

Name	Capital	Continent	Area	Population
Cuba	Havana	North America	114524	10600000
Ecuador	Quito	South America	455502	10600000
El Salvador	San Salvador	North America	20865	5300000
Guyana	Georgetown	South America	214969	800000
Jamaica	Kingston	North America	11424	2500000
Mexico	Mexico City	North America	1967180	88600000