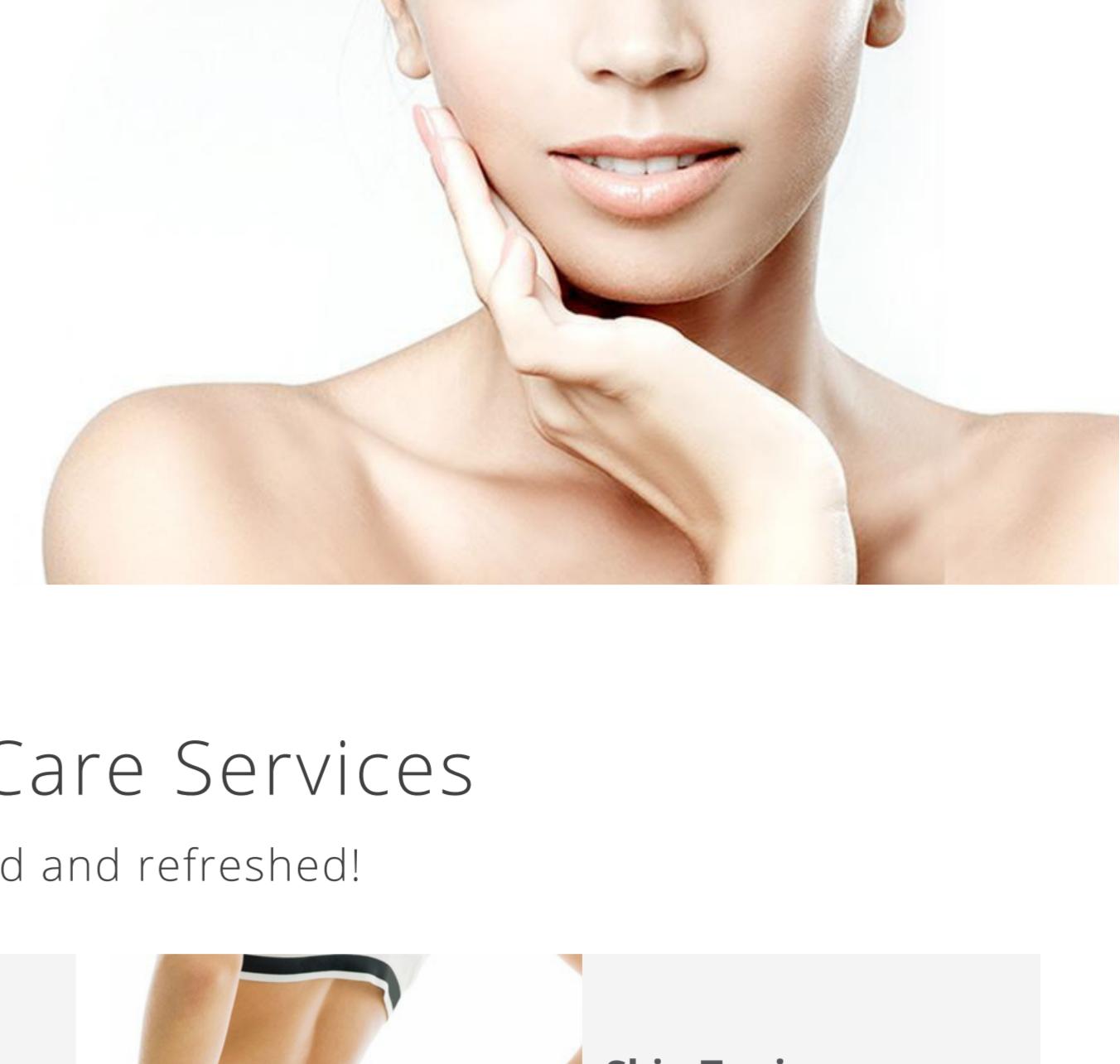




FULL SERVICE MEDICAL SPA

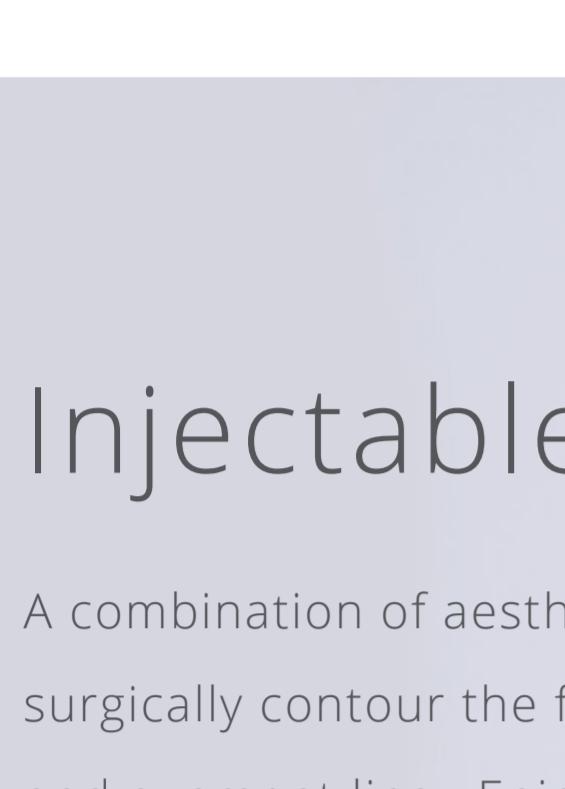
Offers premium skin care services including Botox + laser hair removal in the Minneapolis Area

[Schedule a complimentary evaluation](#)



Wayzata Medical Spa Offers Skin Care Services

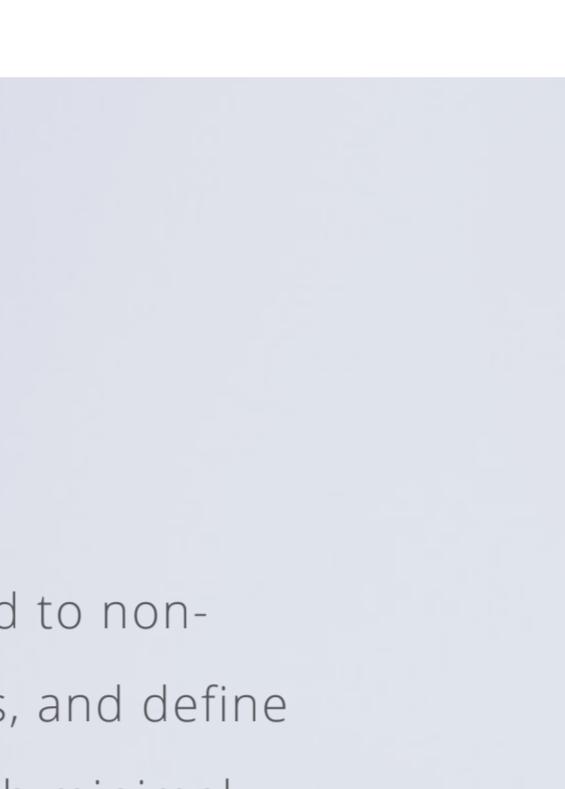
Leave our treatment center feeling pampered, rested and refreshed!



Contour Face

Non-surgically contour your face, treat deep wrinkles, and augment lips.

[View Details](#)



Skin Rejuvenation

Treat fine lines, uneven pigmentation, & acne.

[View Details](#)



Skin Toning

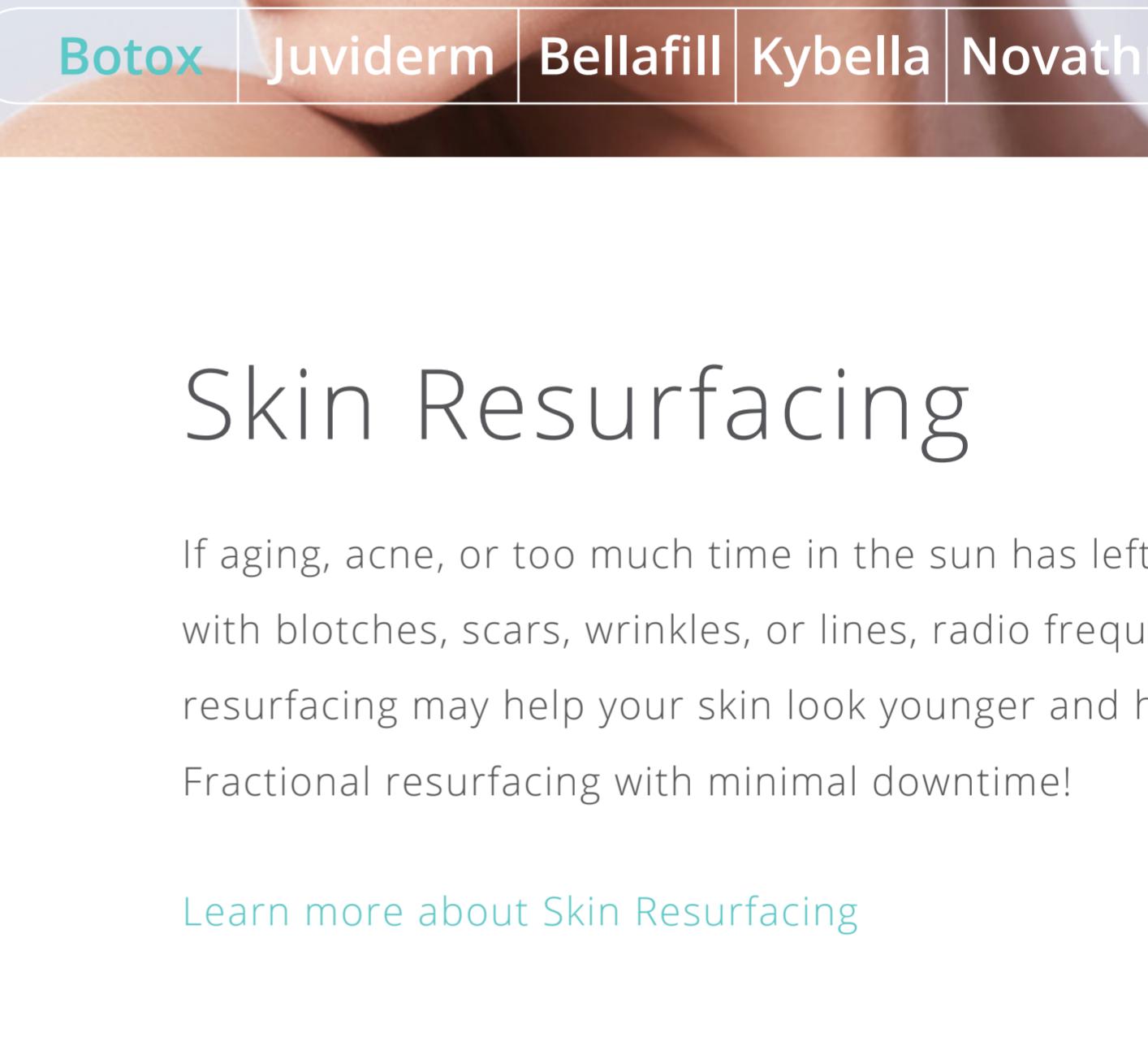
Non-surgical skin toning and cellulite reduction for face and body.

[View Details](#)

Injectable Services

A combination of aesthetic injectables are used to non-surgically contour the face, treat deep wrinkles, and define and augment lips. Enjoy immediate results with minimal downtime.

[Learn more Injectable Services](#)



Botox Juviderm Bellafill Kybella Novathreads



Non-Surgical Body Contouring

Venus Legacy is the latest in face tightening, body contouring and toning, and cellulite reduction technologies. This is a non-invasive procedure that requires no surgery, no downtime, and no surgical scars.

[Learn more about Body Contouring](#)

Skin Resurfacing

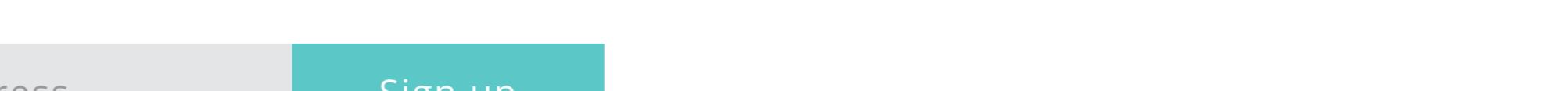
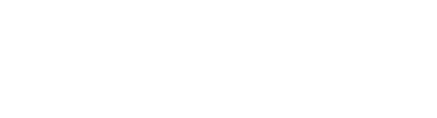
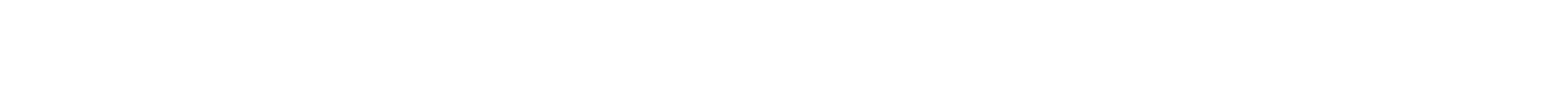
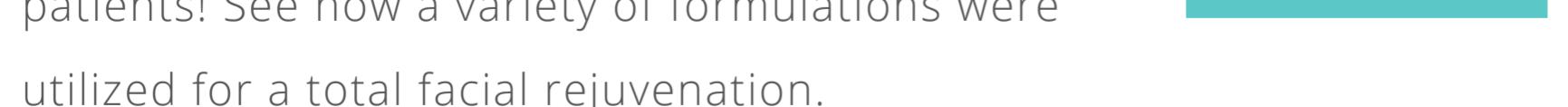
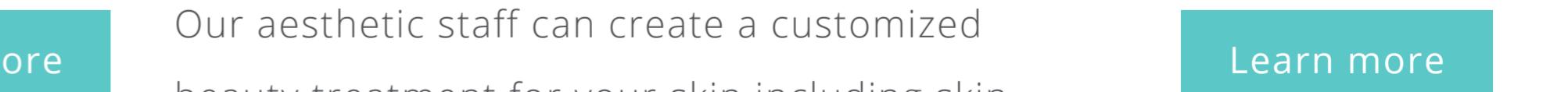
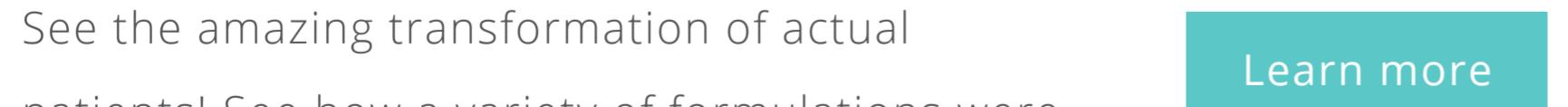
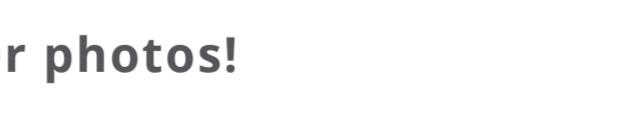
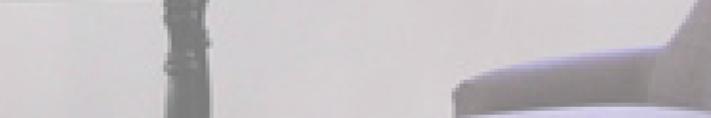
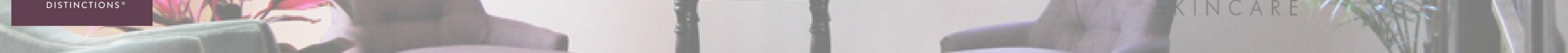
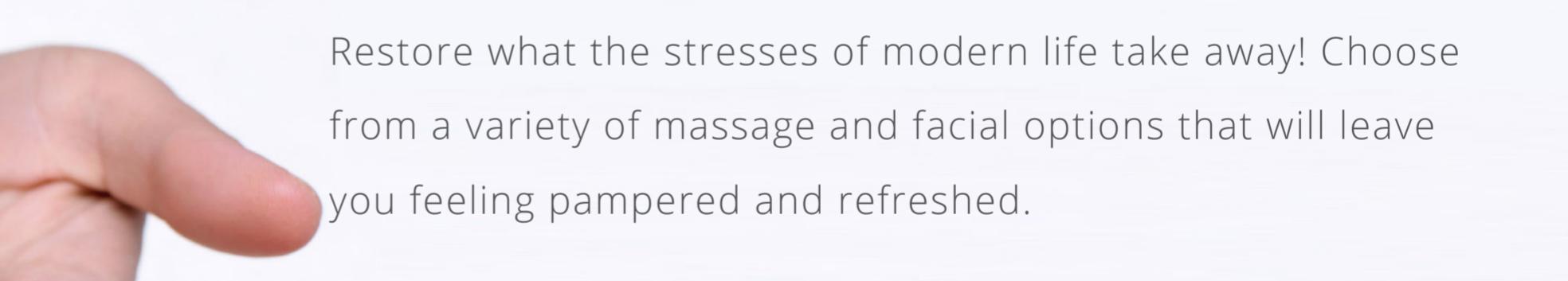
If aging, acne, or too much time in the sun has left your face with blotches, scars, wrinkles, or lines, radio frequency skin resurfacing may help your skin look younger and healthier. Fractional resurfacing with minimal downtime!

[Learn more about Skin Resurfacing](#)

Massage + Spa Services

Restore what the stresses of modern life take away! Choose from a variety of massage and facial options that will leave you feeling pampered and refreshed.

Massage Facials Brow Waxing Tinting Lashes





Skin Care Treatments and Services

Botox

Juvéderm®

These dermal fillers are used to non-surgically contour the face, treat deep wrinkles, and define and augment lips. Enjoy immediate results with minimal downtime. [Learn more](#)

Kybella

Bellafill

Novathreads

Sclerotherapy

Venus Viva

PRP Hair Restoration and Facial Rejuvenation

Chemical peels

Peels can provide smoother, brighter skin by treating fine lines, uneven pigmentation, and acne. Meet with one of our aestheticians to determine the best option for your skin.

Custom Facials

Skin is thoroughly cleansed, toned, and rid of impurities. Followed by a gentle enzyme peel and a face, neck and shoulder massage. Finished off with a skin-specific mask and final hydration.

Add on treatments: Blading, Chemical Peel, Dermasweep, Retinoic Acid. [Learn more](#)

Brow, Lip, Chin, and Face Wax

We use soft wax to shape brows and remove unwanted hair. [Learn more](#)

Brow and Lash tint

Using a natural vegetable dye, the brows and lashes are tinted to add color and definition.

Dermasweep™

Deeply exfoliates the skin. Can be used in conjunction with other treatments to produce desired results.

Dermapen®

Dermapen® rejuvenation is known for its ability to smooth fine lines and wrinkles, tighten skin, reduce acne scars, rebuild collagen and elastin, and increase circulation and hydration. Our aestheticians perform the treatment with a handheld pen device that uses a micro needling technique to stimulate the skin to rebuild and repair itself.

IPL Photo Facial

This treatment uses a series of gentle light pulses that improve the appearance of sun damaged and aged skin, as well as reduce redness and hyper pigmentation.

Get a complimentary evaluation

Full name

Email address

Service

Date

Schedule it!

317 Wayzata Blvd E. Wayzata MN 55391

Mon-Thurs 8:00am-4:30pm
Fri 8:00am-12:30pm

(952) 473-1111

info@wayzatamedspa.com

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Massage Therapy

Annie has been a massage therapist for 14 years. She has studied Swedish (relaxation) massage, deep tissue, trigger point therapy, reflexology and aromatherapy. She will customize each session to the clients specific needs.

Get a complimentary evaluation

Full name

Email address

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Skin Care Treatments

Botox and Juvéderm®

These dermal fillers are used to non-surgically augment lips. Enjoy immediate results v

Chemical peels: Illuminize peels, Per

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Laser Hair Removal

Highly controlled flashes of light target hair follicles below the surface of the skin. This helps remove unwanted hair from areas of the body including: face, arms, legs, back and bikini. We recommend a series of 6 treatments every 4-weeks to achieve desired results. [Learn more](#)

Skintyte™ Firming IPL

Intense pulsed light safely heats dermal collagen that increases overall firmness and smooths texture

Venus Freeze/ Legacy™

State of the art technology that reduces cellulite and tightens skin. We recommend 6-8 treatments per body area to achieve desired results. Book an appointment today with one of our certified venus technicians. [Learn more](#)

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Our Mission

At Wayzata Medical Spa, we always have our clients best interests in mind when we make recommendations for skin care treatments.

We put your individual needs and goals first, while incorporating your personal routine and budget. We proud ourselves in having an honest and ethical practice, using the most advanced technology in the market today. When you leave Wayzata Medical Spa, we want you look and feel your best. Let your inner beauty shine!

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Meet The Team



Kristie Friedrichs, RN, Owner of Wayzata Medical Spa

In January 2015, Kristie Friedrichs opened Wayzata Medical Spa. Her mission is to provide her clients with affordable and exceptional care. For the past 13 years, Kristie has been creating natural youth and beauty with aesthetic injecting. Her expertise has led her to become a certified trainer for Allergen, the makers of Botox Cosmetic and Juvéderm. Kristie prides herself in having an honest and ethical practice, making recommendations to achieve desired results. Kristie is an artist, creating youth and enhancing inner beauty with aesthetic injecting. "I am so happy to serve my clients and make them feel good about themselves." Make an appointment to meet with Kristie today!

Judi Bright, Venus Technician

Judi is a certified Venus technician, and a receptionist at Wayzata Medical Spa. She enjoys getting to know her clients and providing them with exceptional service. Schedule a Venus treatment with Judi today!

Jill Schierholz, LE, CLT, Owner of Skin Savvy Inc.

Jill Schierholz is the Owner of Skin Savvy Inc. For the past 14 years, Jill has been providing clients with her expertise in skin care treatments and services. In 2006, she started practicing medical esthetics. Her favorite treatments for overall rejuvenation are the Perfect Peel and Dermapen. Helping her clients feel beautiful with bare skin is her top priority. The ultimate goal of Skin Savvy Inc. is to preserve the health and youth of the skin, while reversing and healing the damage that has occurred over time.

Allison Barry, Receptionist

Allison is a receptionist at Wayzata Medical Spa since September of 2015. Allison is here to help schedule appointments and to assist you with skin care products.

Annie Olson, Massage Therapist

Annie is a Massage therapist, Venus Viva™ and Venus Legacy™ technician. Call and schedule an appointment with her today. [View Annie's Pricing](#)

Saga Stevens, PRP Technician

Saga specializes in Platelet Rich Plasma (PRP) injections to the scalp to stimulate hair growth. Call and schedule a consultation today.

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Pricing

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Injectable Services Pricing

Single Session

Botox	\$40
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Lore ipsum	\$75
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Packages of 3

3 - 30 minutes	\$40
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3 - 60 minutes	\$75
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Packages of 5

5 - 30 minutes	\$175 plus a free 15 minutes
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5 - 60 minutes	\$350 plus a free 30 minutes
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5 - 90 minutes	\$500 plus a free 60 minutes
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Available Monday – Thursday 10:00am-6:00pm

Massage Pricing

Single Session

30 minutes	\$40
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60 minutes	\$75
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Packages of 3

3 - 30 minutes	\$40
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3 - 60 minutes	\$75
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Packages of 5

5 - 30 minutes	\$175 plus a free 15 minutes
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5 - 60 minutes	\$350 plus a free 30 minutes
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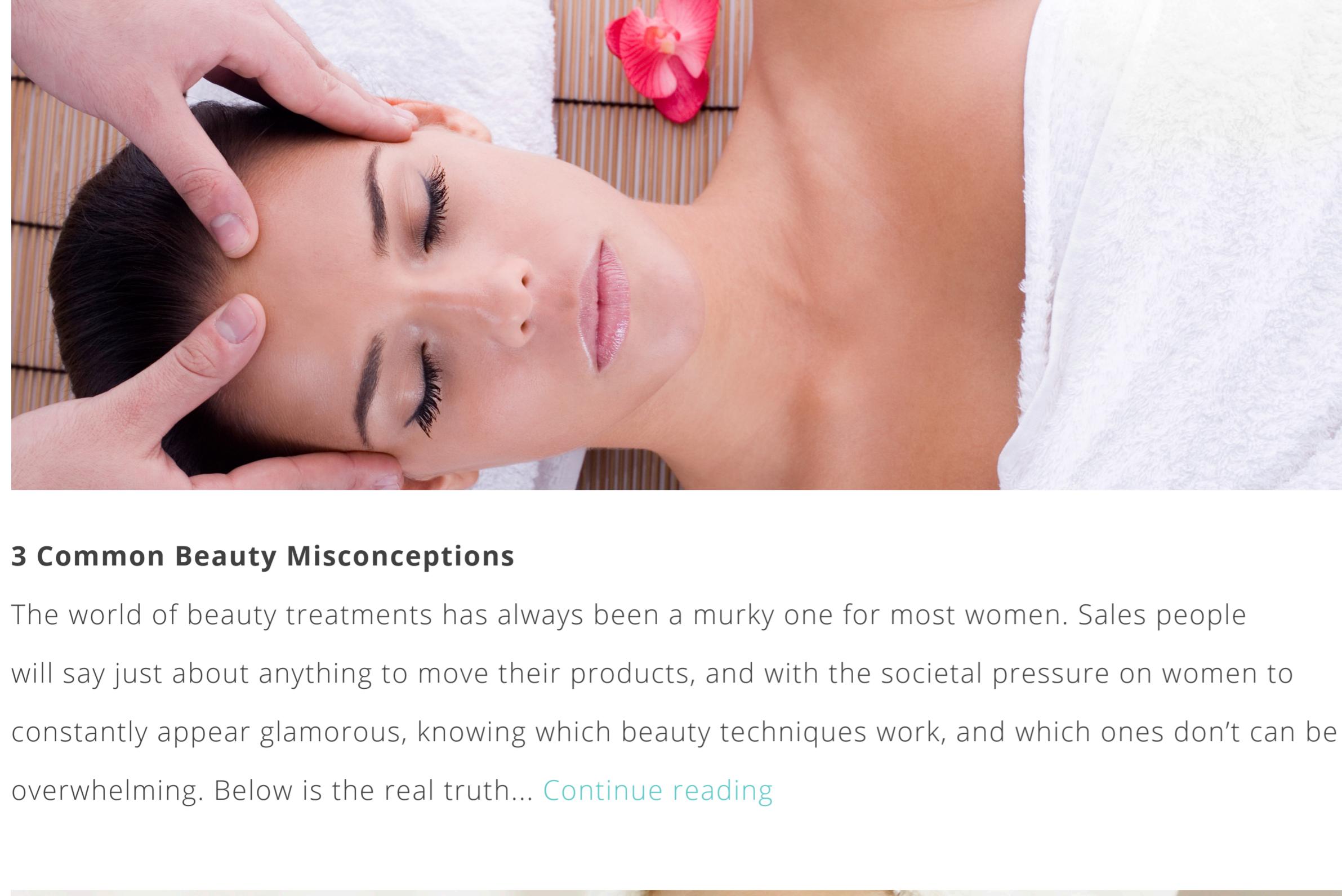
5 - 90 minutes	\$500 plus a free 60 minutes
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Available Monday – Thursday 10:00am-6:00pm

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Wayzata Medical Spa Blog



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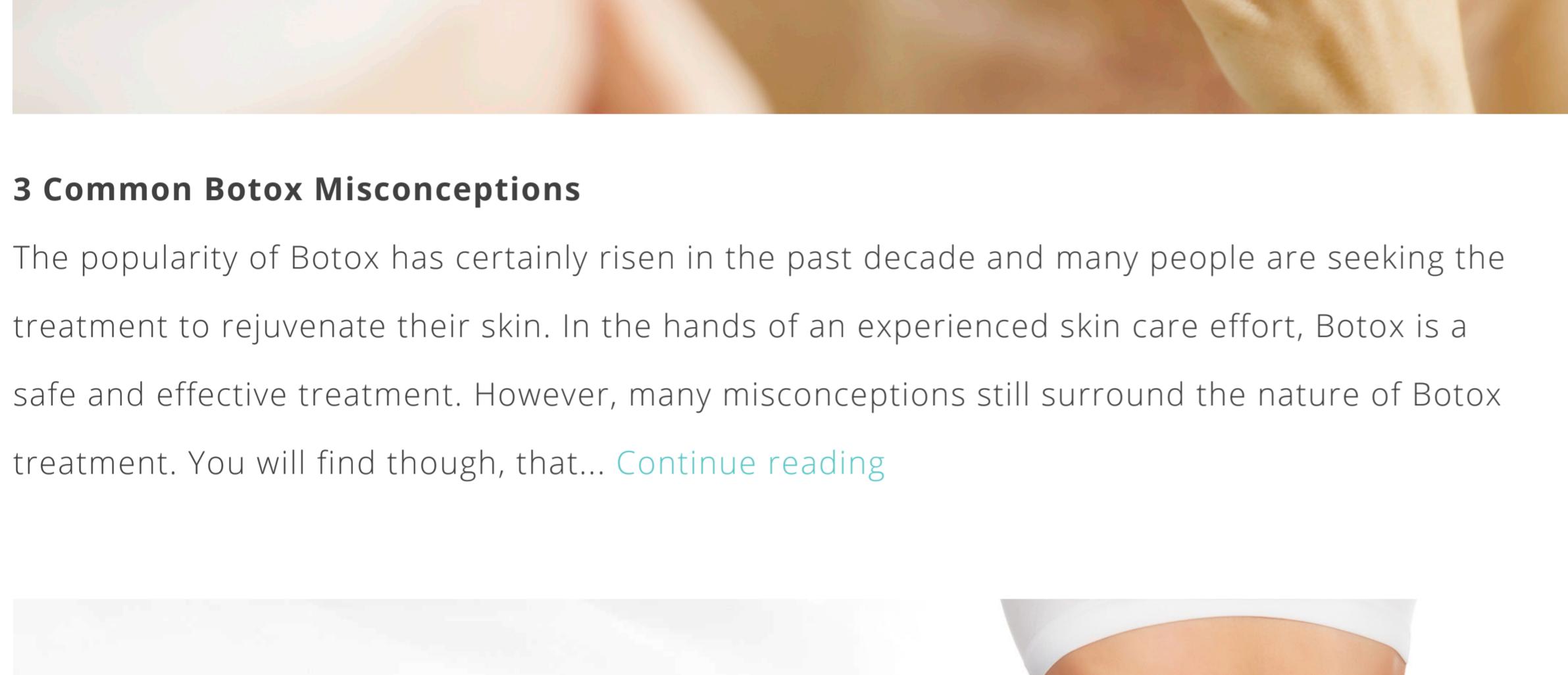
Fri 8:00am-12:30pm

(952) 473-1111

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3 Common Beauty Misconceptions

The world of beauty treatments has always been a murky one for most women. Sales people will say just about anything to move their products, and with the societal pressure on women to constantly appear glamorous, knowing which beauty techniques work, and which ones don't can be overwhelming. Below is the real truth... [Continue reading](#)



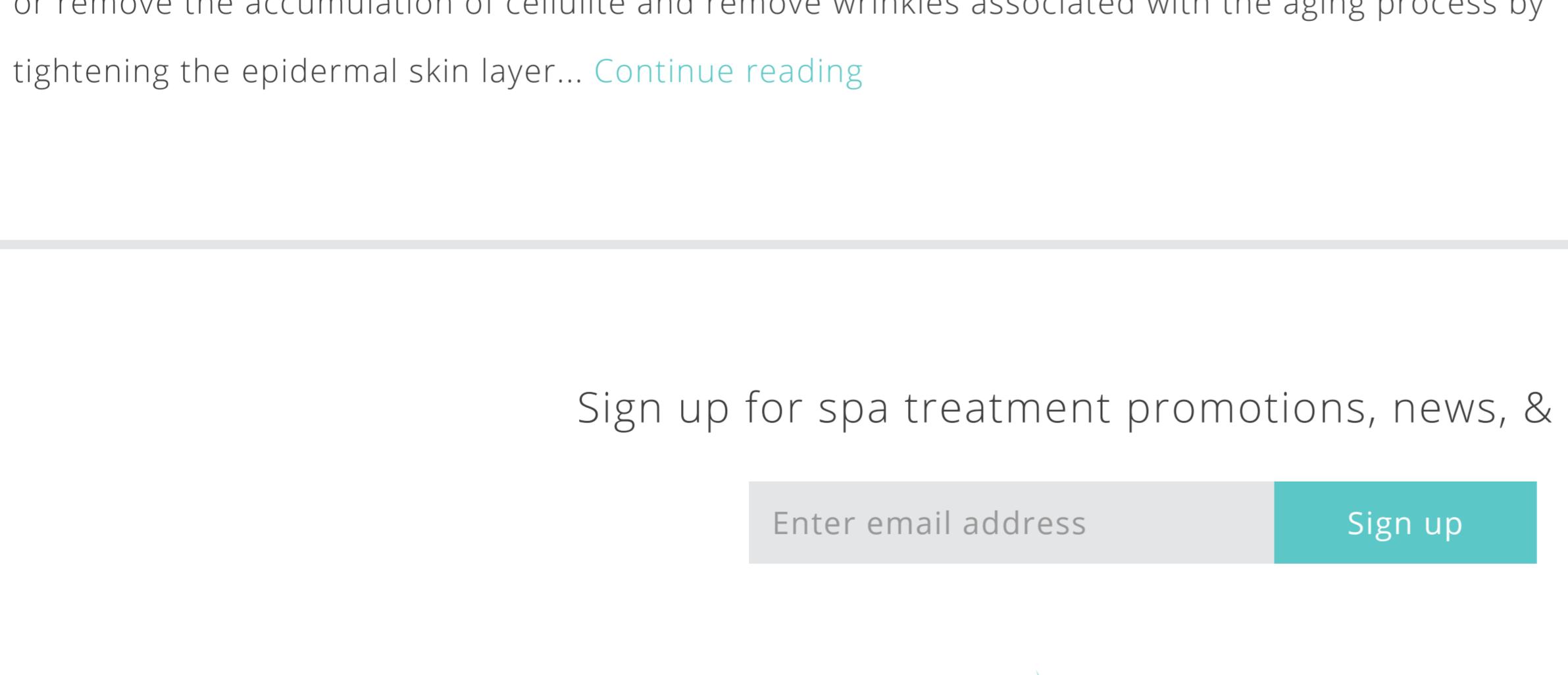
3 Common Botox Misconceptions

The popularity of Botox has certainly risen in the past decade and many people are seeking the treatment to rejuvenate their skin. In the hands of an experienced skin care effort, Botox is a safe and effective treatment. However, many misconceptions still surround the nature of Botox treatment. You will find though, that... [Continue reading](#)



Venus Viva™

When you have blemishes and marks such as fine lines, wrinkles and scars, skin resurfacing could perhaps be the most effective procedure to go for to enhance your facial looks. Most people tend to shun away from such procedures, given that there are associated limitations. They will worry about pain, high costs, and risk of side... [Continue reading](#)



Venus Legacy™

Venus Legacy™ is an effective treatment that employs the latest techniques to achieve an improved overall physical appearance. It is a non-invasive and painless procedure primarily used in to reduce or remove the accumulation of cellulite and remove wrinkles associated with the aging process by tightening the epidermal skin layer... [Continue reading](#)

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Date

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3 Common Beauty Misconceptions

1 LIKE SHARE

3 Common Beauty Misconceptions

The world of beauty treatments has always been a murky one for most women. Sales people will say just about anything to move their products, and with the societal pressure on women to constantly appear glamorous, knowing which beauty techniques work, and which ones don't can be overwhelming. Below is the real truth about three common beauty myths:

Cellulite can be eliminated with expensive creams. Genetics have a far greater impact on the appearance of cellulite than any expensive beauty products. Often though, expensive creams contain caffeine, which can improve your circulation and blood flow. This increase in circulatory activity will cause your legs to become more plump and smooth the appearance of cellulite, but it's only a temporary effect. As long as your lotion has caffeine, regardless of the price, the results will be more or less the same.

Hair grows thicker and faster if it is cut. Your hair is actually the same, whether growing on your head or anywhere else on your body. Hair is in fact dead, so the only thing that impacts its appearance is the products we use to treat it. The part of your body that controls hair growth, the follicle, is at skin level, so cutting a few inches off of the bottom of your hair has no impact on the rate at which it grows. The only way to encourage hair growth is by keep your scalp and follicles healthy with nutrient-rich oils and massaging.

Puffiness around your eyes can be reduced with hemorrhoid cream. Technically this myth is true. Ingredients in hemorrhoid cream are designed to reduce swelling and inflammation, so they will reduce swelling around your eye. However, it is not designed to be used on such a delicate part of your body. If you happened to get some in your eye accidentally, you'll be dealing with much worse problems than a bit of puffiness. It also has strong drying properties, so in the end, it's not good for facial application.

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