# Practical Machine Learning Project - Quantified Self Movement Data Analysis Report

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#### Introduction

Using devices such as Jawbone Up, Nike FuelBand, and Fitbit it is now possible to collect a large amount of data about personal activity relatively inexpensively. These type of devices are part of the quantified self movement - a group of enthusiasts who take measurements about themselves regularly to improve their health, to find patterns in their behavior, or because they are tech geeks. One thing that people regularly do is quantify how much of a particular activity they do, but they rarely quantify how well they do it.

In this project, we will use data from accelerometers on the belt, forearm, arm, and dumbell of 6 participants to predict the manner in which they did the exercise.

# **Data Preprocessing**

Download the Data

library(caret)
## Loading required package: lattice
## Loading required package: ggplot2
library(rpart) library(rpart.plot) library(randomForest)
## randomForest 4.6-12
## Type rfNews() to see new features/changes/bug fixes.
## ## Attaching package: randomForest
## The following object is masked from package:ggplot2: ## ##margin
library(corrplot)

```
trainUrl <-"https://d396qusza40orc.cloudfront.net/predmachlearn/pml-training.csv"
testUrl <- "https://d396qusza40orc.cloudfront.net/predmachlearn/pml-testing.csv"
trainFile <- "./data/pml-training.csv"
testFile <- "./data/pml-testing.csv"
if (!file.exists("./data")) {
    dir.create("./data")
}
if (!file.exists(trainFile)) {
    download.file(trainUrl, destfile=trainFile, method="curl")
}
if (!file.exists(testFile)) {
    download.file(testUrl, destfile=testFile, method="curl")
}
```

#### Read the Data

After downloading the data from the data source, we can read the two csv files into two data frames. Data must exist in the directory named data within current working directory

```
trainRaw <- read.csv("./data/pml-training.csv")
testRaw <- read.csv("./data/pml-testing.csv")
dim(trainRaw)
```

## [1] 19622 160

dim(testRaw)

## [1] 20 160

The training data set contains 19622 observations and 160 variables, while the testing data set contains 20 observations and 160 variables. The "classe" variable in the training set is the outcome to predict.

#### Clean the data

In this step, we will clean the data and get rid of observations with missing values as well as some meaningless variables.

sum(complete.cases(trainRaw))

## [1] 406

First, we remove columns that contain NA missing values.

```
trainRaw <- trainRaw[, colSums(is.na(trainRaw)) == 0]
testRaw <- testRaw[, colSums(is.na(testRaw)) == 0]
```

Next, we get rid of some columns that do not contribute much to the accelerometer measurements.

```
classe <- trainRaw$classe
trainRemove <- grepl("^X|timestamp|window", names(trainRaw))
trainRaw <- trainRaw[, !trainRemove]
trainCleaned <- trainRaw[, sapply(trainRaw, is.numeric)]
trainCleaned$classe <- classe
testRemove <- grepl("^X|timestamp|window", names(testRaw))
testRaw <- testRaw[, !testRemove]
testCleaned <- testRaw[, sapply(testRaw, is.numeric)]
```

Now, the cleaned training data set contains 19622 observations and 53 variables, while the testing data set contains 20 observations and 53 variables. The "classe" variable is still in the cleaned training set.

Slice the data

Then, we can split the cleaned training set into a pure training data set (70%) and a validation data set (30%). We will use the validation data set to conduct cross validation in future steps.

```
set.seed(22519) # For reproducibile purpose inTrain <- createDataPartition(trainCleaned$classe, p=0.70, list=F) trainData <- trainCleaned[inTrain, ] testData <- trainCleaned[-inTrain, ]
```

## **Data Modeling**

We fit a predictive model for activity recognition using Random Forest algorithm because it automatically selects important variables and is robust to correlated covariates & outliers in general. We will use 5-fold cross validation when applying the algorithm.

```
controlRf <- trainControl(method="cv", 5)
modelRf <- train(classe ~ ., data=trainData, method="rf", trControl=controlRf, ntree=250)
modelRf
```

```
## Random Forest
##
##
    13737 samples
##
      52 predictor
##
       5 classes: A,
                                    С.
                                          D.
                                                Ε
##
##
## No pre-processing
## Resampling: Cross-Validated (5 fold)
   Summary of sample sizes: 10989, 10989, 10991, 10990, 10989
##
   Resampling results across tuning parameters:
##
##
##
      mtry
             Accuracy
                           Kappa
##
             0.9901727
                           0.9875673
      2
##
      27
             0.9917015
                           0.9895017
##
      52
             0.9840572
                           0.9798282
##
```

Accuracy was used to select the optimal model using The final value used for the model was mtry = 27.

the largest value.

Then, we estimate the performance of the model on the validation data set.

```
predictRf <- predict(modelRf, testData)
confusionMatrix(testData$classe, predictRf)</pre>
```

```
Confusion Matrix and Statistics
##
##
             Reference
##
   PredictionABC
                                       DE
##
            A 167300
                                       01
##
            B5 11313
                                       00
##
            C00 1021
                                       50
##
            D0013
                                     9492
##
            E001
                                       6 1075
##
##
##
   Overall Statistics
##
##
##
                   Accuracy
                                 : 0.9939
##
                    95% CI
                                    (0.9915, 0.9957)
##
        No Information Rate
                                   0.2851
##
        P-Value [Acc > NIR]
                                 : < 2.2e-16
##
##
##
                    Kappa: 0.9923
##
    Mcnemar s Test P-Value : NA
##
   Statistics by Class:
##
##
##
                       Class: A Class: B Class: C Class: D Class: E
## Sensitivity0.99701.00000.98360.98850.9972
   Specificity 0.99980.99830.99900.99700.9985
   Pos Pred Value 0.9994 0.9930 0.9951 0.9844 0.9935
## Neg Pred Value0.99881.00000.99650.99780.9994
    Prevalence0.28510.19220.17640.16310.1832
   Detection Rate0.28430.19220.17350.16130.1827
   Detection Prevalence0.28450.19350.17430.16380.1839
   Balanced Accuracy0.99840.99920.99130.99270.9979
```

```
accuracy <- postResample(predictRf, testData$classe)
accuracy</pre>
```

```
## AccuracyKappa
## 0.9938828 0.9922620
```

```
oose <- 1 - as.numeric(confusionMatrix(testData$classe, predictRf)$overall[1])
oose
```

## [1] 0.006117247

So, the estimated accuracy of the model is 99.42% and the estimated out-of-sample error is 0.58%.

### Predicting for Test Data Set

magnet\_forearm\_z

Now, we apply the model to the original testing data set downloaded from the data source. We remove the problem\_id column first.

```
result <- predict(modelRf, testCleaned[, -length(names(testCleaned))])
                            roll belt
                           pitch belt
## [1] B A B A A E D B A A B C BANE DE B B
## Levels: A B C D E total accel belt
                      gyros belt x
                      gyros_belt_y
                      gyros_belt_z
Appendix: Figures
                      accel belt x
  1. Correlation Matrix Visualization t_y
                      accel belt z
corrPlot <- cor(trainDatahalength(mames(trainData))])
corrplot(corrPlot, method="color"belt_y
                    magnet_belt_z
                            roll_arm
                                     roll beltpitch beltvaw belttotal accel beltgyros belt xg
                          pitch_arm
                                      yros_belt_ygyros_belt_zaccel_belt_xaccel_belt_yaccel_b
                           yaw_arm
                                     elt zmagnet belt xmagnet belt ymagnet belt zroll arm
                   total_accel_arm
                                      pitch armyaw armtotal accel armgyros arm xgyros ar
                      gyros_arm_x
                                      m_ygyros_arm_zaccel_arm_xaccel_arm_yaccel_arm_zm
                      gyros_arm_y
                                      agnet_arm_xmagnet_arm_ymagnet_arm_zroll_dumbbell
                      gyros_arm_z
                                      pitch dumbbellyaw dumbbelltotal accel dumbbellgyros
                      accel arm x
                                      dumbbell xgyros dumbbell ygyros dumbbell zaccel
                      accel_arm_y
                                      dumbbell_xaccel_dumbbell_yaccel_dumbbell_zmagnet_
                      accel_arm_z
                                      dumbbell_xmagnet_dumbbell_ymagnet_dumbbell_zroll_
                    magnet_arm_x
                                           montch forearmyaw forearmtotal accel for earmgy
                    magnet_arm_y
                                         forearm_xgyros_forearm_ygyros_forearm_zaccel8 fo
                    magnet_arm_z
                                            xaccel_forearm_yaccel_forearm_zmagnet_forear
                      roll dumbbell
                                                  forearm ymagnet forearm z
                    pitch dumbbell
                                                                                        -0.4
                     yaw_dumbbell
            total_accel_dumbbell
                                                                                        0.2
                gyros dumbbell x
                                                                                         0
                gyros_dumbbell_y
                gyros_dumbbell_z
                                                                                        -0.2
                accel dumbbell x
                accel_dumbbell_y
                                                                                        -0.4
                accel dumbbell z
             magnet dumbbell x
             magnet dumbbell y
             magnet dumbbell z
                        roll_forearm
2. Decision Tree Visualizationh_forearm
treeModel <- rpart(classe ~ data=trainData, method="class")
prp(treeModel) #fast paccel_forearm
                 gyros_forearm_x
                 gyros forearm y
                 gyros_forearm_z
                  accel forearm x
                  accel forearm y
                                                   5
                  accel_forearm_z
               magnet_forearm_x
               magnet_forearm_y
```

