.uk/>

biography

Robert Patton is Health Services Research Coordinator for South London and Maudsley NHS trust Addictions Division. During the 1990s he worked for the [Home](#) Office Drugs Prevention Initiative as a consultant, and also as a research associate in health promotion for the University of Northumbria, before moving to London where he has worked for Kings College London, Royal Holloway, London School of Hygiene and Tropical Medicine, and most recently Imperial College London. He is a visiting senior lecturer at the University of Surrey (Psychology) and honorary lecturer in the addictions at the Institute of Psychiatry. His current research interests include physical health needs of IDUs, General Practitioner training in alcohol interventions, HBV immunisation and relationships between drug misuse and sexual health / risk taking.

activities and interests

Previous employment

Research Associate (RA1A) Imperial College London (REDUCE project). Responsible for day to day management of randomised control trial based in A&E, co-ordination of patient recruitment, preparation and [delivery](#) of lectures (MBBS, BSc, MSc), liaison with NHS staff, development of project materials, data collection and analysis. Department IT support. Management, training and support of research assistants. BSc student project supervision and assessment. Feb 2001 – Dec 2003

Part Time Lecturer (Internet Foundation) Richmond Adult Community College. Sep 2000 – Feb 2003

Part Time Research Fellow (RA1A) London School of Hygiene & Tropical Medicine (Management of Information in Out Patient Oncology). Responsible for organising Conversation Analysis, setting up and running Focus Groups, interviewing patients and the design, implementation, coding and analysis of questionnaires. Management and training of Research Assistants. May 2000 – Feb 2001

Part Time Research Officer (ORS2). Royal Holloway, University of London (Prevention of Violence in General Practice). Responsible for recruiting and running focus groups, designing and implementing depth interviews and qualitative analysis of data. Other duties include web page design, literature search and database management. Jul 1999 – Mar 2000

Part Time Analyser. Hauck Research International. Qualitative analysis of market research interview transcriptions. Apr 1999 – Jan 2000

Part Time Research Officer. Kings College School of Medicine and Dentistry (Attrition in Medicine Project). Responsible for liaison with graduates, literature search & review, IT implementation, database management, questionnaire design, data collection, data entry and analysis, MBTI administration and scoring, interim [report](#) writing and various administrative duties. Jan 1997 - Dec 1998

Part Time Research Officer. Kings College School of Medicine and Dentistry (Medical Education Unit) Responsible for collaboration on audit and review of Personal Tutor scheme and Communication Skills course. Other activities included developing a handbook of services and resources for student information and advice, IT implementation and various administrative duties. Also involved in Simulated Patient exercises for OSCE assessment of medical students. Mar 1997 - May 1998

Part Time Lecturer Kings College School of Medicine and Dentistry (Department of General Practice) Introduction to Communication skills for 1st year medical students. Oct 1997 - Jan 1998

Part Time Lecturer University of Northumbria (Information Technology) Introduction to Windows based applications and use of the Internet as an information resource for DipSW students. Interactive learning and assessment. Sep 1996 - Dec 1996

Part Time Youth Worker Bedlington Community High School. Involved in organisation and assessment of Duke of Edinburgh award including outdoor activities. Jun 1994 - Dec 1996

Part Time Research Associate University of Northumbria (Health Promotion) Institute of Health Sciences. Design, Implementation and Assessment of Health Promotion Research and Evaluation. Duties included interviewing, questionnaire design and administration, data analysis and report writing. Nov 1994 - Oct 1996

Part Time Research Associate University of Northumbria (Disability Research) Literature search and review, interviewing, qualitative analysis and research administration for an inter-departmental research group investigating Challenging Behaviour. Management and training of Research Assistants. Sep 1995 - Jul 1996

Part Time Lecturer University of Northumbria (Information Technology) Responsible for preparation, delivery and assessment of the IT skills course for first year Occupational Therapy and Physiotherapy courses. Oct 1995 - Jan 1996

Independent Research Consultant (Self Employed). Mainly contracted to the Home Office DPI. Evaluation of specific drug prevention interventions targeting young people. Responsible for design, implementation and write up of evaluations. Other work included

questionnaire design, contribution to academic papers and running focus groups. Nov 1992 - Jul 1995

Private tutor 'A' level Psychology. Mar 1995 - Jun 1995

Part Time Lecturer in Psychology (HEFC) NorCAT. Sep 1993 - Dec 1993

Voluntary Research Assistant Newcastle University Medical School. Assessment of Drama Based AIDS Education programs in North Tyneside and Derwentside. Aug 1992 - Nov 1992
Research Assistant Stirling University (Neuropsychology). Oct 1991 - Dec 1991

Voluntary Researcher North East Council on Addictions. Sexual attitudes and behaviour survey of Heroin addicts in Hartlepool. Questionnaire development and staff support. Feb 1991 - Aug 1991

Attendant / Driver Northumberland County Council Oaklands Day Centre (Social services) Development and execution of care plans, Maintenance of Hygiene. Responsible for running centre during supervisors absence. Jan 1990 - Dec 1990

Psychology Assistant Fulbourn Hospital Cambridge EMI ward. Development and execution of care plans, Psychological assessment, Maintenance of Hygiene. Oct 1989 - Dec 1989

Student placement. St. George's Hospital, Morpeth Psychology Department. Scoring BDI questionnaires, sitting in on brief group therapy for depression, compiling and updating disability resources handbook. Jun 1988 - Aug 1988

Sound Technician. Radio Tyneside (Hospital Radio). Sep 1984 – Jun 1986

Peer Reviewed Publications

Patton R. 2009. Recent developments in the identification and management of hazardous drinkers in the Primary Care environment. National Association of Primary Care Review, spring 2009; 241-247

Patton R, Shute J, Hinchley G & Ranzetta L. 2009. Efficacy of alcohol screening in the accident and emergency department managed by reception staff: a pilot study. Emergency Medical Journal ,26; 424-425

Patton R, Keaney F & Brady M. 2008. Drugs, alcohol and sexual health: opportunities to influence risk behaviour. BMC Res Notes. 18;1:27-29

Patton R, Strang J, Birtles C & Crawford MJ, 2007, Alcohol: a missed opportunity. Results of a survey of all AEDs in England. Emergency Medical Journal, 24; 529-531

Cathcart S, Patton R, Hickman M et al, 2007, Comparing population estimates for drug users, the prevalence of blood borne viruses and the provision of services in one London borough: evidence of a gap in provision? Drug Education, Prevention & Policy, 14(3): 205–215

Patton R, Smythe W, Kelsall H & Selema FB. 2007, Substance use among patients attending an accident & emergency department. Emergency Medical Journal, 24:146-147

Patton R & Keaney F, 2005, "Yes Doctor, I drink more than you. Does that mean I have a problem?" No longer the best way to detect at risk drinking in Primary Care or Patients who drink less than their doctors may still be at risk of developing alcohol use disorders: True or False, National Association of Primary Care Review: winter 2005/2006, 53-58.

Patton R, Crawford M & Touquet R, 2005, Hazardous drinkers in the AED - Who attends an appointment with an alcohol health worker? Emergency Medicine Journal, 22;722-723

McCormick IR & Patton R, Problem alcohol drinkers: detecting and intervening, New Zealand Family Physician, 32(3): 191-194

Patton R & McCormick IR, 2005, Screening and Brief Interventions for Alcohol Problems, BMJ Learning: online

Patton R, Alcohol misuse referral in an emergency department: the REDUCE trial, SCANbites Spring 2005, ISSN 1744-6122

Barrett B, Byford S, Crawford M & Patton R et al, 2005, Cost-effectiveness of referral to an alcohol health worker in patients attending an accident and emergency department: a decision- making approach, Drug & Alcohol Dependence, 81(1): 47-54

Patton R, Being Healthy and Happy in Sutton J (ed), 2005, What has Psychology Done? The Psychologist, 18(2):142-147

Patton R, 2004, In excess, Care & Health, 92:32-33

Williams S, Touquet R & Patton R, 2005, The Half-Life of the 'Teachable Moment' for Alcohol Misusing Patients in the Emergency Department, Drug & Alcohol Dependence, 77(2):205-208

Crawford M, Patton R & Touquet R et al, 2004, Referral for brief intervention of patients misusing alcohol in an accident and emergency department: a pragmatic randomised controlled trial, The Lancet, 364:1334-1339

Huntley JS, Patton R & Touquet R, 2004, Attitudes towards alcohol of emergency department doctors trained in the detection of alcohol misuse, Annals of the Royal College of Surgeons of England, 86:329-333

Patton R, Crawford M & Touquet R, 2004, Hazardous drinkers in the AED - Who accepts advice? Emergency Medicine Journal, 21:491-492

Patton R, Crawford M, Touquet R & Hilton C, 2004, The Paddington Alcohol Test: A Short Report, Alcohol & Alcoholism, 39 (3): 266-268

Patton R, Crawford M & Touquet R, 2004, Brief intervention for hazardous drinking among people attending an accident and emergency department, Proceedings of the British Psychological Society, 12(2): 181

Patton R, 2004, Excessive drinkers may benefit from brief interventions, but screening in

general practice for case finding is not efficient, Evidence-based healthcare, 8:10-11
(Commentary)

Patton R, Crawford M & Touquet R, 2003, The effect of health consequences feedback on patients' acceptance of advice about alcohol consumption, Emergency Medicine Journal, 20: 451-452

Rollnick S, McCambridge J, Keaney F, Strang J, Rollnick S, Patton R, and Touquet R, 2003, General practitioner screening for excessive alcohol use, BMJ; 326: 336

Patton R, Crawford M & Touquet R, 2002, Emergency departments are well placed to identify alcohol misuse problems, BMJ; 324 : 300

Patton R & Touquet R, 2002, The Paddington Alcohol Test, British Journal of General Practice; 52 (474): 59

Clack G, Patton R & Head J, 1999, Medical Specialty Choice: Is Personality Relevant? Medical Teacher, 21: 95

Clack G, Bignold S, Patton R & Head J, 1999, Why Do Doctors Leave the Profession? Results of a study of attrition amongst medical graduates of the King's College School of Medicine and Dentistry who qualified between 1985/88 and 1989/90, Medical Education 33: 216-231

Non peer-review publications

Patton R., 2004, Identification and management of physical health problems among an injecting drug using population, London: Three Boroughs Health Care

Patton R, Crawford M & Touquet R, 2003, Reduction of alcohol consumption among patients attending an accident & emergency department, London: Alcohol Education Research Council

Patton R, Crawford M & Touquet R, 2003, Reducing alcohol misuse in patients attending an accident and emergency department: A Randomised Controlled Trial, Proceedings of the British Psychological Society, 11 (2): 281

Touquet R & Patton R, 2003, The Teachable Moment: opportunistic intervention for alcohol misuse Electronic BMJ (letter)

Patton R, 2002, Alcohol consumption and mortality: falls and the elderly, Electronic BMJ (letter)

Patton R, 2002, Accidents and Older People, Primary Care Alcohol Information Service Newsletter (5), London: Alcohol Concern

Green J, Leydon GM & Patton R, 2002, Information exchange in adult Oncology, London: London School of Hygiene and Tropical Medicine

McPherson K, Leydon GM, Osborne K & Patton R, 2001, Patient information study: the

information preferences of people with cancer. Final report to the Cancer Research Campaign, London: London School of Hygiene and Tropical Medicine

Leydon GM & Patton R, 2001, The management of information in outpatient oncology consultations. Final report to the Economic and Social Research Council, London: London School of Hygiene and Tropical Medicine

McPherson K, Leydon GM & Patton R, 2001, Information and support needs of cancer patients, London: London School of Hygiene and Tropical Medicine

Elston MA, Gabe J & Patton R, 2001, Violence in NHS General Medical Practice: A Qualitative Study of Practices Experience and Strategies for Prevention and Management, London: Department of Health

Patton R, Milner S & Vaughn S, 1996, Gateshead Peer Education Project, Newcastle upon Tyne: Institute of Health Sciences, University of Northumbria

Milner S, Patton R & Heyman R, 1996, An Evaluation of Selected Smoking Prevention Initiatives in Northumberland, Northumberland Health

Patton R, 1996, Take Notice II, Newcastle upon Tyne: Drugs Prevention Initiative

Milner S, Heyman R & Patton R, 1996, Gateshead GP Condom Scheme, South of Tyne Health Commission

Milner S, Patton R & Heyman R, 1995, Healthy Eating in Primary Schools: Opportunities and Choices, Sunderland: Priority Healthcare Wearside

Patton R, 1995, Drugs Information Line: Annual Report, Newcastle upon Tyne: Drugs Prevention Initiative

Patton R, 1995, Protect & Survive, London: Lambeth Drug Prevention Initiative

Patton R, 1995, The Scratch Card Initiative: Evaluation of a combined publicity & education pack, London: Home Office Central Drug Prevention Unit

Patton R, 1994, Take Notice, London: Home Office Central Drug Prevention Unit

Patton R, 1994, Blip: An evaluation of a computer drug education program, London: Home Office Central Drug Prevention Unit

Patton R, 1994, Drugs Information Line: Technical Report, Newcastle upon Tyne: Drugs Prevention Initiative

Patton R & McEwan R, 1992, Bodytalk: An evaluation of a Theatre in Health Education project, Newcastle upon Tyne: Division of Epidemiology and Public Health, University of Newcastle upon Tyne

Journal Activity

Associate Editor BMC Research Notes.

Assistant Editor The Open Addictions Journal.

Conference Presentations

Patton R, 2008, Alcohol problems in A&E, West Sussex Alcohol Strategy Launch, Horsham (keynote address)

Patton R, 2007, Alcohol problems in the AED – researching the interventions, National Alcohol Liaison conference, London (keynote address)

Patton R, 2006, Alcohol Problems in Accident & Emergency Departments, European Association of Addiction Therapy, London (invited speaker)

Patel T, Brown A, Touquet R, Patton R, Crawford M. 2005, Increasing services for alcohol misusing patients in ED's, FAEM scientific meeting, Edinburgh (poster presentation)

Patton R, 2005, Can simple interventions in the A&E reduce hazardous drinking? Implications from a pragmatic RCT, LSHTM Drug and Alcohol Research Seminars, London (invited speaker)

Patton R, 2005, Hazardous drinking: A primary care perspective, SMMGP Training day, London (invited speaker)

Patton R, 2004, Referral of alcohol misusing patients attending an accident & emergency department, Society for the Study of Addiction Annual Symposium, London (invited speaker)

Patton R, 2004, Reduction of alcohol consumption among patients attending an accident & emergency department, British Psychological Society Annual Conference, London (plenary session)

Patton R, 2004, Alcohol and Health: The Lambeth Perspective, Lambeth Alcohol Strategy Launch Conference, London (invited speaker)

Patton R & Touquet R, 2003, Brief Intervention for hazardous drinking among people attending AED services, 8th Annual R&D Conference, West London Mental Health Trust, London (invited speaker)

Patton R, 2003, Reducing alcohol misuse in patients attending an accident and emergency department: A Randomised Controlled Trial, British Psychological Society Annual Conference, Bournemouth (poster presentation)

Touquet R & Patton R, 2002, Identification of alcohol problems and brief interventions. 9th International Conference on Emergency Medicine, Edinburgh (invited speaker)

Patton R, 2002, Alcohol, falls and the elderly, Older People & Alcohol Misuse: Setting the Agenda. Age Concern, London (invited speaker)

Alcohol research

Screening & Brief interventions, primary care, Emergency Departments.

teaching activities

Role	Course
Lecturer	Clinical & Public Health Aspects of Addiction (Course under review) » Masters (MSc)

publications

see previous section