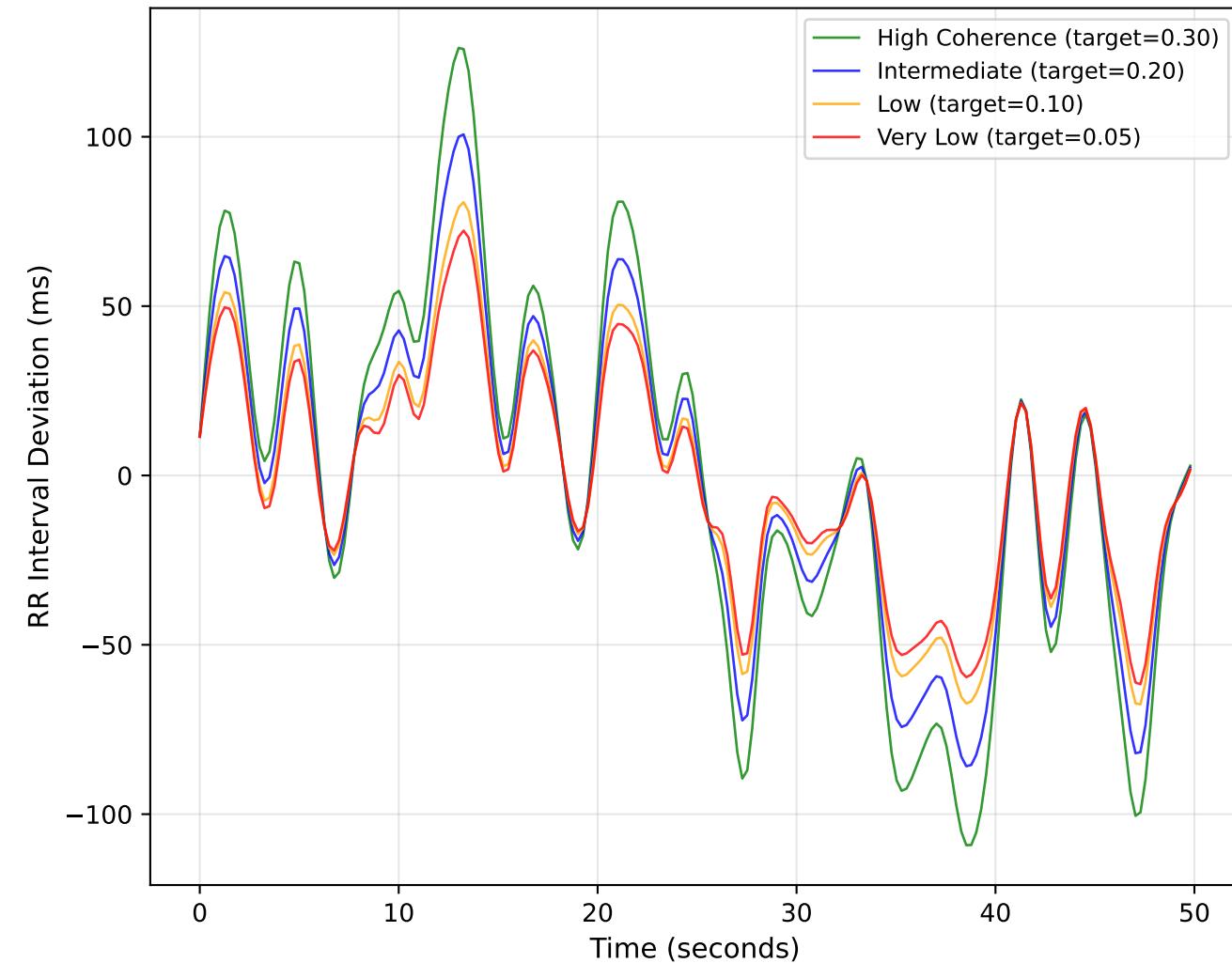
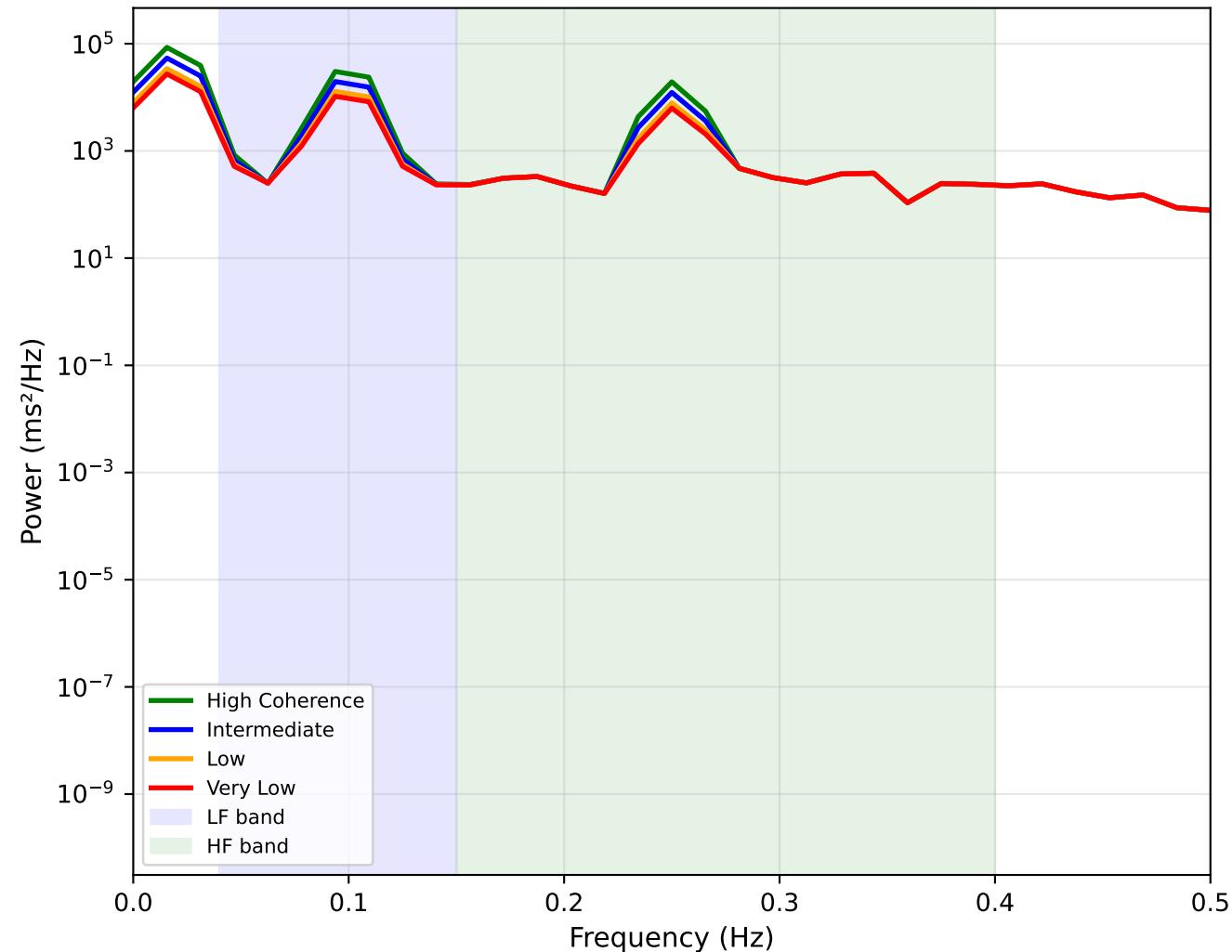


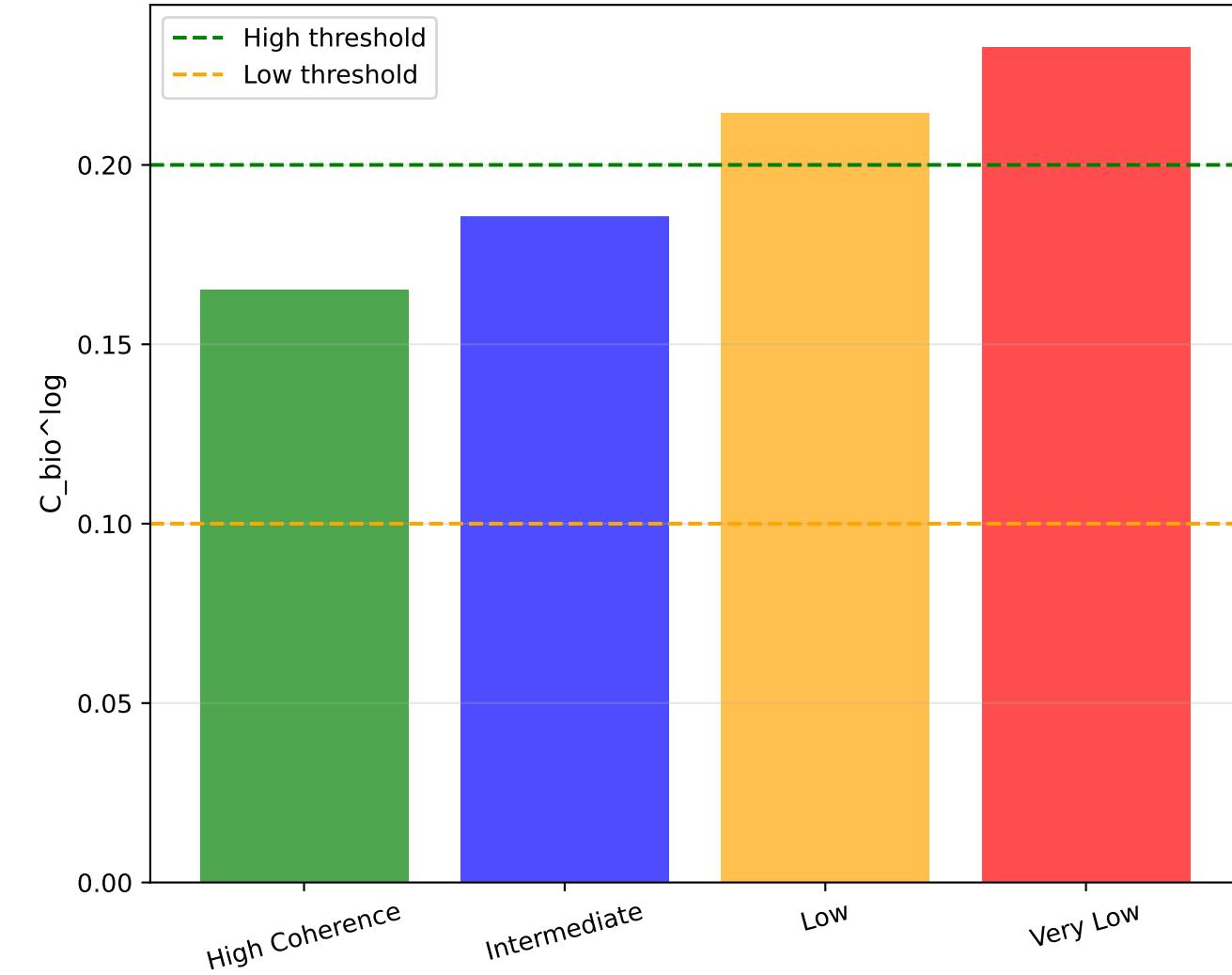
HRV at Different Coherence Levels
Higher coherence = more structured oscillations



HRV Power Spectra
Coherent spectra have sharp peaks



Computed C_bio^{log}
Matches target coherence levels



C_bio Recovery Validation
Computed matches target

