

ZANUAB KHAN

Sociologist

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Professional summary

Dynamic educator, social worker and social researcher with proven track record at private school and Awami development organization, excelling in multicultural education and problem-solving skills. Leveraged innovative lesson planning and individualized instruction to boost student engagement and achievement. Demonstrates exceptional adaptability and professionalism enhancing educational and community outcome. Energetic work for vulnerable women and domestic oppressed human.

Skills

Safety awareness	Activity planning
Problem-solving skills	Relationship building
Team collaboration	Parent-teacher communication
Project-based learning	Educational technology
Social studies teaching	Team building
Fluent in Saraiki	

Work history

SCHOOL TEACHER (PRIVATE SCHOOL TEACHER), 2021 - 2023

Sunshine English Medium Private School

- Worked one-one with student to determine strengths, weakness and learning patterns.
- Provided warm, supportive environment for developing academic, social and emotional growth.
- Created study guides, research materials and syllabus for students.
- Evaluated student progress through many ways.
- Developed positive rapports.
- Enhanced classroom skills.
- Established open communication and positive relationship with students, parents, peers, and administrative staff.
- Continuously updated professional knowledge by attending conferences, workshops and relevant training sessions.
- Collaborated with colleagues to create interdisciplinary lessons.
- Maintained student portfolio.
- Organized extracurricular clubs and activities.
- Boosted cultural awareness, religious awareness and societal awareness by literature.

YOUNG SOCIAL RESEARCHER, 2016 - 2017

German Embassy

- Raised community awareness on health, education, protection, and development programs.
- Conducted meetings, FGDs, and household visits to build trust and encourage participation.
- Identified and supported vulnerable groups (women, children, displaced persons).

- Facilitated youth and women's groups, and strengthened local community structures.
- Collected field data and community feedback for reporting and improvements.
- Organized awareness sessions and community-based trainings.
- Coordinated with NGOs, local authorities, and stakeholders for service delivery.
- Supported M&E through data collection and beneficiary tracking.
- Promoted peace through interfaith dialogues and inclusive community events.
- Engaged religious leaders and community influencers in peacebuilding efforts.
- Raised awareness on tolerance, diversity, and peaceful conflict resolution.
- Monitored conflict risks and mediated tensions with local partners.
- Advocated for inclusive policies in coordination with civil society actors.
- Trained communities on human rights, interfaith harmony, and social inclusion.
- Promoted social cohesion through culturally sensitive outreach strategies.

HOSPITAL SOCIAL ADVISER, 2014 - 2015

Surgical Hospital Karor Lal Esan

- Conducted patient and family interviews to understand socio-economic challenges and provided tailored support recommendations.
- Collaborated with doctors, nurses, and mental health professionals to develop holistic care plans.
- Supported patients in navigating hospital services, referrals, and access to external support (e.g., NGOs, welfare programs, counseling).
- Identified vulnerable patients (e.g., elderly, women, children, displaced persons) and coordinated appropriate social support.
- Carried out research on health-related social issues such as stigma, mental health, domestic violence, addiction, and public health behaviors.
- Organized awareness sessions and community outreach on preventive health, hygiene, nutrition, and social well-being.
- Promoted culturally appropriate and inclusive healthcare practices in line with patient backgrounds and beliefs.
- Participated in multidisciplinary case reviews, contributing insights on social determinants of health.
- Maintained accurate case documentation and contributed to hospital reports and policy development.

SOCIAL WORKER, 2013 - 2013

Awami Development Organization

- Update client documentation
- Interviewed clients, families and groups to assess situations, limitations and issues and implement services to address needs.
- Maintained accurate case documentation, ensuring compliance with regulatory standers and facilitating informed decision-making by team member.
- Led workshops on topics relevant to client populations served, empowering individuals with valuable knowledge and tools for self advocacy.

Languages

English	Urdu
Sairiki	Punjabi

Certifications

- ☒ Achieve 2nd position /second certification debate competition organized by department of sociology ,international Islamic university Islamabad
- ☒ Participated and attending seminar: rural development in Pakistan .department of sociology, international university.
- ☒ Experience certificate Awami development organization district Layyah
- ☒ 26Th cultural week 2014 certification of appreciation
- ☒ Cultural stall Punjab (3rd position)

Research Projects

- Ø Socio-cultural causes of spousal abuse and women's vulnerability: A case study of district Layyah warah sehran Wala
- Ø Sociological Analysis Of Widowhood, A Case Study District Layyah South Punjab Pakistan
- Ø Religious Peace And Integrity: Ethnographical Study Of Sindh And Punjab(German embassy)
- Ø Domestic Tourism And Economic Change: A Case Study Saidpur Village Islamabad(under PIDE)
- Ø Community Based Tourism : A Case Study Saidpur Village Islamabad(PIDE)