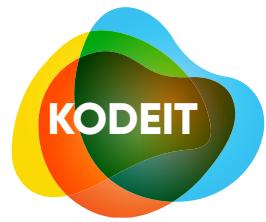


All About Me and My Family



**LEVEL
1**



All About Me and My Family



LEVEL
1

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Book Name : All About Me and My Family

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First Edition: 2025

Welcome to the Learning Journey

A Thoughtfully Designed Learning Experience

Early childhood education is a crucial foundation for lifelong learning. These student books have been **carefully structured to provide an engaging, developmentally appropriate, and interactive learning experience** for young learners. Every element activities, stories, and explorations has been purposefully designed to **spark curiosity, build essential skills, and encourage independent discovery**, while making learning intuitive and enjoyable.

Each book follows a **clear and predictable structure** to create a seamless learning progression, ensuring that students engage with new concepts in a way that feels natural, immersive, and meaningful.



How These Books Support Learning

This series is designed to **foster active learning and self guided exploration**, helping children develop a strong foundation for cognitive, motor, and emotional growth.

Engaging, Age-Appropriate Content

Learning is centered around **visuals, hands on activities, and guided discovery**.

No reading or writing is required children engage through **coloring, tracing, matching, and sorting**.

Activities are designed to promote **fine motor skills and observational learning** in a fun, low pressure environment.

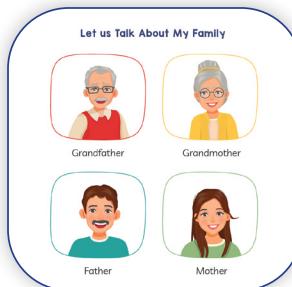
Someone has taken Joey's toy.



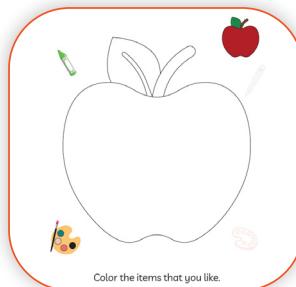
Tick the emotion that Joey is feeling.

A Predictable and Structured Lesson Flow

To create consistency and ease of understanding, each lesson follows a structured format:



Introduction to the Concept Familiarization through visuals and guided exploration.



Establishing the Concept Hands on learning through coloring and tracing.



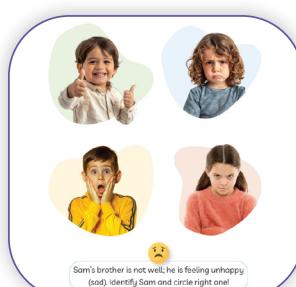
Building the Concept Learning through storytelling and picture sequences.



Interactive Engagement Matching, sorting, and observational activities.



Concept Application Movement based role play and hands on experiences.



Reflection and Emotional Understanding Encouraging self awareness and personal connection to the topic.



Review and Independent Learning Stickers, puzzles, and self guided reinforcement tasks.

Supporting Educators with Student Led Learning

These books are designed to **enhance teaching effectiveness** by providing well structured, student driven activities that:

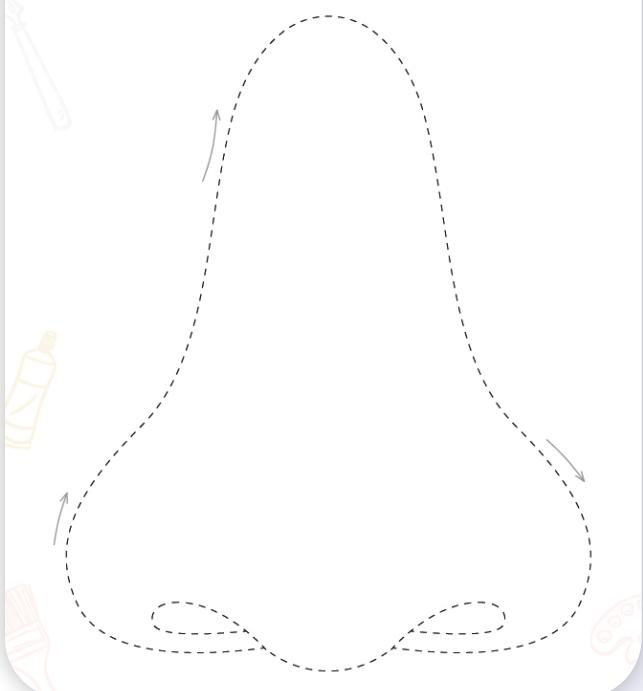
- Enable students to **engage independently**, allowing teachers to focus on facilitation and differentiated support.
- Provide **clear, embedded instructions** that guide learners through tasks with minimal teacher intervention.
- Include **interactive and exploratory activities** that reinforce key concepts intuitively.



And eyes, and ears, and mouth, and nose.

Let Us Draw Our Body Parts.

Trace along to identify the body part



Building Essential Skills for Early Learners

Each book strengthens cognitive, motor, and social emotional skills through structured activities:

Fine motor development Through tracing, coloring, and interactive exercises.

Cognitive growth Strengthened through sorting, sequencing, and problem solving.

Social and emotional learning Encouraging self expression and understanding of emotions in context.

Culturally Relevant & Meaningful Learning

Learning is most effective when it is **relevant and relatable**. These books incorporate:

Cultural elements that reflect students' everyday lives (e.g., Ramadan, family traditions, and local customs).

Explorations of the natural and social world, helping children observe and engage with their surroundings.

Globally inclusive themes that spark curiosity about different people, places, and traditions.

My family celebrates Ramadan together every year



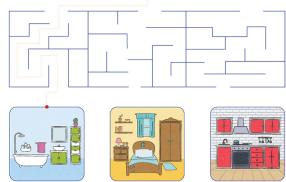
A Journey of Discovery & Growth

By integrating **play based learning**, **hands on exploration**, and **structured progression**, these books support **early learners in building confidence, independence, and a deeper understanding of their world**.

For educators, this series serves as a **comprehensive teaching tool**, ensuring that each child experiences a well rounded, engaging, and developmentally appropriate introduction to key concepts.

Let Us Shift the Object!

Where should Alex brush his teeth?



Share your feelings today!

How Do You Feel?



Introduction to the Book

All About Me and My Family is the first step in the learning journey of young children, fostering self-awareness and social connections. Designed to align with globally recognized early childhood education frameworks such as the **Early Years Foundation Stage (EYFS-UK)**, **Australian Early Years Learning Framework (EYLF)**, and the **International Baccalaureate Primary Years Programme (IB PYP)**, this book serves as the foundation for personal identity, emotional intelligence, and an introduction to family and community roles.

Through engaging narratives, interactive activities, and play-based learning experiences, this book helps children explore their emotions, understand their physical selves, and appreciate the significance of family relationships. The structured approach in this book supports the developmental milestones crucial for early childhood growth and prepares learners for progressive social and emotional learning in subsequent levels.



Scope and Sequence

Book 1: All About Me and My Family is structured into two core units:

Unit 1: All About Me

Encourages children to recognize their emotions, understand their physical selves, and explore personal likes and dislikes.



Unit 2: My Family

Helps children identify family members, understand their roles, and appreciate traditions within their households.



Each lesson within these units follows a carefully designed progression, gradually building a child's understanding from self-awareness to social connectedness. This ensures that children not only develop a sense of identity but also cultivate respect and appreciation for their family and surroundings.

KEY LEARNING OUTCOMES PER LESSON

UNIT/LESSON	LEARNING OBJECTIVES	ACTIVITIES
Unit 1: All About Me		
Lesson 1 My Feelings	Recognize and name different emotions, Express feelings appropriately	Storytime: How Do You Feel?  Emotion Faces drawing  Emotion Cards matching 
Lesson 2 My Body	Identify body parts, understand their functions.	Body Part Songs  Drawing My Body  Body Part Matching Game 
Lesson 3 My Likes and Dislikes	Recognize personal preferences, respect others' preferences.	Likes and Dislikes Chart  Favorite Things Show-and-Tell Group Discussion 
Unit 2: My Family		
Lesson 4 My Family Members	Identify family members, understand their roles.	Storytime: Meet My Family  Family Tree Creation  Family Roles Matching 
Lesson 5 My Home	Describe different rooms and their uses.	Drawing My Home  Home Tour Video  Room Matching Game 
Lesson 6 Family Traditions	Understand and appreciate family traditions.	Storytime: Family Traditions  Traditions Show-and-Tell  Creating a Family Traditions Book 

Each lesson builds upon the previous one, ensuring a **scaffolded approach** that deepens children's comprehension and engagement.

Pedagogical Approach and Significance

This book adopts a **play-based, inquiry-driven, and experiential learning approach** that aligns with best practices in early childhood education. The key pedagogical strategies embedded in this book include:

1. Inquiry-Based Learning (IBL)

Encourages curiosity through questions and storytelling, allowing children to explore their emotions and family structures.

2. Hands-on, Experiential Learning

Engages children through creative activities such as drawing, role-playing, and crafting to enhance cognitive development.

3. Social-Emotional Learning (SEL)

Develops emotional intelligence, self-expression, and interpersonal skills through structured interactions and discussions.

4. Storytelling and Visual Learning:

Introduces relatable narratives and colorful illustrations to enhance comprehension and engagement.

5. Cultural Sensitivity and Inclusion

Ensures content reflects diverse family structures and cultural traditions, fostering inclusivity and respect.



Bridging Gaps in Pre-K Education

Many traditional Pre-K programs struggle to address **holistic development**, often focusing on cognitive skills while overlooking social and emotional learning. This book seeks to **bridge these gaps** by:

1. Ensuring Emotional Literacy

By introducing young learners to emotions and social interactions early, this book lays the groundwork for self-regulation and empathy.

2. Enhancing Family Engagement

Lessons are designed to involve parents and caregivers, encouraging storytelling at home and reinforcing classroom learning.

3. Developing Communication Skills

Develops emotional intelligence, self-expression, and interpersonal skills through structured interactions and discussions.

4. Encouraging Individuality and Self-Expression

Activities like 'Favorite Things Show-and-Tell' promote confidence and personal identity exploration.

By addressing these critical early learning needs, this book not only prepares children for academic success but also nurtures **resilient, emotionally intelligent, and socially aware individuals**.



MY PERSONAL FACTS AND FIGURES



This Book Belongs to _____

Age

School Name _____

Grade Level _____



All About Me and My Family - Student Book

Unit

I

All About Me

All About Me



Lesson 1

My Feelings

15

Lesson 2

My Body

38

Lesson 3

My Likes and Dislikes

52

Unit

2

My Family



Lesson 4

My Family Members

77

Lesson 5

My Home

91

Lesson 6

Family Traditions

109



Unit 1

ALL ABOUT ME



LESSON
1

MY FEELINGS



Let Us Talk About Our Feelings!

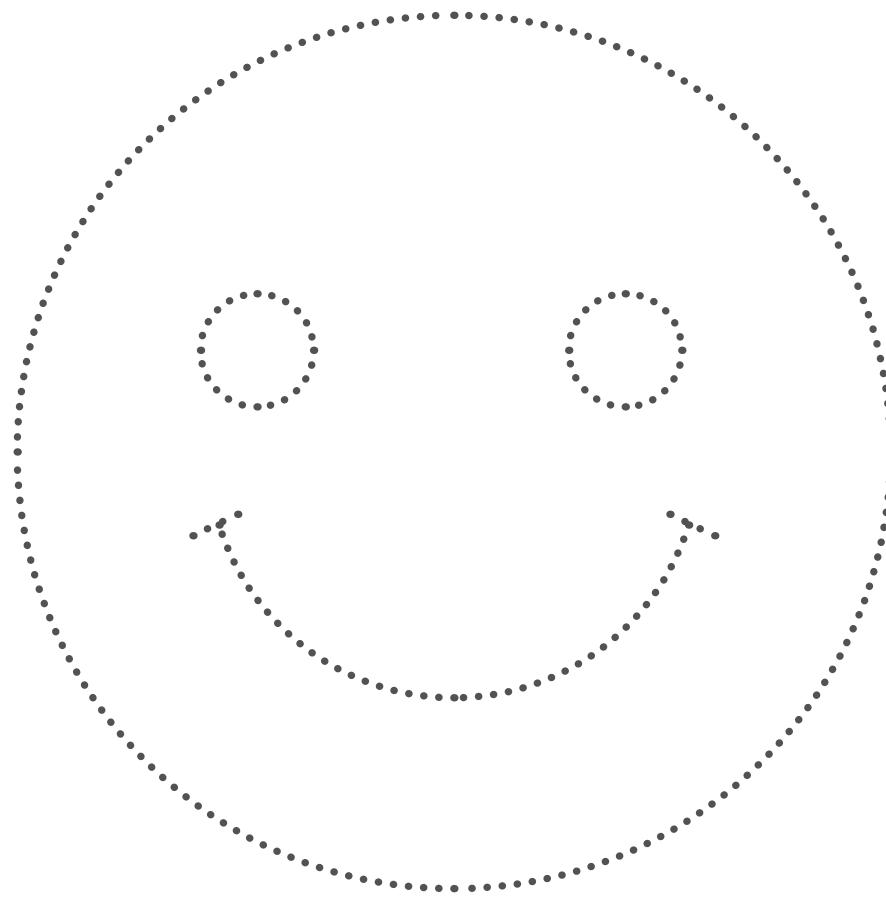


HAPPY

Look at Adam's face.

He looks happy.

Can you show me your happy face?



Draw a happy face!

Look at Shifa's face.

She looks **sad**.
Can you show me your **sad** face?

SAD

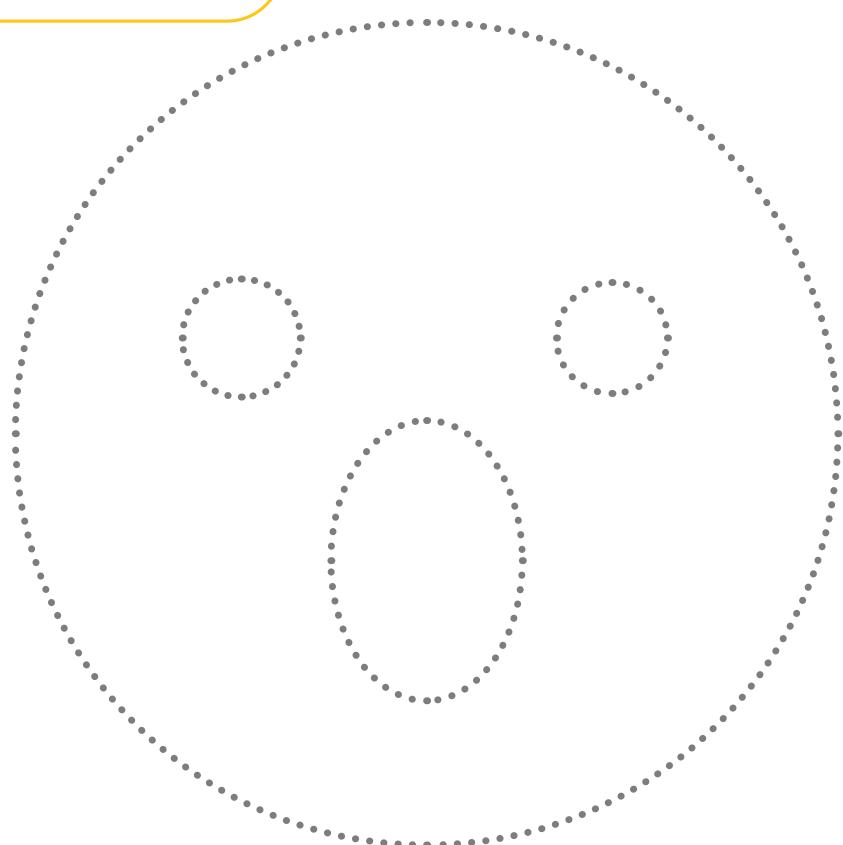
Draw a sad face!



Look at Tom's face.

He looks **surprised**.
Can you show me your **surprised** face?

SURPRISED



Draw a surprised face!

Look at Jenny's face.

Jenny's eyebrows are down. She is angry. Can you show your angry face?



ANGRY

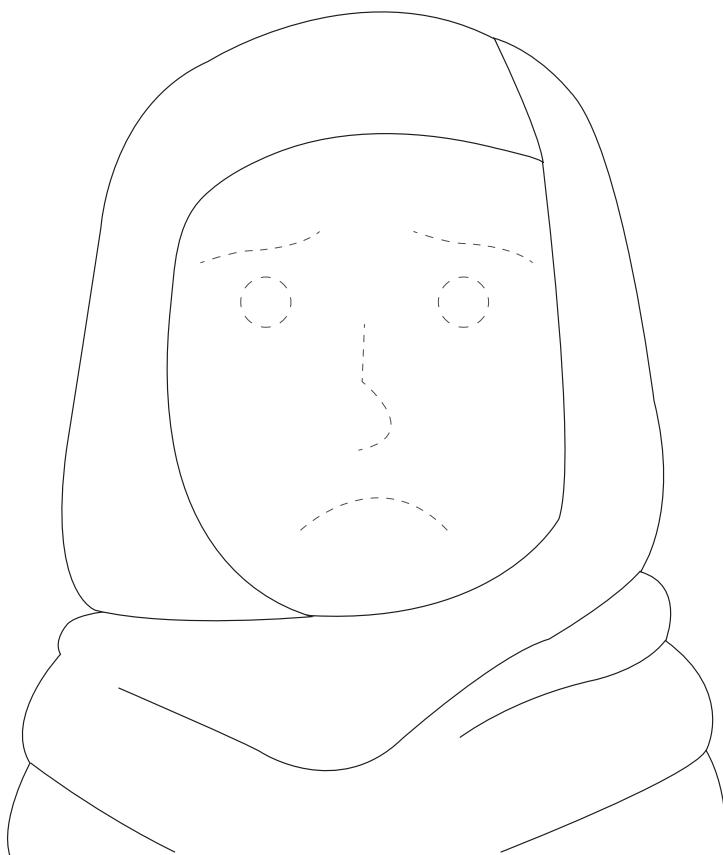


Draw an angry face!

Establishing the Concept

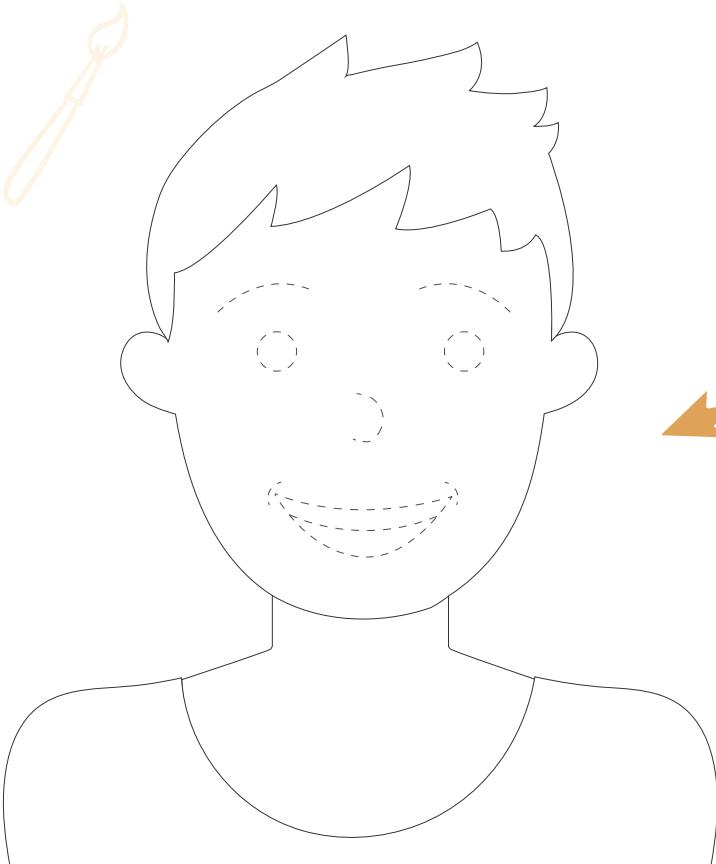


Trace the outline of the **surprised** face, then color it with a **green crayon**.

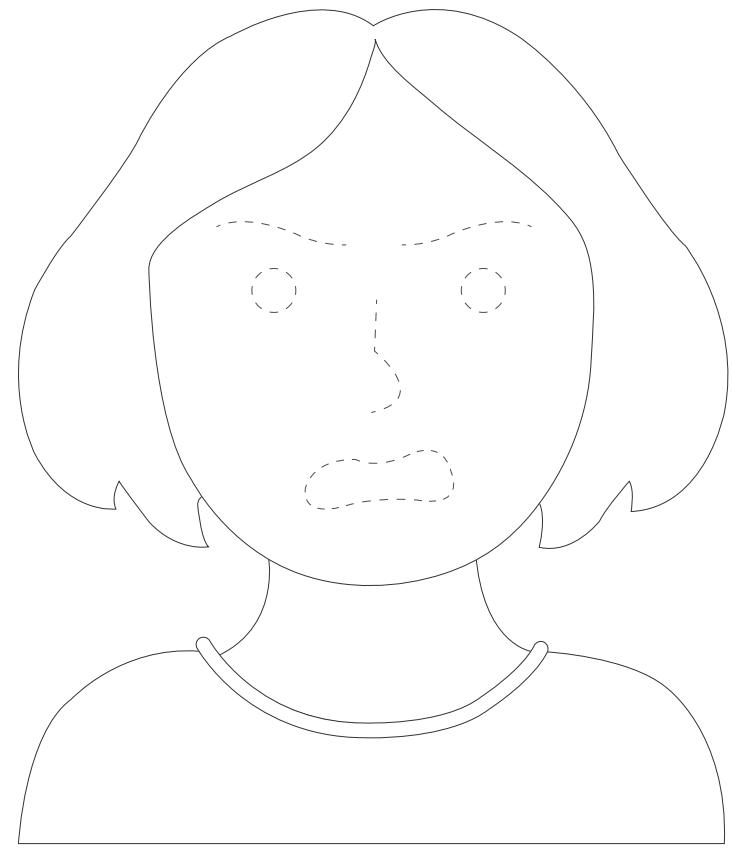


Trace the outline of the **sad** face, then color it with a **Blue crayon**.





Trace the outline of the **happy** face, then color it with a **pink crayon**.



Trace the outline of the **angry** face, then color it with a **red crayon**.



Let Us Read a Story!

How do I
feel today?



Sara just woke up. Tick the face that shows how she feels.



Happy



Sad

Sara is playing with her Ball!



Point to **Sara's** face and guess how she might be feeling?



But oh no!
She **lost** the Ball!

How is **Sara** feeling now?

Point to Sara's face and tick how she must be feeling.

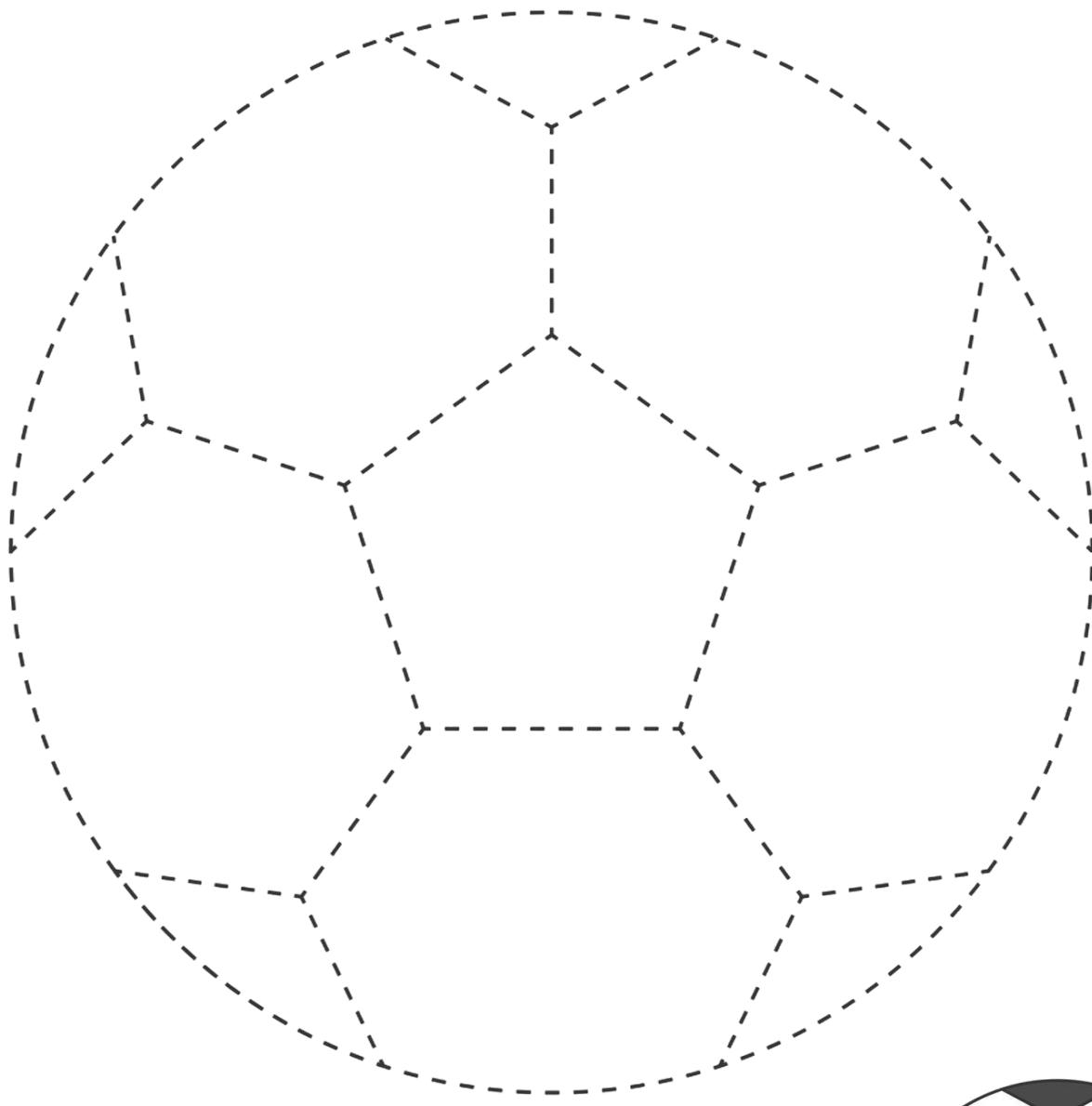
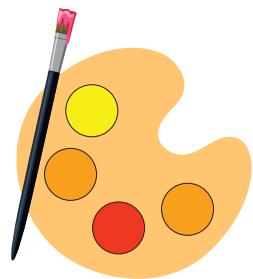


Happy



Sad

Let us trace and color Sara's ball!



How Do We Feel in Different Situations?

It is Sam's
birthday!



HAPPY



SAD

Tick the emotion that Sam is feeling.

Emma has
hurt her leg.



SAD



ANGRY

Tick the emotion that Emma is feeling.



Anna is eating her breakfast.



HAPPY



ANGRY

Tick the emotion that Anna is feeling.

Someone has taken Joey's toy.



ANGRY



HAPPY

Tick the emotion that Joey is feeling.



Sophie is ill.



Tick the emotion that Sophie is feeling.

Noah is playing
a guitar.



Tick the emotion that Noah is feeling.

Concept Application



Look at the Picture.
Can you make this face? **Try!**



Look at the Picture.
Can you make this face? **Try!**



Look at the Picture.
Can you make this face? **Try!**

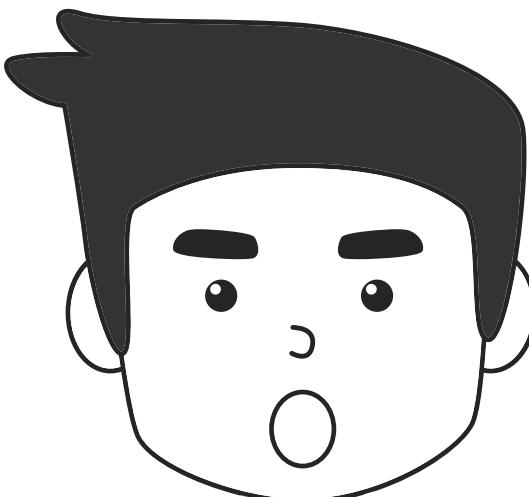
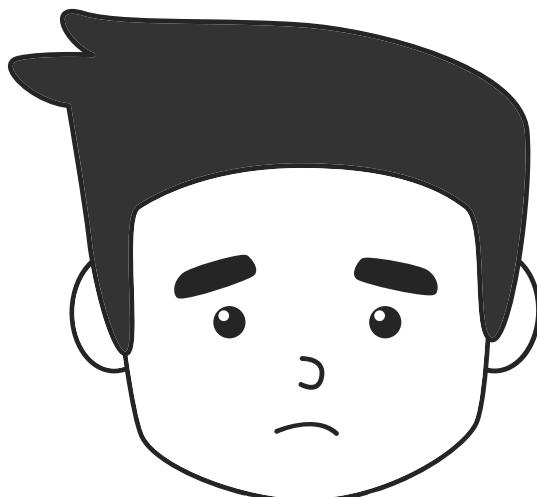
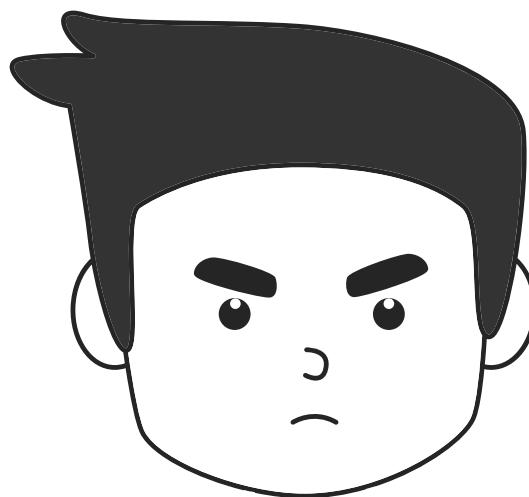


Look at the Picture.
Can you make this face? **Try!**



Share Your Feelings!

How do you feel?



Color the face to show how you feel today.



Let Us Match the Feelings!

Which child is sad?

Draw a line to match the correct picture.



SAD



Which child is angry?
Draw a line to match the correct picture.

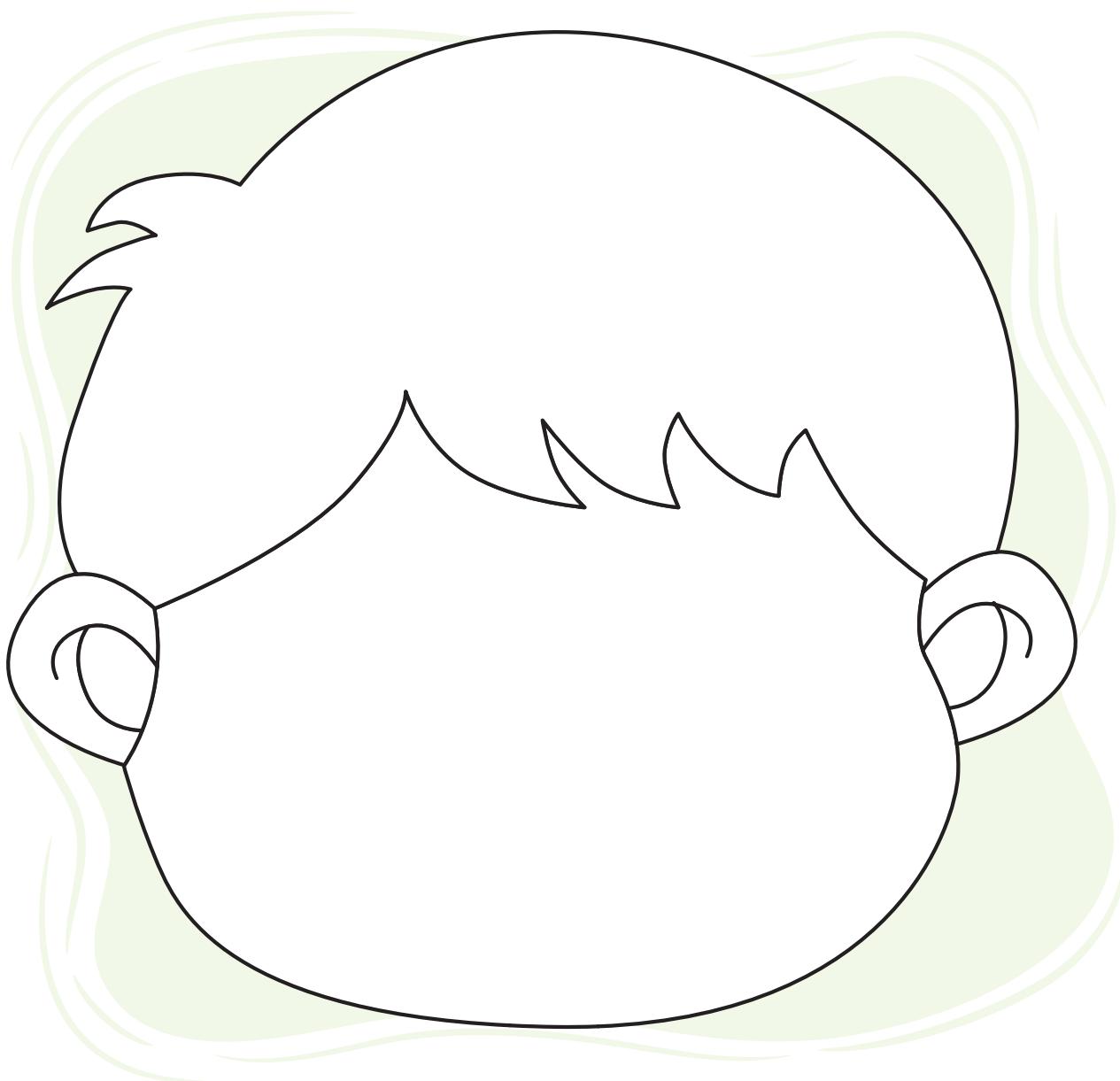


ANGRY



Let Us Share Our Feelings!

Cut and paste the happy face pieces
to complete the puzzle.



Stickers are at the end of the book.



Let Us Share Our Feelings!

Cut and paste the happy face pieces
to complete the puzzle.



Stickers are at the end of the book.

Emotional Understanding



Sam's brother is not well; he is feeling unhappy (sad). Can you find Sam and circle him?



Watch this video on

Happy Feelings: Exploring Joy Together!



Visit this Link in browser



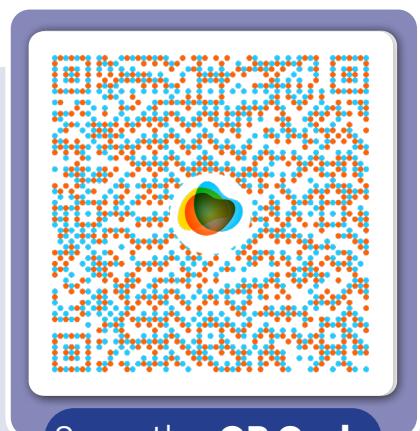
<https://learn.kodeit.com/go/qva6hr>





Watch this video on

Sad Feelings: Understanding When We Feel Down



Visit this Link in browser



<https://learn.kodeit.com/go/w5urim>





TUNE IN
Knowledge
LINKS

Watch this video on

Surprise Time: Discovering Unexpected Feelings



Scan the **QR Code**

Visit this Link in browser



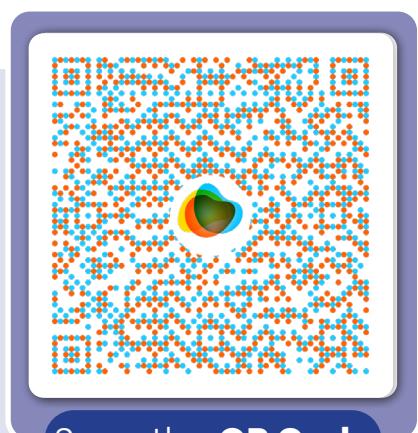
<https://learn.kodeit.com/go/5c3dqu>





Watch this video on

Feeling Angry: Understanding Mad Moments



Scan the QR Code

Visit this Link in browser



<https://learn.kodeit.com/go/wztyhk>



LESSON
2

MY BODY



Let Us Know Our Body Parts

Our body has different parts.
Point to each part and say its name.



Eye



Nose



Ear



Mouth



Let Us Know Our Body Parts

Point to each part and say its name.



Head



Shoulder



Arm



Leg



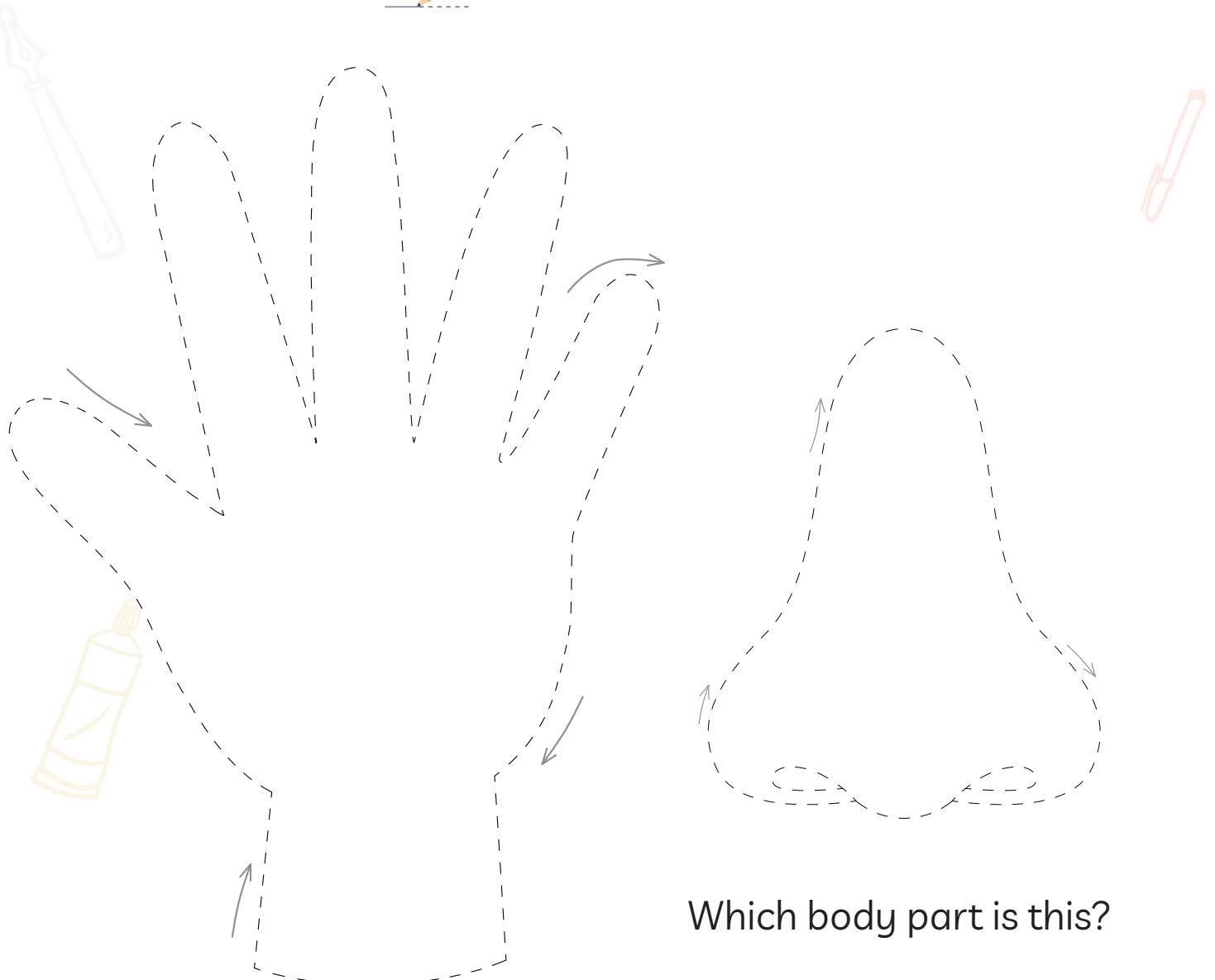
Hand



Foot

Let Us Know Our Body Parts

Trace and Tell



Which body part is this?

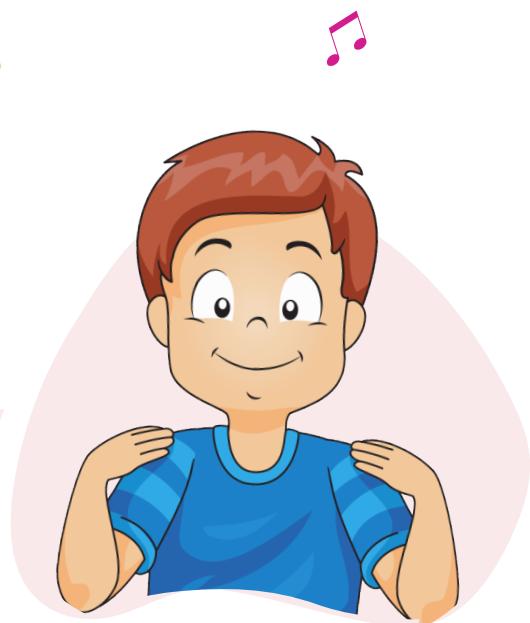
Which body part is this?

Let Us Sing a Song!

Touch the body part when you hear its name.



Head



Shoulder



Knees



Toes





Eyes



Ears



Mouth



Nose

Head, Shoulders, Knees and Toes



Head, shoulders, knees, and
toes, Knees and toes.



Head, shoulders, knees, and
toes, Knees and toes.



And eyes, and ears, and
mouth, and nose.



Head, shoulders, knees, and
toes, Knees and toes.



Label Your Body

Draw a line and match the body part with its name.



Ear



Eye



Nose



Mouth



Label Your Body

Draw a line and match the body part with its name.



Head



Hand



Knee



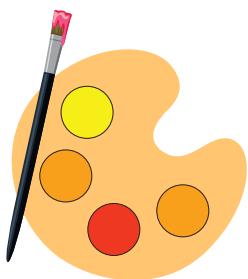
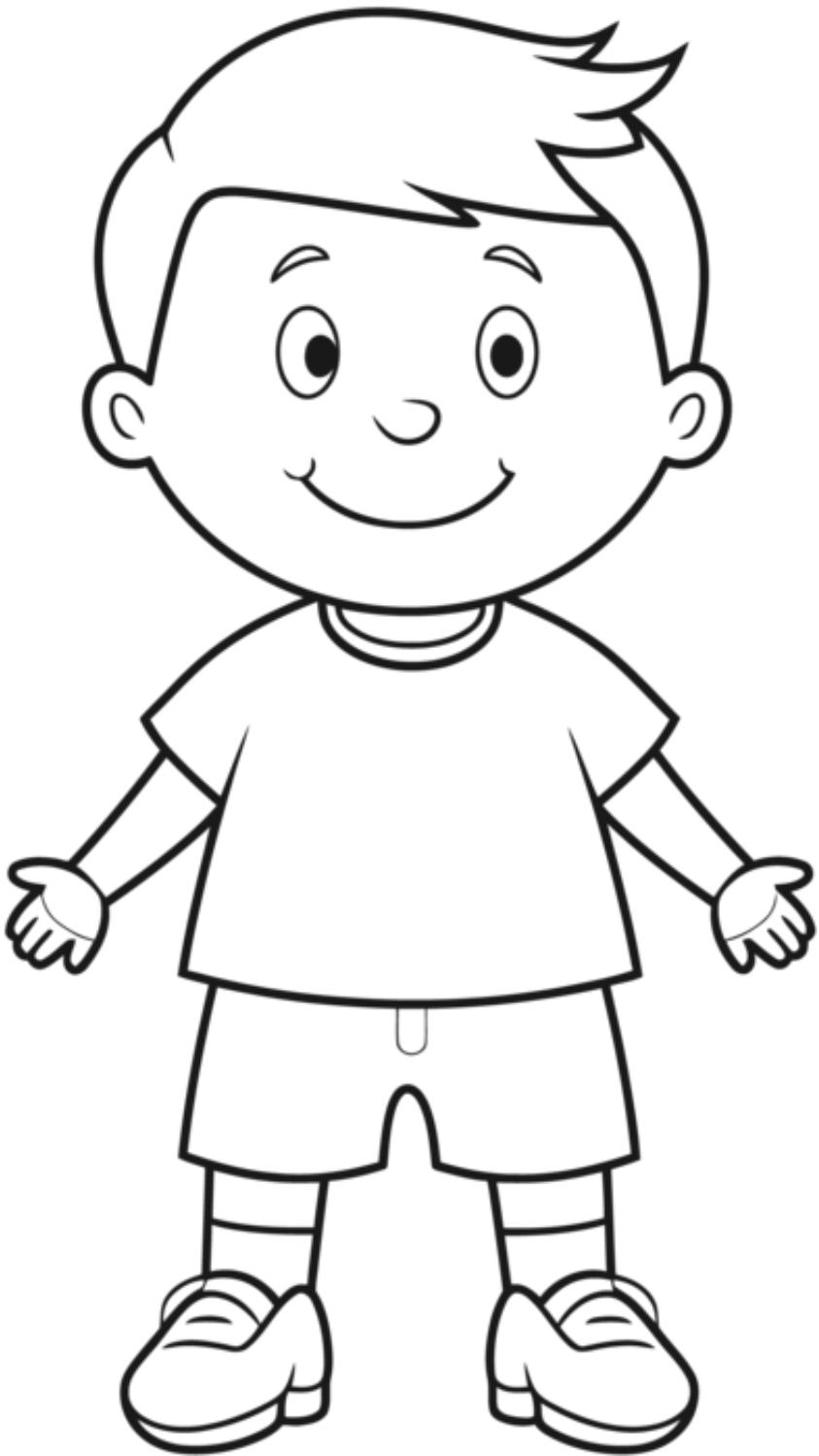
Leg



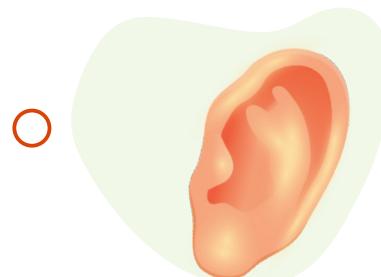
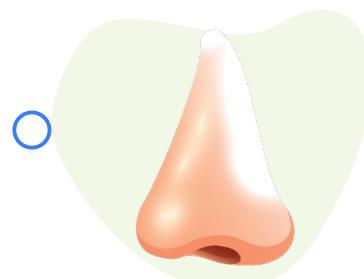
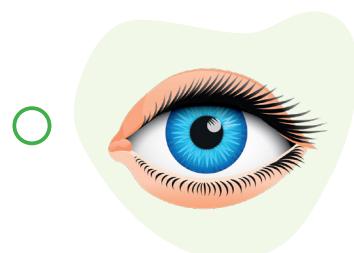
My Favorite Body Part!



Use your thumbprints to color your favorite body part!



Every Part of Our Body Has a Special Job



Draw a line to match each body part with what it does.



Watch this video on

Body Parts and Their Super Powers!



Scan the QR Code

Visit this Link in browser



<https://learn.kodeit.com/go/2ig1z8>





Watch this video on

Body Parts and What They Do!



Visit this Link in browser



<https://learn.kodeit.com/go/s2ockq>





TUNE IN
Knowledge
LINKS

Watch this video on

Poem: Head, shoulders, knees, and toes



Scan the QR Code

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<https://learn.kodeit.com/go/gtvn4x>



LESSON
3

MY LIKES AND DISLIKS



What Do I Like and Dislike?

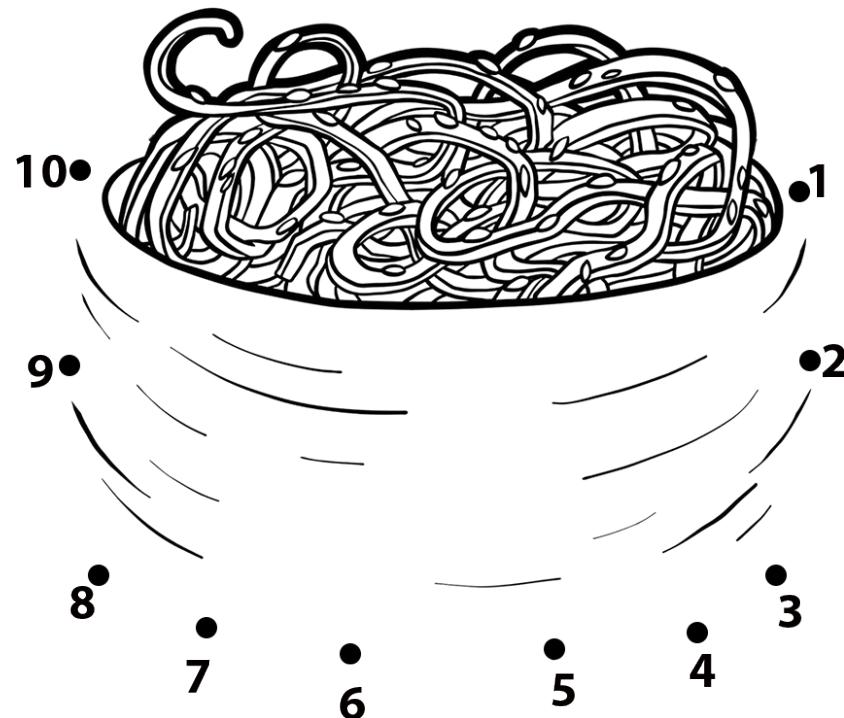


Kate likes to eat a burger.

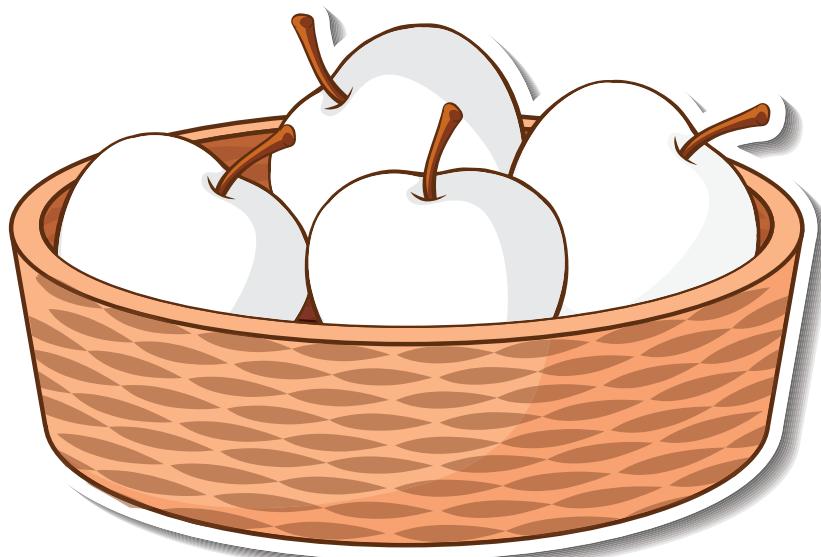
Eva does not like noodles.



Connect the dots from 1 to 10 to complete your bowl of noodles.



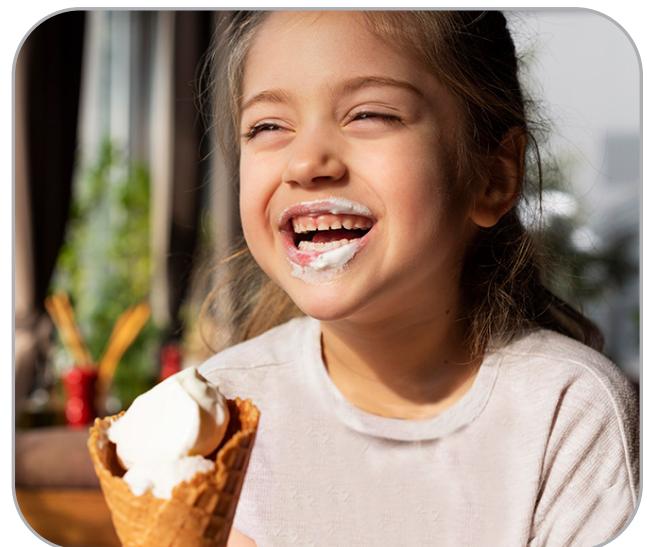
Count and color 2 apples in the basket.





Siri likes to eat apples.

Riley likes to eat ice cream.

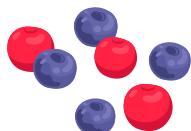


Ruby does not
like loud music.

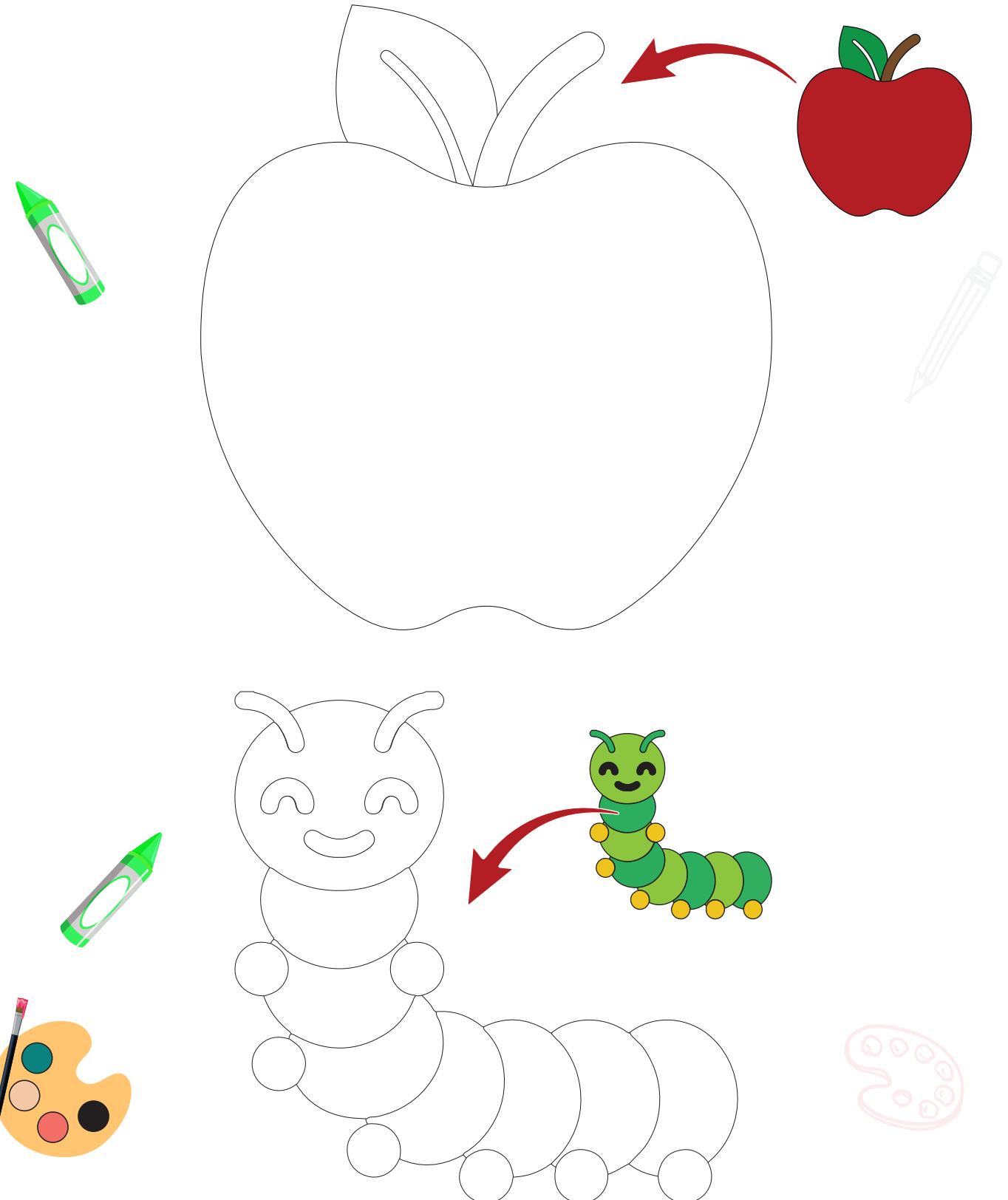




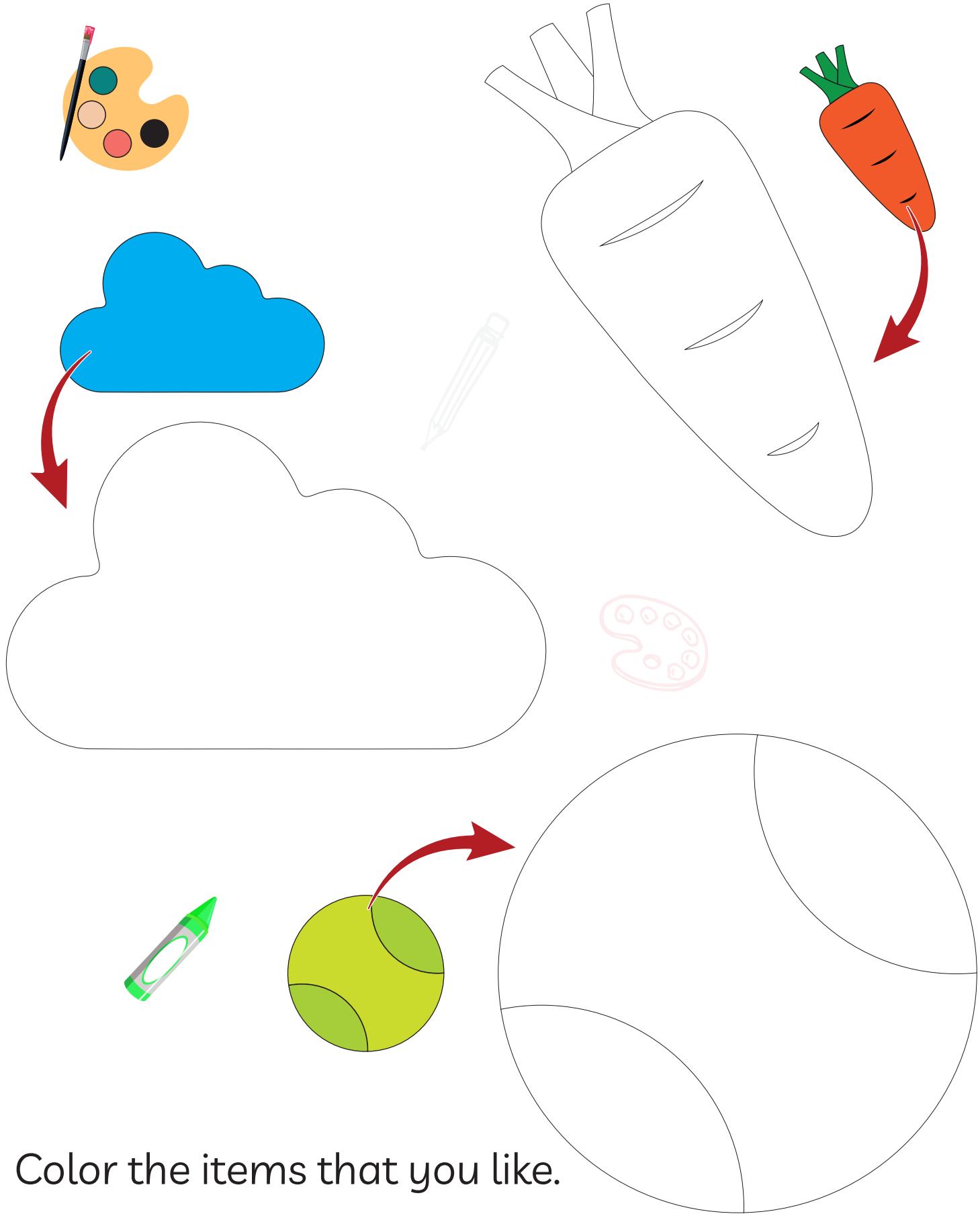
Circle 2 toppings you would like on your ice-cream



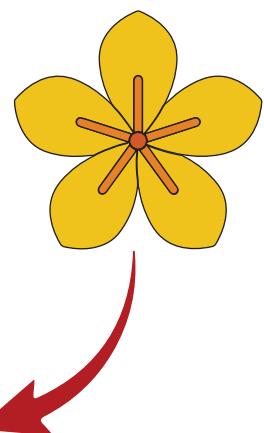
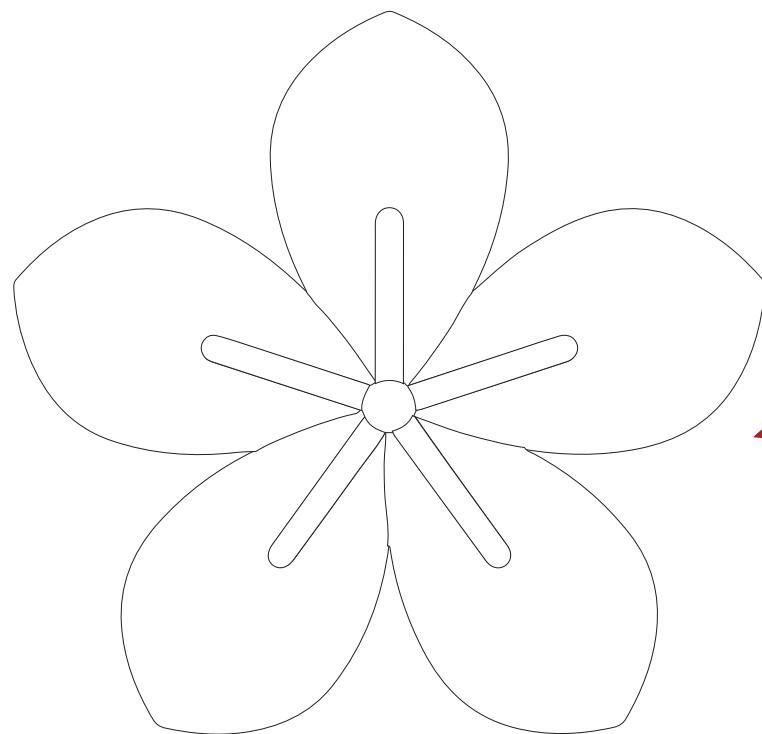
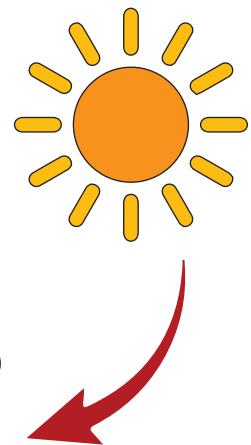
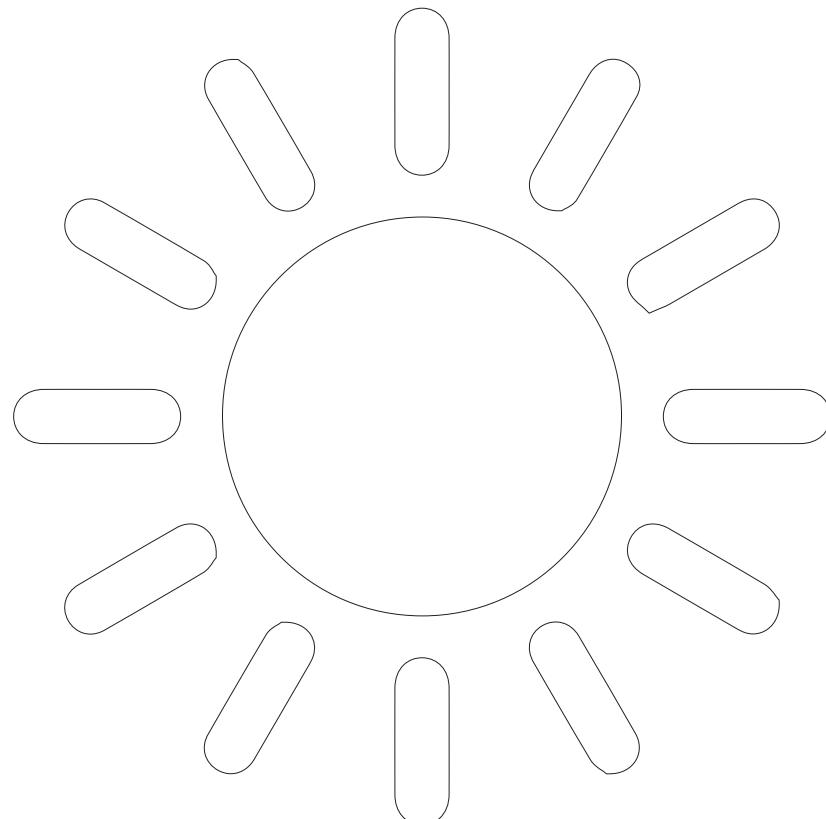
Establishing the Concept



Color the items that you like.



Color the items that you like.



Color the items that you like.

Understanding Each Other's Likes and Dislikes

Let us read a story.



One Sunny Day, **Ellie**, **Leo** and **Bella** went on a picnic.
Each got their favorite snack.

Make a Circle on the foods you would take on your picnic.



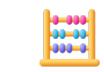


I like **apples**, so I got them!

-Ellie



I love **sandwiches**, so I have
brought those! -Leo



Count how many apples Ellie has.



Color that many apples on the tree



I love carrots,
so I got a
basket of
those! -Bella



But, I do not
like carrots!





Circle the foods that help the body grow





And I do not
like **apples**!

And I do
not like
sandwiches!

A cartoon illustration of a young girl with brown hair in two pigtails, wearing a red short-sleeved shirt with a small white heart on it and blue plaid shorts. She has a sad or disappointed expression, with her hands clasped together near her chest. She is set against a light green background.



We all have different favorites, and that is okay! We can still enjoy the picnic together.

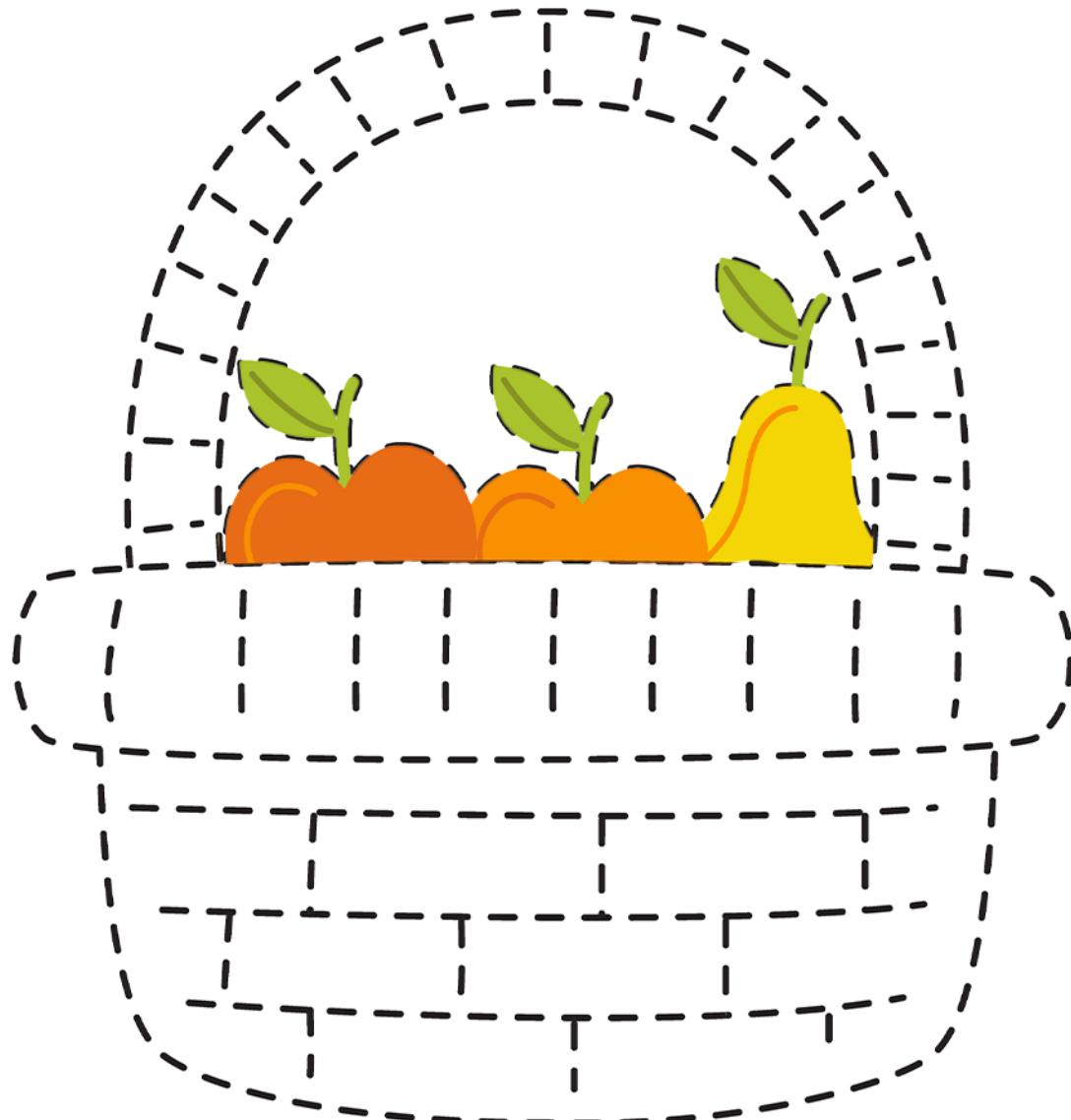
So, Leo ate his sandwiches, Ellie ate her apple, and Bella munched on her carrots.



They laughed, played, and had the best picnic ever!



Trace the picnic basket



Match Your Likes and Dislikes!



Draw a **line** to the happy face for things you like, and to the sad face for things you do not like.



Show and Tell: My Favorite Things

Tick your favorite.



Riding a bicycle

Painting a picture



Reading a book

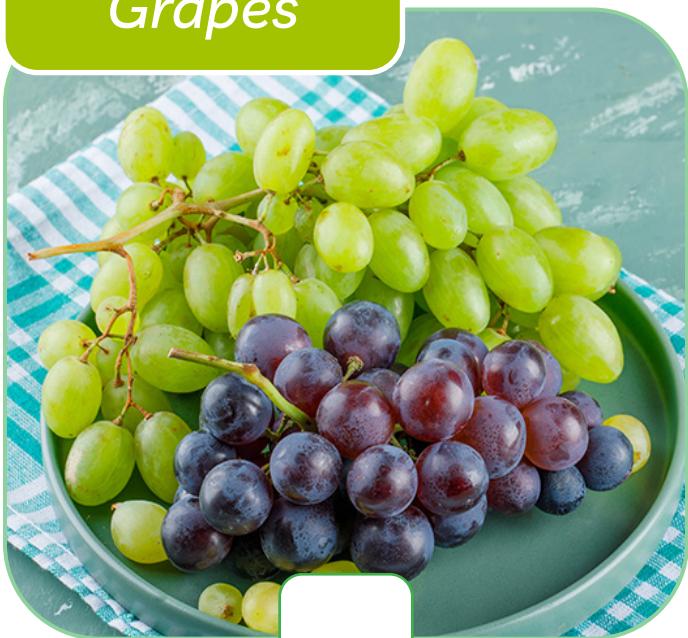
Playing with balloons



Show and Tell: My Favorite Things

Tick your favorite fruit.

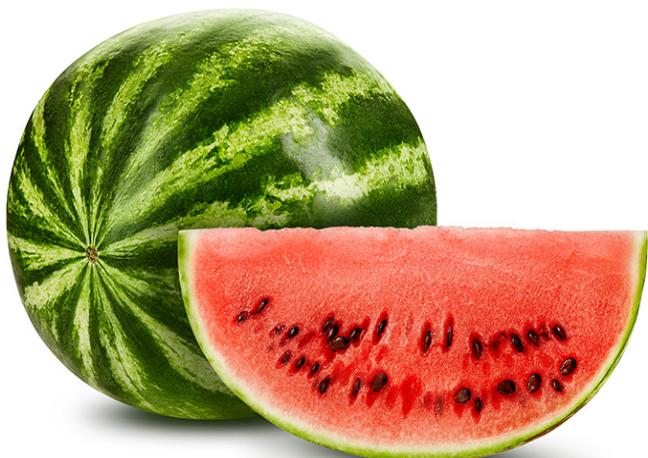
Grapes



Mango



Watermelon

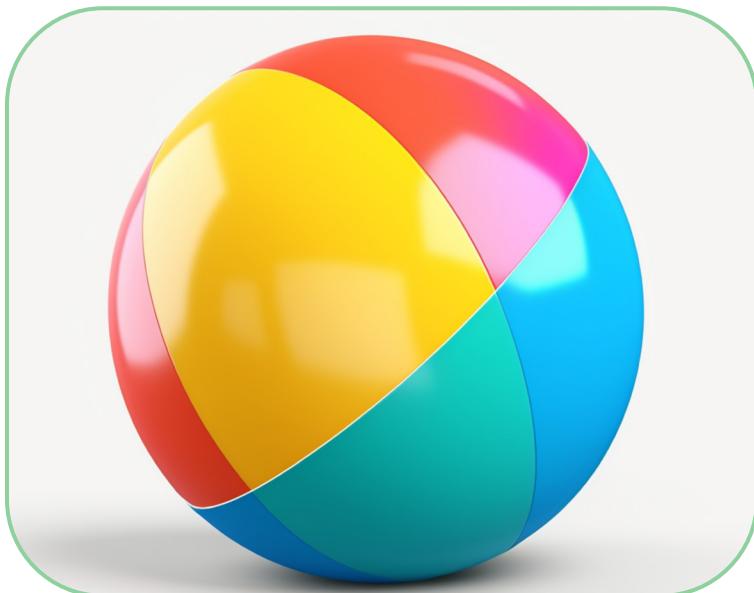


Banana



My Likes and Dislikes Chart

 Tick the item you like and  cross the item you dislike.



LIKE



DISLIKE



LIKE



DISLIKE



My Likes and Dislikes Chart

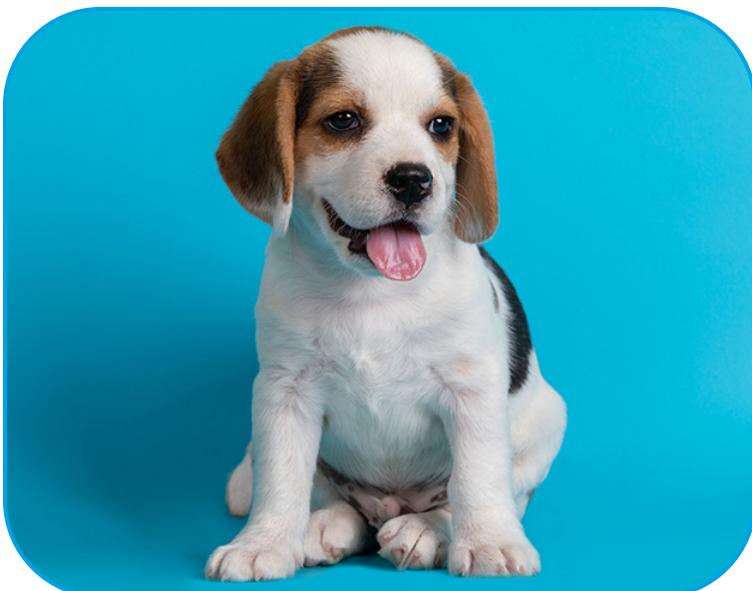
 Tick the item you like and  cross the item you dislike.



LIKE



DISLIKE



LIKE



DISLIKE





2 Things I Like

Stick pictures of two things you like.

A large, thin green L-shaped outline that spans most of the page width and height, designed for children to draw their two favorite things.A second large, thin green L-shaped outline located below the first one, also intended for children to draw their favorite things.

2 Things I Dislike

Stick pictures of two things you like.





Watch this video on

My Likes and Dislikes



Visit this Link in browser



<https://learn.kodeit.com/go/dpx3hz>



Unit 2

MY FAMILY

LESSON
4

MY FAMILY MEMBERS



Let Us Talk About My Family



Color a **star** above the people you have in your family.

Can you point at yourself in this family?



Grandfather



Grandmother



Father



Mother

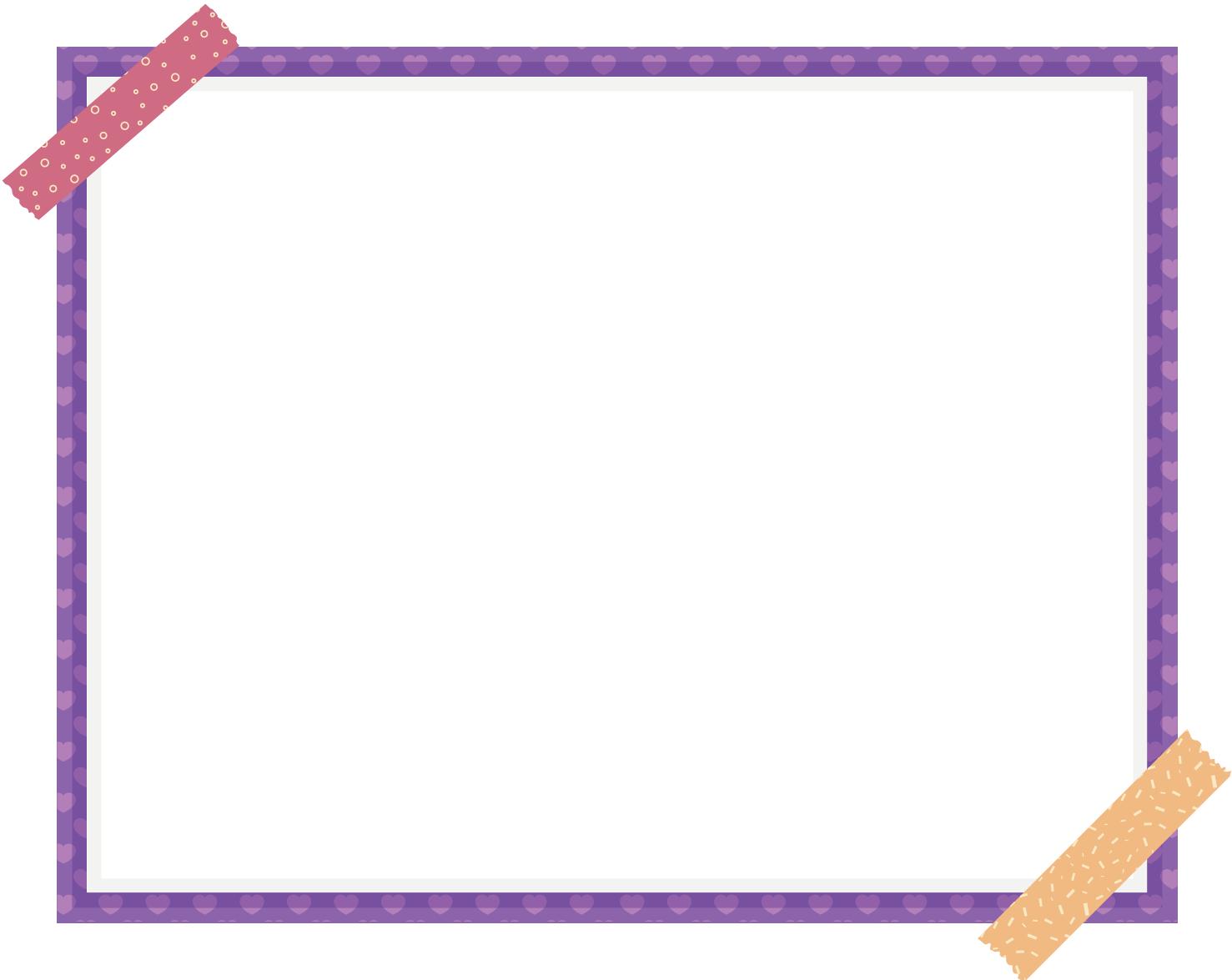


Brother



Sister

This is My Family!



Paste photos of your family.



Amy's Family



Count the people and make a
Circle on the correct number.

4

5

6

This is my mother, she cooks yummy food.
I help her with cooking.



This is my father. He goes to office everyday.
He brings candies for everyone.



This is my grandmother.
She tells me funny stories.



This is my grandfather.
We walk in the park
together.





Circle the things you see in this picture.

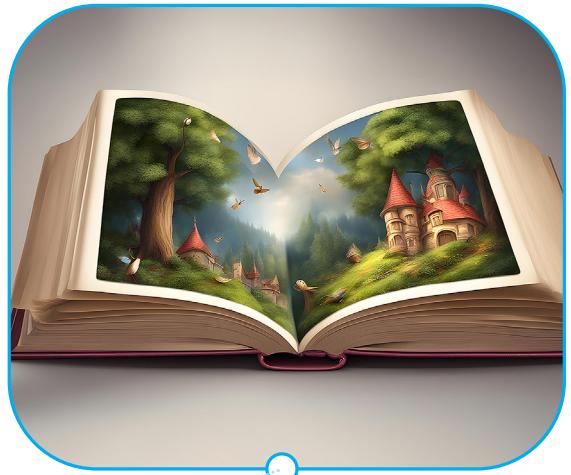


This is my brother.
We study and play together.



Match the Family Member to Their Roles!

Draw a line to match the role of
Amy's family members.



Use **crayons** for drawing lines.

Match the Family Member to Their Roles!

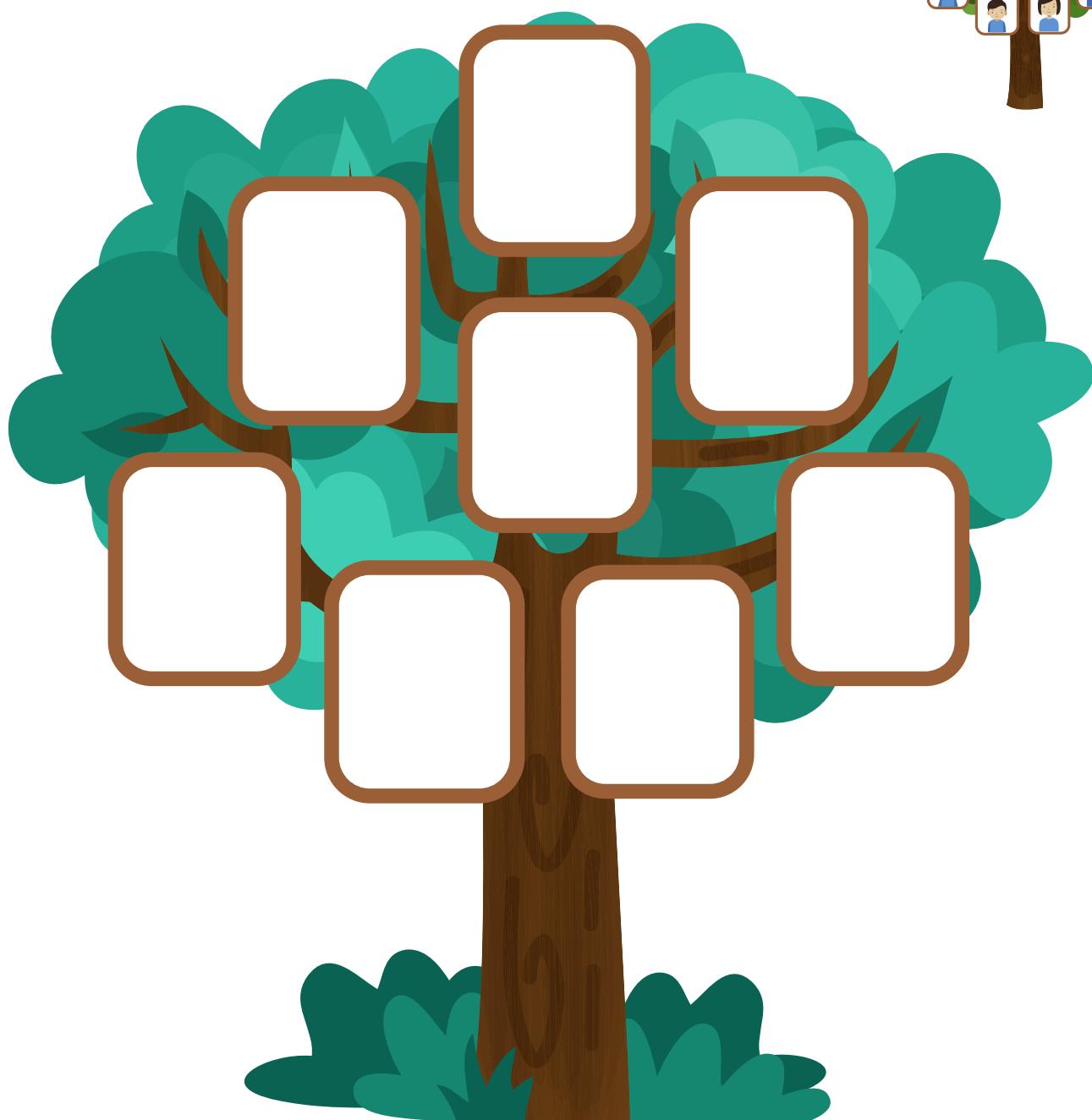
Draw a line to match the role of
Amy's family members.



Use **crayons** for drawing lines.

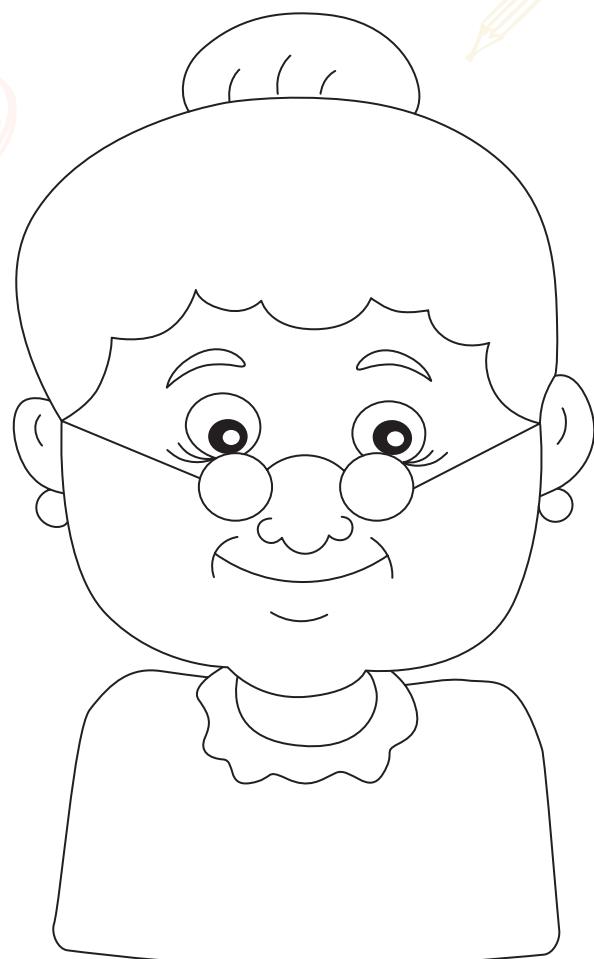
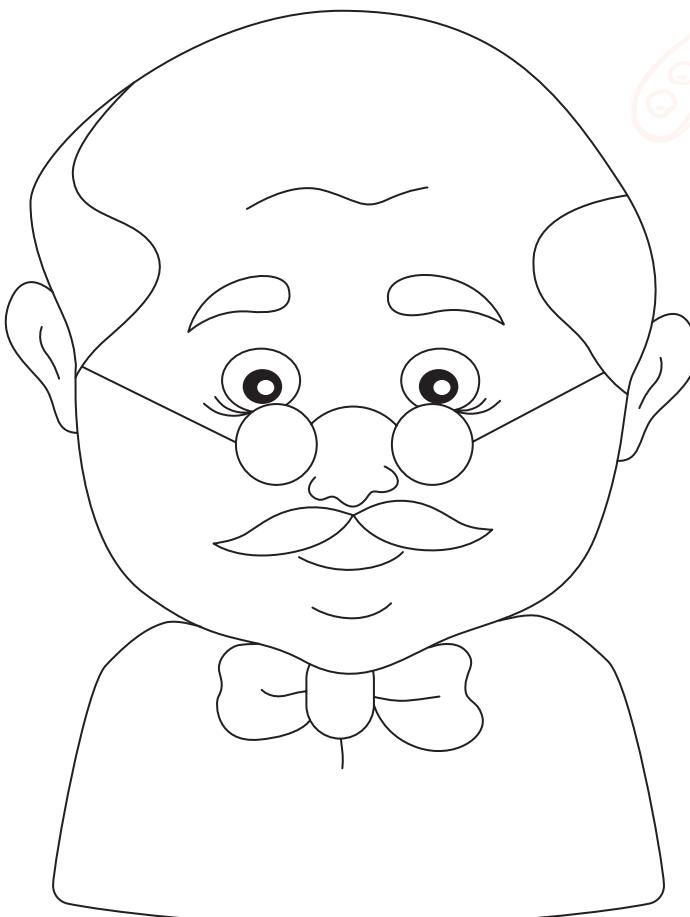
Let Us Make a Family Tree!

Paste photos of each of your family members to build the family tree!



Decorate the Family Member!

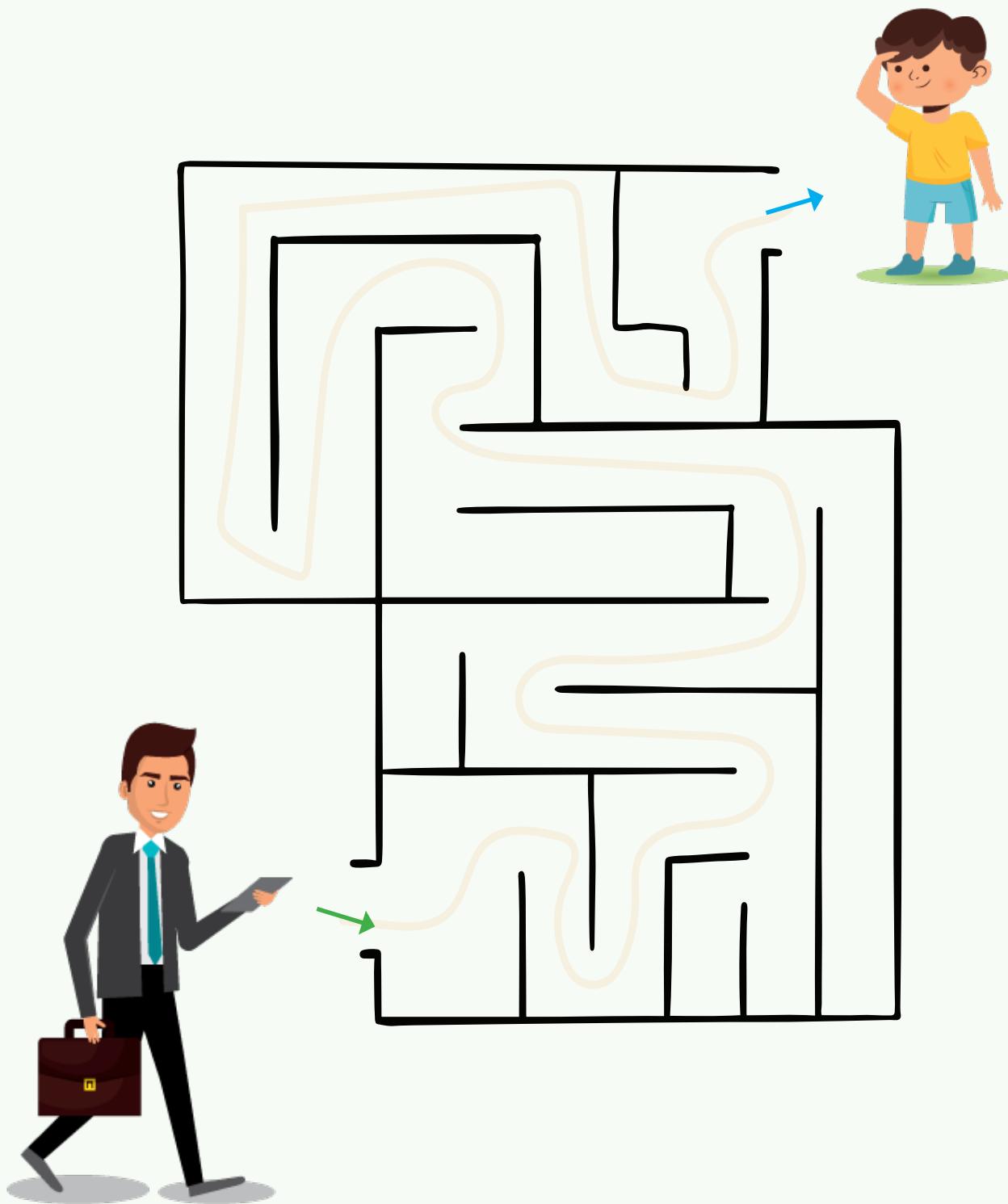
Can you stick the cotton on their hair and choose a color for their clothes?



Let us use soft cotton to make **grandpa** and **grandma's** hair and colorful paper for their clothes.



Help father come back home.





Watch this video on

My Family Members



Visit this Link in browser



<https://learn.kodeit.com/go/svljkn>



LESSON
5

MY HOME



Welcome to Our Home!

Home is where you live and feel happy with your family.



Living Room

We watch TV and relax in the living room.



**Circle all the things you
have in your living room.**

Bedroom

We sleep in our bedroom.



**Can you spot the things you will
find only in the bedroom?**

Kitchen

We cook food in our kitchen.



**Can you spot the things you will
find only in the kitchen?**



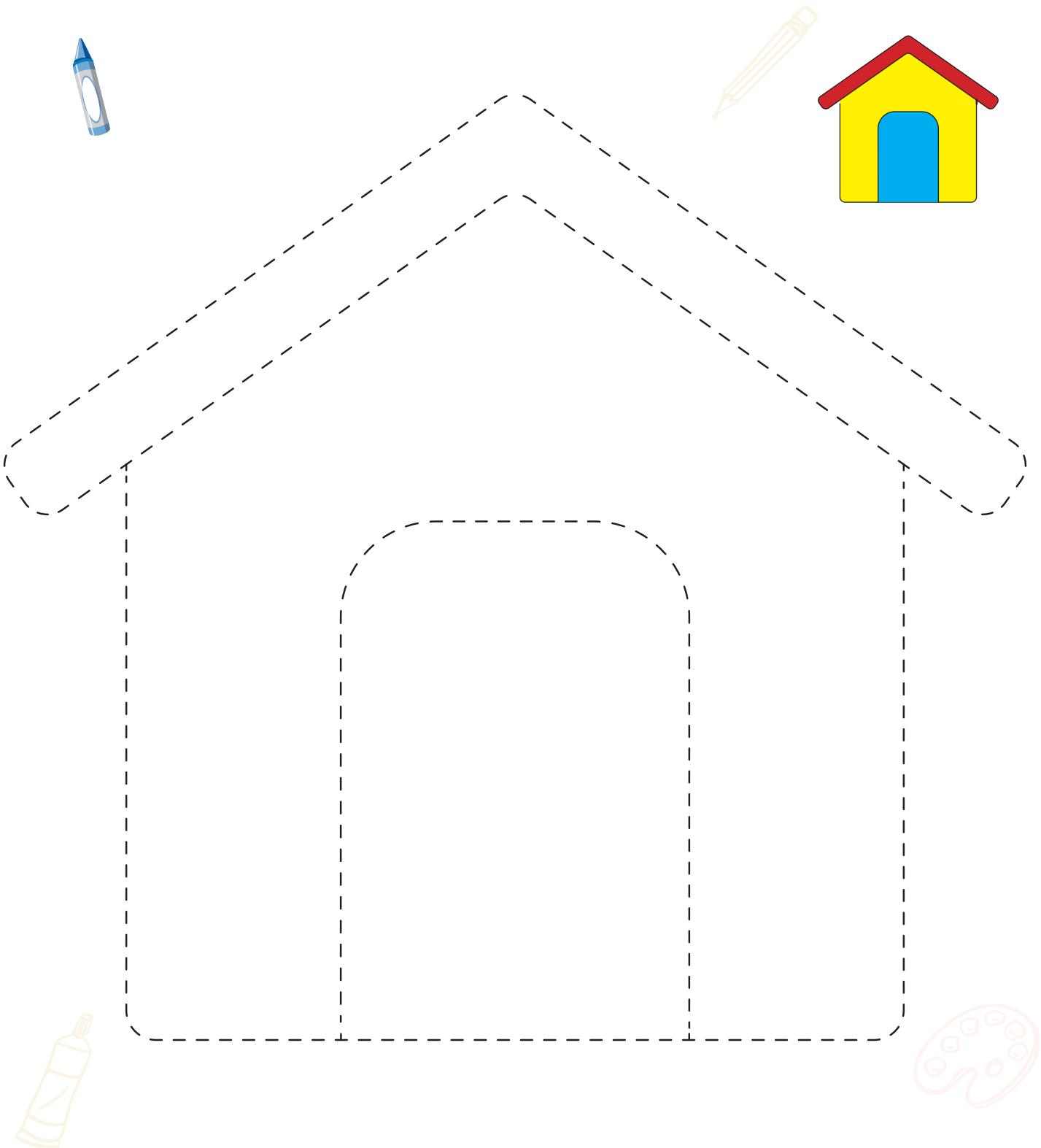
Bathroom

We clean ourselves in the bathroom.



**Can you spot the things you will
find only in the bathroom?**

Trace along and **Color** this home.



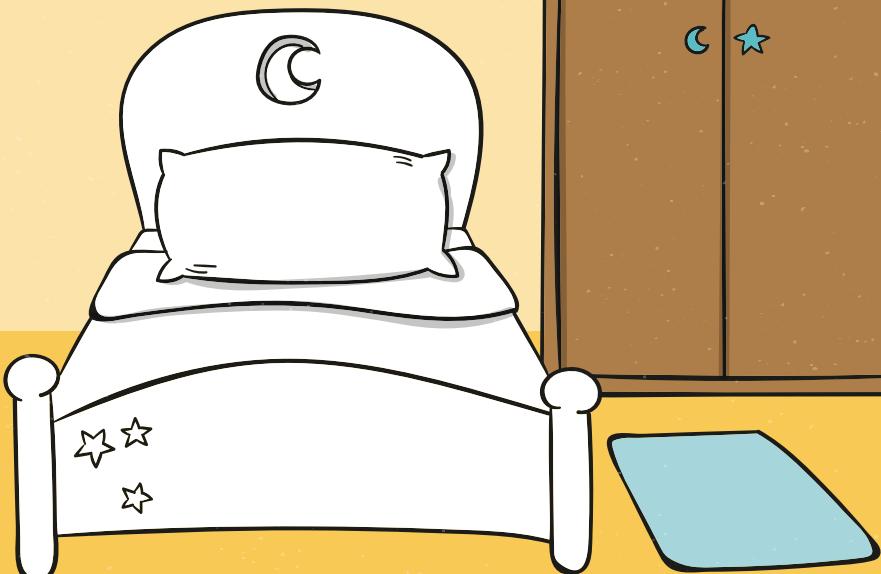
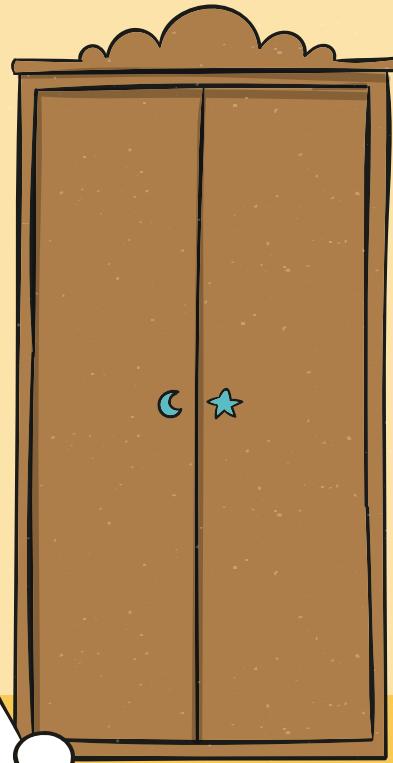
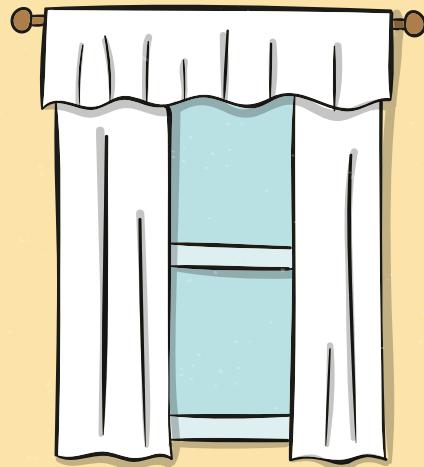
A Tour of My Home!



Hello, I am Alex.
This is my **home**.

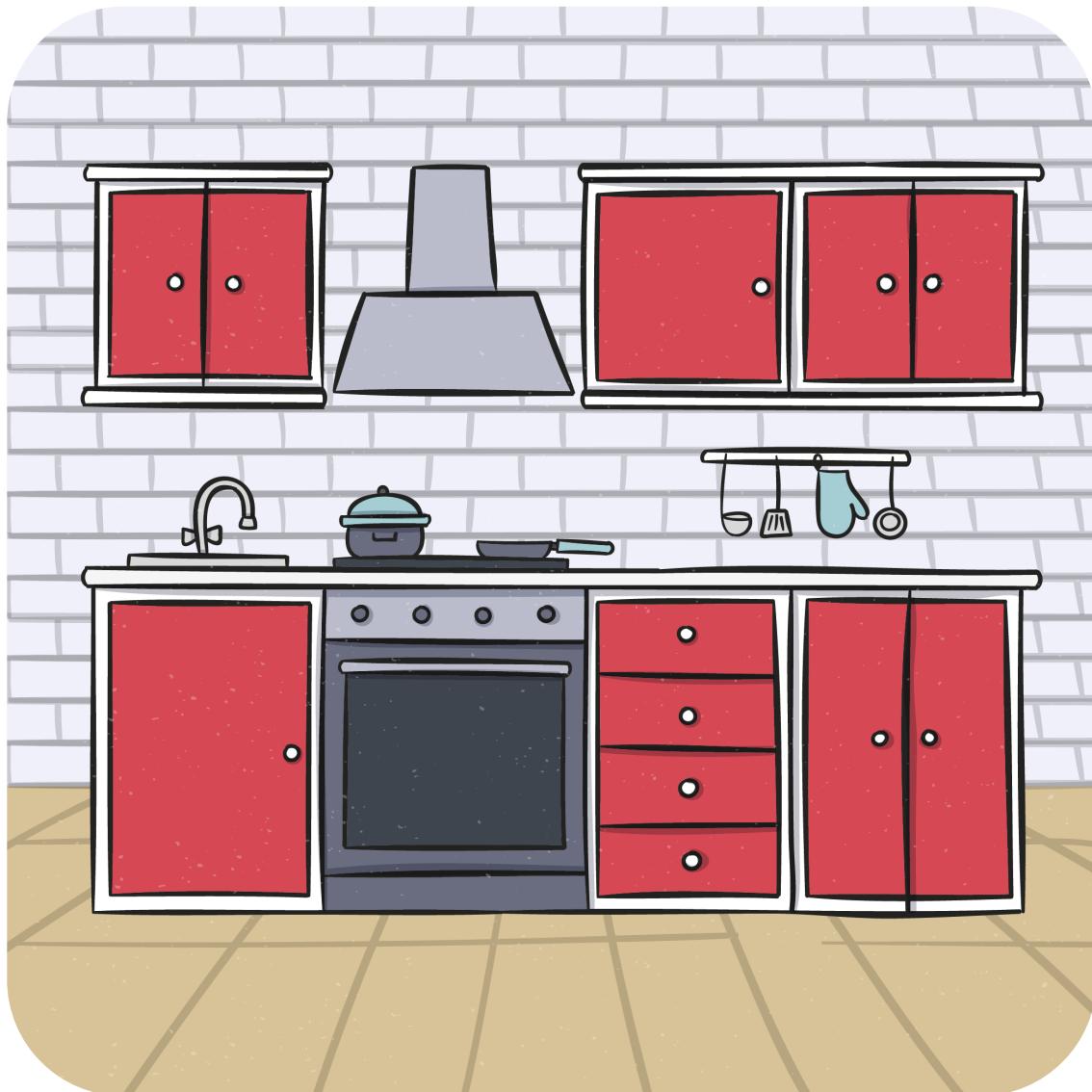


Color the curtains, lamp, and bed
in your favorite colors.

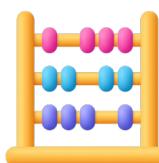


I sleep in my bedroom!





I eat in the **kitchen**!



Count all the squares you see and make a square around the correct number.

4

5

6

100



I play in the **living room!**

Draw a line from each object to how you use it.



Sit



TV



Watch

Sofa



I clean up in the **bathroom!**

Tick the things that help you stay clean.



Match the Rooms to Their Uses!



Draw a line to match each room to its use.

Match the Rooms to Their Uses!



Draw a line to match each room to its use.

My Favorite Room!



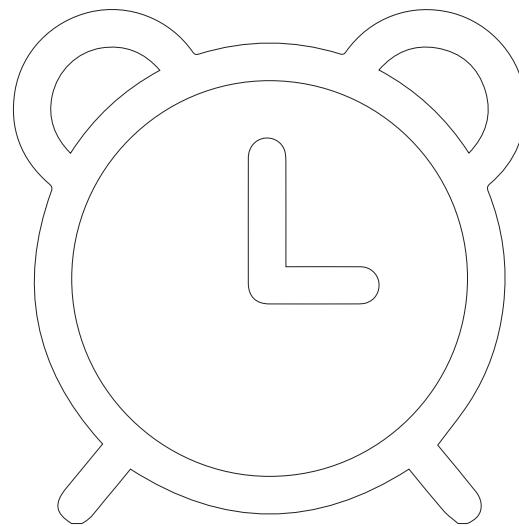
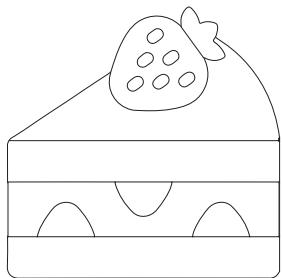
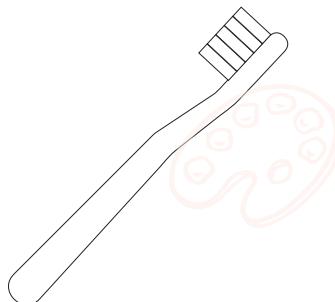
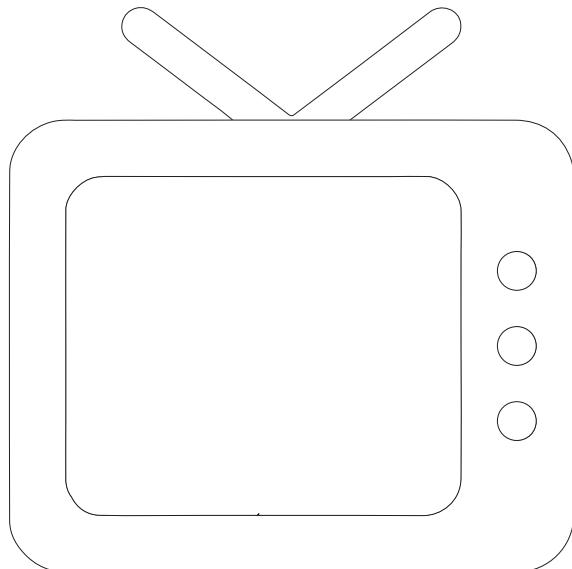
**Circle your favorite room and tell
what you do there?**





Find and Color!

What can you find in your
living room? Color it.

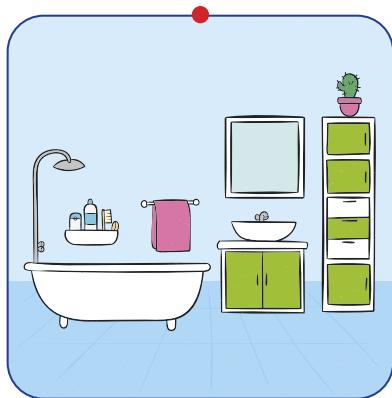
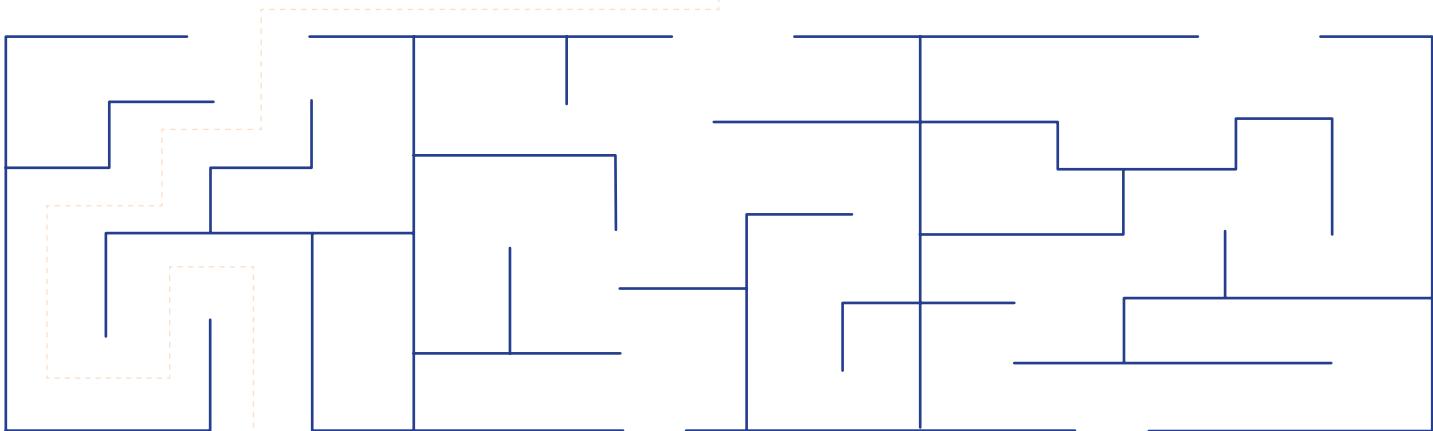


What can you find in your
kitchen? Color it.



Let Us Help Alex!

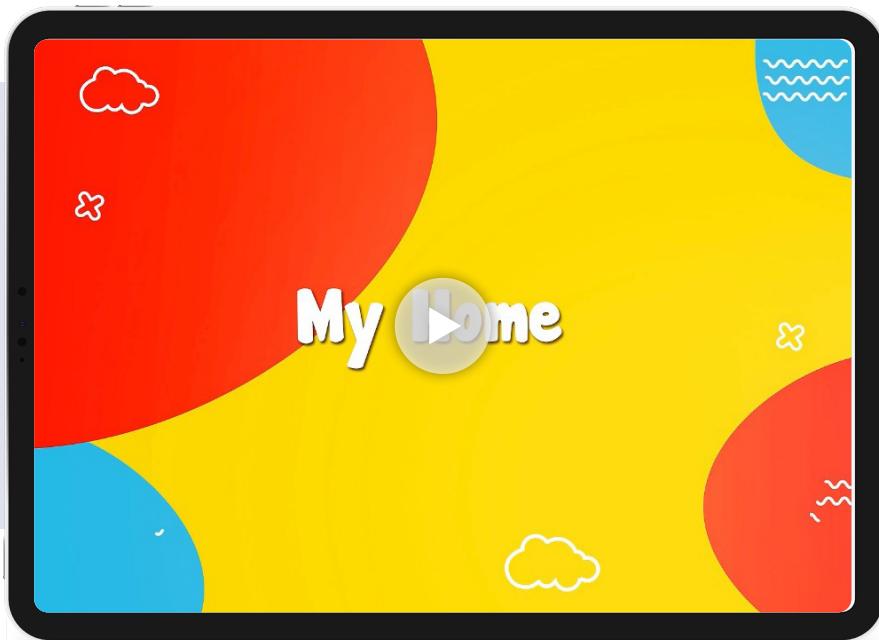
Where should **Alex** brush his teeth?





Watch this video on

My Home



Visit this Link in browser



<https://learn.kodeit.com/go/hobcs2>



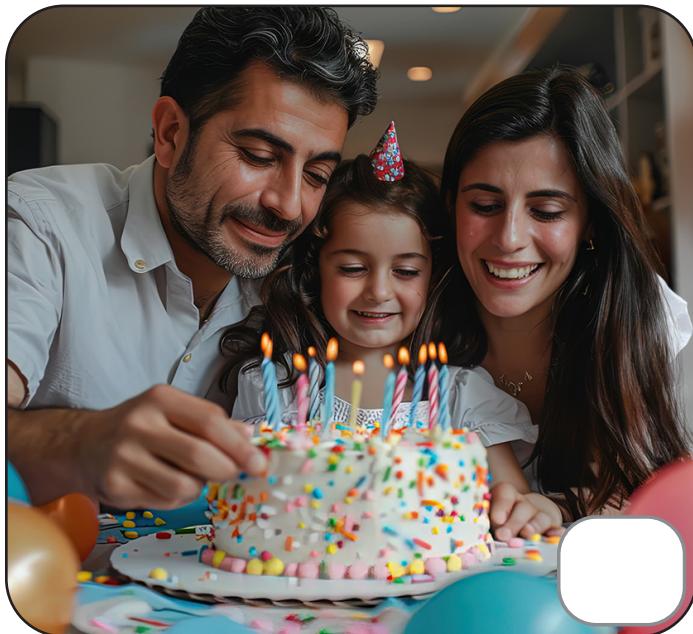
LESSON
6

FAMILY TRADITIONS



Our Family Celebrations!

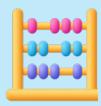
Families celebrate special events together.



Tick the picture that shows a
birthday celebration.



Akki is celebrating his birthday with his family.



Count the gifts and color the correct number below.

6

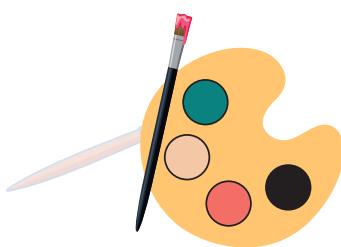
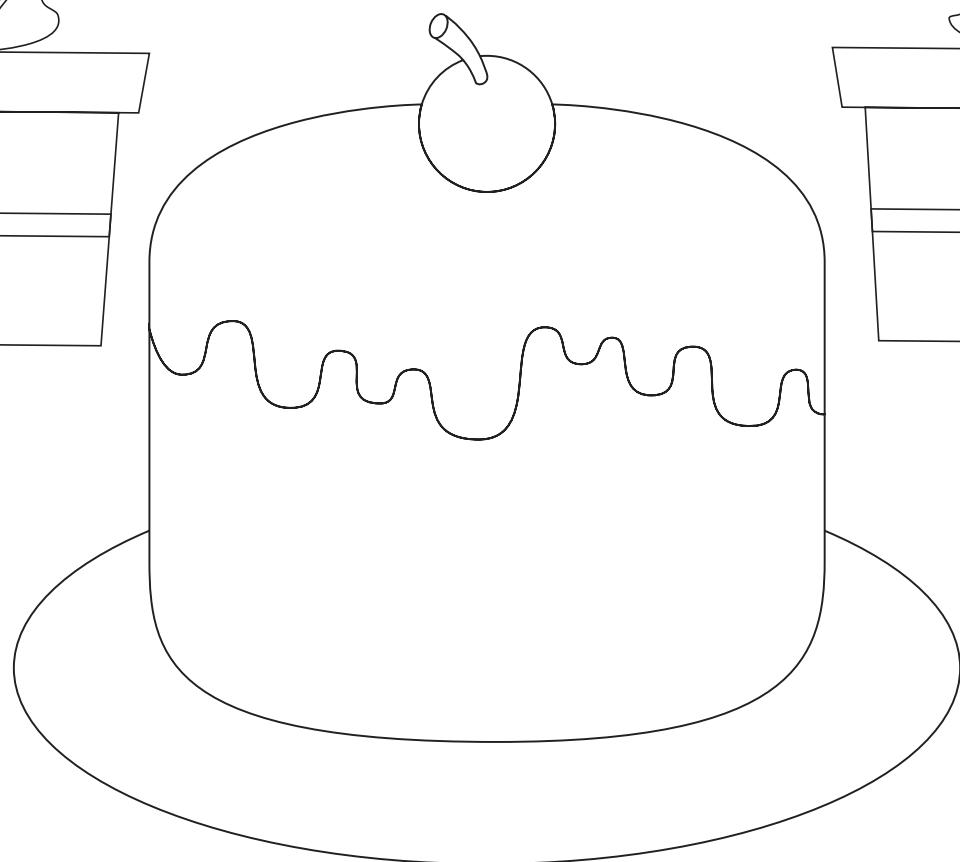
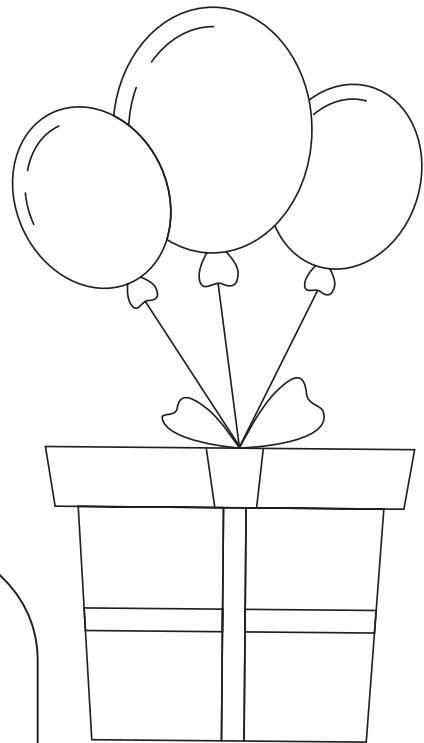
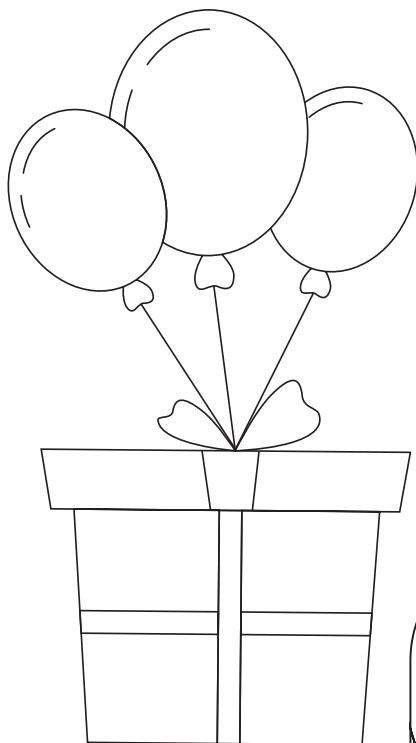
7

9





Celebrating Akki's Birthday!



Color Akki's birthday cake.



Sarah's Family.



Tick the family members you see with Sarah.



GRANDMOTHER



GRANDFATHER



FATHER



MOTHER



Teddy Bear

Every Friday we pray together.



My mum cooks tasty lunch for us.



Every year, my family celebrates my birthday with cake and gifts.



My family celebrates Ramadan together every year.



On Eid-Ul-Fitr, we wear new clothes and
celebrate together.



My Family Celebrations!



Point to the picture to show what your family does together.

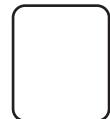
My Family Celebrations!



Tick the picture that shows what your family does together.



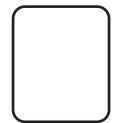
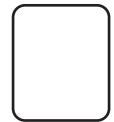
My Family Celebrations!



Tick the picture that shows what your family does together.



My Family Celebrations!

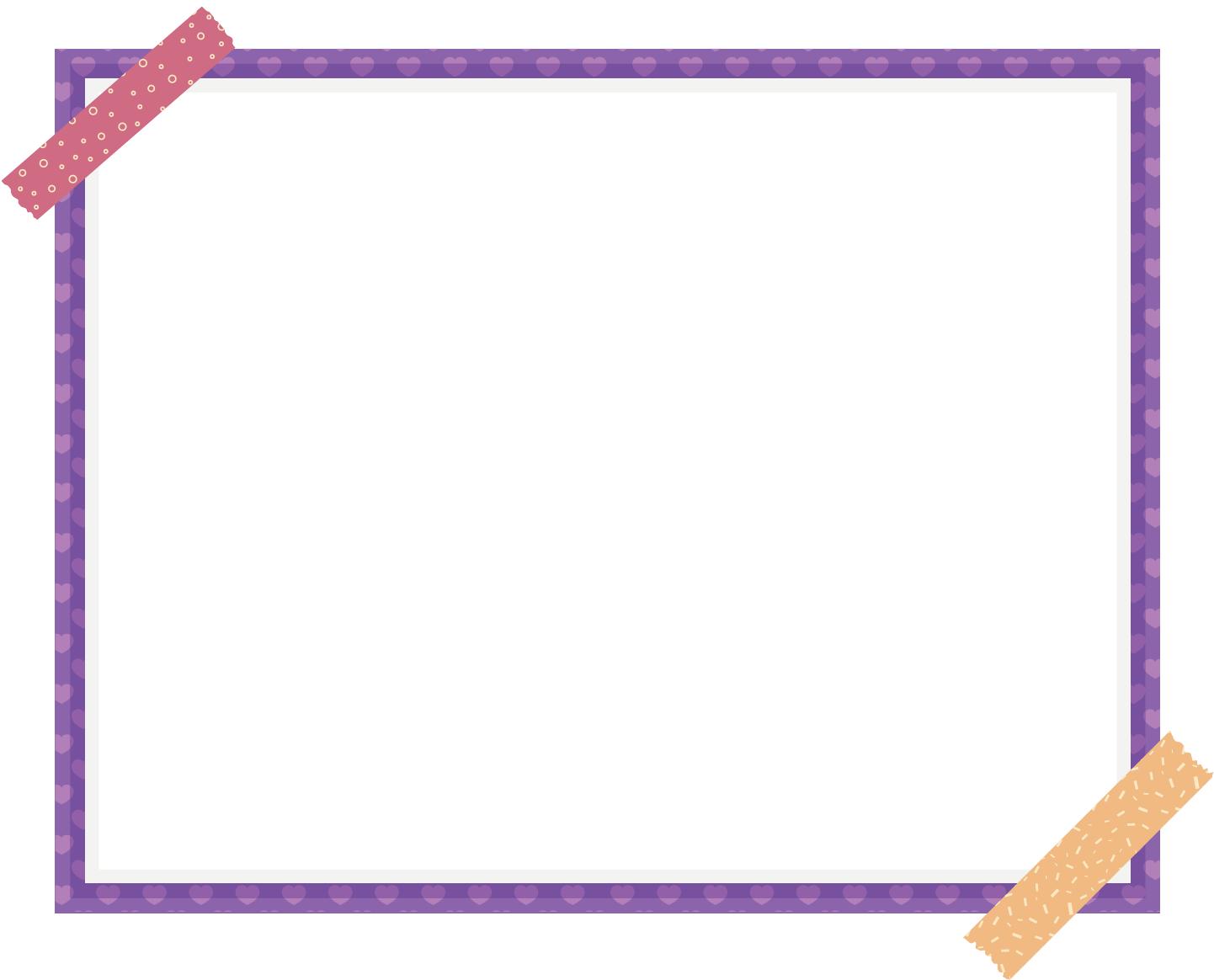


Tick the picture that shows what your family does together.



My Family Traditions Book!

Tell everyone about your special celebration.

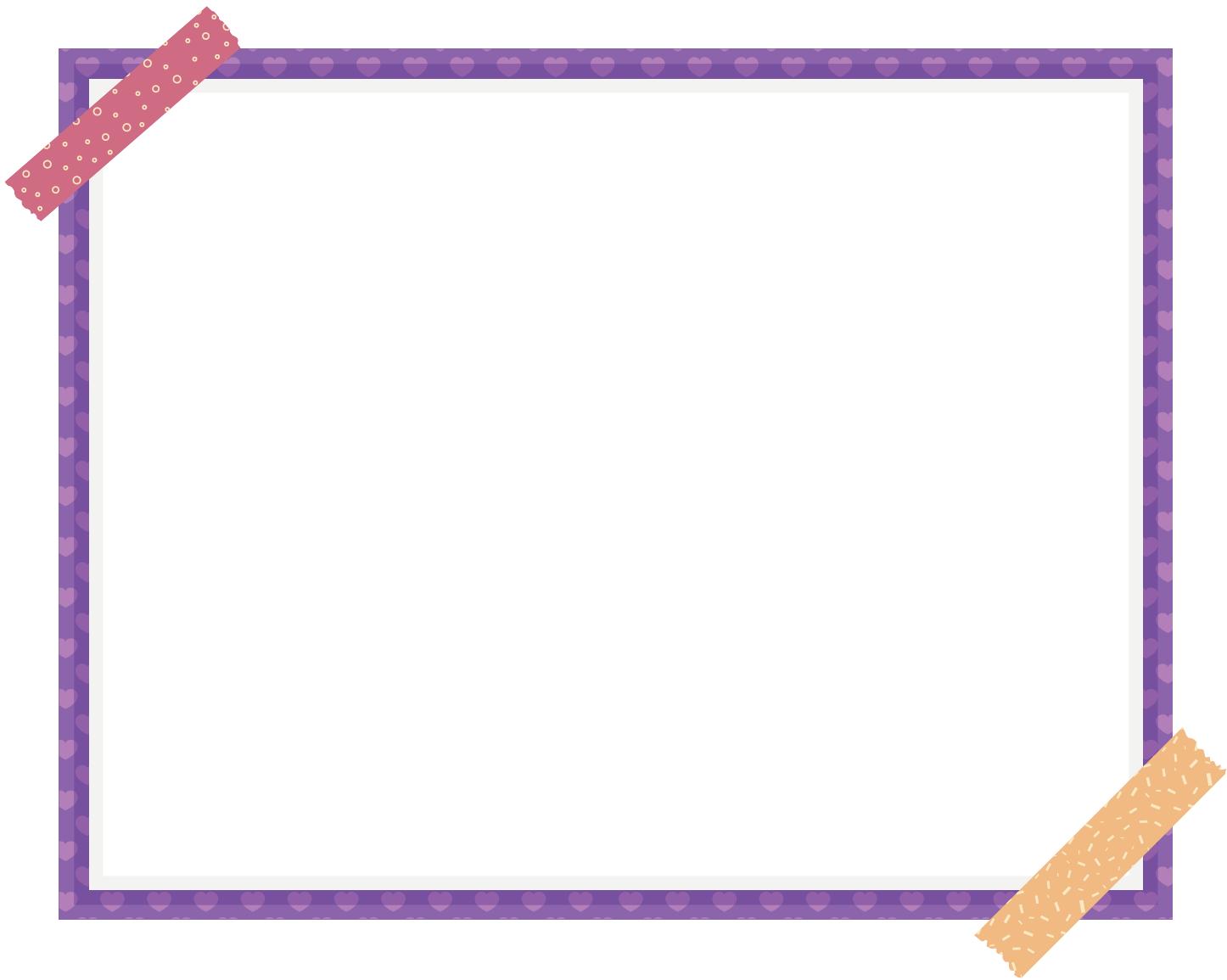


Paste a picture of your family celebrating a
birthday or New Year.



My Family Traditions Book!

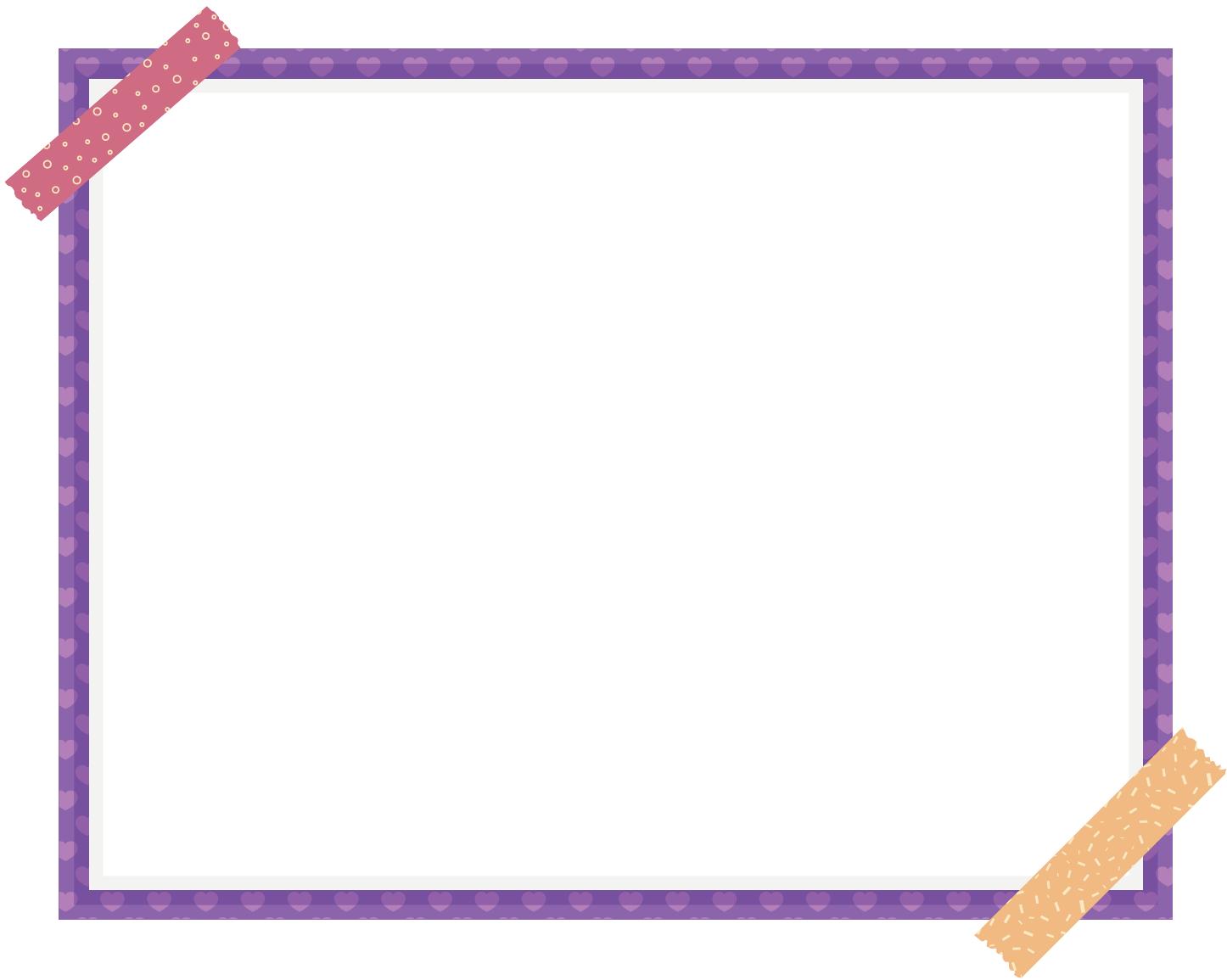
Tell everyone about your special celebration.



Paste a picture of your family celebrating
your favorite festival.

My Family Traditions Book!

Tell everyone about your special celebration.



Paste a picture of your family doing some fun activity.

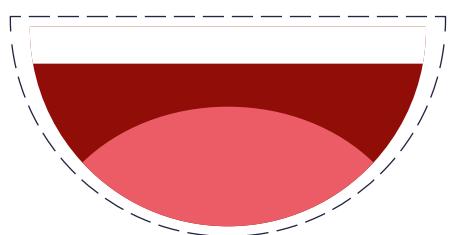
Let Us Decorate For the Festival!

Can you help me decorate this greeting card?

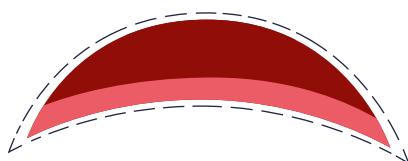


Paste silver paper for the moon and gold paper for the star.

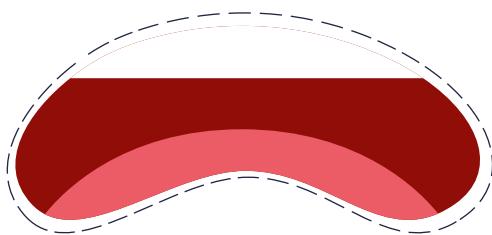
Stickers



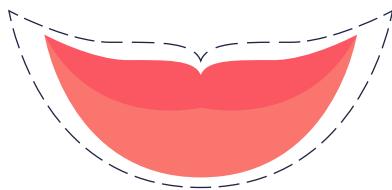
Happy



Sad



Angry



Surprised



Emotional Understanding

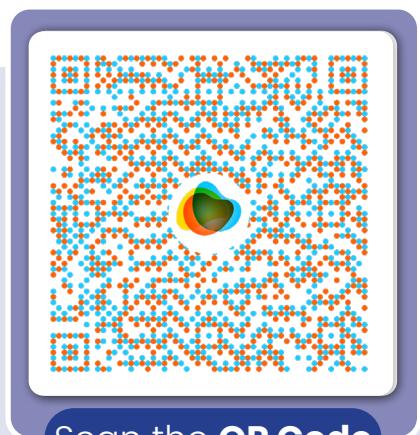
✓ Tick how you feel with your family.



TUNE IN
Knowledge
LINKS

Watch this video on

Family Traditions



Visit this Link in browser



<https://learn.kodeit.com/go/jsb3ya>





KODEIT Pre-K : Rethinking Early Learning with Purpose

Early childhood education lays the foundation for how children think, explore, and make sense of the world. Yet, many traditional Pre-K curriculums focus on surface-level learning rather than nurturing deeper cognitive and social-emotional growth. KODEIT Pre-K is an honest attempt to change that.

Built on play, exploration, and meaningful experiences, KODEIT Pre-K encourages critical thinking, problem-solving, language development, and social-emotional learning—all essential for early childhood development. It draws insights from leading global early education frameworks:

- Inquiry and play-based learning (EYLF – Australia)
- Holistic development of communication, social skills, and personal growth (EYFS – UK)
- Global awareness and conceptual understanding (IB PYP)
- Early literacy and numeracy readiness (CCSS – USA)

KODEIT Pre-K is a living, evolving curriculum—one that embraces continuous improvement, educator insights, and real-world feedback. As learning needs shift, we remain committed to refining and enhancing this journey to ensure every child gets the best possible start.

