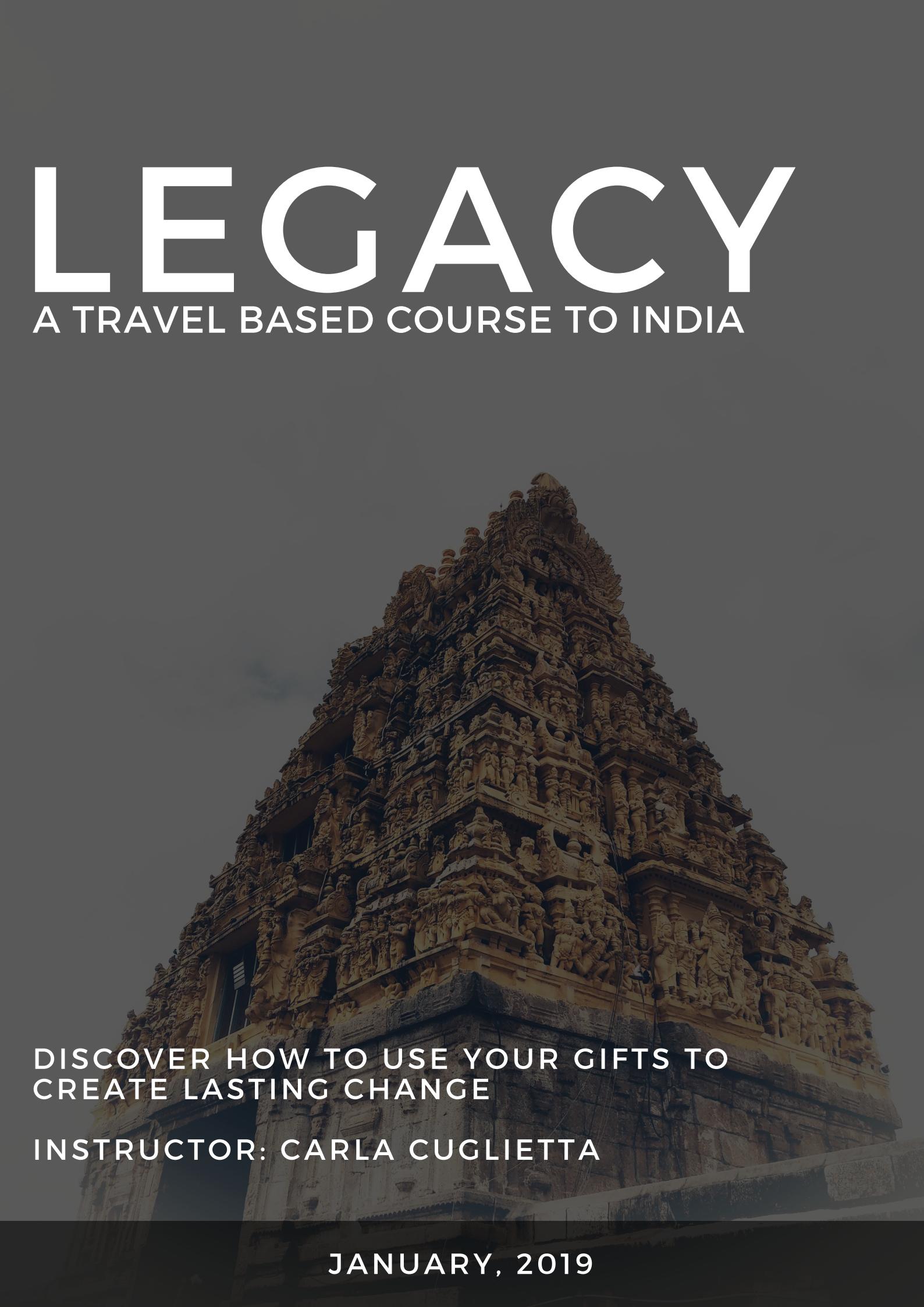


LEGACY

A TRAVEL BASED COURSE TO INDIA



DISCOVER HOW TO USE YOUR GIFTS TO
CREATE LASTING CHANGE

INSTRUCTOR: CARLA CUGLIETTA

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INFORM LEGACY PROGRAM

Legacy... something that is handed down from one person to the next.

A legacy lasts long after a person is gone, it's your lasting relationship with time. Legacies go far beyond assets, living on through the people who's lives are touched.

So...what is your legacy?

Journey to India and partner with women in rural villages to explore how legacies take shape... yours and theirs. The project you will work on is to help secure clean drinking water for communities, to get young girls back in to schools, and to support women as they start small businesses. It is work that can change the trajectory of lives forever.

It's also an experience that will shine light on your legacy, and you'll leave knowing what that is.

WHO IS LEGACY FOR?

Legacy is a different kind of program, a different kind of learning, and has a different kind of outcome. As a result, it is designed for those who are seeking greater purpose in the next chapter of their lives. And it is not for the feint of heart. Transformation occurs because you are meeting people in their homes, in their communities. Sometimes that will push your comfort zone. For exactly that reason, it will be exactly what your soul is seeking.

WHAT YOU CAN EXPECT?

- 1) A life-changing trip to India: 10 days of travel to southern and northern Indian both rural and urban areas. Truly, an authentic experience.
- 2) Transformative discussions: You will be guided through life leadership concepts that are built to impact, especially given the context in which you will do your learning. Journal writing, meditation and talks over chai tea.
- 3) Lasting connection: To the cohort you will be traveling with and the families affected through your work.
- 4) Clarity of your Legacy: The most important part of all. Your legacy may not involve women and water in India, but somehow it will be exposed through this journey.

HOW THE COURSE WORKS

The content for the program is broken down into four modules and will be taught, discussed and explored during your time in India.

Module One - Yesterday

During this foundational part of the program, you will be reflecting on the assets (skills) and anchors (values) that are already present in your life. These become key elements as you further identify and act on your legacy.

Module Two - Today

Likely the most challenging phase of the program, this is the stage when you assess the current direction and impact on your life. With great support from the group, something will emerge and will set your intention for the remainder of the experience.

Module Three - Tomorrow

During this exciting phase of the program, you will begin exploring how your actions today, create incredible change tomorrow. You will begin to understand the direct and encouraging ripple effect of your actions.

Module Four - Forever

The culmination of your experience is declaring your legacy and determining what you will perpetuate in others. The key questions here: What parts of you do you plan to leave behind? Whose lives can you touch? And whose lives can they touch in turn?

PROJECTED ITINERARY

Day One: Arrive in Delhi

Day Two: Udaipur, module 1

Day Three: Udaipur, module 1

Day Four: Udaipur, module 2

Day Five: Udaipur, Module 2

Day Six: Madurai, module 3

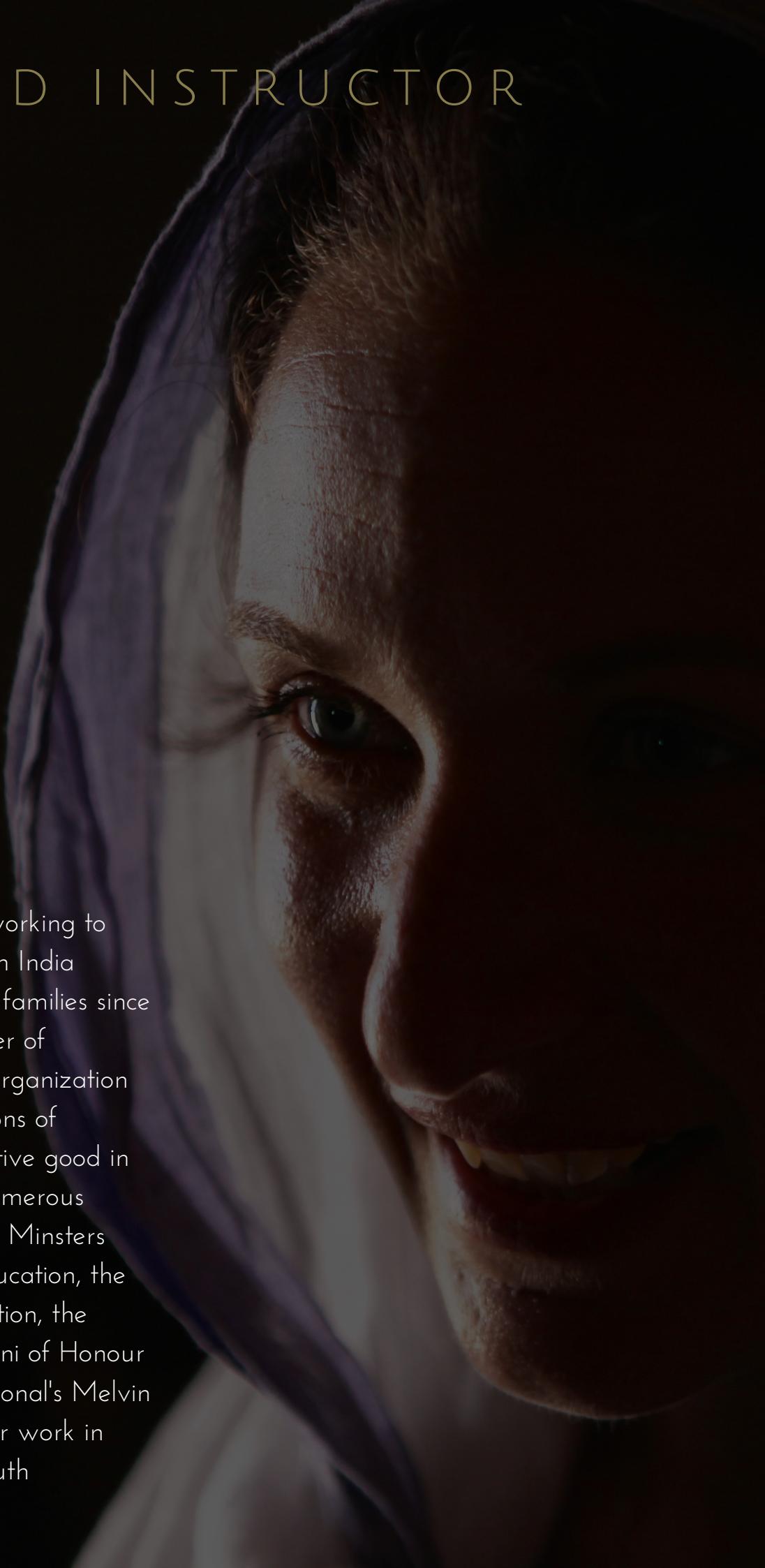
Day Seven: Maduari and surrounding villages, module 3

Day Eight: Madurai and surrounding villages, module 4

Day Nine: Madurai and surrounding villages, module 4

Day Ten: Return to Delhi and travel home

LEAD INSTRUCTOR



Carla Cuglietta has been working to support women in Southern India change the legacy for their families since 2007. She is the co-founder of YoungLeaders.World, an organization that works to instil the lessons of personal growth and collective good in our youth. She has won numerous awards including the Prime Minister's Award of Excellence in Education, the YWCA Woman of Distinction, the University of Alberta Alumni of Honour and the Lion Club International's Melvin Jones Fellow Award for her work in supporting women and youth worldwide.

THINGS YOU NEED TO KNOW

India is a country of beautiful fascinations... also a country of unavoidable frustrations. When enrolling in this course, you should expect:

- To experience emotional highs and lows
- To eat new foods (and to do your absolute best, when hosted, to eat what is served)
- To be uncomfortable at times
- To meet women who inspire you and situations that break your heart
- To be open to learning from every experience and every person
- To be self-sufficient and strong
- To be supportive of your cohort

HOW TO ENROL?

Enrollment happens in three phases.

- 1) You apply for the course
- 2) You get selected for the course
- 3) You work with the IN.FORM team to make travel arrangements

Not everyone who applies will necessarily be selected. This is a very small group experience and needs to be, so enrolment is very limited. As well, this is not the time in everyone's life to take on this course, or travel to India in this way. We will work with you to determine your readiness for the program.

The course fee is: \$3,450

* Includes: course content, double occupancy accommodation, meals, domestic travel, translator services, domestic flights

* Does not include your flight to India or Indian Visa

**APPLICATIONS ACCEPTED THROUGH:
CarlaCuglietta.com or Carla@youngleaders.world**

